

ANISHINAABEG TODAY



A Monthly Chronicle of the White Earth Nation

Vol. 29 No. 9

White Earth, Minn.

today@whiteearth-nsn.gov

Wednesday, September 4, 2024

Harvest Fest Powwow

SEPTEMBER 7TH & 8TH, 2024
NAYTAHWAUSH, MN

Emcees
FRANKIE GRAVES
& FRANK STECH

Host Drum
WHITEFISH BAY

Arena Directors
THOMAS MASON
& LUCAS HISGUN

Spiritual Advisor
ROBERT TIBBETTS

Drum payouts to the first 8 drums registered. Drum roll call before each grand entry. All dancers welcome. Dancers must register before each grand entry.

Thursday
Blessing the Grounds, 5pm

Friday
Warm-ups

Saturday
Flag Raising, 10am
Grand Entry, 1pm
Community Feast, 5pm
Grand Entry, 7pm

Sunday
Grand Entry, 1pm

Committee Specials
Women's Jingle
Men's Grass
Committee Giveaway

Princess/Brave Contest
Open to youth ages 6-18, enrolled or descendant. Local to Naytahwaush, or have immediate family from Naytahwaush. Must be registered to compete.

Outgoing Princess & Brave Specials TBD

Vendor Contact: Frank Stech 218-308-4160
Powwow Contact: Greg Blue 218-261-1048 and Terry Snetsinger: 218-261-1210
Committee is not responsible for lost or stolen property or short-funded travelers
Drug and alcohol free event
Campsites and showers available

NaytahwaushHarvest Fest Powwow



The White Earth Inauguration Ceremony was held Aug. 6 at the Shooting Star Casino.

Top: Chairman Michael Fairbanks is sworn in for his second four-year term.

Left: Laura Lee Erickson addresses those in attendance after being sworn in as the new District 3 Representative.

Photos by Gary W. Padra

White Earth Nation looks to the future

By Mathew Holding Eagle III
Minnesota Public Radio

Michael Fairbanks took the oath of office for his second four-year term Aug. 6. He told the crowd gathered at the Shooting Star Casino in Mahnomen the tribe's cannabis business is a great success, and he is pleased with the progress made in its recent "land back" campaigns.

Also sworn in was District 3 Rep. Laura Lee Erickson. She told attendees she looks forward to working with tribal and community leaders.

"It's easy to identify what is wrong but we have to remain positive as well so we can keep doing what's right and work together to find solutions for what isn't working," she

See Inauguration Page 29

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Breastfeeding Support Walk

White Earth Nation Tribal Home Visiting and WIC held a Breastfeeding Support Walk on Aug. 7 in Mahnomen. It started at the Pavilion on Main Street.

Approximately 30 people attended the event. Door prizes were given out after the walk and White Earth Tribal Public Health provided a sack lunch for everyone.

Photo by Jackie Haugo

Anishinaabeg Today

The *Anishinaabeg Today* (AT) is the official publication of White Earth Nation and is published once a month. Editorials and articles appearing in the AT are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the AT staff or the White Earth Reservation Business Committee.

The AT reserves the right to reject any advertising or materials submitted for publication. The submission of articles and photos is encouraged, however, they are subject to editing for grammar, length, and malicious/libelous content. The Editor makes the sole decision of what is published in the AT and will not assume any responsibility for unsolicited material nor will the AT guarantee publication upon submission. **Deadlines are strictly enforced!** Deadline dates are printed below in each issue.

The AT is distributed at no charge to all postal patrons living on White Earth Reservation and by mail to White Earth Nation members (who request the newspaper) living within the United States. One per household. The cost of a newspaper subscription is \$12 per year for non-members (including dependents) living off the reservation. **Current and past issues of the AT can be read online for free at www.whiteearth.com.**

For more information call 218-935-3569, email: today@whiteearth-nsn.gov, fax: 833-607-0776, or write to:

Anishinaabeg Today
PO Box 418
White Earth, MN 56591

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District III Representative

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Gary W. Padrta

Future Issues *

Deadline	Issue Date
September 25	October 2
October 30	November 6
November 27	December 4
December 23	January 1
January 29	February 5

* Deadline and issue dates subject to change

More bison are on the way!

White Earth Agriculture Department moves forward with Phase 2

By Wade Jackson
Agriculture Manager
White Earth Division of Natural Resources

Boozhoo,
Your White Earth Agriculture Department is glad to report that more bison are on the way!

Thanks to our success in caring for our first group of four heifers received last November for our Phase 1 Bison Operation, your White Earth Agriculture Department was approved by the RBC to move forward with Phase 2 and apply for more bison through the Intertribal Buffalo Council (ITBC). These surplus bison will be an intact family unit of 15 to 20 cows, calves and heifers, coming from Yellowstone National Park in Wyoming. Depending on the weather in western Wyoming this fall, we expect to be receiving this herd sometime in September or as late as October.

Our success with Phase 1 caught the attention of a foundation that gifted us with a substantial donation to fully develop and complete Phase 2. We are in the process of enclosing about 130 acres of prairie restoration with a six-strand high-tensile electric fence and installing an electrical service, a watering system and a steel paneled containment facility like we built at the old horse sales barns outside Mahanomen.

The four bison heifers received last fall from ITBC will be moved from the Phase 1 facility to the Phase 2 facility to act as ambassadors to those arriving from Yellowstone NP. These four original bison are of exceptional genetics from Wind Cave NP. Therefore, they will be joining our new breeding herd from Yellowstone NP, and not harvested this fall as originally planned.

But wait...Additional surplus Yellowstone bison are coming this fall to replace the four being moved out to the Phase 2 facility. We ordered 10 1 1/2 year old surplus bulls from ITBC to graze-out for one year and to be harvest next fall (2025). The best news is that ITBC is giving us 10 additional 3-year-old bulls to harvest this November. AND, if all goes well with harvesting these 10, we are slated to get



Submitted photo

One of four bison heifers White Earth received last fall. The reservation is slated to receive more bison this fall. ten more 3-year-old bulls to harvest in the month of December 2024.

To be clear, and for all our concerned beef cattle neighbors, these new bison, like our last, will be USDA APHIS veterinarian checked and certified free of Bangs and TB before being shipped. It's the law.

Our hard work and determination to get our own bison herd looks to be paying off for the people of White Earth Nation. If all goes as planned, White Earth Nation will have a herd of up to 70 healthy bison by Christmas of 2024.

Miiigwech

Honoring the Sweet Corn Treaty



For many years, Anishinaabe and Dakota people have acknowledged our relationship through the affirmation and reaffirmation of the Sweet Corn Treaty.

This year, as in previous years, youth from the Red Lake and White Earth Anishinaabe joined with Dakota riders to acknowledge the Whitestone Massacre of 1863 in a memorial horse ride. Referred to for many years as a "Battlefield Site" a statue remains of a soldier atop "Whitestone Hill." The Dakota remember this as the place where the U.S. Cavalry opened fire on a Dakota camp that was preparing for winter, killing 400 people, mostly women and children.

We honor their memory by riding for the spirits and future generations.

Left: Aandegoons Neeland (white horse) and Joshua Roy Jr. on horseback during the memorial ride.

Submitted photo

Energy Assistance Program Notice

The 2025 Energy Assistance Program will be accepting applications the first part of September, please call for an application at that time. You can also pick one up at the office in Waubun or watch and they will be on the White Earth webpage. For those of you that have applied last heating season, you will receive an application in the mail in September.

Please keep in mind to fill out your application clearly and completely with all necessary documentation, this will make for a faster process. Homeowners, please call if you are having furnace problems, we may be able to help you. Please remember to change your filters once a month for adequate maintenance.

Always keep in mind to check your tanks, running out will adhere to more problems. Summer prices are at low this time of year, call your company to set up payment plans or arrangements if suitable.

No funds available until around the first week in November.

Any questions on the program or need to fax any information, please call the number or fax below. Hope everyone had a great summer!

Physical address: 3303 US Hwy 59, Waubun, MN 56589
Mailing Address: PO Box 418, White Earth, MN 56591

Phone#: 218/473-2711 Fax#: 218/473-2719 Toll Free#: 1-866-885-7656
Visit us at www.whiteearth.com Energy Assistance Program



News From Chairman Michael Fairbanks



Aaniin Boozhoo Gaa-waabaabiganikaag
Nimwinendam Waabaminaan!

Waatebagaa-Giizis.

Aaniish inaa akawe ninga-gaagiizomaag aadi-zookaanag.

Weweni-sago-na.

Greetings White Earth Nation I am Happy to See You!

It is already September. September is when we notice all of the leaves turning color.

Everyone Be Safe.

As our ricing season has fallen upon us this story explains the way our Wiigwaas Jiimaan, birch bark canoes were gifted to us as Anishinaabeg. Anishinaabe were learning how to live harmoniously with the Mama Aki, Mother Earth and traveling across the many lakes and rivers that crisscrossed their homeland. The Ojibwe relied on the rivers and lakes for their food and medicine it provided so they needed a way to navigate them more effectively.

One day the Great Spirit, Gichimanidoo, bestowed the knowledge of canoe building upon the people. The first canoe was crafted by a skilled Ojibwe leader who was guided by a vision. The leader saw a giant fish swimming in the waters, and in his dream, the fish spoke of how the birch bark could be shaped into a vessel that would glide gracefully across the water.

As he walked through the forest, he observed the birch trees and noticed their flexibility and strength. The birch trees, with their distinctive, papery bark, seemed to have a special quality that made them stand out. So he was inspired by the birch bark's resilience and lightness, and he believed it could be used to create a perfect canoe.

The man then gathered the birch bark carefully, ensuring he did not damage the trees. He also collected sap from pine trees and reeds to use as binding materials. With the bark in hand, he began the intricate process of crafting the canoe. He used his knowledge of natural shapes and forms to create a vessel that was nice to look at and functional.

When the canoe was finished, the leader took it to the water. He marveled at how gracefully it floated and how easily it moved across the surface. The Ojibwe people gathered to witness the first test of the canoe, and they were awed by its performance. The canoe could carry people and goods, navigate the tricky waters, and serve as a crucial tool for survival.

The birch bark canoe became a symbol of our Ojibwe ingenuity and deep connection to the natural world. It allows us to travel, trade, and explore in vast territory with ease. This story not only explains the origin of our canoe but also highlights our love & respect we have for nature and the wisdom of our ancestors. The techniques for crafting our canoes have been passed down through generations, and the birch bark canoe remains a vital part of our Manoominike Ricing and Anishinaabe heritage.

Natural Resources Division Update

Harvest season is upon us! This is the time of year when we gather our foods and begin our preparation for the winter months. It is the time of year when families and community members gather to share our knowledge and skills about traditions that have been passed down through generations. And it is the time of year to celebrate our connection with the Mother Earth.

Harvesting Manoomin is one of those traditions passed down through generations. The Wild Rice

Department started buying rice from our members on Aug. 23. As usual, our members start the ricing season south of the reservation and in the Tamarac National Wildlife Refuge, where record pounds of rice came off lakes this year already. As of Aug. 28, White Earth has bought over 20,000 pounds of rice. This cool, wet summer has left many rice beds outside of our boundaries thin and sparse, with some beds to the east completely wiped out. White Earth, through ceremony, prayers, and luck; persevered and our beds are looking healthy and strong. Our Rice Committee states that Lower Rice Lake is looking as healthy as ever, and once opened, we can expect a good crop. Be on the lookout for the latest flyers and news about lake openings on White Earth's Facebook page.

The Agriculture Department has been working diligently to increase future harvest opportunities and to provide direct access to traditional healthy foods. One practice they are using to achieve this is through the expansion of the bison operation. You may have noticed fencing being assembled around the old Spence Farm, north of Naytahwaush on County Road 4. The plan is to enclose the 130 acres and have a breeding herd by the end of this year. Another practice implemented by the Ag Department to provide access to healthy food is by working with our Amish neighbors, gathering and delivering fresh produce to our communities. This opportunity is made possible by the Local Food Purchasing Assistance Grant from the State of Minnesota.

White Earth Tribal Leaders and White Earth Natural Resources (WENR) have taken an active role in making sure our youth are given the opportunity to gain the knowledge and skills needed to carry on our traditions. One such opportunity is the youth intern program. This past summer, several local individuals were given the opportunity to work as interns and experience first-hand most departments housed in WENR.

Utilizing BIA funds and funds granted through a private foundation, we were able to introduce natural resources to eight interns for twelve weeks. This was a very successful project! It is our hope to not only introduce our next generation to natural resource management, but to also help them gain a deeper understanding of our cultural practices and traditions.

For all our new up and coming hunters, if you haven't booked your spot in our Firearms Safety course, please make sure to reach out to our Parks and Recreation Department at 218-935-3654 and claim your spot. The next class will be on Oct. 6 at

See Chairman Page 29

Hunters Safety Class

HUNTERS EDUCATION/ FIREARMS SAFETY CERTIFICATION

SUNDAY OCTOBER 6TH (1PM) 2024
AT THE MAHANOMI RIFLE RANGE

Online Hunter Safety Course \$24.95.
<https://www.dnr.state.mn.us/safety/firearms/index.html>

Please visit MN DNR website: Education and Safety for more information & link to online safety course.

YOUTH SAFETY CLASS OCTOBER 6, 2024

INFORMATION NEEDED
TO REGISTER: NAME, BIRTH DATE, ADDRESS, AGE
DAY OF COURSE: BRING FIELD DAY VOUCHER
(THIS SHOULD BE PRINTED ONCE YOU COMPLETE ONLINE PORTION OF THE CLASS.
YOU NEED TO HAVE THE VOUCHER TO PARTICIPATE IN OUR FIELD DAY)
& BIRTH CERTIFICATE

DO NOT BRING FIREARMS TO THIS CLASS.
WE WILL HAVE THEM FOR YOU TO USE.

If you register your child and need to cancel please notify us ASAP as there is a waiting list.

TO REGISTER CONTACT

JASON CLARK
218-935-3654
JASON.CLARK@WHITEEARTH-NSN.GOV

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Anishinaabeg Today Readers

Please let us know if you recently moved, or have moved in the past few years so we can cancel your old address.

Many papers are still being sent to old addresses!

Call the **Anishinaabeg Today**
at 218-935-3569
or
email today@whiteearth-nsn.gov

News From Secretary-Treasurer Michael J. LaRoque

Aanin Boozhoo

Greeting White Earth Members, I have the honor of providing you with the monthly report of the Secretary/Treasurer position for the White Earth Tribal Council. This monthly report will consist of a wild rice update and a monthly travel report.

White Earth Wild Rice Update

In 2023, the White Earth Department of Natural Resources bought 249,751 pounds of green wild rice from local ricers starting at a price of \$4.50 per pound and ending the season at \$6 per pound. The 249,751 pounds of green wild rice that was purchased finished out at 110,697 pounds.

In 2023, White Earth Nation secured a contract with the United States Department of Agriculture for 60,000 pounds of White Earth Nation wild rice at a price of \$24.99 per pound. The USDA contract allows the White Earth Nation to keep the selling price of our wild rice to stay remain low to ensure our Elders and Members can afford to buy it at that lower price.

Along with the USDA contract, White Earth Market provides wild rice sales, and the prices have not changed for White Earth Elders at \$6.50 a pound, White Earth Members at \$8.50 a pound, and a non-member price of \$18 a pound.

The wild rice crop looks to be another good year, and with that we hope to secure the USDA contract again so we can continue to provide affordable wild rice sales for our membership. The amount of wild rice for the USDA contract is determined after harvest. The RBC would like to keep the wild rice sales as a service to our membership.

The inventory of wild rice on hand as of July 24 is 26,253 pounds, and 30,000 pounds of mazon that will be marketed by White Earth Enterprises.

Travel Updates

On Aug. 14-16, I had attended the Minnesota Indian Affairs Council meeting in Grand Portage, Minn. The three-day MIAC meeting consists of Executive Session on the first day. On the second and third day the MIAC staff and Minnesota State Commissioners give their updated reports. During



these meetings, the MIAC board passes Resolutions and makes appointments. The MIAC board consists of all 11 Tribal Chairpersons, and all other Tribal leaders are in attendance.

I would like to let everyone know that at the last MCT/TEC meeting I was voted in as the President of the MCT/TEC. I take this role with great responsibility and understand that my role of White Earth Secretary/Treasurer is my first responsibility, but issues with the MCT/TEC and White Earth Nation need to be addressed at both levels.

I hope everyone had a happy and safe summer/fall pow-wow season, and look forward to a great new year, while moving forward into the future for another successful year ahead of us.

In closing I want to thank the members of the White Earth Nation for giving me this opportunity to serve as the Secretary/Treasurer for this great nation. I look forward to moving forward with great progress and optimism and I hope we can work together for a brighter future. Miigwech!

Michael J. LaRoque
Secretary-Treasurer

Black bear encounters are on the rise

Black Bear encounters have been on the rise in many of our communities and villages. Although most bears are not comfortable around people and leave when encountered, some have become a nuisance by lingering around homes and public areas. Please remember that bears are wild animals – always remain cautious.

The White Earth Wildlife Department and Conservation Officers offer the following suggestions when encountering a bear.

Garbage

- Don't let your garbage pile up
- Reduce odors
- Store in a bear-proof container
- Wash out garbage cans
- Don't put your garbage out for collection the night before, do it the morning of pickup. Make sure it's in a container and not in garbage bags laying at the end of your driveway. That not only attracts bears but other wildlife as well, especially raccoons and skunks.

Bird feeders

- If you feed birds into the summer – consider bringing in feeders at night. Bears love sunflower seeds and suet.
- This includes hummingbird feeders. Nectar is a great bear attractant.

Pet food (dog or cat food)

- Keep inside at night or anytime there's a bear

sighting in the area

Outdoor grills and picnic areas

- Keep clean
- Bears like the grease inside the grill or the little grease trap underneath

Fruit trees, gardens and honeybees

- Use electric fencing if possible

Animal or fish carcasses and leech bait

- Clean up all fish or leech bait in your yard
- Boxes from leech bait should be disposed of
- Rinse out the buckets/pails used for transporting

Boats and canoes

- Rinse out the inside of the canoe and any containers used for fishing or leeching
- Rinse out the live well and inside the boat

If you come into contact with a bear:

- Don't panic
- Don't shoot
- Don't approach
- If a bear is in a tree, leave it alone. It should come down when it feels safe
- If a bear is treed by your dogs, remove the dogs to the house or garage until the bear leaves the area

The White Earth Conservation Officers have a policy in place for setting up the live trap. The following procedure should be followed: (This will be done

See **Bears** Page 31

Notice to tribal land lessees, assignees, and any others utilizing tribal lands

The White Earth Land Office will be conducting periodic inspections of all sites, assignments, leases and contracts for any compliance issues on tribal lands. Please call to update your contact information with our office as soon as possible. If you have any questions regarding compliance inspections or wish to update your information, you may contact the White Earth Land Office at 218-983-4650.



2024 Annual Picnic & 4th Annual Carl Fransen's White Earth Has Talent Contest

WEUC cordially invites White Earth Families & Friends to the Annual Summer Picnic where there will be great food, fun and door prizes.



Where: Minnehaha Park
Wabun Shelter D
4655 46TH Ave S
Minneapolis, MN
When: Sat. September 21, 2024
11am-3pm
Meal served at 12:00 PM

Sign up for the Talent Contest by going to the White Earth Urban Community Council Facebook Business Page. In the Comments, list your name or names of those who are interested and what talent you will showcase. For more information call Char at 651-262-7602.

Valley View Manor

Valley View Manor in Ada has 1 bedroom units for rent.

Rent is based on 30% of your adjusted monthly income calculated per HUD guidelines up to a contract rent of \$750 and includes: Water, Sewer, Garbage and Heat.

For more information contact DW Jones Management. 218-547-3307 or apply at www.dwjonesmanagement.com



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Your job search ends here
www.whiteearth.com



News From District 2 Rep. Eugene Sommers

Boozhoo Anishinaabe, last month we celebrated the swearing-in of our Chairman and District 3 Representative. I'm excited to work alongside Chairman Fairbanks and Representative Erickson. We also kicked off the wild rice season by purchasing rice at a record price of \$6.50 per pound. There are numerous infrastructure projects underway in District 2. A big Miigwech to all our program directors for their planning and coordination of these much-needed projects! I hope to see the majority of them completed by the end of the summer.

Wild Rice

This year, we began purchasing rice on Aug. 23 at \$6.50 per pound. On the first day, we bought 4,817 pounds of green rice. The only lakes open on the reservation that day were Mitchell Dam and Tamarac Lake. I hope everyone has a bountiful harvest this year—let's bring in even more than we did last year!

White Earth Department of Natural Resources

Bear Relocation Efforts: Naytahwaush experienced an increase in bear sightings this summer. WEDNR recognizes the cultural significance of bears and recommended non-lethal methods for managing the situation. Although some bears were relocated, many returned to the village within a few days. Before hound dogs were brought in to chase the bears out, the Cultural Division conducted a ceremony. Data indicates that this method is likely to keep the bears out of the area for the year. Next year, we plan to implement additional measures, including more community clean-ups.

Relocation Data: 62 bear complaints, 20 traps and relocations.

Buffalo Herd Update: The White Earth Agriculture Department is excited to announce the expansion of their bison program. Following the success of Phase 1, where four bison heifers were received last November, the department has been approved to proceed with Phase 2. This phase involves acquiring an intact family unit of 15 to 20 bison from Yellowstone National Park expected to arrive between September and October.

A generous donation has enabled the development of a 130-acre prairie enclosure with advanced facilities. The original four bison from Phase 1, known for their exceptional genetics, will join the new herd instead of being harvested as initially planned. To replace them, 10 1½-year-old bulls and 10 3-year-old bulls will be received for grazing and harvesting over the next year.

All bison will be USDA-certified and free of disease. If everything proceeds as planned, the White Earth Nation will have up to 70 healthy bison by Christmas!

White Earth Department of Transportation

WEDOT is currently working on road projects across the Reservation. In District 2, these projects include repaving Riverland Road in Mahnomen, repaving residential roads in Naytahwaush, and paving BIA Road 29 near South Twin Lake.

BIA Road 29 gives access to Elk Horn Resort, please note the only paving being done will be where the Tribal Lots start. I've gotten reports of Elk Horn Resort following Tribal Members to their lots when utilizing our Tribally owned and maintained road. If you are harassed by these individuals please file a report with the White Earth Police Department.

White Earth Housing Authority

Naytahwaush Rehab: WEHA is currently working on rehabbing 29 homes in Naytahwaush with a majority of the work being siding, windows,



and roofs. Six units have been completed this month.

D2 Elder Village

The first phase of the District 2 Elder Village is underway, with site work being done on BAB Road. Seven tiny homes, featuring 1-2 bedrooms, will be brought in, all manufactured by Dynamic Homes, a Ho-Chunk-owned company. Naytahwaush will likely be completed last as homes are closer to District 3 and those already delivered to District 1 earlier this year take priority.

Applications for these homes in District 2 are not yet available. Our team is working diligently to complete the project before winter and avoid additional delays. Once the homes are turn-key ready, we will open applications and begin moving elders into these units.

2024 Tribal State Agreement

I attended the Tribal-State Agreement meeting on Aug. 21 at Black Bear Casino. The Department of Children, Youth, and Families (DCYF) provided updates and the new agency introduced their staff. Tribal leaders met with State agencies to discuss family preservation, out-of-home placement rates, and compliance with the Indian Child Welfare Act (ICWA). Additionally, there was a working session focused on Phase 3 of the Minnesota Indian Family Preservation Act.

Minnesota Department of Human Services Consultation

On Aug. 27, the RBC met with Minnesota Department of Human Services at Shooting Star Casino. Leadership discussed key issues, including behavioral health, mental health restrictions and barriers, traditional healing funding, and homelessness. I feel optimistic about the discussions and look forward to working on these issues this upcoming legislative session.

Tribal Enrollment Data & Statistics

Last quarter, the Minnesota Chippewa Tribe reported a total of 40,851 citizens, with 11,117 enrolled in White Earth Nation. During the RBC meeting on Aug. 30, I requested the following data on blood quantum statistics:

- Number of enrolled members with 25%–50% blood quantum: 3,338
- Number of enrolled members with over 50% blood quantum: 11,762
- Number of enrolled members with less than 25% blood quantum: 5,348

Article 2 of the MCT Constitution, which covers Membership, references the 1961 Annuity Roll and the exception for individuals with less than 25% Ojibwe blood. From that Annuity Roll, 8,957 indi-

See Sommers Page 19

Rez Briefs

Twin Lakes Township meeting

The next Twin Lakes Township meeting will be Tuesday, Sept. 10 at 7 p.m. at the Pinehurst Resort dining room in Naytahwaush.

Healing Bridge offering new service

Healing Bridge is now offering private 1:1 breathwork sessions in Naytahwaush, Pine Point and White Earth! We utilize your most powerful tool - your breath - in a rhythmic pattern, guided by trained Holistic Health Practitioners, to release "stuck" energies and promote harmony in your body. Relatives typically report feeling "alive," "energized," and like a weight has been lifted off of them. Try it out by calling White Earth Mental Health at 218-983-6325 to schedule and specify you'd like to schedule a breathwork session.

Waubun School Forest information

Fall is here and hiking trails should be more pleasant. The trails at the Waubun School Forest all always open to everyone. It is located at 2541 State Hwy 113 (9.2 miles east of Waubun).

Reservation Community Picnics

Community picnics will be held from 4 to 6:30 p.m. in the following communities: **Elbow Lake** (shelter) - Sept. 7, and **Naytahwaush** (pow wow grounds) - Sept. 10. The events are sponsored by White Earth Behavioral Health CSOs, CHOWS, Overdose Response, and local community councils. These are drug and alcohol free events.

White Earth Urban Office

White Earth Urban Office is located at 1730 Clifton Place, Suite 100, in Minneapolis. The phone number is 612-813-1590 and the office is open Monday to Friday from 8 a.m. to 4:30 p.m.

Iron Range Area Community Council

The Iron Range Area Community Council holds a meeting on the second Thursday of each month at 6:30 p.m. at the Greenway Township Hall in Marble, Minn. The Council encourages everyone to attend.

Anishinaabeg Today Readers

Please let us know if you recently moved, or have moved in the past few years so we can cancel your old address. **Many papers are still being sent to old addresses!** Call the *Anishinaabeg Today* at 218-935-3569 or email today@whiteearth-nsn.gov.

Valleyview Commons

Valleyview Commons in Mahnomen has immediate openings for 1 bedroom units

Rent is based on 30% of your adjusted monthly income calculated per HUD guidelines up to a contract rent of \$615 and includes water, sewer and garbage.

Tenant is responsible for electric and heat.

Currently all ages and incomes welcome to apply!

For more information contact DW Jones Management. 218-547-3307 or apply at www.dwjonesmanagement.com



CREATING BETTER LIVING
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The Naytahwaush Harvest Fest is Sept. 7-8

News From District 3 Rep. Laura Lee Erickson

Aaniin Anishinaabe.

First, I would like to thank you all for attending the White Earth Nation Inauguration. Your presence was deeply appreciated as we embark on this journey together. We appreciate your commitment and look forward to working with each of you to achieve our ultimate vision for our community.

It has been a great month attending community events, consultations and meetings to discuss important issues.

In 2021, the Minnesota Legislature passed Minnesota Statute 10.65. This legislation has positive affects for Tribes by building relationships, promoting accountability to advocating for Tribes sovereignty and ensuring tribal voices are heard.

The State provides a Tribal State training team that provides training and education to Minnesota state employees about our tribal governments, our American Indian culture, history and traditions. The training rotates each month throughout the state of Minnesota to each reservation.

Here is the link for more information: <https://www.dot.state.mn.us/tribaltraining/>.

The staff does a great job.

Meetings/Events

8-1 Tribal leaders and staff met with Minnesota Department of Transportation to discuss roads, projects, right of ways. This coordination meeting is held once a year to work together to identify issues, priorities. A project study has been done on State Highway 113. McCraney Lake to Elbow Lake Village is a concern with the lack of pedestrian facilities, shoulders. MNDOT is searching for a grant.

Discussion about intersection in Waubun State Highway 113 and Highway 59. Options of a roundabout, lights for the intersection due to the newly built sidewalk and frequent car accidents. Drivers do not slow down coming through the intersection and now we have pedestrians crossing to EZ One Stop gas station.

8-5 Tribal leaders met with the Indigenous Parents Leadership Initiative. This group is doing a phenomenal job working with community members through a 23-week program. I encourage community members to check out the program.

8-6 White Earth Nation Inauguration at the Shooting Star Casino Event Center in Mahnomen.

8-7 Met with our finance construction team for an update on District 3 construction projects.

8-8 Tribal leaders met with Housing Authority Executive Director and Travois about a tax credit proposal for the Riverland apartments in Mahnomen.

I attended the Pine Point Community picnic and blessing of the pow wow grounds. We got rained on a bit, but community members stuck it out. The Community Service Officers (CSOs) provided a meal, drawings and other programs set up tables with drawings for prizes. Miigwech to the CSOs and other programs for making these picnics a success.

8-10 Attended Pine Point Traditional Powwow. I wanted to take a moment to express my gratitude for the events: Rez car parade, demo derby, Joe Bush Memorial 5k Walk/Run and traditional powwow hosted by the Pine Point Community Council and community members. The weather was beautiful and there was a variety of vendors. All 15 flag poles were filled with veteran flags to honor their loved ones. The upbeat atmosphere truly reflected the spirit Pine Point powwows are known for. This was one for the books, making it a memorable weekend for everyone who attended.

Congratulations to the new District 3 delegate



for the White Earth Constitution Reform Mike Swan.

8-13 Chairman Michael Fairbanks, Waabwigwan Executive Director, and I met with Bad River Tribal leaders. We discussed White Earth cannabis set up, codes followed by a tour of our dispensary and factory.

8-14 Tribal leaders joined White Earth Education staff for the opening of the 20th Annual Communities Collaborative Brain Development Conference at the Shooting Star Casino Event Center. Approximately 600 attendees registered for the conference. The conference brings together diverse community of experts, practitioners, parents, teachers, child care workers that are committed to learning more for our children. Miigwech to all for your commitment to our children.

8-15 I joined our Minnesota DNR staff and attorneys on a meeting with the Confederated Salish and Kootenai Tribes (CSKT) from Montana about their bison range.

8-16 District 2 Representative Eugene Sommers and I had the opportunity to join our urban staff for Employee Appreciation Day hosted by their management team. Being four hours away from our White Earth Tribal Headquarters has its unique challenges. We are proud to have dedicated individuals as part of our team and grateful for your passion for what you do that makes a significant difference in the lives of those you serve in the urban community.

8-19 Hubbard County SWCD and Legislative Subcommittee on Water Policy Water Tour and Reception. In the afternoon, I joined the bus tour of the watersheds, joint discussions on the hydrology and geology of the Straight River and Groundwater Management Decisions. A reception followed that included presentations: USGS-lakes, lake hydrology, stream and groundwater interactions, local geology and hydrology. Chairman Fairbanks and I were able to speak about the importance of our water, cultural resources. Kellen McArthur, White Earth hydrologist, attended the tour on behalf of White Earth.

8-20 I joined the Oshki-Ikwe Girls Empowerment event at the Shooting Star Casino. The girls made goat hide belts that they were able to design by picking out flowers, animals to trace on the hide, followed by painting or using markers. At lunch, mental health providers presented. In the afternoon, each girl had the opportunity to make a skirt.

8-21 We went to Pine Point to check on tiny home sites, ate lunch at the ENP site with elders. Fresh veggies were delivered to the ENP site. Our

See Erickson Page 28

SUICIDE PREVENTION & AWARENESS

Resources

Get in Touch with White Earth Mental Health

<p>White Earth-Indian Health Services 40520 County Road 34 P.O. Box 300 Phone: 218-983-6325 Fax: 218-983-3289</p>	<p>Mahnomen 224 N Main St. Mahnomen, MN 56557 Phone: 218-983-4703 Fax: 218-983-3289</p>	<p>Pine Point 48036 Pow Wow Highway Ponsford, MN 56575 Phone: 218-227-3888</p>
<p>Oshkii Manidoo- OMC 1741 15th St. NW Bemidji, MN 56601 Phone: 218-751-6553 Fax: 218-751-1846</p>	<p>Duluth 205 W 2nd St Suite 300 Duluth, MN 55802 Phone: 218-606-1705 Fax: 218-481-7405</p>	<p>Minneapolis 1730 Clifton Place Minneapolis, MN 55403 Phone: 612-813-1589 x 6630 Fax: 612-871-9380</p>

The Becker County & White Earth Reservation Mental Health Crisis 24/7 Hotline: Offers community outreach and support. Phone support and face-to-face support are both available. Please reach out during any time of crisis. Crisis is defined by the individual and tended to according to their individual level of care need.

988: 988 is now the three-digit dialing code that routes callers to the 988 Suicide & Crisis Lifeline (or 988 Lifeline). When people call, text, or chat with the 988 Lifeline, they are connected to trained counselors that are part of the existing 988 Lifeline network. Staff are trained to provide free and confidential emotional support and crisis counseling to people in suicidal crisis or emotional distress, and connect them to resources. These services are available 24 hours a day, seven days a week, across the United States.

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YOUR COMMUNITY. YOUR COLLEGE. YOUR FUTURE.

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APPLY FOR COLLEGE IN 3 STEPS!

- 1 APPLY**
Complete the online application at www.wetcc.edu or scan the QR code above.
- 2 TRANSCRIPTS**
Have your high school and college transcripts sent to White Earth Tribal and Community College.
- 3 VISIT**
Schedule a campus visit and take the college Accuplacer assessment.

REGISTER BY DECEMBER 18 FOR SPRING SEMESTER 2025.

FOR MORE INFORMATION, CONTACT OUR ADMISSIONS / RECRUITMENT COORDINATOR, AMBER FOX:
218.935.0417 Ext. 8330 | AMBER.FOX@WETCC.EDU

WETCC is an equal access, equal opportunity organization.

THE NEW PHONE NUMBER FOR THE ANISHINAABEG TODAY IS 218-935-3569

White Earth Tribal Historic Preservation Office is seeking next of kin for the following individuals

Work is underway at the White Earth Tribal Historic Preservation Office and Tribal Archives to document genealogy regarding the following individuals.

- Verna Fairbanks (estimated to have been around age 15 between 1930 and 1933)
- Charles Fairbanks (estimated to have been around age 24 between 1930 and 1933)
- Frederick Luey (estimated to have been around age 18 between 1930 and 1933)
- Ann Malessy (estimated to have been around age 18 between 1930 and 1933)
- Vera Murray (estimated to have been around age 16 between 1930 and 1933)
- Lloyd Roy (estimated to have been around age 13 between 1930 and 1933)
- Margaret Smith (estimated to have been around age 15 between 1930 and 1933)

- Nellie Sullivan (estimated to have been around age 16 between 1930 and 1933)
- Napoleon Giard, passed away in 1886 at Saint John's Industrial School
- Joseph Roy, passed away in 1889 at Saint John's Industrial School
- Felix Aemly, passed away at age 15 in 1890 at Saint John's Industrial School
- John Tawanamot, passed away in 1890 at Saint John's Industrial School
- Bishigis (Little Calf), passed away in 1890 at Saint John's Industrial School

The White Earth THPO office is grateful for any additional information that community may have including names and contact information for next of kin. Please contact Jaime Arsenault at jaime.arsenault@whiteearth-nsn.gov Miigwech!



Prevent Type II Diabetes

Are you ready to focus on your health?

Join us to learn more about a proven program to prevent type II diabetes (PT2). The classes will be offered for free by trained lifestyle coaches.

Why Join the PT2 Program?

- Learn about diabetes, its risk factors, and prevention strategies.
- Connect with others who share similar goals and challenges.
- Receive tailored advice from health professionals on nutrition, exercise, and lifestyle changes.
- Set achievable health goals and track your progress, enhancing motivation.
- Reduce the risk of developing Type 2 diabetes and other chronic diseases.
- Foster sustainable changes that lead to a healthier, more active life.
- Benefit from educational materials, workshops, and tools to aid your journey.
- Gain confidence in making informed health decisions and taking control of your well-being.

What We Offer

- Classes available in various White Earth communities based on interest
- Classes will be open to everyone aged 18 and older, not just those at risk for prediabetes



To learn more about PT2 classes, please contact 218-401-3079 and 218-401-2421



White Earth Council of Elders

By Tim Rindahl, Chairman

White Earth Nation Council of Elders

Aaniin,

Hope everyone had a great August and enjoyed that big, beautiful Sturgeon moon - soon the canoes will be in the water collecting our wild rice. May it be a good season with plenty of rice in everyone's pantry for the upcoming holidays right around the corner. We are in the harvest time of the year so save some of that sweet corn to go with the turkey and wild rice for Thanksgiving. Wade will be out and about with fresh veggies again. I tried some of the sweet corn and it was really good.

The Harvest Fest Pow Wow is Saturday, Sept. 7 and Sunday, Sept. 8 in Naytahwaush. The blessing of the grounds will be Thursday, Sept. 6 at 5 p.m. Hopefully we will have our Elder's booth up and full of information.

With winter coming up fast make sure that you have plenty of fuel to keep warm and plastic for the windows, if you need help putting up plastic reach out to either me or Sam. My contact is tim.rindahl@whiteearth-nsn.gov or text 218-261-0182. You can call Sam at 218-252-9390.

Don't forget to update your information with Water and Sewer to make sure that your driveway gets plowed because I think we are due for one heck of a winter with lots of snow and cold weather. Thankfully we have some programs out there to help us get through the winter so remember when you are reading the paper to circle those programs and numbers to call. Hang them on your refrigerator for easy access.

Some winter tips for the Elders - stock up on essentials so that you don't have to shop in inclement weather, dress for the weather, be careful walking on the snow because there might be ice underneath, and remember to check your carbon monoxide detector and make sure that you have fresh batteries. Never let your medicine get too low in case you are stuck in the house for several days, have a power outage preparedness plan in place, and watch for weather updates.

The Elders of White Earth Facebook page has information on upcoming events, weather updates and you can post what you would like to see happen in your area or if you know of something that might be of interest go ahead and post it.

We would like to see more programs attend the meetings with information that might be beneficial to the people and can be passed on to those that can't attend.

Remember that we have gyms in every community so that we may get out and exercise to stay healthy and strong, but it doesn't stop there - we have to eat right also, and as long as White Earth Agriculture is passing out fresh veggies make sure to grab a bunch and prepare them for the up coming winter months. Thank you Wade and Nicole and the rest of your team for these awesome fresh veggies.

Upcoming events:

- Elders Picnic on Sept. 18 / 10 a.m.-3 p.m. in Minneapolis
- TEC meeting on Oct. 29-30 at Leech Lake.

Upcoming meetings:

- Oct 1 - White Earth ENP Site after lunch
- Nov. 5 - Rice Lake ENP Site after lunch
- Dec. 3 - Naytahwaush ENP Site after lunch

As always please feel free to reach out to any of us on the council with any comments or concerns.

Please remember to check in on your neighbors, friends and family just to make sure that they are alright.

Sincerely,

Tim Rindahl (Chairman) / 218-261-0182

Sam Crowell (Vice Chairman) / 218-252-9390

Colleen Blattenbauer (Treasurer)

Monica Perrault (Secretary)

September is Suicide Prevention and Awareness Month

Boozhoo from White Earth Mental Health! September is Suicide Prevention and Awareness Month. It is a month to remember the lives lost to suicide, the millions of people who have struggled with suicidal ideation, and acknowledge the individuals, families, and communities that have been impacted. It is also a time to raise awareness about suicide prevention and share messages of hope.

During September, and throughout the year, we can care about suicide prevention; connect to community, culture, data, and research; and collaborate with others to address this public health problem that has impacted millions of Americans. One may wonder, how can I help?

Educate yourself and others about suicide prevention: Learn the warning signs and risk factors for suicide, how to support someone considering suicide, and familiarize yourself with the resources that are available such as White Earth Mental Health, the Becker County/White Earth Reservation Mobile Mental Health Hotline, and the 988 Suicide and Crisis Lifeline.

Suicide is preventable, recovery is possible, and help is available.

SUICIDE PREVENTION & AWARENESS


Warning Signs of Suicide:

- The behaviors listed below may be some of the signs that someone is thinking about suicide.

TALKING ABOUT:	FEELING:
<ul style="list-style-type: none"> Wanting to die Great guilt or shame Being a "burden" to others 	<ul style="list-style-type: none"> Empty, hopeless, trapped, or having no reason to live Extremely sad, more anxious, agitated, or full of rage Unbearable emotional or physical pain

CHANGING BEHAVIOR, SUCH AS:

- Making a plan or researching ways to die
- Withdrawing from friends, saying goodbye, giving away important items, or making a will
- Taking dangerous risks such as driving extremely fast
- Displaying extreme mood swings
- Eating or sleeping more or less
- Using drugs or alcohol more often



Minnesota Department of Corrections
1450 Energy Park Drive, Suite 200 | St. Paul, MN 55108
Main: 651.361.7200 | Fax: 651.642.0223 | TTY: 800.627.3529
www.mn.gov/doc

MRRRA Meeting for Minnesota Tribal Members


What:
Join Department of Corrections (DOC) Commissioner Paul Schnell to learn more about the Minnesota Rehabilitation and Reinvestment Act (MRRRA).

The Minnesota Rehabilitation and Reinvestment Act (MRRRA) will shift our focus from how much time people spend in prison to how people spend that time. The MRRRA creates incentives for people in the custody of the Department of Corrections to participate in and make progress toward individualized goals that they aid in setting when they start their time in prison. Policy development is underway and is expected to be published January 2025.

When:
September 16, 2024, 6:30 PM Central Time (US and Canada)

How to Register:
Please register in advance for this meeting by scanning the QR code below or by typing in the following website into your browser: <https://doc-mn-us.zoomgov.com/meeting/register/vjltc-6rqDkiHMNqVevXjOj2OjDAeoG4X0l>


After registering, you will receive a confirmation email containing information about joining the meeting.



Scan me

Email: mrra.doc@state.mn.us
Phone: (651) 361-7200

(This QR code will bring you to the Zoomgov Meeting registration website.)



Transforming lives for a safer Minnesota



MRRRA ROAD MAP



MRRRA Roadmap
(from start to completion)

An **Incarcerated Person (IP)**, committed to the Minnesota Department of Corrections, goes through the **Intake and Assessment** process. Based on their assessment results, they will work with a team to develop an individualized **Rehabilitation Plan**. From there, the person will be transferred to the **Appropriate Facility for Programming**. During their incarceration, they will **Engage in Identified Programming** which can lead to earning **Early Incentive Release** credits. Individuals will attend **Pre-Release Meetings** and if appropriate, participate in **Job-Readiness Training**. Prior to release, the individual, along with the case manager and assigned agent, will create an updated individualized **Rehabilitation Plan**. This plan will support their successful **Reintegration, Goal Attainment, and Community Supervision**. As individuals realize the goals in their supervision plan, they can begin earning **Compliance Credits** and, ultimately, **Supervision Abatement**. From intake through **Supervision Discharge**, the focus is on providing support to promote improved outcomes.



Your job search ends here
www.whiteearth.com

SEPTEMBER SUICIDE PREVENTION & AWARENESS MONTH

HOPE & HEALING EVENT

A community event focused on suicide prevention, awareness, and recovery.

SEPTEMBER 11, 2024 | NAYTAHWAUSH AT 4:00 PM | SPORTS COMPLEX

White Earth Behavioral Health invites the community to join us for this event.

Event will include an opening ceremony, education, speakers with lived experiences, feast, and cultural healing. Information booths will be set up with activities and door prizes.



September is National Cholesterol Education Month

National Cholesterol Education Month is an annual campaign aimed at educating the public about the importance of managing cholesterol levels. High cholesterol can increase the risk of heart disease, stroke, and other serious health problems.

Here are some key points about cholesterol:

- **LDL cholesterol:** Often referred to as “bad” cholesterol, LDL cholesterol can build up in your arteries and lead to plaque formation.

- **HDL cholesterol:** Known as “good” cholesterol, HDL cholesterol helps remove LDL cholesterol from your arteries.

- **Triglycerides:** Another type of fat in your blood that can contribute to heart disease.

To maintain healthy cholesterol levels, it's recommended to:

- **Eat a healthy diet:** Focus on fruits, vegetables, whole grains, lean proteins, and healthy fats.

- **Limit saturated and trans fats:** These types of fats can raise LDL cholesterol levels.

- **Maintain a healthy weight:** Excess weight

can contribute to high cholesterol.

- **Exercise regularly:** Physical activity can help improve cholesterol levels.

- **Quit smoking:** Smoking damages blood vessels and can raise cholesterol levels.

- **See your doctor regularly:** Regular check-ups can help monitor your cholesterol levels and identify any potential problems.

By taking these steps, you can help reduce your risk of heart disease and other cholesterol-related health problems.

- Submitted by *White Earth Public Health*

AT Readers

** Please let us know if you recently moved, or have moved in the past few years so we can cancel your old address. Papers are still going to old addresses.

Call the *Anishinaabeg Today* at 218-935-3569 or email today@whiteearth-nsn.gov

September



2024

waatebagaa-giizis Cultural Calendar White Earth Cultural Activities Monthly Schedule

Fire Lighting at all Sweats. Men are encouraged and welcomed to come and learn. For more information, please call: (218) 401-4357



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labor Day Holiday	3 NTW Moms Mat AFT 8 10-12 Mahnomen BH Teachings 10-12	4 NTW Moms staff Sweat 12pm	5 Acute 1-3pm RL/NTW @ ntw Men's Sweat 8pm	6 Crafty Friday 10-3	7
8	9 9am Tobacco OMC MAT Staff Aft 1 Mahnomen Drum 5-7pm	10 Pine Point AFT 9 10-12 Dove Sweat DD 12pm NTW Healing Feast 5-7pm	11 Gwayako AFT 1 10-12 OMC Sing 10-12 Cedar Healing Crisis Team Sports Cp. 9am	12 Circle Back AFT 2 3-5pm WE Drum 5-8pm Pine Point Women's sweat MC 8pm	13	14
15	16 9am Tobacco OMC Youth/Wm sweat/Cedar healing 3pm Mahnomen Drum 5-7pm	17 NTW Pole Renewal 10-12 WE Men's Sweat 8pm MB	18 Berry Fast Grad. 5pm WE Women's Sweat 8pm MC	19 WE RBC Pole renewal 10-12 Acute 1-3pm Pine point Men's Sweat 8pm KC	20 Crafty Friday 10-3	21 WE Urban Picnic
22	23 9am Tobacco OMC Staff noon sweat DD Mahnomen Drum 5-7pm	24 WE MAT Pole renewal 10-12 RL/NTW Women's sweat 8pm MC	25 OMC Singing 10-12 NTW Healing Feast 5-7pm	26 WE WESA Pole renewal 10-12 Circle Back Ojibwe 3-5pm WE Drum 5-8pm	27 Urban Ojibwe/Cedar Healing AM Sweat PM MB	28
29	30 9am Staff Parenting Cedar Healing 12-2 Mahnomen Drum 5-7pm					

THE DOCTOR'S CORNER

White Earth Service Unit Kicks Off Cancer Prevention Campaign

By **LCDR Philip Gorz, PharmD, BPCS**
White Earth Health Center

According to a recent cancer.gov report titled “The Nation on the Status of Cancer,” the overall cancer incidence rate from 2014 to 2018 was highest among non-Hispanic American Indian and Alaska Native people.

In June, the White Earth Service Unit began the “CAPE” Campaign. CAPE stands for Cancer Awareness, Prevention, and Early detection. This yearlong effort seeks to increase everyone’s awareness of recommended cancer screenings. Finding cancer in early stages can increase treatment effectiveness, reduce complications, and improve survival. Another goal of the campaign is to promote connecting with others by starting a conversation.



Each month, a specific cancer or cancer-related topic will be highlighted by the CAPE Campaign. You can find topic information communicated by various means such as displays at the clinics in White Earth, Naytahwaush, and Pine Point, as well as Facebook posts. You can scan the QR code in this article with a smart phone camera to take you to the White Earth Indian Health Service Facebook page.

June is designated National Cancer Survivor Awareness Month. Visitors at all three White Earth Service Unit clinics were invited to add a link to the “Chain of Hope” displays to represent themselves, a family member, or a friend. Each color represented a different type of cancer. At the end of the month, the display at the White Earth clinic (pictured below) had 181 links. In addition, the display at the Waabinoke Health Center in Naytahwaush had 79 links, and the display at the Pine Point Clinic had 23 links. The “Chain of Hope” highlights that cancer has impacted many of us in one way or another. We look forward to sharing more information as time continues onward.



Submitted photo

The White Earth Service Unit “CAPE” Campaign seeks to increase everyone’s awareness of recommended cancer screenings.



“Where’s your CAPE? Be someone’s hero today – support cancer awareness, prevention, and early detection for yourself or someone you love.”



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Waukazo selected for game showcasing Native players



Submitted photo

Dylan Waukazo, batting, is a White Earth Band member that was selected as one of 50 players across the country to attend the Native American Baseball Showcase recently held in Atlanta. The Showcase was hosted by the Atlanta Braves. Dylan participated in MLB workouts with former MLB players Terry Pendleton, Johnny Estrada, Marvin Freeman, and Greg McMichael. All players received uniforms and equipment from the Braves. They played a 9-inning game in Truist Park, the Braves' home stadium, with professional umpires and coaches. Dylan pitched and played second base. His team won 7-2. They were able to use all of the facilities and amenities at the stadium and were provided professional stats from the game. There were MLB and college scouts in attendance. It was a trip of a lifetime to be able to play at the stadium like MLB players. Dylan said he is truly grateful for the experience and support of the White Earth Band.

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*Licensed in Minnesota and White Earth Tribal Courts

Zebra mussels confirmed in Buffalo Lake

As of Aug. 8, it has been confirmed that Buffalo Lake near Richwood, Minn., has a Zebra Mussel infestation. Buffalo Lake is a known rice water.

Members should be aware of the infestation and ensure all water related equipment is cleaned prior to moving to a different water body.

Listed below are a few important precautionary measures to follow to ensure we contain invasive species to one body of water.

Clean - boats, paddles, poles/duckbills of any

excess weeds that may be attached.

Drain - water out of boats/canoes before leaving access point. Make sure to tip canoes over.

Dry - Boats/canoes, paddles, poles/ duckbills

Empty - any leftover water or vegetation left in boat before entering the next lake

Hunter Clark

Aquatic Invasive Species Coordinator
hunter.clark@whiteearth-nsn.gov

218-935-3937

WHITE EARTH NATION COMMUNITY WELLNESS & RECOVERY NAVIGATORS & Community Health Outreach Workers "OSHKABEWISAG" (HELPERS)

Mahnomen Navigator & C.H.O.W. CSO-Jedediah Desjarlait (218) 401-3829	Liaison for our Community	Community Service Manager CSO- Sue Hanks (218) 401-0415
C.H.O.W.- Dawn Basswood (218) 401-1216	Members for Programs offered on The White Earth Reservation.	Rice Lake Navigator & C.H.O.W. CSO-Shawn Goodman (218) 401-1989
N.T.W. Navigator & C.H.O.W. CSO-Dustin Keezer (218) 401-0576	-Access to Rule 25's	C.H.O.W.-Indy LaFriniere (218) 401-3828
C.H.O.W.-Heidi Goodwin (218) 401-4693	-Access to Mental Health.	Pine Point Navigator & C.H.O.W. CSO-Isaiah Smith (218) 401-3593
White Earth Navigator & C.H.O.W. CSO-Ryan Frye (218) 401-3844	-Access to Narcan	C.H.O.W.-Tricia Jones (218) 401-4695
C.H.O.W.- VACANT	-Housing Resources	
	-Assist with Ceremonies	
	-Host Community Events	

Overdose Response Officer
NTW: Michael Weaver (218)-401-2824
Mahnomen: VACANT
Rice Lake: Darrel Fox (218)-401-4739
Pine Point: Allison Jones (218)-401-0561
White Earth: Justin Brown (218)-401-3091

ATR Manager
Ralph Goodman (218) 401-3198

Behavioral Health Administrator
Jordan McArthur (218)-401-1071



GAAWAABAABIGANIKAAG

NTW

Healing Feast & Giveaway

WED 25 SEPT

5PM - 7PM
NTW BH BUILDING - CIRCLE ROOM

Speaker: TBA
Spiritual Advisor: Mike Bunker
Drum: Frank Stech

For more info: 218-401-4136



Cultural Fridays
Hosted by: White Earth Behavioral Health & White Earth urban programs

Every Friday 9am-12pm
212 West Franklin Ave Minneapolis, MN

Biindigen!

DRUM CIRCLE & SONGS
CULTURAL TEACHINGS
CULTURAL CRAFTS

-Open to the community!
-Light snacks and refreshments Provided
-Some crafts will have a limited number of spots and will require signing up

White Earth Band of Ojibwe

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Survivor Voices Workshop 2024

Sharing the Story of Suicide Loss

Survivor Voices: Sharing the Story of Suicide Loss is a National Best Practice program that teaches those bereaved by suicide how to speak safely and effectively about their loss. Survivors of suicide loss are key partners in suicide prevention and postvention. No one is more passionate about preventing further suicides and letting other survivors know they are not alone.

Stories of suicide loss told from the heart are powerful. They promote healing for those who are newly bereaved, educate the public about how to support survivors of suicide loss, and increase awareness of suicide risk factors and warning signs.

While some individuals who take Survivor Voices may never share their story publicly, participation in the training helps them with their own grief process and connects them with other survivors. For those who go on to share their stories publicly, they often use this new connectedness to energize suicide prevention and bereavement support efforts (i.e., starting a survivor of suicide loss support group, hosting a teleconference site, starting a Life Keeper quilt project, initiating a suicide awareness event).

The training prepares each participant to tell his or her story safely. Research shows that the words and content used to speak about suicide can be very influential in both positive and negative ways. While unsafe language can inadvertently put vulnerable individuals at higher risk for suicide, speakers who adhere to safe messaging in a carefully prepared story serve to educate others about suicide, reduce stigma and increase help seeking for mental illness.

The process of sharing stories and messages is very personal and intense. The training encourages and promotes mutual support and healing among participants. The small group size of no more than eight survivors allows time for sharing and caring. Participants will be interviewed to ensure they are emotionally ready to tell their story without having a setback in their own healing.

Survivor Voices training highlights:


- How to tell one's story of suicide loss safely and effectively, both publicly and privately
- Best practices and guidelines on safe messaging, media recommendations for reporting on suicide, and memorial or funeral services
- Greater comfort in telling one's story after having practiced it in a safe environment
- How to shape one's message for a general or specific audience
- How to safely respond to questions from audience or media
- Familiarity with suicide data, risk factors and warning signs, and resources for survivors and suicide prevention

Workshop Dates
The 2024 workshop will be conducted as a hybrid workshop, with two sessions online and one session in-person:

- Tuesday, Sept 10 **ONLINE** from 5:30 - 8:30 pm
- Thursday, Sept 12 **ONLINE** from 5:30 - 8:30 pm
- *Optional:* **ONLINE** Story Writing Support (date and time to be determined based on group needs)
- Saturday, Sept 21 **IN-PERSON** workshop in Bemidji 9:00 am - 4:00 pm

Audience:
Survivors of suicide loss who are interested in learning how to tell their story safely in public or private settings. Although each person grieves at his or her own pace, most survivors find that it takes at least two years after their loss before they are ready to share their story publicly.

Survivors of suicide loss who are interested in this workshop may apply by completing this online form:



<https://forms.gle/St16recTELN1sLEh7>

Questions? Contact David Goehi-Manolis, Suicide Prevention Coordinator, spc@namimn.org

NAMI Minnesota | 1919 University Ave W, Suite 400 | St. Paul, MN 55104 | 651-645-2948
namihelps@namimn.org | www.namimn.org



**3282 US HWY 59 S.
WAUBUN, MN 56589
218.935.3232**

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SANITATION	BUILDERS
Disposal for Appliances Tires Construction Demo Household Waste <hr/> TRANSFER STATION 218.935.3234	Construction Management Estimates Quality Assurance Pole Barn Estimates Rehab Construction Demo

Connect with us!




White Earth Community Apple Festival



Photos by Jackie Haugo

The first annual White Earth Community Apple Festival was held on Aug. 27 at the White Earth Community Center. There were information booths, apple recipes, free apples, a petting zoo, fun games, supper, fruit tree maps and apple tree pruning information. This event was a collaborative event held by White Earth Tribal Public Health, White Earth Childcare Program, White Earth Tribal and Community College, and White Earth Behavioral Health. If you would like more information from the event, call 218-936-8349 or email Extension@WETCC.edu.

Vig Guitar Shop named Minnesota's best



Submitted photo

Vig Guitar Shop owned by White Earth member Angela Vig and her husband Ted won Gold in the 2024 Star Tribune's Minnesota's Best Contest for Best Music Instrument Store. That makes two silvers and two golds! They are located at 595 Snelling Ave N. in St Paul. Their website is vigguitarshop.com and they are on the social medias.




Home Stretch

Homebuyer Education Class

Attend **ONE** all-day session to receive a Homebuyer Education certificate

September 11
October 16

All classes are 9am to 5pm
at
Shooting Star Casino
Mahnomen MN

White Earth Investment Initiative is an equal opportunity provider and employer.

Register online at weii.website or call 218-844-7057



MAHNOMEN + BAGLEY
STARCASINO.COM + 800.453.STAR



SHOOTING STAR BAGLEY ANNIVERSARY PARTY

HELP US CELEBRATE EIGHT YEARS!

Saturday, September 14 | 1PM-10PM

Enjoy food and drinks

Craft vendors

Bean bag tournament

Cash drawings

Tyler Steinle of 32 Below

VISIT STARCASINO.COM FOR FULL DETAILS



Proudly owned and successfully operated by the White Earth Nation.
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MINNESOTA STATE PARKS AND TRAILS

FIND
fall
COLORS

View fall colors at a Minnesota state park or trail.

mnDNR.gov/FallColors



FREE FINANCIAL WELLNESS COUNSELING

DO YOU WANT TO:

- CREATE A HOUSEHOLD BUDGET?
- SET UP A PERSONAL SAVINGS PLAN?
- BUY YOUR OWN HOME?
- ESTABLISH OR REPAIR CREDIT?
- SET FINANCIAL GOALS?

We can help! Financial wellness counseling is a service provided by White Earth Investment Initiative and made possible by support from Minnesota Housing, Minnesota Homeownership Center and the Oweesta Corporation. White Earth Investment Initiative is an equal opportunity provider and employer.

Call 218.844.7057 to schedule your appointment today!



That sense of calm you get when you watch the sunset from your new home?

We've got a loan for that.

White Earth Investment Initiative offers affordable home loans for those living in Native American communities. Apply at www.weii.website/home-loans/



This institution is an equal opportunity provider and lender.

(218) 983-4020 | www.weii.website



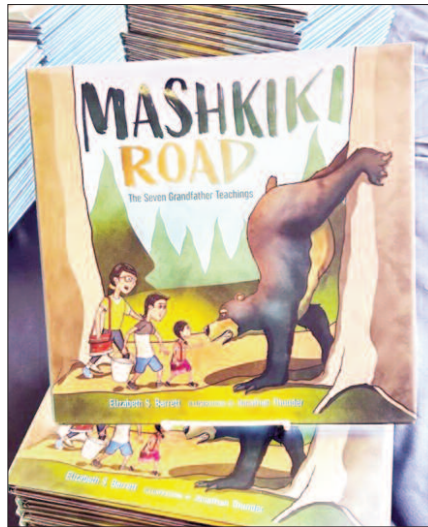
Reservation programs host special book reading

By Ana Kircher
White Earth Public Health

White Earth Nation Public Health and White Earth Tribal and Community College recently hosted a special event featuring renowned author Elizabeth Barrett and her captivating book, *Mashkiki Road: The Seven Grandfather Teachings*.

Public Health's mission is to improve the health and well-being of our community members through culturally relevant programs and services, and this event was a perfect example of that commitment.

Barrett's children's book is a powerful exploration of Anishinaabe spirituality and wisdom. Through the eyes of a young protagonist, the story delves into the seven grandfather teachings – wisdom, love, respect, honesty, humility, truth, and bravery – which serve as guiding principles for living a fulfilling life. The book's themes of resilience, interconnectedness, and the importance of honoring ones heritage resonated with our community members of all ages!



Photos by Ana Kircher

Mashkiki Road: The Seven Grandfather Teachings is a powerful exploration of Anishinaabe spirituality and wisdom.

Barrett is a prolific author whose works have been widely acclaimed. In addition to *Mashkiki Road*, her other notable books include *The Medicine Wheel: A Guide to Healing and Transformation* and *Sacred Plants of the North Woods*. These works offer valuable insights into Indigenous traditions, healing practices, and environmental stewardship.

Beyond the author reading and book signings, our event included a gift basket giveaway and activities, such as Baaga'adowewin (traditional lacrosse), backyard games, and a Medicine Run where youth had the opportunity to learn about our four sacred medicines: tobacco, cedar, sage, and sweetgrass. These activities provided a fun and engaging way for our community members to connect with our heritage and learn about traditional practices.

We are grateful to Elizabeth Barrett for sharing her wisdom and inspiring our community. Her work has helped promote a greater understanding of Indigenous traditions. We look forward to continuing to support initiatives that bring Indigenous voices and perspectives to our community.



Author Elizabeth Barrett reads her book, *Mashkiki Road: The Seven Grandfather Teachings* to youth at the White Earth Tribal and Community College.

WE Public Health is providing ABI testing in communities

You may need the ankle-brachial index test because you already have a PAD (peripheral arterial disease) Or you might have symptoms of PAD like:

- Pain when you climb stairs
- Heavy, numb, or weak legs when you exert yourself
- Less hair on your legs than normal
- One leg feels colder
- Skin looks pale or kind of blue
- Sores on your toes, feet, and legs that don't heal the way they should
- Toenails that grow more slowly than they once did
- Trouble getting an erection, often in men who have diabetes

Just being over 50 raises your risk for PAD. Other risk factors include: history of smoking, diabetes, high blood pressure or high cholesterol.

What happens during the test?

The test lasts for about 10-20 minutes. First you will lie down. The nurse will apply cuffs to both your arms and ankles. The nurse will let you relax in this position for a short time. You will feel pressure when cuffs inflate. The cuffs inflate one at a time to measure the blood pressure. Results are available soon after the test has finished. The nurse will give you the results and a referral if needed.

Before the test...

Try to refrain from caffeine, alcohol and tobacco for 1 to 2 hours before the test. Wear comfortable clothing-loose fitting sleeves and pants legs. Go to the bathroom so your bladder is empty.

White Earth Nation Tribal Public Health is going into communities to provide ABI testing.

To schedule an appointment nearest you for an ABI test, please call Lisa at 218-255-2204 or Eva at 218-280-6283. Both can be reached at 218-983-3286 just ask to be transferred to either.

Joe Bush Memorial 5K Walk/Run

The Joe Bush Memorial 5K Walk/Run was held Aug. 10 in Pine Point. Almost 120 runners/walkers registered with several people joining in at the last second and did not register. Here are the winners:

Men:

1. Jason Belland - 16:59 (best overall time)
2. Curt Buckanaga - 22:03
3. Blayne Smith - 23:18

Women:

1. Allie Kimball - 22:17
2. Tiffany Kimball - 25:58
3. Missy Yliniemi - 25:58

Kids 12 and under:

1. Kya Smith - 30:14
2. Carleen Arthur - 34:10
3. Abrielle Clark - 41:06

Women over 50:

1. Edith Smith - 57:47
2. Pat Miller - 1 hour and 1 minute
3. Susan Hanks - 1 hour and 2 minutes

Men over 50:

1. John Swan - 30:28
2. Mike Smith - 34:36
3. Ronald Buckanaga - 50:07

Several bikes given away during the event were donated by Jappy and Maureen Headbird.



Photos by Angie Bellanger

The Joe Bush Memorial 5K Walk/Run was held Aug. 10 in Pine Point during powwow weekend. About 120 people registered for the annual event. **Top:** Susan Hanks, left, Pat Miller and Edith Smith participated in the Women over 50 category. **Bottom:** Kids show off their bikes during a giveaway.

**White Earth Tribal and Community College
Community Extension
2024 Manoomini-Gabeshiwin**



Manoomin (Wild Rice)
September 20th – 21st
Little Elbow Lake Tribal Campground
9:00 AM – 3:00 PM

Join us at the 2024 Manoomini-Gabeshiwin *ji-giizhitooyang manoomin (as we finish wild rice).*

FRIDAY ACTIVITIES	SATURDAY ACTIVITIES
<ul style="list-style-type: none"> *Finishing Manoomin *Making Popped Manoomin *Making a Pinecone Birdfeeder *Nettle Teachings & Application *Playing Traditional Anishinaabe Games (Afternoon) 	<ul style="list-style-type: none"> *Finishing Manoomin *Nature Walk/Plant ID * Making a Pinecone Birdfeeder * Playing Traditional Anishinaabe Games (Afternoon)

This day camp is family-based with adults & youth participating together. (Youth may not be dropped off and left for the day.) Breakfast, lunch, and refreshments are provided. Participants may want to bring sunscreen, bug spray, a water bottle, and a camp chair to sit closer to activities. Come prepared for the outdoors by wearing appropriate clothing for hiking. Camping is on your own. The site is primitive but does include a water hand pump and outdoor toilet. No activities, meals or other services are provided in the afterhours.

Participants may register by completing and submitting the registration form, which is available on our website: www.wetcc.edu/extension or by contacting Maria Fatz at maria.fatz@wetcc.edu or by phone: 218-936-8349






This annual, free event is provided in collaboration between White Earth Tribal and Community College (WETCC)-Community Extension (Funding: USDA, NIFA), WETCC Culture and Language Programs, White Earth Nation Tribal Public Health (Funding: MN State Health Improvement Program), and White Earth University of Minnesota Extension. On-site access to the White Earth Natural Resources Department for the use of the Little Elbow Lake Tribal Park Campground! This institution is an equal opportunity provider.

How hard are you working? 'Talk test' is a simple way to assess intensity of your exercise

By Melissa McGuinness, PT, DPT
White Earth Service Unit

Exercising for health and weight loss: How hard should you be working?

It is becoming more well-known that the U.S. Department of Health and Human Services recommends that adults engage in at least 150 minutes of moderate-intensity aerobic physical activity each week in order to maintain their general health, circulation, and body weight. The Centers for Disease Control and Prevention (CDC), American Heart Association (AHA), and World Health Organization (WHO) also support this recommendation. This article will discuss ways to assess whether your weekly exercise routine is reaching at least a moderate level of intensity.

The CDC says that using the "talk test" is a simple way to assess the intensity of the exercise you are doing. If you can talk but not sing during exercise, you are engaging in moderate-intensity exercise. If you cannot say more than a few words without needing to catch your breath, you are likely engaging in vigorous activity, which is not necessary to maintain a healthy body and body weight. For most people, walking quickly (but not racing), bicycling slowly, and gardening are enough to reach a moderate-intensity workout. In order to achieve the recommended 150 minutes per week, many people break their exercise routine down into five 30-minute sessions. It is okay to break exercise sessions down into even shorter bouts, such as fifteen 10-minute sessions per week.

If you are healthy and not taking any prescription medications, you can also track your heart rate (found by taking your pulse or by a smart watch) to determine exercise intensity. For moderate-intensity exercise, your heart rate needs to reach 50 to 70 per-

cent of its maximum rate. Your maximum heart rate can be calculated by subtracting your age from the number 220. The best heart rate range for losing weight is generally 60 to 70 percent of its maximum. So a good way to calculate an ideal heart rate to exercise at for weight loss would be to subtract your age from 220 and then multiple that number by your desired percentage of maximum heart rate, as in the equation below:

$$(220 - \text{age}) \times (\text{desired percent of maximum heart rate}) = \text{Target heart rate}$$

For example, for a 30 year to exercise at 60 percent of their maximum heart rate, the calculation would be:

$$(220 - 30) \times (0.60) = 114 \text{ beats per minute}$$

You can also download free target heart rate charts online to minimize the need for calculations, such as the chart available on the American Heart Association website at <https://www.heart.org/en/healthy-living/fitness/fitness-basics/target-heart-rates>.

If you take prescription medications or have heart, blood pressure, or other health problems, it is best to talk to your health care provider about exercise recommendations. Some medications, such as beta blockers that are taken for high blood pressure or heart problems, can prevent your heart rate from increasing during exercise. If you are taking any prescription medications, you should ask your health care provider whether your medication(s) can be expected to affect your heart rate in this way. Using the "talk test" is often more appropriate than measuring your heart rate if you take certain medications. Remember that exercise programs can be modified to accommodate individuals with complex health conditions with some help from your medical providers and physical/occupational therapists.

White Earth meets with Minnesota commissioners



Photo by Richard Hanks

The White Earth Nation recently met with the Minnesota Department of Human Services (DHS) and the Department of Children, Youth and Families (DCYF) on Aug. 27 at the Shooting Star Casino. The two sides discussed several issues to include holistic and traditional funding, more funding for homelessness, mental health restrictions, Four Walls, Early Childhood services, and family wellbeing. From left are DCYF Commissioner Tikki Brown, District 3 Rep. Laura Lee Erickson, DHS Commissioner Jodi Harpstead, Chairman Michael Fairbanks, District 2 Rep. Eugene Sommers, and District 1 Rep. Henry Fox.

**WEBB
MOMS AND MATS PROGRAM
NOTICE!**

Are you or someone you know in need of support through the MOMS or MATS programs? We're here to help!

Contact Us:
Naytahwaush (NTW) MOMS/MAT
Phone: 218-935-3039
Alternate Phone: 218-935-4041

Notice:
Our 936 numbers are currently not working. For assistance, please reach out to us using the numbers above.

Please get in touch for support, resources, or any questions you may have. We are dedicated to providing the care and assistance you need.

White Earth Nation has a Facebook page!
www.facebook.com/WhiteEarthNation

Highlights of the annual Pine Point Traditional Pow-Wow



Photos by Gary W. Padrta

The annual Pine Point Traditional Pow-Wow was held Aug. 10-11. They had 269 registered dancers and 11 drums. The 2024/25 Pine Point Princess and Brave are Abrielle Clark and Blayne Smith.



Conference dedicated to helping youth development



More than 600 people attended the 20th Annual Communities Collaborative Brain Development Conference held Aug. 13-15 at the Shooting Star Casino in Mahanomen. The theme was "Continuing the Journey."

The conference featured keynote speakers, and several breakout sessions.

Conference organizers would like thank everyone that made the conference possible: Collaborative Conference planning team, Shooting Star Casino and their staff, Veterans from White Earth, Youth Royalty, Tribal Council, Conference speakers, sponsors, vendors, and all who attended.

Everyone's presence showed their commitment to children by taking time out of their busy schedules to learn, network, and share their stories as they collaborated to support children and their families and one another.

It was truly a success and we look forward to next years conference on Aug. 12-14, 2025.

Keynote speakers included Ron Shuali, top left, Albert Pooley, top right, and breakout session presenter Wynonna Toeaina, right.



Photos by Gary W. Padrta

Robbins receives Norcross Award



Submitted photo

Beverly Robbins received the Margaret Norcross Memorial Award during the recent Pine Point Traditional Pow-Wow. In addition to the award, she was gifted \$200. The award and money was sponsored by the Pine Point Community Council. The award is for an adult or elder in the Pine Point community who has made a significant contribution or commitment to tradition, education or service to the community.

Looking good for school



Photo by Gary W. Padrta

District 2 Representative Eugene Sommers takes a little off the side on Bryce King-Hanks Jr. during the Circle of Life Academy Open House on Aug. 28. Sommers volunteered his time to make sure students are looking good for the first day of school on Tuesday, Sept. 3.

Circle of Life Academy - 2024/2025 Calendar

July 2024							August 2024							September 2024							October 2024						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
1	2	3	4	5	6		4	5	6	7	8	9	10	1	2	3	4	5	6	7	6	7	8	9	10	11	12
7	8	9	10	11	12	13	11	12	13	14	15	16	17	8	9	10	11	12	13	14	13	14	15	16	17	18	19
14	15	16	17	18	19	20	18	19	20	21	22	23	24	15	16	17	18	19	20	21	20	21	22	23	24	25	26
21	22	23	24	25	26	27	25	26	27	28	29	30	31	22	23	24	25	26	27	28	27	28	29	30	31		
28	29	30	31											29	30												

November 2024							December 2024							January 2025							February 2025						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
3	4	5	6	7	8	9	1	2	3	4	5	6	7	5	6	7	8	9	10	11	2	3	4	5	6	7	8
10	11	12	13	14	15	16	8	9	10	11	12	13	14	12	13	14	15	16	17	18	9	10	11	12	13	14	15
17	18	19	20	21	22	23	15	16	17	18	19	20	21	19	20	21	22	23	24	25	16	17	18	19	20	21	22
24	25	26	27	28	29	30	22	23	24	25	26	27	28	26	27	28	29	30	31	23	24	25	26	27	28	29	
							29	30	31																		

March 2025							April 2025							May 2025							June 2025						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14
9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21
16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28
23	24	25	26	27	28	29	27	28	29	30				25	26	27	28	29	30	31	29	30					
30	31																										

Legend	Holidays, Interactions, & Break	Important Dates	Times
Interference or Break-Holidays	Aug 28 th Open House Sept. 3 rd First Day of School	Open House August 28 th	Start Time: 8:15 a.m.
1 Day Students & Staff	September 2 nd Labor Day	September 30 th Every Child Matters-Orange	Dismissal Time: 3:30 p.m.
Events	October 17 th No School Students Staff PD	Homecoming Week October 7 th - 11 th	Breakfast:
Staff Professional Development & 1 Day for students	October 18 th No School	Picture Day K-11 - October 24 th	K-12 - 8:00 a.m. to 9:30 a.m.
COLA Board Dance March 14 th	November 1 st Veterans Day observed	Rock Your Music November 12 th - 18 th	Lunch:
COLA Powwow October 25 th	November 28 th - 29 th Thanksgiving Break	COLA Family Feast - November 27 th	K-2 - 11:00 a.m. to 11:20 a.m.
Family Night 4:30pm - 6:00pm	December 23 rd - January 2 nd Winter Break	Winter Solstice Festival - December 20 th	3-8 - 11:00 a.m. to 11:26 a.m.
COLA Production and Last Day	January 20 th Martin Luther King Day	Fashion and Art Show - February 28 th	6-8 - 11:36 a.m. to 12:05 p.m.
Parent and Teacher Conferences	February 17 th President's Day	Ribbon Skirt Month - April	9-12 - 12:05 p.m. to 12:45 p.m.
Make Up Snow Days (if needed) / Summer Interactions	April 17 th - 21 st Spring Break	COLA Prom - April 26 th	Student Total: 168
	May 25 th	MMIW - May 6 th	Staff Total: 175
		Last Day of School - May 22 nd	

November 1 - Quarter 1 Ends - 42 Days	January 17 - Quarter 2 Ends - 42 Days	March 31 - Quarter 3 Ends - 43 Days	May 22 Quarter 4 Ends - 41 Days
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Attention New Homeowners & Existing Homeowners

If you are in need of a Well & Sewer system for your house/trailer home, you can contact the White Earth Water & Sewer Department

Requirements to qualify for the grants are:

- White Earth Tribal enrolled member
- Reside on the White Earth Reservation
- Proof of the Land in which you own, Fee land (Land Deed/Warranty Deed or Tribal Trust Land (Tribal Trust agreement)
 - Proof of home ownership
 - Eighteen (18) years of age or older
- Must have electricity, heat source and interior plumbing to the home

Contact us at 218-983-3202



"NOTICE"

CHANGE IN PHONE/FAX NUMBERS

WHITE EARTH NATION CHILD SUPPORT PROGRAM

PO BOX 387 / WHITE EARTH, MN 56591

**PHONE: 218-935-3512 (Direct Line)

**FAX: 833-859-0834

Office Hours: Mon-Fri 8 am- 4:30 pm

They were jamin' at the 2024 Berry Camp

The White Earth Tribal and Community College (WETCC)-Community Extension recently hosted their 2024 Berry Camp at the Little Elbow Lake Tribal Campground.

Twenty-four participants enjoyed the many activities offered, such as: Berry picking, homemade jam making, berry vinaigrette making, the individual creation of a natural bug/tick repellent, and more. Participants were offered the opportunity to engage in Anishinaabeg traditional games, which provided real time application of Ojibwemowin.

This camp was made possible through funding from USDA/NIFA. They greatly appreciate their community partners: White Earth Nation Tribal Public Health, White Earth Tribal and Community College (wetcc.edu) and Facebook (Facebook) page of the campground.

WETCC will host their Annual Manoominike-Gabeshiwin (Wild Rice Camp) on Sept. 20-21 at this same location.

If you are interested in attending or would like more information on seasonal camps, please contact Maria Fatz, WETCC Community Extension Coordinator at Maria.fatz@wetcc.edu or call 218-936-8349. Follow along on their webpage (Extension - White Earth Tribal and Community College (wetcc.edu)) and Facebook (Facebook) page for upcoming events.



Photo by Maria Fatz

The 2024 Berry Camp was recently held at the Little Elbow Lake Tribal Campground. Diane McArthur, WETCC Community Extension Supervisor, demonstrates how to pour jam in a jar.

Sleep is key to help a child achieve full potential in school

A good night's sleep is crucial for children's physical, cognitive, and emotional well-being. It plays a vital role in their ability to learn, focus, and behave appropriately at school.

Why is sleep so important for school-aged children?

- **Improved cognitive function:** Sleep helps consolidate memories and enhances problem-solving skills.
 - **Better mood and behavior:** Adequate sleep can reduce irritability, impulsivity, and emotional outbursts.
 - **Enhanced concentration and focus:** A well-rested child is better able to pay attention in class and complete tasks.
 - **Stronger immune system:** Sleep helps the body fight off infections and stay healthy.
 - **Healthy growth and development:** Sleep is essential for physical growth and development, especially during childhood and adolescence.
- How much sleep do school-aged children need?
- **Ages 6-12:** 9-12 hours per night
 - **Ages 13-18:** 8-10 hours per night

Tips for promoting better sleep in school-aged children:

- **Consistent sleep schedule:** Establish a regular bedtime routine and stick to it as much as possible, even on weekends.
- **Create a sleep-conducive environment:** Ensure the bedroom is dark, quiet, and cool.
- **Limit screen time:** Reduce exposure to electronic devices, such as smart phones, tablets, and computers, before bedtime.
- **Avoid heavy meals and caffeine before bed:** These can interfere with sleep.
- **Manage stress:** Help children develop healthy coping mechanisms for stress, such as relaxation techniques or mindfulness.
- **Address any underlying medical conditions:** If your child is having trouble sleeping, consult with a healthcare professional to rule out any underlying medical issues.

By prioritizing sleep, you can help your child achieve their full potential in school and beyond.

- Submitted by White Earth Public Health

Do you need Behavior Health services for your child?

The First Thunderbeing House has services available in the following programs:

Circle Back Center can provide Comprehensive Substance Use Assessments, Adolescent outpatient (High and Low Intensities).

Juvenile Healing to Wellness Court: This program can offer restorative justice work that can improve a child's court outcome and use a team approach to restoring a clean legal record.

Dually Involved Youth services: In DIY we offer supportive case management services to area youth in regards to school, mental health or substance use services.

If you have any questions or would like to get more information please call us at 218-983-4693 or 218-401-3973.

Our offices are open Monday through Friday from 8 a.m. to 4:30 p.m.

You can reach the Anishinaabeg Today at today@whiteearth-nsn.gov

WHITE EARTH
Community Farmer's Market
Growing Healthy Families & Communities

Thursdays from 3-6 pm

The White Earth Community Farmer's Market offers fresh, locally grown produce, baked goods, and arts/crafts.

Thursdays, 3-6 PM

Begins June 6th through October 3rd (weather permitting)
South Main Street, Mahanomen, MN

Our market accepts:
WIC; Farmers' Market; and Senior Farmers' Market Nutrition Program
Checks and we have Hunger Solution monies for EBT/SNAP cards.

Come join the fun!

To access current happenings/news, check out the market's FACEBOOK pages at:
<https://www.facebook.com/WhiteEarthNation/>

LOOKING FOR VENDORS!

If you would like to be a vendor or have questions regarding the market, please contact:

MARKET MANAGER Eva Brakefield 218-983-3286 Ext. 1249 eva.brakefield@whiteearth-nsn.gov	or	CO-MARKET MANAGER Maria Fatz 218-935-6417 maria.fatz@wetcc.edu
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The Market is a collaboration between White Earth Nation Tribal Public Health, the City of Mahanomen, and the White Earth Tribal and Community College Extension Service.

Tribal health professionals honored by IHS



Submitted photos

White Earth health professionals were recently honored for their dedicated work providing health care to residents of the reservation at the Bemidji Area Director's Award ceremony on Aug. 16 at the Shooting Star Casino. The White Earth Home Health Agency and the White Earth Quality Assurance Team were recognized for their innovation, and exceptional performance ensuring quality service to patients, stakeholders and partners. In addition, Dr. Carson Gardner was honored with a Director's Award for Excellence in Pursuit of Health Care Equity. In other news, Rachel Lafrinier and Fran Carlson received the 2023 Director's Award for the White Earth Reservation Ambulance and White Earth Harm Reduction Team from IHS Director Roselyn Tso at an awards ceremony on Aug. 30 in Rockville, Maryland.

Sommers from Page 5

viduals were enrolled, and today, we have 5,348 enrolled members who do not meet the 25% blood quantum requirement.

It feels unjust to exclude Ojibwe people who aren't part of the MCT, but it seems even more problematic to deny membership to someone with 24% Ojibwe blood while allowing someone with less than 5% Ojibwe blood to be a member. Our enrollment system is flawed, and I am committed

to addressing this issue before the end of my term.

Contacts

Eugene Sommers
 Eugene.Sommers@whiteearth-nsn.gov
 Office phone: 218-983-3285, Ext. 5921
 Cell phone: 218-396-9502

Christopher Vanwert Jr.
 Christopher.Vanwert@whiteearth-nsn.gov
 Cell phone: 218-850-2533

Rez boys and girls learn cultural traditions



Photos by Gary W. Padrta



Submitted photo

The Oshki Inini Boys Empowerment Event was held Aug. 22 at the Shooting Star Casino. Boys ages 12-15 learned to build hand-drums, drum sticks, make ribbon shirts, and listened to youth empowerment speakers. The Oshki Ikwe Girls Empowerment Event was held Aug. 20 at Shooting Star. Girls ages 12-15 learned to make belts and skirts, and also had youth empowerment speakers.

VOTE
For Becker County Commissioner

REASONS TO
 VOTE FOR ME

- ★ Integrity
- ★ Character
- ★ Honesty
- ★ Collaboration
- ★ Leadership

JACK HEISLER
DISTRICT 5 COMMISSIONER

5th NOVEMBER
2024

Your Priorities
are
My Priorities

Paid for by Jack Heisler
made with PosterMyWall.com

Minnesota Chippewa Tribe
“Constitution Education”

When: Wednesday, September 25, 2024
Time: 5:00 – 9:00 PM

- Supper Meal at 5:00-6:00
- Program begins at 6:15

Location: Shooting Star Event Center
Mahnomen, MN

This event is sponsored by the White Earth Constitution Reform Delegates

Invited Speakers:

John Morrin	(Grand Portage)
David Aubid	(McGregor)
Mike Swan	(White Earth)
Eugene Sommers	(White Earth)

This event is for our MCT-White Earth tribal members to gain knowledge of the MCT Revised Constitution. You will; learn the process to make change/amendments to the Constitution, have the opportunity to ask questions, give input and suggestions to our White Earth Delegate Group. Our member input is very important, please join us-we look forward to visiting with you. This event is free..

White Earth Food Shelf September 2024 Delivery Schedule				
Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
CLOSED	Callaway 10am-noon	Rice Lake 10am-noon	NTW Walk in's	Cleaning, Inventory
	Nijiji Radio	ENP-Site	Stocking Shelves	
LABOR DAY	NTW CLOSED	NTW CLOSED	9am-3pm	CLOSED
9	10	11	12	13
NTW	Elbow Lake 10am-noon	Pine Point 10am-noon	NTW Walk in's	Cleaning, Inventory
Walk in's	ENP Site	ENP Site	Stocking Shelves	CLOSED
9am-3pm	NTW CLOSED	NTW CLOSED	9am-3pm	CLOSED
16	17	18	19	20
NTW	White Earth 10am-noon	Ogema 10am-noon	NTW Walk in's	Cleaning, Inventory
Walk in's	ENP Site	Dream Catcher Homes	Stocking Shelves	
9am-3pm	NTW CLOSED	NTW CLOSED	9am-3pm	CLOSED
23	24	25	26	27
NTW	Waubun 10am-noon	Mahnomen 10am-noon	NTW Walk in's	Cleaning, Inventory
Walk in's	Community Center	Vet's Building	Stocking Shelves	CLOSED
9am-3pm	NTW CLOSED	NTW CLOSED	9am-3pm	CLOSED
30				
NTW				
Walk in's				
Stocking Shelves				
9am-3pm				

Please complete an application. Applications are available at your Community and ENP Center.
 Hours are subject to change depending on closures and weather thank you
 On community day's Naytahwaush warehouse will be closed with no pick ups in NTW
 please feel free to contact the White Earth Food Shelf at 218-935-6313 or 218-935-6314

You can reach the Anishinaabeg Today at 218-935-3569

BRODEEN & PAULSON, P.L.L.P.

M E M O R A N D U M

TO: Minnesota Chippewa Tribe, Tribal Executive Committee

FROM: Philip Brodeen, Legal Counsel

DATE: July 22, 2024

SUBJECT: Plan for Addressing Outstanding Issues Related to Removing the Secretarial Elections from the MCT Constitution

On April 23, 2024, the Tribal Executive Committee of the Minnesota Chippewa Tribe instructed legal to prepare a resolution that would remove the Secretary of Interior from the constitutional amendment process. I presented a resolution to that effect at the Quarterly TEC Meeting on July 8, 2024. (See attached). Before moving forward with the resolution, there are four important topics that we must address:

- 1.) Who or what will be replacing the Secretarial Election Process?
- 2.) Is the 30% requirement still relevant to the MCT?
- 3.) What constitutes 30% and will the BIA have a different interpretation?
- 4.) When should this Secretarial Election occur and will any waivers be necessary?

The TEC discussed receiving input from the RBC's, Constitutional Committee, and individual communities. After receiving input, the TEC will utilize an Ad Hoc Drafting Group to draft tribal law that would replace the Secretarial Election process with a uniquely tribal process. Below is a proposed schedule that would allow this item to be voted on at the Quarterly TEC meeting on October 30, 2024.

<p>August</p> <ul style="list-style-type: none"> • RBC discussions • Community discussion • MCT Legal meets with Constitutional Convention to discuss item 1 (above) • RBC's designate 2 representatives for Ad Hoc Drafting Group 	<p>September</p> <ul style="list-style-type: none"> • Ad Hoc Drafting Group meets to discuss item 1 • Drafting Group creates a process that will be codified in MCT law to replace the Secretarial Election Process • Draft is circulated to TEC members 	<p>October</p> <ul style="list-style-type: none"> • Draft circulated to RBC's, Constitutional Committee, and communities • TEC adopts Resolution requesting a Secretarial Election and review/approve the draft process
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Ojibwemodaa.2!

Lets all speak Ojibwe! Aaniin, Boozhoo.; Greetings. Ojibwemowin involves 4 communication skills; speaking, listening, reading and writing. This is the Double Vowel writing system. Refer to The Concise Dictionary of MN Ojibwe, by John Nichols & Earl Nyholm. Respectfully ask an elder, family and friends to speak Ojibwe within your circle.

Abinoojiwin•Infancy Bilingual: To speak two languages-Give their gift of Ojibwemowin. Speak daily to our Nation's youngest. Birth to age five best promotes bilingualism! Pronounce by syllables: Boo zhoo! Aa niin e zhi -a yaa yan. - Greetings! How are you? Nimino-ayaa, giin dash?. I am well, you also? ••USE Ojibwe Vowel sounds in "syllables": consonant(s) & vowels >

- "Boozhoo abinoojiin. Sh-sh. Aaniin ezhi-ayaayan?" ("Hello child! Sh-sh. How are you?")
- "Gimookwanaandam ina?" ("You are crying as you are hungry?")
- "Daso-diba'iganed. Ambe omaa." ("It is the hour/time. Come here.")
- "Niwii-wewebinaawas gaye." ("I will-rock the baby also.")
- Abinoojiinyens, Biibiyens(ag) (Baby. Baby (ies))"

Aaniin ezhi-ayaawaad?
How are they?
Gidojibwem ina omaa?
You speaking Ojibwe ? here?
Eya! **Nindoojibwem omaa.**
Yes! I speak Ojibwe here!
Ojibwemowag noongom.
They speak Ojibwe now.

Find the ten(10)underlined Ojibwe words in the wordfind.

Oshki-nitaawigiwin•Young Adult•Teen

Do you use the book or online Ojibwemowin dictionary? Online you can search and listen to words in English or Ojibwe. I'd like to suggest you start a **language table** meeting at home or with friends. Learn phrases each week! Or create a spot at school: Daily Ojibwe Word/Translation poster. Add words or phrases to post in your home or community." Noongom Ojibwemon!-Now/Today Speak! Miziwe! - Everywhere!

Again-Miinawaa! It is so important to "SPEAK OJIBWEMON to OTHERS often!"

OUR language is losing us."

~Migwech to Autumn (2014) for her wisdom~

Niminwendam! - I am happy!

Ojibwemodaa!-Let's all speak!

Listen/Speak w/dictionary online.

Goal: Learn one word a day.

Use a weekly list: Ojibwemon!

K O W A A
A A N I I N
P G M E Z O M
I A I B H O W A
T Y E A E M B Y W
N E N O O K A A S I
Y B I S B E A G H T H
O M A A S H P B E I K A
Z B I I B I I Y E N S N
N H M T I Z H G O W A A
S E A B I N O O J I I H
W Z N I J G W I A H E B

Howah! Vowel Sounds!
Specific to Ojibwe!
***Longer voiced vowels:**
AA (baa), II (teen),
OO (moo), E (cafe)
***Short voiced vowels**
A (about), I (tin), O (only)
A glottal stop * is a
voiceless nasal hesitation
as dash in: oh-oh

Nitaawigiwin • Grownup Gichi-Manido Gitigaan. Great-Spirit Garden.

- Book: *Plants. Used By The Great Lakes Ojibwe. 1993.*
- GLIFWC. *Odanah, WI.*
- Wiigobaatig _____
- Ininiinaatig _____
- Mitigomizh _____
- Giizhik _____
- Wiigwaasi-mitig _____
- Zhingwaak _____
- Mashkiigwaatig _____
- Maazaanaatig _____
- Wiingashk _____
- Neemidi moccasin _____
- Oginuiminagaawanzh _____

Review: V for 4 types of verbs. They are action and feeling words used for what we do and feel. Niizho/2 types: Inanimate (used with non-living objects) and Animate (living persons). Sentences are spoken using patterns in each verbs classification. Transitive verbs "transfer" action/feeling meaning for living/Animate persons (S/he), and to non-living/Inanimate things.

VAI -Verb, Animate, Intransitive ("S/he" verbs.)
Root verb is 3rd person. (Anokii.-S/he works.)
VII's-Verb, Inanimate, Intransitive. (It is, verb.)
VTI's. -Verb, Transitive, Inanimate
-for non-living things. Ninzaagitoon apabiwin.
VTA's-Verb, Transitive, Animate
-for living/him/her. Ninzaagi'aa animosh.
VTI: I like it a chair. VTA: I like h/her a dog.
All Ojibwe nouns for things pluralize with the "n" ending (-n, -an, -oon)
Ojibwe words for living things pluralize with endings like -g, -wag, -ag, -yag.

Waatebagaag-Giizis- September
Binaakwe-Giizis- October
Gashkadino-Giizis- November

•WE Resources
<https://whiteearth.com/divisions/culture/services>
•Search/Listen: Ojibwe People's Dictionary
<https://ojibwe.lib.umn.edu>
•Great Lakes Indian Fish & Wildlife Comm.
<https://www.glifwc.org/>
•Clipart: wpclear.com/

Gichi-aya'aa•Elder

Aaniin ezhibinikaazod wa'aw giizis? What/how is s/he called this moon/month? Waatebagaag-Giizis -S/he's called Bright Leaves-Moon.(Sept/October). Gemaa/also: Manoominike-Giizis wa'aw giizis. -Wild Rice-Moon this moon. (Aug./Sept.). Aandi gaa-izhaawaad? Abinoojiyag, wii-izhaawag imaa gikinoo'amaadiiwigamigong. Gaye, wayiiba niwii izhaa imaa. Niwii-kikinoo'amaawaa. Daga namadabin! Daga bizindan! Gigikendaasom. Dazhiikan omaa! Gichi-Miigwech!
"Where did-go they? Children, they'll go there to the knowledge bldg./school. Also, soon I'll-go there. I will-teach them. Please sit! Please listen!
You all are smart. Work at/be involved here!
Big Thanks!

Ninzaagitoon
Gid-Daga
Wegonen
Nimbagosendaan

1. _____ Anishinaabeg Today!
Thank you W.E. monthly chronicle!
2. _____ anishinaabewibii'an. - **You** write it in Ojibwe/Anishinaabe language.
3. _____ waa-gashkitoonaawaa! Maamakaajichigeg!
I hope/wish you all will-be able to do it. All do amazing things!
4. _____ gaa-izhaawag? Ojibwemowag omaa. Howah!
What were they doing? They are speaking Ojibwe here. Alright!
5. _____ Ojibwemotaw! Bezhigo ikidowin gabe giizhig noongom.
Please speak Ojibwe to him/her! One word every day now/today.
Ojibwemodaa! - Let's all speak Ojibwe! September©2024 Shelly Ceglar

Ojibwemowin/Anishinaabemowin is an "indigenous language"; meaning it is native to a region, is spoken by the region's original groups and has minority language status. "Dialect" is region-specific unique speech patterns or word use within the same language. "Orthography" is a standardized way of writing the language. The Double Vowel orthography is commonly used in teaching Ojibwe in MN & WI circles.
MIIGWECH! Share your Ojibwemowin successes, knowledge, resources, how you learn, and help others!

White Earth urban members attend inauguration

On Aug. 5-7, the White Earth Urban Community was able to take a bus trip to attend the 2024 White Earth Inauguration. Those that attended the inauguration on Aug. 6 had an enjoyable day with family and friends while watching the event and tasting the delicious food.

A tour of the beautiful new Naytahwaush Health Care Center was an amazing experience. The community is now able to access modern health care close to home without traveling the distance they had to in the past. Thank you Naytahwaush Health Care Center for the opportunity to see the dream and reality of the new clinic.

The final leg of the bus trip was the visit with Margaret Rousu, Director at the Nijiji Radio Station and White Earth Land Recovery Project (WELRP) in Callaway.

Margaret shared the projects WELRP has worked on which included giving back land to White Earth which WELRP owned.

Terry Goodsky shared information on Nijiji radio where he has an early morning program. Thank you to the staff at White Earth Land Recovery Project for the delicious luncheon. Maggie, not only do you have an amazing staff, you are all great cooks!

Chii-Miigwech to White Earth RBC for your on-

going support, and giving the urban community the opportunity to visit our reservation communities. You are appreciated.

White Earth Urban Community Council



The White Earth Urban Community was able to take a bus trip to visit family and friends on the reservation.

Top: Members get settled in on the bus for the trip from Minneapolis.

Middle: Chairman Michael Fairbanks welcomes urban members to the White Earth Inauguration.

Right: Margaret Rousu, Director of the Nijiji radio station and White Earth Land Recovery Project welcomes members to their Callaway building.



Photos by Char Lee

A DAY OF INDIGENOUS YOUTH, SCIENCE, HEALTH AND MEDICINE

MASHKIKI MAAMIGINAN

Friday October 11, 2024 9-1
White Earth Tribal Community College
With lunch and swag provided for all youth and staff

RSVP MEGAN LHOTKA LHOTK025@UMN.EDU OR CALL 218-401-0184 FOR MORE INFORMATION ON ATTENDING. CHII MIIGWECH!

Sponsored by: Center of American Indian and Minority Health University of Minnesota Medical School, W.E.T.C.C. and Medica

Native American Students interested in a health related or science career are invited to join us for our first of three events on Oct. 11 from 9 am-1 pm. School districts being invited are: Waubu-Ogema-White Earth, Circle of Life Academy, Mahnomon Public School, and Detroit Lakes Public school. The targeted audience is Native American youth in grades 7-12. Registration forms will be sent to each district when school resumes in the fall. Traditional teachings and practices will open the event in a good way. Dr. Laura Lhotka (White Earth descendant) and Dr of Family Medicine will keynote this event.

SHOOTING STAR

NOW HIRING

We're looking for talented and energetic people to join the Shooting Star team! Find the perfect position for you in gaming, hospitality, facilities and more!

FIVE STAR REASONS TO APPLY

- Paid time off
- Retirement plan
- New living wage salary plan
- Free parking and meal discounts
- Medical, dental, vision, life and disability insurance

Apply now at StarCasino.com/Employment

IN NEED OF SEPTIC PUMPING

If you need your sewer system pumped call the White Earth Water and Sewer Department at 218-983-3202.

- Tribal Enrolled Elder (55 years of age or older) - \$25
- Tribal Enrolled Member (54 years or younger) - \$80
- White Earth Business - \$115
- Non-enrollee (any age) - \$185
- Businesses - \$225

(You must reside on the White Earth Reservation)

You can reach the newspaper at today@whiteearth-nsn.gov

Special Events

- **Diabetic Bingo**
Canceled for September

White Earth Elder Nutrition Program

Gaawaabaabanganikaag Ogikaag Miniwanjige

“White Earth Elder Eating Good”

Waatebagaa (Leaves Changing Color Moon)- September

Elder Nutrition Program Information

*Daily Menu includes 1% milk, and provides 1/3 of the Recommended Daily Allowance (RDA) set by USDA guidelines, with health conscious and cultural consideration to overall well-being.


*Menu is subject to change depending on product availability and/or schedule changes

Elders Suggested Donation \$4
Guest Meals \$6

Questions or comments please contact :
White Earth ENP Site (218) 983-3744
Elbow Lake ENP Site (218) 734-2315
Pine Point ENP Site (218) 573-2210
Site Supervisors ~Angela Clark and Tanya Heinonen

Naytahwaush ENP Site (218) 935-5554
Rice Lake ENP Site (218) 694-2795
Site Supervisor ~ Sherry Halberg

Kat Thompson, ENP Manager
Danielle Sutherland Uran, Nutrition Coord.
(218) 983-3286 ext. 1266
Katherine.thompson@whiteearth-nsn.gov
Danielle.Sutherland@whiteearth-nsn.gov

Mon	Tue	Wed	Thu	Fri
2 Closed -Bag Lunch 	3 Tator tot hotdish French bread Garden salad Mandarin oranges	4 Chefs Choice Main Entrée Vegetable and/or salad Fruit Bread Beverage of choice	5 Pulled Pork Bun Baked Beans Coleslaw Tropical fruit	6 Egg salad sandwich On croissant bun Manoomin soup Fresh fruit Cookie
9 Ravioli w/ sausage marinara Garlic toast Green beans Pineapple	10 Meatloaf Baked potato Corn casserole Pears	11 Chefs Choice Main Entrée Vegetable and/or salad Fruit Bread Beverage of choice	12 Manoomin hotdish Glazed carrots Dinner roll Garden salad Grapes	13 Crispy Fish Sandwich French Fries Pickle Spears Pistachio fruit salad
16 Chicken alfredo Breadstick Cali blend veggies Plums	17 Beef stew Biscuit Spinach salad Fruit crisp	18 Chefs Choice Main Entrée Vegetable and/or salad Fruit Bread Beverage of choice	18 Baked ham Mac n cheese Mixed veggies Dinner roll Peaches	20 Italian sub Baked chips Veggies and dip Yogurt parfait w/ berries
23 Baked fish Roasted Squash Manoomin pilaf Melon	24 Chicken fajitas w/ fixings Spanish rice Churro Mangoes	25 Chefs Choice Main Entrée Vegetable and/or salad Fruit Bread Beverage of choice	26 Birthday Lunch Pork chop Mashed potatoes Peas Dinner roll Peaches	27 Grilled chicken Caesar salad Artisan roll Pudding w/ bananas
30 Brunch for Lunch Chefs choice				

White Earth Food Distribution September Store Hours

Mon-Thurs 8:30-3:30

Office Hours M-F 8-4:30 / 218-935-2233

September 2024 Home Delivery Schedule (Subject to Change)

Nutrition Education w/Shirley: September 4th, 11th, 18th and 25th.

September 6th: Bagley, Ponsford & Naytahwaush

September 9th: Mahnomen & Waubun

September 13th: White Earth

September 20th: Detroit Lakes

September 30th: Store closed for inventory.

No Store hours on Fridays

If you receive home delivery service and will not be home on your scheduled route, please notify us ASAP.

White Earth WIC  **September 2024**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 CLOSED	3 White Earth Tribal Health 8:15-4:00	4 Naytahwaush Health Center 9:15-3:30	5 Pine Point Community Building 9:30-3:00	6 Naytahwaush Health Center 9:15-3:30	7
8 Mahnomen Tribal College 9:30-3:00	9 Mahnomen Tribal College 9:30-3:00	10 Mahnomen Tribal College 9:30-3:00	11 Naytahwaush Health Center 9:15-3:30	12 Naytahwaush Health Center 9:15-3:30	13 Naytahwaush Health Center 9:15-3:30	14
15 Available By Phone	16 Available By Phone	17 Bagley Elementary School 10:00-3:00	18 Naytahwaush Health Center 9:15-3:30	19 Naytahwaush Health Center 9:15-3:30	20 White Earth Tribal Health 8:15-4:00	21
22 Mahnomen Tribal College 9:30-3:00	23 Mahnomen Tribal College 9:30-3:00	24 Mahnomen Tribal College 9:30-3:00	25 Naytahwaush Health Center 9:15-3:30	26 Naytahwaush Health Center 9:15-3:30	27 Naytahwaush Health Center 9:15-3:30	28
29 Available By Phone	30 Available By Phone					

This institution is an equal opportunity provider.

Please call 218-204-0399 or 218-401-4247 to contact our department.

WIC follows RBC Schedule for closings *Locations and times are subject to change*



Obituaries

Linda Lee St. Clair

Linda Lee St. Clair, 75, of Richfield, Minn., and a proud member of the White Earth Nation, passed away peacefully on July 27 surrounded by family.

Linda was a loving mother, grandmother, sister, and daughter who cherished her family deeply and loved spending time with them. Born and raised in Minneapolis, Linda attended Minneapolis South High School before graduating from Oscoda Area High School in Oscoda, Mich.



She earned her degree in American Indian Studies from the University of Minnesota. She enjoyed working with youth in the University's Upward Bound Program and worked many years at the Star Tribune newspaper before retiring.

Linda was preceded in death by her parents, Aloysius "Kip" and Delores "Shorty" St. Clair; sister, Michelle; and brothers Terry and Doug.

She is survived by her loving children, Christine (Keith) and Duane (Lina); siblings: Dick, Tom, Pat (Cy), Mike (Val), and Trisha (Ludy); grandchildren: Blaine, Rory, Aliyah, Darius, Mallory, and Sofia; nieces: Jessica, Missy, and Lisa; nephews: Ryan, Christopher, Raymond, Chad, Joe, and Derek; several great nieces and nephews; and many cousins and friends.

Linda had a vibrant passion for life and loved to travel, with the ocean being her favorite destination. Recently, she enjoyed playing bingo (when she was winning) with family and friends.

A service was held Aug. 16 at All Nations Church in Minneapolis.

Shirley Ann Weaver

Shirley Weaver, 87, of Naytahwaush, passed away on Aug. 7 under the loving care of her family and Hospice of the Red River Valley.

Shirley Ann Weaver, born on July 30, 1937, was the cherished youngest of 14 children born to George and Annie (Treichel) Malakowsky. Her early years were spent on the family farm east of Waubun, where she attended country school and embraced the rhythms of rural life. When her father transitioned from farming to a shoe shop, the Malakowsky family moved into Waubun. After graduating from Waubun High School, Shirley embarked on a life full of diverse experiences. She met Lyman Weaver and they were married in 1964 and together they made their home by Synder Lake, east of Waubun raising their children.



They later relocated to the Minneapolis area where they lived for a few years. While in Minneapolis, Shirley worked different housecleaning jobs with her mother-in-law, Margaret. Shirley was the heart of their household, managing the care of their six children single-handedly. Her days were filled with hard work, from cleaning homes to raising their children.

In 1981, Shirley moved to Naytahwaush with her three younger children while the other three were old enough to begin their own lives. She supported her family through house cleaning, babysitting, ricing, and crafting beautiful birch bark creations. Her home was a haven for family and friends, always welcoming and warm. Once the Shooting Star Casino opened she began working in the housekeeping department, she worked there until her retirement. She always had a carload of her workers she would pick up to make sure they went to work. She was a strong-willed woman with a fierce work ethic. Her love for animals and her passion for helping others shone brightly throughout her life.

As years went on, Shirley was blessed with 23 grandchildren, many of whom she helped raise, and more than 70 great grandchildren, all of who she adored. Later into her retirement she became a Minnesota Twins fan and attended her first game in 2023. She also loved to watch boxing, doing jigsaw puzzles and playing cribbage and poker tournaments at family gatherings. Her tender heart, strong work ethic, and unwavering love for her family will leave a legacy to be remembered by many.

Shirley is survived by her son, Richard Weaver; daughters: Veronica Weaver, Brenda Weaver, Patricia Weaver, and Desiree (Sonny) Wadena; 23 grandchildren; 76 great grandchildren; sisters-in-law, Sharon (James) Brandon and Toni Weaver; and many nieces and nephews.

She was preceded in death by Lyman; parents, George and Annie; son, Raymond; her siblings, and two great granddaughters.

Visitation was held Aug. 12 at the Anderson Family Funeral Home in Mahanomen. The funeral service was held Aug. 13 at the Shirley Weaver residence.

Interment: Strawberry Lake Mennonite Cemetery in rural White Earth.

Arrangements: Anderson Family Funeral Home of Mahanomen.

Online: www.andersonfamilyfh.com

Raymond Arthur Villebrun

Raymond Villebrun, 68, of New Hope, Minn., died July 26 at Northridge Nursing Home in New Hope.

Raymond Arthur Villebrun was born Jan. 16, 1956, in Minneapolis to Raymond and Beryl (Beaupre) Villebrun. Early in his life, Raymond faced significant challenges when he contracted polio, which led to lifelong health complications. Raymond received his education in Minneapolis before moving to White Earth to be closer to his family. He pursued his passion for cooking at Detroit Lakes Technical College, where he studied culinary arts and honed his skills in the kitchen.



Throughout his life, Raymond cherished the time he spent with family and friends, always making time to sit and share stories with his loved ones. He enjoyed listening to music, especially Prince and Red Bone, and watching movies. As his health began to decline, he spent a brief period at the Mahanomen nursing home before transitioning to Moorhead, Minn., and later to New Hope, where he could be closer to his beloved sister. Raymond's fondness for visiting and connecting with family will be profoundly missed, leaving a lasting impact on those who knew him.

Raymond is survived by his sisters, Karre Ashley and Stefi Villebrun; brother, Gregory Villebrun; and numerous nieces and nephews.

Raymond was preceded by his parents, Beryl Bloom and Raymond Villebrun Sr.; brothers, Anthony Villebrun Sr. and Charles Beaupre; sisters, Cheri Stoa-Villebrun and Darcy Villebrun; special sister-in-law, Rebecca "Jumbo" Villebrun; grandmother, Margaret (Sigadoo) Williams; niece, Alexis Phillips; and great-nephew, Jamie "Honker" Bevins Jr.

An all-night wake service began Aug. 6 and continued until the time of the funeral service on Aug. 7, both were held at the White Earth Community Center.

Arrangements: Anderson Family Funeral Home of Mahanomen.

Online: www.andersonfamilyfh.com

Stacie Lynn Folstrom

Stacie Folstrom, 57, of Waubun, died on Aug. 13 under the loving care of her family and Hospice of the Red River Valley.

Stacie Lynn Kiehl, the daughter of Kenneth Kiehl and Jeannette VanWert, was born on Oct. 11, 1966, in Detroit Lakes, Minn. She grew up in the White Earth area and attended school. As a child she traveled all around the states with her parents, but always called this area home.



Following her high school graduation, she married and began her family. She was blessed with three sons who were her pride and joy. Her family was her world and her love for them knew no bounds. She worked various jobs over the years including as a waitress and in factories, but her passion for helping others and determination to hard work, allowed Stacie to earn her training as a paramedic. She dedicated much of her career to helping others as a Personal Care Attendant and further demonstrated her commitment to service through her work as an EMT for 12 years.

Stacie later met the love of her life, Paul Gerving, and together, they cherished many beautiful years. Stacie's caring nature extended far beyond her family. Even as she faced her own health challenges, Stacie's spirit remained unbroken, and she continued to care for others with unwavering dedication.

Her vibrant personality and optimism were as bright as the colorful flowers she adored. She loved to draw, sew, bead, and do all types of craftwork projects. She enjoyed being outside and traveled whenever she was able. Stacie had an exceptional ability to bring joy to those around her, and her presence was always a source of light and warmth.

Stacie's legacy is one of compassion, resilience, and love. She is remembered fondly by her family, friends, and all who had the privilege of knowing her. She will be deeply missed and forever cherished in the hearts of those she touched.

Stacie is survived by her partner, Paul Gerving of Elbow Lake Village; sons: Steven (Valerie) Folstrom of Naytahwaush, Kenneth Folstrom of Gackle, N.D., and Jacob (Laila) Folstrom of Elbow Lake Village; bonus children, Richard (Brianna) Gerving and Monica Gerving; father, Kenneth Kiehl; brothers, Raymond VanWert and Gordon (Wa-Bi) Kiehl; grandchildren: Ashton, Dariuss, and Tristan; as well as many nieces, nephews, cousins, and extended family members.

Stacie was preceded in death by her mother and step-father, Janette and David Nicholson; brothers, Michael and Marty, and grandmother, Ethelbert "Tiggums" VanWert.

Public visitation began Aug. 17 and continued until the funeral service on Aug. 19 at the White Earth Community Center. Traditional wake services began Aug. 17, also at the community center.

Interment: St. Columba Episcopal Cemetery at a later date.

Arrangements: Anderson Family Funeral Home of Mahanomen.

Obituaries

John Gregory Spalla

John Spalla, 63, of Mahanomen, passed away July 31 at the Sanford Medical Center in Fargo, N.D.

John Gregory Spalla was born on Jan. 27, 1961, to Angie and Ray Spalla in Moorhead, Minn. John attended grade school in Moorhead as well as in Waubun. He graduated from Sacred Heart High School in East Grand Forks, Minn. After graduation, John attended Vo Tech Community College in Thief River Falls, Minn.



John worked in his younger years as a Plumber apprentice, and then became a Master Plumber. He worked for various companies in Minnesota and North Dakota. In John's later years, he worked as a Supervisory Pipe Fitter in the oil fields of Western North Dakota.

John was married to the love of his life, Darlene Rivera on Sept. 14, 2013. They lived on a farm outside of Mahanomen. They raised horses and John and Darlene both loved to ride the many horses on their property.

John lived a very storied life, as all his friends and relatives can attest to. He was a wonderful uncle to many nieces and nephews. He was always the "fun" uncle and is remembered fondly by them all.

John had many hobbies. He loved to work with wood, and he made many unique pieces that he proudly shared with family and friends. He also loved working with Diamond Willow and made walking sticks for all his sisters and brother, as well as for extended family.

John was a very talented man. He had an impressive mind and was always working on figuring things out. He loved putting together intricate puzzles; the harder they were the more he enjoyed them. He was a great chess player and was always on the lookout for a challenging match. John also loved to play cribbage and teach his nieces and nephews to play.

John loved to fish and hunt. He loved being on the water and in nature. John also learned how to forge knives. He made many styles, including kitchen knives and fillet knives. His work was quality craftsmanship, and the pieces he made were one of a kind.

John and his best friend, Roy Lavoy, made maple syrup together for many years. John enjoyed watching almost any sport on TV with Roy on Sunday afternoons. They had a special bond.

John had a heart of gold and was a generous and genuine person. He will always be remembered in our hearts.

John is survived by his wife, Darlene of Mahanomen; mother, Angie Gerving of Waubun, and father, Ray Spalla of Plaza, N.D.; sisters: Cherie (Bob) Cairns of Ava, Mo., Colleen Noonan of Waubun; Mary Beth (Tim) Simon of Waubun; brother, Jim (Annette) Spalla of Waubun; half-sister, Andrea Swiontek of Sherburne, Minn.; and nieces and nephews.

He was preceded in death by his special brother-in-law, Mitch Snyder; niece, Kristen Anne Simon and stepfather, Al Gerving.

A Memorial Mass was held Aug. 9 at St. Anne's Catholic Church in Naytahwaush. Arrangements: Anderson Family Funeral Home of Mahanomen. Online: www.andersonfamilyfh.com

David James Peake

David Peake, 68, of Pine Point, died on Aug. 3, at the VA Medical Center in Fargo, N.D.

David James Peake as born on Nov. 18, 1955, in Pine Point to George and Dorothy (Fineday) Peake. David attended Strawberry Lake School until the 6th grade and later graduated from Badger High School.



He proudly served his country, first enlisting in the U.S. Marine Corps and later in the U.S. Air Force. He had a deep love for nature, often enjoying long walks in the woods and fishing. His passion for the open road was evident in his nickname, "Road Man," as he was always on the move, often seen riding his motorcycle. He was a dedicated Sun Dancer and Pipe Carrier, roles that reflected his spiritual commitment and connection to his heritage. Known for his generosity and willingness to help others, David's presence was a source of strength and support for many. His legacy of kindness and his adventurous spirit will be fondly remembered by all who knew him.

David is survived by his children: Tawni Wensloff, Rebecca Peake, David Peake Jr., and Jeremiah Thompson; and siblings: Cecelia, Kelly, Kaye, Therese, and Brian (Tim).

He is preceded in death by his parents; and his siblings: George, Wanda, Anna, and Dorothy; and all his aunts and uncles.

Arrangements: David-Donhower Funeral Home of Detroit Lakes. Online: www.daviddonhower.com

Joy Ann Neeland

Joy Ann Neeland, 66, of White Earth, entered the Spirit World on Aug. 4 at her home in Bemidji, Minn.

Joy was born Dec. 20, 1957, in White Earth to Robert and Sophie Neeland. She grew up in Bagley area and lived in Brainerd, Minn., and attended Bagley High School.



Joy loved spending time with her family and friends. She loved spending many hours working on her crafts and hobbies. She had a great passion for mushrooms and anything miniature. Joy's spirit will live on in those who knew her.

She is survived by her children: Chi, Allen, Nathan, and Robert; grandchildren: Izaiah Tayah Amari, Chi-nooden Kaden, Camden, Olivia, Tatyana, and David; brothers and sisters: Terri, Wanda, Mia, Brian, and Aaron; significant other, Robert Johnson; many nieces and nephews; and family and friends

She was preceded in death by her mom and dad; brother, George; sisters, Penny and April; and the love of her life, Russell Allen Nass.

Services were held Aug. 10 at the Rice Lake Community Center. Arrangements: Cease Family Funeral Home of Bagley. Online: www.ceasefuneralhome.com

James "Jim" A. Loud

Hereditary Chief James "Jim" A. Loud, of the Red Lake Band of Chippewa Indians, Ogimaa Binesi of the Bear Clan began his journey on Aug. 26 at his home.

For the past 22 years, he made his home in Mahanomen. Jim was born in Red Lake, Minn., to Johnson and Clemence Loud. He was raised in Redby, Minn., and attended school in Red Lake, where he graduated with the Class of 1962.



Jim enlisted in the service on March 12, 1965, and served in the U.S. Navy on the USS Samuel N. Moore DD-747 during the Vietnam Conflict. He received the National Defense Service Medal, Vietnam Service Medal with Bronze Star, and Vietnam Campaign Medal with Device. He was honorably discharged on March 11, 1969.

In the early 70s, Jim attended Bemidji State University and later moved to Seymour, Wis., where he worked at Seymour Lumber, driving trucks and hauling building supplies. He moved back to Red Lake around 1980.

In August 1981, Jim married Leogene "Toody" English and raised four children: Toni, Fred, Lynnette and William before having his girls, Jennifer and Lisa. Later on in 1992, after divorcing Toody, he continued raising Lynn, Jenny and Lisa.

Jim worked for Red Lake Comprehensive Services for over 25 years as an Ambulance Supervisor.

Around the year 2000, Jim met the love of his life, Theresa. They married on April 5, 2003. Jim became "Dad" to Melissa, Val, Joe and Andy, along with becoming Grandpa to many grandchildren, whom all loved and adored him.

In his younger years, Jim loved to hunt and fish with his buddies and was an avid golfer. He loved to watch sports, and he especially loved to travel to watch his grandkids softball games. Jim loved to travel, gamble, and attend Minnesota Vikings and Twins games. One of his favorite places to go eat was the only Cracker Barrel in Lakeville, Minn.

Jim was a family man. He loved to spend time with his kids and grandkids. He was proud to be Hereditary Chief and proud to be a part of the 3 Star Warrior Society with his comrades.

Jim will be lovingly remembered by all who knew him.

Jim is survived by his wife, Theresa; daughters: Jennifer (Darren) Loud, Lisa (Ian) Lussier; Toni (Terry) Gross, Lynnette Bedeau, Melissa Ojibway, and Val (Myron) Yost; daughter-in-law, Christina Olsen; sons, William Bedeau and Andrew (Amy) Olsen; special son, Jerry Loud; 28 grandchildren; 19 great-grandchildren; sisters, Evelyn McKenzie and Eileen Johnson; brothers: Johnson Loud Jr., Michael (Jeanette) Loud, Bruce Loud, Ronald (Leah) Loud; mother-in-law, Phyllis Bunker; brother-in-law, Mark Bunker; sisters-in-law, Millie Beaulieu and Carol Bunker; and nieces and nephews. He was preceded in death by his parents, Johnson and Clemence; sons, Fred Bedeau Jr. and Joe Olsen Jr.; sister, Elaine Anderson; brother, Jackie Loud; brothers-in-law, William "Nick" McKenzie, Kelly Bunker, Richard "Dicky" Bunker; sisters-in-law: Kathy Kier, Molly Bunker-Hintz, Rose Alvarado, and Marcie Fairbanks; nephews, Michael Johnson and Brian Foster, Jr. and father-in-law, Glenn Bunker.

Visitation was held Aug. 28 at the Anderson Family Funeral Home in Mahanomen. The funeral service was held Aug. 29 at the Oshkiimaajitahdah Wellness Center in Redby.

Interment: St. Antipas Episcopal Cemetery in Redby with Military Honors. Arrangements: Anderson Family Funeral Home of Mahanomen. Online: www.andersonfamilyfh.com

Obituaries

Gordon Wayne Oquist Sr.

Gordon Oquist Sr., age 70, Bejou, died on Aug. 12 at his home.

Gordon Wayne Oquist was born on April 5, 1954, in Naytahwaush to Eugene Sargent and Irene Coleman. Gordon started school in Fosston, before moving to Braham, Minn., when he was adopted by Andrew and Mary Oquist. He did various work around the Twin Cities area doing road construction in his younger years. He also worked as a freight handler for some time.



In 1979, Gordon married Susan Thompson, and the couple made their home in the Twin Cities. Together they had four children: Crystal, Kelli, Gordon Jr., and Cory. Gordon worked for the Minneapolis Police Department in their auto mechanics department for a number of years until his official retirement in the early 2010s. The couple moved back up north to Ogema and later made their home in Bejou.

Gordon was a proud Minnesota sports fan, always watching and rooting for all of the teams. He was an excellent baseball player in his youth and was well known around the Minneapolis area for his batting skills. Later in life, he enjoyed testing his luck at the Shooting Star Casino and spending time with his family, especially his grandchildren. He was proud of his Native heritage and had a traditional drum group with his sons - Thunder Nation. Gordon will be greatly missed by friends and family.

Gordon is survived by his wife of 45 years, Susan Oquist; children: Crystal Oquist, Gordon Oquist Jr., and Cory (Charlee) Oquist; 19 grandchildren; one great-grandchild (with two more on the way); siblings: Clifford (Missy Fairbanks) Garbow, Larry Swiers, and Elizabeth Streigel; and many beloved nieces and nephews.

Gordon was preceded in death by his daughter, Kelli Oquist; grandsons, Cory and Princdyn; and siblings: Kenneth Garbow, Donna Boodoo, and Brenda Ellis.

Visitation was held Aug. 15 and funeral services were held Aug. 16, both at Samuel Memorial Episcopal Church in Naytahwaush.

Arrangements: Anderson Family Funeral Home of Mahanomen.

Online: www.andersonfamilyfh.com

SeQuoyah Alexander Keezer

SeQuoyah Alexander Keezer, 19, passed away at his home on Aug. 6.

SeQuoyah was born March 16, 2005, to Ashlie Jackson and Aaron Keezer. He grew up in Dilworth, Minn., where he went to school and graduated from DGF. Growing up, he enjoyed Hot Wheels, swimming, football and four wheeling. He worked on washing semis through high school and at FedEx after graduation.



SeQuoyah liked cruising, his truck, and speakers. He loved his siblings and was an amazing big brother to his little brother, Malikai. He cared about others before himself and didn't have a selfish bone in his body. SeQuoyah was the definition of a beautiful soul. He loved his family with all his heart. He liked to root for the Minnesota Vikings with his dad and terrorize his mom about the Dallas Cowboys. SeQuoyah adored, loved and respected his grandmothers and made sure to see them every chance he could.

SeQuoyah is survived by his mom, Ashlie Jackson; dad, Aaron (Sara DeVall) Keezer; brother, Malikai Jackson; sisters, Sondra Keezer and Alyssa Stanton; grandmas: Grace Jackson, Paula (Abdullah AlMohammedawi) Neeland-Stone; special nephew, Jaxxon Bittner; aunts: Katherine (Jeff) Thompson, Cheryl (Chad) Jackson, Rachel Jackson, Deanna Keezer and Selena Golden; uncles, Jeffery "Joe Bum" Bevins and Craig Jackson Sr.; many great aunts, great uncles; and numerous cousins and friends.

He was preceded in death by his great grandparents: Marcianna and Aaron Bevins and Lorraine and Selim Keezer; grandpa, Selim Keezer; uncles, Peter Jackson III and Salem Keezer; aunts, Melissa "Mitsy" Eagleshield and Anna Levy; great aunts, Geraldine Smith and Rose Delacruz; cousins: Craig Jackson Jr., Natasha Jackson, Tiffany Jackson, Samantha Jackson and Dahlia Libby.

Private family funeral services were held at SeQuoyah's home in White Earth.

Arrangements: Anderson Family Funeral Home of Mahanomen.

Online: www.andersonfamilyfh.com

Matthew Charles Metzger

Matthew Charles Metzger, 38, was born on April 27, 1986, in Hibbing, Minn., to Anthony John "Tony" Metzger and Rebecca Sue "Becki" Carter. He passed away on July 15 in an ATV accident in Hibbing.



Matthew graduated from Nashauk-Keewatin High School in 2004 and joined the U.S. Marine Corps in 2006. He was extremely proud to have served his country with all of his fellow Marines.

Matt was assigned to the Fleet Antiterrorism Security Team and deployed to Guantanamo Bay, Cuba, Guam and Japan where he climbed Mt. Fuji.

He served aboard the USS Lassen (DDG82) and received a Certificate of Initiation into the Ancient Order of the Shellbacks after crossing the equator. They made goodwill stops in Dili, Timor Leste and Bali, Indonesia. He also participated in Joint Exercises in Yokosuka, Japan and Pohang, South Korea.

Matthew was then assigned to the Personnel Security Detachment of the 1st Battalion, 1st Marine Regiment, 1st Marine Division - "The First of The First." He received training through the U.S. Department of State in Diplomatic Security Service Protective Security and was assigned to Personal Security Duty.

In September 2010, Matt deployed for 12 months to Afghanistan where he and Regimental Combat Team 1, a small group of 26 hand picked Marines, escorted the Regimental Colonel, the Sergeant Major and other diplomatic officials to and from various parts of the Helmand Province.

After returning from Afghanistan, Matt spent another four years on inactive duty, and though he struggled with his own demons, he always found the strength to persevere.

Matt's daughters, Brealyn and Maddy, were his North Star and the most important thing in his life. The girls came before anything or anyone else. He was so proud to be their dad and took every chance he was allowed to see and spend time with them. Ever since they were born, he held them... His strong hands held them steady when they learned to stand, then walk and when they learned to do headstands and ride their bikes all by themselves.

He made them laugh, dried their tears and fixed the hurts. Though he only held their hands for a little while, he will always hold their hearts. Family was something Matt was fiercely dedicated to and defended.

Matt genuinely loved helping people and was always quick to lend a hand. He wasn't afraid of a hard day's work and he never quit. He cared about how others felt, lifting spirits wherever he went. He loved pulling pranks on family and friends and he was damn good at it too.

After Metal Technologies/Northern Foundry closed its doors and he lost his job, Matt began enrolling in the paramedic course and was nearly set to start in September of this year. He then intended to continue on to fire fighting.

Matthew truly was a thoughtful and loving son, brother, father, uncle and friend. He was selfless to a fault. His bright eyes and welcoming smile will be forever missed on this earth, but the fire of his spirit will burn forever in our hearts and souls. Rest now, my son.

Matthew is survived by his mother, sister Jessa Lee Metzger (Forest Johnson) and nephews Jayden Matthew Poorker and Caius Anthony Metzger, niece Jersey Grace Emanuel, daughters Brealyn Rose and Madelyn Lee-Ann Metzger, brother Christopher (Courtney), nephews Anthony and DeAndre and niece Alexis Metzger, sister Kristina (Lyle), nephew Jayce and niece Brooklynn Hartley, five aunts Sandi (Lonny) Gervais, Debbie Carter, Julie (Kurt) Fondrick, Mitzi (Andy) Gregg and Marianne Metzger, two uncles Charles Carter and Rob (Georgeann) Metzger and step-mother Michele (Jim) Nehl, grandmother Doris (Harold) (LaDoux-Metzger) Meintsma, many cousins, Marine Corps brothers and longtime friends, including Ray Davidson, a long-time friend and man he looked up to and respected, the whole 412 Brickyard family and Jeremy (Sam) Gustafson, where Matt and Nala, his dog he raised from a pup, had a second home. Matt called Jeremy "brother" and Jer has now taken Nala into their home and given her a family.

Matt was preceded in death by his father, Tony "Skidder;" grandfathers, Bob W. Carter and Frank Metzger; grandmother, DeLoris E. Carter; uncles Edward "Buck" Carter and Bobbie "Weeg" Carter; step-grandparents, Paul and Patricia Tekautz; and far too many Marine Corps brothers and friends.

A celebration of life and luncheon will be held Sept. 21 at the Keewatin Community Center from 10 a.m. into the evening. Military Honors will be performed at noon.

A private gathering will be held at a future date at the Lakeview Cemetery in Coleraine.

White Earth Nation has a Facebook page!
Visit us for the latest updates
www.facebook.com/WhiteEarthNation

The Naytahwaush Harvest Fest Powwow is Sept. 7-8

Obituaries

Terri Lynn Fairbanks

Terri Fairbanks, 56, of Naytahwaush, died July 29 at the Mahnomen Health Center. Terri Lynn, the daughter of Shirley Belland and Spencer Fairbanks, was born on Aug. 9, 1967, in Detroit Lakes, Minn. As a child she grew up with her family in the Naytahwaush community. She attended Circle of Life School and later worked at the Shooting Star Casino for a time.



Terri's spirit shone brightly throughout her life. Though she faced significant challenges, due to an accident 30 years ago that affected her health, she never let it dim her vibrant personality. She found joy in the simple pleasures of life, often delighting in rummage sales and cozying up to her favorite television shows. Her heart belonged to her three sons and her grandchildren, with whom she spent countless treasured moments.

Terri's love for her family and friends remained unwavering. Her visits were always a highlight, filled with laughter and her signature jokes that could brighten the darkest of days. Her infectious smile and warm presence will be deeply missed by all who had the pleasure of knowing her.

Terri is survived by her sons: Eric "Swiss" (Sammy) Keezer, Michael "Bud" Keezer, and Avery (Hailey) Fairbanks; sister, Brenda (David) Fairbanks; grandchildren: Terrell, Alexie, Jordan, Bentley, Michael "Baby Bud," Amari, and Lily; and many nieces and nephews.

She was preceded in death by her parents, Shirley and Spencer; brothers, Douglas and Kenneth; sister, Donna; granddaughter, Auria; and her niece, Tasha.

An all-night wake service was held Aug. 5 and continued until the time of the funeral service on Aug. 6, both were held at the Naytahwaush Sports Complex.

Arrangements: Anderson Family Funeral Home of Mahnomen.
Online: www.andersonfamilyfh.com

Thomas James Hanks

Thomas James Hanks, 75, of Detroit Lakes, Minn., and formerly of White Earth, passed away peacefully on Aug. 2 at Pelican Landing in Detroit Lakes.

Thomas was born on Oct. 7, 1948, in White Earth, a son of the late William J. Sr. and Mary Ellen (Roy) Hanks. Tom attended local schools and graduated from Standing Rock High School. After graduating, Tom began playing drums in the family band and travelled to Minnesota, where he met his wife, Doretta (Smith).



He played music for most of his life, retiring in 2019. Tom enjoyed playing pranks and jokes, shooting pool and playing in the family band, the Hanks Brothers Band. He was an avid Minnesota Vikings fan and loved spending time with family. He will be sadly missed.

Tom is survived by his sons: Shane Hanks and Romyn (Jackie) Hanks; grandchildren: Breanna Bly, Chandler Hanks, Calista Hanks, Ciara Hanks, Carter Hanks, Lachlan Hanks and Camden Hanks, as well as a great-granddaughter, Natahlia Oshie. Tom also leaves his siblings: Judy Thomas, Betty Red Horse and Sherald Hanks; and many nieces and nephews, cousins, other relatives and friends

Tom was preceded in death by his parents; his loving wife, Doretta, and siblings: Francis Hanks, William Hanks Jr., and Wilma Bobbie McGregor.

A visitation was held Aug. 8 at David-Donhower Funeral Home in Detroit Lakes. The funeral service was held Aug. 9 at St. Columba Episcopal Church in White Earth.

Interment: St. Columba Episcopal Church Cemetery.

The family wishes to thank Sonny Thomas and the nurses and staff of Pelican Landing for their excellent care of Tom.

Arrangements: David-Donhower Funeral Home of Detroit Lakes.
Online: www.daviddonehower.com

Littlewolf to perform at Norsk Hostfest



Piano prodigy Jayme Littlewolf of Naytahwaush is set to perform at Norsk Hostfest on Sept. 27-28 at the North Dakota State Fairgrounds in Minot N.D.

He is scheduled to perform at 10:30 a.m. and 1:30 p.m. on Sept. 27, and 10:30 a.m. and 1:30 p.m. on Sept. 28.

Self-taught on YouTube, Jayme has been playing piano for about two years. He is the son of Justin and Amy Littlewolf.

Photo by Jessica Smith

NAYTAHWAUSH HARVEST FESTIVAL SEPT. 7 & 8 2024

Saturday, Sept. 7th

- 8 am MEMORIAL WALK
- 9 am CANOE RACE
- 11 am PARADE
- 1 pm CRIBBAGE TOURNEY
- 3 pm HORSESHOES
- 5 pm PIE EATING CONTEST
- 5 pm PUMPKIN GROWING CONTEST

Sunday, Sept. 8th

- 11 am VOLLEYBALL TOURNEY
- 1 pm BEAN BAG TOSS TOURNEY
- 4 pm PIGEON/CLAY SHOOT

HARVEST FEST POWWOW

- SATURDAY Grand Entry 1 & 7 pm - Community Feast 5 pm
- SUNDAY Grand Entry 1 pm
- TLVFD Pancake Breakfast - Sat & Sun EARLY

877-410-8550

anonymous crime and elder abuse tip line

WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of:
Joseph Sudar

Summons of Petition and Hearing Notice

Court File No. **CP2024-00009**

YOU ARE HEREBY notified that on April 9, 2024, a Child in Need of Protection and/or Services Petition was filed with the White Earth Tribal Court regarding your child in file CP2024-00009. A continued Admit/Deny hearing on the matter is scheduled for October 4, 2024 at 11:00 A.M. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: August 22, 2024
Tammy J. Swanson
Attorney for White Earth Indian Child Welfare

WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of:
Tiffany Bevins

Summons of Petition and Hearing Notice

Court File No. **CP2024-00020**

YOU ARE HEREBY notified that on July 18, 2024, a Child in Need of Protection and/or Services Petition was filed with the White Earth Tribal Court regarding your child in file CP2024-00020. A Pretrial hearing on the matter is scheduled for September 16, 2024 at 1:00 P.M., and a Trial is scheduled for September 30, 2024, at 1:00 P.M. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: August 22, 2024
Tammy J. Swanson
Attorney for White Earth Indian Child Welfare

WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of:
Latoya Auginaush

Summons of Petition and Hearing Notice

Court File No. **CP2024-00009**

YOU ARE HEREBY notified that on April 9, 2024, a Child in Need of Protection and/or Services Petition was filed with the White Earth Tribal Court regarding your child in file CP2024-00009. A continued Admit/Deny hearing on the matter is scheduled for October 4, 2024 at 11:00 A.M. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: August 22, 2024
Tammy J. Swanson
Attorney for White Earth Indian Child Welfare

Erickson from Page 6

Agriculture team has been arranging for fresh vegetables to be delivered to our communities.

8-22 Tribal leaders attended the drug task force meeting at the Shooting Star Casino. Discussion included cultural healing, getting our elders/youth connected.

Henry Fox, District 1 Rep., Laurie York, Executive Director and I attended Friends of Tamarac Lasting Legacy Celebration at the Discovery Center at Tamarac Refuge. Presentations included current and future goals, program accomplishments by USFWS followed by guided tours. I encourage community members to visit Tamarac National Wildlife Refuge. The visitor center, gift shop, trails. There are different events held throughout the week. With fall to enjoy the scenery and colors.

8-23 Tiffany Swiers and I went to the White Earth Indian Health building to gift Beverly Robins a Pendleton blanket for 40 years of dedication to serving our community members.

8-27 Visited the White Earth tiny home work site. The four homes were delivered and crews continue to work to get the homes ready.

Tribal leaders and staff met with Minnesota Department of Human Services Commissioner Jodi Harpstead and staff. Topics included: mental health restrictions/barriers, withdrawal management, state amendment plans. We will be having a follow up meeting to discuss behavioral health topics.

White Earth Public Health, White Earth Child Care, White Earth Tribal and Community College, White Earth Community Council and other programs hosted Apple Festival at the White Earth Community center. I was able to stop in for a bit. The kids enjoyed the petting zoo with miniature horses, donkeys, rabbits, dogs. The event included a variety of games and drawings along with a meal. Miigwech to our programs, staff, volunteers!

8-30 RBC Monthly meeting at the Shooting Star Casino Event Center in Mahnomes.

Other Updates

White Earth Nation website is being updated. It is estimated to be complete in approximately 60-90 days. Program directors, managers or staff will have the capability to add/remove/update the page for the program. We are looking forward to the new website!

White Earth Human Resources is working on a wage analysis. A company has been selected for job salary review and minimum wage review. Prior, our Human Resources completed the wage analysis. This should be completed by December.

Elder Repairs Phase I is complete, Phase II will be starting soon.

RBC 4 Day Work Week pilot project

Community members and employees asked about the four-day work week. Concept is employees work four days and get paid for five days. At the April 2024 State of the Nation, the public was informed this project was on hold. From my understanding, there are four departments currently piloting the four-day work week. It is up to the Directors and Managers to bring a plan forward to the Executive Director and Deputy Director.

Questions that have come to my attention: how will this work for programs that are understaffed, programs that are at max, working over 40 hours to complete job duties now, serving elders, etc. We know that this will not work for several of our programs. I want to be fair to all of our employees. This is a big decision. We need to ensure that services are running smoothly and properly. I will be meeting with Deputy Curtis Rogers to obtain all the facts.

Ricing

White Earth Natural Resources will be reaching out to our local school districts to take a kid ricing. Educating our next generation by sharing knowledge and traditions is important.

We trust people to use their best judgment when ricing, be gentle to avoid damaging the plants, ensure to leave the area as you found it, harvest only what you need, leave enough so it can regenerate. Good luck, stay safe and look out for one another.

White Earth began to purchase rice on Aug. 23. Price was going to begin at \$4.50 but went to \$6.50.

Youth

Tara Mason, White Earth Youth Administrator, is working on creating a White Earth Youth Council. The purpose is to provide an

organization for young people to learn how to plan, organize and carry out events and program for the benefit of all youth and the community.

Nominations were sought in early February 2024. Currently there are three youth from the Naytahwaush area. We are looking for youth to represent each community! There is a White Earth Youth Council Nomination form to complete. If you would like to nominate a youth, please reach out to Tara Mason tara.mason@whiteearth-nsn.gov or myself to have the forms sent to you. The youth will be included in coordinating a annual youth conference and other events.

Energy Assistance

The 2025 Energy Assistant Program will be accepting applications the first part of September. For those that applied last year, applications will be mailed directly to you in September. New applicants can be picked at the building across from White Earth Housing Authority near Waubun. Funds will be available around first week in November. If you are on the reservation, please contact 218-473-2711 or 1-866-885-7656.

White Earth

The four tiny homes for White Earth have been delivered. The tiny homes have above ground crawl spaces. We will be meeting with Optima Property Management about the application process.

Mike Heisler, White Earth Housing Executive Director is working with White Earth Builders for the ARPA homes. Tentative plan is to have three placed in the south projects and one in the east projects.

Pine Point

The two tiny homes have been delivered. These will have above-ground crawl spaces also.

Playground installation is complete.

The Pine Point Creators Place continues to thrive by employing community members that create different beadwork, artwork, headstones, benches, etc. I want to say thank you to Jean Krufft for creating this for the community.

Currently there is no child care available in the Pine Point area. If any community members are interested in setting up their own childcare, please reach out Kim Lage, Childhood Specialist. If you have ideas, please let us know.

Elbow Lake

Elbow Lake Boys and Girls Club remodel project went out for bid. A staff member was recently hired. Two additional staff will be needed once the club opens. The playground is completed.

Ogema

On Friday, Aug. 30, Ogema Days kicked off with softball under the lights in the City Park. On Saturday morning the 5k Run was held, followed by the Mardi Gras theme parade. Activities followed in the park with bouncy houses, face painting, bingo, bean bag tournament, volleyball tournament, music in the afternoon.

Callaway

There has been discussion about starting a Callaway Community Council. I want to ensure this is done correctly so we are outlining a plan. We located a draft of Callaway Community Council Bylaws but no signed documents. We will be looking for community members that are interested in being a part of this.

As summer is wrapping up, school is starting, remember to speak with your children about kindness, stay positive, peer pressure, no bullying, and what to do in certain situations.

If you have ideas to share, send them to us or we can meet. If you need assistance, please reach out. We are here to help and support one another.

Miigwech for allowing me to work for you all.

Contact information:

Laura Lee Erickson

Laura.erickson@whiteearth-nsn.gov

Office: 218-935-6238

Cell: 218-401-1153

Facebook: VOTE LAURA LEE

Tiffany Swiers (Assistant for District 3)

Office: 218-935-6235

Cell: 218-997-9124

Tiffany.Swiers@whiteearth-nsn.gov

Chairman from Page 3

1 p.m. at the Mahnomen rifle range.

Engaging in our harvest season is important in so many ways. It is essential for preserving our heritage, creating economic opportunity, empowering our youth and communities, and enhancing our overall health and wellbeing. By investing in these initiatives, we are ensuring a healthy, prosperous future for our Nation. Please reach out to our Natural Resources Division with any questions.

With all of the hustle and bustle of Dagwaagin Fall season, I hope everyone has a safe time out on

our Gaawaabaabiganikaag zaaga'iganan, lakes and ziibiwan, rivers.

Baamaapii wiingezin.

Miigwech bizindawiyeg.

Gigawaabamininim naagaj.

Take it easy.

Thank you for listening to me.

See you all later.

Chairman Michael Fairbanks

Inauguration from Front Page

said. "Together we're resilient, resourceful people. Together we can overcome any challenge."

Erickson said as a council she and her colleagues will work at strengthening educational, cultural and language programs while at the same time protecting natural resources. She also emphasized continued improvements in health care and combating the opioid crisis.

Speaking after the ceremony Fairbanks said regaining lands promised under treaty, but later lost through questionable deals, would help everyone.

"It's not only giving us the title to the land back, but a big, big part of it is the healing process on how it was taken away from us. And the other part is for us protecting it and sharing that land back," he said. "And what we have been doing currently with some of the parks that we have, the parks and recs, we keep it open for everyone to see the natural beauty of our resources."

The inauguration can be viewed on the White Earth YouTube page at www.whiteearth.com. The link is located in the top right-hand corner.

Helping White Earth Reservation pets



Paul's Passion and Pet Haven Pet Food Giveaway for White Earth Reservation residents was held Aug. 25 at Hill Top in rural Waubun.

Pet owners were eligible for free pet supplies, food, and flea and tick meds for dogs.

Paul's Passion has been focusing on fundraising and helping people get their animals fixed. They try to go to different communities around the reservation when they have giveaways.

You can follow them on Facebook.

Submitted photos

Howah Ads

Happy birthday to our granddaughter **Kwaliise** and our son **Desmond**
We wish you both the best day ever!
Love you forever!
Grandpa Jeff & Grandma Kat
Mom & Dad

Happy **37th** Anniversary
Joe and Terri
Love,
Melanie, Hanna, Eevi, Ella, Emani, Joe, Sabrina, Carter and Weston

Happy **2nd** Birthday **Jaxton**
Love, mom!
Sept. 26th



Happy "Sweet **16**" **Shmoo**
September 2



**Ogema VFW Post & Auxiliary #9880
POW/MIA Memorial Run/Walk**

20 September 2024
12:00am - 11:59pm

Waubun High School Track

15-minute time slots available here: <https://bit.ly/2024POW>



Did You Know...

You can read the current and past issues of the Anishinaabeg Today online at www.whiteearth.com for free! The online issues feature more color and you can read them right away when the paper comes out on the first Wednesday morning of each month.



VOTE NOV 5th
JON WEAVER
 Mahnomen Public School Board

"Let us put our minds together and see what life we can make for our children." - Sitting Bull

VOTE
Kimberly Scott-Neisen
 For
 Mahnomen School Board ISD 432
 November 5th, 2024

Life Long Resident of Mahnomen
 Enrolled Member of White Earth
 Graduate of Mahnomen High School
 Graduate of MCBT in Accounting and Payroll
 Currently Attending Bemidji State University
 Volunteer for Thunderbird Football & Wrestling


Employed by White Earth Education Department as the
 White Earth Student Financial Services Program Manager
 Manages White Earth Johnson O'Malley (JOM) Program
 Manages White Earth Scholarship Program
 Member of White Earth Self Help Board

GERILYN LOPEZ
 TWIN LAKES TOWNSHIP

- DEDICATED MOTHER OF 2
 - PROUD MEMBER OF THE LGBTQ+ COMMUNITY
 - GREEN ENERGY ENTHUSIAST

"UNLIKE OTHERS, I AM NOT INHERITED TO SPECIAL INTERESTS. I AM DRIVEN BY A GENUINE DESIRE TO SERVE THE PEOPLE I REPRESENT AND BRIDGE GAPS."


REGISTER TO VOTE AT
[HTTPS://MNVOTES.SOS.MN.GOV/VOTERREGISTRATION/INDEX](https://mnvotes.sos.mn.gov/voterregistration/index)
 VOTING DAY IS NOVEMBER 5TH!



MAHNOMEN PUBLIC SCHOOL BOARD ISD 432

VOTE
LUCAS HISGUN
 NOV. 5TH

I AM A LIFE LONG MEMBER OF OUR COMMUNITY WHERE I'VE BEEN WORKING HARD TO BETTER FOR OUR CHILDREN AND FAMILIES THESE PAST 9 YEARS. I HOLD OUR TRADITIONS AND OUR TRADITIONAL VALUES CLOSE TO MY HEART. I WANT A BETTER FUTURE FOR OUR KIDS AND I AM WILLING TO INVEST MY TIME AND ENERGY IN THEIR EDUCATION.





Honoring Our Children and Community With Integrity

Boozhoo inawemaaganidog! Hello My Relatives!

Vote Nov. 5 **LACY ARMSTRONG**
 For Mahnomen Public School Board

lacy.armstrong1987@gmail.com

VOTE Nov 5th

Register to Vote at
<https://www.sos.state.mn.us/elections-voting/register-to-vote/>

TWIN LAKES TOWNSHIP CANDIDATE
Sheri Snetsinger
 PARENT | VOLUNTEER | RESOURCE MENTOR

Balloons are mailed to registered voters approximately 30 days before the election. Ballots are available at Mahnomen County Auditor-Treasurer Office. Mail your ballot back or drop it off at your polling place on Election Day.

Mn Election Call Center
 Monday-Friday 9am-4pm
 1-877-600-VOTE (8683)

VOTE 11/05/24 at
 Mahnomen County Courthouse
 311 N MAIN ST.
 MAHNOMEN, MN 56557

Ganawendandaa Nibiikaangi
 LET'S PROTECT OUR WATERS

Help Stop Aquatic Hitchhikers

To avoid spreading aquatic invasive species do the following:

BEFORE launching and **BEFORE** leaving.

- ◆ Remove aquatic plants and aquatic animals
- ◆ Drain lake/river water away from the landing
- ◆ Dispose of unwanted live bait in the trash

It's **unlawful** to transport aquatic plants, and zebra mussels.

PP School Meeting Minutes

Pine Point Regular School Board Meeting
Monday, July 1, 2024 @ 4:30 p.m.
 Pine Point School Staff Room

1.0 Roll Call – Meeting called to order by Chairman John Swan at 4:40 p.m.

Members present – Michael Swan, Marva Aitken, John Swan, Allison Jones

Members absent – Gerald Roberts, Sara Hunt
 Ex-officio – Christopher Schulz, Principal

2.0 Recognition of Visitors - Bonnie Meeks

3.0 Approval/Amendment of Agenda – Motion by Michael Swan to approve the agenda as presented, seconded by Allison Jones. All in favor. Motion carried.

4.0 Approval/Amendment of Minutes – Motion by Allison Jones to approve the June 10, 2024 minutes as presented, seconded by Marva Aitken. All in favor. Motion carried.

5.0 Finance

5.1 Treasurer's Report – Motion by Michael Swan to approve Treasurer's Report for June 2024 as presented, seconded by Allison Jones. All in favor. Motion carried.

5.2 Payment of Bills & Electronic Funds Transfer & Debit Card Transactions – Motion by Michael Swan to approve the payment of bills for the month of June 2024 in the amount of \$124,275.26 for check #33506 through check #33596 and the EFT for Federal/State/TRA Payroll Tax & Debit Card Transactions, seconded by Marva Aitken. All in favor. Motion carried.

6.0 Unfinished Business

6.1 No unfinished business

7.0 New Business

7.1 2024-2025 Staff Assignments – Motion by Marva Aitken to approve staff assignments/hours as submitted, seconded by Allison Jones. All in favor. Motion carried.

7.2 2024-2025 Student Handbook – Motion by Michael Swan to approve Student Handbook as submitted, seconded by Marva Aitken. All in favor. Motion carried.

7.3 Long-Term Facilities Maintenance Ten-Year Expenditures/Revenue/Plan – Motion by Michael Swan to approve the LTFM expenditures/revenues/plan as submitted, seconded by Allison Jones. All in favor. Motion carried.

8.0 Principal's Report – Discussion on Drama Camp; Hope Camp; B&G meals & hiring event; In-service for Staff; 2024-2025 first day of school. No action needed.

9.0 Public Participation – Drama Camp-Ernest Briggs; Picnic/Fireworks on July 4th; August Pow Wow & meal

10.0 Adjournment – Motion by Allison Jones to adjourn the meeting at 4:57 p.m., seconded by Michael Swan. All in favor. Motion carried.

Bins Now Located Behind Naytahwaush Complex

Recycling Underway

NEARLY 1000LBS OF RECYCLABLES DIVERTED FROM LANDFILL TO DATE

ACCEPTED ITEMS: 1&2 PLASTICS, TIN/STEEL, ALUMINUM, PAPER, GLASS

PLEASE NO TRASH BAGS LOOSE ITEMS ONLY



NEED MORE ENERGY? JOIN STAR FITNESS CENTER TODAY!

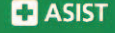
Located in the Manitok Mall, Mahnomen

Email Jackie.Haugo@whiteearth-nsn.gov or call 935-0808 or 218-401-2421 to fill out an application

NEW KEY CARD HOURS:
Monday-Friday 6 a.m.-10:00p.m. (age 15-17)
Saturday &-Sunday 6 a.m.- 6:00 p.m. (age 15-17)
Adults (18 & older) get 24 hour access 7 days a week.



**White Earth Nation
TRIBAL PUBLIC HEALTH**
Present. Promote. Protect



Learn the skills. Help save a life.

Suicide is preventable. Anyone can make a difference.

- Two-day workshop in suicide intervention skills
- Learn and practice a life-saving intervention model
- Widely used by professionals and the general public

ASIST's impact in 2016

87,567 participants | 1,08,583 interventions | 15,201 suicide attempts prevented

ASIST works

- Studies show that ASIST participants gain:
 - Knowledge about suicide
 - Skills to reach out
 - Confidence to help save a life

ASIST changes lives

Older of improvement after receiving an ASIST intervention (2013 study):

- 35% more hopeful
- 31% less depressed
- 46% less overwhelmed
- 74% less suicidal

ASIST is cost-effective

Return on investment in decreasing long-term costs of suicide (2015 study)

50:1

Learn more about ASIST and see the evidence at www.livingworks.net/ASIST

Upcoming ASIST workshop
Date: October 24-25, 2024
Location: Shooting Star Casino
Hosted by: WE Mental Health
Register: 218-935-3534
Cost: Free

You must be present for the entire 2 day workshop. Certificates will not be issued for partial attendance. Lunch is provided.

Diabetic Bingo

All are welcome and it costs nothing to play.

Unfortunately, Diabetic Bingo will have to be cancelled for September. Due to unforeseen circumstances (our bingo supplies have been delayed in shipping) We are unable to host Diabetes Bingo at this time. We apologize. We are working hard to have things lined up for our October Diabetes Bingo schedule.

October 3 rd , Thursday	Shooting Star Casino
October 2 nd , Wednesday	Pine Point
October 11 th , Wednesday	Elbow Lake
October 23 rd , Wednesday	Mahnomen – Valley View


Bingo at the Shooting Star Casino Event Center will be at 1:00pm
Bingo in Pine Point on the west side of the School in E.N.P Dining Hall after the 11:30 E.N.P meet.
Bingo in Elbow Lake Village in the E.N.P building, after the 11:30am meet.
Bingo at Valley View will be in the Community Room beginning at 1:00pm

November 6 th , Wednesday	Naytahwaush
November 7 th , Thursday	Shooting Star Casino
November 13 th , Wednesday	White Earth – Congregate
November 27 th , Wednesday	Rice Lake

Bingo at the Shooting Star Casino Event Center will be at 1:00pm
Bingo in Naytahwaush is at the Sports Complex, E.N.P dining hall after the 11:30 meet.
Bingo in White Earth is at the Congregate Center, Dining Hall after the 11:30am meal.
Bingo in Rice Lake is at the Rice Lake Community Center after the 11:30 E.N.P meal.
Schedule is subject to change without notice. If the RBC or the E.N.P site is closed. Bingo will be rescheduled to another date, if possible.

While we are disappointed to cancel Diabetic Bingo, we want to provide you with some helpful health tips for people with diabetes:

- Monitor your blood sugar regularly: This is essential for managing diabetes.
- Follow a healthy diet: Eat plenty of fruits, vegetables, and whole grains.
- Exercise regularly: Aim for at least 30 minutes of moderate-intensity exercise most days of the week.
- Manage stress: Stress can affect blood sugar levels. Find healthy ways to manage stress, such as meditation or yoga.
- Take your medication as prescribed: If you are taking medication for diabetes, it is important to take it as directed by your doctor.
- See your doctor regularly: Regular check-ups can help you manage your diabetes and prevent complications.



Thank You

The family of Peter Hanks would like to thank everyone who assisted with his journey to the Spirit World. Reverend Jackie Bernacchi, Sonny Thomas, Vickie Bellanger, Emma King and others from St. Columba. Firekeepers Spencer, Stash Jr., Richard and others. District III Rep. Erickson, and assistant Tiffany. Constituents, Forestry and Water and Sewer for their assistance. Bryce and Bam for the drum. Lauri Zapan, Mike Maha and others from Lakes Home-Mahnomen. Kathy Odendahl, Umsy and all others who attended/spoke at his funeral, sent cards and brought food. We would also like to thank David Donehower and Hospice of the Red River Valley. Miigwetch!

2015 GEM E825 Electric Car Up for Bid



SOLD AS IS

Electric Car has always been stored in doors. Ran when it was parked. Needs Batteries. Minimal Hours.

Minimum Bid: \$1,000.00
Please use this bid sheet to place your bid.
Bidding will close on September 30th, 2024 @ 4:30pm.

Name: _____
Phone Number: _____
Bid Amount: \$ _____

Bids can be mailed or e-mailed to
Cassandra Hoban, White Earth Tribal Finance,
P.O. Box 270, White Earth, MN 56591
Phone: 218-935-3411 | Cassandra.Hoban@whiteearth-nsn.gov



SERVING CARSONVILLE FIRE SINCE 1977 RESCUE

Please join us for the
**Carsonville
Fall Fundraiser**

October 19, 2024
Events Begin at 4pm

**DINNER,
GUN RAFFLES, GAMES,
AND SILENT AUCTION!!**

All proceeds benefit the
Carsonville Firefighters Relief Association

Carsonville Station 2
270 County Hwy 48
Osage, MN 56570

Minnesota
Charitable Program
TEL-63667-24-002

**We Have
MOVED**

COME FOR THE FOOD, STAY FOR THE KNOWLEDGE!

The last Thursday of every month!

- Community education on SUD topics
- New facilitator and topic each month
- Home cooked meal and light refreshments
- Safe space for community

Bring your loved ones and enjoy an evening of learning and socializing!


212 West Franklin Ave
Minneapolis, MN

THE LAST THURSDAY OF EVERY MONTH
5:30pm - 7:30pm

→September's Topic 9/26/24
Topic and speaker are to be determined...

Hosted by:
White Earth
Behavioral Health &
White Earth Urban Programs

Come and join us!
Parent Helper Assistance Available.
Call for more info: 612-813-1591



Bears from Page 4

only after the above listed recommendations have been followed)

- Call White Earth Dispatch at 218-983-3201 with the complaint; leave your name and contact information
- A Conservation Officer will contact you for the complaint info and any recommendations they may have for getting rid of the bear problem
- A Conservation Officer will do a home site assessment to determine what may be bringing the bears to your residence
- If the above listed recommendations are followed and the bear continues to hang around for a week or more afterwards, then the live trap will be utilized
- When the live trap is set up; please choose a safe location away from children and pets. The trap door is very heavy and dangerous for children and pets.
- Keep children and pets away from the trap, whether it's empty or has a bear in it. This is not a toy! It is dangerous.

- Contact White Earth Dispatch immediately if a bear is seen inside the trap. Do not approach the trap!
- You may see a Conservation vehicle in the area checking on it on occasion during this process
- The trap won't be used if the recommendations aren't followed or if the nuisance bear has cubs. There's nothing worse than catching a cub and having to deal with the mama bear on the outside of the trap.
- The only time a nuisance bear can be shot, is if they are threatening to humans or if they're attacking a persons' domestic animals; cats, dogs or livestock. You can't shoot them if the food sources aren't eliminated from the property and the bear continues to come in to eat. A wounded bear is more dangerous than a bear coming in to eat "free" food.
- Any bear that's destroyed must be reported to the White Earth Conservation Department. Call dispatch immediately to report any bears that are shot.

Anangong Miigaading - Star Wars

By Winona LaDuke

“Gi-ga-miinigoowiz Mamaandawiziwin: May the Force be with you...”

Anishinaabemowin is being spoken in a galaxy long ago and far away. That’s the 2024 release of Star Wars in Ojibwe, which premiered in Winnipeg, Manitoba on Aug. 9. Ajuawak Kapashesit attended both the Pine Point and Circle of Life School and was the voice of Han Solo. He joined many Anishinaabe actors in the retelling of an epic tale in Ojibwemowin

Winnipeg’s Centennial Hall was the place to be, from the appearance of Chewbacka, Storm Troopers and the ultimate Rebel Princess Leia, the event was packed with good feelings across the generations and the galaxies. Patricia Ningwance opened the evening with a prayer, singers and dancers came on stage, and Manitoba Premier, Wab Kinew, the first Anishinaabe premier in Canada represented Manitoba. His Majesty’s Representative, Anita Nelville (representing King Charles) and many more dignitaries from both Canadian, (the empire) and indigenous entities were all in their finest.

“The key to our cultural survival is to promote and to learn our language to understand our world-view, our stories and our values,” Chief Jason Daniels told the audience. He represents the Dakota Ojibwe Tribal Council, the project leaders. Daniels spoke about the film as a way to heal and thrive as the film bridges cultures with language and is a story we can all enjoy.

Michael Kohn, Executive Dubbing Producer at Lucas Films, shared that it is, “an honor to use our stories to help revitalize the use of Indigenous language in their respective communities...” They supported a Navajo language Star Wars and a decade later the Dakota Ojibwe Tribal Council in Winnipeg requested the rights to dub the same film in Anishinaabemowin. And the film will be offered on line by Disney (which partners with Lucas Films) by

early next year.

Patricia Ningwance, lead translator worked with a team to create the correct words - like space ship: bimaashiwin, nanaakwiiwin, (the rebellion) and more. Kapashesit told me, “It was a dream come true, because I’ve always loved Star Wars, and have always wanted an opportunity to do film making and language work together.”

Anishinaabe actors stepped in to voice over Darth Vader, Obi Wan Kanobe, Luke Skywalker and Princess Leia, using a script crafted by Pat Ningwance. Kapashesit previously starred in Indian Horse and appeared in the series Outlander and Bad Blood, as well as the Incredible Twenty Fifth Year of Mitzi Bearclaw. He made a good Han Solo.

For my family, this is a longer story. My father was in the film industry. His name: Vincent LaDuke and he was an extra in western movies. He rode a lot of horses. And, when John Wayne shot, he would fall off a horse, because that’s how a Native actor made an extra \$25 to feed his family.

As a toddler, I would be with my father sometimes, on a western set. My father never spoke a word in the movies. Very few Native people had speaking parts – those were taken by Italians, and white men or women with dyed black hair. Native languages were often made up by Hollywood, although many Native actors in the 1950s spoke our languages and used them in films.

Native people have been the subject of many films, but not until recently- with the nomination of Lilly Gladstone for Killers of the Flower Moon, have Native people been seen on the big screen. These days, we are busting out, from Reservation Dogs to True Detective, and getting some recognition.

To summarize, my father never had his voice in the movie. Noongom, now, my son can speak Anishinaabemowin in a galaxy far away. Speed of Light, Speed of Life.



Submitted photo

Ajuawak Kapashesit, right, attended both the Pine Point and Circle of Life School and was the voice of Han Solo in the movie Star Wars.

Youth attend basketball camp



Photos by Gary W. Padra

White Earth Behavioral Health recently hosted a two-day basketball camp for reservation youth at the White Earth Community Center. Leading the camp was Bronson Koenig (Ho-Chunk Nation), a former NBA player, decorated high school All-American, and a Division 1 standout with the Wisconsin Badgers. The kids learned hands-on drills and exercises designed to elevate their game. Bronson also shared insights into physical, mental and spiritual wellness.

‘Kat’ Berry retires from IHS



Submitted photo

Kathy “Kat” Berry recently retired after 25 years with the White Earth Health Center (IHS). Presenting her with a blanket are Secretary-Treasurer Michael LaRoque and District 3 Rep. Laura Lee Erickson.