

ANISHINAABEG TODAY



A Monthly Chronicle of the White Earth Nation

Vol. 28 No. 11

White Earth, Minn.

today@whiteearth-nsn.gov

Wednesday, November 1, 2023

HONORING OUR WARRIORS

NOVEMBER
11 & 12 2023

White Earth Nation

**VETERANS DAY
POWWOW**

SHOOTING STAR CASINO EVENT CENTER

**Host Drum: Rocking Bear
No. Battle Field, Saskatchewan**

EMCEES: WES JOURDAIN AND DAVE NORTHBIRD

Vendors Contact: Autum 218-368-3320 or Chuck: 218-902-1267

Drums Contact: Jeff 218-204-0679 or Casper 218-204-0578

SAVE THE DATE



Submitted photos

Top: Rez youth recently learned about gillnetting on White Earth Lake and filleting the fish they caught. **Bottom:** A girl shows one of the fish that was caught with a net.

Area youth learn how to net and fillet fish

On Oct. 25, White Earth Natural Resources along with White Earth Public Health coordinated a field trip, escorting 15 students from Waubun, Mahnomen, and COLA schools to White Earth Lake.

During this excursion, the students were given an opportunity to gain hands-on knowledge about the ancient fishing method known as gillnetting, followed by the art of fish filleting.

The youth had the opportunity to witness the gillnetting process in action, gaining an understanding of how it works and its significance in the context of traditional and sustainable fishing practices. They were taught the skill of fish filleting, which involves preparing the harvested fish for consumption by removing the bones and cleaning the fillets.

This hands-on experience provided the

students with valuable insights into both the cultural and practical aspects of fishing and the importance of responsible resource management.



Women's Night Out honors cancer survivors at Shooting Star Casino



Photo by Paulie Neisen

Women's Night Out was held Oct. 17. The event included honoring cancer survivors (above). For more information on the event turn to Page 9.

PRESORTED
STANDARD
US POSTAGE
PAID
Detroit Lakes MN
Permit NO 14

ECRWSS

Postal Customer

Anishinaabeg Today

The *Anishinaabeg Today* (AT) is the official publication of White Earth Nation and is published once a month. Editorials and articles appearing in the AT are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the AT staff or the White Earth Reservation Business Committee.

The AT reserves the right to reject any advertising or materials submitted for publication. The submission of articles and photos is encouraged, however, they are subject to editing for grammar, length, and malicious/libelous content. The Editor makes the sole decision of what is published in the AT and will not assume any responsibility for unsolicited material nor will the AT guarantee publication upon submission. **Deadlines are strictly enforced!** Deadline dates are printed below in each issue.

The AT is distributed at no charge to all postal patrons living on White Earth Reservation and by mail to White Earth Nation members (who request the newspaper) living within the United States. One per household. The cost of a newspaper subscription is \$12 per year for non-members (including descendants) living off the reservation. **Current and past issues of the AT can be read online for free at www.whiteearth.com.**

For more information call 218-983-3285 Ext. 5903, email: today@whiteearth-nsn.gov, fax: 833-607-0776, or write to:

Anishinaabeg Today
PO Box 418
White Earth, MN 56591

Memberships

- ◆ Indigenous Journalist Association
- ◆ Minnesota Newspaper Association

WER Business Committee

Michael Fairbanks
Chairman

Michael LaRoque
Secretary-Treasurer

Henry George Fox
District I Representative

Eugene Sommers
District II Representative

Cheryl "Annie" Jackson
District III Representative

Editor

Gary W. Padrta

Future Issues *

Deadline	Issue Date
November 29	December 6
December 27	January 3
January 31	February 7
February 28	March 6
March 27	April 3

* Deadline and issue dates subject to change

Suboxone on-scene, after OD rescue - what if?

By **Carson T. Gardner, MD**
White Earth Nation Tribal Health Medical Director

What if you were a diabetic, feeling really sick and with a blood sugar of way over 500, and a medical person offered you a dose of insulin right there and then; would you take the dose? Maybe, if you knew about insulin and how important it is in fighting out-of-control diabetes. But, maybe not—if you had never had a dose of insulin before and had only heard scary stories about insulin. Truth is, you'd be a lot better off with a safe dose of insulin right then and there, than walking away without a dose.

Hold that thought...and transfer it to post-overdose-rescue Suboxone dosing right where you are, right where you overdosed. You've heard about the White Earth Reservation Ambulance Service/White Earth Behavioral Health MAT Clinic pilot project to give post-overdose-rescue, on-scene Suboxone dosing. We're doing that here on White Earth lands right now.

But, maybe you've heard rumors about Suboxone dosing being uncomfortable or scary. It might be time to understand that Suboxone is as useful and as safe in treating out-of-control fentanyl use as insulin is useful and safe in treating out-of-control diabetes. And you know about our White Earth lands cluster of fentanyl overdose deaths in recent months. It's time to add a new rescue step to save lives from fentanyl OD deaths.

We of WERAS and MAT Clinic believe Suboxone dosing on scene, right after overdose rescue, is that something. We have the support of the Minnesota Department of Health and the Minnesota Ambulance regulatory board on that. Our Tribal addiction psychiatrist and addiction medicine physician have taught WERAS medical director and crewmembers that a good dose of Suboxone immediately after overdose rescue—if there are no safety exclusions—is the very, very safest time of all to give a first Suboxone dose.

What are the good reasons to not get a dose of Suboxone right after overdose rescue?

- You don't want a dose. Your choice.
- You don't wake up well after naloxone/Narcan rescue - likely you took several drugs at once.
- You are a regular, high-dose methadone user. You could still get a Suboxone dose in hospital.
- You are sick or hurt with something else and need to go right to the hospital.
- You are under age 18 and your parent or guardian is not there to give permission.

What does an on-scene Suboxone dose do for you?

- It blocks withdrawal symptoms for about 24 hours.
- It greatly reduces risk of recurrent overdose for about 24 hours.
- It greatly cuts down on narcotic cravings for about 24 hours.
- You get a day to make clear-headed recovery decisions. They are your decisions to make.

But, what about after the Suboxone dose wears off?

- On any weekday, MAT Clinic can get you in for a recovery-service same-day intake.
- A Peer Recovery Support technician is always on call, and will come to you to help.
- As of October 2023, WERAS can give out two days of Suboxone take-home doses for people on-scene dosed on Fridays, Saturdays, or on long-weekend holiday Sundays. So you won't run out of Suboxone benefits before you get that recovery-services intake interview.

Why don't more overdose-rescue survivors accept on-scene Suboxone rescue here on White Earth lands?

- I don't know for sure.
- Shame and blame? WERAS crew, MAT Clinic staff, and our wonderful Harm Reduction team don't do shame

See Dosing Page 27

Niibi Center's Language Immersion Program continues to thrive

By **Biidaabanikwe (Kim Anderson)**
and **Amy Myszko**
Niibi Center

Ayaanikeshkaagewaad, the Niibi Center's innovative, nature-based Ojibwe language immersion training program, is working to reclaim the Ojibwe language through a series of in-person and online Zoom sessions. The language reclamation work is led by our Language Program Director Biidaabanikwe (Kim Anderson), a White Earth enrolled member, Azhoobines (John Daniel), a Leech Lake enrolled member, and Waase (Monique Paulson), a White Earth descendant, all second language scholars. Funding from the Blandin Foundation, the Equation Foundation, Minnesota Indian Affairs Council (MIAC), and most recently the competitive NDN Collective grant program have supported our reclamation efforts over the past two years.

Last spring our teacher trainees and families gathered in Naytahwaush for Iskigamizigewin (sugar bush) to hear the Aadizookaan (traditional stories) about sugar bush, feast the maple trees and tap our beautiful tree relatives. One of the main goals of Ayaanikeshkaagewaad is to provide a container for families to practice using the language on the land by participating in traditional Anishinaabe activities, as well as to train teachers in immersion teaching practices.

The trainees, parents and children enjoyed practicing vocabulary and phrases while they experienced using the traditional tools to tap trees. Due to our long, cold winter with high snow pack, they utilized snowshoes to break trails and identify the ininaatigoog (maple trees). All of the children were thoughtfully guided on how to tap a tree using the language and through phase repetition. In this way learning the language is becoming an integral part of experiencing traditional practices like iskigamizigewin for our teacher trainees

and their families.

Later on in the season the families gathered again to experience collecting and boiling down sap, what fun! The children and parents also enjoyed participating in a scavenger hunt and finally packing up sugaring supplies to end the sugaring season. A follow-up session was held on zoom to practice new phrases and vocabulary used in the sugar bush, since repetition is one important key to language learning.

See Language Page 27



Photo by Serena Graves-Daniel

Last spring, teacher trainees and families gathered in Naytahwaush for Iskigamizigewin (sugar bush) to hear the Aadizookaan (traditional stories) about sugar bush.

White Earth tribal offices closed for the holidays

White Earth RBC offices will be closed on Friday, Nov. 10 for **Veterans Day** and will reopen on Monday, Nov. 13 at 8 a.m. They will also be closed on Thursday, Nov. 23 and Friday, Nov. 24 for the **Thanksgiving** holiday and will reopen on Monday, Nov. 27 at 8 a.m.

NOTICE

WHITE EARTH RESERVATION ELDERS

In order to provide information and possible services to White Earth Reservation enrolled elders (age 55 & up) living on or near the reservation your assistance is needed. Please complete the following data form and return. If information is different from previously submitted form, please resubmit with updated information. The information you provide will be kept confidential and will be used to identify services and events from which you may benefit. (Example: Elder Christmas Cards).

I understand that the information I am providing on this form is for registration purposes. The information will be used by the White Earth Tribal Council to create statistical reports and may be used by service providers to help identify other services from which I may benefit. This information will not be released to anyone other than the above-mentioned parties in a way that will identify me as an individual unless I sign a separate consent for that purpose. I understand that I do not have to sign for release of information but will still receive services for which I am eligible.

Signature _____ Date _____

White Earth Reservation Elder Data Form

Name: _____
 Address: _____
 City: _____ Zip: _____
 Phone: _____ Tribal Enrollment No. _____
 Date of Birth: _____

This White Earth Elder Data Form must be turned in **by December 8**. They can be mailed to: Tribal Health Department, PO Box 496, White Earth, MN 56591



Announcing Monthly Well Woman Exam Clinic
 Waabinokwe Health Center at Naytahwaush
 Including breast exam, mammogram and pap smears.
 1st Thursday of month starting in December 2023.
 Appointments are presently being scheduled for December 7th, January 4th and February 8th.



Please call 218-935-2238
 to schedule
 your well woman exam.

You can reach the AT at today@whiteearth-nsn.gov

News From Chairman Michael Fairbanks

Aaniin Boozhoo Gaa-waabaabiganikaag Niminwendam Waabaminaan!

Gashkadino-Giizis!

Aaniish inaa akawe ninga-gaagiizomaag aadi-zookaanag.

Greetings White Earth Nation I am Happy to See You!

It is already November - Freezing Over Moon.

Traditionally, we as Ojibwe people observe a lunar calendar. Our Anishinaabe moons are called giizis, which is translated to moon, sun or month, which we use to count our months. Also our months are named after activities conducted during those times, weather, harvests, or other traditional seasonal events in Anishinaabe life. In our Great Lakes area northern hemisphere November is when Gashkadino-Giizis or Freezing Over takes place in our bodies of nibi, water on Mama Aki, earth.

Our Gaawaabaabiganikaag ishkoniganing, White Earth Nation has several magnificent events happening on White Earth this month! Our sacred month of Gashkidino-Giizis, November marks the beginning of Native American Heritage Month in the United States. We have been in various movements throughout these last years especially the “Decolonize,” movement which is an uneasy thing to do as we are multigenerationally traumatized throughout the years of colonization from Western society from the beginning of contact. Most people can’t even comprehend it because it was done many moons ago that it is built into every part of their/our, consciousness; but the minute our people began realizing that, it is the first step to “decolonization.” Native American Heritage Month is actually an “everyday” event for us as Anishinaabe: Decolonize Our Minds. Our Anishinaabe Paths back to the sacred: LandBack, LanguageBack, ReligionBack, CeremoniesBack, is an intricate part of decolonization. So I am looking forward to various programming our White Earth Departments are hosting this month!

Another seasonal Anishinaabe event taking place up here in Gaawaabaabiganikaag is the Mashkiigwaatig Tamarack trees are turning yellow and my grandma would tell this story every November on why that is, “Oh mashkiigwaatig men-waandeg - tamarack trees are turning yellow my boy all them tamaracks used to be too proud and always stared at the water to see their reflections in the lakes and waters wherever they used to be and only doing things for themselves.

One day when a bunch of bineshiinyag, birds traveling zhaawanong, south for the winter and needed a resting spot from the cold biboon, winter weather moving in so they tried to land on a group of tamarack trees. But those trees got mad and didn’t let them poor little bineshiinyag land on them telling them, “You can’t land on us because we don’t want you to moo/mizi (poop) on our beautiful, branches and soft, needles!” You know what my boy? Creator was listening and he made all of their beautiful soft pine needles turn yellow and fall off for biboon making them stand bare out in biboon, winter giving them one of the Seven Sacred Grandfather Teachings, Dabasendizowin, Humility.

We have a fantastic report from our Gaawaabaabiganikaag Waabigwan Mashkiki and White Earth Brands. It brings me great honor to share the progress of Waabigwan Mashkiki. We began this project in 2020 in the middle of the pandemic. With all the challenges of covid 19 we made



the commitment to bring medicinal cannabis to the people of the White Earth Nation. With the goal of providing better health outcomes for our community we began retrofitting the chip factory into a state of the art cannabis facility.

Plant medicine is an important part of our culture and heritage and it has been proven to be medically for various health conditions so by embracing cannabis as a path towards better health we hoped to create a strong connection with the plant that would in turn create new opportunities for our community by creating jobs for our people as well establishing White Earth Nation as a leader in the Minnesota cannabis industry.

As we began to build our team the state of Minnesota took a strong position and signed in adult use or recreational cannabis. Before allowing new licenses to come online the governor signed the bill allowing tribes to begin selling cannabis long before any other new licenses are granted. This created even more opportunity for Waabigwan Mashkiki. After opening our dispensary in August I’m proud to say our program has been a shining success.

Waabigwan Mashkiki currently has 47 employees and growing. On a recent tour of the factory it brought me great joy to see how successful this venture has become. Seeing the smiling faces on the employees and the steady stream of customers to the dispensary is testament to the success of this project and shows cannabis will have an impactful role for us as Anishinaabe of the White Earth Nation for years to come. Nimiigwechwendam Waabigwan Mashkiki, I am very thankful for our Waabigwan Mashkiki endeavors.

So we had our first zoogipoon snowfall it’s now time to feast aadizookaanag and start our biboon traditions. Please be safe and I will talk to you all again soon.

Baamaapii wiingezin.
 Miigwech bizindawiyeg.
 Gigawaabaminim naagaj.
 Take it easy.
 Thank you for listening to me.
 See you all later.

**Chairman,
 Michael Fairbanks**

**You can reach the AT
 at 218-983-3285 Ext. 5903 or
 email today@whiteearth-nsn.gov**

News From Secretary-Treasurer Michael J. LaRoque

Aanin Boozhoo

Greeting White Earth Members, I have the honor of serving as Secretary/Treasurer position for the White Earth Tribal Council and this is my 4th Quarter report ending September 30, 2023. Our Fiscal year runs from October 1, 2022, to September 30, 2023.

Fiscal Year 2023 Budget

The RBC has approved a general fund budget for the fiscal year 2023 in September 2022. The budget adopted accounts for revenues in the amount of \$15.96 million, which consists of State of Minnesota Tax revenue and expenditures in the amount of \$22.80 million. These expenditures are incurred for departments that operate more for the good of the band members than to make a profit. These include education, public safety, general government, human services, public works, economic development, and culture amongst others. This allows for a budget deficit of \$6.34 million, which will be funded by distributions from the Shooting Star Casino. This deficit includes all capital expenses.

Fiscal Year 2023 4th Quarter

General Fund

This final quarter FY23 budget for governmental activities ending September 30, 2023, is at \$22.24 million with expenses at \$26.37 million with a remainder of \$8.47 million.

Gaming

Consolidated revenue for Mahnomen, Bagley, and all other gaming revenue for the 4th Fiscal Quarter, ending September 2023, was \$32.2 million. The consolidated expenses for the 4th Quarter were \$25 million. Consolidated net income for the quarter was \$7.5 million; Mahnomen is at \$6.6 million, and Bagley is at \$900k.

The budget through the 4th Fiscal Quarter was \$115.5 million in revenue and \$99.6 million in expenses for a budgeted net income of \$15.9 million for the first four quarters of FY2023. YTD Revenue was \$.04 million lower than the budget while expenses were \$6.1 million lower than budget resulting in net income being \$6.5 million higher than budget.

The Bagley Casino for 4th quarter ending September 2023, earned \$3.1 million in revenue with expenditures of \$2.2 million. Bagley Casino has a net income for the quarter of \$924K.

Shooting Star Casino cash on hand for June 30, 2023, was \$77.2 million. The cash on hand at the close of the last fiscal year, September 30, 2022, was \$73.7 million. After Shooting Star Casino capital improvement spending and distributions to the White Earth RBC, cash has increased by \$3.5 million during the first four quarters of the fiscal 2023. Approximately \$31.5 million of that total cash is attributable to ASRPA funds held by SSC which were transferred to SSC from White Earth RBC in FY22.

The unaudited preliminary numbers are subject to change as the numbers are finalized.

ARPA

In this final quarter the ARP funds are \$28 million in revenues, and \$3.08 million in expenses. These funds are used for all capital projects and filling in gaps in the general fund. The cash balance is \$25.18 million.

Other Grant Funds

In this final quarter of FY2023, we have recorded \$158.90 million dollars in other grant funding while recording \$83.42 million in expenditures. The other grant funds consist of grants from Federal, State, and local funding agencies. The funds are meant for a specific program, service, or activity and must be budgeted as such. Cash balance is \$39.50 million.



Behavioral Health

In this final quarter of FY2023, we have accounted for \$42.14 million in revenue while recording \$37.47 million in expenditures. The ending cash balance in Behavioral Health funds is \$47.60 million and we also have an investment account of \$15 million.

Youth and Elder Funds

The casino purchased 12 AGS machines and designated one-sixth of the gaming revenue from those machines for the Youth and Elder Fund. Six of those machines are in the casino on a back wall that abuts Smoke restaurant. The remaining six machines are in the middle of the northern portion of the floor. All AGS machines on the casino gaming floor earn the guest rewards points when playing with their player card. (This is not the case with AGS machines off sites.) The funding in this program is designed to help assist with costs associated with group activities supporting enrolled youth and elder members of White Earth. These donations are authorized by the Tribal Council.

The Tribal Council authorized the Tribal Council assistants to form a committee to make up the bylaws, and policy and procedures for the committee, and these will be published.

This final quarter fund sits at \$504,110 with \$106,335 in expenses with a cash balance of \$410,270.

I would like to make a correction to last month's article. The final balance on the Wild Rice buying number was \$1,329,604.50.

The RBC did approve a general fund budget for fiscal year 2024 on September 29, 2023, and I will be updating everyone on that approved budget in my next month's report.

In closing I want to thank the members of the White Earth Nation for giving me this opportunity to serve as the Secretary/Treasurer for this great nation. I look forward to moving forward with great progress and optimism and I hope we can work together for a brighter future. Miigwech!

Michael J. LaRoque
Secretary-Treasurer

The White Earth Elder Christmas Party is Thursday, Dec. 14 at the Shooting Star Casino.

Check for more information in the Dec. 6 Anishinaabeg Today, White Earth Facebook, and ENP sites.

ANONYMOUSLY SUBMIT A TIP

If you have any information regarding violent crime or drugs, submit a WeTip anonymously.

1 WAY TO REPORT

SCAN

Submit a Tip

WHITE EARTH RESERVATION

Announcement from the White Earth Education Division

Please contact our **NEW** Student Finance Program for questions regarding:

White Earth Scholarship Program
White Earth Johnson O'Malley Program
White Earth Education Assistance

Staff is also available to answer questions regarding financial aid, FAFSA, scholarship opportunities, and other assistance available.

Stop in the RBC Education Office or call 218-983-3285 Ext. 5302 or 5309

Valleyview Commons

Mahnomen has immediate openings for 1 bedroom units

\$500 Visa gift card move-in special!!!

Qualification Changes!

Rent is income based.

All ages welcome to apply

No income restrictions

For more information contact DW Jones Management.
218-547-3307 or apply at www.dwjonesmanagement.com



CREATING BETTER LIVING
Equal Housing Opportunity

TTY711



News From District II Rep. Eugene Sommers

Boozhoo Anishinaabe,

This month has passed quickly and was filled with significant consultations with State Agencies. White Earth also hosted the Tribal Executive Committee Meeting. Amidst the busyness, I had the opportunity to participate in a couple of community events. The Gathering of Native Americans event organized by White Earth Mental Health was a particularly enjoyable experience. It was refreshing to engage with the community and have some fun. I also had the privilege of attending a Drum Feast at Mahnomen High School, led by the GREAT Waabinoo Littlewolf! Without further ado here are highlights from this month's meetings.

(TEC) Education and Human Service Sub Committee

On Oct. 24, White Earth Hosted the Tribal Executive Committee Quarterly Meeting at the Shooting Star Casino. In the latest meeting, the TEC Education and Human Service Sub-Committee reviewed and accepted the following reports:

Education: Update on applications for mascot exemption, MDE update on Social Studies Standards to include Tribal Nations, Notice for American Indian Education Field Hearing on Nov 6.

Human Services: MIFP/Native Employment update and Native American Curriculum Training opportunities.

Chemical Dependency: License renewals, increase in renewal fees (\$200).

The Sub-Committee also passed two resolutions: Resolution to approve 2024-2025 MFIP Biennial Service Agreement for the amount of \$522,085.

Resolution to recommend the TEC to authorize the Executive Director or designee to negotiate and sign necessary documents to secure grants for the MCT.

Meeting with Bemidji Mayor

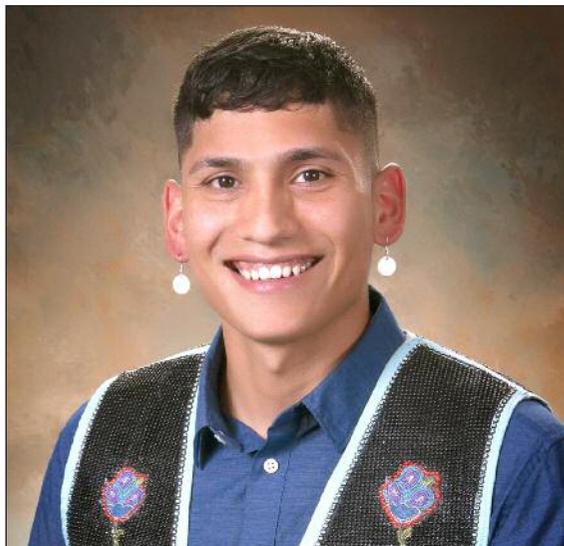
On Oct. 2, the RBC convened a meeting with Bemidji Mayor Jorge Prince and Councilwoman Audrey Thayer to discuss White Earth's future plans for the Ridgeway property. The properties, situated in the city of Bemidji, were acquired with the intention of transforming them into supportive housing for our community members residing in the area. However, the progress on the Ridgeway project has experienced delays following fire damage, pending the resolution of insurance claims. Mayor Prince emphasized the importance of fostering stronger partnerships with Tribes, expressing a desire for collaborative efforts, especially in anticipation of developments within the cannabis industry.

Minn. Department of Health Consultation

On Oct. 17, the RBC met with the Minnesota Department of Health. Extensive conversations addressed critical health and legislative concerns affecting the White Earth community. Key topics included the enduring challenges presented by COVID-19 and Long Covid, emphasizing the significance of robust public health measures and healthcare infrastructure. Discussions on Cannabis Legalization involved thoughtful considerations of policy development and societal implications. Moreover, strategies for managing substance use disorders were highlighted, emphasizing the importance of comprehensive prevention, treatment, and harm reduction approaches.

Minn. Department of Commerce Consultation

On Oct. 18, the RBC engaged with Commissioner Grace Arnold and her team to explore potential Clean Energy funding prospects and intro-



duce the newly formed White Earth Tribal Utility Commission. Discussions revolved around the critical concerns and challenges that precipitated the establishment of the Commission, with a focused commitment to steering the White Earth Nation toward the establishment of its own utility enterprises. The RBC emphasized the significance of safeguarding Tribal Members from potential exploitation and ensuring their equitable treatment within the utility sector.

Minn. Tax Chair Aisha Gomez and Senator Ann Rest

On Oct 23, the RBC engaged in discussions with Representative Aisha Gomez and Senator Ann Rest, who are members of the Minnesota Tax Committee. The meeting included a tour of the Reservation, providing insight into the vital services offered within the community. Primary focus was directed towards the allocation of White Earth's Tribal Impact Aid and its proposed allocation towards critical Government Operations. A detailed tour of the WE Police Department, Fire Halls, and Emergency Services offered an in-depth understanding of the essential services provided. Furthermore, discussions revolved around the potential expansion of tax exemptions for Tribal Members, reflecting the RBC's commitment to advocating for the well-being and interests of its members.

Minn. Department of Revenue Consultation

On Oct. 26, the RBC convened with Minnesota Department of Revenue Commissioner Paul Marquart and his team. The meeting primarily centered on the essential task of modernizing existing tax agreements between the State and Tribe, with a specific focus on addressing language barriers that currently hinder Tribal Members from accessing tax exemptions on recreational vehicles and modular homes delivered to the Reservation. Commissioner Marquart demonstrated commendable dedication in navigating these concerns and proactively seeking viable solutions. Particularly notable was his openness to consider my proposal aimed at broadening the State Income Tax Exemption for Tribal members employed by the Tribal government.

Under this proposal, Tribal Members working for the Tribal Government would be exempt from State Income Tax regardless of where they live in the State, given that their entire income originates from the Tribe. Although Commissioner Marquart suggested that a direct exemption might be challenging, he proposed the exploration of a Tax Refund as a more viable and pragmatic alternative. Overall this

See Sommers Page 27

Rez Briefs

White Earth RBC offices closed for holidays

White Earth RBC offices will be closed on Friday, Nov. 10 for **Veterans Day** and will reopen on Monday, Nov. 13 at 8 a.m. They will also be closed on Thursday, Nov. 23 and Friday, Nov. 24 for the **Thanksgiving** holiday and will reopen on Monday, Nov. 27 at 8 a.m.

Ogema VFW Post 9880 & Auxiliary

Ogema Elementary School is hosting the annual Veterans Day Program on Friday, Nov. 10 at 9:30 a.m. This year it was suggested to include a visual slide presentation to honor past and present veterans. In order to do this we are inviting you to provide the school with a photo taken in uniform during your time in service, however if you no longer have one any picture will work. These kids and their teachers do a fantastic job and we look forward to seeing you! If you have any questions please contact Carol or Doug Fabre at 218-983-3443.

Waubun School Forest trails are open for walking

The trails at the Waubun School Forest are always open for walking.

WIC announcements

White Earth WIC has permanently relocated their Naytahwaush location to the Waabinokwe Health Center located at 2471 310th Avenue in Mahnomen. They have temporarily relocated the White Earth location to the Tribal Health Building at 26246 Crane Road in White Earth. This will be in effect for the next few months while the clinic is renovating. Please contact WIC with any questions at 218-204-0399 or 218-401-4247. Thank you!

White Earth Urban Office

White Earth Urban Office is located at 1730 Clifton Place, Suite 100, in Minneapolis. The phone number is 612-813-1590 and the office is open Monday to Friday from 8 a.m. to 4:30 p.m.

NATIVE AMERICAN HERITAGE FASHION SHOW

NOVEMBER 7, 2023
4:30PM-6:30PM
SHOOTING STAR CASINO & EVENT CENTER

Featuring designs from Jean Bakka, Courtney Bunker, Mary Turner, & Melissa Ojibway

Want to make a difference?

White Earth
INVESTMENT INITIATIVE

Volunteer with us!

VITA
Volunteer Income Tax Assistance

Jodi Lunde
WEII Community Services Coordinator
218.844.7057

Sue Trnka
WEII Community Services Coordinator
218.844.7029

White Earth Investment Initiative is an equal opportunity provider and employer.

Since 2006, White Earth Investment Initiative has provided free income tax preparation services for through the IRS VITA (Volunteer Income Tax Assistance) program.

VITA is an opportunity for community members to become IRS-certified volunteer tax preparers and to assist taxpayers with their returns. Join our volunteer team today and make a difference!

WEII will provide training and testing support to volunteers in December and January.

WEII VITA 2023 Outcomes

- 474 federal returns filed
- Returned nearly \$1M in tax refunds to taxpayers
- Estimated taxpayer savings for tax preparation fees - \$118,500

White Earth Investment Initiative tax sites are made possible by support from the Internal Revenue Service, Minnesota Department of Revenue, Oklahoma Native Assets Coalition, Wells Fargo Foundation, Shooting Star Casino, Boys & Girls Club of Detroit Lakes, Midwest Minnesota Community Development Corporation, and others.

White Earth Investment Initiative is an equal opportunity provider and employer.

White Earth Council of Elders holding election

The White Earth Council of Elders is holding an election on Dec. 5 at the White Earth ENP site at Congregate Housing.

The positions and nominees are:

Chairperson: Tim Rindahl and Lucille Silk (incumbent).

Vice Chairperson: Sam Crowell (incumbent) and write in.

Treasurer: Pat Fineday and Colleen Blattenbauer (incumbent).

Secretary: Missy Fairbanks was appointed Secretary at the October WECO meeting.

Comments from the candidates

Tim Rindahl: I'm a people person. I have 20 years involvement in community councils. I build a knowledgeable base about the communities I serve, oriented in serving people as well as helping them; shares, collaborates information. I will use effective listening to Elders needs and their challenges and insights. I am willing to interact and direct Elders to various resources with a heartfelt desire to encourage Elders to become active within their communities. I will exercise reasonable care, skill in directing

responsibilities and duties. I have the empathy and the ability to understand and share the feelings of others.

Lucille Silk: Over 20 years of advocacy for Native Elders of this Nation as a volunteer. Retired from Indian Health Service in Mental Health for 31 years. Former Chair of Anishinabe Legal Service, current Vice Chair of Wisdom Steps in the State of Minnesota, Life member of VFW-Auxiliary in Ogema, Board member of Mahube and many other organizations. Writer for Anishinabe paper on Elder issues and advocate for Elders with RBC. Able and willing to continue as Chair and advocate for Elders.

Sam Crowell: Six years as Vice-Chair for the Elders, delivers food for the Elders, runs the crew to plastic windows on Elders houses. I intend to HONOR the Elders by doing the best job I can.

Pat Fineday: I went to school for accounting. Was employed in the accounting field. She says "I am very capable of doing the job."

Colleen Blattenbauer: I would appreciate your vote for the White Earth Council of Elders Treasurer. I have the experience

Recycling Bins in Naytahwaush



Recycling Bins are now available for public use located behind the Naytahwaush Sports Complex. There are 2 bins. The plastics, metals & glass can go in the same bin (no separation needed). Paperboard, mailings and office paper go in the flat slot of the second bin. For cardboard, please use the designated cardboard bins

Acceptable Items

Plastics 1 & 2
Tin Steel
Aluminum
Paper
Glass

Un-Acceptable Items

Plastics NOT labeled 1 or 2
Large Items
Soiled Containers
ABSOLUTELY NO HOUSEHOLD GARBAGE!!



Update your information with White Earth Enrollments

The White Earth Enrollments staff is asking members to please update your address. If you don't have an address change, you **DO NOT** need to resubmit your information.

For any further questions regarding this matter, please reach out to White Earth Enrollments at 218-983-4643 and they will be best suited to assist you.

The White Earth Tribal Enrollments Address/Update Form can be downloaded at www.whiteearth.com and completed forms should be emailed to:

shannon.heisler@whiteearth-nsn.gov
shelley.scheler@whiteearth-nsn.gov

Are you that person that has a lot of heart for children and looking to start a business?

See what Child Care Licensing has to offer YOU!

White Earth Child Care/Early Childhood Program who works to support child care providers with the process of licensing their home or a child safe facility while building their own personal business ownership through resources available for the following:

- ❖ START-UP GRANTS FOR CHILDREN'S EQUIPMENT AND HEALTH AND SAFETY COMPLIANCE
- ❖ CHILD DEVELOPMENT/EARLY CHILDHOOD EDUCATIONAL TRAININGS
 - ❖ POLICY PROCEDURE & CONTRACT DEVELOPMENT
 - ❖ ANNUAL QUALITY IMPROVEMENT GRANTS
 - ❖ BUSINESS PLANNING & ADVERTISEMENT
 - ❖ HEALTH & SAFETY TRAININGS
 - ❖ CHILDREN'S PLAY-SCAPES
- and much more.

Just Call and we will come for a visit to HELP answer your questions.

Contact Kim at 218-983-3285 x1215 or email
Kim.Lage@whiteearth-nsn.gov

White Earth Child Care Licensing for the White Earth Reservation

You can reach the Anishinaabeg Today at
today@whiteearth-nsn.gov or 218-983-3285 Ext. 5903

White Earth blood drive brings in 16 volunteers

The White Earth community hosted a blood drive with Vitalant on Sept. 20 at the White Earth Health Center which helped collect a total of 15 units of blood products for patients in need.

A total of 16 individuals volunteered to donate blood and 14 individuals were able to successfully donate. One donor also came forward to donate Power Red Cells (2RBC) which collects two units of red blood cells while returning platelets, plasma and a saline solution back to the donor. There was one person who volunteered for the first time!

Vitalant expressed their gratitude to Randi Berry-Anderson, who coordinated the drive, and the White Earth Health Center which provided the location for the blood drive.

The need for blood is constant and Vitalant strives to always keep a five-day supply of every blood type on the shelf to be able to meet the needs of patients across the region. Trauma and burn

patients, premature infants, heart surgery patients, organ transplant recipients and people fighting cancer all require blood transfusions for their care.

Blood donations are needed daily to maintain a strong blood supply and meet ongoing patient needs. Vitalant encourages healthy individuals to make blood donation a part of one's regular routine to help meet the ongoing needs.

Donors can make a convenient appointment to give blood at www.donors.vitalant.org or by calling 877-25-VITAL. With each donation, donors receive a free total cholesterol test and earn reward points.

Blood donation takes about an hour from check-in to refreshments, while the blood draw typically taking less than 10 minutes. Donors can save about 20 minutes by completing their Health History Questionnaire the day they donate on www.vitalant.org/health

American Indian / Alaska Native Heritage Month facts

The first American Indian Day was celebrated in May 1916 in New York. The event culminated an effort by Red Fox James, a member of the Blackfeet Nation, who rode across the nation on horseback seeking approval from 24 state governments to have a day to honor American Indians.

In 1990, more than seven decades later, then-President George H.W. Bush signed a joint congressional resolution designating the month of November "National American Indian Heritage Month." Similar proclamations have been issued every year since 1994 to recognize what is now called "American Indian and Alaska Native Heritage Month."

The following facts are possible thanks to responses to the U.S. Census Bureau's surveys. We appreciate the public's cooperation as we continuously measure America's people, places and economy.

Did You Know?

1.5 million

The number of people who identified as

Cherokee in the 2020 Census. Cherokee was the largest American Indian alone or in any combination population group in the United States in 2020. The Navajo Nation was the most common American Indian alone response with 315,086 people.

9.7 million

The nation's American Indian and Alaska Native population alone or in combination in 2020.

324

The number of distinct, federally recognized American Indian reservations in 2022, including federal reservations and off-reservation trust lands.

574

The number of federally recognized Indian tribes in 2023.

122,579

The number of single-race American Indian and Alaska Native veterans of the U.S. armed forces in 2022.

WE welcomes MN Dept. of Commerce Commissioner



Submitted photo

White Earth Tribal leaders and staff recently met with Minnesota Department of Commerce Commissioner Grace Arnold for a yearly consultation. Some of the many agenda items included Energy Assistance and Weatherization Programs, Tribal Advocacy Council on Energy, Broadband/Telecom legislative proposal, and review of the Tribal Consultation Policy.

White Earth Council of Elders

By Lucille Silk, Chairperson

White Earth Nation Council of Elders

The Oct. 3 meeting had to be rescheduled to Oct. 10 at Naytahwaush due to our Secretary being ill. The minutes of future meetings will be published in this paper by request of some members that are unable to attend. Nominations were made for all officers. Voting for these positions will be done at our December meeting which will be held in White Earth at the newly remodeled Elder Nutrition site at the Congregate complex.

The quarterly meeting for Wisdom Steps was held Oct. 11-12 in Grand Portage, Minn. There are nine Tribal Governments and three Urban communities that are members of this Board. I am proud to announce that I was re-elected as Vice Chair. Marie Spry (Grand Portage) was elected Chairwoman, LuAnne Crowe-Fairbanks (Red Lake) is Secretary, and Gloria Love (Bois Forte) is Treasurer. Thank you all for your continued support of those that were re-elected and our new member and we propose to continue as best we can to benefit our constituents. In addition to the new elections, our committees were revised and organized. Mii-Gwetch to the new volunteers of those committees.

There were six members of this organization that were able to attend the National Indian Council on Aging in Raleigh, N.C. We all attended the meetings, banquets, Honoring of Veterans, and Region 3 caucus meetings. We did push through the two Resolutions from our Tribe that were focused on both Health and Housing disparities of our Native Elders from this White Earth Nation.

It was interesting to note that most of the Tribes had similar disparities but ours were more defined to the two areas. The same two Resolutions were presented and after brief debates were accepted and will be forwarded on to the lobbyists for further consideration. We had some difficulties with distance and flight re-configurations, but we still made the conference in time. The next conference will be in Oklahoma in 2025.

On Oct. 25, the Halloween Health Fair was held in Naytahwaush at the Sports Complex with the favorite serving of chili. Our White Earth Nation Wisdom Steps Program had a booth and were visited by both Elders and youth. We were prepared and provided information and membership cards to many Elders. Two of us dressed and had fun talking and sharing with many and offering apples and tangerines, popcorn balls, fun eyeglasses, crackers with cheese or peanut butter, and little socks for the babies. There was a great turn-out at this annual event.

It is always heartbreaking to hear of the death of one of our respected Elders. Paul "Poncho" Williams served this Nation as a District III Representative on the RBC, was a life member of Ogema VFW Post 9880 and raised his family here. Our condolences to the family and to all others that have lost loved ones.

The next meeting of WENCOE is on Tuesday, Nov. 7 at the Rice Lake Elder Nutrition site after lunch - about noon.

"When you arise in the morning, give thanks for the morning light, for your life and strength. Give thanks for your food and the joy of living. If you see no reason for giving thanks, the fault lies in yourself..." Tecumseh

Lucille Silk, Chairwoman / 218-983-3768

Lawrence (Sam) Crowell, Vice Chair / 218-252-9390

Missy Fairbanks, Secretary / 218-401-0553

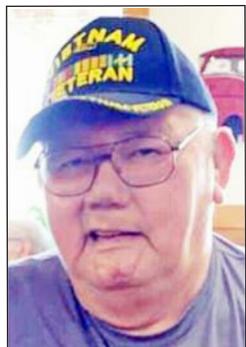
Feel free to visit us at:

www.facebook.com/WhiteEarthNation

Remembering Paul “Poncho” Williams White Earth Elder, Veteran and former District III Rep.

Paul “Poncho” Eugene Williams, 75, died Oct. 24 at Essentia Health- St. Mary’s in Detroit Lakes Minn., surrounded by his family.

He was born April 7, 1948 in White Earth. He is the son of James Allen and Margaret Louise (Fairbanks) Williams.



Paul entered the Army in 1967 and served as a Combat Engineer during the Vietnam War. He was a very proud Veteran and was able to experience the “Honor Flight” to Washington, D.C., with his daughter, Martha. This was a highlight in his life.

Poncho married his sweetheart Carolyn on Dec. 27, 1975. They lived and raised their family on the White Earth Reservation.

Poncho had several jobs throughout his lifetime. “Jack of all trades” is what his girls liked to refer to him as. Poncho was a former District III Council member for White Earth Nation in which he served his term for the love of his people and Reservation. Poncho retired as a truck driver in early 2000. In his retirement he enjoyed attending his grandchildren’s sporting events, playing cards and dice, drinking coffee and being with family and friends. Holidays and family dinners were two of his favorite things.

Paul “Poncho” left an indelible mark on the lives of all those who knew him. He will forever be remembered as the heart of the family, a dedicated

and loving father and grandfather and loving husband to his wife. He will be deeply missed by family, friends and all those whose lives he touched by his love and kindness.

His legacy lives on through wife, Carolyn and children: Martha Williams, Julie Williams, Karen (Terry) Pate, Angela (Dennis) Fuoss Jr., Jennifer (Christopher) Crockford, and Raul Williams. Poncho adored all his grandchildren: LeRoy, Gerome, I’zayah, Nevaeh, Tommy, Andy, Raven, Brendan and Rashad; and great grandchildren: William, James, Emmilyn and Marcy.

Siblings: Marlys Hammernick and Merlin (MaryAnne) Williams Sr.

Special friends: Christina Williams, Jannessa Hoban, Ashley (Chastity DeGroat) Bailey, Bob Moran Sr., and Micheal “Abe” Larson.

He is preceded in death by his parents, James and Margaret; siblings Lyle “Cadunk” Williams, Steve Williams, Virgil “John” Williams, Valerian “Butch” Williams, Ronald “Jerk” Williams and Donna Peterson; and granddaughter, Maggie Mae.

A visitation was held Sunday, Oct. 29 at David-Donohewer Funeral Home in Detroit Lakes and a Mass of Christian Burial was held Monday, Oct. 30 at St. Benedict’s Catholic Church in Ogema with Fr. Greg Gallagher officiating.

Interment: Calvary Cemetery in White Earth.

Arrangements: David-Donohewer Funeral Home of Detroit Lakes.

Online: www.daviddonehower.com

CWD Testing

Reservation hunters encourage to participate in program

Fall hunting and gathering season is upon us and it is time to get ready for winter. The White Earth Natural Resources Department will be asking everyone to drop off deer heads for CWD sampling. Last year there was 53 heads submitted for sampling and thankfully all came back negative for CWD. We would like to thank everyone who submitted heads last year again it was a great effort.

Head drop-off: New for this year will be drop off freezers located at the RBC headquarters at the entrance door for the Land office. It’s the first door/sidewalk north of the main entrance. The other location will be at the White Earth Natural Resources office in Mahnomen on Highway 59. Hunters will only be able to drop off heads Monday through Friday from 8 a.m. to 4:30 p.m. Hunters will fill out their registration online and staff at each location will be on-sight to assist and give out bags and tags needed for the deer head.

Once registration is complete, hunters will be given their gift card. Deer heads must be antler free and cut just a few inches behind the skull. More specific directions will be posted at each site and on social media for better viewing. There will be bags and numbered ear tags to be attached to the head. This ear tag and number will be used for online registration portion.

Recording requirements: There will be the same recording requirements for this year that will hopefully help streamline and make it easier for drop offs. There is a hyperlink: <https://arcg.is/1qrW90> that will be used to register deer heads. Drop off sta-

tions will also have a barcode that can be scanned by your smartphone and opened up directly for data input. Each location will have staff that can also help with registration as needed. Deer must be harvested within the reservation boundaries and please record the most accurate location as possible.

Deer head incentives: This year there will be a \$500 gift card for Reed’s Sporting Goods in Walker Minn., donated by the White Earth RBC for the winner of the Tribal member drawing. There will be Cablela’s gift cards given to everyone (Tribal members and non-Tribal members that register a deer head). Tribal members will need to show your ID card to register for the \$500 gift card at the end of the season.

Please provide accurate contact information so that we can get test results to each of you in a timely manner. You can register as many deer as you like provided they are legally harvested, tagged and have the accurate harvest location for each deer.

If anyone has any questions please contact Doug McArthur at 218-935-2488 or doug.mcarthur@whiteearth-nsn.gov.



White Earth Nation has a Facebook page!
www.facebook.com/WhiteEarthNation

Energy Assistance Program Notice

The 2024 Energy Assistance Program is accepting applications, please call for an application or you can pick one up at the office in Waubun. Watch the White Earth web page for one also. For those of you that have applied last heating season, you will receive an application in the mail.

Please keep in mind to fill out your application clearly and completely and with all necessary documentation, this will make for a faster process.

Always keep in mind to check your tanks - running out will adhere to more problems. Summer prices are at a low this time of year, call your company to set up payment plans or arrangements if suitable.

This year there is a couple changes we would like you to know about, first one is, this year you will only have to show proof of one month’s income. Second, there will be no water assistance this year.

Homeowners - at any time you have a furnace problem please call the office and check on assistance. Please change filters once a month for adequate maintenance.

Any questions on the program or if you need to fax any information, please call the number or fax below. Hope you had a great summer!

Anticipated funds in November!

Phone: 218-473-2711 / Toll Free: 1-866-885-7656 / Fax: 218-473-2719

First Thunder Being House

Programs for Our Youth

218-983-4693.

Circleback

Oshki Manidoo

Juvenile to Healing Wellness Court

Dually Involved Youth

Peer Support

Prevention

We work with Youth,

Who are experimenting or beginning to use,

LTOP Circleback

Who are actively using,

IOP Circleback

Who need inpatient services,

Oshki Manidoo

Who are involved in the court systems,

Juvenile To Health Wellness Court

Who are having behavioral problems,

Dually Involved Youth

Who need other services,

Peer support and Prevention

HAVE YOU BEEN INJURED:



Nycklemoe & Ellig

ATTORNEYS AT LAW

Call JOSEPH R. ELLIG & VAN R. ELLIG

“Our family helping your family since 1925”

**Hurt at work or in
an auto accident?**

**Slipped & fell or
attacked by a dog?**

**Fergus Falls
218-736-5673**

*Licensed in Minnesota and White Earth Tribal Courts

Community gathers for annual Women's Night Out

Almost 280 community members attended the annual Women's Night Out held Oct. 17 at the Mahnomen Shooting Star Casino.

One of the guest speakers was Deb Killian, a certified Lifestyle coach who talked about Diabetes and the Prevent Type 2 Program (PT2). Renee Krebsbach, Gail Borgrud and Carla Soyring shared their experience as being part of the first group to complete the 1st PT2 program - 11 people successfully completed the program. If you would like to more information, please call 218-983-3286

Also speaking were Melissa Buffalo and Wyatt Pickner (the only gentleman allowed to attend the event) from the American Indian Cancer Foundation. They shared their knowledge on Indigenous peoples health, cancer rates and outcomes, as well as their personal stories.

Breast cancer is the second leading cause of cancer death for Native women - approximately 1 in 8 women will get breast cancer in their lifetime.

Melissa encouraged all to spread the word about getting an annual screening to improve all Native American women chances of survival. Early detection is especially important for those with a family

history of breast cancer or if they have any symptoms.

If you notice any thicker areas with hard lumps, changes to the feel of the skin, inflammation, sores, or abnormal leakage of the breast. See your doctor right away. Additional resources can be found at www.americanindiancancer.org



Submitted photos

The annual Women's Night Out was held Oct. 17 at the Mahnomen Shooting Star Casino. **Top:** The master of ceremonies was Cyndy Rastedt - WE Public Health. **Left:** Deb Killian - WE Public Health, spoke on diabetes prevention. **Right:** Melissa Buffalo - American Indian Cancer Foundation, left, spoke on Native cancer rates and outcomes. Also pictured is Paulie Neisen - WE Public Health.

THE DOCTOR'S CORNER

Blepharitis is inflammation of the eyelid

By Savannah Meyer, KYCO Extern
and
David J. Bellware, OD
White Earth Health Center

Do you ever wake up in the morning with crusty or burning eyes? You could be one of the two million Americans struggling with blepharitis. Blepharitis is inflammation of the eyelid that can effect tear production and ocular comfort. It affects people of all ages, ethnicities, and gender, although it is more common in individuals over the age of 50.

Blepharitis can be caused by microorganisms that grow and live on the eyelids and eyelashes. Too much bacteria on our eyelashes and around our eyes can cause inflammation and irritation. It is normal to have some bacteria on the skin and eyelids, but too much can lead to red eyes, burning, or even crusting around the eyelashes and eyelids. More recently, advances in technology have enabled better visualization of microscopic organisms that are present on the eyelashes and lids. Demodex are tiny mites that live on our skin, especially near our hair/lash follicles and glands. They are normal and should exist in low numbers; however when they exist on the eyelids in excessive numbers, they may cause eyelid changes that can lead to Blepharitis. Currently there are medications that are being developed to help combat demodex.

Blepharitis can also affect the Meibomian glands of the eyelid. The Meibomian glands are long, skinny oil glands that secrete part of the tear film and they open on the part of the eyelid that contacts the eye. There are about two dozen meibomian glands that line our lower eyelid, and slightly more on the upper eyelid. The job of these oil glands is to cover the surface of our eyes with oil. This stops the tears from evaporating between blinks. If these glands become inflamed and capped from Blepharitis; it can lead to dryness or even the formation of a sty.

Although blepharitis can be uncomfortable, there are certain things that can help. Some of these remedies can even be done at home. The most important thing to prevent blepharitis is to keep your eyelids clean. Remember to always remove any makeup at the end of the day. If you feel like your eyelids or eyelashes have a lot of crusting, take a warm washcloth and lay it on top of your closed eyes. This will help loosen the flakes and will help prevent the oil from hardening and clogging the oil glands. You can also see your eye doctor and they can help you set up a management plan because Blepharitis tends to be a chronic condition. The doctor might even recommend additional treatment such as lid scrubs, eye drops or ointments for more moderate cases.

If you notice anything abnormal regarding your eyes or vision, it is always a good idea to set up an appointment with your eye doctor. Using special instruments, such as a microscope, they will be able to look at your eyes, eyelids, and eyelashes. They will also be able to see if you have clogged glands, or evidence of Demodex, which may suggest Blepharitis.

NOVEMBER
NATIONAL
NATIVE
AMERICAN
HERITAGE MONTH



Your job search ends here
www.whiteearth.com

Local students complete firearms and ATV safety course

The White Earth Natural Resources department, in collaboration with White Earth Community Service Officers (CSOs), conducted ATV and firearm safety classes for youth at the end of September and on Oct. 1.

An in-person class took place the week of Sept. 25, followed by a field day on Sept. 28 at the Mahnomen Rod and Gun Rifle Range, specifically for students participating in the cultural class at Circle of Life Academy.

On Oct. 1, another field day occurred, with a focus on ATV safety in the morning and a firearm

safety field day in the afternoon.

These activities were designed for local youth who had registered and successfully completed their online coursework.

A total of 28 young individuals obtained their ATV safety certificates, and more than 40 youth received their firearm safety certificates with the combined classes.

We express our gratitude to all the certified instructors, volunteers, and the Mahnomen Rod and Gun Club for their generous provision of their range and facilities. Great job students!



Submitted photos

Rez youth recently participated in ATV and firearm safety classes. **Top:** COLA students at the gun range. **Middle:** Local students at firearm safety class. **Bottom:** Students also participated in ATV classes.

20th Annual
**Communities Collaborative
 Brain Development Conference**
Save the Date
 August 14th & 15th, 2024
 with Preconference August 13th
 Shooting Star Casino & Event Center Mahnomen, MN

Watch for more information coming soon.
 White Earth Child Care and Early Childhood Programs
 sueheister@whiteearth-nsn.gov

**WHITE EARTH NATION COMMUNITY
 WELLNESS & RECOVERY NAVIGATORS &
 Community Health Outreach Workers
 "OSHKABEWISAG"
 (HELPERS)**

Mahnomen Navigator & C.H.O.W
 CSO-Jedediah Desjarlait (218) 401-3829
 C.H.O.W- Dawn Basswood (218) 401-1216
N.T.W. Navigator & C.H.O.W
 CSO-Dustin Keezer (218) 401-0576
 C.H.O.W-Heidi Goodwin (218) 401-4693
White Earth Navigator & C.H.O.W
 CSO-Contact SUE HANKS
 C.H.O.W-Deon Bellanger (218) 401-3844

Community Service Manager
 CSO- Sue Hanks (218) 401-0415
 C.H.O.W- Edith Smith 218-401-3682
Rice Lake Navigator & C.H.O.W
 CSO-Shawn Goodman (218) 401-1989
 C.H.O.W-Indy LaFriniere (218) 401-3828
Pine Point Navigator & C.H.O.W
 CSO-Isaiah Smith (218) 401-3593
 C.H.O.W-Tricia Jones (218) 401-4695

Liaison for our Community
Members for Programs offered on The White Earth Reservation.
 -Access to Rule 25's
 -Access to Mental Health.
 -Access to Narcan
 -Housing Resources
 -Assist with Ceremonies
 -Host Community Events

Outreach:
 Cassandra Hanks (218)-401-1173

Overdose Response Officer
 NTW: Michael Weaver (218)-401-2824
 Mahnomen: Anthony Malmo (218)-401-1141

Overdose Response Coordinator
 Ralph Goodman (218) 401-3198

Behavioral Health Administrator
 Jordan McArthur (218)-401-1071

Rice Lake: Darrel Fox (218)-401-4739
Pine Point: Allison Jones (218)-401-0561
White Earth: Justin Brown (218)-401-3091

**Healthy for you.
 Helpful for all.**

Visit helpfulforall.org to see a list of participating pharmacies.

GET VACCINATED TO HELP SAVE LIVES

Sanford Health is partnering with your neighborhood pharmacy to provide easy access to important vaccines. Together, we are making it easier than ever for you to protect yourself and help prevent the spread of these diseases.

AGING & DISABILITY Vaccination Collaborative
 powered by **USAging**

SANFORD HEALTH

This program is supported by the Administration for Community Living (ACL, U.S. Department of Health and Human Services (HHS)) through USAging as part of a financial assistance award to USAging totaling \$74,999,835 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official view of, nor an endorsement by, USAging, ACL/HHS, or the U.S. Government.

NOTICE OF GENERAL ELECTION
 INDEPENDENT SCHOOL DISTRICT NO 25
 PONSFORD, MINNESOTA

NOTICE IS HEREBY GIVEN, that the general election has been called and will be held in and for Independent School District No. 25, (Ponsford), State of Minnesota, on Tuesday, the 7th day of November, 2023, for the purpose of electing three school board members for three year terms. The ballot shall provide as follows:

SCHOOL BOARD MEMBER
 VOTE FOR UP TO THREE

Put an (X) in the square opposite the name of each candidate you wish to vote for:

The combined precincts and the polling places for this election will be as follows:
 New Pine Point School, Ponsford, Minnesota.

Any eligible voter residing in the school district may vote at said election at the polling place designated above for the precinct in which he or she resides. The polls for said election will open at 4 o'clock p.m. and will close at 8 o'clock p.m. on the date of said election.

A voter must be registered to vote to be eligible to vote in this election. An unregistered individual may register to vote at the polling place on Election Day.

Dated: September 19, 2023 BY ORDER OF THE SCHOOL BOARD



PINE POINT
DIABETIC HEALTH FAIR

Come out to learn more about diabetes and how to live a healthier life!

NOVEMBER 8, 2023
 3 PM - 7 PM
 PINE POINT COMMUNITY CENTER

Soup and Bread Contest!

Prizes for 1st, 2nd and 3rd prizes in both categories

A meal will be served at 6:00 p.m. with salad and beverages provided.

There will be booths from tribal programs and local businesses.

A few vendor tables will be here as well!

If you have questions, contact the Pine Point Community Council about the soup and bread contest and 218-983-3286 ext 1493 for booth information.



White Earth Nation
 TRIBAL PUBLIC HEALTH
Prevent. Promote. Protect.



**White Earth Reservation
 Tribal Enrollment Elder Snow Removal Application**

DATE: _____

Name: _____ Spouses Name: _____

Mailing Address: _____

Physical Address: _____
 Permanent residency is required.

Telephone # _____ Cell # _____ Work # _____

Birthdate: _____ Spouse's Birthdate: _____

Enrollment # _____ Spouse's Enrollment # _____
 Attach a colored copy.

Do you own the home: Yes ___ No ___ if not, name your landlord? _____

Do you live in a Housing home? _____, as they plow for their own Residents/Units.

Which district do you reside in: District I _____ District II _____ District III _____

Detailed directions to your residence (only for new applicants): _____

Estimated length of your driveway (only for new applicants): _____

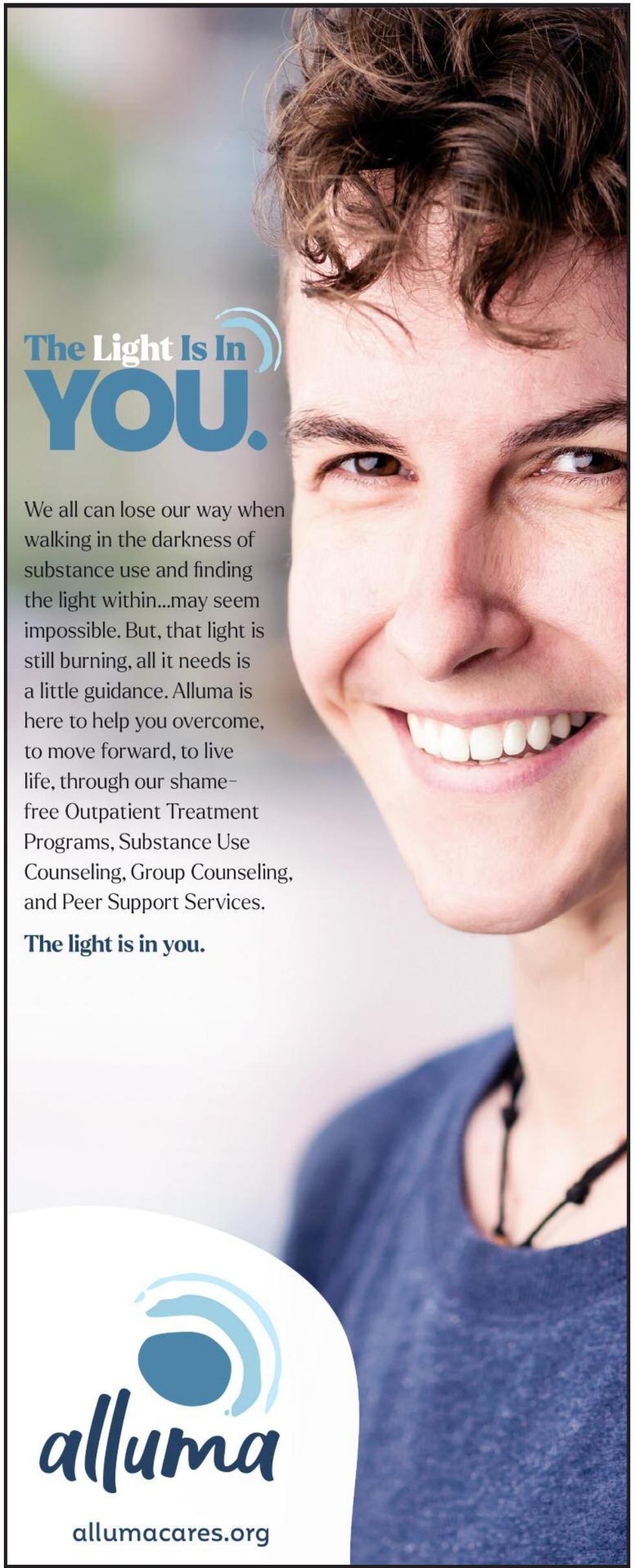
*** Snowplowing will be done only when snowfall accumulation exceeds 4" inches or more.
 *** Snow shoveling of driveway or sidewalk will not be done.
 *** Signatures from the elder will be required this year on the plowers timesheet.

White Earth Water & Sewer Department
 P.O. Box 418
 White Earth, MN 56591
 Phone #: 218-983-3202
 Fax #: 218-983-4350
 E-mail address: Lisa.Donovan-Larson@whiteearth-nsn.gov or Betsy.Smith@whiteearth-nsn.gov

The Light Is In
YOU.

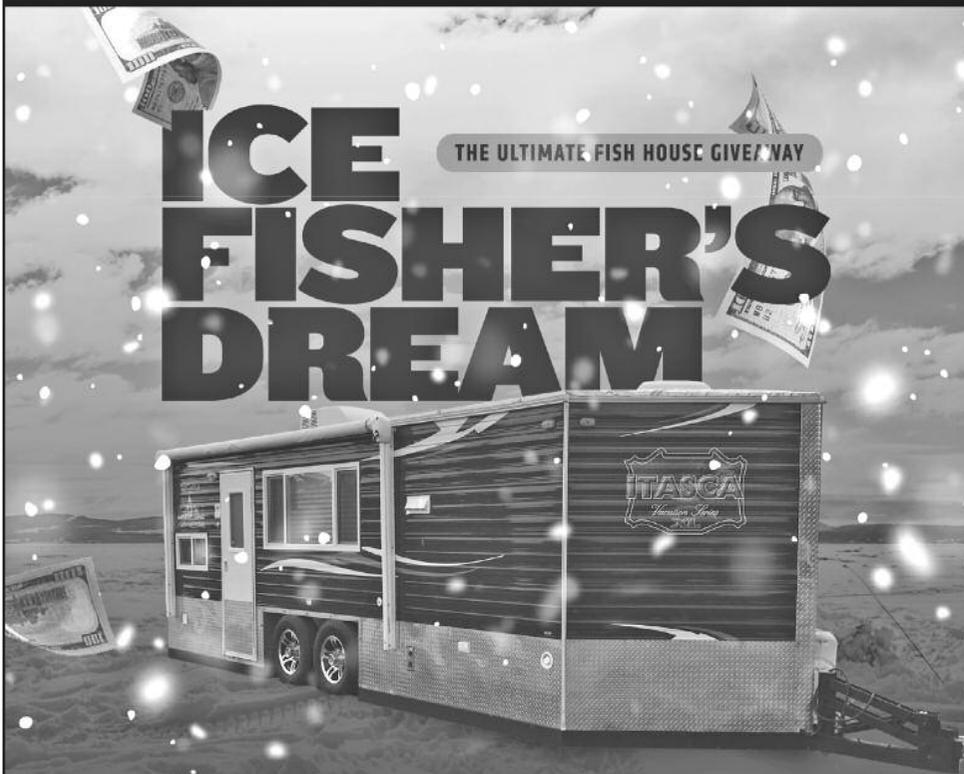
We all can lose our way when walking in the darkness of substance use and finding the light within...may seem impossible. But, that light is still burning, all it needs is a little guidance. Alluma is here to help you overcome, to move forward, to live life, through our shame-free Outpatient Treatment Programs, Substance Use Counseling, Group Counseling, and Peer Support Services.

The light is in you.





MAHNOMEN ✦ BAGLEY
STARCASINO.COM ✦ 800.453.STAR



CHANCE TO WIN CASH OR A NEW FISH HOUSE

Sunday, November 26 | 3PM-8PM

Stay toasty warm while you're ice fishing this winter inside a 2024 Ice Castle RV Edition. Or, get a chance at a nice pile of cash.

CONCERTS

- Randy Houser | November 3
- April Wine | November 17
- Sara Evans | December 8
- Night Ranger | December 15



Proudly owned and successfully operated by the White Earth Nation.
©2023 White Earth Reservation



Energy Assistance Resources*

2023-2024

White Earth Energy Assistance Program - Chris Fairbanks (218) 473-2711
*Additional Crisis Assistance will be available starting October 2023

White Earth Human Services at Naytahwaush Complex

- **Constituent Services:** Assist with \$200 towards enrolled elders 55+ or disabled adults every 6 months for those who qualify. (218) 935 5554 Ext. 3218.
- **Elders Program:** Assist with \$200 towards enrolled elders 55+ once a year. (218) 935 3218. Ext. 3288.
- **Homeless Program:** Assists with utility disconnection, eviction, foreclosure for those who qualify. (218) 935 5554 Ext. 3218.
- **Financial Services Program:** Assists with utility disconnection which includes water, sewer, electric, gas, heating fuel, and eviction, foreclosure, work related emergencies. Applicants are screened for eligibility determination per program guidelines and policy. (218) 935-2359 Ext. 3305.

White Earth Reservation Housing Authority: For White Earth Housing renters. Helps with fixing a furnace or water heater. They also help elders with weatherization. (218) 473 4663

Clearwater County: Inter-County Community Council (ICCC). Provides energy assistance, repairs for furnaces, weatherization, etc. for Clearwater, East Polk, Red Lake and Pennington counties. Income guidelines. (218) 796-5144 or 888-778-4008.

Mahnomen, Hubbard, Becker County: Mahube-Otwa Partnership. Helps pay for electric & heating bills, insulating a home, fixing a furnace or water heater, finding shelter. Income guidelines. (218) 847-1385

Heatshare (Salvation Army): As a very last resort, may provide cash grants and emergency assistance with utility and heating bills, on a year-round basis. Provides emergency furnace repairs. Income guidelines. Fargo (701) 232-5565. Northern MN 218-879-5447 / 651-746-3406

*This is a short list of resources. Please contact Programs or Agencies directly to get a more comprehensive list of what assistance and/or services they can provide and how you may qualify.

MN TRIBAL COMMUNITY
FARMER AND RANCHER LOANS
AS LOW AS \$2,000
218-983-4020 | www.weii.website
Collateral is required. All loans subject to underwriting and credit approval.
THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER
White Earth
INVESTMENT INITIATIVE



Submitted photo

Community members and staff attended a recent Gathering of Native Americans event in Naytahwaush. The three-day event focused on four themes: Belonging, Mastery, Interdependence, and Generosity.

White Earth Mental Health hosts GONA event

By Deondra Jackson, LSW
Mental Health Crisis Clinical Trainee
White Earth Mental Health

In October, White Earth Mental Health hosted a Gathering of Native Americans (GONA) in Naytahwaush. This was a three-day event, and we are so happy with the turnout of this event. We had approximately 40 participants throughout the three days.

GONA focuses on four themes: Belonging, Mastery, Interdependence, and Generosity to promote individual and community healing.

GONA is not your “typical conference.” Throughout the three days, attendees were able to get to know each other on a more personal level, participate in activities, and develop a plan to work towards community building and healing. One of the activities involved creating a “shield” to protect themselves, family, and the community from events that may impact overall well-being and to promote healing.

We loved to see individual’s ideas come to life. We plan to host another GONA conference in the future. In the meantime, watch for other upcoming outreach events.



Submitted art photos

White Earth Mental Health recently hosted a Gathering of Native Americans (GONA) event in Naytahwaush. One of the activities involved creating a “shield” to protect themselves, family, and the community from events that may impact overall well-being and to promote healing. **Above:** Two of the shields that were created during the three-day event.

Call For Move-In Specials!

WHITE EARTH CONGREGATE HOUSING

WAUBUN, MINNESOTA

White Earth Congregate Housing has immediate openings for 1 bedroom units. Must be 62 years of age or 18 years of age with a disability.

Rent includes water, sewer, garbage and heat. Rent is based on income. Certain restrictions apply

For complete information call DW Jones Management, Inc. 218-547-3307 or www.dwjonesmanagement.com
CREATING BETTER LIVING!



Equal Housing Opportunity TTY 711

White Earth Urban Office

The White Earth Urban Office is located at 1730 Clifton Place, Suite 100 in Minneapolis.

612-813-1590 / Office hours: 8 a.m. - 4:30 p.m.

WECARE

White Earth Coordination Assessment Resources & Education

Contact Information:

White Earth Tribal Health
Phone: (218) 983-3286

Ask to speak to the “WECARE Program”

WECARE Navigator
Phone: (218) 401-3185 or (218) 983-3286 Ext. 1413

WECARE Navigator
Phone: (218) 401-2738 or (218) 983-3286 Ext. 1273

WECARE Navigator
Phone: (218) 401-2990 or (218) 983-3286 Ext. 1341

WECARE Navigator
Phone: (218) 401-3241 or (218) 983-3286 Ext. 1491

Anishinaabeg Today Readers

Please let us know if you recently moved, or have moved in the past few years so we can cancel your old address.

Many papers are still being sent to old addresses!

Call the *Anishinaabeg Today* at 218-983-3285 Ext. 5903 or email today@whiteearth-nsn.gov

Learn to Teach

Early Childhood Education

Earn an AA from White Earth Tribal & Community College and/or a BS degree in Early Childhood Education from UMN Crookston. No tribal affiliation required.

Head Start Pathways Program (HSPP)

- ✓ Scholarships for Tuition Fees & Books
- ✓ Laptop, IT & Other Support
- ✓ Merit & Need-based Stipends



More info:

hssp@wetcc.edu
218-936-8370
wetcc.edu/hssp



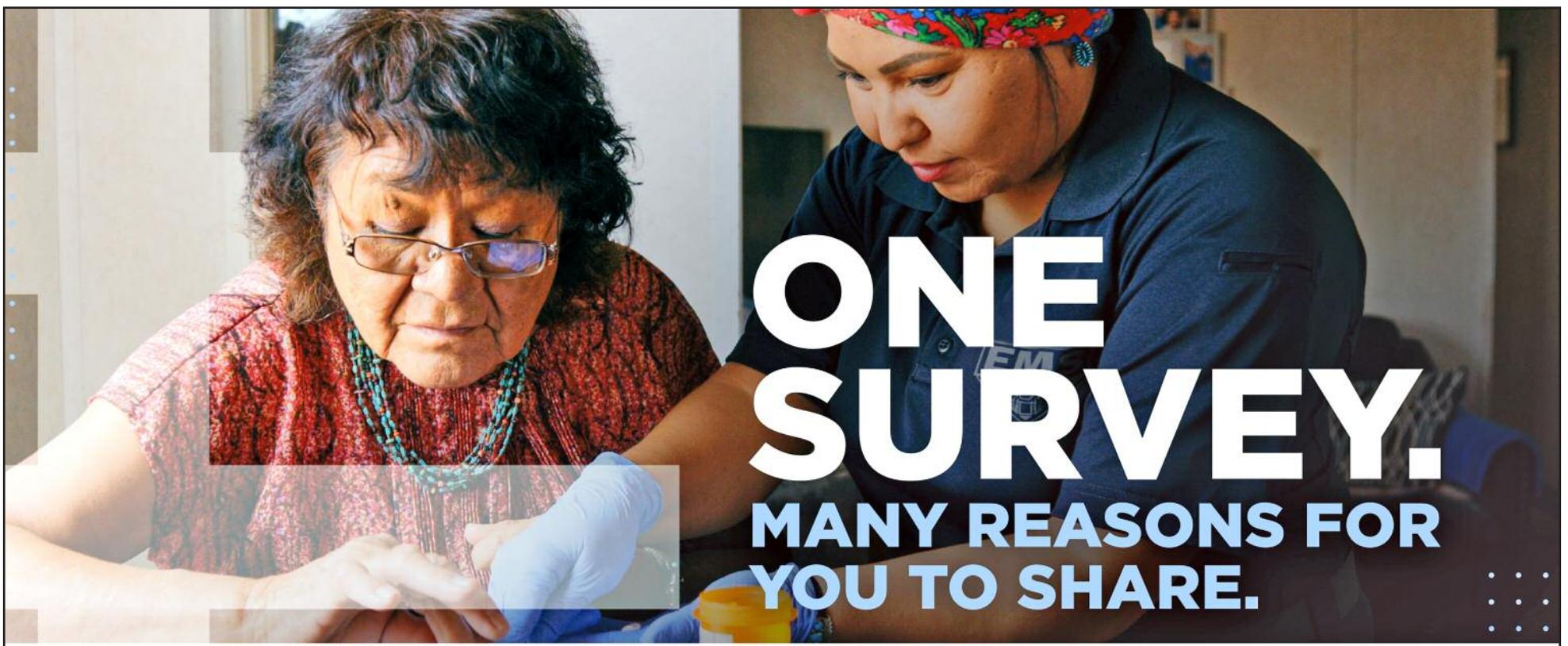

Finding and hiring the right team to take your company to the next level?

We've got a loan for that.

White Earth Investment Initiative offers affordable business expansion loans for Native American businesses.



This institution is an equal opportunity provider and lender. (218) 983-4020 | www.wei.website



ONE SURVEY.

MANY REASONS FOR YOU TO SHARE.

Every three years, Sanford Health conducts the Community Health Needs Assessment to learn more about the health and well-being of everyone we serve. Answer simple, confidential questions to help improve care in your community.

Complete the survey by Dec. 31.



Community Health Needs Assessment
◀ Scan to take the survey



E-cigarettes and Youth: What Parents Need to Know



WHAT ARE E-CIGARETTES?

Electronic cigarettes (e-cigarettes) are battery-powered devices that deliver nicotine, flavorings, and other ingredients to the user. Using e-cigarettes is sometimes called “vaping.” E-cigarettes do not create harmless “water vapor” – they create an aerosol that can contain harmful chemicals.

HOW MANY YOUTH ARE USING E-CIGARETTES?

- E-cigarettes have been the most commonly used tobacco product among U.S. youth since 2014.
- In 2020, CDC and FDA data showed that at least 3.6 million U.S. youth, including about 1 in 5 high school students and about 1 in 20 middle school students, used e-cigarettes in the past 30 days.

WHAT ARE THE RISKS FOR YOUTH?

- Most e-cigarettes contain nicotine, which is highly addictive. Nicotine exposure during adolescence can:
 - » Harm brain development, which continues until about age 25.
 - » Impact learning, memory, and attention.
 - » Increase risk for future addiction to other drugs.
- Young people who use e-cigarettes may be more likely to go on to use regular cigarettes.
- Many e-cigarettes come in kid-friendly flavors – including mango, fruit, and crème – which make e-cigarettes more appealing to young people.
- E-cigarette aerosol is not harmless. It can contain harmful substances, including:

» Nicotine	» Ultrafine particles
» Cancer-causing chemicals	» Flavorings that have been linked to lung disease
» Volatile organic compounds	» Heavy metals such as nickel, tin, and lead



“Take me to your leader...”



Submitted photos

A community event was held on Oct. 11 to learn more about the Annular Eclipse that took place on Oct. 14.

It was a great turnout and a little over 100 showed up at the White Earth Tribal and Community College in Mahanomen to receive solar glasses that were sent from the Space Science Institute's (SSI) Star Library Network. Funded by the Gordon and Betty Moore Foundation, the goal was to distribute two million pairs of safe solar-viewing glasses as well as eclipse information through public libraries across the country. In addition to the glasses, there was storytelling and moon activities!

The event was a collaborated effort with White Earth Head Start Homebase (Vicki Brun), ECFE (Julie Molacek), Lakes Agassiz Regional Library - Mahanomen (Kathy Dewey) and the White Earth Childcare Program White Earth Library Maamigin Achigaazo "The Gathering Place" (Ann Fain).

Top: Enjoying the event at the White Earth Community and Tribal College are Julie Molacek, left, Dax Roy, Vicki Brun, Colt Roy, and Ann Fain.

Bottom: Checking out their solar-viewing glasses are Jedidiah and Silas Fain.



Submitted photo

Actor and musician Wes Studi was invited by White Earth enrollee Angie Vig to visit her guitar shop in St. Paul while he was in town. From left are Wes Studi, Angie Vig, Eddie Chuculate and Ted Vig.

Actor Wes Studi stops by guitar shop owned by White Earth enrollee

White Earth enrollee Angela Vig, owner of Vig Guitar Shop in St. Paul, Minn., recently invited Native actor Wes Studi to her shop because he is also a musician, and he is in town for a bit starring in "For the People" at The Guthrie Theatre in Minneapolis - alongside White Earth's very own Ernest Briggs!

"I couldn't believe it when he and his friend Eddie Chuculate (author of "This Indian Kid") walked in my shop on Oct. 18. I can't begin to explain my joy. I mean he is my first memory of seeing our people (the real ones) in the movies. I celebrated his work and thanked him for paving the way and getting us seats at the table.

"We had a great conversation, and it was so comfortable...so familiar, ya know? It felt like sitting with my uncles. I told him about how when he did this one thing with his hands in a Reservation Dogs episode in the first season that my great-grandfather and grandmother used to do, and that it made us laugh and reminisce. He laughed and said he felt dated! That wasn't my intention, I just wanted him to know how good that made us/me feel," said Vig.

Vig said she was so grateful that Studi took the time to "stop by and create memories with us."

"To say my heart was full is an understatement, but then he picked up a bass, my husband Ted picked up a guitar, and he asked me to sing...and we jammed. Howah!"

Vig posted the videos on her social media page "Vig Guitars."



Actor Wes Studi with WE enrollee Angie Vig.



877-410-8550

anonymous crime and elder abuse tip line



Submitted photo

Ed Keogh, VFW State Junior Vice Commander, left, presents Doug Fabre with a Diamond Jubilee Award honoring 75 years operation for Ogema VFW Post 9880.

Ogema VFW celebrates Diamond Golden Anniversary

The Veterans of Foreign Wars of the United States is proud to announce that VFW Post 9880 in Ogema recently celebrated 75 years of serving the needs of local veterans and their families.

The Diamond Anniversary Award Citation was presented to the Post in recognition of 75 years of outstanding service to the community.

Timothy M. Borland, VFW National Commander congratulated all members of the Post

saying, "I send my sincere thanks and appreciation to the members of VFW Post 9880 for their outstanding record of service to the community, veterans and to the nation over the past 75 years."

The Veterans of Foreign Wars of the United States Auxiliary presented Ogema VFW Auxiliary No. 9880 with a 75th Anniversary Certificate and commended them for 75 years of service to veterans, service members and their families.

Bingo! White Earth Urban CC hosts event for Elders



Photos by Char Lee

The White Earth Urban Community Council hosted a bingo event for Elders on Oct. 21 in Minneapolis. The afternoon featured a pot luck meal and bingo for table gifts and gift cards.

COLA hosts powwow



Photos by Gary W. Padrta

The Circle of Life Academy recently hosted a powwow in their gymnasium. New royalty for COLA are Carl Wadenah - Senior Brave, Tyler Smith - Junior Brave, Leenah Hanks - Senior Princess and Ja'Niya Hanks - Junior Princess.

Congregate kitchen gets makeover



Photo by Kat Thompson

Construction began in late March to upgrade the kitchen at Congregate housing in White Earth Village. A grand opening celebration was held Oct. 18 with a meal, tour and door prizes for elders.

District II seeing exciting changes down the road

By Eugene Sommers
District II Representative

Boozhoo Anishinaabe,

There are a lot of exciting projects happening in District II that I want to share with you.

Mahnomen Boys & Girls Club On Track for Early December Completion

Amid the steady progress at the Mahnomen Boys & Girls Club, the team is optimistic about the timely completion of the facility by early December. Despite the expected construction delays, significant headway has been made. Notably, windows have been installed, vibrant colors now adorn the walls, and furniture orders have been placed.

Currently, the focus lies on finalizing the kitchen and flooring installations. The comprehensive site will comprise a welcoming lobby, a dedicated teen room, a fully equipped computer room equipped with new computers courtesy of the Orphaned Starfish Program, office spaces, a processing/intake room, a half-court gym, and a spacious cafeteria/arts multi-purpose room. To ensure convenience for the young members, lockers will be provided for storing personal belongings during their time at the club.

Emphasizing a safe and secure environment, the facility aims to cater to the diverse age groups of the youth it serves, offering extensive programming in line with the five key areas of the Boys & Girls Club. Notably, the club will house a fully functional kitchen to provide hot meals prepared on-site for the youth.

Additionally, the club will offer an array of specialized programs, including the TRAIL – Diabetes prevention initiative, OJJDP mentoring, and DEED workforce/ career readiness sessions, featuring semi-hands-on training for life skills such as virtual reality-based lessons on practical tasks like oil changes.

A significant emphasis is placed on holistic development, with a blend of physical sports activities for all ages. The club encourages academic excellence by providing homework assistance and fosters creativity by actively seeking input from the youth on what they would like to see at the club. In line with the ethos of the Boys & Girls Club, the primary goal remains to ensure that “Great Futures Start Here.”

Naytahwaush Sports Complex and Mahnomen Community Council Set to Launch Exciting New Recreational Additions Next Spring

Naytahwaush and Mahnomen communities are gearing up for an exciting transformation of their recreational spaces. With plans to introduce new basketball courts and playground equipment at the Naytahwaush Sports Complex in spring 2024, residents can anticipate a vibrant recreational hub alongside the existing softball fields.

Additionally, efforts are underway to secure funding for improved seating and lighting at the softball fields. The Mahnomen Community Council is also set to establish a new community park mirroring the Naytahwaush site's design, featuring a double basketball court and modern playground.

Naytahwaush Skatepark Revamp Underway

Naytahwaush residents and skateboarding enthusiasts can look forward to an upgraded skate park experience as a revamp project gains momentum. Part of the ongoing efforts, we are currently finalizing structural repairs on the existing ramp, including the installation of end capping. Moreover, plans are in place to introduce a new concrete pad, along with the resurfacing of the old pad, ensuring a smoother and safer skating surface for all users.

In a bid to create a more inclusive and dynamic space catering to skaters of all proficiencies, we reached out to the adept designers at Ramp-Parts Skate Ramps. This collaborative effort aims to conceptualize a new park design that will accommodate a diverse range of skill levels, fostering an environment that is both inviting and engaging for the local skat-

ing community. As these exciting developments unfold, the Naytahwaush Skate Park is poised to become a vibrant hub that welcomes skateboarders from near and far.

White Earth Parks & Recreation Enhance Swimming and Fishing Areas in District 2

In District 2, the Parks and Recreation Department has been hard at work, making significant improvements to the swimming and fishing areas.

At Roy Lake, a contractor was brought in to clear out trees and a dirt mound, creating a more inviting and safe swimming area.

BAB's swimming area saw the installation of a 40-foot aluminum dock, generously donated by the White Earth Behavioral Health Department.

Lynwood benefited from weed removal, additional docks, grass seeding, and the installation of park essentials like grills, picnic tables, and fire rings. Shade structures and fences are in the works, emphasizing the dedication to crafting welcoming recreational areas.

Regular maintenance has also ensured the parks are in top-notch condition, with the community showing increased appreciation and usage. Parks and Rec continues to make strides in enhancing the overall quality of recreational life for residents.

New Cell Tower Construction Approved for Naytahwaush Area

Exciting developments are underway as the White Earth Tribal Utility Commission greenlights the construction of a new cell tower to serve the Naytahwaush area. Tower North INC has taken the lead in this initiative, recently sending out the official lease for the project. With the White Earth Legal Department conducting a final review, ensuring all necessary protocols are met, progress is moving steadily ahead.

The construction plans have been meticulously designed, receiving approval from the Tribal Utility Commission, with associated building permits already in place. Tower North INC is set to begin the construction process in the upcoming spring, contingent on the thawing of the ground.

As the development progresses seamlessly, the forthcoming cell tower stands as a testament to the efforts of the Tribal Utility Commission, ensuring improved connectivity and communication services across the Reservation. Naytahwaush residents can anticipate a notable enhancement in communication infrastructure, fostering better connectivity throughout the area.

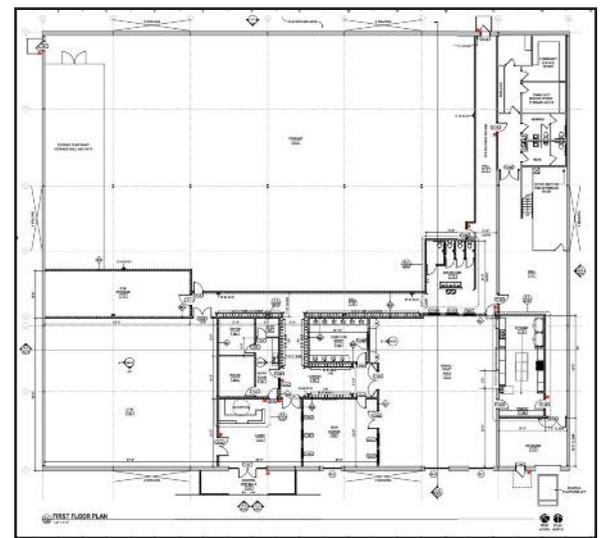
Naytahwaush to Illuminate Streets with Ambitious Lighting Project

Naytahwaush is gearing up for a significant expansion of its street lighting, driven by the dedicated efforts of the White Earth Public Works department. Understanding the importance of visibility and safety, the project will introduce additional street lights, primarily focusing on the west side of the village. This strategic approach is aimed at ensuring well-illuminated pathways in high-traffic areas, fostering a secure environment for residents, especially during the evening. With a strong commitment to community well-being, this initiative represents a crucial step in creating a safer and brighter Naytahwaush for all.

Initial plans have been submitted, with project timelines dependent on DOT funding cycles. Anticipating the approval of the first proposal, scaling down into phases could be a possibility. The team is actively exploring other funding opportunities to support the project's completion.

Progress Continues for Mahnomen Wellness Center as Funding Options Explored

As plans for the Mahnomen Wellness Center persist, we remain focused on charting a viable path forward. Emphasizing the importance of both community well-being

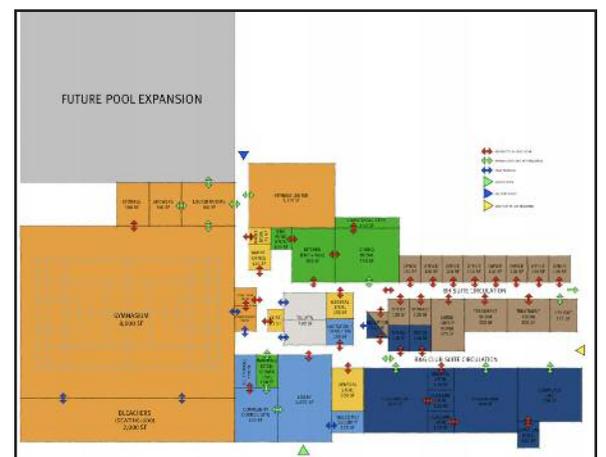


Submitted photos

Layout of the Mahnomen Boys & Girls Club in the old Shopko building.



A new community park will feature a double basketball court and a modern playground.



Layout plans for a future Mahnomen Wellness Center. Financing options are being explored.



White Earth Enterprises recently acquired the car wash in Mahnomen. This will be the future location for the Waabigwan Mashkiki dispensary.

See Projects Page 26

Rice Lake Village - Battle in the Bog

The Rice Lake Community Council held its annual Demolition Derby on Sept. 30 in Rice Lake.

In addition to the derby, a bike drawing was held. The bikes donated from the community council, White Earth Behavioral Health, District 1 Rep. Henry Fox, and Kathy Clark's Community Fund. The council also kept everyone hydrated with their concession stand.

Derrick Dacoteau oversaw organizing the demolition derby. He ensured everything was safe and fun for all participants. Grandpa Guy's Food stand was also set up and served food!

Teen Full-Size Cars

- 1st Breven Welsh
- 2nd Reed Lewis
- 3rd Isaac Decoteau

Adult Full-Size Cars

- 1st Isaac Dacoteau
- 2nd Dustin Johnson
- 3rd Lyle Lewis

Compact Limited Weld Cars

- 1st Darrell Fox
- 2nd Jamie Auginaush
- 3rd Arianna Ellis

Compact Chain Cars

- 1st Jamie Auginaush
- 2nd Dustin Johnson
- 3rd Arianna Ellis

Powder Puff - Women

- 1st Sarah Fox
- 2nd Indy LaFriniere
- 3rd Arianna Ellis

Cheater Class - Free For All

- 1st Rylee Smith
- 2nd Colt McLaughlin
- 3rd Trulo Adams

Tiny Tots- Power Wheels 3 to 5-year-olds

- 1st Shawn Goodman Jr
- 2nd Carter Fox
- 3rd River Armstrong

Other participant Darnell Warren

Tiny Tots - Power Wheels 6 to 9-year-olds

- 1st Frank Auginaush
- 2nd Delilah Neisen
- 3rd Chucky Auginaush

Other participants Richard Armstrong, TJ Warren, and Kaia Bakken.



Submitted photos

The Rice Lake Community Council held its annual Demolition Derby on Sept. 30 in Rice Lake.

White Earth Reservation Food Distribution

2205 271st Ave., Mahanomen, MN 56557
Hwy 200 - 13 miles east of Mahanomen
Phone: 218-935-2233 ♦ Fax: 218-935-2235

WHO MAY BE ELIGIBLE:

All persons residing within the White Earth Reservation boundaries, as well as any person enrolled in a federally recognized Indian tribe residing near the reservation boundaries. Enrollment must be verified. Food Distribution is an alternative to SNAP (Supplemental Nutrition Assistance Program).

Eligibility requirements: Effective October 1, 2023

Household Size	Monthly Income Limit
1	\$1,413
2	\$1,842
3	\$2,270
4	\$2,708
5	\$3,173
6	\$3,636
7	\$4,064
8	\$4,493

Each additional member add \$429

Documentation must be verified for all household members when applying for USDA foods:

- a. **Address** - must verify residency
- b. **Income** - most current taxes, check stubs, etc.
- c. **Social Security Numbers**
- d. **Tribal ID** (if applicable)

Deductions:

- ❖ 20% deduction from household's gross earned income
- ❖ Actual child care expenses paid to non-household members
- ❖ Legally required child support payments to non-household members, documentation required
- ❖ Medicare, Part B (Medical Insurance) and Part D (Prescription Drug Coverage Premiums)
- ❖ Medical expense for elderly or disabled who incur out of pocket expense in excess of \$35
- ❖ Shelter/utility expense - households that incur the cost up to \$500

Office hours

Monday - Friday
8 a.m. to 4:30 p.m.

Store hours

Monday - Thursday
8 a.m. to 3:30 p.m.

Over 100 nutritious food items to choose from.

No distribution Fridays & last work day of the month (inventory)

All applications considered without regard to race, color, sex, age, disability, religion, national origin or political belief.

<http://www.fns.usda.gov/fdpir>



Your job search ends here
www.whiteearth.com



Community Development Bank

For All Your Financial Needs
See Robin, your Commercial/Ag and Consumer Lender (NMLS 1987665)

- Commercial/Business Loans
- Home Loans
- Construction Loans
- ATV Loans
- Ag Loans
- Home Improvement Loans
- Auto Loans
- Boat/Snowmobile Loans

visit us at: www.comdevbank.com
Community Development Bank, Ogema, MN

Member FDIC 218-983-3241 • Fax 218-983-3243 • comdevbank.com

Helping your lungs inhale and exhale

November is Chronic Obstructive Pulmonary Disease Awareness Month

By Amy Elfering, RN
White Earth Tribal Public Health

COPD stands for Chronic Obstructive Pulmonary Disease, which is a progressive condition that can make breathing difficult. The condition occurs when the airways in your lungs become inflamed and narrowed, making it challenging to breathe in and out. The leading cause of COPD is long-term exposure to harmful gases or particulate matter, such as cigarette smoke, second-hand smoke, air pollution, and workplace dust and fumes. Living with COPD can be a difficult and challenging experience that requires careful management to maintain quality of life.

The signs and symptoms of COPD can be gradual and may worsen over time, leading to chronic breathing difficulties. The most common symptoms include shortness of breath, wheezing, chest tightness, and chronic coughing. You may also experience frequent respiratory infections, fatigue, and swelling in your ankles, feet, or legs.

Complications of COPD can be severe and may include respiratory infections, lung cancer, high blood pressure, heart problems, depression, and anxiety. In severe cases, COPD can lead to respiratory failure and the need for supplemental oxygen. To prevent COPD from developing or worsening, quitting smoking and avoiding exposure to other lung irritants is crucial. Additionally, several treatments can help manage symptoms and improve your quality of life. These treatments may include medications, such as bronchodilators, corticosteroids, antibiotics, pulmonary rehabilitation, oxygen therapy, and surgery.

Medications are prescribed to help manage your symptoms and improve your lung function. These may include bronchodilators, which relax the muscles around your airways to make breathing easier, or corticosteroids, which reduce inflammation in your airways. Antibiotics may also be prescribed to treat respiratory infections.

Pulmonary rehabilitation is a comprehensive program that can include exercise training, breathing techniques, and education about COPD and its man-

agement. This program may help you breathe easier, reduce your symptoms, and increase your physical activity. If you have severe COPD, oxygen therapy may be recommended. This involves inhaling oxygen through a mask or nasal prongs to help you breathe more easily and reduce shortness of breath. In rare cases, surgery may be necessary. Lung volume reduction surgery can involve removing damaged tissue from your lungs to improve your breathing, or a lung transplant may be recommended.

Complementary treatments may also help manage your COPD symptoms. Breathing exercises, such as pursed-lip breathing and diaphragmatic breathing, as well as relaxation techniques like meditation and yoga, could help reduce your stress levels and improve your breathing. However, discussing any complementary treatments with your healthcare provider to ensure they are safe and effective for your specific condition is essential. Remember, your healthcare provider is here to help you manage your COPD and improve your quality of life. Don't hesitate to contact them if you have any questions or concerns. Remember, you're not alone; resources are available to help you manage your condition.

Have you heard about the Great American Smokeout? It's an incredible event on the third Thursday of November every year. This year, the Great American Smokeout is Nov. 16. The American Cancer Society started it in 1977 to encourage people to quit smoking and raise awareness about the dangers of smoking. It's a great opportunity to take a step towards a healthier life. You can quit smoking for good or start planning to quit. The Smokeout has helped many people quit smoking and is an important part of the fight against cancer. So why not join the movement and take the first step towards a healthier and happier life?

For help with quitting smoking or help with developing a quitting plan, Contact: MN Quit Program: 1-800-874-8669 or American Indian QuitLine: 1-833-924-7848, or IHS Pharmacy at 218-983-4300.



SHOOTING STAR

NOW HIRING

We're looking for talented and energetic people to join the Shooting Star team! Find the perfect position for you in gaming, hospitality, facilities and more!

FIVE STAR REASONS TO APPLY

- Paid time off
- Retirement plan
- New living wage salary plan
- Free parking and meal discounts
- Medical, dental, vision, life and disability insurance

Apply now at StarCasino.com/Employment

MN Health Commissioner visits White Earth



Submitted photo

The Tribal leaders and staff recently met with Minnesota Department of Health Commissioner Brooke Cunningham at the RBC building. The agenda included: COVID-19/long covid, (WE Home Health and IHS are giving shots now), cannabis legalization, approaches to Substance Use Disorder (SUD), infectious diseases, promoting mental wellness, reviewing the Tribal Consultation Policy, plus more.



2023 DAYLIGHT SAVING TIME INFO

Fall Back
November 5, 2023
at 2:00am

Set your clocks back one hour.
You GAIN an hour.

Special Events

White Earth Council of Elders Mtg.
~November 7th~ Rice Lake

Diabetic Bingo
~November 9th~Naytahwaush
~November 16th~White Earth
~November 30th~Rice Lake

White Earth Elder Nutrition Program
Gaawaabaabanganikaag Ogikaag Miniwanjige
“White Earth Elder Eating Good”
Gashkadino-Giizis (Freezing Over Moon)- November

Elderly Nutrition Program Information

*Daily Menu includes 1% milk, and provides 1/3 of the Recommended Daily Allowance (RDA) set by USDA guidelines, with health conscious and cultural consideration to overall well-being.

*Menu is subject to change depending on product availability and/or schedule changes

Elders Suggested Donation \$4
Guest Meals \$6

Questions or comments please contact :

White Earth ENP Site (218) 983-3744
cooking for Elbow Lake ENP Site
Site Supervisor ~ Tanya Heinonen

Pine Point ENP Site (218) 573-2210
Site Supervisor ~ Angela Clark

Naytahwaush ENP Site (218) 935-5554
Rice Lake ENP Site (218) 694-2795
Site Supervisor ~ Sherry Halberg

Kat Thompson, ENP Manager
Danielle Sutherland, Nutrition Coordinator
(218) 983-3286 ext. 1266
Katherine.thompson@whiteearth-nsn.gov
Danielle.Sutherland@whiteearth-nsn.gov

Mon	Tue	Wed	Thu	Fri
		1 Chefs Choice Main Entrée Vegetable and/or salad Fruit Bread 1% milk	2 Turkey pot pie Steamed broccoli Wheat bread Cranberry sauce	3 Pecan crusted chicken Whipped sweet potatoes Manoomin pilaf Spinach salad Banana
6 Spaghetti w/ meat sauce Breadstick Steamed Cauliflower Mandarin oranges	7 Meatloaf Baked potato Corn Wheat bread Pumpkin mousse	8 Chefs Choice Main Entrée Vegetable and/or salad Fruit Bread 1% milk	9 BLT sandwich Butternut squash soup Wheat crackers Apple crisp	10 Closed for Veterans Day 
13 Brunch for Lunch Chefs Choice	14 Tuna hotdish Peas and carrots Breadstick Baked cinn. peaches	15 Chefs Choice Main Entrée Vegetable and/or salad Fruit Bread 1% milk	16 Birthday Lunch Beef roast Mashed potatoes Manoomin stuffing Green Beans Birthday treat	17 Hominy soup Frybread Garden salad Pears
20 Baked chicken Pesto pasta Roasted zucchini Apricots	21 Ham Scalloped potatoes Steamed peas Croissant roll Fruit cocktail	22 Chefs Choice Main Entrée Vegetable and/or salad Fruit Bread 1% milk	23 Closed	24 Closed  Happy Thanksgiving
27 Fish tacos Seasoned rice Fiesta corn Coleslaw Applesauce	28 Bison meatballs Mashed red potatoes Maple glazed carrots Wheat bread Mangos	29 Chefs Choice Main Entrée Vegetable and/or salad Fruit Bread 1% milk	30 Ravioli w/ sausage marinara Cali blend veggies Garlic toast	

White Earth Food Distribution November Store Hours

Mon-Thurs 8:30-3:30

Office Hours M-F 8-4:30 / 218-935-2233

November 2023 Home Delivery Schedule (Subject to Change)

November 3rd: Bagley, Ponsford & Naytahwaush

November 6th: Mahnomen & Waubun

November 10th: Closed – Veteran’s Day

November 17th: White Earth & Detroit Lakes

November 23rd & 24th: Thanksgiving holiday

November 30th: Store closed for inventory.

No Store hours on Fridays

If you receive home delivery service and will not be home on your scheduled route, please notify us ASAP.

White Earth WIC November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*WIC follows RBC schedule for closings	*Locations and times are subject to change		1 White Earth Tribal Health 8:15-4:00	2 Pine Point Community Building 9:30-3:00	3 White Earth Tribal Health 8:15-4:00	4
5	6 White Earth Tribal Health 8:15-4:00	7 Bagley Elementary School 10:00-3:00	8 White Earth Tribal Health 8:15-4:00	9 Naytahwaush Waabinoke Health Center 9:30-3:00	10 CLOSED	11
12	13 Mahnomen Tribal College 9:30-3:00	14 Mahnomen Tribal College 9:30-3:00	15 White Earth Tribal Health 8:15-4:00	16 Naytahwaush Waabinoke Health Center 9:30-3:00	17 White Earth Tribal Health 8:15-4:00	18
19	20 Rice Lake Community Center 9:30-3:00	21 Bagley Elementary School 10:00-3:00	22 White Earth Tribal Health 8:15-4:00	23 CLOSED	24 CLOSED	25
26	27 Mahnomen Tribal College 9:30-3:00	28 Mahnomen Tribal College 9:30-3:00	29 White Earth Tribal Health 8:15-4:00	30 White Earth Tribal Health 8:15-4:00		

This institution is an equal opportunity provider.

Please call 218-204-0399 or 218-401-4247 to contact our department.



Get COVID-19 treatment by calling 1-844-609-2415

IT'S EASY TO GET STARTED.

Minnesota residents who have symptoms of COVID-19 **AND** tested positive **OR** have been exposed to someone with COVID-19 are eligible to receive treatment at no-cost, provided by the Minnesota Department of Health in partnership with Cue Health.

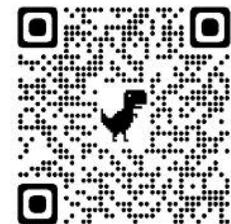
Health insurance is NOT required to receive treatment.

To receive your treatment call **1-844-609-2415** to speak with a healthcare provider.



White Earth Nation
TRIBAL PUBLIC HEALTH
Prevent. Promote. Protect

mn DEPARTMENT
OF HEALTH



Scan the QR code to visit:
<http://care.cuehealth.com/mn>



Obituaries

LaDonna Sue (Bellecourt) Cook

LaDonna Sue (Bellecourt) Cook, (Cuie), 73, originally from White Earth, passed away on Oct. 20, in Stockton, Calif., peacefully in her home surrounded by her family. LaDonna was a strong, independent, beautiful Native American who cherished spending time with her two beautiful daughters, grandchildren, and great grandchildren, along with all her family and friends.



LaDonna was born in Detroit Lakes, Minn., to Herman Sylvester Bellecourt and Bernice Edith (Mason-Hogan) Bellecourt on April 3, 1950. She went to school at Waubun High School and graduated in 1968. She served in the Navy and was awarded the National Defense Service Medal. She was a Hospital Corpsman at the Naval Hospital in Oakland, Calif.

She graduated from Grossmont College with an Associate in Arts in 1978, and North Dakota State University with a Bachelor of Science in Environmental Design and Bachelor of Landscape Architecture in 1989. She worked as a Health System Specialist for Indian Health Services in White Earth for nine years until she retired in 2011.

LaDonna is preceded in death by her parents, Herman and Bernice Bellecourt; and sibling, Randy Bellecourt.

LaDonna is survived by her daughters, Randi (Phil) Beghtel and Michele Opdyk; siblings: Lana Stenberg, Renee (Bill) Christofferson, Craig (Diane) Bellecourt, Carol (Rick) Trowbridge, Wendy Johnson, Mark Bellecourt, and Lori (Joe) Doll; grandchildren: Kasandra Pederson, Zachary (Amanda) Mayville, Mackenzie Mayville, and Mason Beghtel; great grandchildren: Isaac, Jaden, and Nathaniel Gonzales along with soon to arrive (due November) Stetson Mayville; and several nieces and nephews.

A Celebration of Life will be held in Spring 2024 in Minnesota. A time and location will be determined at a later date.

To send cards and condolences to her family in California, please use the following address: PO Box 8314, Stockton, CA 95208.

Jeffrey Russel Miller

Jeffrey Russel Miller passed away on Oct. 22 at the age of 51. He was surrounded by his loving family at Methodist Hospital in St. Louis Park, Minn., during his final days and moments.

Jeff was born to Russell and Rita (Sandberg) Miller on June 5, 1972, in Detroit Lakes, Minn. He graduated from Detroit Lakes High School in 1990 and attended the University of Minnesota Crookston for Hotel and Restaurant Management. Jeff met Melody (Braun) Miller and were married on Aug. 29, 1997. They welcomed their son Connor on Jan. 6, 2002. They later divorced but remained friends.



Jeff met Lisa (Brown) Miller and they were married on Aug. 24, 2013. Jeff and Lisa enjoyed adventure through travel, enjoyment of live music and supporting their favorite Minnesota sports teams. He also enjoyed playing cards with his family and video games with his son. He had a passion for collecting memorabilia from his favorite shows and comic books. Jeff had an amazing sense of humor and could easily bring joy to others. Jeff loved to create nick-names for his family and friends that would also be

accompanied with a song.

Jeff is survived by his wife, Lisa Miller; son, Connor Miller; step-daughter, Marissa Reyna; parents, Russell and Rita Miller; sister, Lori (Mike) Thompson and niece Rowen; Judith Brown (mother in law); Gaylerd and Marlene Brown (father in law and step mother in law); Jason Brown (brother in law); and Stephanie Schaedler (sister in law).

A Celebration of Life will be held Sunday, Nov. 5 from 2 to 6 p.m., at the Social Center of Turtles Bar and Grill in Shakopee, Minn.

White Earth Reservation Council of Elders 2023 Monthly Meeting Dates

Upcoming Meetings

Rice Lake - November 7
White Earth - December 5

All meetings are held at the village nutrition site after lunch.
All Elders 55+ are welcome to join. NO membership fee.

Maurice "Maury" Coughlin

Maurice "Maury" Coughlin, 87, Moose Lake, Minn., died Oct. 12 in Moose Lake Village.

He was born on Jan. 3, 1936, to Max and Ina Coughlin in Detroit Lakes, Minn., where he grew up and attended school. Maury worked as an electrician in Detroit Lakes for Long and Sumner Electric.



On Jan. 17, 1958, Maury married Betty Cook in Detroit Lakes. In 1967, they moved to Moose Lake where Maury began working as an electrician for the Moose Lake State Hospital. He later worked as Building Maintenance Supervisor and retired as Physical Plant Director in 1999 from the same facility which had become the Minnesota Department of Corrections. \

Maury proudly served his country from 1954-1979 in the Minnesota Army National Guard "Viking" Infantry Division and retiring as Captain. During that time, he also served as Company Commander for the Virginia (Minn.) Army National Guard from 1972 to 1974. He was a member of Moose Lodge #479, American Legion Post #379, Sons of Norway, assisted in Boy Scouts and Girl Scouts in Moose Lake, and served on the Moose Lake Water and Light Commission for over 30 years.

Maury was an avid fan of the Vikings, Twins, Lynx, Wolves and local teams. He loved hunting, fishing, camping, bowling, baking for Christmas and decorating the home for every holiday. Maury was a member of Holy Angels Catholic Church and served as Eucharistic Minister (EOM).

He was preceded in death by his parents, Max and Ina Coughlin; sister, Ann Glander; sister and brother-in-law, Ruth and Larry Engen; father-in-law and mother-in-law, Cecil Sr. and Laura Cook; brother-in-law and sister-in-law, Cecil Jr. and Betty Cook; brother-in-law and sister-in-law, Dick and Edith Cook; sister-in-law and brothers-in-law, Carol Barker, John Kraker and Tom Barker.

Maury will be lovingly remembered by his wife of 65 years, Betty; daughter, Candyce (Ralph) Sandberg; sons, Cory (Teresa) Coughlin and Casey (Jillian) Coughlin; grandchildren: Robby (Kristin) Sandberg, Cody Coughlin, Addison Coughlin, Zoe Coughlin, Caden Coughlin, and Olivia Coughlin; great grandson, Austin Sandberg; brother, Rodney (Jane) Coughlin; sister, Carolyn (Bob) Eilertson; brother-in-law, Duane Glander; and numerous nieces, nephews, cousins and friends.

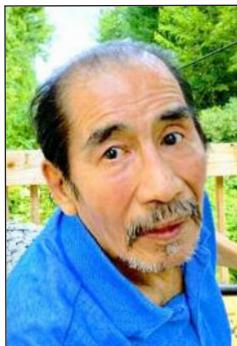
The family would like to express its sincerest appreciation to the staff and caregivers from the Infusion Center (Maury's Girls), Moose Lake Village, Essentia Hospital, Dr. Ryan Harden, Dr. Ray Christensen, and to Mark Faber for all of his help.

A Mass of Christian Burial was held Oct. 25 at Holy Angels Catholic Church in Moose Lake. Burial with Military Honors was held following Mass in Sunset Memorial Cemetery in Moose Lake.

Arrangements: Hamlin-Hansen-Kosloski Funeral Home of Moose Lake.
Online: www.hhkfuneralhome.com

Leon Francis Ellis

Leon Francis Ellis, 71, of Keshena, Wis., Journeyed to the Spirit World on Oct. 11 at his residence. He was born on Jan. 13, 1952, to Frank Hodder and Marlene Ellis in White Earth. Leon was married to Robin and she preceded him in death. He was a member of the White Earth Band of Ojibwe Tribe.



He enlisted in the Marines and proudly served his country during the Vietnam War. He was Gunnery Sergeant. Leon served two tours in Vietnam. He was in Recon, the Marine's toughest unit. He was wounded twice and was awarded two Purple Hearts. Leon also received the following for his service to his country: Rifle Marksman Badge, Combat Action Ribbon, Vietnam Service Medal, National Defense Service Medal, Good Conduct Medal, and the Vietnam Campaign Medal.

He is survived by his son, Sean Ellis; daughter, Heather Ellis; six step-children; brothers: Mike Ellis, Mark Hackley and William Hackley; sisters: Caroline Hackley, Cheryle Hackley, Darlene Baldwin and Karlene Hackley; and three grandchildren.

An all-night visitation was held Oct. 24 and a funeral service was held Oct. 25, both at the Church of Gichitwaa Kateri in Minneapolis.

Pallbearers were all of his family, relatives and friends.

Interment: Fort Snelling National Cemetery in Minneapolis.

Arrangements: Chilson Funeral Home of Winsted, Minn.

On-line: www.chilsonfuneralhome.com

Obituary

Kenneth Verdell Perrault

Kenneth Verdell Perrault “Majiigabow” passed away Oct. 19 with his loving wife of 52 years, Evelyn, by his side. Kenneth was born March 20, 1944, in White Earth.

Kenneth grew up in Deer River Minn., where he graduated high school in 1962. Immediately upon graduating he joined the United States Marines. He served from 1962 until 1965 and he was stationed on the USS Oriskany off the shores of Vietnam during the war. After being discharged from the Marines he worked for Electric Machinery and for the U.S. Geological Survey.



On Oct. 30, 1971, he married his soul mate Evelyn (Bullock). Also, in that year he got a job with Great Lakes Gas, and in 1976 he was recruited to work for Alyeska Pipeline Company. He worked for them for 23 years as a pump station supervisor.

He retired in 1999 and they moved to Cass Lake, Minn. He was a proud member of the post 2001 of the American Legion and the Leech Lake Honor Guard; he was the post commander from 2002-2006. He served on the parish council at St. Theodores Church in Laporte Minn., and was Chairman of Kateri Tekakwitha from 2004-2012. At St. Charles, Ken and Evelyn were able to go to Rome Italy for the Canonization Ceremony for Kateri Tekakwitha in October 2012.

Those greeting Ken in the Spirit World are his mother, Veryl “Scotty” Perrault; father, Roland “Bud” Perrault; sister, Cheryl Churchill; and brothers, William Perrault and Mark Perrault.

Ken is survived by his wife, Evelyn Perrault; son, Kevin Perrault; daughter, Stepanie (Mike) Kurtzweil; brother, Richard (Lynn) Perrault; sister, Cindy (Keith) Kuck; and grandchildren: Bradley (Judy) Kurtzweil, Brandon Kurtzweil, Brianna (Edward) McGowen, and Kodi Perrault.

A wake for Kenneth was held Oct. 27 at the Veteran’s Memorial Building in Cass Lake. A Mass of Christian Burial was held Oct. 28 at St. Charles Catholic Church, also in Cass Lake. The Leech Lake Honor Guard from American Legion Post 2001 helped to lay Ken to rest. Honorary pallbearers are all his family and friends.

Arrangements: Northern Peace Funeral Home of Walker.
Online: www.northernpeace.com

White Earth
INVESTMENT INITIATIVE

Home Stretch
Homebuyer Education Class

Attend one all-day session to receive a Homebuyer Education certificate

November 15
9am to 5pm

or

December 13
9am to 5pm

at

Shooting Star Casino
Mahnomen MN

White Earth Investment Initiative is an equal opportunity provider and employer.

Register online at weii.website or call 218-844-7029

WHITE EARTH RESERVATION COUNCIL OF ELDERS
MEMBERSHIP APPLICATION
NATIVE AMERICAN - AGE 55+

- All active members are required to attend three (4) monthly meetings per year. (Waivers may be granted depending on situation)
- All active members are required to participate in fund-raising for trips and events.
- Non-voting members are not eligible to attend the National Indian Council on Aging bi-annual conference.

We encourage non-Indian membership of a spouse or partner of eligible member; however they are not eligible for the tribal financial support to attend the National Indian Council of Aging bi-annual conference, no voting rights.

All enrolled members fifty-five (55) and older are eligible for membership and may become a member of the White Earth Reservation Council of Elders (WERCOE).

Eligible Member Name: _____

Address: _____

Enrollment Number: _____

Date of Birth: _____

Telephone Number: _____ Cell: _____

E-Mail Address: _____

White Earth programs host Halloween event



Boys & Girls Club of White Earth in partnership with Public Health, Behavioral Health, Transit, Maadaaizi Workforce Center and Josies Family Frybread held a Halloween event on Oct. 14 at the White Earth Community Center.

There were games for the family to include plinko, ring toss, lucky duck, door prizes, costume contest, chili/frybread, and pumpkin painting and carving.

Top: Serving up chili and frybread. **Left:** A girl takes her chances at the lucky duck game.

Photos by Deb Killian



**WHITE EARTH RESERVATION
2023 CHRISTMAS TOY PROGRAM**

Parent or Child must be an enrolled member of the White Earth Reservation
Registration is at ONE Community ONLY
DEADLINE: Wednesday, November 22nd 2023 at 12:00 p.m.
Ages: Newborn to 17 Years Old

Please contact your local Community Council Members

White Earth Paula Smith (218) 204-1400 Shannon Heisler (218) 368-2311	Naytahwaush Tara Mason (218) 849-3722 Donovan Burnette (218) 536-9547
Mahnomen Cortney Pemberton (218) 261-0383 Desiree Linden (701) 429-7445	Elbow Lake Carla Soyring (320) 248-4920 or (218) 401-3235
Callaway Margaret Rousu (218) 401-0115 or (218) 375-2600	Pine Point Karie Robbins (218) 396-9802 Mike Swan (218) 255-1738
Rice Lake Autumn Auginaush (218) 368-3320 Rita Swenson (218) 358-0910	Waubun Bonnie Badboy (218) 204-1614
NEWE Cass Lake Jolyn Donnell (218) 368-4329 Rick Haaland (218) 760-6618	ONLY WEUC TEENS RECEIVE GIFT CARDS White Earth Urban Char Lee (651) 262-7602

WHITE EARTH RESERVATION 2023 CHRISTMAS TOY PROGRAM INTAKE FORM

****PRINT CLEARLY****

REMINDER: You can only register at one community only!!

REGISTRATION DEADLINE: FRIDAY, NOVEMBER 22nd, 2023

At 12:00 P.M.

PARENT AND OR CHILD MUST BE AN ENROLLED MEMBER OF THE WHITE EARTH RESERVATION

AGES: NEWBORN TO 17 YEARS OLD

Head of Household Information Name: _____ Address: _____ City: _____ Zip Code: _____ WE Enrolled Y / N Enrollment #: _____ Total # of Children: _____ Phone Number: _____	Dependents First Name: _____ Last Name: _____ M or F Birthdate: ___/___/___ Age: _____ WE Enrolled Y / N Enrollment #: _____ First Name: _____ Last Name: _____ M or F Birthdate: ___/___/___ Age: _____ WE Enrolled Y / N Enrollment #: _____
--	---

Projects from Page 18

and fiscal responsibility, the center has emerged as a key priority. Despite a setback during the previous legislative session when our \$30M bonding request was not considered, discussions ensued about scaling the project back into manageable phases and utilizing Impact Aid funding to kickstart the project. Recent conversations with legislators shed light on Leech Lake's successful bonding request for a similar Wellness Center, fostering a sense of optimism for securing funding through legislative channels, with the understanding that this route will be time-consuming.

I believe that the most effective way forward is through legislation, and as our planning efforts continue, our requests for funding will gain even more traction. Pursuing this avenue will also open up opportunities for exploring new infrastructure projects. Among these projects, I am particularly keen on developing a community center for the Naytahwaush Community, as well as establishing storefronts along Main Street Mahnomen, with potential housing options above these storefronts.

White Earth Enterprises Announces New Dispensary Location

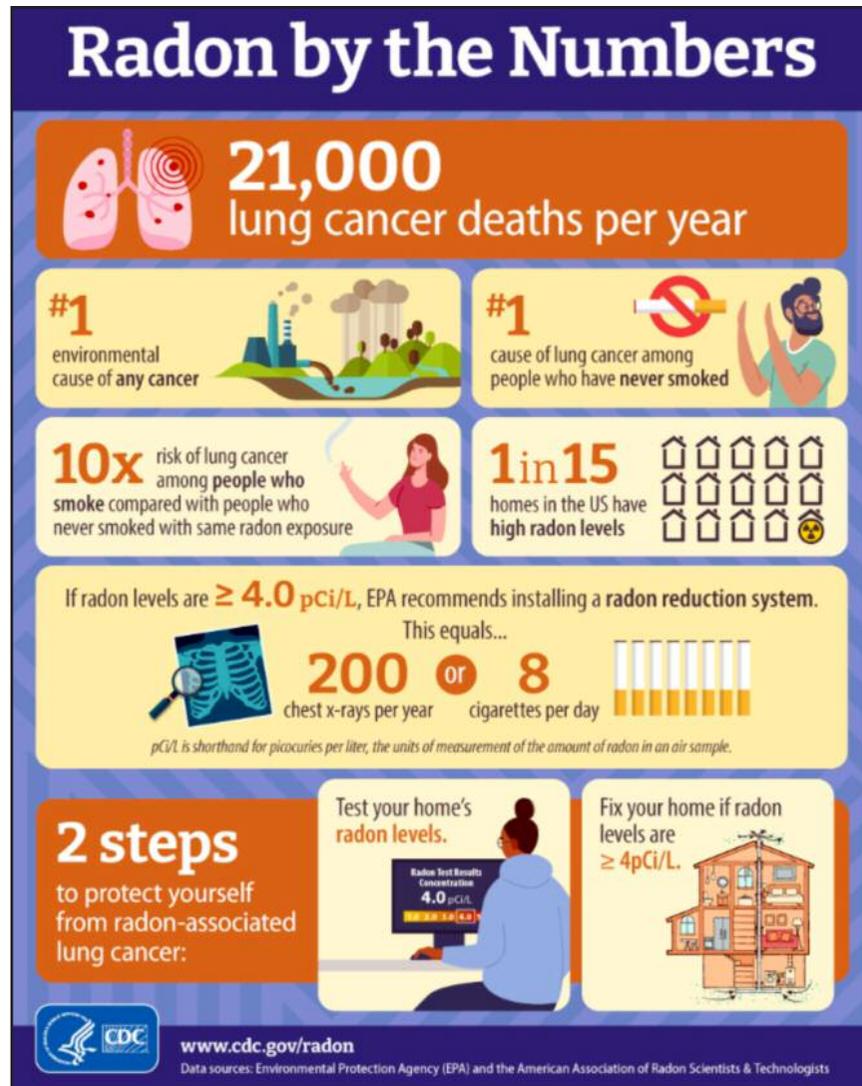
White Earth Enterprises has finalized plans for a new dispensary location, recently acquiring the Mahnomen car wash after an extensive search process throughout September. The purchase of this property marks a strategic move for

the organization, providing an ideal space for the upcoming dispensary. With three current tenants scheduled to vacate the building in November, White Earth Enterprises has begun evaluating the site and initiating the planning and design phase. As the building has undergone recent renovations, only minor modifications are necessary to ensure compliance with the White Earth Cannabis Control Commission.

The new dispensary location, set to replace the current facility outside the Waabigwan Mashkiki factory, will allow the organization to serve a larger clientele, reducing waiting times and accommodating more customers with the expanded space. Alongside the new location, proposals for the inclusion of a smoking lounge are also being considered.

In anticipation of the developments, White Earth Enterprises is set to receive plans from their architects in the coming weeks, along with budgetary options for three different designs accompanied by detailed renderings. Following this, the bidding process will commence, with plans for demolition of car wash equipment shortly after.

With a projected move-in date of March, contingent upon the availability of finishes and supplies, preparations are also underway to relocate the current dispensary to the new site's parking lot by November 1st to enhance visibility and foot traffic.



Radon by the Numbers

- 21,000** lung cancer deaths per year
- #1** environmental cause of any cancer
- #1** cause of lung cancer among people who have never smoked
- 10x** risk of lung cancer among people who smoke compared with people who never smoked with same radon exposure
- 1 in 15** homes in the US have high radon levels
- If radon levels are ≥ 4.0 pCi/L, EPA recommends installing a radon reduction system. This equals... **200** chest x-rays per year **OR** **8** cigarettes per day
- 2 steps** to protect yourself from radon-associated lung cancer:
 - Test your home's radon levels.
 - Fix your home if radon levels are ≥ 4 pCi/L.

pCi/L is shorthand for picocuries per liter, the units of measurement of the amount of radon in an air sample.

www.cdc.gov/radon
Data sources: Environmental Protection Agency (EPA) and the American Association of Radon Scientists & Technologists

Language from Page 2

A grant from the Equation foundation was used to record and interview first language speakers to be used for future language activities as well as collect phrases and vocabulary for ongoing immersion practices. First language speakers from Red Lake, Inger, and First Nations in Canada all contributed to the project. Preserving language is a crucial aspect of both healing and thriving for Indigenous people and we are grateful to be able to preserve this wisdom for future generations.

Funding from NDN Collective was recently awarded to establish a second cohort of teacher

trainees. Two White Earth enrolled members along with two WE descendants have been selected as part of the project and have participated in oral proficiency assessments. The trainees have been participating in weekly Zoom sessions where they work on grammar and have had an in-person session centered on ricing vocabulary and phrases. After a year of training, each trainee will select and work with a family to support their immersion in the Ojibwe language. As our program grows, so too does the language capacity here on White Earth, something that is worth acknowledgement and celebration.

Sommers from Page 5

consultation went well and ended with a tour of the Mahnomen.

Until next month, Miigwech for listening to me and Miigwech for giving me the opportunity to serve as your District 2 Representative.

Contacts

Eugene Sommers

Email: Eugene.Sommers@whiteearth-nsn.gov
Office Phone: 218-983-3285 Ext. 5921
Cell Phone: 218-396-9502

Christopher Vanwert Jr

Chrstopher.Vanwert@whiteearth-nsn.gov
Cell Phone: 218-850-2533

Dosing from Page 2

and blame. We do help and respect.

- Don't want help or company? After recent using-alone OD deaths, it is again—and still—time to seriously consider harm reduction advice to never use alone, to always have a naloxone/Narcan rescuer present, and to cut your dose down after a break in using.

- Not ready for recovery? That's ok. After just surviving a potentially-fatal OD, it's a good time to think about safer use choices. A post-overdose-rescue Suboxone dose is still helpful and protective for as long as it lasts. If you always do what you've always done, you'll always get what you've always got. We don't want "same-same" to be a funeral. Even one post-rescue Suboxone dose can help you get safely back to your Harm Reduction connection. And Suboxone will be less scary after you experience how it helps.

- Don't trust us? The White Earth WESAFE-EMS on-scene Suboxone dosing pilot project hopefully points out we are trying hard to earn and keep your trust. We are the very first rural Minnesota ambulance service to pilot offering on-scene Suboxone dosing post OD rescue. Ask your trusted harm reduction worker. We also hope that, within a couple of years, on-scene, post-overdose- rescue Suboxone dosing will be available all across rural Northern Minnesota. We are a bit ahead on that plan here at White Earth. Mino-ayaa, it is good. WERAS, White Earth Behavioral Health, and our Tribal Government leaders have teamed up to walk our talk in showing Minnesota how to save fentanyl-endangered lives—both on and off rez.

- Don't know what a safe on-scene Suboxone dose is? Many Emergency Room and urban ambulance studies show it is very safe to give someone who is alert after overdose rescue, a Suboxone dose of at least 12 mg to 16 mg (that's the buprenorphine, bupe, dose in the Suboxone). The complication rate from a dose like that is less than 2 in a thousand doses, in a big Emergency Room study.

- Don't want to go the ER? That's fine. You don't have to. WERAS can give you an on-scene Suboxone dose and then you do not have to go to the hospital afterwards, if you don't want to. It would be good, though, to have trusted family or friend to keep

an eye on you for a few hours afterwards. Not because you got Suboxone, but because you nearly died of a fentanyl overdose.

So, think about it. WERAS and the White Earth rapid-recovery-response team are ready and waiting to respond when called to your overdose crisis. Because if you die you can't recover. You are our family, friends, neighbors. Gizhawenimin [zhawenim vta bless; show loving-kindness, unconditional love for h/; have mercy, compassion for h/ --Ojibwe People's Dictionary]. And if you have no safety exclusions, we will offer you an on-scene Suboxone dose and help you if you choose to get connected with recovery services.

But whether you choose recovery service connection or not, and an ambulance ride or not, an on-scene dose of Suboxone right after overdose rescue will do you just as much good as a safe dose of insulin will do someone in diabetic high-blood-sugar crisis. It's safer to get the Suboxone dose than to walk away from it. Think about it, daga, please. Miigwech. Mii ì iw.

**REGIONAL
NATIVE PUBLIC
DEFENSE**

**IF YOU ARE ENROLLED IN A
FEDERALLY RECOGNIZED TRIBE,
AND WOULD LIKE US TO REPRESENT
YOU IN A CRIMINAL MATTER,
CONTACT US TO APPLY FOR
SERVICE.**

**WE SERVE THE FOLLOWING
COUNTIES: BECKER, BELTRAMI,
CASS, CLEARWATER, ITASCA, &
MAHNOMEN.**

**MAIN OFFICE
232 2ND STREET NW
PO BOX 487
CASS LAKE MN 56633
(218) 339-5680
(218) 339-5686 FAX**

FREE CALL FROM LOCAL COUNTY JAILS



Howah Ads

White Earth Nation has a Facebook page!
www.facebook.com/WhiteEarthNation

You can reach the **Anishinaabeg Today** at 218-983-3285 Ext. 5903 or email today@whiteearth-nsn.gov

REMINDER!

Howah Ads are \$5 with a picture or \$4 without.

All payments must be made in advance.

No exceptions

Happy Birthday **Baby Girl**

Love you - Mom, Dad, Des



Happy Birthday to my **Beautiful Brynlee!**



I Love You So Much!

- Aunty Tiff

Happy Birthday wish from Mike, Thadd, Tayen
Love you forever!



Did You Know...

You can read the current and past issues of the *Anishinaabeg Today* online at www.whiteearth.com for free!

The online issues feature more color and you can read them right away when the paper comes out on the first Wednesday of each month.

Happy **8th** Birthday **Ayden**

Love your Family / Nov. 4th



Happy **4th** Birthday **Avery**



Love, your Family

Nov. 11th



Your job search ends here
www.whiteearth.com

Notice to Vacate Premises

This is to notify the occupant(s) of:

17457 Co 39 Bagley, MN 56621
The South 165ft of the North 330ft of the East 370ft of the NE ¼ SE ¼ of Section 29, Township 144 North, Range 37 West 5th PM, Clearwater County, MN

that the White Earth Land Office has determined the structure located at the above address/legal description is Deemed to be Uninhabitable Pursuant to the White Earth Environmental Code (W.E.E.C.) Sec 800.00 Abandoned, Manufactured and Mobile Homes. Pursuant to W.E.E.C. 805.00 Subd.2) an Official posted Notice of Removal on site at 10am October 27th, 2023, stating 30 days to vacate property. This notice is required pursuant to W.E.E.C. 805 Subd.3) as Notice to Vacate Property within thirty (30) days. In the event that the occupant(s) fail to vacate the above-mentioned property, legal action will be taken against the occupant(s) of this property.

White Earth Nation Land Office
PO Box 495
White Earth, MN 56591

This is to notify the occupant(s) of:

N ½ SW ¼ SE ¼ SE ¼ NW ¼ of Section 6, Township 143 North, Range 39 West 5th PM, Mahnomen County, MN

that the White Earth Land Office has determined the structure located at the above address/legal description is Deemed to be Uninhabitable Pursuant to the White Earth Environmental Code (W.E.E.C.) Sec 800.00 Abandoned, Manufactured and Mobile Homes. Pursuant to W.E.E.C. 805.00 Subd.2) an Official posted

Notice of Removal on site at 10am October 27th, 2023, stating 30 days to vacate property. This notice is required pursuant to W.E.E.C. 805 Subd.3) as Notice to Vacate Property within thirty (30) days. In the event that the occupant(s) fail to vacate the above-mentioned property, legal action will be taken against the occupant(s) of this property.

White Earth Nation Land Office
PO Box 495
White Earth, MN 56591

This is to notify the occupant(s) of:

2976 160th Street Lengby, MN 56651
S ½ W ½ SW ¼ SW ¼ SE ¼ SE ¼ & S ½ E ½ SE ¼ SE ¼ SW ¼ SE ¼ of Section 32, Township 146 North, Range 39 West 5th PM, Mahnomen County, MN

that the White Earth Land Office has determined the structure located at the above address/legal description is Deemed to be Uninhabitable Pursuant to the White Earth Environmental Code (W.E.E.C.) Sec 800.00 Abandoned, Manufactured and Mobile Homes. Pursuant to W.E.E.C. 805.00 Subd.2) an Official posted Notice of Removal on site at 10am October 27th, 2023, stating 30 days to vacate property. This notice is required pursuant to W.E.E.C. 805 Subd.3) as Notice to Vacate Property within thirty (30) days. In the event that the occupant(s) fail to vacate the above-mentioned property, legal action will be taken against the occupant(s) of this property.

White Earth Nation Land Office
PO Box 495
White Earth, MN 56591

White Earth Reservation Council of Elders 2023

Monthly Meeting Dates

Upcoming Meetings

Rice Lake - November 7

White Earth - December 5

All meetings are held at the village nutrition site after lunch. All Elders 55+ are welcome to join.

NO membership fee.

Requirements to attend bi-annual National Indian Conference on Aging (NICOA) are:

- a. Non-Indians can be non-voting members
- b. Attend scheduled meetings on a regular basis. (At least four per year)
- c. Participation in fund raisers
- d. Attend scheduled trips when registered
- e. Executive board meetings as needed only

*No meetings are held during the months of January, February or March because of the weather. We pride ourselves on safety for our elders.

WE BAND OF OJIBWE TRIBAL COURT

In Re the Marriage of:

SUMMONS

Ruth E. Stevens,
Petitioner,

File No. D2023-00010

and
Calvin Wayne Stevens Moose
Respondent.

YOU ARE HEREBY notified that on October 16, 2023, a Petition for Dissolution was filed with the White Earth Tribal Court regarding the above-named parties. A hearing will commence on November 7, 2023, at 1:30 p.m. at the White Earth Tribal Court located at the White Earth Tribal Office in White Earth, Minnesota. The telephone number is (218)-983-4648. You are served with this notice because you are a party to this proceeding, or you are a person whose presence is important to a determination concerning the above-named parties. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: October 24, 2023

Iron Range Area CC

The Iron Range Area Community Council holds a meeting on the second Thursday of each month at 6:30 p.m. at the Greenway Township Hall in Marble, Minn.

In Memory

**In Loving Memory
Jesse James Wentland**

Born

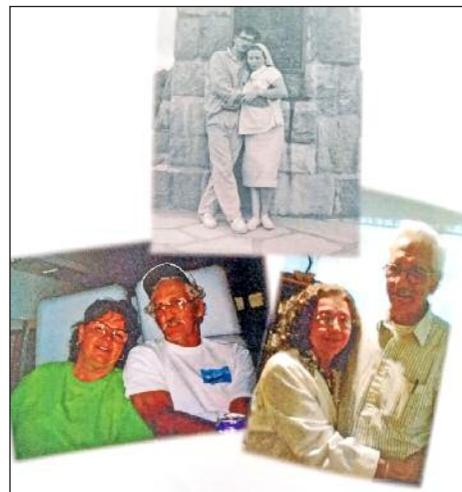
March 31, 1940
Minneapolis, Minnesota

Passed Away

July 28, 2023
North Branch, Minnesota

Preceded in Death by

Three Sisters
One Brother
One Daughter
Son, Tom Wentland
Granddaughters, Jessica and Jamey
First Wife, Annette Wentlan
Second Wife, Edna Wentland



**In Loving Memory of
Thomas and Nedra
October 2020**



AT Readers

Please let us know if you recently moved, or have moved in the past few years so we can cancel your old address.

Many papers are still being sent to old addresses!

Call **Anishinaabeg Today** at 218-983-3285 Ext. 5903 or email today@whiteearth-nsn.gov

**In Loving Memory of
Theresa Wentland Wiles**

Date of Birth

November 28, 1974

Date of Death

May 27, 2023



Sister

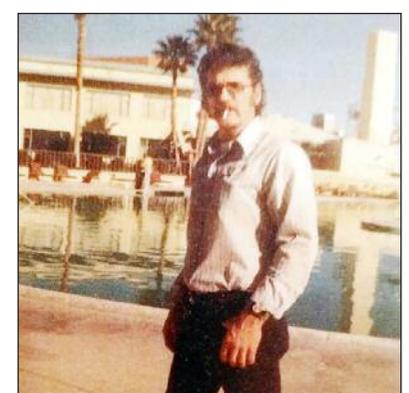
I wish that I could see you every day, so you can tell me you're not alone and Heaven is ok. I need something to help me carry on because I can't except the fact that you're gone, trying to hide the tears because of my pride even though I'm dying inside. I'm haunted by every tomorrow cause you're not there waiting, all I should have said will never be, never got to say what you meant to me and our whole family, so sister I'll start living a better way so you can welcome me home someday!



Remembering Jesse James

I wrote your name in the sky
But the wind blew it away.
I wrote your name in the sand,
But the water washed it away.
I wrote your name in my heart
And that's where it will STAY.
We will always love you Dad.

Jamey Houle



Tribal programs available to help community get through long, cold winter

Energy Assistance Resources* 2023-2024

White Earth Energy Assistance Program - Chris Fairbanks (218) 473-2711
 *Additional Crisis Assistance will be available starting October 2023

White Earth Human Services at Naytahwaush Complex

- Constituent Services:** Assist with \$200 towards enrolled elders 55+ or disabled adults every 6 months for those who qualify. (218) 935-5554 Ext. 3218.
- Elders Program:** Assist with \$200 towards enrolled elders 55+ once a year. (218) 935-3218. Ext. 3288.
- Homeless Program:** Assists with utility disconnection, eviction, foreclosure for those who qualify. (218) 935-5554 Ext. 3218.
- Financial Services Program:** Assists with utility disconnection which includes water, sewer, electric, gas, heating fuel, and eviction, foreclosure, work related emergencies. Applicants are screened for eligibility determination per program guidelines and policy. (218) 935-2359 Ext. 3305.

White Earth Reservation Housing Authority: For White Earth Housing renters. Helps with fixing a furnace or water heater. They also help elders with weatherization. (218) 473-4663

Clearwater County: Inter-County Community Council (ICCC). Provides energy assistance, repairs for furnaces, weatherization, etc. for Clearwater, East Polk, Red Lake and Pennington counties. Income guidelines. (218) 796-5144 or 888-778-4008.

Mahnomen, Hubbard, Becker County: Mahube-Otwa Partnership. Helps pay for electric & heating bills, insulating a home, fixing a furnace or water heater, finding shelter. Income guidelines. (218) 847-1385

Heatshare (Salvation Army): As a very last resort, may provide cash grants and emergency assistance with utility and heating bills, on a year-round basis. Provides emergency furnace repairs. Income guidelines. Fargo (701) 232-5565. Northern MN 218-879-5447 / 651-746-3406

*This is a short list of resources. Please contact Programs or Agencies directly to get a more comprehensive list of what assistance and/or services they can provide and how you may qualify.

ELDER MEMO / Snow Plowing

THIS IS YOUR COPY TO READ & KEEP

TO: W. E. Tribal Elder - Handicap/Disabled - Disabled Veteran

FROM: W.E. Elder Snow Plowing Program

RE: 2023-2024 Snow Plowing

Elder Responsibilities:

- Vehicles need to be moved before the snowplow provider arrives if possible. Area to be plowed needs to be cleared of debris.
- Snowplow Providers will provide an area for two (2) cars and a place to turn around when feasible. Additional access points to plow are the responsibility of the Elder.
- Elder is required to sign verification form (timesheet) this year.

Snow Removal Providers Responsibilities:

- Start plowing when you receive a call/text from water & sewer.
- Snowfall needs to accumulate up to four (4) inches or more before plowing can begin.
- Plow drifted/blown/plugged driveways when needed.
- Response time should not exceed twenty-four (24) hours after the snowfall has ended.
- Obtain signed verification of snow plowing from Elders.
- Share your telephone number with the Elder.

Snow Removal Providers Name: _____

Home: _____ or Cell: _____

If you have any questions, please contact Lisa Donovan-Larson at 218-983-3202.

White Earth Family Office Cass Lake (WEFO)

Attention Elder, Veteran or Disabled White Earth Members that Live within WEFO Cass Lake service area:

We are gearing up for our Snow Plowing Services for 2023/2024

Updated information needs to be provided for continuation of services i.e. Any change of addresses or needs.

New Liability and Service Agreements need to be signed and updated on a biannual basis. To assure there isn't disruption of receiving our services be sure to come in and fill out needed paperwork before the snow starts to fly.

We are accepting applications for snowplowing for new and existing White Earth Elder, Veteran or Disabled in our Cass Lake Office located in (Old Legion) building @ 217 2nd st NE.

Cass Lake, MN

For questions/concerns please call 218-335-0035

We are also accepting applications for snowplowers on an as needed basis. Feel free to contact us for further requirement information and to apply for consideration.

Elder Winterizing Program

To Apply:

- Fill out a Application/Release form to update your address and phone at your ENP sites/delivery drivers
- call 218-936-2444 ext. 3223 Darrel Bellanger, Supervisor, Day Labor

- Must reside within the White Earth Reservation Boundaries
- Must be Enrolled Tribal Elder, disabled, own your home.

Supplies provided:

- inside or outside plastic for windows,
- weatherstripping for doors,
- outside plastic will be installed by Day Labor, (Day Laborers can not enter homes nor accept money or gifts)
- Shoveling of roofs/walkways depending upon snow fall amounts.

White Earth Housing Authority's Winter Maintenance

WINDOW PLASTIC:

WEHA contractors will be in each community to offer plastic on windows for elder and disabled tenants. Plastic will be on lower windows only. If you do not wish to get plastic this year, please call front desk 218-473-4663 no later than October 31st, 2023.

SNOWPLOWING:

- White Earth Housing Authority plows for all Elder and Disabled tenants. Elder is considered 55 and older.
- Following a winter storm/blizzard, WEHA maintenance will be out to plow driveways after MNDOT and WEDOT clear the main roads.
- WEHA will plow driveways at snow accumulation of 4 inches or higher.
- Our Maintenance has a list of WEHA elder's and disabled households, please be patient with us as we have 1 plow per community, if you have a medical appointment scheduled and need assistance asap, please call WEHA front desk at 218-473-4663 and we will get to you as soon as possible.

FURNACE CALLS:

REMINDER: always check your propane level especially when anticipating extreme cold weather and/or winter storm/blizzard.

- Furnace Filters should be replaced every month.
- Keep furniture pulled away from cold air vents.
- Make sure furnace exhaust pipes are clear or any clutter.

After hour emergency numbers:
 218-401-1337 Ken Heisler - Maintenance Supervisor
 218-204-0994 Louis Fox - Maintenance Supervisor

If you are in need of any other winter maintenance assistance, please contact our office at 218-473-4633 after hours, weekend calls can be made to Ken Heisler or Louis Fox at the numbers listed above.

White Earth Tribal Roof Clearing Snow Removal Program

Roof Clearing/Snow Removal Providers Policy/Guidelines

To be sure that our Roof Clearing Snow Removal Program for the Tribal Enrolled Elders has enough funds to provide these services the Tribal Council has established the following guidelines:

You have signed the **Liability form** in case of any damages/accident/death occur, the Tribe not held responsible. Please notify the Elder/Veteran Service Provider- Lisa Donovan-Larson and/or Manager- Burnham Tibbetts III as soon as possible, if anything happens. We would like to know before the elder gets upset and calls us first.

We require the elder's signature on your timesheet when assignment is complete (if they are able). Please practice social distancing if the elder is outside or in contact with you. Stay **Six (6) feet to ten (10) ft. from the elder. Wear a mask if you have any contact with the elder.** For their safety and yours.

Before shoveling the roof, check for any leaks or loose shingles. Always leave a bit of snow on the roof. **DO NOT shovel right down to the shingles.** Any snow you push onto a porch/deck/sidewalk will need to be shoveled up and removed.

Roof clearing will only be done when there is **12 inches of snow accumulation on the roof.**

We do not clear snow for any W.E. Housing Homes. They are responsible for doing this.

Keep your telephone number current with us as that is how we inform you of an elder wanting roof clearing. We will send you a text message to start. **If you do not respond in a timely manner, then we will call you.**

Always use the timesheet we provide. You must provide your signed timesheet to us via fax e-mail or in person.

Time sheets need to be turned in as soon as you complete your list of elder roofs. Account Payable is every Thursday. **We need to receive your timesheet by Tuesday before 3:00 p.m.**

You will receive **\$300.00 per roof** whether it be large or small.

Contact Tina Heisler @ W.E. Payroll/Finance @ 983-3285 extension 5115 (leave your name & number for her to return your call if you get her Voicemail). You need to contact her for a W 9 form and set up your payment such as paycheck or Direct deposit. Tina's email address: Tina.j.Heisler@whiteearth-nsn.gov

Keep elders addresses confidential, because of elder abuse. Do not leave your paperwork lying around at home or in your car.

We recommend that you follow these guidelines of the Elder Roof Clearing Snow Removal Program. Remember you are working for the elders so be considerate and take care of them the best you can.

These procedures and rules are largely an honor system, and we rely heavily on your honesty.

Contact/Timesheet email address: Lisa.donovan-larson@whiteearth-nsn.gov or FAX - 218-983-4350.

If you have any questions, you can reach Lisa Donovan-Larson @ 218-983-3202 Elder/Veterans' Service Provider or Burnham Tibbetts III @ 218-983-5425 Manager

Please read & sign that you understand this.

Signature

Print

Thank you for your cooperation!

Attention: White Earth Veterans

Our Snow Removal Program is showing appreciation to our service men in the White Earth Area to get their driveways plowed at their residence at no charge.

Bring in **W.E. Enrollment card, Application, Letter from the Department of Veterans** acknowledging your Purple Heart, Medal of Honor, or if you are a Disabled Veteran a letter stating at least 30% or more.

Stop by, Mail, Fax or Email
 1) Application 2) Letter 3) Enrollment ID (colored copy)

White Earth Water & Sewer Department
 P.O Box 418, White Earth, MN 56591
 Phone: 218-983-3202 Fax: 218-983-4350
Lisa.donovan-larson@whiteearth-nsn.gov

Elders Memo & Providers Responsibilities

THIS IS YOUR COPY TO READ & KEEP

TO: White Earth Reservation Elder Roof Clearing of snow Recipients

FROM: W. E. Water & Sewer Roof Clearing of Snow Program

Elder Responsibilities:

- Dogs must be tied up or fenced in.
- Roof cleaner can refuse service if elder does not comply.
- REPORT any leaks you may have inside home.
- Report any damages to Service Provider or Manager ASAP.

Roof Cleaner Responsibilities:

- Must be 12" or more of snow accumulation on the roof.
- Do not scrap down to the shingles, leave some snow on the roof.
- View the ROOF for existing damage before you clear snow and if you see any leaks DO NOT shovel the entire roof, shovel around area.
- Report any damages to Service Provider or Manager ASAP.
- Elder's signatures on timesheet are required when service is complete.
- Return your timesheet to the W & S Department

White Earth Water & Sewer Department
 P.O. Box 418
 White Earth, MN 56591
 Phone #: 218-983-3202
 Elder/Veteran's Service Provider: Lisa 218-983-3202
 Fax #: 218-983-4350
 E-mail address: Lisa.donovan-larson@whiteearth-nsn.gov or Burnham.tibbettsiii@whiteearth-nsn.gov

ENERGY ASSISTANCE PROGRAM Notice

The 2024 Energy Assistance Program will be accepting application in September 2023, please call for an application at that time or you can pick one up at the office in Waubun or watch and they will be on the White Earth web page. For those of you that have applied last heating season, you will receive an application in the mail in September 2023.

Please keep in mind to fill out your application clearly and completely, with all necessary documentation, this will make for a faster process. Just wanted you know there will no longer be the water assistance program this year.

Homeowners, please call if you are having furnace problems we may be able to help you. Please remember to change your filters once a month for adequate maintenance.

Always keep in mind to check your tanks, running out will adhere to more problems. Summer prices are at low this time of year, call your company to set up payment plans or arrangements if suitable.

Any questions on the program or need to fax any information, please call the number or fax below. Hope everyone had a great summer!

Phone#: 218/473-2711 Fax#: 218/473-2719 Toll Free#: 1-866-885-7656
 Visit us at www.whiteearth.com Energy Assistance Program

You can reach the AT at today@whiteearth-nsn.gov or 218-983-3285 Ext. 5903

Join us for a family friendly event
November 18th, 2023, from 2-5:30 pm at the Naytahwaush Sports Complex



OPEN MIC EVENT & COOK OFF

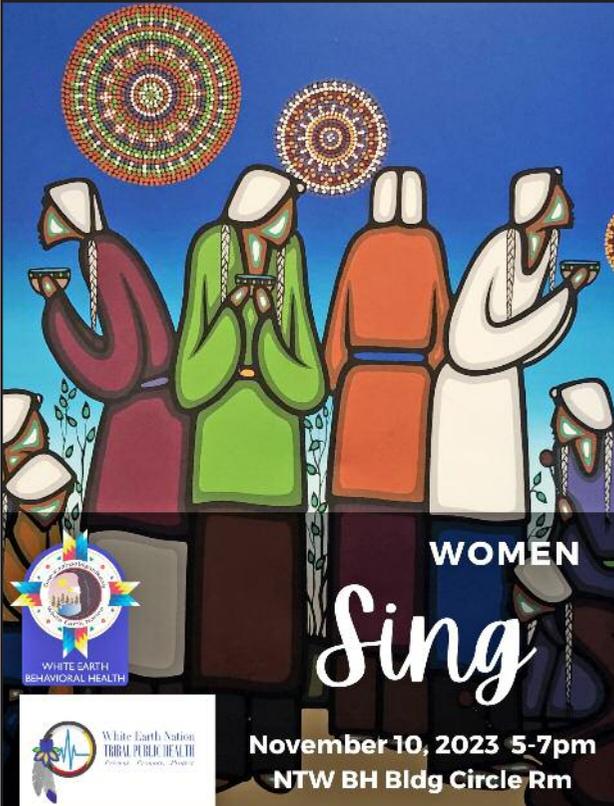
Cook Off Categories include:
Chili, Frybread, and Wild Rice Dish
Food must be prepared and ready to serve by 4:30 pm

Acts are limited to 5-10 min slots
Cook off entries must feed 12-15 people

Registration Contacts:
Jesse Lee: jesselee433@gmail.com
Heidi Goodwin: 218-401-1328 or heidi.goodwin@whiteearth-nsn.gov



Sponsored by: Community Members
Funded by: NC SAMHSA and SPIP grant



WOMEN Sing

November 10, 2023 5-7pm
NTW BH Bldg Circle Rm

White Earth Behavioral Health

The White Earth Behavioral Culture Team invites all the wonderful women in our communities to come together for a special gathering of song and spirit. No singing experience is necessary. Our Women's Singing Circle is an open space where all ages can come together to make beautiful music. We look forward to sharing this uplifting experience with you.

Attention New Homeowners & Existing Homeowners

If you are in need of a Well and Sewer System for your house/ trailer home you can contact White Earth Water & Sewer for an application as we receive grants.

Requirements to qualify for the grants are:

- * Tribal Enrolled member
- * Reside on the White Earth Reservation
- * Show proof of land (Land Deed/Tribal Land agreement) and proof of homeownership
- * 18 years of age or older
- * Must have electricity, heat source, and interior plumbing to the home
- * Income verification (some existing home owners grants require)

Contact us at 218-983-3202

IN NEED OF SEPTIC PUMPING?

If you need your sewer system pumped call the White Earth Water & Sewer Department at 218-983-3202

- Tribal Enrolled Elders (55 & older) - \$25
- Tribal Enrolled Members (54 & younger) - \$80
- Non-enrollees (any age) - \$115
- White Earth Businesses - \$115
- Other Businesses - \$120

(You must live on the White Earth Reservation)

Accepting Bids

The White Earth LTCC program is accepting bids for a ramp to be done at an individual home located on the White Earth Reservation. Modifications must be performed by a Minnesota licensed contractor and per MN State Code. All contractors must pass both White Earth RBC background and drug testing. Modifications must follow State guidelines, including cost effectiveness. Payment will be made in full after final inspection, review of receipts, and approval of completed job. Bid specifications and locations are available at the White Earth Tribal Health Building, 26246 Crane Road, White Earth, MN 56591. All BIDS submitted MUST include a diagram/blueprint of the proposed project and a list of materials, labor, equipment, etc. or they will be considered incomplete and will not be accepted. Due to client confidentiality the bid description must be picked up in person at the White Earth Tribal Health Building. We are open Monday-Friday 8:00am-4:30pm. **Bids will be accepted until 4:30pm on 11/15/23.**

The White Earth LTCC program is accepting bids for a HANDICAPPED RAMP INSTALLATION to be done at an individual home located on the White Earth Reservation. Modifications must be performed by a Minnesota licensed contractor and per MN State Code. All contractors must pass both White Earth RTC background and drug testing. Modifications must follow State guidelines, including cost effectiveness. Payment will be made in full after final inspection, review of receipts and approval of completed job. Bid specifications and locations are available at the White Earth Tribal Health Building, 26246 Crane Road, White Earth, MN 56591. All BIDS submitted MUST include a diagram/blueprint of the proposed project and a list of materials, labor, equipment, etc. or they will be considered incomplete and will not be accepted. Due to client confidentiality the bid description must be picked up in person at the White Earth Tribal Health Building. We are open Monday-Friday 8:00am-4:30pm. **Bids will be accepted until 4:30pm on 11/30/23.**

QUILL WORKSHOP

Monica Raphael
Quill & Bead Artist



Mikawaadad
"Beautiful Things"

Naytahwaush, MN
Behavioral Health Building ~ Circle Room

NOV 20-22 2023

25 Spots available
To register: dorene.day@whiteearth-nsn.gov

FOR RENT HOMES IN CITY OF MAHNOMEN

2 or more bedrooms.
218-847-5641 or
www.mmcdc.com



BECOME A FOSTER PARENT IN CRITICAL NEED!!!

White Earth Foster Care is in critical need for licensable foster homes. If you or anyone you know is interested in opening your home to help out your family, friends, neighbors and community. Please reach out to our foster care team.

Office Phone: 218-983-4647

Roberta Roy - Coordinator Ext: 5516
Roberta.roy@whiteearth-nsn.gov

JoAnn Keezer - Licensor Ext: 5542
Joann.keezer@whiteearth-nsn.gov

Vanessa Spry - Licensor Ext: 5501
Vanessa.spry@whiteearth-nsn.gov

Patricia Racine - Licensor
Patricia.racine@whiteearth-nsn.gov

It takes a village to raise a child.
FIND A VILLAGE. ENCOURAGE ONE ANOTHER. & OPEN YOUR VILLAGE TO OTHERS.

You can reach the Anishinaabeg Today at 218-983-3285 Ext. 5903 or email today@whiteearth-nsn.gov



Diabetic Bingo

All are welcome and it costs nothing to play.

November

Nov 2nd 2023 Shooting Star Casino Event Center – **CANCELED**
 Nov 9th 2023 Naytahwaush
 Nov 16th 2023 White Earth – Congregate Center
 Nov 30th 2023 Rice Lake

Bingo in Naytahwaush is at the Sports Complex, E.N.P dining hall after the 11:30 meal.
 Bingo in White Earth is at the Congregate Center, Dining Hall after the 11:30am meal.
 Bingo in Rice Lake is at the Rice Lake Community Center after the 11:30 E.N.P meal.

December

Dec. 7th, 2023 Shooting Star Casino Event Center
 Dec. 14th, 2023 Pine Point
 Dec. 21st, 2023 Elbow Lake
 Dec. 28th, 2023 Valley View, Mahnomen

Bingo at the Shooting Star Casino Event Center will be at 1:00pm
 Bingo in Naytahwaush is at the Sports Complex, E.N.P dining hall after the 11:30 E.N.P meal.
 Bingo in Pine Point is on the west side of the School in E.N.P Dining Hall after the 11:30 E.N.P meal.
 Bingo in Elbow Lake Village is at the E.N.P building, after the 11:30am meal.
 Bingo at Valley View will be in the Community Room beginning at 1:00pm

January 2024

Jan 4th 2024 Shooting Star Casino Event Center
 Jan 11th 2024 Naytahwaush
 Jan 18th 2024 White Earth – Congregate Center
 Jan 25th 2024 Rice Lake

Bingo at the Shooting Star Casino Event Center will be at 1:00pm
 Bingo in Naytahwaush is at the Sports Complex, E.N.P dining hall after the 11:30 meal.
 Bingo in White Earth is at the Congregate Center, Dining Hall after the 11:30am meal.
 Bingo in Rice Lake is at the Rice Lake Community Center after the 11:30 E.N.P meal.

Schedule is subject to change without notice. If the R.B.C or the E.N.P. site is closed Bingo will be booked to another date, if possible.

NEED MORE ENERGY?

JOIN STAR FITNESS CENTER TODAY!

Located in the Manitok Mall, Mahnomen

Email Jackie.Haugo@whiteearth-nsn.gov or call 935-0808 or 218-401-2421 to fill out an application

NEW KEY CARD HOURS:
 Monday-Friday 6 a.m.-10:00p.m. (age 15-17)
 Saturday &-Sunday 6 a.m.- 6:00 p.m. (age 15-17)
Adults (18 & older) get 24 hour access 7 days a week.



White Earth Nation
TRIBAL PUBLIC HEALTH
Prevent. Promote. Protect

JOIN STAR FITNESS CENTER TODAY

FREE ACCESS WITH EXTENDED HOUR KEYCARD ENTRY



Located in the Manitok Mall, Mahnomen
 Email Jackie.Haugo@whiteearth-nsn.gov or call 935-0808 or 218-401-2421 to fill out application

NEW KEY CARD HOURS:
 Monday-Friday 6 a.m. until 10:00p.m. (age 15-17)
 Monday-Friday 24 hour access (age 18+)
 Saturday & Sunday 6 a.m. until 6:00 p.m.





Behavioral Health Cultural Division

CULTURAL CLINICAL DIRECTOR:
 DORENE DAY:
 (218) 401-4357
 EXT: 3395

TRADITIONAL PRACTITIONER:
 THOMASA HARDY:
 (218) 401-4136
 EXT: 1471

TRADITIONAL PRACTITIONER:
 OPWAGANSE GOODWIN:
 (218) 401-5200
 EXT: 5548

TRADITIONAL PRACTITIONER:
 MIKE BUNKER:
 (218) 401-6626
 EXT: 1487

ADMINISTRATIVE ASSISTANT:
 LACY ARMSTRONG:
 (218) 401-4677
 EXT: 1475

2469 310TH ST.
 MAHNOMEN, MN 56557
 (218) 983-3286





How does tribal child support work?

Child Support refers to payments one parent makes to their child's other parent or legal guardian to help with the costs of raising the child.

Here are the services our tribal child support program provides:

- **Find the other parent:** We can try to find the other parent to establish parentage and a support order.
- **Establish parentage:** We can help parents establish a legal relationship with their child through a quick and easy form or genetic testing.
- **Establish and enforce a support order:** We can establish an order that provides support for your child. When the other parent doesn't pay the full amount or doesn't pay at all, we can use enforcement options like withholding child support from their paycheck.
- **Review or modify the order:** We can review your order and, if appropriate, modify it based on a change in income or circumstances.

Our program also has culturally specific elements:

- **Cultural understanding:** Our program knows the community and works to help children financially, emotionally, and holistically. We can make referrals to community and culturally-based programs.
- **Hands on experience:** We're uniquely positioned to walk you through our tribal child support process and family-centered approach.

Did you know?
 Our office can help parents who have cases with other tribal and state programs.

Have questions?
 We're here for you! Contact us to learn more.
 White Earth Nation Child Support Program
 Phone: 218-983-4641
 Fax: 218-983-3101
 Address: PO Box 387 White Earth, MN 56591
 Hours: Mon-Fri, 8:00 am – 4:30 pm



White Earth Mental Health

WALK IN SCHEDULE



White Earth Behavioral Health Building:	Pine Point:
Monday: 8am-4:30pm	Monday: 12pm-4:30pm
Tuesday: 8am-4:30pm	
Wednesday: 8am-4:30pm	Naytahwaush Behavioral Health Building:
Thursday: 8am-4:30pm	Tuesday: 8am-12pm
Friday: 8am-4:30pm	
	Bagley/Rice Lake:
	Wednesday: 1pm-4:30pm
	Mahnomen Behavioral Health Building:
	Thursday: 1pm-4:30pm



WE R FURR MICROCHIPS

INTERESTED IN GETTING YOUR PET MICROCHIPPED? MAKE AN APPOINTMENT WITH WE R FURR!
\$25 FOR A LIFETIME CHIP
 CONTACT 218-401-4398
 (NOT GPS MICROCHIPS)

WE R FURR

Lucy and Ethel's Attic

A place of happiness!



Thrift store
 9 a.m. — 5 p.m.

Open 1st and 2nd Saturday of each month
 Weather permitting.

Check our website for times and dates, www.nlmo.org/ Lucy and Ethel's attic or our Facebook page.

Upstairs of:
 Northern Lights Freedom and Life church
 28372 North Buffalo Lake Road
 Callaway, MN

(1/2 mile east of Richwood, MN on Co. Hwy 34)

Great quality at a low price!

988 Crisis Lifeline

If you or a loved one is struggling with mental health, there are options available for help! 988 (call or text line) and the Becker County/White Earth Reservation Crisis Hotline (218-850-HELP) offer 24/7 access to crisis staff members who can assist individuals experiencing thoughts of suicide or emotional distress.



Attention AT Readers

Let us know if you have moved in the so we can cancel your old address.
 Email: today@whiteearth-nsn.gov

Head Start presented with flags



Photos by Gary W. Padrta

White Earth Reservation Head Start sites in White Earth, Waubun, Mahnomen, and Naytahwaush recently installed flag poles in front of their buildings. The reasoning was to show respect for our Nation, State, United States, and to Veterans who served to protect our freedom. It is to serve as witness for so many reasons, including being educational for the children. A flag ceremony was held at the Naytahwaush site. Head Start officials are grateful to Corey Pemberton, a Head Start parent and his crew with installing the flags. We also are grateful to Assistant Director, Mary Tenorio for advisement regarding smudging the areas where the flag poles were placed. **Top:** The Tribal Council presents the Tribal, US and POW/MIA flags to Naytahwaush Head Start staff and children. **Bottom:** Displaying the Tribal flag are Kay Sunram, left, Mackenzie Wark and Kim Bjerk.

TLVFD welcomes students



Submitted photo

The Twin Lakes Volunteer Fire Department hosted Naytahwaush Head Start and Charter School kindergarten and first grade students at the fire hall during Fire Prevention Week. Giving a tour of a fire truck are Ed Snetsinger, left, and Donnie Burnette.

Giiwedinong Museum in Park Rapids celebrates Anishinaabeg culture

By Lorie Skarpness
Park Rapids Enterprise

A celebration of the Anishinaabeg culture that included drumming, dancing and a meal featuring native foods was held Oct. 12, in honor of the Giiwedinong Treaty Rights & Culture Museum's grand opening.

This is the first Indigenous-led museum in Minnesota.

Giiwedinong means "in the north" in the Ojibwe language. As a cold, north wind blew, people gathered in a circle around the museum grounds to listen to the drummers and wait for the doors to open.

The museum is located in the former Carnegie Library at 101 2nd St. West in Park Rapids. It was used as an Enbridge office during the Line 3 pipeline construction project, but now houses an exhibit honoring the water protectors who protested against that project.

Honor the Earth activist Winona LaDuke is the museum's project coordinator.

Genevieve Giblin of Benicia, Calif., is 92 years old. She has been on an extended visit to a family cottage in Detroit Lakes and came to the grand opening with her daughter, Elizabeth Finsness, and her son-in-law, Andrew of Minneapolis.

She said her interest in the Indigenous culture and protecting the earth is what drew her to the museum. About seven years ago, she participated in a protest of a refinery in California. Giblin said the protest was orchestrated mainly by Indigenous people in that area.

"It was a spiritual experience for me. I think that's where I first heard Winona LaDuke's name. I'm passionately interested in the Indigenous culture," she said.

Giblin said she feels a connection with Indigenous people in her heart and was honored to meet LaDuke at the museum opening.

"My main interest was the Indigenous people's aspect," Giblin said. "When I first came across this

country on family trips as a young person, we would see displays of historical pictures that referred to Native Americans as savages. It offended and upset me so much.

"My favorite person was Chief Joseph. I was so inspired by his story. It touched me deeply. My family taught me to have a feeling for people who are oppressed. Not only broken treaties but how things are today.

"Besides the beautiful artwork at the museum, I loved the history boards with the dates and timelines. I want to go back when there aren't so many people to look at the displays again. In the evening, there was a dancing bear on the lawn. It was all such a wonderful experience."

The museum is funded entirely by private contributions. Plans are in the works to have the museum open Wednesday or Thursday through Sunday.

For more information on the museum exhibits, volunteering or scheduling school groups to visit, go to www.giiwedinong.org or contact them through their Facebook page.



Photo by Lorie Skarpness / Park Rapids Enterprise

Drummers from the Pine Point community were part of the grand opening ceremonies outside the museum in Park Rapids, Minn. From left are Ed Miller Jr., Darryl Basswood, Justice Swiers and Ricky Smith.



Photo by Shannon Geisen / Park Rapids Enterprise

The Giiwedinong Treaty Rights and Culture Museum held their grand opening on Oct. 12. They are located at the former Carnegie Library at 101 2nd Street West in Park Rapids, Minn.