

# ANISHINAABEG TODAY



A Monthly Chronicle of the White Earth Nation

Vol. 28 No. 9

White Earth, Minn.

today@whiteearth-nsn.gov

Wednesday, September 6, 2023



Photo by Gary W. Padrta

Waabigwan Mashkiki is open for business at 850 East Adams Avenue in Mahnomon.

## Medical and recreational cannabis sales begin at Waabigwan Mashkiki

By Mathew Holding Eagle III  
MPR News

After some early morning confusion on Aug. 3 that saw a few people turned away at the White Earth dispensary, Waabigwan Mashkiki, and a last minute tribal council vote, the White Earth Nation became the state's second reservation to begin selling recreational cannabis.

"I think it's a great day for us and I think that with this opening up, opening up many doors for White Earth Nation for economic development and its constituents and creating jobs, I think it's a good day for White Earth," Chairman Michael Fairbanks said. "Hopefully we get more and more people to come over and try our product."

Fairbanks added their cannabis has been tested and is safe to use.

The move comes just two days after Red Lake began offering its recreational cannabis — and only six days after the White Earth Council approved the recreational program. White Earth approved medicinal cannabis in 2020 and has been developing its growing program for over a year.

A small business owner who would only identify himself as Earl said it was not only a great day for the state but the entire U.S., too.

"It's about time this is starting to happen. I've been a cannabis user for many

See [Waabigwan Page 17](#)

## HARVEST FEST POWWOW

SEPTEMBER 9TH AND 10TH, 2023

NAYTAHWAUSH, MN

Invited Drums: PTown, Lake Vermillion, Stone Bridge

MCs: Frankie Graves, Frank Stech

ADs: Thomas Mason, Lucas Hisgun

Spiritual Advisor: Rob Tibbetts

Thursday Blessing of the Grounds  
5 pm

Friday Warmups

Saturday Flag Raising 10 am  
Grand Entry 1 pm  
Community Feast 5 pm  
Grand Entry 7 pm

Sunday Grand Entry 1 pm

Committee Specials:

Women's Jingle

Men's Traditional

Switch Dance

Committee Giveaway

Drum payouts to the first 6 drums registered. Drum roll call before each grand entry. All dancers welcome. Dancers must register before each grand entry. Must provide chairs, bleachers are available.

Outgoing Royalty Specials TBD  
Princess/Brave Contest

(Open to kids ages 6-18, enrolled or descendent, local to Naytahwaush, or have immediate family from Naytahwaush. Must be registered to compete.)

Vendor Contact: Frank Stech 218-308-4160

Powwow Contacts: Greg Blue 218-261-1048 and Terry Snetsinger 218-261-1210

Committee is not responsible for lost or stolen property or short funded travelers.

Drug and alcohol-free event.

Campsites and showers available.

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## Firefighters making history

These men and women represent the first all Tribal/Bureau of Indian Affairs (BIA) Type 2 Initial Attack crew ever to mobilize from the Midwest Region. The crew, now in northern California, is represented by Tribal and BIA employees from White Earth, Leech Lake, Bois Forte, Mille Lacs and the Menominee Tribe of Wisconsin.

There are seven White Earth Wildland Firefighters on this crew: Willie Auginaush, Harry Stevens, John Clark, Matt Dewey, Jerell Londo, Dave Snetsinger, and Daniel Snetsinger.

Submitted photo



## Anishinaabeg Today

The *Anishinaabeg Today* (AT) is the official publication of White Earth Nation and is published once a month. Editorials and articles appearing in the AT are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the AT staff or the White Earth Reservation Business Committee.

The AT reserves the right to reject any advertising or materials submitted for publication. The submission of articles and photos is encouraged, however, they are subject to editing for grammar, length, and malicious/libelous content. The Editor makes the sole decision of what is published in the AT and will not assume any responsibility for unsolicited material nor will the AT guarantee publication upon submission. **Deadlines are strictly enforced!** Deadline dates are printed below in each issue.

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For more information call 218-983-3285 Ext. 5903, email: [today@whiteearth-nsn.gov](mailto:today@whiteearth-nsn.gov), fax: 833-607-0776, or write to:

*Anishinaabeg Today*  
PO Box 418  
White Earth, MN 56591

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- ◆ Indigenous Journalist Association
- ◆ Minnesota Newspaper Association

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## Editor

Gary W. Padrta

## Future Issues \*

Deadline	Issue Date
September 27	October 4
October 25	November 1
November 29	December 6
December 27	January 3
January 31	February 7

\* Deadline and issue dates subject to change

# Harm Reduction - The Whole Circle Dance

By Carson Gardner, M.D.

White Earth Tribal Health Medical Director

I recently heard an elder say, "Harm reduction is the whole circle dance." I think I know what they meant. We have all heard the Anishinaabe creation story in which Creator got permission from the rest of creation to make humans. You remember the part where Creator said, "Humans are going to start out ignorant, stubborn, selfish, and clumsy. If you all won't help them, they won't survive even a week on Aki Nookomis." All of creation agreed to help us. Good story. My point? I think that Creator was sharing the principles of harm reduction in that story. I think that's what the elder meant, too. It may be that all of us human beings are here living our lives on Aki Nookomis to learn human harm reduction.

Recently we all have had to survive a lot of sadness and tragedy, of various kinds, here on Gaa-waabaabiganikaag. I won't go into detail. We are used to thinking of harm reduction as limited to respecting and helping people who use drugs; right where they are, when they ask, with the help they want, rather than giving them artificial hoops to jump through before we are willing to help. That's a very good work and our harm reduction team have earned community trust and helped save lives at street level by not shaming and blaming; but instead respecting individuality, speaking with honesty, sharing practical wisdom and support, honoring personal decisions, celebrating any positive change, and staying connected through good times and bad times. I also talked with a wonderful White Earth Nation harm reduction leader recently, who suggested that harm reduction is really a way for each of us to live our whole lives and to help each other through all the tough spots. That leader asked me to think about it. I have. I think that's also what the elder meant when they said, "Harm reduction is the whole circle dance." Here are some of my brainstorming ideas:

"Take a chance to help someone..."

1. For better or worse, we humans take chances all the time, every day, in many life choices of all kinds. Nobody ever makes only safe choices. They measure risks and take a chance. Sometimes taking chances works ok, and sometimes it causes serious life wounds. We all make choices and take chances. We have all been wounded.

2. Human life is an everyday, street-level dance; from totally safe to wildly risky, and everything in between. Nobody stays in perfect safety balance all the time in that dance. Sometimes taking big risks gets a person anxious, discouraged, or wounded. And sometimes being anxious, discouraged, or wounded gets a person taking big risks. But the bottom line is there are less risky and more risky options; nobody always chooses the least risky option.

3. It's good to find a reasonable balance point; that involves less personal risk, less family risk, and less community risk; for a somewhat safer and happier life journey. But it's a moving balance.

4. Nobody can be the "risk police" for anybody else. Not condemning, not strong-arming, not guilt, not shaming others is a good way to live the "golden rule." Because, you know what it says. Shame doesn't save lives. But compassion, acceptance, and nonjudgmental kindness can save lives—if they're offered humbly, consistently, and honestly.

5. People who are less than perfect need to speak up to help each other stay safer and happier. That means all of us. No hypocrisy allowed. What works at street level is what saves lives. But what works for me may not be what works for you. So, we need to talk about it and cooperate on it. Best case is someone helps me in my crisis and then I help someone in their crisis. Worst case is we each go down alone. And nobody ever has just one life crisis. We are all more or less in and out of crisis, "the whole circle dance."

6. Imperfect people are the ones best qualified to understand and share safer choices. They are all of us, and

we all need to look out for and care about each other, especially in our crisis moments. We all have crisis moments. The very worst thing to do for someone in a crisis moment is to just walk on by, embarrassed to say something. It's much better to be sorry you thought I was having a crisis when I really wasn't, than to be sorry you hoped I wasn't having a crisis when I really was.




7. The realities of our past and present life wounds and our fears for the future are what make us vulnerable to despair and can push us to take riskier chances. Or sometimes we take risks just for the heck of it, because it feels good. The realities of how we share help with each other, in life's smallest moments, are what make us together stronger/safer for survival while taking life's risks.

8. Imperfect people don't minimize or hide our life wounds. Nor do we make them all there is of us. Nor do we let our life wounds shackle or hobble us. And most important, we don't use our life wounds as an excuse to ignore others in crisis. Rather, together we face our wounds and improvise innovative shared ways to survive, find healing journeys, and thrive realistically. We are blessed with the Seven Great Teachings to guide in that.

9. Taking a chance to help someone else, in the time and place they need a friendly word or deed, is the kind of chance that is worth taking. None of us has all the answers. None of us can do all the healing work by ourselves. But we can see someone hurting and offer something helpful, to start the process of connecting with healing for a friend, neighbor, relative, or coworker in crisis. Take a chance to help someone.

10. The Seven Great Teachings, when lived at street level, are Ojibwe harm reduction every day. Keep on trying them: Truth, Wisdom, Courage, Compassion, Respect, Honesty, Humility.

I guess I think it's time for us all to again look at our whole lives as a circle dance journey in harm reduction. I think that's what Creator meant, and I think that's what both that elder and that Harm Reduction leader mean. It's time to again plan on going out of our way—out of our easy comfort zone—to recognize a hurting friend, neighbor, relative, coworker; to ask if they need someone to listen, and to point them in the direction of practical help or to give that help ourselves. We can all do that. We do it every time we live by the Seven Great Teachings. Keep on trying, Anishinaabeg. Miigwech Mii ii iw.

*Behavioral Health  
Cultural Division*

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DORENE DAY:  
(218) 401-4357  
EXT: 3395



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(218) 401-4136  
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OPWAGANSE GOODWIN:  
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EXT: 1475

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MAHNOHEN, MN 56557  
(218) 983-3286







**WHITE EARTH URBAN TRIBAL ENROLLMENT & ID DAYS - Fall 2023**  
(Ft. Indian Money Management Accounts)

**Thursday September 14<sup>th</sup> - Saturday September 16<sup>th</sup>**  
**9:00 am – 4:00 pm**

**STAFF LUNCH BREAK TAKEN FROM 12PM – 1PM**  
**(NO SERVICES AVAILABLE DURING THAT TIME!)**

PICTURE ID CARD FEES:  
Adults: (16-54) - \$12.00  
Juviles: (12-15) - \$6.00  
Elders (55+) - FREE  
Descendant ID \*\* - \$35.00  
CHECKS AND CASH - PLEASE HAVE CORRECT CHANGE.  
HARVEST PERMITS AND DEER TAGS WILL BE AVAILABLE


<p><b>**Attn. Descendants:</b></p> <p>White Earth request for verification of Descendancy form must be completed through WE Enrollments prior to the event. There is a \$50 fee for this certificate. Call enrollments at (218) 983-4643 for more information.</p>	<p style="text-align: center;"><b>LOCATION:</b></p> <p style="text-align: center;">White Earth Urban Office 1730 Clifton Place, Suite 100 MINNEAPOLIS, MN 55403 Information : 612-813-1590</p>
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**WHITE EARTH NATION COMMUNITY WELLNESS & RECOVERY NAVIGATORS & Community Health Outreach Workers**

**“OSHKABEWISAG” (HELPERS)**

<p><b>Mahnomen Navigator &amp; C.H.O.W</b> CSO-Jedediah Desjarlait (218) 401-3829 C.H.O.W-Dawn Basswood (218)401-1216 <b>N.T.W. Navigator &amp; C.H.O.W</b> CSO-Dustin Keezer (218) 401-0576 C.H.O.W-Heidi Goodwin (218) 401-4693 <b>White Earth Navigator &amp; C.H.O.W</b> CSO-Sue Hanks (218) 401-0415 C.H.O.W-Deon Bellanger (218)-401-3844</p>	<p style="text-align: center;"><b>Liaison for our Community</b></p> <p style="text-align: center;"><b>Members for Programs offered on The White Earth Reservation.</b></p> <p style="text-align: center;">-Access to Rule 25's -Access to Mental Health. -Access to Narcan -Housing Resources -Assist with Ceremonies -Host Community Events -Animal Control</p>	<p style="text-align: center;"><b>Community Service Manager</b></p> <p style="text-align: center;">Contact Sue Hanks</p> <p style="text-align: center;"><b>Rice Lake Navigator &amp; C.H.O.W</b></p> <p style="text-align: center;">CSO-Shawn Goodman (218)-401-1989 C.H.O.W-Indy LaFrinere (218) 401-3828</p> <p style="text-align: center;"><b>Pine Point Navigator &amp; C.H.O.W</b></p> <p style="text-align: center;">CSO-Isaiah Smith (218) 401-3593 C.H.O.W-Tricia Jones (218) 401-4695</p>
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<p><b>Overdose Response Coordinator</b> Ralph Goodman (218)401-3198</p> <p style="text-align: center;"><b>Outreach</b> Cassandra Hanks (218)401-1173</p>	<p style="text-align: center;"><b>Overdose Response Officers</b></p> <p><b>North:</b> Michael Weaver (218)401-2824 Anthony Malmo: (218)401-1141 <b>South:</b> Allison Jones (218)401-0561 Samantha Fairbanks (218)401-1128</p>
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## Feed Our Families

Deliveries: Monday - Thursday  
218-935-5554 Ext. 3217

**You can reach the Anishinaabeg Today at [today@whiteearth-nsn.gov](mailto:today@whiteearth-nsn.gov)**

## News From Chairman Michael Fairbanks

Aaniin Boozhoo Gaa-waabaabiganikaag Ninimwendam Waabaminaan!

Mandaamini-Giizis!

Aaniish inaa akawe ninga-gaagiizomaag aadi-zookaanag.

Greetings White Earth Nation I am Happy to See You!

It's already September!

September is also called the Corn Moon.

Our Anishinaabe moon names vary from nation to nation and this month I decided to use Mandaamin-Giizis because we as Ojibwe have used traditional corn like the one pictured on the right side of the picture (below) given to me by a family member up in northern Minnesota and one from another family member down south on the left. There are many nations who use corn just as we use our Manoomin, wild rice and actually some Anishinaabe use it just like we use our asema-tobacco. My grandma used to make hominy soup and other delicious meals with her corn. It was one of the staples in her house. She would traditionally prepare her corn for storage throughout the winter.

I also experienced corn traditions down where one of my best friends is from the Jemez Pueblo Village. During one of my visits between Christmas and New Year's there were many ceremonial events happening in his village. So we walked around stopping at various relatives and friends when we walked into a friend or relative's home there would be cornmeal sitting by the door on a stand and my buddy Will Chinana Sr. would take some and speak in his language then placing it into another bowl on the opposite side. I thought of our own asema teachings as he did that and followed him doing the same as a sign of respect on my part nimiigwechwendam, for that I was thankful.

An elder told me by September the corn is ready to harvest and there are at least 13 rows on them. These 13 rows represent spirits who are waiting to start their earth walk, 13 rows, and 13 moons. They travel down to prepare for the future generations to come who will be lighting our 8th and final fire of the 7th Fire Prophecy we are currently in now. The 8th and final fire is going to be lit by them.

Mandaamin - corn is a reminder to always think ahead to our children, their children and even their children. We have to treat Mother Earth like we are borrowing it from our great-grandchildren my elder said. Which made me think of my early tribal college years where I read Chief Seattle said, "We don't inherit the earth from our ancestors, we borrow it from our children." It is also the understanding of where we are in now in these modern days reminding us about our sacred duties as Anishinaabe to our



Mama Aki, Mother Earth we are her inherent keepers for our future generations to come. I think about all of our grandchildren every day and their rights to healthy clean water and traditional foods.

The Anishinaabe have a spiritual tie to the natural environment – an inherent natural connection. A healthy environment is at the heart of who we are as a people and respect for resources is a sacred obligation and our responsibility. It is not just about what we eat, or the few dollars earned, it is the whole process. It is the process of going out and harvesting and gathering the resources yourself. It is about resuming traditional roles in management. And it is about the ceremonies – we are bringing ceremonies back to our management.

Our role in fulfilling this responsibility has been diminished to critical levels resulting in negative circumstances afflicting our members. So with that in mind we are have been in the process of implementing these ceremonies back into our management roles with the Culture Department and Behavioral Health Cultural Division. If anyone needs a traditional prayer or cultural service all they have to do is contact the Cultural Division Behavioral Health Traditional Practitioners at 218-401-4677 Ext. 1475 and they will happy to help anyone in need.

Historically we were unable to practice our culture and experience nature as intended because it is extremely detrimental and has resulted in a loss of identity through the historical Boarding School Era and historical trauma followed as a result. There is a constant reminder of this loss in our Ojibwe language and daily lives which affects individuals and our community. The only way to heal our members and guarantee resources for the next seven generations is to reestablish our connection and co-existence with nature. The results will be immeasurable.

One vital traditional way to connect with nature is through Manoomin - wild rice. The harvest is in full swing which is a perfect opportunity to enjoy the outdoors with friends and families – a chance to connect with each other and with nature. There have been a lot of positive changes to how we manage this precious resource.

The Wild Rice Committee has taken on a bigger role in determining when the lakes are ready to harvest which involves checking lakes every other day while watching the weather. They want everyone to have a great harvest but ultimately are protecting the resource for future generations. Last year and this year our Traditional Practitioners went out to Rice Lake and conducted a day long ceremony; a blessing



**See Chairman Page 17**



**News From Secretary-Treasurer Michael J. LaRoque**

Aanin Boozhoo

Greeting White Earth Members, I have the honor of providing you with the monthly report of the Secretary/Treasurer position for the White Earth Tribal Council. The monthly report consists of reports of the activities of each division within the White Earth Reservation Business Committee, these Division consist of Public Safety, Natural Resources, Human Services, Behavioral Health, Judicial, Indian Child Welfare, Cultural, Public Works, Health, Compliance, Economic Development, WELSA, Enrollments.

I will be featuring the Public Works Division this month and talking about legislative updates.

**White Earth Public Works**

This division is covered by a director and assistance director positions. The departments that fall under this division are Transportation - which includes road construction and road maintenance, Water and Sewer, Fleet Garage, and Transit.

**Department of Transportation**

The Department of Transportation maintains 150 miles of road on the Reservation, of which 50 miles are paved and the balance are aggregate and earthen roads. Services provided include snow removal in the winter, and blading and crack sealing along the roadway are also in our services.

On occasion we have helped with small community projects for membership. These small projects include developing a sliding hill in the Nay Tah Waush, skate parks in Pine Point, and stump removal to expand the pow-wow grounds in the Rice Lake area.

Total general fund budget for road construction and maintenance \$1,860,475. ARPA Roads repair budget \$25,000,000. TTP Grants \$417,871.

**Water and Sewer**

This department handles water and sewer and wastewater systems in our Tribal communities of White Earth, Nay Tah Waush, Pine Point, Rice Lake, and Elbow Lake and the Chippewa Ranch. Collectively water produced in each community as well as several wastewater lift stations pumping sewage to the treatment ponds. Operators carry state drinking water and wastewater licenses, and our systems federally regulate under the Safe Drinking Water Act as well as the Clean Water Act.

The department also handles installation of wells and septic systems through an Indian Health Service program for Tribal homeowners. They also handle plugged sewer lines, frozen sewer, and water lines in the wither and exterior plumbing to hook up homes to a well or septic system or to our community systems. The water and sewer staff also are tasked with grave digging in our local cemeteries and moving trailer homes within the reservation boundaries.

Also within this department is the Elder Services program for lawn mowing, snowplowing and drive-ways repair. All seasonal programs provide a valuable service to our Tribal Elders as well as our Tribal Veterans.

This department is made up of an assistant Public Works director, Water and Sewer Program manager, officer coordinator, administrative assistant, and construction foreman.

Total budget Water System Maintenance \$747,993. Water System Construction \$192,932. Elder Snow Plowing \$200,000. Elder Mowing \$120,000. Elder Roof Repair \$50,000.

**Fleet Garage**

This department has all the fully updated equipment, such as alignment rack, tire changer and bal-



ancer with two full time lifts for all mechanical work. They work on all vehicles from buses to trucks, cars, and some large vehicles. They service all program vehicles, and employee vehicles offering payroll assistance. They service the 477 program, and Employment and Training Program. They are in the process of servicing all GSA vehicle under contract.

This department is made up of a manager/mechanic, administrative assistant, two full time mechanics and a TERO worker.

Total budget \$72,654.

**Transit**

This department runs a route deviation system which picks up passengers and can deviate ¾ a mile from the route. They operate 10 routes Monday through Friday from 5 a.m. to 7 p.m. They also operate on Saturdays from 5 a.m. to 9 a.m. and 2 to 7 p.m. The Transit department received a grant this year for a brand-new building that will be in Waubun.

This department is made up of a Transit manager, and an assistant manager, two full time dispatchers, 10 full time drivers, one on-call driver and one mechanic.

Total operating budget \$1,228,960.

**White Earth Enterprises and Waabigwan Mashkiki update**

I want to keep the Band membership informed on the progress Waabigwan Mashkiki has made in its cannabis sales. First, I want to dispel any rumors out there that the cost of the band's cannabis operation has ballooned into tens of millions of dollars. That is not true. Previous RBC's loaned Waabigwan Mashkiki \$6.2 million to fund the start-up of the production plant. The band was satisfied with their progress, however, Waabigwan Mashkiki needed additional funds to cover the rest of the start-up cost associated with opening for retail sales.

The current RBC loaned White Earth Enterprises an additional \$2 million and transferring the entire \$8.2 million loan over to them to get them over the finish line. The money loaned to Enterprises did not come from gaming revenues. Waabigwan Mashkiki has been in retail operations since Aug. 3, and we are happy with their success. I do not have revenue estimates available to share with the band membership, but I will share those numbers once we know them.

I want the Band membership to know that the revenues from the cannabis retail sales are meant to cover the cost of doing business and to repay the loans the RBC made to Enterprises. The Band is not receiving revenues yet because Waabigwan Mashkiki is a start-up company and needs to cover

**See LaRoque Page 20**

**White Earth Tribal and Community College Extension Service**  
**2023 Wild Rice Camp:**

**Parching Manoomin (Wild Rice)**  
**September 16<sup>th</sup>-17<sup>th</sup>**  
**Little Elbow Lake Tribal Campground**  
**9:00 AM – 3:00 PM**

**Join us at the 2023 Wild Rice Day Camp as we focus on the process of parching manoomin (wild rice).**

SATURDAY ACTIVITIES	SUNDAY ACTIVITIES
*Parching Manoomin	*Parching Manoomin
*Parching Corn/Making Corn Meal	*Making Popped Manoomin
*Nature Walk/Plant ID (Morning)	*Nature Walk/Plant ID (Afternoon)
*Playing Lacrosse	*Making a Pinecone Birdfeeder

**And Much More!!!**

This day camp is family-based with adults & youth participating together. (Youth may not be dropped off and left for the day.) Breakfast, lunch, and refreshments are provided. Participants may want to bring sunscreen, bug spray, a water bottle, and a camp chair to sit closer to activities. Come prepared for the outdoors by wearing appropriate clothing for hiking. Camping is on your own. The site is primitive but does include a water hand pump and outdoor toilet. No activities, meals or other services are provided in the afterhours.

Participants may register by completing and submitting the registration form, which is available on our website: [www.wetcc.edu/extension](http://www.wetcc.edu/extension) or by contacting Tammy Bellanger at [tbellanger@wetcc.edu](mailto:tbellanger@wetcc.edu) or by phone: 218-935-0417 Ext. 8351.

This annual, free event is provided in collaboration between White Earth Tribal and Community College (WETCC) Extension Service Program (Funding: USDA, NIFA), WETCC Culture Program (Funding: Bureau of Indian Education) and White Earth Nation Tribal Public Health (Funding: MN State Health Improvement Program). Chi-Migweg to the White Earth Natural Resources Department for the use of the Little Elbow Lake Tribal Park Campground!

**COMMUNITY G.O.N.A.**

**As we are healed, we heal others.**

**SAVE THE DATE!**  
**October 3-5th, 2023**  
**8:30am- 3:30pm**

**About This Event**

GATHERING OF NATIVE AMERICANS (G.O.N.A.) is a 3 day FREE event that creates a safe space for community members to share, heal, and plan for action. Together, we will explore the 4 cultural components of embracing community and healing through the concepts of belonging, mastery, interdependence, and generosity.

**NTW BEHAVIORAL HEALTH BLDG**

**Activities**

- Storytelling
- Gifts
- Lunch and snacks
- Games and prizes

**Please stay tuned for registration details at a upcoming date!**

**WHITE EARTH TRIBAL & COMMUNITY COLLEGE**  
 Mahnomon, MN

**AN AFFORDABLE WAY TO EARN YOUR AA DEGREE.**

The college follows the MnTCU (Minnesota Transfer Curriculum), which outlines over 40 general education courses accepted for transfer to other state colleges and universities.

**LEARN MORE**  
**218-935-0417**

**WETCC.EDU**

Enrollment is open to all who have earned a high school diploma or GED.

**APPLY NOW**



## News From District II Rep. Eugene Sommers

### Waabigwan Mashkiki

On Aug. 1, Waabigwan Mashkiki launched their Medical Cannabis Program. I would like to thank our Medical Cannabis Commission, White Earth Enterprises and the amazing staff at Waabigwan Mashkiki for their hard work and dedication. Just a few days after launching the Medical Cannabis Program the RBC approved the Adult Use Cannabis Code for the White Earth Nation. Waabigwan Mashkiki began the sale of Recreational Cannabis on Aug. 3.

This fresh initiative has brought forth sustainable employment opportunities while also ensuring that cannabis patients have access to products that are both safe and affordable, without compromising on quality. The prospect of what lies ahead fills me with excitement, as I anticipate the numerous opportunities that the cannabis industry is going to bring to our Nation.

### Elders Commission Election

The White Earth Elders Commission held an election on Aug. 8 to fill the vacancy for District II Commissioner. Polling locations were the Naytahwaush Sports Complex and the Mahnomen Veterans Center. A total of 25 votes were cast. Two candidates, Rebecca McCradie and Sherry Vizenor Sawicky were the top vote getters and both received eight votes. This triggered a runoff election that was held on Aug. 29 with the same polling locations. There were a total of 27 votes cast - 21 for Rebecca McCradie and six for Sherry Vizenor Sawicky. I would like to congratulate our new District II Commissioner Rebecca McCradie!

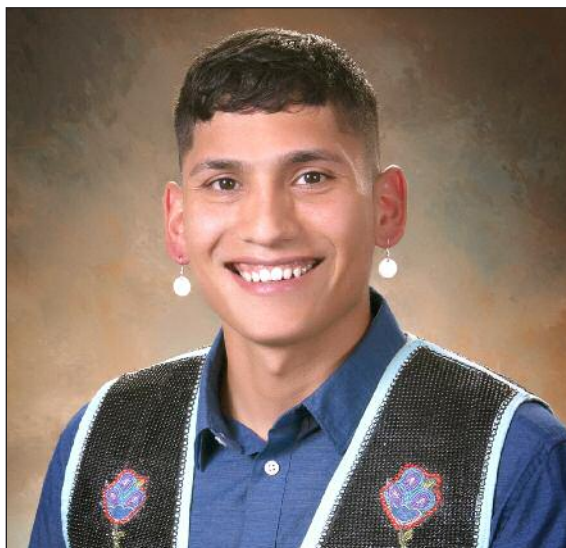
### Mahnomen County Commissioner Meeting

The RBC met with Mahnomen County on Aug. 14 regarding upcoming bonding requests. The RBC provided letters of support for the Mahnomen Hospital to receive bonding funding for a much needed renovation. There was also discussion regarding a possible addition to their bonding request to include a detox facility. On Aug. 16, I participated in a guided tour of the Mahnomen Hospital alongside State Representatives. Throughout the tour, our conversations revolved around the ways in which the proposed renovation stands to enhance the community's well-being. Additionally, we discussed the potential of a detox facility, examining how its presence could relieve our law enforcement officers from transport duties, allowing them to focus more on patrolling and maintaining public safety.

### Dept. of Corrections: Tribal Probation Update

Marking a significant milestone, the White Earth Nation hosted a special gathering to commemorate the one-year anniversary of its collaboration with the Minnesota Department of Corrections through the White Earth Assistant Tribal Probation Officer Project. The event saw the participation of Tribal leaders, the Commissioner of the DOC, dedicated DOC staff, and Tribal personnel.

Together, we cast light on the accomplishments of the past year and outlined the forthcoming objectives. Yet, it wasn't just about numbers and plans. The heart of the event lay in the voices of those directly impacted by this partnership – individuals navigating through the justice system who had benefited from this unique supervision alliance. These individuals courageously shared their personal journeys and how this partnership has tangibly transformed their lives for the better within the community. A singular theme coursed through the day's proceedings: "relationships." It underscored how the connections woven through this collaborative effort have ignited not only healing but also the forward momentum of progress. It was a celebration that highlighted not only achieve-



ments but the potent force of human connection, emphasizing that fostering positive relationships can indeed catalyze change and growth.

### Tribal State Relations Training

The White Earth Nation took the initiative to host an insightful Tribal-State Relations Training event on Aug. 9-10 at the Shooting Star Casino. This specialized training serves as an educational platform encompassing workshops, programs, and courses crafted to provide participants with an in-depth comprehension of the intricate interactions and legal intricacies that characterize the dynamics between Tribal Governments and State Governments within a specified jurisdiction.

These training sessions are strategically designed to furnish State Agencies with the knowledge and proficiencies required to navigate the legal, cultural, and political dimensions that underlie the relationships between Tribal Nations and the encompassing State Governments. I firmly believe that these trainings play a pivotal role in enhancing our collective capabilities as a Nation. Furthermore, they give us a valuable opportunity to foster a harmonious and productive landscape of engagement with State and other local governments.

### Contacts:

#### Eugene Sommers

Email: Eugene.Sommers@whiteearth-nsn.gov  
Office Phone: 218-983-3285, Ext. 5921  
Cell Phone: 218-396-9502

#### Christopher Vanwert Jr

Christopher.Vanwert@whiteearth-nsn.gov  
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Photo by Gary W. Padrta

Alex Boyd, Intensive Supervision Agent, left, and Tim Fultz, White Earth Tribal Assistant Corrections Agent, speak at a recent event at the Shooting Star Casino marking the one-year anniversary of a collaboration with the Minnesota Department of Corrections through the White Earth Assistant Tribal Probation Officer Project.

## Rez Briefs

### Twin Lakes Township regular meeting

The Twin Lakes Township next regular meeting will be held Sept. 12 at 7 p.m. in the Pinehurst Resort dining room. Regular meeting notices are posted on the Pinehurst Resort notice board. Board members include: Josh Thorpe, Francy Cleason, Ben Baumann, Paul Roy, Steve Speath, Amber Simon and Tim LaVoy.

### Ogema VFW 9880 Auxiliary news

Ogema VFW Post 9880 & Auxiliary will meet on Sept. 11 starting at 4 p.m. with the annual District visit followed by the regular meeting. This meeting will be held at the VFW Hall in Ogema.

### Ogema VFW no longer available for rent

Effective immediately the Ogema VFW will no longer be available for rent due to insurance reasons. Thank you.

### NTW Community Council news

The Naytahwaush Community Council holds their monthly meeting on the second Thursday of each month at 6 p.m. in the Naytahwaush Community Center – south projects. All are welcome! If you wish to be added to the agenda in advance, please contact Tara Mason – NCC Secretary at taramason2010@gmail.com.

## Valleyview Commons

Mahnomen has immediate openings for 1 bedroom units

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### Words Matter :)

Avoid the Following Language:	Why?	Alternative Language/Use Instead:
Committed Suicide	Associates suicide with crime or a sin.	<ul style="list-style-type: none"> <li>Died by suicide</li> <li>Took their life</li> </ul>
Person/Behavior is: Crazy, sick, psycho, cuckoo, nuts, lunatic	Calling people by their illness or using slang terms reinforces stigma and decreases people seeking help.	<ul style="list-style-type: none"> <li>Behavior was unusual</li> <li>Person living with mental illness.</li> </ul>
Bipolar/Schizophrenic Weather	Dismisses mental health and creates misunderstanding.	<ul style="list-style-type: none"> <li>Find words that replace misuse of mental health terms:                             <ul style="list-style-type: none"> <li>Indecisive, confusing, strange, etc.</li> </ul> </li> </ul>
Successful/Completed Suicide; Failed or unsuccessful attempt	Presenting suicide as a desired or positive outcome.	<ul style="list-style-type: none"> <li>Suicide death</li> <li>Died by suicide</li> <li>Ended their life</li> <li>Attempt to end their life</li> <li>Nonfatal self-injury</li> </ul>
Troubling Problematic Disturbing Struggling	Adds blame, increases mental health stigma, and can imply a lack of quality of life for people with mental illness.	<ul style="list-style-type: none"> <li>Words of empathy/care</li> <li>Concerning</li> <li>Trend is worrisome</li> <li>Living with/Has a diagnosis of</li> </ul>
Happy Pills Shrink Mental Institution Social Suicide Career Suicide	Minimizes the seriousness of mental illness and suicide. Can shame someone away from seeking help.	<ul style="list-style-type: none"> <li>Say what you mean:                             <ul style="list-style-type: none"> <li>Antidepressant</li> <li>Mental Health Facility</li> <li>Mental Health Care Provider</li> <li>Harm to Social Life/Career</li> </ul> </li> </ul>



## News From District III Rep. Cheryl 'Annie' Jackson

Boozhoo Everyone,

School has probably already started for all our young and college students. I wish you all the best in the upcoming school year.

We met with the Canadian Pacific/Kansas City Railroad on Aug. 1 – the merger has been approved since March 14. This meeting was for updates from CP/KCS since the merger.

They stated that there have been 60% fewer accidents. They go above and beyond what is spelled out in the regulations, which includes drive the tracks looking for defects. With more frequent trains running, inspections are done more often, oil and other hazardous liquids are inspected before each run. They use sonar on steel that can see more defects and they use Broken Rail Detection (BRD) which is a low voltage current that runs the rails and sends info to center right away if there are any defects.

They stated that more than \$1.5 billion goes into maintenance and replacement each year.

It was asked what they can help with here and they stated that they could help with emergency response (training, on site assistance) and equipment available to use in case of a derailment.

A meeting was held Aug. 2 with Tallbear/Isabelle on a possible business venture to access edibles, vapes and other products for cannabis. No action was taken, just an informational meeting.

A cannabis oil meeting was held Aug. 30 – this was a meeting with another company out of Michigan that is interested in a business venture with cannabis oil. This meeting was also informational and no action taken.

Debriefings are held every Monday, if not we schedule that week. No decisions are made in these, we discuss our upcoming meetings, any issues that may have to be on the agenda and call-in staff as needed to get updates/clarification. This assists us all with being on the same page and helps us all work together and move forward in a good way for all members.

The Pine Point Traditional Pow-Wow was a success. They do not disappoint on the spot dances. Congratulations to all that won! I was actually a few feet away from the one young winner. It's always a good time out in Pine Point, visiting, dancing and of course eating! Also need to give a shout out to the winners of the demolition derby and the parade contest. You all do a great job with this pow-wow and the events that come with it. Can't wait until next year!

I attended the American Indian SUD Summit in Fond du Lac from Aug. 21-24. This summit covered a lot of areas of all our substance use disorders throughout Native Country. Some of it was very hard to listen to. We were all able to ask questions of State officials and staff. Our own members were able to present on their road to recovery. All in all, it was a great summit.

One thing that was said there, really hit me, and that was "We are losing a whole generation to opioids." I went back to my room and reflected on how many of our loved ones we have buried over the years and lost count. This is no longer acceptable, we need to make sure that every effort is made to save our people, not only the addicts, but the families that suffer along with them. Changes are coming here at home, and I will update next month on some of those changes. I want to say chi Miigwech to all that send me names of dealers, please know that I do send all names forward and I do not dispose anyone's names that sent them forward.



In the RBC Regular meeting on Aug. 31, it was a full consensus that we move forward in building our own treatment center. This has been a long time coming and having one here will keep our loved ones close to us, so that healing can occur all together.

On Aug. 30, the chairman and I attended the White Earth Healing Ceremony that was held at the powwow grounds. This was well attended and to see all those that are in sobriety makes my heart happy. The guest speaker was our very own, Justin Brown. To listen to him speak of his road to recovery was very heart wrenching, but he has succeeded. I am beyond proud of 'Judd' and look forward to seeing him succeed in more aspect of his life!

Next up was our brother from Naytahwaush, Charlie Littlewolf, this kid is such a sweetheart and has a very uplifting spirit about him. Congratulations Charlie and I look forward to seeing you succeed also. Men's Acute Care was there, so proud of all them that have taken the first step in sobriety. Some have been there a while, some just started, just had to tell them that they make us proud and remember take it one day at a time. Kudos to all that put on this event and I look forward to the next one. Nothing is more healing to me than seeing our people move forward, no matter what way they make that move. Congratulations to all!

With closing this month's article, I want to send my deepest condolences to all the families that are dealing with losses of their loved ones. Sending hugs and prayers for strength and healing to all...

Please don't hesitate to reach out to me or my assistant, Stacie Warren, for any assistance, questions or just to talk. I always have my phone on or nearby and check messages often and respond as soon as I can.

Until next month...

Respectfully,  
Cheryl "Annie" Jackson  
District III Representative



Your job search ends here  
[www.whiteearth.com](http://www.whiteearth.com)

## Early Learning Scholarship Program

September 12th, 2023

6:00pm

White Earth Child Care Building

Come join us on update to the Early Learning Scholarship Program, and learn about the Early Learning Scholarship program. We will have a light supper.

RSVP: 09/08/2023

[jessica.harstad@whiteearth-nsn.gov](mailto:jessica.harstad@whiteearth-nsn.gov)

## Women's Night Out 2023

Ladies, you are invited to this free event! **Save the date, October 17.** This is an annual event. You **MUST** be pre-registered in order to attend. Seating is limited, so **please register by October 6.** More information to come. Please check next month's paper for more updates.

If you would like to register please contact Lisa Braun at 218-983-3286 Ext. 1373 to reserve a spot. Hope to see you ladies soon!

**Call For Move-In Specials!**

## WHITE EARTH CONGREGATE HOUSING

**WAUBUN, MINNESOTA**

White Earth Congregate Housing has immediate openings for 1 bedroom units. Must be 62 years of age or 18 years of age with a disability.

Rent includes water, sewer, garbage and heat. Rent is based on income. Certain restrictions apply

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## News From District I Rep. Henry George Fox

Boo-zhoo District 1 members of the great White Earth Nation.

I have an update on the tiny homes. We were approved to start building five 2-bedroom Wolf and five 1-bedroom Wolf houses through Dynamic Homes, which is owned by the Ho-Chunk Tribe. Hopefully they will be on site by mid-November then we can get the water and sewer hooked into the community system and then install hot water heaters plus the furnaces.

Had a meeting with the State and County Probation along with the new Tribal Probation Program. They had a couple of speakers that are involved with the program and hearing their stories was very touching. After the presentation we met with Minnesota Department of Corrections Commissioner Paul Schnell on the outstanding work that is being done with the Tribal Probation Program. It is working out great with the State and County Probation Officers.

I attended the Mash-Ka-Wisen Board of Directors meeting in Sawyer, Minn. It was a good meeting with all the financials and meet people we serve from all surrounding Reservations and State and County services.

We also hosted the Tribal-State Relations training at the Shooting Star Casino. We helped educate partners from the State of Minnesota and all the counties on the history of the Ojibwe, Sioux, Treaties and the acts that our wonderful government has put on us. I love government work, only if they knew the whole truth of who we are.

I also have been thinking of our drug epidemic with all our overdoses and what we can do to help this cause. It is so hard to work in the chemical dependency field trying to get your point across that we can go on in our life without the drugs. It has



come to the point in our live where we know it has either caused us legal problems, family problems, and health problems. The best way to battle this is more intensive treatment, inpatient treatment center, more cultural activities like sweat lodges, ojibwemowin language, pipe ceremonies, naming ceremonies, crafts, beading and just staying busy finding things to do.

The wild rice crop is doing good and we have a lot of ricers out already - we have bought many pounds. Our Big Rice Lake has opened and that will help our people getting school supplies. Many kids are already back in school and some are starting after the Labor Day holiday. Mii-gwech for listening.

Henry G. Fox  
District 1 Representative  
White Earth Nation  
218-407-2729 or 218-850-0753

## McCradie is elected to fill Elders Commission vacancy

The White Earth Elders Commission held an election on Aug. 8 to fill the vacancy for District II Commissioner. Polling locations were the Naytahwaush Sports Complex and the Mahnomens Veterans Center. A total of 25 votes were cast. Two candidates, Rebecca McCradie and Sherry Vizenor Sawicky were the top vote getters and both received eight votes.

This triggered a runoff election that was held on Aug. 29 with the same polling locations. There were a total of 27 votes cast - 21 for Rebecca McCradie and

six for Sherry Vizenor Sawicky.

### Commission updates

Six members from the White Earth Elders Commission will be attending the National Indian Conference on Aging (NICOA) Conference on Sept. 25-29 at Harrah's Cherokee Casino Resort in Cherokee, NC.

### Upcoming scheduled meetings

Oct. 10 - Mahnomens Veterans Center at 2 p.m.  
Nov. 14 - RBC building at 2 p.m.  
Dec. 12 - Rice Lake Community Center at 2 p.m.

## Medicinal Cannabis Patient Registry Program open to all community members who have a medical card

The White Earth Reservation Business Committee established the Medicinal Cannabis Control Commission in February 2022 to implement the provisions of the White Earth Band of the Minnesota Chippewa Tribe Medicinal Cannabis Code.

The Medicinal Cannabis Control Commission (MCCC) would like to announce the **Medicinal Cannabis Patient Registry Program** will be open to all community members and visiting patients (who may have a Medical Card from another tribe, or other states, including Minnesota).

The MCCC patient registration process ensures safe access to medicinal cannabis for qualified individuals and is designed with patient privacy and safety in mind, following the guidelines outlined in the

Code.

If you are interested in completing the new Medicinal Cannabis Patient Registry Program Application process, please stop by the office or visit our website [www.wemccc.com](http://www.wemccc.com) to download the form. Our office hours are Monday-Friday, 8 a.m. to 4:30 p.m.

Please be patient as we undertake this groundbreaking new process. We are committed to assisting you on your journey to improved health and look forward to serving you!

Medicinal Cannabis Control Commission  
779 E Jefferson Ave.  
Mahnomens MN 56557  
Phone 218-935-2148 Ext. 2212

## Native Farm Bill Op-Ed

By Tina Smith  
Minnesota U.S. Senator

One of the best parts of my job is traveling around the state to talk to Minnesotans about what they care about and the issues impacting them. A top priority this year has been discussing the upcoming Farm Bill. My staff and I have had conversations with dozens of stakeholders, including farmers, researchers, co-ops, Native and Tribal communities, and other farmers and producers of color to ensure the next Farm Bill works for everyone.

Native and Tribal communities face persistent inequities in nutrition and the agriculture sector, and the Farm Bill is the best opportunity this year to address them. As a member of both the Senate Indian Affairs and Agriculture committees, I have a unique opportunity to help lead the next Farm Bill so it works for your communities. It is critical that we include the priorities and voices of Native American producers and Tribal governments in the decision-making process. Native communities across the nation face unique challenges in the agriculture sector and it is our responsibility in Congress to address these disparities by providing meaningful support for Tribal agricultural programs.

White Earth Nation has been critically important in the effort to reshape the Farm Bill so that it works for Native and Tribal communities. Take the food sovereignty program for example: through trial and error, White Earth Nation has been improving initiatives within their communities so that they work best for them. The White Earth Food Sovereignty Initiative demonstrates that a strong, affordable localized food system rooted in Anishinaabe traditions is vital to the holistic health and sovereignty of the White Earth Band of Minnesota Chippewa Tribe. This initiative, alongside their partnership with the InterTribal Buffalo Council (ITBC), and their impressive efforts monitoring and restoring wild rice, has made White Earth Nation a key partner as we shape the Farm Bill. Their expertise has provided important solutions to address food insecurity and nutrition in the upcoming bill.

Congress passes a Farm Bill every five years, and the current one is set to expire at the end of September. This is a massive piece of legislation that funds and sets the policy on a wide variety of programs ranging from nutrition and agriculture to conservation and forestry. It also supports Tribal colleges by providing funding for agricultural education, research, scholarships, and rural development initiatives. This bill touches the lives of every American and is vital to our state and Tribal economies. But it hasn't always been equitable or fair. We're working to change that with the creation of a 'Native Farm Bill.'

I am working in Congress to create the 'Native Farm Bill,' a collection of policy proposals that collectively would mean real progress throughout the Farm Bill for Native and Tribal communities. This package will include everything from self-governance expansion to making it easier to access federal agricultural programs on trust land.

Tribal sovereignty and self-governance are at the center of this work. New opportunities for self-governance are the biggest priority for Indian Country; they would allow Tribal Nations to administer federal programs within their own communities. This model has proven itself to be very successful in health care and Tribal programs through the Bureau of Indian Affairs. In 2018, the Farm Bill included the first ever self-governance expansion at the U.S. Department of Agriculture (USDA) for food distribution and wild-fire management. These policies proved that it's time for broader self-governance expansion at USDA.

Self-governance policies are important because they make federal dollars work better to address the unique needs of Tribal communities. The Farm Bill gives us the opportunity to expand self-governance at USDA to include the Supplemental Nutrition Assistance Program (SNAP), food distribution program, forestry, conservation, and meat processing. Expanding self-governance at

See Farm Page 35



## White Earth RBC

### addresses recent tragic cluster of opioid overdose deaths

The White Earth Band of the Minnesota Chippewa Tribe and the Reservation Business Committee are aware of the recent tragic and unusual cluster of opioid overdose deaths. The RBC extends its deepest condolences to the affected families. The White Earth Band would encourage all people suffering from addiction and substance abuse to get the help they need.

The reasons for this cluster are many; and include using alone, using after a break in using, and using another drug unexpectedly cut with fentanyl. White Earth Behavioral Health, Public Health, EMS, Law Enforcement, Peer Recovery Support, Cultural Support, and Executive Administration/ RBC teams share our community grief over the loss of loved ones, neighbors, and friends.

We live here. Together we remain dedicated to saving lives and overcoming tragedies. The White Earth Band will continue to make available every resource it has to address the increase in overdoses. White Earth Band has many well-established rescue and recovery-support services:

- Widespread employee and citizen naloxone rescue training and free naloxone supplies.
- 911 Law Enforcement and ambulance emergency response to deliver timely overdose rescue.
- On-call peer recovery support to simplify immediate access to recovery service choices.
- Prehospital Suboxone dosing after overdose rescue, to prevent withdrawal and recurrent overdose; providing 24 hours of clear-and-well time to make recovery decisions/ connections.
- On-call crisis response for rapid support of families affected by substance use dangers.
- Urgent chemical dependency assessment and ongoing multi-dimensional treatment.
- Extensive village harm reduction clinic services such as safe-use-supplies, blood-born-infection-prevention teaching, safe shelter options, and citizen naloxone rescue training/supplies.
- Residential chemical dependency treatment options for adults, adolescents, and families.
- Domestic/sexual-violence-response safe shelter services.
- Cultural/spiritual counseling, healing, ceremonies, and ongoing cultural support activities.

- Full service, culturally respectful Behavioral Health adult, adolescent, child, family counseling.
- Full-service home-visiting Public Health Nurse support for recovery medical services.
- Medication Assisted Treatment, MAT, clinics with same-day intake and treatment access.
- Peer Recovery Service case management such as transportation, peer support follow-up after overdose rescue, recovery support gatherings, and family grief healing support.
- Support and safety services for homeless individuals.
- Community Policing that supports and encourages recovery service connections.
- Law Enforcement dealer/supply interdiction.
- Involuntary civil commitment in unusually severe situations without voluntary-care options.

In the aftermath of the recent overdose death cluster, the White Earth Band will continue all existing rescue and recovery support services; and will initiate the following new support service efforts:

- Reminders to not use alone, to cut dose after a break in using, and to check meth for fentanyl.
- Village information/discussion meetings to describe available services, listen to citizen concerns and ideas, and answer questions about street-level problems with recovery connection.
- Initiation of a pilot program to provide pre-jail-release harm reduction training and Narcan kits.
- Other street-level interventions suggested by involved/concerned community members.

It is the shared hope and goal of all White Earth Ojibwe Band employee and administration team members, that together with all other citizens we will continue to provide a full range of harm-reduction-based rescue and recovery services to stop overdose death clusters and to provide many practical opportunities for timely recovery decisions, connections, and support. We live here. Together we work to save our loved ones and offer Anishinaabe healing choices.

#### If you need assistance, please contact:

White Earth Police Department: 218-983-3281  
 White Earth Behavioral Health: 218-983-3286  
 White Earth Police Tipline: 1-877-410-8550  
 White Earth Overdose Response Coordinator Ralph Goodman: 218-401-3198

## White Earth sponsors Tribal-State Relations Training

White Earth recently sponsored a Government to Government: Tribal-State Relations Training at the Shooting Star Casino.

The two-day conference covered several topics to include Federal Indian Policy, tribal history, culture and more.

**Right:** A Tribal Government Administrator Panel was made up of Pat Butler - WE Health Division Director, left, Laura Erickson - WE Government Relations Coordinator, Patty Straub - MCT Constitution Delegate, Laurie York, WE Executive Director, and Dawn Blanchard - Moderator.



Photo by Gary W. Padrta

## 2024 Energy Assistance Program Notice

The 2024 Energy Assistance Program will be accepting applications in September, please call for an application at that time or you can pick one up at the office in Waubun. Watch the White Earth web page for one also. For those of you that have applied last heating season, you will receive an application in the mail.

Please keep in mind to fill out your application clearly and completely and with all necessary documentation, this will make for a faster process.

Always keep in mind to check your tanks - running out will adhere to more problems. Summer prices are at a low this time of year, call your company to set up payment plans or arrangements if suitable.

This year there is a couple changes we would like you to know about, first one is, this year you will only have to show proof of one month's income. Second, there will be no water assistance this year.

Homeowners - at any time you have a furnace problem please call the office and check on assistance. Please change filters once a month for adequate maintenance.

Any questions on the program or if you need to fax any information, please call the number or fax below. Hope you had a great summer!

**Anticipated funds in November!**

Phone: 218-473-2711 / Toll Free: 1-866-885-7656 / Fax: 218-473-2719

## Bone's 113 Bait & Tackle

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**7am - 8pm Weekdays**

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**Pizzas to go/dine inn, snack & grocery items, gas & auto needs.**

Thank you for your business!

## INDIGENOUS EDUCATION FOR ALL NEEDS ASSESSMENT

We need to hear from you!

Indigenous Education for All (IEFA) is new legislation that will educate all students in Minnesota about the eleven Tribal Nations with whom we have geography in common.

The Minnesota Department of Education (MDE) is gathering feedback from students, (including former students), parents, educators, community leaders (including elders), and residents of Minnesota.

Information gathered from this survey will inform the legislature and MDE about your needs to implement Indigenous Education for All.

We would also like to hear how we can support the work to implement Indigenous Education for All to better serve each student in Minnesota schools.

Please share widely!



This survey will close on September 22, 2023





# White Earth Mental Health

## raises awareness throughout reservation communities

By Deondra Jackson, LSW  
Mental Health Crisis Practitioner  
White Earth Mental Health

Summer has been a busy and exciting time for the community! Throughout June and July, White Earth Mental Health attended the community picnics and offered education, resources, and raised awareness surrounding mental health in each community.

In June, White Earth Mental Health participated in the Sobriety Parade. The theme was based off the Disney/Pixar movie, Inside Out. Sayings included “Turn that Mental Health Stigma Inside Out.” Mental Health employees dressed and role-played each emotion in the movie, signifying that all emotions are okay!

White Earth Mental Health also offered a Safe Talk workshop in June. SafeTalk is a four-hour face-to-face workshop that provides education on how to prevent suicide by recognizing signs, engaging someone, and connecting them to an intervention resource for further support.

Motherhood is Sacred group and Fatherhood is Sacred groups were also hosted by White Earth Mental Health in July.

In the beginning of August, White Earth Mental Health partnered with a youth tribal member from the Naytahwaush community to host and teach a Bandelier Bag Workshop as part of the Mental Health Connection series. The workshop included seven participants. Teaching and instruction about the Bandelier Bags were provided by Waabinoo Littlewolf. Thank you Waabinoo!

In late August, White Earth Mental Health also hosted an ASIST workshop. ASIST is a two-day face-to-face workshop where individuals will learn how to prevent suicide by recognizing signs, providing a skilled intervention, and developing a safety plan to keep someone alive and safe for that time.

September is Suicide Prevention and Awareness month. Please look out for upcoming community events. White Earth Mental Health is planning on hosting a community GONA (Gathering of Native Americans) in October. A GONA is a culture-based event where community members gather to address community-identified issues. It uses an interactive approach that empowers and supports Native American tribes. The GONA approach reflects Native American cultural values, traditions, and spiritual practices. Be on the lookout for more details.



Submitted photos

**Top:** White Earth Mental Health recently partnered with a young tribal member from the Naytahwaush community to host and teach a Bandelier Bag Workshop as part of the Mental Health Connection series. The workshop included seven participants. Teaching and instruction were provided by Waabinoo Littlewolf. **Bottom:** In June, White Earth Mental Health participated in the Sobriety Parade. The theme was based on the Disney/Pixar movie, Inside Out. Sayings included “Turn That Mental Health Stigma Inside Out.” Mental Health employees dressed and role-played each emotion in the movie, signifying that all emotions are okay!

### THE DOCTOR'S CORNER

## Fight Against Falls This Fall

By Melissa McGuinness, PT, DPT, GCS  
Physical Therapist  
White Earth Health Center

Falls continue to be a leading cause of injury, disability, and death among older adults. According to the CDC, more than 36 million falls and 32,000 deaths from falls are reported each year in people over the age of 65. In simple terms, one in four older adults will fall within a given year. That is at least one fall per second of every day!

These falls result in three million emergency rooms visits and hundreds of thousands of hospitalizations, hip fractures, and traumatic brain injuries per year, which can be very challenging to recover from. It has been well-documented that patients who sustain a hip fracture are at a high risk of death during the year following their fracture, due to a high risk of medical complications and immobility.

Even though falls are common in older adults, falls should not be considered a normal or accepted part of aging. The first step in preventing falls is acknowledging when you or a loved one are at a higher risk of falling. The number one predictor of a future fall is a past fall. So if you or a loved one have fallen recently, it is best to let your primary care provider know. Other signs that you or a loved one are at a high risk of falling include:

- Feeling fearful of falling.
- Needing a cane, walker, or wheelchair.
- Not being able to stand up out of a chair on the first attempt.
- Not being able to stand up out of a chair without using arms to help.
- Not being able to balance on one foot for at least 7 seconds.
- Not being able to balance with your eyes closed.
- Feeling dizzy or light-headed upon standing, which may be a sign of a drop in blood pressure.
- Taking multiple prescription medications, as drug interactions and side effects can sometimes cause dizziness.

To maintain balance, multiple systems of the body have to work together. A person's vision, sensation, leg and core strength, and vestibular function (communication between the brain and inner ear of where the head is in space) all play important roles. Here are some hints for keeping each system functioning well:

- For vision: Eyes should be checked and prescriptions for glasses should be updated at least once a year, and as needed.
- For sensation: Any numbness, tingling, or burning pains in your feet and legs should be reported to a medical provider. People with diabetes and/or peripheral neuropathy should have regular foot exams every 3-12 months to monitor their sensation.
- For leg and core strength: Strengthening exercises should be completed 3 to 4 days per week at a moderate intensity. Strength can improve within a few weeks to months if practiced regularly. Exercises can be completed lying down, sitting, or standing, depending on balance and comfort.
- For vestibular/inner ear function: Any vertigo (dizziness that feels like the room is spinning) should be reported to a medical provider. Vertigo can occur for many reasons, and some of the most common causes are easy to treat.

Vertigo that comes on consistently with head movements, rolling over in bed, and/or reaching down to touch the floor may be symptoms of a condition called Benign Paroxysmal Positional Vertigo (or BPPV). With BPPV, vertigo symptoms come on suddenly but disappear within a few minutes of sitting still. BPPV is one of the most common causes of vertigo, as up to 20 percent of people evaluated for dizziness are diagnosed with BPPV. Once other medical causes of vertigo are ruled out, BPPV can be treated in Physical Therapy with 1-2 office visits, and symptoms tend to resolve completely.

Finally, simple home modifications can also minimize falls. Throw rugs are a common tripping hazard, as are cords and clutter on the floor. Homes should be well-lit at night (the eyes can't help

See Falls Page 25



**Naytahwaush Healing Feast**

**WHEN: WEDNESDAY, SEPTEMBER 27, 2023**  
**WHERE: NAYTAHWAUSH BEHAVIORAL HEALTH BUILDING - BACK PARKING LOT**  
**TIME: 5 - 7 PM**  
**SPIRITUAL ADVISOR: DORENE DAY**  
**DRUM GROUP: NORTH TWIN JRZ.**  
**GUEST SPEAKERS: TBA**

*Giveaway & Prizes*

*Sponsored By:*

## Public invited to the Seventh Generation Celebration of the 1863 Treaty on Oct. 1-2 at the Old Crossing

We are the 7th Generation. The Chiefs of the Red Lake and Pembina Bands of Ojibwe agreed 160 years ago to a treaty that ceded 11 million acres of land to the United States. The treaty was signed on Oct. 2, 1863, at the Old Crossing on the Red Lake River.

This year a celebration and commemoration of that treaty will be held Oct. 1-2 at the Old Crossing Treaty Park near Huot, Minn. Pembina, Red Lake Band citizens and the general public are invited. The celebration will include a flag raising, social dancing and discussions about the rights, responsibilities and obligations reserved by the Ojibwe in the treaty negotiations.

The history of the land, the treaty, current status of treaty reserved right to hunt, fish and gather in the ceded lands, environmental issues, cultural obli-

gations and protocol, water quality, eco-cultural pathways restoration and more will be discussed.

Primitive camping, food, limited hotels for elders and handicap will be available.

This event is hosted by Ganawenindidaa (Let's Take Care of Each Other) "We sincerely want to hear from many on their hopes for healthy, safe and sustainable opportunities for future generations of the Red Lake and Pembina Bands of Ojibwe and all other human and non human relatives with whom we share the 1863 ceded landscape" said Robert Shimek, one of the event organizers. "We hope to see you there, this is an important event for all. We are the Seventh Generation of caretakers of this land," he added.

For more info text or call 218-204-1632 or email [superearl565@gmail.com](mailto:superearl565@gmail.com)

## WE Natural Resources enhance recycling accessibility

White Earth Natural Resources is aiming to enhance recycling accessibility for our community, and with a generous grant from the Minnesota Pollution Control Agency, and we're well on our way. Over the summer, we purchased three hydraulic lift dumpsters, and we're currently developing plans to strategically place them for easy drop-off recycling access for community members and tribal businesses.

As we continue planning, it's crucial to remember that the success of this program relies on you – our community members. A key component of this effort is becoming an informed recycler, understanding exactly which items should go into recycling. While this article focuses on breaking down plastic types, we're also planning to expand drop-off options to include recyclables like aluminum.

Plastics have become deeply embedded in our daily lives, offering convenience and affordability, but they also have a significant environmental impact. Plastics can take hundreds of years to break down, and even then, they transform into microplastics that linger in the environment.

As we move forward with our recycling initiatives, it's important to consider that while recycling is valuable, reducing waste at the source is even better.

Look for alternatives to disposable items, such as using refillable water bottles and cloth shopping bags. If everyone makes a small change, it can lead to a big difference.

Below, you'll find a breakdown of plastic types, and the acceptable types will be clearly labeled on the bins. Please note that household garbage will not be accepted.

- PET** (Polyethylene Terephthalate) - This is used for things like pop and water bottles, and food containers.
- HDPE** (High-Density Polyethylene) - You find this in milk jugs, shampoo bottles, and some toys.
- PVC** (Polyvinyl Chloride) - It's used for pipes, some kinds of bottles, and even vinyl records.
- LDPE** (Low-Density Polyethylene) - This is in plastic bags, some containers, and squeezable bottles.
- PP** (Polypropylene) - It's used in yogurt cups, bottle caps, and some food containers.
- PS** (Polystyrene) - You'll see this in foam cups, packaging materials, and disposable cutlery.
- Other plastics** - This category includes things like plastic used in DVDs and some types of toys.

## Helping children with Autism



Submitted photo

White Earth Behavioral Health and the Minnesota Department of Human Services sponsored an event that addressed Autism and related conditions on Aug. 9 at the Shooting Star Casino. Community members were able to ask questions and get resources to help support children up to age 21. A meal was also provided.

1 PETE	2 HDPE	3 PVC	4 LDPE	5 PP	6 PS	7 OTHER
Polyethylene Terephthalate	High-Density Polyethylene	Polyvinyl Chloride	Low-Density Polyethylene	Polypropylene	Polystyrene	Other
Common products: soda & water bottles; cups, jars, trays, clamshells	Common products: milk jugs, detergent & shampoo bottles, flower pots, grocery bags	Common products: cleaning supply jugs, pool liners, twine, sheeting, automotive product bottles, sheeting	Common products: bread bags, paper towels & tissue overwrap, squeeze bottles, trash bags, six-pack rings	Common products: yogurt tubs, cups, juice bottles, straws, hangers, sand & shipping bags	Common products: to-go containers & flatware, hot cups, razors, CD cases, shipping cushion, cartons, trays	Common types & products: polycarbonate, nylon, ABS, acrylic, PLA; bottles, safety glasses, CDs, headlight lenses
Recycled products: clothing, carpet, clamshells, soda & water bottles	Recycled products: detergent bottles, flower pots, crates, pipe, decking	Recycled products: pipe, wall siding, binders, carpet backing, flooring	Recycled products: trash bags, plastic lumber, furniture, shipping envelopes, compost bins	Recycled products: paint cans, speed bumps, auto parts, food containers, hangers, plant pots, razor handles	Recycled products: picture frames, crown molding, rulers, flower pots, hangers, toys, tape dispensers	Recycled products: electronic housings, auto parts,





**SHOOTING STAR BAGLEY ANNIVERSARY PARTY**  
**HELP US CELEBRATE SEVEN YEARS!**  
*Saturday, September 16 | 1PM-10PM*

- Enjoy food, drinks and a rib cook off
- Craft vendors
- Bean bag tournament
- Hot seats drawings
- 32 Below and much more

**VISIT STARCASINO.COM**  
**FOR FULL DETAILS**

**W.E TRIBAL ENROLLED ELDERS**  
 Elder Lawn Mowing application - 2023.

No need to complete this if you completed one for the Elder Snow Plowing Program.  
 Call and update your telephone number or notify us if you have moved.

---

Date: \_\_\_\_\_

Name \_\_\_\_\_ Spouses Name \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Physical Address: \_\_\_\_\_

Home telephone number: \_\_\_\_\_ Cell # \_\_\_\_\_ Work # - \_\_\_\_\_

Birthdate: \_\_\_\_\_ Spouse's Birthdate: \_\_\_\_\_

Enrollment number: \_\_\_\_\_ Spouse's Enrollment #: \_\_\_\_\_  
 (Attach a copy if possible)

Do you own your home? \_\_\_\_\_ if not list your landlord's name: \_\_\_\_\_

Do you reside in a Housing home? **Yes or No – circle one**

Which District do you reside in: **District I** \_\_\_\_\_ **District II** \_\_\_\_\_ **District III** \_\_\_\_\_

Would you consider your lawn small or a large? \_\_\_\_\_

Detailed directions to your residence: \_\_\_\_\_

---

Lawn mowing will be done every two weeks.  
 Weed cutting/whacking, bagging grass & mowing ditches will not be provided with this program.

White Earth Water & Sewer Department  
 P.O. Box 418  
 White Earth, MN 56591  
 Attn: Tribal Elder Lawn Mowing Program

Phone #: 218-983-3202  
 Fax #: 218-983-4350  
 E-mail address: [Betsy.Smith@whiteearth-nsn.gov](mailto:Betsy.Smith@whiteearth-nsn.gov) or [Brandi.Sullivan@whiteearth-nsn.gov](mailto:Brandi.Sullivan@whiteearth-nsn.gov)



**Finding and hiring the right team to take your company to the next level?**

**We've got a loan for that.**

White Earth Investment Initiative offers affordable business expansion loans for Native American businesses.



# The Light Is In YOU.

We all can lose our way when walking in the darkness of substance use and finding the light within...may seem impossible. But, that light is still burning, all it needs is a little guidance. Alluma is here to help you overcome, to move forward, to live life, through our shame-free Outpatient Treatment Programs, Substance Use Counseling, Group Counseling, and Peer Support Services.

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**Only scammers say you have to pay with gift cards, cryptocurrency, or wire transfers.**

Learn to spot the scams:

**ftc.gov/languages**



## White Earth welcomes state senator



Photo by Laura Erickson

White Earth recently welcomed Minnesota State Senator Kari Dziedzic (60, DFL) Majority Leader. The Tribal leaders thanked her for supporting different funding sources from this past legislation for the homelessness, Tribal Government Aid, Indian Child Welfare, and education. They talked about the disparities on the reservation and how the Tribal Government Aid will assist different programs. They also discussed education, homelessness, public safety, and the workforce. From left are Eugene Sommers - District II Rep., Michael LaRoque - Secretary/Treasurer, Senator Kari Dziedzic, Henry Fox - District I Rep., and Michael Fairbanks - Chairman.



# White Earth 2023 Fall Netting Season

## Gill netting period:

1. Gill nets may be set from October 14 to December 31, 2023.

## Lakes open to gill netting:

Bad Medicine, Big Bass (Mahnomen County), Big Elbow, Green Water, Ice Cracking, Island (Mahnomen County), Little Bemidji, Lone, **McCraney\***, Net, **North Twin\***, Pike, Roy, Big Rush, Snider, Strawberry, **South Twin\*** and Tulaby. Additional lakes (Many Point, Round and White Earth) can be found under special seasons. \*North Twin, South Twin and McCraney Lakes will have special regulation permit requirement due to zebra mussel and faucet snail infestations.

## Gill net dimensions:

1. Gill nets cannot exceed 200 feet in length.
2. Gill nets cannot exceed 6 feet in depth.
3. Mesh size cannot be less than four inch stretched, two inch bar.

## General:

1. The sale of game fish is prohibited.
2. It is prohibited to possess Lake Sturgeon.
3. No more than 200 feet of gill net per tribal member fishing at any given time.
4. It is prohibited to disturb, move, obstruct or interfere with any gill net of any tribal member, unless that tribal member is present.
5. Tribal members must have in their possession a White Earth Tribal Identification Card.
6. Watercraft Regulations will be enforced (C.C. 1800.01 Boats and Watercraft).
7. **Gill nets must be checked every 48 hours.**
8. **Note: Please reference special regulation lakes below for additional checking times.**

## Location:

1. Gill nets must be set such that one end is in water less than 10 feet deep, as measured from the lake bottom to surface of water or ice.
2. Gill nets shall not be placed in, or within 300 feet of a river channel, stream, inlet, or outlet of a lake.
3. Gill nets shall not be set within 50 feet of a previously set net.

## Markings:

1. Gill nets must be clearly visible from the surface of the water or ice and marked with a float, buoy, pole or flag at both ends.
2. The name and enrollment number of the tribal member must appear or be attached to both ends of the gill net.

## Limits:

1. No limit on the amount of tullibee, whitefish or rough fish.
2. Incidental game fish may be kept.
  - a. **Musky caught in gill nets do not need to follow length limits and may be kept.**

## Early Season Elder Use Permits

1. Early season netting is October 1 to October 13, 2023.
2. An elder use permit may be filed with the Natural Resources Department for elders 55 years of age or older for early season netting.
3. Elder's may have a helper(s) present under the age of 55 while setting and checking. However, the helper(s) may not set a net of their own until the regular netting season opens on October 14, 2023.
4. Nets need to be checked every 12 hours during the early Elder's season.
5. The permitted parties must submit the request to Natural Resources prior to net placement.
6. The permitted parties must be enrolled members of White Earth and provide enrollment information at the time of application.
7. Information regarding dates and lakes to be netted will be filled out at the time of application.
8. The permitted elder(s) and helper(s) must present be in the boat while setting and checking and each elder may not have more than 200 feet of net fishing at any given time.
9. The remaining netting regulations for the 2023 netting season apply.
10. Early Season Elder Use Permits will be available online via White Earth's social media sites. Please follow the instructions for completing and submitting the forms or contact [will.bement@whiteearth-nsn.gov](mailto:will.bement@whiteearth-nsn.gov) for a copy of the permit.
11. Elder Season Permits are non-transferable.
12. Watercraft Regulations will be enforced (C.C. 800.01 Boat and Watercraft).

## Lakes open to gill netting under Special Seasons

Many Point, Round and White Earth.

## Special Season gill netting period

Gill nets may be set beginning November 4 to December 31, 2023 on Many Point, Round and White Earth Lakes.

## Special Seasons netting restrictions for Many Point, Round and White Earth Lakes

1. Gill nets must be checked at least once every 24 hours on Many Point, Round and White Earth Lake.
2. Gill nets must be set such that both ends are in water less than 10 feet deep as measured from the lake bottom to the surface of the water or ice. Gill nets shall not be placed in, or within 300 feet of a river channel, stream, inlet, or outlet of a lake. Gill nets shall not be set within 50 feet of a previously set net.
3. Gill net dimensions, markings, and limits are the same as posted above.
4. General rules are the same as the regular season with the exception that nets must be checked every 24 hours.
5. Live sturgeon must be returned to the water immediately after removal from nets.

**Note:** Efforts to restore Lake Sturgeon in White Earth Lake and Round Lake have included dam alterations to allow fish passage and the stocking of fingerlings. Please contact the Natural Resources Department and report any Sturgeon Mortality.

# South/North Twin and McCraney Special Regulations Permit

## Special Regulation Permit gill netting period

Gill nets may be set from November 4 to December 31, 2023 on North Twin, South Twin and McCraney Lake.

## Special Regulation netting restrictions

1. A Special Regulation Permit must be filed with the Natural Resources Department prior to setting net in North Twin, South Twin and McCraney Lake.
2. Nets used in North and South Twin may be reset within North and South Twin only. They may not be placed into another water body until they are cleaned and dried for a minimum of 21 days.
3. Nets used in McCraney Lake may be reset within McCraney, The must not be placed in another water body until they are cleaned and dried for a minimum of 21 days.
4. Watercraft launched and used for day use on North Twin, South Twin and McCraney Lake may not be used on another water body until they have been removed from the water and dried for a minimum of five days.
5. Watercraft which has been kept on a dock or lift on North Twin, South Twin or McCraney may not be used outside of these lakes until they have been cleaned and dried a minimum of 21 days.
6. All applicable clean, drain, and dry AIS preventions must be in place.
7. All other general netting regulations apply.
8. Special Regulation Permits will be available online via White Earth's social media sites or contact [will.bement@whiteearth-nsn.gov](mailto:will.bement@whiteearth-nsn.gov) for a copy of the permit.
9. Special Regulation Permits are non-transferable.



Submitted photo

Front row from left are Edward Swan (White Earth), Isaac Roy (Leech Lake), Zachary Ikola (LL), Ronald Roy (LL), Matthew Eagle (Mille Lacs), Taysha Kills Enemy (Fond du Lac) and Mercedes Doffing (ML). Second row from left are Waylon Snyder (ML), Daniel Barney (FDL), Jeffrey Hardy (LL), Joseph Guinn (FDL), Cody White (LL), and Adam Greensky (FDL). Back row from left are the Coordinator (Local 633) Brian Farmer, Instructor (Local 633) Marissa Goodsky, and Instructor (Local 633) Moke Eaglefeathers.

# Rez students cement a new future

Thirteen students from the reservations of White Earth, Leech Lake, Fond du Lac, and Mille Lacs recently took part in the Cement Masons MNDOT/Tribal TERO 10-week training course held May 30 to Aug. 4 in New Brighton, Minn.

The training was sponsored by the Cement Masons, Plasterers and Shophands Local 633 Journeyman and Apprentice Training Trust Fund and MNDOT. There was no cost to the students - all was covered by a MNDOT grant, which included lodging and tools needed to start their careers once training was completed. The weekly stipends

were covered by Tribal TERO offices.

Some of the training they received including Heavy Industry, Tool introduction, Construction Math, Chemistry of Concrete, Layout / Setup, Concrete Repairs, Work Ethics, and Safety Certifications.

Upon completion of the training, they are offered positions with contractors to start their Apprenticeships with the hopes of becoming Journeyman in the industry.

Congratulations to these students for taking the first step to a brighter future. Good luck on your journey in the Masons Industry.





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## WE DNR confirms Zebra Mussels in Sargent Lake

On Aug. 24, White Earth Natural Resources confirmed the presence of Zebra Mussels in Sargent Lake, Mahnomen County. Due to the location along Twin Lakes Creek corridor, all water bodies between Sargent and North Twin will carry the Zebra Mussel Infestation Designation.

All watercrafts must follow proper clean, drain and dry precautions within these waters. This includes all water related activities including, fishing, hunting, ricing and general recreation.

More information will be available regarding precautions in the following days.

## WE Natural Resources to begin Radon testing on Rez

The Environmental Department with White Earth Natural Resources Division is set to begin testing homes within the White Earth Reservation boundaries beginning in October. Radon tests will be placed in homes per request of the home occupant and collected after 3 to 5 days by a Natural Resources staff member.

### Breathing radon in your home can cause lung cancer

Radon is a naturally occurring radioactive gas that forms when uranium, thorium, or radium, which are radioactive metals, break down in rock, soil and water. Radon can build up to dangerous levels inside any home; this includes new and old homes, well-sealed and drafty homes, and homes with or without a basement. Radon gas is odorless and invisible and the only way to know if your home has a radon problem is to test for it.

Breathing radon can increase your risk of lung cancer. Radon is the number one cause of lung cancer among people who do not smoke. It is the second leading cause of lung cancer for people who do. EPA estimates that radon causes about 21,000 deaths from lung cancer each year in the U.S. If you smoke and

your home has a high radon level, your risk of lung cancer can increase even more.

### Radon has been found in every state

Homes with high levels of radon have been found in every state. In fact, radon levels can vary greatly from home to home--even levels next door can be very different.

Radon is measured in picocuries per liter of air (pCi/L), a measurement of radioactivity. In the United States, the average indoor radon level is about 1.3 pCi/L. The average outdoor level is about 0.4 pCi/L. The U.S. Surgeon General and EPA recommend fixing homes with radon levels at or above 4 pCi/L. EPA also recommends that people think about fixing their homes for radon levels between 2 pCi/L and 4 pCi/L.

### You should test for radon

Testing your house for radon is easy. If your house has a radon problem, it can be fixed. Fixing a radon problem reduces the risk of lung cancer for you and your family.

Please contact Amy Moore at 218-935-2488 Ext. 2125 or [amy.moore@whiteearth-nsn.gov](mailto:amy.moore@whiteearth-nsn.gov) for questions or to schedule a test.

## Joe Bush Memorial 5K Walk/Run held in Pine Point

The annual Pine Point Joe Bush Memorial 5K Walk/Run was held Aug. 12. They had 148 participants. The following are the winners in their respective categories.

### Kids 12 and Under:

1. Adrian Jones - 27:41
2. Kenzie Lerud - 34:17
3. Laurence Bruguier - 34:43

### Women:

1. Bree Fairbanks - 26:31
2. Madlyn Fineday - 40:20
3. Jazmine Hanks - 46:14

### Men:

1. Jason Belland - 22:43 **Best Time**
2. Curtis Buckanaga - 23:04
3. Bronson Grant - 24:04

### Women over 50:

1. Katy Kramer-Lee- 42:23
2. Kris Manning- 56:39
3. Pat Miller- 56:49

### Men over 50:

1. John Swan- 38:30
2. Bruce Engebretson- 1:15:19
3. Bud Parker- 1:16:01

**Bikes donated by Jappy and Mauren**



Photo by Angie Bellanger

Winners of the annual Pine Point Joe Bush Memorial 5K Walk/Run.



**SHOOTING STAR**

# NOW HIRING

We're looking for talented and energetic people to join the Shooting Star team! Find the perfect position for you in gaming, hospitality, facilities and more!

**FIVE STAR REASONS TO APPLY**

- Paid time off
- Retirement plan
- New living wage salary plan
- Free parking and meal discounts
- Medical, dental, vision, life and disability insurance

Apply now at [StarCasino.com/Employment](http://StarCasino.com/Employment)

## 988 Crisis Lifeline

If you or a loved one is struggling with mental health, there are options available for help! 988 (call or text line) and the Becker County/White Earth Reservation Crisis Hotline (218-850-HELP) offer 24/7 access to crisis staff members who can assist individuals experiencing thoughts of suicide or emotional distress.







# Healthy Aging HEALTH FAIR

**Wednesday,  
September 13, 2023**

**at the Shooting Star Casino  
Event Center in Mahnomon  
3:00pm - 7:00pm**

Come to our Healthy Aging Health Fair and find out information to support your health.

ABI and Cholesterol checks, Blood Pressure, Pulse, Oxygen Level checks and Blood Sugar checks will be available to all who attend!



White Earth Nation  
**TRIBAL PUBLIC HEALTH**  
*Prevent. Promote. Protect*

## Healthy Aging Fair Highlights

Hourly demonstrations on topics like:

- ◆ Food preparation
- ◆ Cooking for 1-2 people
- ◆ Meditation
- ◆ Exercise

Over 25 programs and organizations will be attending and exhibiting.

Snacks and beverages provided!



## Ten Things We Can Do Now to Age Healthier

- ◆ *Get moving-150 minutes per week*
- ◆ *Eat healthy-Mediterranean, DASH and MIND diets are recommended*
- ◆ *Get good sleep-at least 7 hours*
- ◆ *Quit smoking*
- ◆ *Avoid alcohol and other substances*
- ◆ *See your primary care provider regularly-early detection of disease*
- ◆ *Take care of your mental health-brain health*
- ◆ *Decrease stress*
- ◆ *Treat depression*
- ◆ *Engage in leisure activities or a hobby-at least an hour a day*



# SUPPORTING RESILIENCY



## You're invited to an evening with **Dr. Marilyn Zimmerman**

Parents, caregivers and early childhood teachers are invited for an evening event featuring Dr. Marilyn Zimmerman former Director of the National Native Children's Trauma Center. Dinner and prizes are included in this uplifting evening at no charge. Pre-registration is required.



**September 25**  
**4:30pm–8:00pm**

**DATE**  
**CHANGE**



**Shooting Star Casino**  
**Event Center**

### **Topics being discussed include:**

- How to build a child's self esteem
- How to help a child gain resiliency
- How to help a child manage conflict
- How to recognize trauma in a child

*There will be a short presentation on Indigibox and time allotted for questions. Participants will receive a mini-Indigibox to take home. Sessions will include CEU and clock hours for teachers, nurses and social workers.*

*Sponsored by White Earth Project Launch, White Earth Nation Tribal Public Health, Indigenous Visioning & Indigenous Parent Leadership Initiative*



**Registration required.**

**(218) 983-3286 ext 1350**



[WWW.EVENTBRITE.COM/E/711445070357?AFF=ODDTDCREATOR](http://WWW.EVENTBRITE.COM/E/711445070357?AFF=ODDTDCREATOR)



**September**  
**IS SUICIDE PREVENTION & AWARENESS MONTH**

---

Suicide is death caused by injuring oneself with the intent to die. A suicide attempt is when someone harms themselves with any intent to end their life, but they do not die as a result of their actions.

Suicide is preventable, recovery is possible, & help is available.

---

**In 2021:**

- 41,183 people died by suicide in the US
  - That is 1 death every 11 minutes.
- 12.3 million adults seriously thought about suicide.
- 3.5 million adults made a plan.
- 1.7 million adults attempted suicide.

**How does suicide impact the Native American population?**

- The number of deaths by suicide increased 2.6% from 2021 to 2022.
  - The percentage decreased among American Indian/Alaska Natives people and Youth.
- In 2021, American Indian/Alaska Natives had the highest rates of suicide.
  - Approximately 28 deaths by suicide per 100,000 deaths.

**Chairman** from Page 3

on every direction Waabanong - East, Zhaawanong - South, Ningaabii'anong - West, Giiwediniing - North; it is a beautiful ceremony blessing the water and manoomin. We will continue to do it every year now.

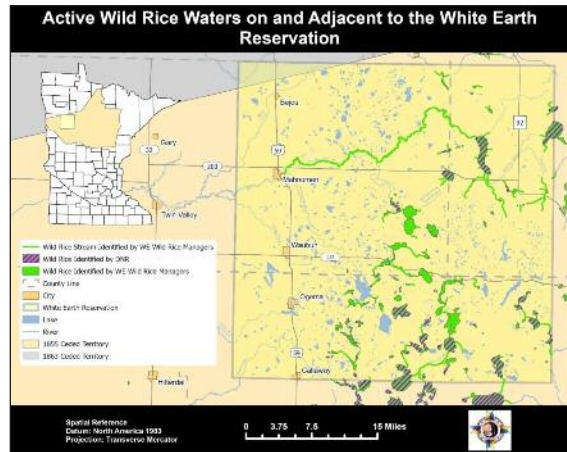
The Wild Rice Committee is also assisting our Natural Resources team to educate the State of Minnesota with identification of wild rice waters. As you can see by the map, the State of Minnesota only recognizes a handful of wild rice waters. The Wild Rice Committee helped expand the list to include all active wild rice waters. If you know of a water body that needs to be added, please reach out to our Natural Resources Department we will be happy to oblige.

**Mashkode-bizhiki - Bison Update:**

The White Earth Agriculture Department has been working with the Intertribal Buffalo Council (ITBC) and the Natural Resources Conservation Service (NRCS) to prepare a home for bison on the White Earth Reservation. We are happy to announce that our planning and implementation of the required bison facilities is moving along smoothly on time and within budget. We fully expect to be prepared to receive our first bison this fall.

The Federal Surplus Bison Program, from whom we will receive our bison, has yet set roundup, and pick up dates for the donated bison. Donated bison will be made available from western National Parks and Federal Wildlife Management Areas. The Intertribal Buffalo Council (ITBC), with whom White Earth Nation is a member, is closely monitoring these activities and will contact us when they have dates and locations established.

ITBC has informed us that there is an abundance of bison available off the western ranges this year, with incentive to find them all new homes. We expect to pick up five yearlings of mixed genders



A color version of the map can be viewed in the online edition of the paper at [www.whiteearth.com](http://www.whiteearth.com)

sometime later this fall. Until that time the White Earth Agriculture Department staff is working steadily with NRCS technical guidance to prepare our bison a secure and verdant range at White Earth Nation.

Watch for updated announcements as they become available. I want to thank our Natural Resources Department and Wild Rice Committee for the great rice and buffalo update. It has already been an amazing year for ricing and I want to wish everyone a safe ricing season and minobimaadiziwin.

Mi'iw,  
Baamaapii wiingezin.  
Miigwech bizindawiyeg.  
Gigawaabaminim naagaj.  
Take it easy.  
Thank you for listening to me.  
See you all later.

**Chairman Michael Fairbanks**

**2023** **White Earth Adult Basic Education Program**  
**September Calendar**

- Mondays** **Naytahwaush Site 10-1**  
Naytahwaush Community Service Center
- Tuesdays** **Mahnomen Site - Open Lab**  
701 E. Jefferson Ave.
- Wednesdays** **Naytahwaush Workforce Center 10-12**  
**Pine Point 1-3**  
Maadaadizi Workforce Center  
New Pine Point School
- Thursdays** **Mahnomen Site - Open Lab**  
701 E. Jefferson Ave.
- Fridays** **Rice Lake 10-12**  
Rice Lake Community Center
- Contact:** [melissa.widner@whiteearth-nsn.gov](mailto:melissa.widner@whiteearth-nsn.gov)  
218.935.0417

Enroll in the program!  
Meet the criteria and develop a plan of study

**Waabigwan** from Front Page

years, and we don't need to have the low-end drug users, drug offenders being put behind bars over stuff like this," Earl said. "Cannabis has so many more benefits than many other drugs out there. And it's so much more just, in a general safety factor, safe. You know, I choose to do this over drinking."

All the cannabis sold by White Earth is grown locally about 100 yards behind the dispensary in what locals refer to as the "old potato-chip factory." A 30,000 square-foot facility which includes two flower rooms, a nursery and a closed room, two drying rooms, a processing room and a vault.

The dispensary's general manager, Alexander Oxendine, said White Earth's goal is to reach "1,000

pounds a month."

"The problem is people are saying Red Lake is in competition with White Earth or vice versa and that's absolutely not the truth," Oxendine said. "I wish them the best. And I would help them out if I can do anything for them and I'm sure they would do the same for us."

Oxendine said based on the math there's no way either tribe's supply will meet the demand he anticipates in the long run so, "if neither of us can fill the void how is there competition?"

Unlike in Red Lake, White Earth is charging a 10 percent tax on purchases, however, for medicinal customers and elders the tax is waived.

**HAVE YOU BEEN INJURED:**

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**Fergus Falls**  
**218-736-5673**

\*Licensed in Minnesota and White Earth Tribal Courts



Grace Roberts stands next to a display case of cannabis strains available for purchase at the Waabigwan Mashkiki dispensary located at 850 East Adams Avenue in Mahnomen. Their hours are Monday-Thursday from 10 a.m. to 4 p.m. and Friday from 10 a.m. to 6 p.m. You can check out their products at [www.waabigwan.com](http://www.waabigwan.com)

Photo by Gary W. Padrta



## Carsonville FD to the rescue



Submitted photo

Teresita Diaz, Pine Point Boys & Girls Club Unit Lead, and Chris Ayers, Carsonville Chief, stand with Club youth as they accept a \$1,000 donation from the Carsonville Fire & Rescue Department. Carsonville Fire & Rescue supports the mission and goals of the Pine Point Boys & Girls Club and is excited to be able to support the youth in the community they serve.

## Flag gifted to District Court



Submitted photo

The White Earth Nation and Leech Lake Band of Ojibwe recently presented tribal flags to the Dakota County District Court. The flags will be flown at the main entrance to the Dakota County Judicial Center in Hastings, Minn.

Dakota County District Court is approaching tribes with the request to acknowledge the sovereignty of the tribal nations and American Indian people served through the court system by installation of the tribal flags at the judicial center. This is also a special honor to the Indian Child Welfare Act (ICWA) which is a federal law enacted in 1978 to rectify the removal of Indian children from their homes often done without regard to their Native heritage.

Presenting the White Earth flag at the ceremony were Laura Erickson, left, Sherold Hanks, and Lori Thompson.

## Rez youth attend STEAMS Camp in Colorado

Five exceptional young minds from the White Earth Science Fair were given a remarkable opportunity to broaden their horizons at the inaugural Science, Technology, Engineering, Arts, Mathematics, and Spirit (STEAMS) Camp in Colorado Springs, Colo.

This transformative experience was made possible by the visionary sponsorship of Rita Peterson, White Earth descendant, a dedicated advocate, owner, and CEO of Caribou Thunder. Over the past decade, Rita has generously enabled more than 20 promising youth from White Earth to participate in NASA's renowned Space Camp. However, recognizing the need for a more inclusive and culturally attuned learning environment, Caribou Thunder's team took the initiative to establish an enriching camp experience for the winners of the 2019 and 2023 White Earth Science Fairs, following the unfortunate cancellation of the 2020 event due to the global pandemic.

The 2019 Science Fair champions – Michael Brown, Alexie Keezer, and Niingosis Fanning, who have since evolved into accomplished students at Mahnomen High School – were joined by this year's outstanding victors, Anthony Clark, and Francisca Diaz from Pine Point School. This unique journey was organized by Caribou Thunder's Executive Assistant, Alexis Sanchez who made all the event arrangements including meet ups with key local leaders, learning opportunities, and built lasting relationships with executives and more.

The camp was guided by the steadfast companionship of Dr. Mark Bellcourt, a member of the White Earth Ojibwe community, and Amber Paulson from Caribou Thunder, who fulfilled the role of chaperones.

The camp encompassed a dynamic blend of immersive experiences, including hands-on space technology simulations hosted by The Space Foundation, captivating insights at the U.S. Air Force Academy, and an enlightening encounter at Lockheed Martin Aerospace Center. Moreover, the students had the privilege of exploring captivating destinations such as the awe-inspiring Garden of the Gods, the Cheyenne Mountain Zoo, and the serene Estes Park.

The young learners even engaged with



Photos by Alexis Sanchez

**Top:** STEAMS team with Lt. Gov. Dianne Primavera at the Colorado State Capital. **Bottom:** Rez youth with staff at Garden of the Gods in Colorado Springs, Colo.

Colorado's Lieutenant Governor, Dianne Primavera, at the State Capital, gaining invaluable lessons from her personal journey to triumph.

Throughout the camp, these extraordinary young

See **STEAMS Page 25**

## PP Elders honored for their service to the community

Two Pine Point Native Elders were honored for their service to the Nation and community at the Pine Point Traditional Pow-Wow on Aug. 12.

Donna Buckanaga, 86, became instrumental in starting the first Elder council in the 90s with Lyman Roberts, Joyce Annette, and Sam Crowell. Then again in the early 2000s with Sam Crowell, Susie Pinson and others. They worked hard for Elder issues and transportation needs. Pushing hard for vans and a bus.

Donavon Larson, 88, grew up in Pine Point and attended school until he enlisted in the U.S. Air Force, where he honorably served for more than 20 years while stationed around the world, including Vietnam during the war. When he could, he returned to his roots in Pine Point. After his discharge, he worked for the U.S. Post Office until his retirement. He moved back to northern Minnesota and started a business with his brother. He never forgot his roots and his family and friends in Pine Point. He has managed to attend the Pine Point pow-wows yearly to meet and converse with his schoolmates and family.

Both of these Elders still stay in touch with others and are still active in Elder activities. The two recently attended funerals for Elders and classmates.

Congratulations on being honored Elders from the Pine Point community.



Donna Buckanaga and Donavon Larson, left, were recently honored for their service to the Pine Point community. Looking on is Sam Crowell.



# Highlights of the annual Pine Point Traditional Pow-Wow



Photos by Gary W. Padrta

The annual Pine Point Traditional Pow-Wow was held Aug. 12-13. They had more than 320 dancers and 12 drums. The 2023/24 Pine Point Princess and Brave are Daynalea Clark and Jordon Bloom (lower left).



Submitted photo





## Rural WE woman charged in overdose death

Carol Jean Nelson, 46, of rural White Earth was arrested on charges of 3rd degree murder and second-degree manslaughter.

On March 13, 2023, Jude Duane Beauchamp Jr., 35, of rural White Earth was found deceased. The medical examiner determined his cause of death was fentanyl toxicity.

During the investigation it was determined that shortly before his death Nelson sold him fentanyl that ultimately led to his death.

No other information will be released from the White Earth Police Department regarding this case at this time.

Fatal overdose cases can be very difficult cases

to prove. We are proud to have provided some closure to the family of Jude Beauchamp Jr., but there are far too many fatal overdoses that remain unsolved.

We want those families to know that we have not forgotten your loved ones and the White Earth Police Department continues to work diligently to solve those cases. We do not consider any fatal overdose investigation closed until charges have been filed.

Anyone with information on this case or any other case please contact the White Earth Police Department and request to speak to an officer. You can also leave a tip utilizing WETIP at 1-877-410-8550.

## Volunteers needed for POW/MIA 24-hour walk

By Jodi Flugel

Ogema VFW Post & Auxiliary

It's tough to imagine going to war. In the years of the world's worst wars, many of the men that trained in our military were still teens - fresh out of high school - and enlisted out of duty and patriotism. There weren't cell phones to communicate home, and there wasn't an embedded reporter giving real-time updates. These men didn't know what to expect, they went in blind. And probably a bit scared. But their love for country was strong!

Unfortunately, in each of our major conflicts, we've lost men. In some instances, the battle was in a risky or dangerous location and the dead could not be retrieved. In others, planes went down and could not be found. Nonetheless, the United States military does not leave a man behind.

Today, we have teams searching jungles in Asia and mountains in Europe, following the trail recounted by survivors of the battles. Currently the United States has 81,500 missing from World War II, Korean War, Vietnam War, Cold War and Gulf War

conflicts - with most being in the Indo-Pacific region and approximately 41,000 personnel presumed lost at sea.

Last year, teams from the Defense POW/MIA Accounting Agency located and identified the remains of 118. Our efforts are working. But for the young men who left everything they knew to fight in a war on the other side of the world blindly -- we remember.

Since 1979, the third Friday in September has been named National POW/MIA Recognition Day. This day is set aside for Americans to remember to stand behind those who serve and ensure we do all we can to bring home those who didn't return.

For the fifth year, Ogema's VFW Post & Auxiliary is honoring the nation's POW/MIA with a 24-hour walk at the Waubun High School track. We invite anyone to join us! Participants take turns carrying the POW/MIA flag continuously for the entire 24 hours on Friday, Sept. 15.

If you would like to reserve a spot, please go to the website: [bit.ly/POWMIA23](http://bit.ly/POWMIA23). Or just stop by on Friday and join in! Until they all come home.

## Update your information with White Earth Enrollments

On Dec. 12, 2022, Minnesota Chippewa Tribe TEC Chairperson Cathy Chavers sent a letter to all six bands requesting that reservations (bands) get updated addresses for their eligible voters.

The TEC will be submitting a letter to the Secretary of Interior for a Secretarial Election to complete a mail in ballot (vote) to be done on a resolution from 2015. That resolution is to include all Chippewa/Anishinaabeg blood from federally recognized tribes (five other states or 13 other tribes).

Chavers wishes to have this election by this fall and has requested a report for all members/addresses.

**NOTE:** If you don't have an address change, you **DO NOT** need to resubmit your information. For any further questions regarding this matter, please reach out to White Earth Enrollments at 218-983-4643 and they will be best suited to assist you.

The White Earth Tribal Enrollments Address/Update Form can also be downloaded at [www.whiteearth.com](http://www.whiteearth.com) and completed forms can be emailed to:

shannon.heisler@whiteearth-nsn.gov  
shelley.scheler@whiteearth-nsn.gov

## LaRoque from Page 4

those costs. The Band does receive the tax revenue from the sales of cannabis. The tax revenue is meant to cover the cost of the White Earth Medicinal Cannabis Control Commission. There is no commingling of retail sales revenue and tax revenue. Once the loan has been repaid and Waabigwan Mashkiki is self-sufficient, the band will then determine where and how we will deploy those revenues.

The RBC would like to remind everyone that the sales of cannabis without a license issued by the White Earth Medicinal Cannabis Commission are illegal. The White Earth Reservation is not the wild

west and law, and order must prevail. Please use common sense when it comes to cannabis on the White Earth Reservation.

In closing I want to thank the members of the White Earth Nation for giving me this opportunity to serve as the Secretary/Treasurer for this great nation. I look forward to moving forward with great progress and optimism and I hope we can work together for a brighter future. Miigwech!

Michael J. LaRoque  
Secretary-Treasurer

**SEPTEMBER**

**SUICIDE PREVENTION & AWARENESS MONTH**

**HOPE & HEALING EVENT**  
A community event focused on suicide prevention, awareness, and recovery.

**SEPTEMBER 13, 2023 AT 2:00 PM** | **WHITE EARTH COMMUNITY CENTER**

White Earth Behavioral Health invites the community to join us for this event.

Event will include an opening ceremony, speakers with lived experiences, a walk, feast, and cultural healing.

Information booths will be set up with activities and door prizes.

**ATV Safety Hands-On Class**  
Sunday October 1st (10 AM) 2023 Mahnomen Nat. Resource Office

**Ages 10-15:**  
- Youth ages 10-15 first complete the ATV Safety Online Course  
- Visit MN DNR website for link (Course fee \$24.95)  
- Bring completed on-line course voucher to hands-on training.

Please dress for being outdoors for an extended time.  
Closed toe shoes are required.  
Students must supply their own helmets.

**Hunter Education/Firearms Safety Certification**  
Sunday October 1st (1 PM) 2023 Mahnomen Rifle Range

**Hybrid Option**  
Students age 11 and older may complete their online hunter safety course then attend an in-person classroom review and firearms fundamentals session. Students will finish with the field day portion.

Online hunter safety course \$24.95. <https://www.dnr.state.mn.us/safety/firearms/index.html>  
Please visit MN DNR website: Education and Safety for more information & link to online safety course.

Please dress for being outdoors for an extended time.  
Firearms will be provided - DO NOT bring your own.

**YOUTH Safety Classes Oct.1st**

**Information needed**  
**To register:** Name, Birth date, Address, Age  
**Day of class:** Completed Online Safety certificate, Birth certificate  
Social Security Number

If you register your child and need to cancel please notify us ASAP as the spot can be taken by another child on the waiting list.

Sponsored by:  
WE Natural Resources & WE Public Safety

Contact Natural Resources to Register  
**Office (218)935-2488**  
ashley.zurn@whiteearth-nsn.gov  
jessica.tolifson@whiteearth-nsn.gov  
amy.moore@whiteearth-nsn.gov

Your job search ends here  
[www.whiteearth.com](http://www.whiteearth.com)







**Special Events**

- **WECOE MTG**  
September 5th—TBD
- **Diabetic Bingo**  
Sept. 7h—Shooting Star  
Sept. 14th—Nay Tah Waush  
Sept. 21st—Biimaad Apts.  
Sept. 28th—Rice Lake

**Gaawaabaabanganikaag Ogikaag Miniwanjige**  
**“White Earth Elder Eating Good”**  
**White Earth Elderly Nutrition Program**  
**Waatebagaa (Leaves Changing Color Moon)- September**

**Elderly Nutrition Program Information**

\*Daily Menu includes 1% milk, and provides 1/3 of the Recommended Daily Allowance (RDA) set by USDA guidelines, with health conscious and cultural consideration to overall well-being.

\*Menu is subject to change depending on product availability and/or schedule changes

Elders Suggested Donation \$4  
Guest Meals \$6



Questions or comments please contact :

Elbow Lake ENP Site (218) 734-2315  
cooking for White Earth ENP Site  
Site Supervisor ~ Tanya Heinonen

Pine Point ENP Site (218) 573-2210  
Site Supervisor ~ Angela Clark

Naytahwaush ENP Site (218) 935-5554  
Rice Lake ENP Site (218) 694-2795  
Site Supervisor ~ Sherry Halberg

Kat Thompson, ENP Manager  
Danielle Sutherland, Nutrition Coordinator  
(218) 983-3286 ext. 1266  
Katherine.thompson@whiteearth-nsn.gov  
Danielle.Sutherland@whiteearth-nsn.gov

Mon	Tue	Wed	Thu	Fri
<p><b>4</b></p> <p>Closed -Bag Lunch</p> 	<p><b>5</b></p> <p>Chicken alfredo Breadstick Cali blend veggies Pineapple</p>	<p><b>6 Chefs Choice</b></p> <p>Main Entrée Vegetable and/or salad Fruit Bread Beverage of choice</p>	<p><b>7</b></p> <p>Sloppy Joe Baked potato Broccoli Salad Fresh Fruit</p>	<p><b>1.</b> Sub sandwich Potato salad Cookies Banana</p> <p><b>8.</b> Manoomin hotdish Glazed carrots Wheat roll Spinach salad Fresh fruit</p>
<p><b>11</b></p> <p>Scalloped potatoes w/ ham Mixed veggies Dinner roll Pears</p>	<p><b>12</b></p> <p>Pork chop Mashed red potatoes Creamed spinach Dinner roll Mandarin Oranges</p>	<p><b>13 Chefs Choice</b></p> <p>Main Entrée Vegetable and/or salad Fruit Bread</p>	<p><b>14</b></p> <p>Chili Cornbread Garden salad Melon</p>	<p><b>15</b></p> <p>Crispy Fish Sandwich Sweet potato fries Pickle Spear Fresh fruit</p>
<p><b>18</b></p> <p>Chicken fajitas w/ fixings Corn Applesauce Churro</p>	<p><b>19</b></p> <p>Shepherds pie Sliced beets Wheat bread Tropical fruit</p>	<p><b>20 Chefs Choice</b></p> <p>Main Entrée Vegetable and/or salad Fruit Bread Beverage of choice</p>	<p><b>21</b></p> <p>Beef stroganoff over egg noodles Wheat roll Steamed broccoli Fruit salad</p>	<p><b>22</b></p> <p>Tuna fish sandwich w/ lettuce and tomato Broccoli cheese soup Pudding w/ bananas</p>
<p><b>25</b></p> <p>Lemon pepper fish Roasted Squash Manoomin pilaf Wheat bread Mangoes</p>	<p><b>26</b></p> <p>BBQ Ribs Mac n Cheese Broccoli Fruit crisp</p>	<p><b>27 Chefs Choice</b></p> <p>Main Entrée Vegetable and/or salad Fruit Bread</p>	<p><b>28 Birthday Lunch</b></p> <p>Meatballs and gravy Mashed potatoes Green beans Dinner roll Peaches</p>	<p><b>29 Brunch for Lunch</b></p> 

**White Earth Food Distribution September Store Hours**

**Mon-Thurs 8:30-3:30**

Office Hours M-F 8-4:30 / 218-935-2233

September 2023 Home Delivery Schedule (Subject to Change)

September 1<sup>st</sup> & 4<sup>th</sup>: Closed

September 8<sup>th</sup>: Bagley, Ponsford & Naytahwaush

September 11<sup>th</sup>: Mahnomen & Waubun

September 15<sup>th</sup>: White Earth

September 22<sup>nd</sup>: Detroit Lakes

September 29<sup>th</sup>: Store closed for inventory.

No Store hours on Fridays

If you receive home delivery service and will not be home on your scheduled route, please notify us ASAP.

**White Earth WIC**  **September 2023**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*WIC follows RBC schedule for closings	*Locations and times are subject to change				<b>CLOSED</b>	
3	<b>CLOSED</b>	White Earth Health Center 8:15-4:00	White Earth Health Center 8:15-4:00	<b>Pine Point Community Building 9:30-3:00</b>	White Earth Health Center 8:15-4:00	
10	<b>Mahnomen Tribal College 9:30-3:30</b>	<b>Mahnomen Tribal College 9:30-3:30</b>	White Earth Health Center 8:15-4:00	White Earth Health Center 8:15-4:00	White Earth Health Center 8:15-4:00	
17	<b>Rice Lake Community Center 9:30-3:00</b>	<b>Bagley Elementary School 10:00-3:00</b>	White Earth Health Center 8:15-4:00	<b>Wabinoikwe (Naytahwaush Clinic) 9:30-3</b>	White Earth Health Center 8:15-4:00	
24	<b>Mahnomen Tribal College 9:30-3:30</b>	<b>Mahnomen Tribal College 9:30-3:30</b>	White Earth Health Center 8:15-4:00	<b>Wabinoikwe (Naytahwaush Clinic) 9:30-3</b>	White Earth Health Center 8:15-4:00	

This institution is an equal opportunity provider.

Please call **218-204-0399** or **218-401-4247** to contact our department.



Obituaries

**Judith Ann Belsheim**

Judith Belsheim, 85, of White Earth, met the Creator on Aug. 11 at the Frazee Care Center surrounded by her family and friends.

Judith Ann was born on Sept. 20, 1937, to Myron and Bertha (Warren) Fairbanks on White Earth. She grew up on White Earth, where she attended school. She married at 17 years old, as was the fashion of the time and earned her GED later in life.



She held many different jobs throughout her years, including an operator for Ma Bell and a secretary for Graybar Electric. She owned and operated White Cap Inn on Mille Lacs Lake until the death of her second husband (Harlan Lusk). She worked for Kemp's Grocery for many years and became part of their family. She later received her CNA license and helped care for the disabled, even though she had become disabled herself when she was young. Lastly, she became a foster parent and fostered many children, adopting four of them.

She is preceded in death by her beloved mother, Lady McDougall (Bertha Warren), father, Myron Fairbanks; aunts, uncles; and her much loved brother, James McDougall.

Judith is survived by her children: Mark Hansen (Kathy), Debra Crawford (Rick), Edward Schweigart (Christie), Alden Averill, Jennifer Williams, Jayme Wacha (Scott), Jeri Smith (Marc), Gregory Belsheim, Cassandra Belsheim, Gilbert Belsheim (Tammy) Anne Belsheim, Jeremy Belsheim (Christie) Jennifer Belsheim (Travis) and Jessica Hill; grandchildren: Jade (Wayne), Mark Jr (Naddhapol), Fawn (Josue), Fox, Laura, Adam, Aimee, Inez, Marissa, Carrie (Tiffany), Justin, Hannah (Bryce), Kelli (Amy), Quinn, Ethan, Justin A., James (Ahna), Jared, Jaylyn, Tyler (Rachael), Hayden, Sloane, Scarlett, Kenneth (Caroline), Kane (Hailey), Skylar, Keegan, Aurora, Nizhoni, Javier, Aiyanna, Gabe, Graham, Brandon, Kirsten, Emma, Travis Jr, Megan, and Carol; great-grandchildren: Presley, Reese, Rain, Darius, Matthew, Damien, Rihanna, Neveah, Aria, Alejandra, Kaelyn, Benjamin, Jazz, Riley, Kennedy, Eden, Archie, Hope and Kinsleigh; sister, Merceline Parisien (Gene); nephews: Josh Younis, Sebastian, Casey and Brett McDougall; nieces, Elizabeth Laverdure and Dara McDougall; lastly, her dear friend and forever bestie, Beverly "Smokey" Kier.

Judy was known as a smart and extremely witty woman who tolerated no BS. She lived a life full of hardships, but stayed strong and resilient throughout. Her door was always open to her large family and friends alike. She did not care at all what the color of your skin was, what your religion or politics were, your gender or sexuality, if you were there for her, she was there for you. Starting at the age of 17, she became a mother and raised her own children, grandchildren and many others. She remained the mom you would call for advice until her dying day. Being a mother was her greatest accomplishment. She was an excellent cook, baker and maker of many Christmas candies. She loved animals and owned many special dogs through the years.

Cheers to you mom, the coffee is fresh, your Winston is lit, the mountains are blue and your peanut buster parfait is waiting. May you win big at cribbage, black jack and the slots. Our beds are made, the dishes are done and the house is clean. Get some rest, you earned it.

A Celebration of Life was held Aug. 19 at David-Donhower Funeral Home with Scott Wach a officiating.

Arrangements: David-Donhower Funeral Home of Detroit Lakes, Minn.

Online: [www.daviddonehower.com](http://www.daviddonehower.com)

**Charlene Angela Wells**



Charlene Angela Wells, 63, of Coon Rapids, Minn., passed away July 24 at her home. She was born Oct. 7, 1959.

She is preceded in death by her father, Charles and mother, Katherine "Gadeen" Wells.

Charlene will be deeply missed by her many loving relatives and friends.

A family and friends gathering was held Aug. 2 at Washburn-McReavy Funeral & Cremations Services in Coon Rapids.

Interment: Date to be determined.

**Beverly Joyce Turner**

Beverly Turner, 79, of Naytahwaush, died Aug. 7 at her home under the loving care of her family and Hospice of the Red River Valley.

Beverly Joyce Turpin, the oldest child born to William and Phyllis (Bunker) Turpin was born Aug. 22, 1943, in White Earth. She grew up in Naytahwaush where she attended school. Bev met the love of her life, Edward "Sandy" Turner and the two were united in marriage on Feb. 27, 1960. The young couple made their home in Naytahwaush where they raised their four children.



Bev entered the workforce at the Sewing Factory in Naytahwaush. She later became employed for the White Earth Nation as an Elder and Head Start cook in Naytahwaush. She worked for the Elderly Nutrition Program for many years before her declining health forced her to retire.

In her younger years, Bev and Sandy enjoyed snowmobiling and were members of the Naytahwaush Nightriders Club. They were also both avid Minnesota Vikings fans! Bev also liked beading, doing crosswords, word searches, playing games on the computer and the occasional trip to the casino. She was a great cook and loved spending time with family and friends, especially her grandchildren and great-grandchildren. She will be missed by many but live on in their hearts forever.

Bev is survived by a daughter, Shirlee Turner of Naytahwaush; sons, Edward Turner of Naytahwaush and Craig Turner of Mahnomen; grandchildren: Christy (Jerry) Chilton of Vergas, Minn., Re (Serina) Wadena of Moorhead, Minn., Derek LaFriniere of Mahnomen, Michal Turner of Waubun, and Cody (Traci) Turner also of Mahnomen; great-grandchildren: Jesse, Jerzey, Cora, and Corissa Wadena, Hunter Chilton, Brady and Blake Wadena, Emri, Aubri and Camri Turner; sisters: Cheryl Turpin-Gettel, Gayle Turpin, Corrine (Perry) Bellefeuille, Teri Gieseke and Lori Bailey; sisters-in-law, Linda Brown and Toni Cullen; and her canine companion, Oreo.

She was preceded in death by her parents; husband, Sandy; daughter, Sheri; grandson, Justin; mother-in-law, Shirley Cullen; daughter-in-law, Kim; brother, Billy; brothers-in-law: Truman "TJ" Turner, Larry Nordmarken and Charles Nordmarken; and sister-in-law, Randi Nordmarken.

A funeral service was held Aug. 14, at Samuel Memorial Episcopal Church in Naytahwaush.

Interment: Free Gospel Alliance Cemetery in Naytahwaush.

Arrangements: Anderson Family Funeral Home of Mahnomen.

Online: [www.andersonfamilyfh.com](http://www.andersonfamilyfh.com)

**Todd Michael Boe Randberg**

Todd Michael Boe Randberg, 46, of Bagley, Minn., passed away unexpectedly on Aug. 15 in Bemidji, Minn.

Todd was born on March 25, 1977, in Bagley to Sandra Randberg and Gaylan Hvezda. He attended Bagley Schools and later went to live in Minneapolis for a while before moving back up north to be with family.

Todd was very artistic and had an amazing gift for drawing. He was also very talented at singing Ojibwe and was teaching his daughters how to sing traditionally. Todd loved to be outdoors and fish, as well as occasionally visiting the casino. Above all, family was the most important to him. He loved spending time with his twin daughters and visiting family in Rice Lake at "Chappy's."



Todd always had a smile on his face, and would always tease his uncles. He had a great sense of humor. He will be missed, but never forgotten, forever in our hearts.

He is survived by his mother, Sandy (Duffy) Norlander; father, Gaylan Hvezda; daughters, Shakia and Shania Randberg; and numerous aunts, uncles, cousins, and other family members.

He was preceded in death by his brother, Travis Boe; uncles: Mike Randberg, Frank Thompson Jr., and Harlen Hvezda; aunts, Judy and Charlene; grandparents: Bernice Randberg, Archie Randberg, and Leslie and Veronica Hvezda; and several cousins.

A wake began the evening of Aug. 21 and continued until the time of the funeral services on Aug. 22 both at the Rice Lake Community Center.

Interment: St. Philip's Episcopal Cemetery in Rice Lake.

Arrangements: Cease Family Funeral Home of Bagley.

Online: [www.ceasefuneralhome.com](http://www.ceasefuneralhome.com)

**877-410-8550**  
**anonymous crime and elder abuse tip line**

You can reach the *Anishinaabeg Today* at 218-983-3285 Ext. 5903 or [today@whiteearth-nsn.gov](mailto:today@whiteearth-nsn.gov)



## Obituaries

### Marian Charolette Tibbetts

Marian Tibbetts, "Pawii-chiaa-kinue" which means "the one who comes with the eagles," 33, of Naytahwaush, died unexpectedly on Aug. 10 at her home.

Marian Charolette, the daughter of Terrance "Terry" and Carol (Warren) Tibbetts was born on Feb. 13, 1990. She was raised with her six siblings in the Naytahwaush community and, being the youngest girl, held a special place in the family. She spent most of her carefree childhood playing alongside her cousins.



Marian attended elementary school in Naytahwaush and later Mahnomen High School. As a young woman, she met Charlie Wadena who quickly captured her heart and became her high school love. Marian and Charlie have shared their life together since and were blessed with three sons: Aiden, Avery, and Andrew. Marian loved being a mom and focused her life around her boys. She also tenderly helped raise several nieces and nephews, whom she loved like her own. Over the years, in addition to being a stay-at-home mom, Marian worked as a waitress and at the local school. She proudly earned her GED and received training in special education through the Promise Fellows program. Most recently, Marian was employed during the school year with Naytahwaush Head Start.

Marian always had a smile on her face. She liked to tease, joke around, and make those around her laugh. She was happiest while spending time at the lake with her family or playing slots at the casino. Above all, Marian greatly treasured the time spent with her children, nieces, and nephews. She was proud of her Ojibwe heritage and enjoyed traditional dancing and attending pow-wows. Marian's love for life and beautiful spirit will be missed by all who knew and loved her.

Marian is survived by Charlie and their sons: Aiden, Avery, and Andrew all of Naytahwaush; mother, Carol Tibbetts of Naytahwaush; brothers: Terrance Jr. and Tyler both of Naytahwaush; sisters: Crystell (Troy) of Naytahwaush, Theresa of Naytahwaush, Renee (Dino) of Mahnomen, and Tera (Randy) of Red Lake, Minn.; sister-in-law, Cherish of Naytahwaush; her precious nieces and nephews; and many aunts, uncles, and cousins.

She was preceded in death by her father, Terry Tibbetts Sr.; all of her grandparents; nephew, Raymond Johnson III; three brothers-in-law; and several aunts, uncles, cousins, and extended family members.

Funeral services were held Aug. 17 at Samuel Memorial Episcopal Church in Naytahwaush.

Interment: Free Gospel Alliance Cemetery in Naytahwaush.

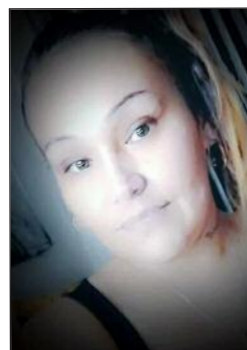
Arrangements: Anderson Family Funeral Home of Mahnomen.

Online: [www.andersonfamilyfh.com](http://www.andersonfamilyfh.com)

### Donna Margaret (Peake) Sexton

Donna Margaret (Peake) Sexton, 36, unexpectedly journeyed to the Spirit World on Aug. 21 from her home in Ponsford. She was born Nov. 4, 1986, in Detroit Lakes, Minn., to Lorene Norcross and Terrance Peake.

Donna loved spending time with family. She enjoyed beading, reading, playing bingo, playing cards, and being on her phone. Donna was as honest as they come and would tell you how it is. She was funny, mean, and tough, her wheelchair never held her back from anything. She liked to ride around and listen to music. Donna was always busy sweeping, doing dishes, or cooking. She was an excellent cook and enjoyed trying new meals. She loved wrestling and laughing with her girls and reminiscing with her cousins. Donna will be greatly missed by all who knew and loved her.



Those greeting Donna in the Spirit World are her sister, Kayla Norcross; close cousin, Charlene Norcross; aunts, Christy Engelke and Rhonda Lopez; grandparents: Margaret Norcross and George Fairbanks, Donald Engelke and Donna Peake.

Those Donna leaves behind to forever cherish her loving memories are her daughters: Kadance Peake, Alexis "Lexi" LaRud, Kayla Peake, Khloe Peake; parents, Lorene Norcross and Terrance Peake; brother, Christopher Peake; nephew, Thayian Greenfeather; nieces, Maggie, Jayden, and Christina Peake, Angela Greenfeather; close cousins, Missy ("Pun") Warren and Nicole Dewey; numerous other family members and friends.

An overnight wake for Donna began Aug. 28 and continued until her service on Aug. 29 all held at the Pine Point Community Center in Ponsford. Reverend Robert Roy was the officiant. Those helping to lay Donna to rest were Cameron Dewey, Nate Norcross, Kaleb St. Clair, Thomas Crowell, Adrian Warren, and Dougie Bruguier. Alternate pallbearer were Johnny Bruguier. Honorary pallbearers were Blair Fineday, Ashley Fineday, Jane Kettle, Desi Stevens, Missy Warren, and Nicole Dewey.

Interment: Norcross Family Cemetery in Ponsford.

Arrangements: Northern Peace Funeral Home of Walker, Minn.

Online: [www.northernpeace.com](http://www.northernpeace.com)

### Linda Sue Londo

Linda Londo, 73, of Naytahwaush, died unexpectedly of natural causes on Aug. 8 at her home.

Linda Sue Wadena was born in White Earth to Lawrence and Gladys (Turner) Wadena. Growing up, she spent time between the Minneapolis metro and Naytahwaush.



Linda attended grade school in Naytahwaush and graduated from Mahnomen High School. In the late 1970s, she attended college at Bemidji State University and later Moorhead Technical College.

Linda has made her home in Naytahwaush since 1983 where she raised her family. Over the years, she worked hard to support her family, mostly by making and selling a variety of birch bark items. She was able to sell a majority of them to Lady Slipper in addition to other vendors for resale. Linda then began working at Food Distribution for the White Earth Nation in 1998, retiring after 17 years of dedicated employment.

Linda will be remembered for her story-telling skills but also her disciplinarian attitude. She was the matriarch of the family and prided herself on being the eldest living member of the Wadena family. Linda loved spending time with family and friends, especially all her grandchildren and great-grandchildren. She enjoyed nature and the simple things in life like bird watching, berry picking, gardening, flowers and trips to Itasca Park. She was an avid Minnesota Twin fan and loved to go fishing.

In her down time, Linda also liked to read, listen to music, eat popcorn and watch Netflix or YouTube on her tablet, always thirsting for knowledge and to learn about new things. Other pastimes Linda enjoyed were going to bingo, cooking, shopping, going to rummage sales, and the occasional trip to the casino. She will be greatly missed by all who knew and loved her.

Linda is survived by her sons: LeRoy Beaulieu of West Fargo, N.D., Edward Beaulieu of Naytahwaush, Christopher (Jaime) Londo of Mahnomen and Nathan (Wildette) Londo of Moorhead, Minn.; daughter, Florence "Dolly" Beaulieu of Naytahwaush; 21 grandchildren; 8 great-grandchildren plus two additional arriving soon; brother, Scott (Naomi) Wadena of Leonard, N.D.; sister, Sonia Wadena of Bemidji, Minn.; and several nieces and nephews.

She was preceded in death by her parents; brother, Gerald; grandchildren, Jeri Lyn Beaulieu and Joshua Beaulieu; great grandson, Keith Richotte; and a nephew.

A memorial service was held Aug. 18 at Anderson Funeral Home in Mahnomen.

Interment: St. Anne's Catholic Cemetery.

Arrangements: Anderson Family Funeral Home of Mahnomen.

Online: [www.andersonfamilyfh.com](http://www.andersonfamilyfh.com)

### Cora Skye Jack

The exciting moments of pregnancy turned to sorrow for Jessica Lovejoy and Lawrence Jack, of Blackduck, Minn., with the death of their precious baby girl, Cora Skye Jack, on Aug. 15 at Sanford Health in Bemidji, Minn.

On Aug. 15 at 8:08 a.m., Cora Skye was born and also started her journey to the Spirit World. She weighed 1 pound 6 ounces and measured 12 inches in length, with lots of dark hair. Although her family didn't get much time with her, she still took a part of their hearts with her.

Remaining forever in the hearts of her parents, Jessica and Lawrence; older brother, Lawrence Jack-Mackmul of Waverly, Iowa; grandmas, Peggy (Phillip Brunner) Olson of Waubun and Charlene (Steve) Estey of Cass Lake, Minn.; grandpa, Brian Lovejoy of Gilbert, Minn.; great grandma, Lauren Lovejoy of Naytahwaush; great grandpa, Bert Wichern of Waubun; aunts: Jazlyn Olson, Roxane Jack and Iona Estey; uncles: Carlos Casarez, Michael Olson, Murphy Olson, Logan Olson, Isaiah Olson, Jacob "Buddy" Olson, Tavion Olson, Tristan Lovejoy and Steve Estey Jr.; and great aunts and uncles and several cousins.

She was preceded in death by her grandpa, Lawrence James Kenosha; great grandmas, Victoria Wichern and Shirley Ann Skinaway; great grandpas, John Butler Sr. and Earl Fred Jack Sr.; and other extended family.

Funeral services for Cora were held Aug. 17 at the Anderson Family Funeral Home.

Arrangements: Anderson Family Funeral Home of Mahnomen.

Online: [www.andersonfamilyfh.com](http://www.andersonfamilyfh.com)

## AT Subscribers

Let us know if you recently moved so we can update your address, or if you have moved in the past few years so we can cancel your old address.

Call 218-983-3285 Ext. 5903 or email: [today@whiteearth-nsn.gov](mailto:today@whiteearth-nsn.gov)



**Obituary**

**Nakoya Harris Keezer**

Nakoya “Boob” Keezer, 45, of Flom, Minn., died unexpectedly on Aug. 24 at his home.

Nakoya Harris Keezer was born Nov. 28, 1977, in Minneapolis. He grew up in the Waubun area with loving parents, Jerri and Dove, three sisters, a brother and special family friend, Melvin. Nakoya attended school in Waubun, where he played basketball and football. He graduated with the Class of 1996 from Waubun High School and then entered the workforce. Nakoya worked in construction for a few different contractors but decided early on that the way of life for him was out in nature.



Nakoya was more than just a nature enthusiast – he was an expert trapper, a dedicated leecher, a passionate harvester of wild rice and maple syrup in addition to being an avid hunter and fisherman. These activities weren't just hobbies; they were his way of forging a deep and primal connection with nature and he found a sense of purpose and fulfillment that only the wilderness could provide. He thought of himself as a Professional Trapper! Nakoya had a great passion for nature and mother earth, often teaching his children, nieces and nephews the traditional Anishinaabeg ways. He was proud to pass his wisdom on to others even though sometimes he could be a bit of a storyteller. Nakoya's heart was always in the right place, and he loved spending time with friends and family and was often overprotective of them, especially his sisters. Although gone from this life too soon, Nakoya will live on in the hearts of all who knew and loved him.

He leaves behind his mom, Dove Keezer-Thompson of Flom; children: Keenen Kier, Julien LaFriniere, Niko LaFriniere and Aiden Keezer; sisters: Verna (Robert) Thompson of Flom, Laura (Jamie) Erickson of Waubun, and Josie Keezer of White Earth; special family friend, Melvin Maha of Flom; uncles, Jeff (Tiffany) Thompson of Mahnomen and Jim (Karen) Thompson of Twin Valley, Minn.; and aunts, Laura (Tim) Smith of White Earth, and LoAnn Boyd of Onamia, Minn.

Nakoya was preceded in death by his dad, Jerri; brother, Jeremy; grandparents: Harry and Irene Keezer and Jerome and LaDonna Thompson; and other extended family members.

Blessed be the Memory of Nakoya Keezer.

A funeral service was held Aug. 29 at St. Columba Episcopal Church in White Earth. A visitation was held Aug. 28 with a prayer service at Aspelund Lutheran Church in Flom. Interment: St. Columba Episcopal Cemetery in White Earth.

Arrangements: Anderson Family Funeral Home of Mahnomen.

Online: [www.andersonfamilyfh.com](http://www.andersonfamilyfh.com)

**Lynwood beach opens for business**



Submitted photo

Lynwood swimming beach is open for business! September still has a few more warm days for community members to take advantage of the area lakes. Officials want to remind everyone it is extremely dangerous to swim in a boat launch area. Please do not swim on that side. Chi-miigwech to the White Earth Parks and Recreation team for keeping our tribal park areas beautiful!

**WHITE EARTH RESERVATION  
TRIBAL ENROLLED ELDER SNOW REMOVAL APPLICATION**

DATE: \_\_\_\_\_

Name: \_\_\_\_\_ Spouses Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Physical Address: \_\_\_\_\_  
**Permanent residency is required.**

Telephone # \_\_\_\_\_ Cell # \_\_\_\_\_ Work # \_\_\_\_\_

Birthdate: \_\_\_\_\_ Spouse's Birthdate: \_\_\_\_\_

Enrollment # \_\_\_\_\_ Spouse's Enrollment # \_\_\_\_\_  
**Attach a colored copy.**

Do you own the home: Yes \_\_\_ No \_\_\_ if not, name your landlord? \_\_\_\_\_

Do you live in a Housing home? \_\_\_\_\_, as they plow for their own Residents/Units.

Which district do you reside in: District I \_\_\_\_\_ District II \_\_\_\_\_ District III \_\_\_\_\_

Detailed directions to your residence (**only for new applicants**): \_\_\_\_\_

Estimated length of your driveway (**only for new applicants**): \_\_\_\_\_

- \*\*\* Snowplowing will be done **only when snowfall accumulation exceeds 4" inches or more.**
- \*\*\* Snow shoveling of driveway or sidewalk will not be done.
- \*\*\* Signatures from the elder will be required this year on the plowers timesheet.

White Earth Water & Sewer Department  
P.O. Box 418  
White Earth, MN 56591  
Phone #: 218-983-3202  
Fax #: 218-983-4350  
E-mail address: [Lisa.Donovan-Larson@whiteearth-nsn.gov](mailto:Lisa.Donovan-Larson@whiteearth-nsn.gov) or [Betsy.Smith@whiteearth-nsn.gov](mailto:Betsy.Smith@whiteearth-nsn.gov)

**STEAMS from Page 18**

individuals displayed remarkable qualities. Michael Brown showcased a fervent interest in mapping out his academic and vocational pursuits, eloquently stating, “It’s all on me – I gotta do the work! But I think I can do it.” Alexie Keezer assumed a leadership role by orchestrating one of the evening’s talking circles, emanating a serene and reassuring influence on her fellow peers.

Conversely, Niingosis Fanning infused the camp with his infectious humor and boundless energy, keeping the atmosphere lively and engaging for all. Francisca Diaz exhibited remarkable courage, volunteering for challenging simulations and experiences without hesitation. As for Anthony Clark, initially reserved and pensive, he astounded everyone by gradually overcoming his inhibitions, participating in the dialogues, and captivating the staff with his mastery of origami artistry.

In a heartwarming gesture, Rita Peterson extended an invitation for the students to lodge in her new home nestled within the serene embrace of the Black Forest area, just on the outskirts of Colorado Springs. This gesture cultivated a nurturing “family” ambiance, fostering a sense of belonging and kinship among the young scholars. In addition to the meticulously planned agenda, students reveled in a plethora of recreational amenities, including shuffleboard, ping pong, air hockey, a massage chair, and leisurely soaks in the rejuvenating hot tub.

With an unwavering commitment to empowering the coming generation, Rita Peterson and Caribou Thunder embarked on a noble endeavor by launching the “Indigenous Minds” not-for-profit initiative. Beyond the realm of STEAMS Camps, this initiative seeks to expand its footprint by providing programs and mentorship opportunities to Native American youth, thereby nurturing their latent potential, and ensuring a brighter future for all.

**Falls from Page 9**

the brain balance in the dark!), and push-on lighting is available for only a few dollars at most discount stores. Grab bars, shower chairs, and non-slip rubber mats or tracks can be placed to improve bathroom safety.

Preventing falls is a team effort that starts with taking good care of your overall health, exercising, and visiting a medical

provider regularly. Medical providers can help with medication reviews, monitoring blood pressure, eye exams, foot exams, strengthening, and vertigo. Snow and ice will make balancing even more challenging in the months to come, so it would be great to start thinking about fall prevention now!



# The Bureau of Trust Funds is looking for White Earth enrollees

The Bureau of Trust Funds Administration is looking for you? If your name is on the Whereabouts Unknown List, you may have money, land or both on deposit in an Individual Indian Monies (IIM) account under the Bureau of Trust Funds Administration.

Please call the Bureau of Trust Funds Administration's Trust Beneficiary Call Center at 1-888-678-6836 in order to verify and update your IIM account information.

## A-A-A-A

ACKLEY, CLIFFORD  
ADAMS, CARISSA L  
ADAMS, DALE L  
ADAMS, DAVID PAUL  
ADAMS, LAVONNE M  
ADAMS, NATHAN J  
AHSHEIN, KENNETH D  
AITKEN, MARVA J  
AMOROSO, CRAIG  
AMOROSO, JAMES  
AMPARAN, DONNA C  
ANDERSEN JR, CHARLES E  
ANDERSON, CHARLOTTE G  
ANDERSON, JEFFREY ALLEN  
ANDERSON, JOHN R  
ANOKA, NOEL A  
ARMENT, DON I  
ARMSTRONG, BARBARA E  
ARMSTRONG, JAMES D  
ARMSTRONG, TOM  
ARTHUR, CHARLENE  
ARTHUR, DARRELL J  
ARTISHON CASEY, MARY E  
ARTISHON, GRACE  
ARTISHON, JEANETTE MARIE  
ASFELD, CRAIG J  
ASHING, JODY  
ASPINWALL, MELISSA L  
ATKINS, JAMES J  
ATKINSON, KAYE RENEE  
AUGINAUSH, WILLIAM J  
AUGUSTINE, PAUL  
AUTMAN, SHIRLEY

## B-B-B-B

BACKS, MARY A  
BADBOY, DUANE F  
BALDWIN, JAMES L  
BALDWIN, JOSHUA S  
BALDWIN, MICHAEL E  
BARNETT, MICKAEL A  
BARRELL, FRANCIS C  
BARRETT, PAMELA J  
BASSWOOD, LISA DIANE  
BASSWOOD, RANDALL LORN  
BAUERS, DEAUNE F  
BAUMGARTNER, JANICE  
BEAN, EMILY J  
BEANE, MATTHEW F  
BEAUDREAU, AREY M  
BEAULIEU, JILL M  
BEAULIEU, MARVIN  
BEAULIEU, PATRICIA C  
BEAULIEU, SHAWN D  
BEAUPRE, JAMES W  
BEAUPRE, YVONNE MARIE  
BECKER, GARY W  
BEDEAU, BARBARA ANN  
BEHNKIE, LORENZA L  
BELLANGER, BRIAN L  
BELLANGER, CINDY LEE  
BELLANGER, FRANK N  
BELLANGER, GUY F  
BELLANGER, LEON G  
BELLANGER, RUTH A

BELLANGER, TIMOTHY L  
BELLANGER, VICTORIA J  
BELLECOURT, CRAIG A  
BELLECOURT, MARK A  
BENDER, MELODY K  
BENDER, RITA K  
BERG, KAREN LOUISE  
BERGLAND JR, STEVEN A  
BERGREN, MELISSA J  
BIGBEAR JR, FRANK R  
BIGBEAR, MARY D  
BIRD JR, CALVIN G  
BIRD, KENT R  
BIRD, SHARON ANN  
BIRD, TERRI L  
BISHOP, DEAN D  
BLACKWELL, CHARMAINE L  
BLANCHARD JR, KENNETH R  
BLANCHARD, MARK RANDAL  
BLONDIN, GREGORY P  
BLUE, BERNARD W  
BLUE, ELEANE E  
BODEN, RENEE A  
BOGART, MARGARET M  
BONGA, EUGENE ELMER  
BONGO, REBECCA A  
BONNEVILLE, MARGARET A  
BOOTH III, DAVE L  
BORAH, GERMAIN L J  
BOROWSKI, GERTRUDE E  
BOSWELL JR, ROGER ALLEN  
BOSWELL, CHARLES W  
BOSWELL, DARLENE J  
BOSWELL, FRANK A  
BOSWELL, JOJO  
BOSWELL, LORI R  
BOSWELL, WILLIAM M  
BOTTIGER, SUSAN  
BOUDREAU, RICHARD E  
BOUDREAU, TAMARA D  
BOWEN, STACIE  
BOWLES, MONA S  
BRAUNSCHWEIG, CHARLES E  
BRAWLEY II, RICHARD F  
BRAWLEY-HARRIS, ELISABETH G  
BRAWLEY-SVANDA, DIANE K  
BREWER, MICHELLE L  
BREYETTE, SHARON K  
BRISBOIS JR, EUGENE P  
BROWN III, CHARLES W  
BROWN JR, WALTER V  
BROWN, AMANDA VALEN  
BROWN, BRIAN K  
BROWN, CARMEN RITA  
BROWN, DAVID A  
BROWN, MARY K  
BRUCE, LENORA B  
BRUMOVSKY, PAULA  
BRUNETTE, DOUGLAS C  
BRUSVEN HOYT, SUZAN L  
BRUSVEN, DELORIS A  
BUCHHOLTZ, KAYDON P  
BUCKANAGA, CARMEN F  
BUCKLEY, MARY V  
BUDROW DROBNICK, STEVEN A  
BULAU, ANGELA M

BULAU, KURT B  
BURDICK, CLINTON CHAR  
BURGINGER, KRISTY A  
BURNETTE, TERRANCE D  
BURNSIDESTEWART, ANGELA CHRIS  
BUSH JR, CHARLES J  
BUSHETTE, DENNIS  
BUTCHER, ALVIN L  
BUTCHER, ROBERT A  
BUTCHER, WILLIAM L

## C-C-C-C

CAMERON, GERALD  
CAMERON, JANICE F  
CAMERON, LYDIA  
CAMERON, MAURICE W  
CAMPBELL, DELORES M  
CAMPBELL, FRANCIS J  
CAMPBELL, FRANK J  
CAPPS, STEVEN R  
CARDINAL, CECEILIA E  
CARDINAL, JOSEPH L  
CARLSON, CAROL J  
CARLSON, JONATHAN H  
CARLSON, NAOMI J  
CASEY, WILLIAM T  
CAVENDER, IRENE  
CHAMBERLAIN, JESSE M  
CHAMBERS-FINEDAY, KRISTAL  
CHANDLER, JUDITH A  
CHARENTE, GENE A  
CHARETTE, GLEN M  
CHARWOOD, MATTHEW D  
CHARWOOD, OLIVIA M  
CHEVALIER, BETTY A  
CHURCHILL, TIFFANY MAE  
CLARK, ALICE L  
CLARK, GLENN L  
CLARK, LAVONNE L  
CLARKE, TONI MAUREEN  
CLAYMORE, CURTIS F  
COAUETTE, CARMEN  
COBB, DIANA L  
COFFEY, RUSSELL W  
COGGER, DERICK DUANE  
COLEMAN MATHES, BRIDGET A  
COLEMAN, HERBERT  
COLEY, JOYCE M  
COLOSIMO, NORMAN G  
COLUMBUS, MARY A  
CONGER, ARIANNA MARI  
CONTRERAS, IRENE L  
COOK, MARIETTA T  
COOPER, ANNE M  
CRAWFORD, SUSAN  
CRONIN, SUZANNE  
CROW, JEREMIAH J  
CROW, MONEKEE L  
CRUGGS, TERRY D  
CURNOW, MARIAH N

## D-D-D-D

DAHL, JESSE L  
DAHL, LANNI JAE  
DAKOTA, DONALD H  
DAKOTA, GARY J  
DALE, CLIFFORD  
DALE, HOLLIE M  
DANIELSON, BRAD D  
DAUTERIVE JR, GAROME A  
DAWLEY, JESSIE M  
DAY, DENNIS S  
DAY, LINDA D  
DECOSTE, DEBRA  
DEEGAN, LORDES J  
DEMARRE, CHARLENE  
DEMARRE, KIMBERLY L  
DEMARRIS JR, DONALD

DENTZ, RICHARD W  
DINZEO IV, GEORGE E  
DINZEO, HEATHER N  
DOMOLECZNY, JAMIE DOYLE  
DOOLEY, EDWARD T  
DOWNEY, CHARLOTTE E  
DOWNEY, JACOB G  
DOWNEY, MONICA  
DOYLE, ADELIN M  
DROBNICK, KATHERINE MARIE  
DROBNICK, MICHAEL MITCH  
DROBNICK, RUDOLPH FRANK  
DUNNING MARCEL, RITA A

## E-E-E-E

EAGLESHIELD, MELISSA MITZ D  
ELLEFSON, BRYAN A  
ELLIS, JOSEPHINE A  
ELLIS, LEON FRANCIS  
ENGELKE, DANIEL W  
ESCHENDAL, NICOLE RAE  
EVERS, THEODORE H

## F-F-F-F

FAIRBANKS JR, JUEL F  
FAIRBANKS, BEVERLY J  
FAIRBANKS, DEBRA LYNN  
FAIRBANKS, JAMES E  
FAIRBANKS, JEFFREY S  
FAIRBANKS, KENNETH L  
FAIRBANKS, MEGAN R  
FAIRBANKS, PAUL M  
FAIRBANKS, RAYMOND A  
FAIRBANKS, THOMAS B  
FAIRBANKS-ROY, DEREK THOMAS  
FARMER, CODY W  
FARMER, KAMRYN G  
FARRELL, DENNIS J  
FARRELL, RANDY B  
FARRELL, ROBERT A  
FARRELL, TIMOTHY J  
FERGUSON, GLEN  
FERGUSON, JOAN  
FERGUSON, RUTH L  
FESENKO, JACQUELINE R  
FICK, DYLAN N  
FICK, MICHAEL T  
FINEDAY GOODMAN, GEORGE J  
FINN, HARRIETT HEI  
FISHER, BETTY JEAN  
FITZGERALD, CHARLES F  
FITZGERALD, FRANCES P  
FLORES CEBALLOS, ALYSSA M  
FLOREZ, KENNETH I  
FLOREZ-JACKSON, LISA C  
FOLSTROM, MARY K  
FOLZ, MELISSA F  
FOX, JOHN  
FOYE, GERRY JEFFREY  
FRANCO, KRISTY M  
FUHRMAN, NORMA JEAN

## G-G-G-G

GALLO, ELIZABETH C SILK  
GARROW, TANYA LYNN  
GARCIA, DAVID D  
GARDEN JR, RICHARD A  
GARDNER, ZAKERY T  
GARVIE, KATRINA M  
GARVIE, RONALD LEE  
GARVIE, VICKIE LYNN  
GENSMEN, DEBBIE  
GIARD, BERTHA C  
GIBSON, WILLIAM R  
GLASS, CLAUDE  
GLASS, GILBERT  
GLASS, JEREMY N  
GLASS, LANA A

GLEASON, DEBBIE A  
GOMEZ, MARLENE JOYCE  
GOODELL, KELLY M  
GOODMAN, LAJUANA T  
GOODMAN, VANESSA  
GOODWIN, NICOLE A  
GOODWIN, YVONNE DIANE  
GORDON, APRIL R  
GORDON, PHILOMINE  
GORR, SCOTT A  
GOSEWISCH, JEREMY  
GOSEWISCH, JOSEPH A  
GOSEWISCH, MICHELLE  
GRACYALNY, JANET  
GRAHAM, IRENE BISHOP  
GRAHAM, MADELINE J  
GREANEY, MAUREEN DOLO  
GREEN, JESSICA J  
GREENE, DAWN R  
GREGGERSEN, ROBERT KEITH  
GRIEVE, HUGH J  
GUINN, WILLARD J  
GUNDERSON, TERRI A

## H-H-H-H

HACHFELD, JOSHUA STEVE  
HACKLEY, CHERYL LYNNE  
HACKLEY, MARK E  
HACKLEY, WILLIAM ANTH  
HACKMAN, DARLA J  
HAFNER, MICHAEL  
HAHN, DIANE J  
HALL, KIM M  
HALVERSON, MURLENE G  
HAMLIN, BEVERLY J  
HAMLIN, SANDY J  
HANKS, LEROY LAVERN  
HANKS, PATRICIA MARY  
HANKS, PETER WAYNE  
HANKS, SHEYENNE BRI  
HANKS, VANESSA R  
HANSEN, SANDRA K  
HANSON, RICHARD D  
HARDMAN, WILLIAM  
HARDMAN, WILLIAM G  
HARDY, KARLA K  
HARFIELD, DWAYNE  
HARLAND, ROY  
HARPER, MARLIN LEWIS  
HART, NICOLE A  
HAYNES, BRIAN G  
HELPS, HARRY E  
HENDRIX, WILLIAM T  
HENRY, HELEN M  
HERNANDEZ, JENNIFER L  
HILL, DAVID D  
HILL, DUANE R  
HILL, LYNNETTE D  
HILL, ROBERT D  
HOGAN, GARY F  
HOGLUND, JEANINE D  
HOLMES, HAZEL I WRIGHT  
HOOPES, JUDITH ARIANNE  
HOUGH, DEBRA J  
HOUGH, RODNEY J  
HOUGH, TREVIN A  
HOWEN, JOSEPH A  
HUDGKINS, GEORGE VICTOR  
HUDSON, GREGORY LEE  
HUGHES, SOPHIA V  
HUTCHINSON, JOHN

## I-I-I-I

IDEN, ERIC J  
ISHAM, ANGELA TOMMIE

## J-J-J-J

JACKSON, ALBERTA L



JACKSON, AURELIA D  
 JACKSON, CYNTHIA  
 JACKSON, CYNTHIA A  
 JACKSON, DELORES  
 JACKSON, RUTH F  
 JACKSON, TAMMI LEE  
 JACOBY, ERNEST  
 JACQUES, CAROL A  
 JAMES, SHARON K  
 JEFFREY, TAMMY  
 JENSEN, VALERIE J  
 JOHNSON JR, RAYMOND J  
 JOHNSON KIER, DARLENE  
 JOHNSON SARGENT, KATHRYN J  
 JOHNSON SR, JOHN  
 JOHNSON SR, RHEUBEN O  
 JOHNSON, CHERYL ANN  
 JOHNSON, CYNTHIA  
 JOHNSON, DALE J  
 JOHNSON, DEBORAH A  
 JOHNSON, JAMES  
 JOHNSON, MARCINE A  
 JOHNSON, NORBERT  
 JOHNSON, TRACEY LEROY  
 JONES DIX, FAITH M  
 JONES JR, CHARLES J  
 JONES JR, WESLEY  
 JONES, CHARLES J  
 JONES, DANIEL  
 JONES, KYLE J  
 JONES, LENORA L  
 JONES, ROBIN JOLEEN  
 JONES, WENDELL  
 JONES, WESLEY J

**K-K-K-K**

KARKELA, LINDA MARIE  
 KASTEL, PEARL E  
 KEELER, STEVEN  
 KEEZER, ROBERT W  
 KEEZER, RONNIE LYNN MARIE  
 KEEZER, SHANE P  
 KELLEY, AVA ELIZABETH  
 KEOUGH, JAMIE  
 KETTLE, RONALD G  
 KETTLE, VINCENT E  
 KIER, JOHN F  
 KILLIAN, PATRICIA A  
 KIRKENDOLL, JAMES R  
 KIRSCH, JOHN W  
 KLATT, DAWN  
 KLEIN, JOSEPH ALLEN  
 KLEIS, YVONNE  
 KNEELAND, MARILYN J  
 KNUDSON, DORIS J  
 KOCHENDORFER, FRANCES J  
 KORTE, MARY K  
 KORTE, MARYN K  
 KOVACHICH, JOHN P  
 KOVACHICH, KRISTI J  
 KROGMAN, DORIS M  
 KRUPKA, GAIL A  
 KUBITZ, DANA M  
 KUCHYNKA, KURTIS D

**L-L-L-L**

LACHAPPELLE, DUANE M  
 LADUKE, ALICE R  
 LADUKE, BRADLEY D  
 LADUKE, JACOB G  
 LAFLEUR, CAROL JOAN  
 LAGARDE, AARON J  
 LAGREW, JOHN S  
 LAMBERT, FRANK  
 LANG, EVELYN JOY  
 LARABEE, DONALD B  
 LAROQUE, CHARLES L  
 LARSEN, SANDRA M  
 LARSON, ADAM J  
 LARSON, GENEVIEVE M  
 LARSON, JANIS U

LATRAILLE, BENITA A  
 LAWRENCE, ANTHONY WILLIAM  
 LAWRENCE, CLAUDINE  
 LAWRENCE, JOSEPH A  
 LAWSON, ANITA P  
 LEACH, MYRTLE L  
 LEE OVALDSON, CHARLOTTE  
 LEITH JR, WILLARD W  
 LEITH, WHITNEY G  
 LEMIER, DALE A  
 LEVEY, JORDAN T  
 LEWIS, JAYNE D  
 LIBBY, JOHN G  
 LIDDELL, MARIE J  
 LILLEY, BRYAN I  
 LIND, LESLIE L  
 LINDSTROM, DAWN  
 LINN, EILEEN G  
 LITTLEWOLF, BARBARA A  
 LITTLEWOLF, GARY J  
 LITTLEWOLF, REGINA C  
 LITTLEWOLF, SARAH  
 LOUGHEED SCHLAGEL, CAMILLE R  
 LOUVIERE, JOAN  
 LUCERO-QUINN, LINDA L  
 LUNDQUIST, JOSEPH D  
 LUNDQUIST, JOSHUA J

**M-M-M-M**

MADISON, ROBERT  
 MALZAHN, MARY C  
 MANCUSO, JEANNETTE R  
 MANCUSO, MIKE D  
 MANKER, GEORGINE K  
 MANLEY, CLAUDEAN M  
 MARKEE, DANIEL A  
 MARKEE, DAVID F  
 MARSDEN, DENISE  
 MARTENS, MICHELE L  
 MARTIN, JAMES P  
 MARTIN, MICHELE J  
 MARTIN, RENE L  
 MARTIN, SHARI L  
 MARTINEZ, GLORIA J  
 MASON, SUE  
 MATH, JOANN SPRY  
 MATTHEWS, NATHANIEL L  
 MATTISON, RAYMOND J  
 MCARTHUR BREDESON, MARJORIE  
 MCARTHUR, JOHN W  
 MCCAMMON, PHYLLIS R  
 MCCARTOR, LINDA  
 MCCLOSKEY, JESSE D  
 MCCLOSKEY, MONICA I  
 MCCLOSKEY, SARAH N  
 MCCLOSKEY, WILLIAM G  
 MCCLURKIN, MONICA L  
 MCDOUGALL GOODWIN, GLORIA  
 MCDOUGALL, MILDRED C  
 MCDOWELL, ANITA J  
 MCKENY, MIKHAILA C  
 MCKINNEY, BLAKELY B  
 MCLING, SHARON  
 MCRAE, PATRICIA A  
 MEDWEOSH, TOM  
 MEISER, ERIK J  
 MEREDITH, GERALDINE V  
 MEYER-LOPEZ, SHARON G  
 MEYERS, LIBBY MARISE  
 MICHAELS, LUCILLE M  
 MILLER, PAULETTE FRA  
 MITCHELL, WILLIAM L  
 MONROE, DAWN R  
 MOOERS, PATRICIA  
 MOORE, THOMAS TAYLO  
 MOOSE, LEROY J  
 MOOSE, ROBERT M  
 MORAVEC, KATHRYN M  
 MORENO, MICHAEL  
 MORENO, ROBERT J  
 MORENO, VICTORIA V

MORRISON JR, LELAND F  
 MORRISON, JERRY M  
 MORRISON, JOHN  
 MORRISON, KENNETH D  
 MORRISON, MICHAEL G  
 MORRISON, PATRICK M  
 MORRISON, RANDOLPH P  
 MORRISON, SANDRA K  
 MORRISON, VETA MARIE  
 MORRISON, JOYCE ANN  
 MULLER, CAROL L  
 MURPHY, JOSEPHINE D  
 MURRAY JR, FREDRICK C  
 MURRAY, ALFRED  
 MURRAY, BRANDON L  
 MURRAY, CONSTANCE M  
 MURRAY, SONDRRA R  
 MUTCHLER, AUGUST  
 MYERS, BOBBI J  
 MYERS, CARY V

**N-N-N-N**

NATYSIN, SALLY A  
 NEEDHAM, TRACY L  
 NEELAND GROSS, JOY A  
 NEELAND, CHARLES JOSEPH  
 NEGRETE, KRYSTAL M  
 NELSON, LENA  
 NELSON, MELISSA JA  
 NELSON, MYRTLE  
 NELSON, STAN  
 NEVITT, DONALD  
 NEWTON III, CHARLES A  
 NEZ, COURAGE V  
 NORCROSS JR, MYRON D  
 NORCROSS, JOYCELYN AMY  
 NORCROSS, SHERYL L  
 NORCROSS, VINCENT L  
 NORDMARKEN, TONI A  
 NORTON JR, EARL D  
 NYGREN, MARY A  
 NYLUND, JOHN R

**O-O-O-O**

OLSON, KYLE M  
 OLSON, ROXANNE G  
 OLSSON, KATHLEEN SUE  
 OMDAHL JR, RONALD J  
 OMDAHL, RANDI A  
 OPPEGARD, JENNIFER  
 OPPEGARD, OSCAR ANTILL  
 ORNELAS, RENEE K  
 OSBURN, KAREN F  
 OTTERSON, SHERRILL J  
 OTTO, LENORE  
 OVERBY, MICHAEL A

**P-P-P-P**

PAGEL, KAREN D  
 PALODICHUK, KARLA JEAN  
 PAPASODORA, EVELYN R  
 PARKHURST, AMBER E  
 PARKS, BRIAN KEITH  
 PARRA, ROBERTA E  
 PARTRIDGE, DAWN E  
 PATRICK, CLIFFORD  
 PAULSON, STEVEN FRANK  
 PE SHEENCE  
 PEACOOK, KELLY J  
 PEAKE, DARRELL EUGENE  
 PEAKE, DAVID J  
 PEAKE, JEFFREY A  
 PEAKE, RAYNA C A  
 PEAKE, SETH M  
 PEARSON, DEB  
 PEARSON, ROBERT G  
 PECK, JAMIE L  
 PEERMAN, JOSHUA D  
 PELE, SHARON J  
 PEMBERTON, CHARLES N  
 PERSINGER, RAYMOND K

PERSON-FABEL, MARY K  
 PETERSEN, SHYANNE A M  
 PETERSON, JOAN M  
 PETERSON, MARY LOU  
 PETERSON, ROBERTA  
 PETERSON-MURRAY, KAREN J  
 PHILLIPS, ALVINA J  
 PIANO, FLORENCE  
 PINO JR, FABIAN A  
 POOLE, ROBERT E  
 POPA, ANN V  
 POST, ERNESTINE L  
 POTRATZ, MARIA INGE  
 POYIRIER, DENISE L  
 PRELLWITZ, MICHAEL E  
 PRIMOLI, JEANINE A  
 PRINCE, NORA B  
 PROWS, KATRYNA M  
 PUCKENOGAY, SELAM G

**R-R-R-R**

RATHBUN, LAWRENCE  
 REESE III, PETER G  
 REESE, BEATRICE I  
 REESE, RAVEN S  
 REESE, WITONISEE  
 RICE, JANEEN O  
 RICHEY, ROBERT L  
 RICHNER TREMAIN, DIANE  
 RICHNER, MICHAEL  
 RIECHERT, DARLA M  
 RITTS, MARK E  
 RITTS, ROBERT K  
 ROBBINS, MICHAEL J  
 ROBBINS, PATRICK  
 ROBBINS, TIMOTHY  
 ROBERTS, CRYSTAL ANN  
 ROBERTS, RAYMOND DAVI  
 ROBERTS, WAYNE G  
 ROBIDEAU, WILLIAM A  
 ROCK, MABEL I  
 ROCK, SUNSHINE L  
 ROGALLA JR, KARL R  
 ROGALLA, GREGORY J  
 ROGERS, JAMES MICHAEL  
 ROSSITER, ANITA L  
 ROY, DAWN MARIE  
 ROY, JUSTINE N  
 ROY, RENEE M  
 ROY, RONALD L  
 RUMPEL, FRED J  
 RUSSELL, CHONNIE L  
 RUTKOWSKI, EDWARD J  
 RUTKOWSKI, JAMES S

**S-S-S-S**

SAICE, JOHN N  
 SALLEE, TERRI L  
 SANCHEZ, LISA J  
 SANTOS, YOLANDA D  
 SARGENT SIAS, DENISE E  
 SARGENT, DALLAS T  
 SARGENT, DARREN  
 SARGENT, JOSEPH D  
 SARGENT, LISA A  
 SARGENT, MICHAEL S  
 SAUBER, JOHN J  
 SAUCK, ROSETTA D  
 SAXON, LOREN T  
 SAXON, MICHAEL T  
 SAYERS, ALVIN D  
 SAYERS, GERALD L  
 SAYERS, ROBERT W  
 SCHAACK, SHARALYN K  
 SCHAPP, HARRIET  
 SCHIRO, DENYCE RAE  
 SCHREIBER, BONIE J  
 SCHULTZ, RODNEY D  
 SEABOY, DONNA L  
 SEHLSTROM, WAYNE L  
 SHAUGABAY, SARAH E

SHEALY, PATRICK L  
 SHERER, BONNIE  
 SHERER, BRUCE E  
 SHERER, DOROTHY  
 SHERER, JAY E  
 SHERER, TRACY J  
 SHINAULT, LOU A  
 SILK JR, JOHN  
 SILK, TERRI  
 SIRSON, MELANIE D BELLECOURT  
 SKELTON, JULIE A  
 SKINAWAY JR, DONALD F  
 SKINAWAY, JAMES D  
 SKINAWAY, LEONARD MICHELLE  
 SKINAWAY, SHELBY M  
 SKINAWAY, SHELLY M  
 SKYWATER, LITTLEFAWN  
 SLAGOWSKI, LAURA D  
 SLAGOWSKI, ROGER D  
 SMITH JOHNSON, SHARON R  
 SMITH JR, EUGENE L  
 SMITH, BENEDICT L  
 SMITH, BETTY J  
 SMITH, CARLA J  
 SMITH, CAROL N  
 SMITH, CHARLOTTE LILLIAN S  
 SMITH, CORINA C  
 SMITH, DAVID J  
 SMITH, DORCYDORCEY DAVID  
 SMITH, GAIL M  
 SMITH, GREGORY S  
 SMITH, JEAN STUART  
 SMITH, JOHN H  
 SMITH, JOYCE F  
 SMITH, JULIA S  
 SMITH, KIMBERLY A  
 SMITH, RICHARD P  
 SMITH, RONALD R  
 SMITH, RONALD R SKINAWAY  
 SMITH, SHAWN  
 SNOW, KENNETH F  
 SOWDEN, KIMBERLY MARIE  
 SPENCER, MARY L  
 SPRY, DALE H  
 SPRY, JOHN M  
 SPRY, WILLIAM W  
 ST CLAIR, ROBERT L  
 STAND, LILLIAN THER  
 STAPLES, ALLEN J  
 STAPLES, BETTY ANN  
 STAPLES, RONALD  
 STAPLES-GONZALEZ, KAREN  
 STAVICK, PATRICIA  
 STEPHENS, DEBRA R  
 STEPHENS, ROCHELLA K  
 STEVENS, DAVID W  
 STEVENS, ROBIN M  
 STEVENS, STAR  
 STEVENS, TERRANCE L  
 STEVENS, THOMAS C  
 STEWART, LORRAINE M  
 STICHE, LYLE  
 STONE, BERKLEY N  
 STONE, COLTON B  
 STONE, CONNIE M  
 STONE, DARRICK L  
 STONE, JENNALEE A  
 STONE, JENNIFER ANN  
 STONE, KATHERINE H  
 STONE, LESLIE J  
 STONE, LORI L  
 STONE, MICHAEL S  
 STONE, PAULETTE M  
 STONE, SHEILA K  
 STONE, SONYA J  
 STONE, TIMOTHY J  
 STRINGER, MEEGIE A  
 STRONG, ANGELICA E  
 STRUSS, EUNICE  
 STUNTEBECK, CHARLES J  
 SUAREZ, SHEILA K



SULLIVAN, KRISTINA W  
SUOBODA, GREGORY R  
SUTTON, JUNIOR  
SWENSON, BRIAN R

**T-T-T-T**

TAYLOR, GLORIA M  
TAYLOR, MAVIS A  
TEFFT, GAYLIN L  
TEIKEN, MARILYN LOUISE  
THOMAS, DANIEL  
THOMAS, JOHN ISREAL  
THOMPSON, ARIANNA C  
THOMPSON, CASSI L  
THOMPSON, CHARLENE A  
THOMPSON, CINDY L  
THOMPSON, DANIELLE M  
THOMPSON, FLORENCE M  
THOMPSON, IZOLA L  
THOMPSON, JERALDINE ANN  
THOMPSON, LELAND W  
THOMPSON, MABLE B  
THOMPSON, ROBIN J  
THURSTIN, DANIEL J  
TIBBETTS, PATRICK  
TICE, DARRIN A  
TOMMERVIK, DAVID L  
TRASK, ROBIN K  
TRIPP, JUDITH L  
TRISCO, PATRICIA L  
TROMBLEY, JEANNE V  
TROMBLY, BARBARA A  
TROTTER, WARREN N  
TURNER, DONALD W  
TURNPIN, JAMES L

**U-U-U-U**

URAN, GERALD L  
URAN, JENNIFER ANN  
URAN-HODGE, ANN  
URBAN, JESSICA M

**V-V-V-V**

VALKANOFF, JEFFREY M  
VALLEJO, JOHN G  
VAN AKEN, MICHELLE L  
VAN PELT, TINA M  
VAREBERG, PAMELA R  
VARRIANO, BARBARA A  
VIELE, DOLORES YVONNE  
VILAS JR, ROBERT  
VIZENOR JR, GERALD J  
VIZENOR JR, KENNETH W  
VIZENOR JR, RICHARD P  
VIZENOR, MICHAEL P  
VOGEL, MATT MONOLEE

**W-W-W-W**

WACHIER, VALLORY J  
WADE, FRANK J  
WADENA, STACEY A  
WAKEMUP, SHERLENE C  
WALKER, JAMES A  
WALL, CARMEN I  
WARD, THERESA  
WARMUTH, TRACI JEANNE  
WARREN ENGELKE, JOHN E  
WARREN, ERICK D  
WARREN, GORDON C  
WARREN, JAMES M  
WARREN, WILLIAM V  
WARRIOR, THUNDERHAWK  
WAYKEKESHIG, TREBOR A  
WEAVER, CLIFFORD J L  
WEAVER, DESIREE E  
WEAVER, DOUGLAS A  
WEAVER, FRANK  
WEAVER, MICHAEL P  
WEAVER, MILDRED M  
WEBB, MARGARET J  
WEBSTER, JULIUS F  
WEISE, BRYAN D  
WEISE, GLORIA FAYE  
WEISE, JOHN  
WEISE, MARY  
WELTON, FORREST

WESTBROOK, ELIZABETH J  
WHITE, ROBERTA P  
WHITENER, THOMAS J  
WIDME, BERNICE M  
WIEMER, KEVIN JAY  
WILKINS JR, WILBUR J  
WILKINS, DUSTIN M  
WILKINS, WILMA J  
WILLIAMS, DAVID DUANE  
WILLIAMS, DEBRA JOY  
WILLIAMS, EUNICE L  
WILLIAMS, EVRYL L  
WILLIAMS, FRANCIS  
WILLIAMS, THOMAS J  
WINFREY, LEXI G  
WIRTH, DUANE PAUL  
WITHERSPOON, JOSEPH  
WITTNER, AMBER D R  
WITTNER, KIM D  
WITTNER, LULU G  
WITTNER, MARK R  
WOCHNICK, JAZMIN R  
WOCHNICK, JORDAN A  
WRIGHT, DEBRA A  
WRIGHT, DIANE M  
WRIGHT, EUGENE V  
WRIGHT, JAMES C  
WRIGHT, MELISSA A  
WRIGHT, ROBERT J

**Y-Y-Y-Y**

YANEZ, JUANITA  
YBARRO, LESLIE  
YERKES, WARREN H  
YOUNG, JOHN E

**Z-Z-Z-Z**

ZARATE, NICHOLE

Please call the Bureau of Trust Funds Administration's Trust Beneficiary at 1-888-678-6836 in order to verify and update your IIM account information.

## White Earth Transit

### receives federal grants to buy low emission buses

**ST. PAUL, Minn.** – White Earth Transit was one of four Minnesota transit agencies and one city that received more than \$25.8 million in grant awards for public transit systems in greater Minnesota, the Minnesota Department of Transportation announced.

The federal discretionary funds via the current Low- and No-Emission grant opportunities are going to the following cities and agencies:

**White Earth Public Transit** - \$723,171 to buy low-emission buses with electronic farebox systems to replace older vehicles. The new buses will enable the agency to reduce fuel costs while continuing to provide much-needed bus service in rural communities on the reservation in northwest Minnesota.

The city of Rochester - \$7.4 million to build a park-and-ride lot to allow residents and visitors to park outside downtown and take Rochester Public Transit routes to jobs and opportunities. This will help increase transit demand, reduce congestion and decrease greenhouse gas emissions.

Metro Transit - \$17.5 million to buy battery-electric buses, chargers and bus equipment to replace aging diesel buses, as well as fund workforce development. The project supports Metro Transit's goal of reducing emissions while decreasing barriers to

employment and growing a local workforce through an existing apprenticeship program.

The Minnesota Department of Transportation, on behalf of Tri-Valley Opportunity Council, Inc. (Heartland Express) and Southwest Minnesota Opportunity Council (Praeland Transit) - \$1.5 million to buy propane-fueled buses and supporting fueling equipment. The project will improve service and reliability and lower maintenance costs for these greater Minnesota rural transit providers.

“These grants will contribute directly to Minnesota’s goal of a multimodal transportation system that maximizes the health of people, the environment, and our economy,” said Mark Nelson, assistant director of MnDOT’s Office of Transit and Active Transportation. “They highlight our state’s commitment to low- and no emission vehicles in public transit and working toward a more environmentally responsible fleet across the state.”

The Minnesota grants are part of 130 awards from the U.S. Department of Transportation's Federal Transit Administration. The \$1.7 billion in funding comes from the Bipartisan Infrastructure Law and includes transit projects in 46 states and territories.

## Backpack giveaway a success



Submitted photo

White Earth Child Care hosted their 3rd year of backpack giveaway in August and what a great turn out! More than 1,300 backpacks were given away throughout the communities. These two young guys give their backpacks a thumbs up. Casey Francis would like to send a huge Thank You to White Earth Natural Resources, White Earth Tobacco Collation, White Earth Head Start, Naytahwaush Fire Department, all staff that continued to help and support to make this 2023-24 Back to School event a success again! \*Special thanks to Allison Bellanger, Mellissa Amundson, Cassie Warren, Ann Fain, Vickie Brun, and Allison Jordan for their continued help attending and making these events fun, energetic and successful for our families.

## Giving students some style...



Submitted photo

The North East White Earth Community Council recently sponsored a Back to School event at the White Earth Family Office in Cass Lake, Minn. They handed out backpacks filled with supplies and gave free haircuts to students going back to school.

**The Naytahwaush Harvest Fest Powwow is Sept. 9-10**



Lead By Example • Respect Others • Be A Positive Role Model

# GOOD HEALTH IS THE BEST WEALTH

## #KeepTobaccoSacred

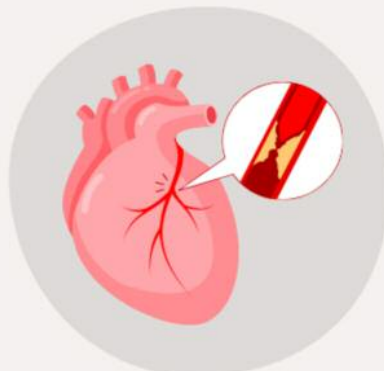
Short-term consequences of smoking commercial tobacco include:



Increased Heart Rate



Increased Blood Pressure

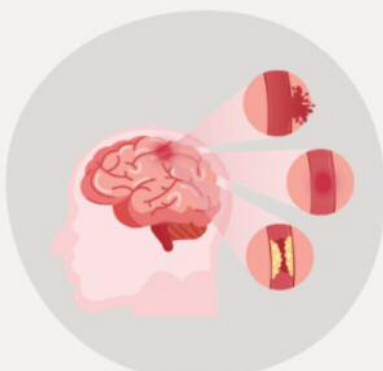


Narrowing of the Arteries

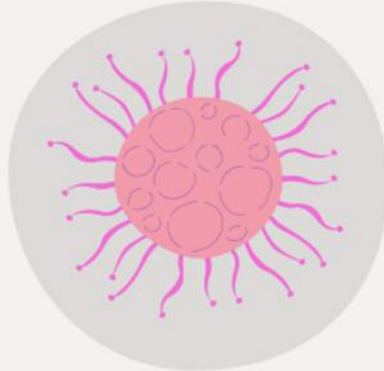
Long-term consequences of smoking commercial tobacco include:



Chronic Lung Disease



Stroke



Other Cancers

THE AMERICAN INDIAN QUITLINE  
CALL 1-833-9AI-QUIT  
AIQUIT.COM

quit partner 1-800-QUIT-NOW  
QuitPartnerMN.com

This publication is made possible through a Tribal Tobacco Grant from the Minnesota Department of Health.

Source: [www.cdc.gov/tobacco/basic\\_information/health\\_effects/heart\\_disease/index.htm](http://www.cdc.gov/tobacco/basic_information/health_effects/heart_disease/index.htm)



White Earth Nation  
TRIBAL PUBLIC HEALTH  
Prevent. Promote. Protect



American Indian  
Cancer Foundation.





# PROTECT YOUR HEALTH

## 7 Ways to Stay Safe When Air Quality is Poor

Everyone has the right to breathe clean air which is essential for human health. On most days in Minnesota, our air is clean and healthy for us to breathe. However, on some days, things like weather and wildfire smoke can create unhealthy air and poor air quality. Air quality refers to the density of pollutants in the air and the impacts they may have on people or the environment.

### WHO'S MOST AT RISK WHEN THE AIR QUALITY IS POOR?

Some people are more affected by poor air quality because of increased sensitivity. Young children and elders are especially sensitive to changes in air quality. Others who may have an increased sensitivity include individuals with an existing health condition, such as:

- Allergies
- Asthma
- Chronic Obstructive Pulmonary Disease (COPD)
- Heart Disease
- Those affected by the symptoms of long COVID

### HOW DO YOU STAY SAFE WHEN THE AIR QUALITY IS POOR?



Plan ahead for hazardous air quality.



Read local air quality reports.



Use air cleaners, purifiers, and filters.



Limit outdoor work and exercise.



Wear a mask.



Understand the effects on "sensitive groups."



Monitor your health.

For more information, visit:  
<https://www.health.state.mn.us/communities/environment/air/index.html>



White Earth Nation  
 TRIBAL PUBLIC HEALTH  
*Present. Promote. Protect*

**mn** DEPARTMENT  
 OF HEALTH



**September IS SUICIDE PREVENTION & AWARENESS MONTH**

- Many factors can increase the risk for suicide or protect against it.
- Suicide is connected to other forms of injury and violence.
  - People who have experienced violence, including child abuse, bullying, or sexual violence have a higher suicide risk.
- Being connected to family and community support and having easy access to healthcare can decrease suicidal thoughts and behaviors.

**KNOWING THE SUICIDE WARNING SIGNS COULD SAVE A LIFE**

**TALK**  
 Experiencing unbearable pain  
 Being a burden to others  
 Killing themselves  
 Having no reason to live  
 Feeling trapped

**BEHAVIOR**  
 Acting recklessly  
 Withdraw from activities  
 Increased use of alcohol  
 Looking for a way to kill themselves, such as searching online for materials or means  
 Isolating from family and friends  
 Giving away prized possessions  
 Sleeping too much or too little  
 Aggression

**MOOD**  
 Depression  
 Loss of interest  
 Irritability  
 Anxiety  
 Rage  
 Humiliation



Submitted photo

White Earth RBC directors and managers solving their respective challenges during training held at Shooting Star Casino.

# White Earth RBC directors and managers gather for training

The White Earth Reservation Business Committee directors and managers were involved in training held July 27 at the Shooting Star Casino in Mahnomen.

The training included Financial Budgeting, Grant Management and Project Management. As part of this training, the group was divided into project teams and were tasked with managing a complex project using Lego building sets. This training supports goals of applying concepts learned and team building.

An essential part of training is hands on experiences that can positively impact learning, growth, and development.

Tribal leadership is a great supporter of training and development of our employees!

**White Earth Nation has a Facebook page!**  
[www.facebook.com/WhiteEarthNation](http://www.facebook.com/WhiteEarthNation)


## Howah Ads

Happy Birthday  
**Kayonna St. Clair**  
 Sept. 5  
**Cayden St. Clair**  
 Sept. 17  
 Love,  
 Mom,  
 brother and sisters

Happy **9th** Birthday  
**Gail Rock**  
 Sept. 21  
 Grandma loves you

**REMINDER!**  
 Howah Ads are \$5 with a picture or \$4 without.  
*All payments must be made in advance.*  
**No exceptions**


Happy **12th** Birthday  
**Caylee Basswood**  
 Sept. 2  
 Love you - Gma Tami


Happy Anniversary to  
**My Husband**  
 20 years!  
 Love you  



Happy **76th** Birthday  
**Mabel Bellanger**  
 Love you - Tami

Happy **5th** Birthday  
**Paisleigh Skye**  
 Love  
 Mom,  
 Sergio  
 and  
 Kids  
 Sept. 8  



Happy **36th** Anniversary  
**Joe and Terri T.**  
 Sept. 12  
 Love,  
 Joe Jr., Melanie, Ben  
 and all your grandkids

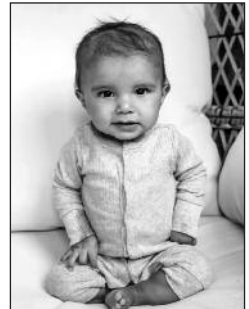
Happy Birthday my little  
**Boo Boo**  
 Sept. 2nd  


Happy Birthday  
**Aunty Debra Morris**  
 September 5  



Happy Birthday my  
**Sister Jessica**  
 I love you!  



Golden **4th** birthday wish to  
**Kwaliise Kim Thompson**  
 Love you grand daughter!  
 From  
 Papa Jeff & Grandma Kat, Uncle Dez  


Happy Birthday to my  
**Nephew Donovan Arthur**  


Happy **1st** Birthday  
**Jaxton!**  
 Love your Family.  
 Sept. 26  


Happy B-day to our baby boy  
**Desmond Thompson**  
 Love you forever!  
 Mom, Dad & Bella, Spike  


Happy Birthday **Zach!**  
 Love, your Family  
 Sept. 29  


Happy **12th** Birthday  
**Ayanna!**  
 Love your Family  
 Sept. 14  




## Peacemaking Circles an option to settle differences

By Heather LaFriniere  
Peacemaking Coordinator  
White Earth Tribal Court

Peacemaking Circles are now an option for people looking for a way to settle their differences.

The White Earth Nation Tribal Court is now utilizing Peacemaking Circles in situations such as custody, child protection and guardianship cases. Our goal is to continue to grow the Peacemaking Program and be able to offer our services in many other situations as well.

The Peacemaking Circle is a process that brings together people who wish to engage in conflict resolution, healing, support, decision making or other activities in which honest communications, relationship development, and community building are core desired outcomes.


“Circles” offer an alternative to the traditional court system that often relies on hierarchy, win-lose positioning, and victim/rescuer approaches to relationships and problem solving.

Circles intentionally create a sacred space that lifts barriers between people, opening fresh possibilities for connection, collaboration, and mutual understanding. The process works because it brings people together in a way that allows them to see one another as human beings and to talk about what matters.

The Circle process is “simple but not easy,” and must be experienced to be fully grasped and replicated. There is an intangible quality to circles that must be experienced to be understood. However, there are some key structures that help to define the Circle.

During the Circle each person will have numerous chances to speak without interruption. The goal is to come to a resolution that each party finds acceptable. This resolution will be signed by the parties and brought to the judge to be finalized.

For more information on Peacemaking Circles and the Peacemaking Program please contact Heather LaFriniere, Peacemaking Coordinator, White Earth Nation Tribal Court at 218-983-4648 Ext. 5748 or via email at heather.lafriniere@whiteearth-nsn.gov



### September IS SUICIDE PREVENTION & AWARENESS MONTH

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#### Resources

##### Get in Touch with White Earth Mental Health

<p><b>White Earth</b> 26246 Crane Rd P.O. Box 300 Phone: 218-983-6325 Fax: 218-983-3289</p>	<p><b>Mahnomen</b> 216 N Main St. Mahnomen, MN 56557 Phone: 218-983-4703 Fax: 218-983-3289</p>	<p><b>Pine Point</b> 48036 Pow Wow Highway Ponsford, MN 56575 Phone: 218-227-3888</p>
<p><b>Oshkii Manidoo- OMC</b> 1741 15th St. NW Bemidji, MN 56601 Phone: 218-751-6553 Fax: 218-751-1846</p>	<p><b>Duluth</b> 205 W 2nd St Suite 300 Duluth, MN 55802 Phone: 218-606-1705 Fax: 218-481-7405</p>	<p><b>Minneapolis</b> 1730 Clifton Place Minneapolis, MN 55403 Phone: 612-813-1589 x 6630 Fax: 612-871-9380</p>

---

**The Becker County & White Earth Reservation Mental Health Crisis 24/7 Hotline:**  
Offers community outreach and support. Phone support and face-to-face support are both available. Please reach out during any time of crisis. Crisis is defined by the individual and tended to according to their individual level of care need.



**ADULT/CHILDREN'S  
24 hour  
HOTLINE**  
CALL 218-850-HELP  
or 1-877-380-3621

**988**  
988: 988 is now the three-digit dialing code that routes callers to the 988 Suicide & Crisis Lifeline (or 988 Lifeline). When people call, text, or chat with the 988 Lifeline, they are connected to trained counselors that are part of the existing 988 Lifeline network. Staff are trained to provide free and confidential emotional support and crisis counseling to people in suicidal crisis or emotional distress, and connect them to resources. These services are available 24 hours a day, seven days a week, across the United States.

## Check Your Plumbing

ABI (ankle-brachial index) testing with White Earth Nation Tribal Public Health

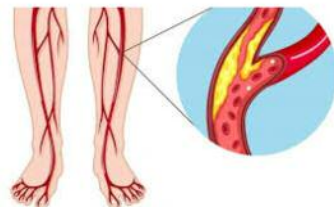
The ankle-brachial index (ABI) is a simple test that helps to determine if there is any narrowing or blockage in the arteries of the legs. The test compares the blood pressure in the ankle to the blood pressure in the arm. A low ABI result indicates reduced blood flow to the legs, which can be a sign of peripheral artery disease (PAD).



Peripheral artery disease (PAD) can lead to several complications, including chronic leg pain, non-healing wounds, infections, gangrene, and amputation. Therefore, it's crucial to detect and manage early on to prevent these complications from occurring. In addition to regular ABI testing, lifestyle modifications such as quitting smoking, maintaining a healthy weight, and exercising regularly can also help reduce your risk of developing reduced blood flow in the legs and its complications.

Individuals need ABI testing, especially those at risk for reduced blood flow in the legs, such as smokers, and those with diabetes, hypertension, or high cholesterol. ABI testing is non-invasive, painless, and can be performed in a doctor's office. Early detection of Peripheral artery disease (PAD) can help prevent complications such as amputation, heart attack, and stroke.

If you are experiencing leg pain, cramping, or numbness. ABI testing is a simple and effective way to assess your risk for PAD and ensure that you receive the appropriate treatment to maintain your health and well-being. The frequency of ABI testing depends on your individual risk factors for PAD. If you are at high risk, it is recommended to have yearly testing. If you have normal results and no symptoms of PAD, it is recommended to have testing every 2-3 years.



ABI testing is available through White Earth Nation Tribal Public Health for anyone on the reservation. Tribal public health has weekly clinics. They are in Rice Lakes on Wednesdays 9am - 11 am and Pine Point Tuesdays 2pm - 4 pm unless otherwise noted. ABI testing is also available by appointment in the White Earth office or in your home by appointment. Call 218-983-3286 ext 1359 to schedule.



## WE Reservation Council of Elders 2023 Monthly Meeting Dates

### Upcoming Meetings

**Naytahwaush - October 6**

**Rice Lake - November 7**

All meetings are held at the village nutrition site after lunch. All Elders 55+ are welcome to join.

NO membership fee.

**Requirements** to attend bi-annual National Indian Conference on Aging (NICOA) are:

- Non-Indians can be non-voting members
- Attend scheduled meetings on a regular basis. (At least four per year)
- Participation in fund raisers
- Attend scheduled trips when registered
- Executive board meetings as needed only

\*No meetings are held during the months of January, February or March because of the weather. We pride ourselves on safety for our elders.

## Having a “wild” time in Mahnomen



Photos by Nedahness Greene

Thanks for all who came to Wild Rice Festival and celebrated Mahnomen and Manoomin on Aug. 26! We had the largest turnout for the parade and event since the 1980s. Thanks to all the vendors that shared their beautiful art and to all the families who made the day special. The City of Mahnomen and Manoomin Arts thanks Burger Hut for kid parade prizes and thanks sponsors thanks - Wild Rice Electric, Ottertail Power Company, Shooting Star Casino, Gordon Construction, United Valley Bank and the Boost Grant from Blandin Foundation.



**FEEL-GOOD  
BANKING**

**+**

**NO NSF  
FEES**

**LIFE MATH IS  
COMPLICATED.  
NO RETURN FEES  
MAKE IT EASIER.**



**AFFINITY PLUS**  
FEDERAL CREDIT UNION

Insured by NCUA



## Diabetic Bingo

All are welcome and it costs nothing to play.

BACK TO SCHOOL

<b>September</b>	
Sept. 7 <sup>th</sup> 2023	Shooting Star Casino Event Center
Sept. 14 <sup>th</sup> 2023	Naytahwaush
Sept. 21 <sup>st</sup> 2023	White Earth – Biimaadiziwiin Apartments
Sept. 28 <sup>th</sup> 2023	Rice Lake

Bingo at the Shooting Star Casino Event Center will be at 1:00pm  
 Bingo in Naytahwaush is at the Sports Complex, E.N.P dining hall after the 11:30 meal.  
 Bingo in White Earth at the Biimaadiziwiin Apartments beginning at Noon.  
 Bingo in Rice Lake is at the Rice Lake Community Center after the 11:30 E.N.P meal.

<b>October</b>	
Oct. 5 <sup>th</sup> 2023	Shooting Star Casino Event Center
Oct. 12 <sup>th</sup> 2023	Pine Point
Oct. 19 <sup>th</sup> 2023	Elbow Lake
Oct. 26 <sup>th</sup> 2023	Valley View, Mahnomen

Bingo in Pine Point is on the west side of the School in E.N.P Dining Hall after the 11:30 E.N.P meal.  
 Bingo at the Shooting Star Casino Event Center will be at 1:00pm  
 Bingo in Elbow Lake Village is at the E.N.P building, after the 11:30am meal.  
 Bingo at Valley View will be in the Community Room beginning at 1:00pm

<b>November</b>	
Nov 2 <sup>nd</sup> 2023	Shooting Star Casino Event Center
Nov 9 <sup>th</sup> 2023	Naytahwaush
Nov 16 <sup>th</sup> 2023	White Earth – Biimaadiziwiin Apartments
Nov 30 <sup>th</sup> 2023	Rice Lake

Bingo at the Shooting Star Casino Event Center will be at 1:00pm  
 Bingo in Naytahwaush is at the Sports Complex, E.N.P dining hall after the 11:30 meal.  
 Bingo in White Earth at the Biimaadiziwiin Apartments beginning at Noon.  
 Bingo in Rice Lake is at the Rice Lake Community Center after the 11:30 E.N.P meal.

On Sept 7th, and Nov 2nd starting at about 12:45, enjoy a cup of coffee or glass of water with a light snack. Topping it all off you can play Diabetic Bingo starting at 1pm.  
 \* Subject to availability

Schedule is subject to change without notice. If the R.B.C or the E.N.P. site is closed Bingo will be rebooked to another date, if possible.

## NEED MORE ENERGY?

# JOIN STAR FITNESS CENTER TODAY!

Located in the Manitok Mall, Mahnomen

Email Jackie.Haugo@whiteearth-nsn.gov or call 935-0808 or 218-401-2421 to fill out an application

### NEW KEY CARD HOURS:

Monday-Friday 6 a.m.-10:00p.m. (age 15-17)  
 Saturday &-Sunday 6 a.m.- 6:00 p.m. (age 15-17)  
**Adults (18 & older) get 24 hour access 7 days a week.**



**White Earth Nation**  
**TRIBAL PUBLIC HEALTH**  
*Prevent. Promote. Protect*

WETCC's Head Start Pathways Program Presents:

## Online Discussion

with Best-Selling Children's Author



# Carole Lindstrom

Thursday, Sept. 14, 2023  
 6-7:30 PM Live via Teams

FREE EVENT





Register online:  
[wetcc.edu/hssp](http://wetcc.edu/hssp)

Carole is Anishinaabe/ Metis and is tribally enrolled with the Turtle Mountain Band of Ojibwe. Carole's book *We Are Water Protectors* was the winner of 2021 Caldecott Medal and a New York Times Bestseller.

This event is funded through a Tribal Colleges and Universities Head Start Partnership grant from the US Department of Health and Human Services Administration for Children and Families, Office of Head Start.

## WE R FURR MICROCHIPS


INTERESTED IN GETTING YOUR PET MICROCHIPPED? MAKE AN APPOINTMENT WITH WE R FURR!

**\$25 FOR A LIFETIME CHIP**

**CONTACT 218-401-4398**

**(NOT GPS MICROCHIPS)**

WE R FURR



## AFFINITY PLUS

FEDERAL CREDIT UNION

**Affinity Plus Federal Credit Union is hiring for a Teller at our Mahnomen Branch**

Full-time hours, Monday-Friday, with a competitive hourly wage and an excellent comprehensive benefits package. 1+ years of customer service experience required.

To learn more contact our branch manager, Amanda, at [ajaeger@affinityplus.org](mailto:ajaeger@affinityplus.org) or 651-312-9509. You can also apply online at [affinityplus.org/careers!](http://affinityplus.org/careers!)

Head Start Pathways Program Presents:

## FREE Online Discussion

with Artist/Illustrator



# Michaela Goade

Thursday, Sept. 21, 2023  
 6-7:30 PM Live via Teams






Register online:  
[wetcc.edu/hssp](http://wetcc.edu/hssp)

Michaela is a Caldecott Medalist and #1 New York Times Bestselling illustrator of "We Are Water Protectors" and other award-winning Indigenous KidLit books. She is an enrolled member of the Tlingit & Haida Indian Tribes of Alaska.

This event is funded through a Tribal Colleges and Universities Head Start Partnership grant from the US Department of Health and Human Services Administration for Children and Families, Office of Head Start.

## Notice of Probate

### WHITE EARTH BAND OF OJIBWE TRIBAL COURT

In the Matter Probate of:  
 NOTICE OF PROBATE MATTER

Any person coming forward as an interested party to the estate of Phyllis Elaine Torgerson

**File No. PR22-0403**

To the heirs and devisees of the above named Estate.

This is a formal notice that Phyllis Elaine Torgerson, the decedent, died on September 12, 2016, and you have or may have an interest in the estate.

The Patricia Smith has been appointed as the administrator of the Estate:

All documents, pleadings, and information relating to the Estate are on file with the White Earth Tribal Court.

In the event that any interested party has questions or issues relating to this Estate, including distribution of assets, payments of expenses, or other administration matters, the interested party may contact the Court at (218) 983-4648.

Dated: August 31, 2023



### Anishinaabe Giigewin Miikana

#### HEALING PATHWAYS

Hiring soon: 2 Survey Interviewers

About the project  
 "Healing Pathways" is a grant funded research project, supported by White Earth resolution 016-20-020. This project is a collaborative effort between several American Indian communities in Minnesota, Wisconsin, First Nations communities in Canada, and the Johns Hopkins Center for Indigenous Health, Great Lakes Hub.

Survey Interviewer position

The interviewer position is anticipated to begin in August 2023. The position involves locating participants, recruiting, consenting, and conducting survey interviews with adult and youth. The survey information will be used to help us better understand well-being in American Indian communities. The original Healing Pathways project began in 2002. All adult participants that will be invited to complete interviews were participants in the original project when they were young children.

We are looking for 2 part-time Survey Interviewers for the White Earth Reservation area.

**Qualifications**

- Understand and be willing to maintain the flexible, part-time nature of the position (need availability afternoons, evenings, weekends, and mornings)
- Understand the importance of participant confidentiality
- Be organized, detailed, and be comfortable navigating data software technology on laptops/tablets
- Keep all project materials secure
- Have reliable transportation
- Be comfortable approaching, calling, and visiting participant homes for recruitment and data collection
- Must be able to attend ALL interviewer trainings (typically held in Carlton/Duluth area). Mileage reimbursement and training payments are included.
- Be able to maintain regular communication with project coordinator and team
- Must adhere to White Earth reservation drug and alcohol policy

Note: Background checks will be conducted as part of the hiring process

**Pay Information**

- Hourly pay rate is \$16/hour (recorded and submitted on timesheets every 2 weeks)
- Mileage will be reimbursed at current federal rate
- Payments can be mailed via hardcopy check or directly deposited.

If interested, CONTACT: Cindy McDougall  
 ph: 218-261-1010  
 email: cmcdougall@jhu.edu

## Job Opportunity

### All Nation Rise

**Position:** Bookkeeper/Office Manager  
**Work Hours:** 30 Hours per Week  
**Work Days:** Monday – Friday  
**Work Site:** Home Office and Bagley Office  
**Rate:** Negotiable DOQ  
**Position Overview:**  
 The Office Manager/Office Manager is responsible for successful day-to-day operations of a new local non-profit to assist the Executive Director, the Board and team with financial and administrative duties. Core responsibilities include detailed bookkeeping using Quickbooks A/P, financial tracking, grant/contract compliance, communications support, and files updated. This position requires flexibility and the ability to undertake additional tasks when needed.  
 Receivable.  
**Benefits include:**  
 a. Health with 80% employer contribution for employee coverage  
 b. Employer paid group life insurance.  
 c. Group dental and vision 90% employer contribution  
 d. 401k with employer match.  
 To See Full Job Description go to [www.AllNationRise.com](http://www.AllNationRise.com)  
**Submit Resume and 3 References to:** Beth@IndigenousVisioning.com.



### Accepting Bids

The White Earth LTCC program is accepting bids for a walk-in shower to be done at an individual home located on the White Earth Reservation. Modifications must be performed by a Minnesota licensed contractor and per MN State Code. All contractors must pass both White Earth RBC background and drug testing. Modifications must follow State guidelines, including cost effectiveness. Payment will be made in full after final inspection, review of receipts, and approval of completed job.

Bid specifications and locations are available at the White Earth Tribal Health Building, 26246 Crane Road, White Earth, MN 56591. All BIDS submitted MUST include a diagram/blueprint of the proposed project and a list of materials, labor, equipment, etc. or they will be considered incomplete and will not be accepted. Due to client confidentiality the bid description must be picked up in person at the White Earth Tribal Health Building. We are open Monday-Friday 8:00am-4:30pm.

**Bids will be accepted until 4:30pm on 9/30/23.**

The White Earth LTCC program is accepting bids for a HANDICAPPED RAMP-REPAIR OR REPLACE-INSTALLATION to be done at an individual home located on the White Earth Reservation. Modifications must be performed by a Minnesota licensed contractor and per MN State Code. All contractors must pass both White Earth RTC background and drug testing. Modifications must follow State guidelines, including cost effectiveness. Payment will be made in full after final inspection, review of receipts and approval of completed job.

Bid specifications and locations are available at the White Earth Tribal Health Building, 26246 Crane Road, White Earth, MN 56591. All BIDS submitted MUST include a diagram/blueprint of the proposed project and a list of materials, labor, equipment, etc. or they will be considered incomplete and will not be accepted. Due to client confidentiality the bid description must be picked up in person at the White Earth Tribal Health Building. We are open Monday-Friday 8:00am-4:30pm.

**Bids will be accepted until 4:30 pm on 9/29/23.**

### Job Opportunity

#### Highway Maintenance/Snow & Ice

**Location:** Deer River, Minn.

**To apply:** [mn.gov/mmb/careers/](http://mn.gov/mmb/careers/), posting number 68827

**Deadline to Apply:** 9/18/2023

**Brief Description:** This position exists to perform daily and routine road surface maintenance activities to keep the roadways and roadsides safe and in good repair according to MnDOT standards. An employee in this class assists in the maintenance and operation of snow and ice control to ensure safe and clear roadways, and performs related work as required. The position requires a valid CDL license and one year of related experience in heavy equipment operation, roadway maintenance, landscaping, or farm experience.

**Questions:** Contact Lena Garcia at [lena.garcia@state.mn.us](mailto:lena.garcia@state.mn.us) or 612-257-2388.

### Lake Grove Township Monthly Meeting Notice

Notice is hereby given to the citizens of Lake Grove Township, County of Mahnomen, State of Minnesota, that the monthly Township meeting will be held the **3rd Tuesday of each month**. The meeting will commence at 7:30 p.m. at the Jerome Wolbeck residence.

Lori Tibbetts, Clerk

UNIVERSITY OF MINNESOTA TWIN CITIES  
Driven to Discover™

### Ojibwemowin + Early Childhood BS



Tribal Colleges + UMN, College of Education & Human Development  
In conversation (White Earth, FDL, Leech Lake) for a few years, the College of Education & Human Development at the University of Minnesota Twin Cities recognizes the importance of Early Childhood teachers who can use Ojibwemowin in the early childhood setting. We are committed to getting those special Anishinaabe, dedicated to both the flourishing Ojibwemowin reclamation movement and to working with our children a Bachelor of Science degree in early childhood education. We expect the program to begin Fall 2024, with applications due January 2024. Scholarships for full funding are available.

- Offered on-line, with on-site + class support for growth of use of Ojibwemowin. All levels welcome, only dedication required.
- Early childhood courses including indigenous perspectives, taught by Institute of Child Development faculty and co-teaching by Ojibwe community members.
- Transfer credits from Tribal Colleges, estimated 2 years from AA to complete degree.

Please take the survey! [Early Childhood Ojibwemowin Program Survey](#)

More information coming soon or email: [Waabishklimliwan](mailto:Waabishklimliwan@umt.edu) at: [mhermes@umn.edu](mailto:mhermes@umn.edu)

The University of Minnesota is an equal opportunity educator and employer.

### IN NEED OF SEPTIC PUMPING?

If you need your sewer system pumped call the White Earth Water & Sewer Department at 218-983-3202

- Tribal Enrolled Elders (55 & older) - \$25
- Tribal Enrolled Members (54 & younger) - \$80
- Non-enrollees (any age) - \$115
- White Earth Businesses - \$115
- Other Businesses - \$120

(You must live on the White Earth Reservation)

#### GAIN IN-DEMAND JOB SKILLS

Flexible online training programs designed to put you on the fast track to jobs in high-growth fields. No experience necessary.

- Learn at your own pace (3 to 6 months)
- Stand out to employers
- A path to in-demand jobs

Choose from:

- IT Support Professional Certificate
- Digital Marketing & E-commerce Certificate
- Data Analytics Professional Certificate
- Advanced Data Analytics Professional Certificate
- Project Management Professional Certificate
- UX Design Professional Certificate
- Cybersecurity Professional Certificate
- IT Automation with Python Professional Certificate

#### Customized Education

QUESTIONS? CONTACT US

[bridget.gulza@wetcc.edu](mailto:bridget.gulza@wetcc.edu)  
218-935-0417 ext. 8327

TO APPLY:  
<https://qrco.de/CustomizedEducation>

LEARN MORE:  
<http://www.wetcc.edu/customized-ed.html>

### Farm from Page 7

USDA will mean that Tribal Nations can build food systems to address food insecurity, increase access to Indigenous foods, use Indigenous knowledge for forest management and conservation and support strong Tribal economies.

The Farm Bill presents us with an opportunity to rectify historical injustices, address disparities, support the self-determination of Native American producers and the sovereignty of Tribal governments. By working with Native and Tribal leaders, we can ensure the next Farm Bill empowers Tribal governments to develop and implement sustainable agricultural strategies that align with their unique needs and priorities. Together, we are forging a path towards a more just, equitable, and inclusive agricultural landscape that benefits us all.

Now is the time to seize the moment and work collaboratively to ensure that the upcoming Farm Bill is the best one yet and reflects the needs of our Native and Tribal communities.

### Chi Miigwech Gordon Construction

Miigwech to Matt, DJ, Randy, Donny and the crew at Gordon Construction for a their massive clean up efforts at Calvary Cemetery in White Earth.

They hauled out large rocks, metal fencing, garbage that has been piling up for more than 30 years, and brought in several truck loads of dirt. It was an immense job and your help was very much appreciated by all!

Calvary Cemetery  
St. Benedict's Church

### FOR RENT HOMES IN CITY OF MAHNOMEN

2 or more bedrooms.  
218-847-5641 or  
[www.mmcdc.com](http://www.mmcdc.com)



### JOIN STAR FITNESS CENTER TODAY

**FREE ACCESS WITH EXTENDED HOUR KEYCARD ENTRY**

Located in the Manito Mall, Mahnomen  
Email [Jackie.Haugo@whiteearth-nsn.gov](mailto:Jackie.Haugo@whiteearth-nsn.gov) or call 935-0808 or 218-401-2421 to fill out application

#### NEW KEY CARD HOURS:

Monday-Friday 6 a.m. until 10:00p.m. (age 15-17)  
**Monday-Friday 24 hour access (age 18+)**  
Saturday & Sunday 6 a.m. until 6:00 p.m.





### WE program receives award



Submitted photo

Maadaadizi Workforce Center received the Innovation Award from the Minnesota Literacy Action Network at the ABE Summer Institute Training on Aug. 15-18 in St. Cloud, Minn. Maadaadizi earned this award by creating a true one-stop service center to meet client's needs. Maadaadizi staff never say, "That's not my job," when they identify a need for individual clients in their community. In addition to job skills training, they are helping with transportation, health care access, education and more. This award recognizes Maadaadizi staff's work to become a Minnesota Department of Education-approved Adult Education provider. In partnership with Lakes Area Adult Education, Maadaadizi now offers GED, Adult High School Diploma, Basic Skills, ServSafe Certification, and so much more! Accepting the award were Destiny Zornes, left, and Kathi Larson.

### Rock-a-bye baby...



Submitted photo

A Baby Welcome Celebration was held Aug. 21 at the Naytahwaush Behavioral Health Building. Zoey Gagnon, right, and Zayden Burnette won the Dikinaagan that was a part of the first annual baby celebration. To honor each baby, a cedar sapling was planted in their honor. White Earth Behavioral Health looks forward to doing this again next year.

## Joyce Jackson Arndt featured in art exhibit

**Bemidji, Minn.** - Watermark Art Center welcomes Joyce Jackson Arndt (White Earth Nation) to the Miikanan Gallery with her exhibit, "Ninanda-minwaajim - I Seek to Tell a Good Story."

The exhibit opens Saturday, Sept. 9 with a reception for Arndt on Sept. 15 from 5 to 7 p.m. The exhibit is a retrospective and contains many of her favorite pieces representative of her past.

Arndt was cut off from her cultural identity dur-

ing much of her childhood. As a toddler, she was placed in foster care and became homeless as a young woman. Knowing that her identity as a Native American was portrayed negatively because of stereotypes and racism, she began to use art as a way to portray her people in a positive light.



Joyce Jackson Arndt

She likes to work with watercolors, oils and acrylics. Her mural work has been featured in Wadena and Detroit Lakes, Minn.

Arndt is retired now but continues to use art to find her way, always believing most people have good intentions.

The exhibit will be on display through Nov. 11. Watermark is free and open to the public Monday-Saturday from 10 a.m. to 5 p.m. and is located at 505 Bemidji Avenue N., in Bemidji, Minn.

Visit [WatermarkArtCenter.org](http://WatermarkArtCenter.org) for more exhibit, event and class information or call 218-444-7570.



### Indigenous Barbie wins best float in PP parade



Submitted photo

Indigenous Barbie was named the best float in the Pine Point parade held Aug 12. The parade was one of many events held during the annual Pine Point Traditional Pow-Wow on Aug. 12-13.

### WE descendant awarded Secretary's Commendation for exceptional service

On Aug. 22, CAPT Kailee Fretland, a direct descendent of the White Earth Band of Ojibwe, and the Principal Pharmacy Consultant for Indian Health Service, was one of five Indian Health Service employees awarded the Secretary's Commendation for her exceptional service and leadership during the Public Health Emergency phase of the COVID-19 pandemic.

This award was presented by Health and Human Service (HHS) Secretary Xavier Becerra.

During the COVID-19 Pandemic, CAPT Fretland served as the Deputy Co-Lead of the Indian Health Service Vaccine Task Force and was integral in planning and implementing the roll-out and administration of COVID-19 vaccines.



**Please update your mailing address and name changes with White Earth Enrollments**