

# Manidoo-Giizisoons

Little Spirit Moon 2014



A MONTHLY NEWSLETTER FOR ASSOCIATES OF THE WHITE EARTH RESERVATION TRIBAL COUNCIL

## What I Discovered by Visiting Every Disney Park

Some people loathe Disney World, and I understand why. The artificiality, all those people gnawing on turkey legs, the standing in line, that infernal "It's a Small World" song looping and looping – I get it.

The opposite extreme was always more of a mystery. Some people love Disney theme parks so much that routine visits to Disneyland in California or the Magic Kingdom in Florida are simply not enough. Some people also make it a mission to visit Disneyland Paris, Hong Kong Disneyland and Tokyo Disneyland. And Epcot and Typhoon Lagoon and California Adventure. There are 13 Disney parks worldwide and the hardest of the hard-core Disneyphiles have visited them all.

What motivates men and women (usually traveling without children) to spend their time and money this way? It can't just be that they really, really love Pirates of the Caribbean and the Big Thunder Mountain Railroad. What kind of person, having already ridden Space Mountain a few dozen times in Florida, flies to Paris and spends an afternoon riding Space Mountain? Zip-a-Dee-Doo-Deranged.

Or so I thought. Confession: Having visited all 13 parks, I am now a full-fledged member of this obsessive Mickey Mouse Club.

It happened almost before I could help myself. All of a sudden, there I was munching on "milk tea"-flavored popcorn at Tokyo DisneySea, a park

with an extravagant nautical exploration premise, and pretending to understand the Mandarin-speaking Jungle Cruise skipper at Hong Kong Disneyland. I even attempted an ill-advised whoosh down the 12-story Summit Plummet at Disney's Blizzard Beach water park in Florida. (Tip: Tie the drawstring on your bathing suit tighter than I did.)

Like many people, I visited Disney parks as a boy. I had the time of my little life, but I also never completely bought in. Mouse ears? Over my dead body. When I was in the fifth grade, I wrote a persnickety letter to Disneyland complaining that my pair of purple 3-D glasses at "Captain EO" had been missing a stem. Pout.

By 2007, when The New York Times hired me to professionally scrutinize the Walt Disney Company, I had not laid eyes on Cinderella's Castle in about a decade.

But assignments quickly took me inside Disney parks on both coasts, and I began to notice a rabid breed of visitor – people like Tony Spittel and his son, Andrew, who visited all six of Disney's major North American parks in a single jet-setting day, or Roger Yamashita, a California engineer who had been to all 13 properties.

In 2012, two Disneyland annual pass holders made news by going to the Happiest Place on Earth every day in a row for 366 days.

What would possess them to do that?

"Some probably really do just love the experience that Disney offers," said Mark Duffett, a cultural studies professor at the University of Chester in England and author of the book "Understanding Fandom," when I called to pick his brain. Mr. Duffett also noted that human beings, on a very basic level, like to collect things. Instead of compulsively searching for Hummel figurines or Honus Wagner baseball cards, "these people, like all travelers, are collecting experiences," he said.

Still, there is a line between collecting and hoarding, and societal and behavioral factors seem to push some people to the extreme. One clinical psychologist I interviewed theorized that obsessive niche travel – visiting all the capitals of Europe or every wonder of the natural world or, yes, every Disney theme park – fulfills a need to feel superior. And Facebook is happy to lend a hand: Having a blast at Disney's Animal Kingdom! Aren't you a loser for sitting at home!

Mr. Yamashita, 53, cited completion anxiety. "Once I had done California, Florida and Japan, I started to really want to finish my dance card," he told me. "It was like, 'Well, I've come this far.'" Mr. Yamashita, a gold member of D23, the official Disney fan club, added, "Disney is also very good at keeping you hooked."

*Continued. On page 15...*

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### Our Mission:

- To provide White Earth RTC and Shooting Star associates with the latest news pertaining to work
- To provide White Earth RTC and Shooting Star associates a venue to share ideas, accomplishments, and other work related topics
- To provide updates on events, trainings, human resources policies, open enrollments, and other benefits of employment

## Christmas Tree Safety Tips

The carolers are out and the holiday decorations are everywhere. The joy of the season should not be dampened by the risk of fire. In recent years, nearly 600 fires per year have been started by ignition of Christmas trees in the United States, causing an average of 33 deaths, 112 injuries and \$21 million in direct property damage per year.



**Christmas trees** add a special touch to the holiday season, but they also can be a fire hazard. Here are some helpful tips to reduce the risk of fire:

- \* Check your tree lights for broken or frayed wires and loose connections.
- \* Replace non-working light bulbs.
- \* Avoid decorating

Christmas trees with candles.

- \* Make sure live Christmas trees are fresh. Don't buy trees with brown needles or dry limbs.
- \* Consider having the tree sprayed with a Fire Marshall-approved flame retardant chemical.
- \* Give the tree plenty of water. Never let the base holder dry out.
- \* Don't place the tree near a heat source, open flames and room exits.
- \* Keep light strings and other electrical decorations out of children's reach.
- \* Always unplug the Christmas tree lights when you leave or go to bed.
- \* Don't burn the Christmas tree or package wrappings in a fire-place or wood stove.

*Keep this holiday season full of life, laughs and memories — but remember to have a fun and safe season.*

*Dear Shooting Star Casino,*

Our utmost gratitude and heart felt appreciation for honor our Veterans (November 11th) and significant others with a delicious buffet dinner plus the \$10 star cash for the Vet. The Veterans were celebrated, and not forgotten. We are thankful. God Bless America, God Bless all of you.

*-Sincerely,*

*Robert M. Diederich, Vet.*

*Joanne Miguel-Diederich, Wife.*

*Ottertail, MN*

Ps. The discounted beer was a bonus!

*Dear Shooting Star Casino,*

As a Veteran of the US Army, I would like to Thank You for the Veterans promotion, my wife and I come here twice a month and it is our favorite casino. It was very nice of you to include my wife for the buffet as well.

*Thanks again,*

*Walter & Evelyn Roers—Alexandria, MN*



## SSC Pay Card Information...

Our current payroll pay card through Elan Financial/Bremer Bank will be discontinued at the end of this year. We have a replacement payroll pay card ready for use now. The new card is through Atira/White Earth Reservation Federal Credit Union.

If you are currently using the Bremer Card you must come to payroll as soon as possible to either request the new card or move that money into another direct deposit account. If you have not made your choice by December 5, 2014, payroll will automatically apply for the new pay card to replace the current one. This will allow time for the cards to be received and activated by you before the end of the year.

The WERFCU card works very similar to the Bremer card. You can still cash out 100% of your check at participating Mastercard/Visa banks. The ATM's operated by WERFCU located at the Ogema Liquor Store and at the RTC Admin Building in White Earth will always be ATM surcharge free – you only pay the transaction fee after the 1st withdrawal. You can get cash back with purchases at Walmart, etc. for no additional charge.

Payroll has more information so please stop up and see them if you have questions on the card and fees associated with its use. Keep in mind that if you use it right it will not cost you anything. If you don't use it right - like any card it can be very expensive!



## Area Raffles

## Cont...

**Waubun Preschool Parent Committee** is selling Raffle tickets for \$1.00 each for a drawing to be held on December 12th, 2014.

Prizes include:

- Thief River Water Park Package,
- Dinner & a Movie package – Washington square mall,
- \$50.00 cash
- & Many other prizes!

If interested, contact Megan Bakken in the White Earth Land office.

*Proceeds go to help fund gifts, field trips and other educational opportunities for the preschool children.*

## Circle of Life Quiz Bowl

### Christmas Dinner Raffle

The Christmas Dinner Raffle Board will include a ham, one pound of wild rice, a bag of potatoes, cans of vegetables, Christmas candy, jello, plates, napkins and other miscellaneous items.

The cost is one dollar.

The drawing will be held on **Wednesday, December 17, 2014** around 2:30 p.m.



Miigwech for the support of our Quiz Bowl members.

Call 983-4180 extension 125

**Raffle tickets for the RTC Christmas Party can be purchased at various locations. Please contact White Earth Human Resources for more information.**

## White Earth Home Health Clinics

### Rice Lake

December 29th, 2014 10 am to 12 noon

### Pine Point Elder's Center

December 18th, 10 am to 1 pm

### Shooting Star Casino

December 1st, 15th and 29th, 2014 7:30 am to 9:30 am

### White Earth Tribal Council Headquarters

December 10th, 2014 10 am to 12 noon

### Biimaadiiziwiin Senior Apartments, White Earth

December 10th, 2014 1pm to 3 pm

### Valley View Senior Apartments, Mahnomon

December 15th, 2014 10 am to 12 noon

### Pappy's Café

December 3rd, 2014 11 am to 1 pm

### Evergreen Senior Apartments, Waubun

December 3rd, 2014 10 am to 11 am

### Navtahwaush Sport's Complex

December 8th, 2014 10 am to 12 noon

### Elbow Lake Center

December 12th, 2014 10 am to 12:30 pm

### Food Distribution East of Mahnomon

December 4th and 17th, 2014 9 am to 2 pm

### Congregate Housing, White Earth

December 11th, 2014 10 am to 12 noon

## Recipe Box: Apple Pistachio Crisp serves 4

By Colleen Blattenbauer

### Ingredients:

3 apples, cored and cut into 1" chunks  
1/2 C raisins  
Juice from 1/2 lemon  
1/2 C old fashioned Oats  
1/4 C whole-wheat Flour  
1 tsp cinnamon  
3 tbsp. brown sugar  
1/4 C or about 2 oz. pistachios, unsalted, chopped  
2 tbsp. margarine or butter, melted

### Directions:

1. Place rack in center of oven and preheat to 350 F.
2. Place apple chunks, raisins, and lemon juice in 8x8 pan or baking

dish, toss.

3. In a bowl, mix remaining ingredients except melted margarine.
4. Add melted margarine and mix until texture is consistent. Sprinkle over apple-raisin mixture.
5. Bake uncovered for 45-50 minutes or until apples are tender.



*Wishing You and Your Family a very Merry Christmas and a Happy 2015!*

*-Colleen Blattenbauer*



# WHITE EARTH YEARS OF SERVICE DECEMBER



*Thank you for your years of hard work and dedication!*

**43 YEARS**

Meredith Littlewolf

**36 YEARS**

Susan Snetsinger

**31 YEARS**

Suzanne Bishop  
Doretta Hanks

**28 YEARS**

Leah Hvezda

**27 YEARS**

Katherine Clark

**25 YEARS**

Trusty Theresa

**23 YEARS**

Patricia Moran

**17 YEARS**

Felicia Finch  
Debra Weaver

**16 YEARS**

Delia Bellanger

**14 YEARS**

Charles Hvezda

**13 YEARS**

James Schmitt

**12 YEARS**

Jessica Heinonen

**11 YEARS**

Dennis Williams  
James Hvezda

**9 YEARS**

Jon Weaver

**8 YEARS**

Paul Furuseh

**7 YEARS**

Marcy Hart  
Claudette Bevins  
Mary Gagnon

**6 YEARS**

Susan Ryan  
Cara Dahl  
Amanda Mertens

**5 YEARS**

Kaylea Burlingame  
Jennifer Bartos  
Anthony Donner  
Kenneth Bakken

**3 YEARS**

Rita Ford  
Kelly Phillips  
Bryanna Chilton  
Christi Boit  
Sarah Snetsinger  
Danielle Darco

**2 YEARS**

Jerry Fossen  
Emmy Young  
Liza McCaslin  
David Aanestad  
Patricia Turner  
Jessie Kier  
Lauretta Blakely  
Christine Lett  
Joan Simonson  
Amy Littlewolf

**1 YEAR**

Anna Rowland  
Daniel Ortley  
Megan Meyer

Christina Lacey

Janelle White

Brian Neeland

Roberta Basswood

Regina Basswood



*Müigwech*



## November New Hires

Pamela Lehmann	Darla Warren	Debra Kier	Angel Roy
Michael Hauge	Jeffrey Loun	Raymond Roberts	Stephanie Clark
Jerrick Madigan	Abigail DeWitt	Tonya Azure	Nickolas Crosby
Megan Erkkila	Lori Zimmer	James Bevins	Jessica St. Claire
Joseph Kube	Kathryn Lemelin	Mary Sullivan	
Brian Pollock	Michael Fairbanks	Jerry Chilton	
Mary Jackson	Jerica Conlin	Christopher Erle	

# WELCOME



12/1 Theresa Bellanger	12/17 Rebecca Lekan	12/29 Jacinta Putnam
12/1 Liza McCaslin	12/17 Sheila Stevens	12/29 Kristi Dawes
12/1 Andrew McCormack	12/17 Rose Tasto	12/30 Jeffery Widner
12/2 Adam Bingham	12/18 Tina Heisler	12/30 Marie McArthur
12/2 David Keezer	12/18 Laura Lhotka	12/31 Geri Dykhuizen
12/2 Gerald Roberts	12/18 Angela Soyring	
12/2 Patricia Turner	12/19 Benedict Bement	
12/3 Jeri Jasken	12/19 Suzanne Bishop	
12/3 Theresa Trusty	12/20 Sarah Lefebvre	
12/4 Pamela Lehmann	12/20 Mary Metelak	
12/5 Kelly Phillips	12/21 Lynn Omang	
12/5 Brandon Goodwin	12/22 Sia Sieg	
12/5 Kenneth Bevins Jr.	12/23 Christina Lacey	
12/6 Lavon Larson	12/23 Julie Rousu	
12/6 Kelci Bryan	12/23 Nancy Samura	
12/6 Raymond Roberts	12/24 Azalea Stone	
12/7 Terrance Seaberg	12/24 Regina Basswood	
12/7 Angela Kent	12/24 Lisa Braun	
12/8 Kathrine Warren	12/24 Amanda Mertens	
12/9 Frank Bellanger	12/24 Jessica Heinonen	
12/9 Leslie Heinonen	12/25 Sherry Vanata	
12/10 Shelly Weaver	12/25 Nikolas Crosby	
12/10 Michael Bowman Jr.	12/25 Emile Annette	
12/12 Dawn Goodwin	12/26 Jodi LaFriniere	
12/15 Roberta Basswood	12/27 Cindy McDougall	
12/15 Craig Burnette	12/27 Juanita Lopez	
12/15 Devon Gonzalez	12/28 William Auginaush Jr.	
12/16 Elisha Accobee	12/29 Michael Chesley	





# SHOOTING STAR CASINO

## YEARS OF SERVICE

### NOVEMBER & DECEMBER



*Thank you for your years of hard work and dedication !*

#### 23 YEARS

Greg Pavek  
Shelley Scheler  
Daniel Stevens  
Jack Fabre  
Mike O'Brian  
Tammy Farley  
Lorraine Moore  
Harriet Keezer-  
Thompson  
Timothy Bailey  
Reed Olson

#### 22 YEARS

Mary Beaulieu  
Norma Soyring

#### 21 YEARS

Anna Stall  
Rosalie Fay  
Bruce Doerfler

#### 20 YEARS

Richard Kaiser

#### 15 YEARS

Jennifer Bellanger

#### 13 YEARS

Gail Nephew  
Sandra Lerud  
Lynette Bellefeuille  
Jean Quam  
Joann Miller  
Sandra Holmvik

Jennifer Cronenwett  
Lenore Gunnufson  
Brenda Spaeth  
Richard Dietz

#### 12 YEARS

Amy Bellefeuille  
Fred Porter  
Ronald Fairbanks  
Yvonne Sander

#### 11 YEARS

Roger Fickert

#### 10 YEARS

Mary Nichols

#### 9 YEARS

Jeremy Olson  
Gordon Person

#### 8 YEARS

Darrell Arthur  
Ervin Goodwin

#### 7 YEARS

Carol Turner  
Spencer Welch  
Alison Rivers  
Brandon Vizenor  
Lew Murray

#### 6 YEARS

Jarrod Hillstad  
David Abeldgaard

Michael Flowers  
Brian Pederson

#### 5 YEARS

Anthony Warren  
Marcus Floberg  
Christopher Voit  
Michelle Stevens

#### 4 YEARS

Mary Walz  
Donald Jackson  
Leland Walz  
Dawn Welch  
Daniel Byron  
Monte Farley  
Debra Warmsbecker  
Sarah Brown  
Gary Litzau  
Winnifred Hebert  
Yvonne Jeffreys  
George Fortier  
Eugene Parisien

#### 3 YEARS

Theresa Blue  
Anthony Haverkamp  
Jeffery Fabre  
Thomas Spry  
Whitney Smith  
Rhonda Lopez  
Brenda Ness

#### 2 YEARS

Lisa Zornes

Skyler Accobee  
Eric Gordan  
Shari Fjeld  
Keith Azure  
Amber Bjerck  
Cordero Hale  
Beverly Dakota  
Paul Balstad

#### 1 YEAR

Kenneth Bergren  
Shalene Brown  
Rainy Meyers  
Elizabeth Knutson  
David Steffen  
Philip Stone  
Nicole Hisgun  
Brandon Bloom  
Ray Connor  
Donald Melina  
Calob Parker-Main  
Quinton Anderson  
Amber Bellanger  
Percy French  
Tresa Lucken  
Neomonie White  
Danielle Goodman  
Justin Soyering  
Rena Pasillas  
Logan Schmidt  
Edward Miller  
Perry Crabb  
Kimberly Bjerck  
Brian Guinn



# Müigwech



## November New Hires

Anthony Norcross	Benjamin Leyendecker	Devan Keezer	Trent Busse
Dennis Gagnon	Ellan Whiteman	Ryan Frye	Andrew Thomas
Gary Vik	Alexander Blue	Sharon Basswood	Christopher Ruel
Elisa Bellanger	Jeremy Potter	Leonard Thompson	Jessica Montgomery
Paul Goble	Timothy Collins	Chris Kier	
Anita Ingalls	Michael Bunker	Darcy Staples	
George Hatfield	William Long Chase	Rigoberto Leon	

# WELCOME



12/1 Cody Eaglefeather	12/12 Cortney Pemberton	12/22 Michael Bevins
12/1 Treyton Anderson	12/12 Brandon Bloom	12/23 Debra Wytaske
12/1 Cole Bellanger	12/13 Michael Vanwert	12/24 Rhonda Lopez
12/1 Danielle Sauk	12/14 Jaclyn Fox	12/24 Michael Ellis
12/2 Logan Schmidt	12/14 Marcy Mehr	12/24 Izaiah Stone
12/4 Wanda Vizenor	12/14 Tasha Dmytrewycz	12/25 Janean Hamilton
12/4 Irene McArthur	12/14 Timothy Bailey	12/26 Margot Simonson
12/4 Ramon Lopez	12/14 Ravin Lego	12/26 Randy Brown
12/4 John Stall	12/15 Carol Turner	12/27 Albert Basswood
12/5 Jennifer Bement	12/15 Timothy Antell	12/27 Michael Narum
12/5 Tonya Beckman	12/15 Frank Burdick	12/27 Bruce Munro
12/6 Patrick Aspinwall	12/16 Kimberly Stevens	12/28 Michelle Olson
12/6 Jerry Thorpe	12/16 Darin Flyberg	12/28 Dustyn Gjesvold
12/6 Jeffery Crandall	12/17 Leonard Brooks	12/28 Myron Villebrun
12/6 Phyllis Skala	12/17 David Deegan	12/29 1Jeffery Nesvold
12/6 Alan Opegard	12/17 Betty Voeltz	12/29 Bradley Olson
12/7 Nathan Geray	12/18 Hermenegildo Tellez	12/29 Harold Meyers
12/7 Martin Seeger	12/18 Jamie Bevins	12/29 Sharina Zornes
12/7 Travis Grauman	12/19 Dale Defoe	12/30 Nicole Godwin
12/9 Jon Manypenny	12/19 William Marsh	12/30 Bryce King-Hanks
12/9 Craig Bower	12/19 Brandalyn Busse	12/30 Desiree Stevens
12/9 Nakoa Graff	12/19 Peter Holmvik	12/31 Thomas McCollum
12/10 Tanya Smith	12/19 Kristi Ruud	12/31 Roxane Geray
12/10 Jeffery Fabre	12/20 Brent Bement	
12/11 Aimee Hisgun	12/20 Katherine Lamp-ton	
12/11 Tyler Wadena-Degroat	12/20 Michael Christian-son	
12/11 Brittany Staples	12/21 Anthony Smith	
12/11 Bryce Mueller	12/21 Rick Samuelson	
12/11 Kyle Olson	12/22 Lorraine Lufkins	
12/11 Laurie Clark		

Happy Birthday to all the Shooting Star associates celebrating in December!



## A Minnesota Suicide Prevention Program

*With a total of 660 Minnesotans dying of suicide - making it the tenth leading cause of death, as of 2012, the need for prevention and awareness programs is significantly increasing. Read about what some clever MN residents came up with to address the issue of Suicide.*

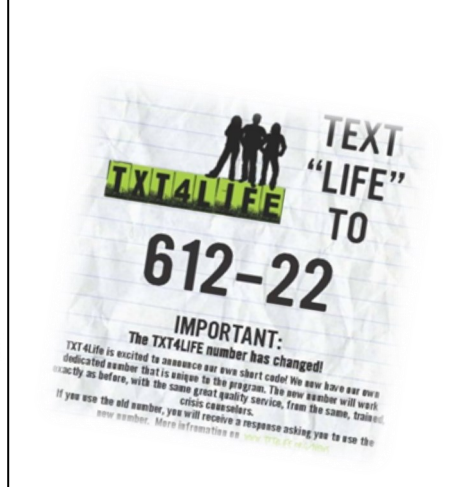


### History of TXT4Life:

Carlton County Public Health and Human Services was a recipient of a state suicide prevention grant through the Minnesota Department of Health from 2008-2010. It was important for Carlton County to secure this grant because of its historically high suicide rates (in comparison to other counties in Minnesota). During the two year grant, the local coordinator worked with members of the communities to bring awareness to the topic of suicide, and engage in suicide prevention activities. Each age group of the population was targeted with prevention strategies which were overseen by the Carlton County Suicide Prevention Task Force. The task force also created the Suicide Awareness Memorial Walk that happens annually in Carlton, MN.

After the efforts of the state grant, staff in Carlton County realized that

the groundwork had been laid to create a wider systems change for sustainable resources in suicide prevention. With the help of some teens, who were personally passionate about this issue, the proposal for new texting technology was developed. Funding was available through the Garrett Lee Smith (GLS) Fund through the Substance Abuse Mental Health Services Administration (SAMHSA), and an application was submitted in 2011.



Funding for TXT4Life was awarded in late 2011, and implementation began thereafter. Prior to our funding through the grant, the Minnesota affiliate of the National Suicide Prevention Lifeline reported answering about 25 calls a month from youth and young adults - a small percentage in comparison to their volume from other ages. With implementation of the text line, they are now receiving over 400 text messages per month from this age group. We are seeing that, for the youth and young adults, texting is the way that they are communicating, and adding this service to the 1-800-273-8255 number has been a great benefit in saving lives

### What exactly is TXT4Life?

TXT4Life is a suicide prevention program that is being introduced to certain regions in MN.

TXT4Life works by texting "Life" to 612-22 and then the "texter" is connected to counselors.

TXT4Life counselors can listen, provide resources, help with coping skills, or intervene in a suicidal situation if deemed necessary.

TXT4Life has been running for 2 years in the Arrowhead Region and is being introduced to 3 additional regions.

### TXT4Life Focus

Community outreach is completed through our grant which allows us to offer education about TXT4Life as well as suicide prevention and awareness to students, professionals, and community members.

**TXT4Life** also offers two trainings for those who are interested. There are Question, Persuade, Refer (QPR) trainings and Applied Suicide Inter-



vention Skills Training (ASIST)

Ayla Koob

TXT4Life Regional Coordinator

**Stellher Human Services, Inc.**

**PO BOX 430**

**Bemidji, MN 56619**

**Phone: 218-766-1114**

**E-mail: aylakoob@gmail.com**





The White Earth Tribal Council will be a proactive organization that makes sound decisions promoting mino-bimaadiziwin (the good life.) The White Earth Reservation will be a safe place where all people have access to quality employment, housing, education, health and human services. While we protect our inherent right to self-governance and identity, we are a community of respect where cultural, historical and environmental assets are treasured and conserved for future generations

The mission of the White Earth Tribal Council is:

**To preserve, promote and enhance our quality of life**

### *'Tis the Season of Giving...*

Earlier this year, The SSC Maintenance Department entered a contest to build a Little Free Library to promote literacy, the love of reading, the love of culture, to build a sense of community and to share skills, creativity and wisdom across generations. The builders won the "Most Traditional" award from the contest and donated their \$75 winnings to the Boys & Girls Club of Mahnomen.



Bruce Doerfler, Tony Haverkamp, Peggie Chisholm, WE Boys & Girls Club, Matt Geray, Julie Doerfler, Mike Smith.



### **Holiday Season has Kicked Off—WE Prevention Program**

The holidays mean more parties and travel as many of us celebrate with family and friends. Thanksgiving eve, sometimes referred to as "Black Wednesday", is considered the busiest bar night of the year. Which also means, biggest night of the year for drunk driving. And, Thanksgiving weekend is the most traveled holiday weekend of the year.

According to statistics, the odds of being pulled over for drunk driving dramatically increases between Thanksgiving and New Year's Eve. This is in large part due to the increase in alcohol consumption during the holiday season. If you will be hosting a holiday party during this period, use the following tips to help prevent drunk driving.

#### **Designate a Sober Driver**

As guests RSVP to attend your party, remind them to designate a sober, non-drinking driver if they plan to consume alcohol at the party. Or, plan to have a sober, non-drinking driver available for guests. This will help you bring the issue of drinking and driving to the forefront of conversation with your guest as you plan your party. By designating a sober driver, your guests will be more inclined to not drink and drive.

#### **Take the Car Keys Away from Impaired Guests**

If any of your guests refuse to take a cab ride home and you believe they are impaired to drive, take away their car keys. Offer them a guest bedroom, air mattress, or couch to sleep on until they sober up. If necessary, drive all impaired guests home yourself.

#### **Stop Serving Alcoholic Beverages at a Designated Time**

To be safe, stop serving alcoholic beverages an hour or so before your party is expected to end. Remember, time is key for sobering up. It is also helpful to set a limit on the number of alcoholic beverages served.





### Deck the Halls Craft Fair!



Who? ~Anyone interested in purchasing a letter from Santa to be delivered to your children, grandchildren, nieces, nephews, or friends children!

What? ~having a personalized letter sent to your loved ones addressed from the North Pole.

Where? ~Event Center Hallway

When? December 1st and 2nd, 2014  
8am- 3:30pm

Cost: \$5.00 for 1st child \$2.00 for each additional child in the same household!

All proceeds go to the Mahanomen County Relay for Life and benefit the American Cancer Society!



# Happy Holidays!



## December 2014 Training Calendar

### Leadership Series

Wednesdays from 9:00am-11:00am  
~Dec 3 Coaching to Motivate  
~Dec 10 Evaluations & Setting Standards

### TIPS Training

Thurs, Dec 11, 9:00am - 1:00pm  
\*Serving alcohol responsibly  
\*\*Mandatory for all associates who serve alcohol

### Guest Service Training

#### \*for Leads and Above

Thurs, Dec 18, 9:00am-12:00pm  
\*Class size is limited to 25 participants;  
please pre-register

### Guest Service Training

Mon, Dec 22, 9:00am - 11:00am  
\*Class size is limited to 25 participants; please pre-register

### Sexual Harassment

Mon, Dec. 29 1:00pm – 3:00pm  
\*\*Mandatory annual training for all associates

### Network Security

Every Tuesday at 8:30am in the computer lab

Please check Event Center reader boards for training locations.

Pre-registration is greatly appreciated. Trainings must be Supervisor approved.

To register, email: [TrainingTeam@starcasino.com](mailto:TrainingTeam@starcasino.com)



# Employee Wellness Program—Tobacco Cessation

November closed the first session of the Tobacco Cessation sessions offered via the Employee Wellness Program and Health Education. Although numbers for the first go-round were small, everyone that participated in the program committed to creating a quit plan!

Along with the Cessation opportunity, November 20th, celebrated the American Cancer Society's Great American Smokeout—a date to which millions of Americans commit to kicking the habit. As part of our celebration, Health Education, the Employee Wellness Program, and Shooting Star Casino Wellness Committee provided a cessation information at booth in White Earth and Mahnomen.

Another round of **Tobacco Cessation beings December 3rd**, so mark your calendars and join others just like you, deciding to quit.

- This course is being offered to Shooting Star associates, White Earth RTC Employees, AND community members FREE of charge. So please help

spread the word and bring a friend with you.

- There are two locations for the sessions. The event center here and the Tribal Headquarters building in White Earth.
- The course is offered one day a week, for 6 weeks—Beginning in December until the first week in January of 2015.
- The same information will be presented at both locations so participants can come to which ever site is the most convenient for participants and participants are not required to attend the same location each week.
- Participants are not required to attend all the sessions. However, it is strongly encouraged.
- The information provided in each session is general and applicable to all types of tobacco users; not just smokers.

- We will be touching on items such as electronic cigarettes, sacred medicine, free resources and tools, pregnancy and smoking, employee benefits and coverage, and many other more detailed discussions will be provided.
- Information on Medicines and Cessation Aids will be provided by IHS and Thrifty White Drug.

*Weekly topics include:*

Personal Evaluation --[How ready am I to quit?] Creating a Quit Plan--the "How to" plan for quitters | Medicines & Aids--what are they, what's available, and how do they work?| Preparing for Quit Day--tips and tricks to be a successful nonsmoker | Lifestyle Behaviors & Changes -- Healthy eating habits, weight management, and sleep.| Living Smoke Free--how to stay a nonsmoker

For more information, contact Aimee Smith in the Human Resource Department.

# IT'S TIME TO QUIT!

## Free Smoking Cessation Course

Open to the anyone who's interested.  
Six week session that offers general topics with plenty of helpful information.  
*(The same information will be presented at both sites.)*

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### Dec 3, 10, 17, 23, 30 & Jan 7

WE RTC | 8:30 - 9:45am  
SSC Event Center | 10:30 - 11:45am

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Please refer to Public Transit System routes for possible transportation options.  
For more information contact Aimee Smith: 218.936.2535 or [asmith@starcasino.com](mailto:asmith@starcasino.com)





CASINO HOTEL ENTERTAINMENT



## Announcements:



**401K Reps will be available to all SSC associates:**

**Date:** December 3rd, 2014

**Location:** Event Center

**Time:** 8:00 am – 12:00 pm  
1:00 pm – 5:00 pm

*SSC Associates*

You are invited to attend the company-wide Holiday Party that will be held Monday, **December 16** in the Event Center.

Join us during your shift for a delicious holiday meal.

**Night Shift | 6am - 8am**

**Day Shift | 11am - 2pm**

**Swing Shift | 5pm - 7pm**

You may pick up your gift bag in the Event Center during meal times.

(Gift Bag Includes: Turkey and 1lb Wild Rice)

*Jewelry Making Class: 12/4*

Jeff & Melissa Widner will be conducting a series of Jewelry making classes **Sign up!** Classes fill quickly.

Each class is **\$5.00** to cover the cost of materials

Class 1 is basic wire wrapping, (you don't need any experience to attend)

To sign up please email: [azhawak@gmail.com](mailto:azhawak@gmail.com) or [gahbowgeke@gmail.com](mailto:gahbowgeke@gmail.com)

Location: TBA

### **Shooting Star Associates: Health Insurance Open Enrollment**

December 1 thru 5, 2014

Human Resources Office!

*\*Last Chance to make changes until next September!*

New deductible choice offered!!!

*For questions, contact*

*Michelle Olson ext. 2530*

*or Tricia Simon, ext. 2537*



### Shooting Star Associates:

#### **Mandatory Benefits Meeting**

**All associates hired in September 2014 are now eligible for benefits on: January 1, 2015**

**Associates need to attend the**

**MANDATORY Benefits meeting on:**

**Monday, December 8th, 2014**

8:30 am — 9:30 am

Or

2:30 pm — 3:30 pm

**Event Center**

### Shooting Star Associates:

#### **Mandatory Benefits Meeting**

**All associates hired in October 2014 are now eligible for benefits on: January 1, 2015**

**Associates need to attend the**

**MANDATORY Benefits meeting on:**

**Monday, December 15th, 2014**

8:30 am — 9:30 am

Or

2:30 pm — 3:30 pm

**Event Center**





Waubun-Ogema-White Earth Community Schools  
 Invites ALL COMMUNITY Members  
 To our 3rd Annual

# Holiday Feast

Wednesday, December 17th  
 5:00-7:30 p.m.  
 Waubun High School

- \* Serving a Fabulous Holiday Meal
- \* Bring kids to meet Santa (at St. Ann's Church)
- \* Blow up games for the kids
- \* Just for Kix and other performances
- \* Free Will Offering
- \* Stockings filled with toys and candy for the first 300 kids
- \* Free Flu Shots provided by White Earth Home Health



Waubun-Ogema-White Earth Community Schools

# Toy Drive

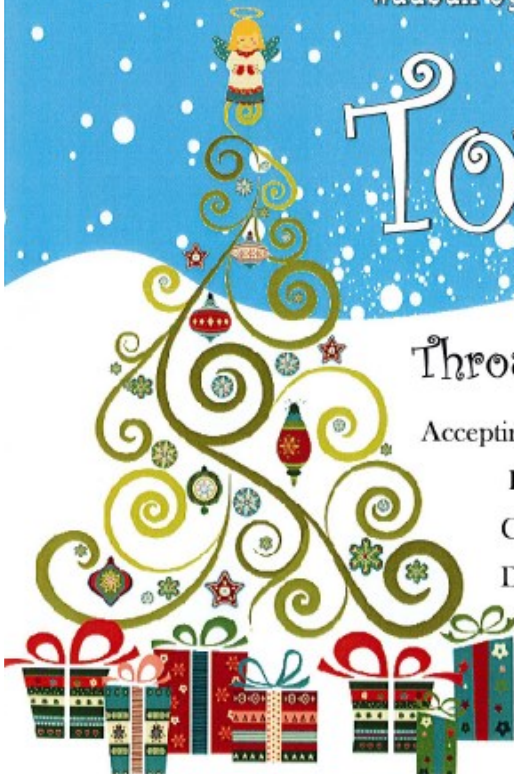
Through December 12th

Accepting new (smaller) toys, stocking stuffers, and candy

For kids ages 0-14

Call 473-6105 for more information

Drop off donations at: Waubun and Ogema Schools





FOR SALE: Flat screen TV and DVD  
player with VCR player \$50

Computer stand \$15

Text 1-218-261-1627



**Wishing you and your loved ones  
a Happy Holiday Season!  
-White Earth HR**

**Extras...**

Ah, yes. Good old-fashioned marketing. Nobody does it better than Disney. Attendance at the company's 13 parks last year totaled 132.6 million, a 5 percent increase from 2012, according to the Themed Entertainment Association.

I relate to Mr. Yamashita's addict-like thinking – more, more, more – but my 13-park adventure was primarily rooted in reportorial curiosity. Disney haters have long criticized the company's overseas parks as products of cultural imperialism: the evil Mickey Mousification of the globe. But Disney has aggressively dismissed that criticism as unfair and outdated.

"We made some mistakes early on, but we learned from them," a senior Disney executive once said to me. "How can you judge us without seeing for yourself?"

So on a 2011 trip to Paris I persuaded my partner, Joe, to skip Sacré-Coeur and instead go to Marne-la-Vallée, a suburb of Paris where two Disney parks now sprawl across former sugar beet fields. I wanted to see if Buzz Lightyear had really learned to blast off with a proper French accent.

The place certainly smelled French. Arriving around lunchtime, we decided to have a glass of Champagne at the ornate Disneyland Hotel, which is perched near the park gates like a pink and white Victorian bauble. Lovely. But the interior smelled as if it had been hosed down with Jean Patou perfume. "I think I'm getting a chemical burn inside my nose," I whispered to Joe, who rolled his eyes. (A Disney spokeswoman said the hotel no longer uses that scent.)

We were slack-jawed upon entering the main park. To compete with the splendor of Paris, Disney spent lavishly to open the resort in 1992, and its ornate landscaping has only improved with age: Austrian black pines, endless rhododendrons, pathways that hug serpentine streams. Of all the Disney castles, the one here is the most extravagant. "Even I thought that was pretty cool," a normally nonplussed Joe said after a peek at an animatronic dragon residing in the dungeon.

There was a lot of familiar Disney iconography that wasn't particularly adapted for Europe, from Frontierland to Main Street U.S.A. But there were also some wonderfully unique newer attractions, like Crush's Coaster, an indoor-outdoor "Finding Nemo" -themed thrill ride with spinning cars. Another first-of-its-kind offering, Remy's Totally Zany Adventure, themed after Pixar's Paris-set "Ratatouille," opened here in July. (Riders are "shrunk" to the size of rats and sent on a 3-D chase through Gusteau's restaurant.)

As Joe sipped a beer in Fantasyland – alcohol was initially banned, in keeping with Disney's practice elsewhere, but the French recoiled and Disney relented – I began to wonder about the company's newest park, Hong Kong Disneyland. I associated it with a cultural misfire: A few months after it opened in 2005, a miscalculation during the Chinese New Year led to an overcrowding debacle. But maybe that was an isolated incident. Hmm.

"Don't even think about it," Joe said.

I hauled him to Hong Kong Disneyland by way of Tokyo Disneyland. At the end of a long trip to Japan last fall, I slipped in a day at the seaside Tokyo Disney Resort, which comprises two parks and a half-dozen hotels connected by a monorail. The excursion turned out to be a surprise highlight of our time in Tokyo.

Along with that popcorn – other flavors include soy sauce and curry – we stuffed ourselves with chocolate "Toy Story"-themed mochi dumplings. The gift shops overflowed with oddball items you would never find in Orlando, making shopping a delight. (There are apparently a lot of adult men in Japan wearing Winnie the Pooh boxer briefs.) And one of the two parks, Tokyo DisneySea, offered a parade-on-water called Legend of Mythica that left us speechless: fireworks, dancing fountains, lasers calibrated to thundering music, acrobats, a Jet Ski ballet, floats with massive motorized serpents and griffins.

Tokyo Disneyland may have the single best attraction in the entire Disney empire, but you won't find it on a park map. Disneyphiles privately call it the Running of the Bulls, and it takes place every morning on the entrance plaza. When the 20 gates open, roughly 40,000 people stampede through them in the first hour and a half (at least according to a Tokyo Disneyland employee) in an effort to beat the lines. And I do mean stampede.

Joe was nearly mowed down by two young women in Chip and Dale costumes. "Retreat!" he shouted, taking refuge behind a pillar. I was too busy happily soaking up the mania to offer a response. (If you stay at a Disney hotel you can enter the park 15 minutes early and secure a good observation spot.)

Hong Kong Disneyland was next. It was at this point that I started to wonder if I had gone too far. But the lines were short as a result of pouring rain, and we took cover inside the "enchanted" Mystic Manor, a twist on Disney's Haunted Mansion that leaves out the ghosts (because the supernatural is viewed differently in Chinese culture, we were told). We loved it so much we rode it twice and picked up T-shirts adorned with the ride's mascot, a fez-wearing monkey named Albert, on the way out.

By afternoon the weather had improved to a gloomy gray. Stuffed with dim sum shaped like Disney characters (we liked the "Chicken Little" lotus seed purée buns), we waddled over to Tomorrowland to find Space Mountain, the classic Disney roller coaster. We had realized by now that all the Space Mountains are a little different. In California the ride is smooth and pitch black inside, while the jerkier Orlando version isn't quite as dark inside, inadvertently allowing you to see parts of the track. Space Mountain in Paris goes upside down, the one in Tokyo has a funky hyperspeed tunnel, and as we soon discovered, Hong Kong's edition shoots riders past glowing planets.

After taking in a few more attractions – the "Festival of the Lion King" stage show, Toy Story Land – Joe got that look on his face. He was ready for more authentic corners of Hong Kong. I steered us toward the exit.

On the subway ride back to Wan Chai, the bustling neighborhood where we were staying, I thought about what visiting the 13 parks had taught me about how Disney operates, particularly overseas. Far from monolithic, the company's theme park empire is full of quirky surprises. Yes, the notion of Disney as a cultural bulldozer needs to be retired – especially as it builds a 14th park in Shanghai that will be the first to do away with a Main Street-style entrance. (Instead there will be a vast garden that will accommodate Chinese cultural festivals.)

But Disney is Disney is Disney: Dumbo and Pinocchio and the "Frozen" princesses will always be there. At the end of the day, what makes a Disney park unique are the people who occupy it.

In France visitors stroll along those glorious garden paths – no rushing to the rides. Disney World in Florida is a melting pot endurance test, while the original Disneyland in California relies less on tourists than on annual pass-holding locals. Tokyo visitors, once completing that initial sprint, stand politely and quietly in tidy lines; Hong Kong attendees from mainland China show little interest in personal space, even leaning on one another in the ride queues, and go gaga for simple go-in-a-circle rides that would bore most Americans.

It was also cool to notice a similarity: No matter which park we were visiting, there were smiley people enjoying one another's company and, for a few hours at least, forgetting the pressures of the outside world.

"What did you get out of it?" I asked Joe as we reached Wan Chai.

"A bunion," he responded dryly.

Remind me to leave him at home when Shanghai Disneyland opens next year.

*Article printed in the NY Times: Nov. 21, 2014.*

