

Get to know your heart in February!

Women's Heart Health Events

Do you know what causes heart disease in women? What about the survival rate? Or whether women of all ethnicities share the same risk? The fact is: heart disease is the leading cause of death for all women worldwide, causing 1 in 3 deaths each year. That's approximately one woman every minute!

Please join us, White Earth Reservation Public Health, as we educate and help women with their heart health risk assessments, blood pressure, blood sugar, weight screenings, and WECARE assessments. Heart healthy refreshments and a small gift will be given to participants. See you there!

DATE

LOCATION

TIME

Feb. 5	Naytahwaush Community Center	10AM-12PM
Feb. 6	Shooting Star Casino, Mahnomen	9AM-6PM
Feb. 7	White Earth Tribal Health	1PM-3PM
Feb. 11	Pine Point Community Center	10AM-12PM
Feb. 18	RBC Headquarters	10AM-12PM
Feb. 20	Ogema Elementary (conferences)	3:30PM-6PM
Feb. 25	Rice Lake Community Center	11AM-1PM
Feb. 25	Waubun Public Schools (conferences)	3:30PM-6PM



White Earth Nation
PUBLIC HEALTH