Coverage Period: 01/01/2020 - 12/31/2020 Coverage for: Individual + Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-833-803-4457 or visit us at www.myqccbluelink.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary/">https://www.healthcare.gov/sbc-glossary/</a> or call 1-833-803-4457 to request a copy.

| Important Questions  | Answers  | Why This Matters:  |
|--|--|--|
| What is the overall deductible?                                      | Preferred \$3,000 person / \$6,000 family,<br>Non-Preferred \$3,000 person / \$6,000 family.   | Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .  |
| Are there services covered before you meet your deductible?          | Yes. Well-child care, prenatal care, and preventive care   | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .                                   |
| Are there other <u>deductibles</u> for specific services?            | No.  | You don't have to meet deductibles for specific services.  |
| What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ? | For Preferred providers \$4,500 person / \$6,500 family, for Non-Preferred providers \$9,000 person / \$18,000 family.                                       | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.  |
| What is not included in the out-of-pocket limit?                     | Premiums, balance-billed charges, deductible carryover, penalties, Non-Preferred transplant subscriber liabilities and health care this plan does not cover. | Even though you pay these expenses, they don't count toward the out-of-pocket limit.   |
| Will you pay less if you use a <u>network provider</u> ?             | Yes. See www.myqccbluelink.com or call: 1-833-803-4457 for a list of Preferred providers.  | This <u>plan</u> uses a <u>provider network.</u> You will pay less if you use a <u>provider</u> in the plan's <u>network.</u> You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |
| Do you need a <u>referral</u> to see a <u>specialist</u> ?           | No. You don't need a referral to see a specialist.   | You can see the specialist you choose without a referral.  |



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

| Common   |  | What You Will Pay                                      |   | Limitations, Exceptions, & Other  |
|--|--|--|---|---|
| Medical Event                                  | Services You May Need                            | Preferred Provider (You will pay the least)            | Non-Preferred Provider (You will pay the most)        | Important Information   |
|  | Primary care visit to treat an injury or illness | 20% coinsurance  | 30% coinsurance                                       | None  |
| If you visit a health                          | Specialist visit                                 | 20% coinsurance  | 30% coinsurance                                       | None  |
| care <u>provider's</u> office or clinic        | Preventive care/screening/<br>immunization       | No Charge  | No Charge   | You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for. |
| If you have a test                             | Diagnostic test (x-ray, blood work)              | 20% coinsurance  | 30% coinsurance                                       | None  |
|  | Imaging (CT/PET scans, MRIs)                     | 20% coinsurance  | 30% coinsurance                                       | None  |
| If you need drugs to                           | Generic drugs                                    | 20% coinsurance for retail and mail order or 90-dayRx  | 20% coinsurance for retail and mail order or 90-dayRx | None  |
| treat your illness or condition                | Preferred brand drugs                            | 20% coinsurance for retail and mail order or 90-dayRx  | 20% coinsurance for retail and mail order or 90-dayRx | None  |
| More information about prescription drug       | Non-preferred drugs                              | 20% coinsurance for retail and mail order or 90-dayRx  | 20% coinsurance for retail and mail order or 90-dayRx | None  |
| coverage is available at www.myqccbluelink.com | Specialty drugs                                  | Refer to the applicable prescription drug cost sharing | Not Covered   | None  |
| If you have outpatient                         | Facility fee (e.g., ambulatory surgery center)   | 20% coinsurance  | 30% coinsurance                                       | None  |
| surgery  | Physician/surgeon fees                           | 20% coinsurance  | 30% coinsurance                                       | None  |
|  | Emergency room care                              | 20% coinsurance  | 20% coinsurance                                       | None  |
| If you need immediate medical attention        | Emergency medical transportation                 | 20% coinsurance  | 20% coinsurance                                       | None  |
|  | <u>Urgent care</u>                               | 20% coinsurance  | 30% coinsurance                                       | None  |
| If you have a hospital                         | Facility fee (e.g., hospital room)               | 20% coinsurance  | 30% coinsurance                                       | None  |
| stay   | Physician/surgeon fees                           | 20% coinsurance  | 30% coinsurance                                       | None  |

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| Common   |   | What You Will Pay                           |  | Limitations, Exceptions, & Other      |
|--|---|---|--|---------------------------------------|
| Medical Event  | Services You May Need                     | Preferred Provider (You will pay the least) | Non-Preferred Provider (You will pay the most) | Important Information                 |
| If you need mental                                     | Outpatient services                       | 20% coinsurance                             | 30% coinsurance                                | None                                  |
| health, behavioral health, or substance abuse services | Inpatient services                        | 20% coinsurance                             | 30% coinsurance                                | None                                  |
|  | Office visits                             | No Charge                                   | 30% coinsurance                                | None                                  |
| If you are pregnant                                    | Childbirth/delivery professional services | 20% coinsurance                             | 30% coinsurance                                | None                                  |
|  | Childbirth/delivery facility services     | 20% coinsurance                             | 30% coinsurance                                | None                                  |
|  | Home health care                          | 20% coinsurance                             | 30% coinsurance                                | None                                  |
| If you need help                                       | Rehabilitation services                   | 20% coinsurance                             | 30% coinsurance                                | None                                  |
| recovering or have                                     | Habilitation services                     | 20% coinsurance                             | 30% coinsurance                                | None                                  |
| other special health                                   | Skilled nursing care                      | 20% coinsurance                             | 30% coinsurance                                | 120 days per person per calendar year |
| needs  | Durable medical equipment                 | 20% coinsurance                             | 30% coinsurance                                | None                                  |
|  | Hospice services                          | 20% coinsurance                             | 30% coinsurance                                | None                                  |
| 16 121   | Children's eye exam                       | No Charge                                   | No Charge                                      | None                                  |
| If your child needs dental or eye care                 | Children's glasses                        | Not Covered                                 | Not Covered                                    | None                                  |
| dental of eye care                                     | Children's dental check-up                | Not Covered                                 | Not Covered                                    | None                                  |

### **Excluded Services & Other Covered Services:**

# Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Cosmetic surgery

Private-duty nursing

Weight loss program

Dental care (Adult)

Routine foot care

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

Acupuncture

Hearing Aids

Non-emergency care when traveling outside the U.S.

- Bariatric surgery (Preferred providers)
- Infertility Treatment

• Routine eye care (Adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="https://www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="https://www.HealthCare.gov">Marketplace</a>. For more information about the <a href="https://www.HealthCare.gov">Marketplace</a>, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: 1-833-803-4457 or www.myqccbluelink.com. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

## Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### Nondiscrimination Notice and Notice of Availability of Auxiliary Aids and Services

BlueLink TPA complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. BlueLink TPA does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

#### BlueLink TPA:

- provides free aids and services to people with disabilities to communicate effectively with us and written information in other formats, such as large print
- provides free language services to people whose primary language is not English and information written in other languages

If you need these services, contact our Civil Rights Coordinator.

If you believe that BlueLink TPA has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Civil Rights Coordinator.

There are four ways to file a grievance directly with BlueLink TPA:

- by mail: BlueLink TPA,
  - ATTN: Civil Rights Coordinator, 1900 Market Street, Philadelphia, PA 19103;
- by phone: 833-803-4457 (TTY 711);
- by fax: 215-761-0920; or
- by email: <u>BLCivilRightsCoordinator@gccbluelink.com</u>.

If you need help filing a grievance, our Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a> or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 20201, 800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <a href="http://www.hhs.gov/ocr/office/file/index.html">http://www.hhs.gov/ocr/office/file/index.html</a>.

### **Language Access Services:**

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 833-803-4457 (TTY: 711).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 833-803-4457 (TTY: 711). (Spanish)

注意:如果您說中文,您可以免費獲得語言協助服務。請致電833-803-4457。(Chinese)

LO LUS TSEEMCEEB: Yog koj hais lus Hmoob, yeej muaj kev pab txhais lus pub dawb rau koj. Hu rau 833-803-4457. (Hmong)

CHÚ Ý: Nếu bạn nói tiếng Việt, có sẵn các dịch vụ hỗ trợ ngôn ngữ, miễn phí, cho bạn. Gọi 833-803-4457. (Vietnamese)

FIIRO GAAR AH: Hadii aad ku hadasho af-soomaali, waxaad heleysaa adeegyada kaalmada luuqada, oo bilaash ah. Lahadal 833-803-4457. (Somali)

သတိပြုရန်- သင် အင်္ဂလိပ်ဘာသာစကားကို ပြောဆိုလျှင် ဘာသာစကား အကူအညီ ဝန်ဆောင်မှုများကို အခမဲ့ ရရှိနိုင်ပါသည်။ 833-803-4457 သို့ ဖုန်းခေါ် ဆိုပါ။ (Burmese)

ВНИМАНИЕ! Если Вы говорите по- русски, Вы можете получить бесплатные услуги языковой поддержки. Позвоните по телефону 833-803-4457. (Russian)

انتباه: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية، متوفرة الك، مجاناً. اتصل على الرقم 833-803-803 (Arabic)

Xiyyeeffannaa: yoo affan Inglizii kandubbatuu, gargaarsa tajaajilaa afaan,, kafalitii mallee, sifii qobayyaa. 833-803-4457. Bilibilli. (Oromo)

ATTENTION: si vous parlez français, sachez que vous pouvez bénéficier de services d'assistance linguistique gratuits. Appelez le 833-803-4457. (French)

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistenz-Systeme zur Verfügung. Rufen Sie die 833-803-4457 an. (German)

ትኩረት፡ አማርኛ የሚናንሩ ከሆነ፡ ያለምንም ክፍያ የቋንቋ እንዛ አንልግሎት ይሰጣል። 833-803-4457 ላይ ይደውሉ (Amharic)

주의: 한국어로 말하실 경우, 무료 언어 지원 서비스를 이용하실 수 있습니다. 833-803-4457로 전화하십시오.. (Korean)

ເຊີນຊາບ: ຖ້າທ່ານເວົ້າພາສາລາວ, ບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາໂດຍບໍ່ເສຍຄ່າ ພ້ອມໃຊ້ງານສຳລັບທ່ານ.ໂທ 833-803-4457. (Laotian)

PAUNAWA: Kung nagsasalita ka ng Tagalog, makakakuha ka ng mga serbisyo ng tulong para sa wika nang walang bayad. Tumawag sa 833-803-4457. (Tagalog)

BAA ÁKONÍNÍZIN: Bilagáana bizaad bee yánítti'go , saad bee áká aná'álwo', t'áá jíík'e bee ná ahóót'i'. Koji' hólne' 833-803-4457 (Navajo)

សម្គាល់៖ ប្រសិនបើអ្នកនិយាយភាសាខ្មែរ សេវាកម្មជំនួយផ្នែកភាសាដែលឥគគិតថ្លៃ អាចមានផ្តល់ជូនអ្នក។ ហៅលេខ 833-803-4457 ។ (Khmer)

Wann du schwetzscht, kannscht du mitaus Koschte ebber gricke, ass dihr helft mit die englisch Schprooch. Ruf selli Nummer uff: Call 833-803-4457. (Pennsylvania Dutch)

ATTENZIONE: Se parli Italiano, servizi di assistenza linguistica, gratuiti, sono a tua disposizione. Chiama il numero 833-803-4457. (Italian)

સાવધાનઃ જો તમે ગુજરાતી બોલતા હોય, તો ભાષા સહ્યય સેવાઓ, મફતમાં, તમારા માટે ઉપલબ્ધ છે. 833-803-4457 પર કોલ કરો. (Gujarati)

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z darmowych usług pomocy językowej. Zadzwoń na numer 833-803-4457. (Polish)

ATANSYON: Si ou pale kreyòl, gen sèvis èd ak lang disponib pou ou gratis. Rele 833-803-4457. (Creole)

ATENÇÃO: Se falar português, tem disponíveis serviços gratuitos de assistência nesta língua. Ligue para o 833-803-4457. (Portuguese)

注:英語以外の言語をご利用の方には無料の言語アシスタントサービスがございます。833-803-4457にお電話ください。(Japanese)

توجه: اگر به زبان فارسی صحبت میکنید، خدمات کمکی زبانی به صورت رایگان برای شما مهیا است. با شماره 4457-833 تماس گورد: (Egrei)

-To see examples of how this plan might cover costs for a sample medical situation, see the next section.-

## **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

| ■ The <u>plan's</u> overall <u>deductible</u> | \$3,000 |
|---|---------|
| ■ Specialist coinsurance                      | 20%     |
| ■ Hospital (facility) coinsurance             | 20%     |
| ■ Other coinsurance                           | 20%     |

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

| Total Example Cost             | \$12,800 |
|--------------------------------|----------|
| In this example Peg would nave |          |

| ili tilis example, reg would pay. |         |  |
|-----------------------------------|---------|--|
| Cost Sharing                      |         |  |
| Deductibles                       | \$3,000 |  |
| Copayments                        | \$0     |  |
| Coinsurance                       | \$1,500 |  |
| What isn't covered                |         |  |
| Limits or exclusions              | \$60    |  |
| The total Peg would pay is        | \$4,560 |  |

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

| ■ The <u>plan's</u> overall <u>deductible</u> | \$3,000 |
|---|---------|
| ■ Specialist coinsurance                      | 20%     |
| ■ Hospital (facility) coinsurance             | 20%     |
| ■ Other <u>coinsurance</u>                    | 20%     |

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)

Diagnostic tests (blood we

Prescription drugs

Durable medical equipment (glucose meter)

| Total Example Cost | \$7,400 |
|--------------------|---------|
|                    |         |

## In this example, Joe would pay:

| Cost Sharing               |         |  |
|----------------------------|---------|--|
| Deductibles                | \$3,000 |  |
| Copayments                 | \$0     |  |
| Coinsurance                | \$1,440 |  |
| What isn't covered         |         |  |
| Limits or exclusions       | \$60    |  |
| The total Joe would pay is | \$4,500 |  |

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

| ■ The plan's overall deductible   | \$3,000 |
|-----------------------------------|---------|
| ■ Specialist coinsurance          | 20%     |
| ■ Hospital (facility) coinsurance | 20%     |
| ■ Other coinsurance               | 20%     |

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

| Total Example Cost \$1,900 |
|----------------------------|
|----------------------------|

## In this example, Mia would pay:

| Cost Sharing               |         |  |
|----------------------------|---------|--|
| Deductibles                | \$1,540 |  |
| Copayments                 | \$0     |  |
| Coinsurance                | \$390   |  |
| What isn't covered         |         |  |
| Limits or exclusions       | \$0     |  |
| The total Mia would pay is | \$1,930 |  |

The plan would be responsible for the other costs of these EXAMPLE covered services.