

# RICE CAMP 2021!

SATURDAY, SEPT. 11TH & SUNDAY, SEPT. 12TH

LITTLE ELBOW LAKE  
TRIBAL PARK CAMPGROUND

**CAMP IS FULL:  
NO MORE REGISTRATIONS**

**DUE TO COVID CONSTRAINTS, PARTICIPANTS  
ARE ENCOURAGED TO WEAR MASKS AND  
OBSERVE SPACING RECOMMENDATIONS.**

**9:00 AM - 3:00 PM DAILY**

**ACTIVITIES:**

- \*WILD RICE: HARVESTING/PARCHING
- \*BOOTAAGAN: POUNDING WILD RICE/CORN
- \*PROCESSING & SMOKING MEATS (VENISON/FISH)
- \*PLANT WALK: TRADITIONAL FOODS GATHERING
- \*CANOE RACES (FOR REGISTERED PARTICIPANTS)
- \*MAKING RICE KNOCKERS  
AND MUCH MORE!

MEALS PROVIDED: PROFESSIONAL CHEFS WILL  
TEACH HOW TO PREPARE DELICIOUS DISHES  
UTILIZING TRADITIONAL FOODS!

**FREE EVENT! REGISTER NOW!**

THE NUMBER OF PARTICIPANTS IS LIMITED,  
SO SIGN-UP EARLY!

**TO REGISTER, PLEASE CONTACT:**

TAMMY BELLANGER

EXTENSION COORDINATOR

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218-935-0417 EXT. 213

THIS IS A FAMILY-BASED CAMP, WITH ADULTS & YOUTH PARTICIPATING TOGETHER.

(YOUTH MAY NOT BE DROPPED OFF AND LEFT FOR THE DAY.)

THIS ANNUAL, FREE EVENT IS PROVIDED IN COLLABORATION BETWEEN  
WHITE EARTH TRIBAL AND COMMUNITY COLLEGE-COMMUNITY EXTENSION SERVICE DEPARTMENT; UNIVERSITY  
OF MN-EXTENSION, WHITE EARTH 4-H; WHITE EARTH PUBLIC HEALTH; AND THROUGH FUNDING OBTAINED IN  
PART FROM THE USDA, NIFA. MIIGWECH TO THE WHITE EARTH NATURAL RESOURCES DEPARTMENT FOR THE  
USE OF THE LITTLE ELBOW LAKE TRIBAL PARK CAMPGROUND!



WHITE EARTH TRIBAL &  
COMMUNITY COLLEGE  
GAANWAABAGANIKAAK GABEGIKENDASOWIGAMIC



statewide health  
improvement partnership



United States Department of Agriculture  
National Institute of Food and Agriculture