

# Nay Tahwaush Early Learning Center

Múigwech to teachers Lia and Mary from the Nay tahwaush Early Learning Center for making the children's day full of fun. learning.



Teachers Lia and Mary start every morning with the children coming into the "Movement Room" waking up the mind and body through movement starts out the day with a good feeling and ready to learn.



"Listening to teacher Lia read stories is fun"  
Good listening ears kids  
bezhig  
Bay zhu

- 1 bezhig
- 2 niizh
- 3 niswi
- GO



Gizaagi'in 

**The importance of the mind-body connection is reinforcing the fact that being physically fit fosters healthy early childhood development which translates into successful learning. Because when *I am moving, I am learning!! Great starts***



AWARD WINNING KIDS



Hide and Seek  
Take a peek do you see me?



# Nay Tahwaush Early Learning Center Movement Center

Large muscle movement to get the heart beating strong

ITS UP AND OVER

WE CRAWL

WE REACH AND

STRETCH UP HIGH

AND LOW

ROUND AND

ROUND WE PEDAL

TO BUILD OUR

STRONG MUSCLES

AND BONES

How many laps around we'll go where we stop nobody knows



Children need to develop large motor skills along with cardiovascular endurance.

On days when we can't go outside to run and jump we still exercise our bodies and minds.



WORK & PLAY on the GO



TEACHER Mary says, "You can watch here beside me, and when your ready you can join in"

Healthy practices for child care is good handwashing and healthy foods



Healthy snacks to nourish a growing body



Sing to Row, Row, Row Your Boat, which takes the right amount of time for proper handwashing

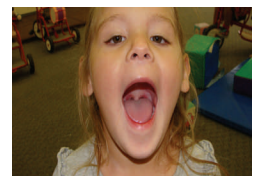
Wash, wash, wash my hands, Make them nice and clean. Rub the bottoms, and the tops, And fingers in between.



Giziibiigininjii

(Gih-zee-bee-gih-nin-jee)

Say AHH!

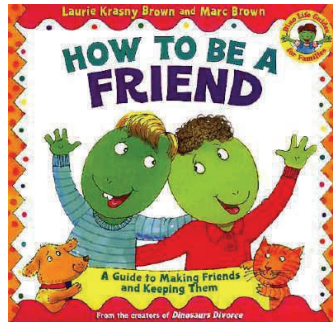






## Exercise Makes Your Heart Happy

The heart is a muscle and it works hard, pumping blood throughout your body every day of your life. You can help this important muscle get stronger by doing exercise with lots of fun too.



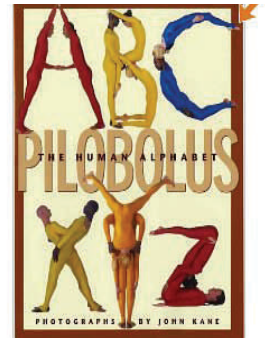
Best Buddies



Friendship building is school readiness

**I am learning from those most important people in life.**

Being a role model to our children and providing them with many opportunities for learning and an active lifestyle with increased physical activity is a healthy mind and body for life



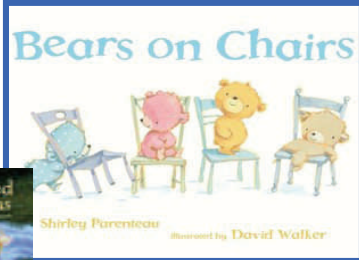
It was once said, the best preparation for adulthood is to have a full and enjoyable childhood.

*There is always a moment in childhood when the door opens and lets the future in.*  
-Graham Greene





# GOOD READS for ALL AGES



Exercising the brain happens while reading aloud, but it also strengthens the listening skills of those engaged in the story. Help young children create visual learning –using our brain’s imagination to see what we hear.



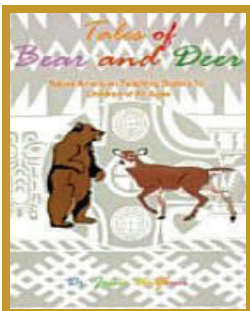
THE MAGIC OF BOOKS AND THE ORAL TRADITION OF TELLING STORIES ARE AN IMPORTANT PART OF LEARNING AND KEEPING TRADITIONS ALIVE.

TURN ON YOUR CHILD’S IMAGINATION BY HELPING THEM TUNE-IN AND BUILD THEIR LISTENING SKILLS AND SELF REGULATION.

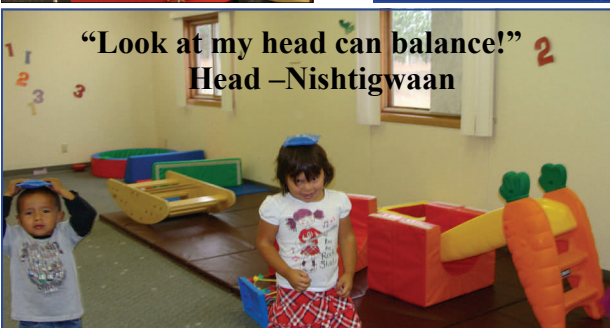
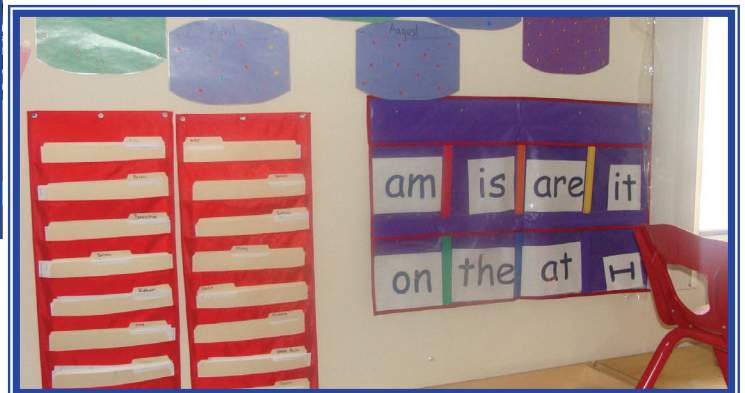
What’s your favorite book or story to share with your child? Do they like to hear the same story over and over again? If so, that’s OK that means they enjoyed it and are ready to listen again.



Makwa and waawaashkeshi teaching stories for children of all ages



“R” says rrrrrr



Word Wall  
building our sight words