

# A Monthly Chronicle of the White Earth Nation

Vol. 29 No. 8 White Earth, Minn. today@whiteearth-nsn.gov Wednesday, August 7, 2024



## WE community enjoys picnic and new playground







Photos by Gary W. Padrta

The White Earth community recently gathered for a picnic at the site of the old Circle of Life School. Folks were treated to brats, hamburgers, and there were several information booths. In addition to the gathering, the newly constructed playground was blessed.

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# Tribe blesses wild rice lakes at Tamarac

The Tamarac Refuge staff joined the White Earth Nation staff and cultural leaders as they recently held ceremonial wild rice blessings on refuge lakes that produce wild rice.

Everyone is looking forward to a productive wild rice season.

Photo by Sage Thompson

### Anishinaabeg Today

The *Anishinaabeg Today (AT)* is the official publication of White Earth Nation and is published once a month. Editorials and articles appearing in the *AT* are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the *AT* staff or the White Earth Reservation Business Committee.

The AT reserves the right to reject any advertising or materials submitted for publication. The submission of articles and photos is encouraged, however, they are subject to editing for grammar, length, and malicious/libelous content. The Editor makes the sole decision of what is published in the AT and will not assume any responsibility for unsolicited material nor will the AT guarantee publication upon submission. Deadlines are strictly enforced! Deadline dates are printed below in each issue.

The *AT* is distributed at no charge to all postal patrons living on White Earth Reservation and by mail to White Earth Nation members (who request the newspaper) living within the United States. One per household. The cost of a newspaper subscription is \$12 per year for non-members (including descendants) living off the reservation. **Current and past issues of the** *AT* **can be read online for free at www.whiteearth.com.** 

**For more information** call 218-935-3569, email: today@whiteearth-nsn.gov, fax: 833-607-0776, or write to:

Anishinaabeg Today PO Box 418 White Earth, MN 56591

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- **♦** Minnesota Newspaper Association

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### **Editor**

Gary W. Padrta

### **Future Issues \***

# DeadlineIssue DateAugust 28September 4September 25October 2October 30November 6November 27December 4December 23January 1

\* Deadline and issue dates subject to change

# Your voice and vote matter

### The Minnesota State Primary Election will be held on Aug. 13

By Bethany Wesley

Northwest Minnesota Foundation

Given the intense focus on the Presidential Election, it would be easy to overlook the other national, state, and local elections on our ballots this year. But the strength of our democracy relies on strong voter participation at all levels, whether you are voting for U.S. Senate or a member of your local soil and water conservation board.

Knowing how to vote and familiarizing yourself with your ballot options are important for making sure your voice is heard and your vote counts.

The first step is being sure you are registered to vote. If you are unsure, visit www.mnvotes.org to confirm you are registered. If you are a U.S. citizen, at least 18 years old on Election Day, a Minnesota resident for 20+ days, and not currently incarcerated for a felony, you are eligible to vote. You can register online or in-person at your local elections office. Minnesota also allows for same-day registration at the polls with a valid photo ID and proof of residence.

Be aware that some voting laws have changed in

Minnesota, such as restoring the right to vote for convicted felons who have been released from prison. (Also, there is now automatic voter registration for those getting a driver's license and pre-registration for 16- and 17-year-olds.)

Next, find your polling place at https://pollfinder.sos.mn.gov/ or contact your county auditor. Many voters opt to vote from home via absentee or mail-in ballots, which is also increasingly becoming the only option for those who live in rural areas due to polling location closures.

The final step is to acquaint yourself with your ballot and research the candidates seeking to represent you. By visiting https://myballotmn.sos you can view the candidates listed on your ballot. Many will have clickable links through which you can visit their campaign webpages to learn more about the issues and priorities they support.

The State Primary Election will be held on Aug. 13, which will narrow the candidate pool in many elections to those who will face off in the General Election on Nov. 5.

Your voice and your vote matter.

### **2nd Annual Anishinaabe Law Conference Recap**

By Amy Myszko

Niibi Center

The Niibi Center hosted a very successful follow-up Anishinaabe Law Conference at the end of June at the Shooting Star Casino in Mahnomen. Our Executive Director, Joe Lagarde, and everyone at the Niibi Center want to offer a heartfelt Miigwech to the community, including the White Earth RBC, the Bush Foundation and to all of our relatives who attended, some from as far away as Kansas, Vermont and Canada, to make it a such a dynamic and rich experience for everyone involved.

Our speakers were incredible and included many diverse Indigenous voices. On June 23, we had District II Representative Eugene Somers kick us off in a fine fashion along with Virgil Mountain with prayers and a song. Then, we had the Director for the Tribal Rights of Nature Program at Center for Democratic and Environmental Rights (CDER) and Treaty Rights expert Frank Bibeau talk about local Indigenous legal challenges and wins. Finally, we had an Indigenous Judge's panel from the Tribal Law and Policy Institute featuring Judge Korey Wahwassuck as the facilitator, along with Judge Abby Abinanti, Judge Megan Treuer and elder Stephanie Autumn.

We also a dynamic and knowledge-filled day on June 24, with more excellent speakers and stimulating discussions. White Earth Chairman Michael Fairbanks shared some updates on local land back efforts including work to return the Tamarac Wildlife Refuge to Tribal management from Federal control. We also had keynote presentations from Steve Newcomb on the legacy of the Doctrine of Discovery, Dr. Darren Ranco on Rematriation efforts in Maine, and Dr. Aimee Craft from Treaty 1 Territory, Manitoba on land and water protection efforts in Canada. We finished off the day with a keynote from Judge Korey Wahwassuck on her experiences as a Tribal court Judge for the Red Lake Nation.

The conversations continued discussions started with the first law conference and generated even more questions. Feedback that the Niibi Center has received since the conference indicates that many left with new ideas and to consider implementing in their own communities.

The Niibi Center is excited to have recorded the entire 2nd Annual Law Conference and will be posting the

keynote videos on our website by early August, so please go online and check out our resources including videos from the first law conference at www.niibicenter.org/blog, be sure to click to the last page for the most recent posts and videos!

If you'd like to be included in our email list to receive periodic information about upcoming events (not more than once per month), please find a link to sign up at the bottom of the main page of our website, www.niibicenter.org or email info@niibicenter.org.



You can reach the *Anishinaabeg Today* at today@whiteearth-nsn.gov

### **RBC** offices closed for holiday

White Earth RBC offices will be closed on Monday, Sept. 2 for Labor Day and will reopen on Tuesday, Sept. 3 at 8 a.m.

# MEBH MOMS AND MATS PROGRAM NOTICE!

Are you or someone you know in need of support through the MOMS or MATS programs? We're here to help!

Contact Us:

Naytahwaush (NTW) MOMS/MAT Phone: 218-935-3039 Alternate Phone: 218-935-4041

### Notice:

Our 936 numbers are currently not working. For assistance, please reach out to us using the numbers above.

Please get in touch for support, resources, or any questions you may have. We are dedicated to providing the care and assistance you need.

A DAY OF INDIGENOUS YOUTH, SCIENCE,
HEALTH AND MEDICINE

# MASHKIKI MAAMIGINAN

Friday October 11, 2024 9-1

White Earth Trbial Community College With lunch and swag provided for all youth and staff

RSVP MEGAN LHOTKA LHOTKO25 & UMN.EDU OR CALL 218-401-0184 FOR MORE INFORMATION ON ATTENDING. CHII MIIGWECH!

Sponsored by: Center of American Indian and Minority Health University of Minnesota Medical School, W.E.T.C.C. and Medica

Native American Students interested in a health related or science career are invited to join us for our first of three events on Oct. 11 from 9 am-1 pm. School districts being invited are: Waubu-Ogema-White Earth, Circle of Llfe Academy, Mahnomen Public School, and Detroit Lakes Public school. The targeted audience is Native American youth in grades 7-12. Registration forms will be sent to each district when school resumes in the fall. Traditional teachings and practices will open the event in a good way. Dr. Laura Lhotka (White Earth descendant) and Dr of Family Medicine will keynote this event.

### **News From Chairman Michael Fairbanks**

Aaniin Boozhoo Gaa-waabaabiganikaag Niminwendam Waabaminaan!

Manoominike-Giizis.

Aaniish inaa akawe ninga-gaagiizomaag aadizookaanag.

Weweni-sago-na.

Greetings White Earth Nation I am Happy to See You!

It is already August the Moon of Ricing Harvest. Everyone Be Safe, Stay Safe.

We had an amazing second annual Sturgeon Moon Powwow it was awesome spending time with many of you. Our ricing season will be here very soon and I have a story that my mother's grandmother told her.

We are the largest nation in Minnesota and we will always be heart of many Anishinaabe. Many of our people came here from other tribal nations removed to our Gaawaabaabiganikaag Ishkonigan, White Earth Nation territory by the Federal Government in an attempt to acquire all of the other nation's resources and land. But it didn't work because many stayed on their home but many relocated here also. So we have a huge population that loves and carries on our traditional manoomin harvest now

Our Rice Lake and others are a sacred gifted from Gichi -Manido and the Miigis Shell that guided our ancestors here. We are the second to the last stop before it ended our journey west to where the Food Grows on Water. Our people have eagerly awaited the arrival of Manoominike season for many moons. This is our a special time of the year for it marks the season of the wild rice harvest, a sacred tradition that fills our bodies, minds and spirits.

Right now the air is hot and humid during the day and cools off during the night. This particular weather is ripening our wild rice. As children we would gather at the edge of the rice lakes, watching our parents head out to look at the first signs of ripeness.

One day, mom's Nokomis, grandmother, called the village together. "We must honor the spirit of manoomin," she said. "It is our responsibility to harvest it with respect and love." The people listened and nodded their heads.

Nokomis led the community in a prayer, thanking Gichi-Manido for the abundance of wild rice. As we offered our asema, tobacco and feast to the waters of wild rice, we felt a deep connection to the land and the spirit of that rice. We gathered our canoes, knockers & poles and got ready.

As we harvested, we shared stories of our relatives and the teachings of Mama Aki, the land. As we did our laughter would echo across the lake, along with the sounds of the poling and knocking.

Before the sun set we returned home with our canoes overflowing with rice. We gathered around and made an offering to the manoomin and manidoog, spirits and we celebrated our first harvest every year.

### Here's an update from the Indian Health Service: White Earth Service Unit (WESU)

White Earth IHS meets bi-monthly with our Tribal partners and Tribal Health Division. IHS is planning a cultural training for Sept. 18. This training will be held at White Earth IHS Clinic. Rob Tibbetts will be performing the training for the staff. The White Earth Clinic will be closed on the morning of Sept. 18 so all staff can attend in-person training. Services will start at 1 p.m. on Sept. 18.

IHS has also restarted the art committee and will



start displaying our beautiful artwork again. This will include the Veteran's Wall by Pete Fairbanks and Budd Parker. They will also add a women's Veteran's Wall to this.

WESU has completed 100% of all required training for new employees and annual training. To offer the opportunity for staff to fulfill these requirements, ELT planned scheduled administrative time weekly. This promotes time management and does not interfere with direct patient care and activities. Investing in our staff increases knowledge, competency, and skills, which results in the best pathway to carry our excellence and quality to our patients. AAAHC accredits WESU. We follow medical and dental home models that align with the five pillars: 1. Understanding and Collaboration, 2. Accessibility, 3. Comprehensiveness of Care, 4. Continuity of Care, and 5. Quality. The recent re-developing of medical and dental teams has supported a more in-depth ability to improve overall access and improved health-

We can better gauge the quality of patient experiences by using one standardized patient experience survey. This electronic survey is based on the IHS national survey. Unlike previous surveys, it includes two specific access questions to inform management of system-wide access issues.

Dental is working to recruit highly qualified dental staff. Recently, one candidate was offered, and three more dentists are in the queue, which is very exciting. Dr. Cumba has consistently ensured that same-day access for urgent patients improves. We are looking at ways to improve our dental department's overall process and the need for dentures and crowns.

Weight management for both pediatrics and adults is increasing. We are seeing great results and interest in these clinics.

The Naytahwaush clinic has two outstanding providers and will add a third permanent provider in August. Orthopedics is currently being provided out of the NTW facility due to the final phase of the remodel of White Earth. Radiology services, including mammography services, have also been relocated to NTW.

We are currently recruiting an excellent Clinical Director for our service units. We will ensure that the candidate is a proper fit for our service unit.

White Earth Service Unit continues to set a bar high with quality and innovations seen throughout daily operations. WESU has taken a deeper look at overall operations, starting when the patient enters our facility and continuing until the patient is dis-

See Chairman Page 25

### News From Secretary-Treasurer Michael J. LaRoque

Aanin Boozhoo

Greeting White Earth Members, I have the honor of being elected as the Secretary/Treasurer position for the White Earth Tribal Council and this is my 3rd Quarter report ending June 30, 2024. Our Fiscal year runs from Oct. 1, 2023 to Sept. 30, 2024.

### Fiscal Year 2024 Budget

Due to the fiscal year dates, the RBC must have a general fund budget in place by Sept. 30, 2023. This budget was approved by the Tribal Council and adopted by resolution on Sept. 30, 2023. The budget adopted accounts for revenues in the amount of \$15.96 million which consists of State of Minnesota Tax revenue and expenditures in the amount of \$22.46 million. These expenditures are incurred for departments that operate more for the good of the band members than to make a profit. These include Education, Public Safety, general government, Human Services, Public Works, Economic Development, and Culture among others. This allows for a budget deficit of \$6.34 million which will be funded by distributions from the Shooting Star Casino. This deficit includes all capital expenses.

Fiscal Year 2024 3rd Quarter

### **General Fund**

This quarters FY24 budget for governmental activities ending June 30, 2023, is at \$22.4 million with expenses at \$13.5 million with a balance of \$8.9 million.

### Gaming

Consolidated revenue for Mahnomen, Bagley, and all other gaming revenue for the 3rd Fiscal Quarter of FY2024, ending June 30, 2024, was \$30.6 million. The consolidated expenses for the Quarter were \$23.6 million. Consolidated net income for the quarter was \$7 million; Mahnomen is at \$6.1 million, and Bagley is at \$855,000.

The budget through the 3rd Fiscal Quarter was \$79.6 million of revenue and \$72.6 million in expenses for a budgeted net income of \$7.0 million for the first nine months of FY2024. YTD Revenue was \$7.9 million higher than the budget while expenses were \$4.1 million lower than budget resulting in net income being \$12 million higher than budget.

The Bagley Casino for the 3rd quarter ending June 30, 2023, earned \$3 million in revenue with expenditures of \$2.2 million. Bagley Casino has a net income for the quarter of \$855,000.

Shooting Star Casino cash on hand on March 31, 2023, was \$80.8 million. The cash on hand at the close of the last fiscal year, Sept. 30, 2023, was \$77.2 million. After Shooting Star Casino capital improvement spending and over \$10 million distributions to the White Earth RBC, cash has increased by \$3.6 million during the first three quarters of the fiscal 2024

The unaudited preliminary numbers are subject to change as the numbers are finalized.

# ARPA (Local Assistance and Tribal Consistency Fund)

This quarter FY24 ARPA funds a cash balance of \$21 million with \$11.62 million in expenses with revenues balance of \$33 million.

### **Other Grant Funds**

In this quarter of FY2024, we have recorded \$53.22 million dollars in other grant funding while recording \$55.74 million in expenditures. The other grant funds consist of grants from Federal, State, and local funding agencies. The funds are meant for a specific program, service, or activity and must be budgeted as such.



### **Behavioral Healt**

In this quarter of FY2024, we have accounted for \$28.7 million in revenue while recording \$25.9 million in expenditures. This leaves us with 3.5 million. The ending cash balance in Behavioral Health funds is \$48.1 million, in addition, there is an investment account of \$15 million.

### Youth and Elder Funds

The casino purchased 12 AGS machines, one-sixth of the gaming revenue from those machines provide the funding for the Youth and Elder Fund. Six of those machines are in the casino on the back wall near the Smoke Restaurant. The remaining six machines are in the middle of the northern portion of the floor. All AGS machines on the casino gaming floor earn guest rewards points when playing with their player card. (This is not the case with AGS machines offsites). The funding in this program is designed to help assist with costs associated with group activities supporting enrolled youth and elder members of White Earth Nation. These donations are authorized by the Tribal Council.

In this quarter of FY24, we have \$396,514 in revenue while recording \$169,789 in expenditures. This leaves us with a cash balance of \$226,725.

I would also like to say that I have been holding all divisions in line to stay within their approved budgets or come in under these approved budgets. The last two years we have been under budget with no budget amendments.

I am at the two-year mark of my term as Secretary/Treasurer, and I have always said that we need to continue to move forward and secure our future for our next generations to come. I look forward to continued success for the next two years of my term.

In closing I want to thank the members of the White Earth Nation for giving me this opportunity to serve as the Secretary/Treasurer for this great nation. I look forward to moving forward with great progress and optimism and I hope we can work together for a brighter future. Miigwech!

Michael J. LaRoque Secretary-Treasurer

### **WE Urban Office**

The White Earth Urban Office is located at 1730 Clifton Place, Suite 100 in Minneapolis.

612-813-1590 Office hours are 8 a.m. to 4:30 p.m.







### News From District II Rep. Eugene Sommers

Boozhoo Anishinaabe, This month the MCT hosted the Tribal Executive Committee meeting on the Bois Forte Reservation. Progress was made in several key areas, including welcoming new members to the MCT Education and Human Services Subcommittee and discussing expanded BIA funding eligibility. The RBC engaged with Becker County on timber sales, emphasizing the need for cultural assessments, and met with IHS to review the 638 Process. Additionally, important consultations with the Minnesota Department of Health and the USFWS focused on funding allocations and co-stewardship of the Tamarac Wildlife Refuge.

# MCT Education Health & Humans Service Sub Committee

This meeting was hosted at Fortune Bay Casino on Bois Forte Reservation. The Education and Human Services Committee spent a majority of the meeting welcoming new members to the committee and elected a new Chair for the Committee, Toby Stephens of Grand Portage.

The Education Report was given by Billie Annette

- JOM Committee will be scheduling an all inclusive training with parent committees.
- BIA Funding eligibility opened up to first and second generation descendants.
  - Expecting an increase in BIA funding.

### **Becker County Timber Sales Consult**

The RBC met with Becker County Commissioners and staff to discuss timber sales. The Tribe requested to be notified about proposed timber auctions on county land within the Reservation boundaries. A plan was proposed to conduct a cultural assessment on land that Becker County intends to auction for timber cutting. Becker County staff explained that the timber is diseased and needs to be cut to prevent the disease from spreading.

The RBC expressed concerns about the impact of harvesting practices on Tribal Members' ability to gather seasonal foods and the destruction of maple stands and berry patches. The RBC suggested coordinating efforts to determine suitable times for site access to avoid conflicts and damage to cultural areas

### **Minnesota Department of Health Consultation**

On July 10, the White Earth RBC met with the Minnesota Department of Health. During the meeting, it was revealed that counties within the Reservation receive funding allocations based on population counts. However, while Tribal Members are included in these population reports, no corresponding funding is allocated to the Tribe. This issue will need to be addressed during State and County consultations.

### **IHS 638**

The RBC met with IHS on July 16 to discuss the 638 Process and review budgets. The 638 Process, also known as the Indian Self-Determination and Education Assistance Act (ISDEAA) or Public Law 93-638, is a legal mechanism that enables Tribes to contract with the Federal Government to manage and operate specific Federal programs.

### U.S. Fish & Wildlife Service Co-stewardship

On July 23, the RBC met with the USFWS regarding Tamarac Wildlife Refuge. Similar to the 638 Process the RBC is seeking to take over management of the Wildlife Refuge. A Co-Stewardship agreement is the next step in this process. White Earth Nation has already been working collabora-



tively for years with USFWS on managing Tamarac and I feel that the transition will go very smoothly.

### RTOC Region 5

The Army Corp of Engineers joined the RTOC discussion for the first time. They will be regular participants in the future. Discussions included Waters of the United States and the Sackett decision. Army Corp of engineers will begin incorporating Cumulative Impacts and Indigenous Knowledge in their decision making on Reservations and throughout the ceded territory. They will also be taking into consideration climate change and hydrological issues.

The Army Corp has Tribal Partnership Program that has opportunities to collaborate on Technical studies for tribes with 219 authority, working on environmental infrastructure, and opportunities to collaborate on studies for wetland protection and can help bolster partnerships for policy on the Boundary Waters working with the International Joint Commission.

US EPA has issued Federal Rulemaking to increase protections through the Clean Water Act to protect Treaty Resources throughout the ceded territories. Tribes are working with the EPA on the assertion of the rulemaking. This Rulemaking is being challenged by 12 States. White Earth has joined on as defendants in this lawsuit.

The EPA issued a Federal Rulemaking to change the status of the National Tribal Operations Committee from a Tribal Partnership Group (TPG) to a Federal Advisory Committee. This has been met with objection from Tribes throughout the nation. White Earth consulted on this rulemaking and is submitting formal comment in opposition to this change.

Tribes are requesting EPA for funding for PFAS testing. Testing would include water, soil, rainwater, and fish tissue. Saginaw Chippewa have a lab that is capable of testing fish tissue for PFAS. EPA and MPCA are working to find money for Tribes to conduct PFAS testing.

The EPA Office of Regional Council discussed some court decisions that could have regulatory impacts. Cases discussed were the overturning of the Chevron Decision which gave agencies like the EPA the authority on regulation. This has the potential to increase the amount of regulatory decisions that are decided in court. Other Cases discussed were Bad River v Enbridge, Michigan v Enbridge, and Enbridge v Whitmer. These cases are still ongoing in the Line 5 pipeline fight. As of now, the courts have been upholding the Treaty Rights in the cases involv-

### See Sommers Page 25

### **Rez Briefs**

### RBC offices closed for holiday

White Earth RBC offices will be closed on Monday, Sept. 2 for Labor Day and will reopen on Tuesday, Sept. 3 at 8 a.m.

### Ogema VFW Post 9880 Auxiliary meeting

The Ogema VFW Post 9880 Auxiliary meeting is Monday, Aug. 12 at 9 a.m. at the VFW Hall in Ogema. All members are encouraged to attend. If you would like to join our group please contact Carol Fabre for more information at 218-983-3443 or 219-401-1219.

### **Reservation Community Picnics**

Community picnics will be held from 4 to 6:30 p.m. in the following communities: **Pine Point** (pow wow grounds) - Thursday, Aug. 8, **Ogema** (community park) - Aug. 29, **Elbow Lake** (shelter) - Sept. 7, and Naytahwaush (pow wow grounds) - Sept. 10. The events are sponsored by White Earth Behavioral Health CSOs, CHOWS, Overdose Response, and local community councils. These are drug and alcohol free events.



2024 Annual Picnic &
4th Annual Carl Fransen's
White Earth Kas Talent Contest

WEUCC cordially it vites white Earth Familie & Franch to the Annual Summer Pronic where there will be great food, fun and door or tes.





Where: Wabun Shelter D 4343 Minnehaha Minneapolis, MN

When: September 21, 2024 11am-3pm

Meal served at 12:00 PM

Sign up for the Talent Contest by going to the White Earth Urban Community Council Facebook Business Page. In the Comments, list your name or names of those who are interested and what talent you will showcase. For more information call Char at 651-262-7602.

# **Valley View Manor**

Valley View Manor in Ada has 1 bedroom units for rent.

Rent is based on 30% of your adjusted monthly income calculated per HUD guidelines up to a contract rent of \$750 and includes: Water, Sewer, Garbage and Heat.

For more information contact DW Jones Management. 218-547-3307 or apply at www.dwjonesmanagement.com



CREATING BETTER LIVING Equal Housing Opportunity









### Iron Range Area Community Council

The Iron Range Area Community Council holds a meeting on the second Thursday of each month at 6:30 p.m. at the Greenway Township Hall in Marble, Minn.

### News From District III Rep. Laura Lee Erickson

Aaniin Anishinaabe,

Miigwech again to everyone who believed in me, supported me in the election. I appreciate this opportunity and it is truly an honor to serve and work with you all.

It has been a busy month. Many different projects moving forward, I will give some brief updates on meetings, events and projects. I will be meeting with the construction and finance team soon. We had a meeting scheduled but had to push it back to this upcoming week.

### **Becker County Tax Forfeited Timber Sales**

Tribal leaders and staff met with Becker County staff and two Commissioners regarding current and prior timber auction sales. The importance of sugarbush, burial mounds and other cultural items was emphasized by the Tribe. Becker County and White Earth Forestry Department will be meeting frequently to identify other maple tree areas and review the sales. Becker County will send notices immediately to the Tribal Historic Preservation Officer so she has time to do proper research prior. We agreed to continuous meetings to stay ahead of this issue and the goal is to work together to ensure to protect our environment and cultural resources.

# Tribal Executive Committee (TEC) meeting at Fortune Bay Casino

I attended the Finance Subcommittee meeting. These meetings are closed to the public. I was nominated to be Vice-Chair and accepted.

New tribal leaders were sworn in at the TEC meeting. Discussion about the MCT Constitution and removing the Secretary of Interior in secretarial elections was discussed. White Earth delegates proposed that more protection options be explored before proceeding with removal of secretarial election. We are seeking tribal member input on these important issues. MCT Constitution Reform meetings are held monthly, rotating reservations. The next meeting is scheduled for Aug. 16 from 9 a.m. to 4 p.m. at Fond du Lac.

The White Earth Constitution Reform Delegation has an open seat for District 3 and seeking nominations. The election will be held Saturday Aug. 10 at the Pine Point Powwow from noon to 3 p m.

Drug Task Force meetings are starting up again. The White Earth Program attended this meeting. Collaboration between White Earth Programs and Community Councils to work together starting with surveys to receive input and ideas. I left the meeting early to meet with Carol Thompson, CEO of Boys and Girls Club to discuss District 3 Boys and Girls Clubs and toured the Mahnomen Club site. Wow, the building remodel is amazing. We will be working diligently on the Elbow Lake and Callaway Boys and Girls club.

The 12th Annual National Native Harm Reduction conference was held at the Shooting Star Casino. We continue to create awareness, prevention. If you or someone you know are struggling, please reach out for help.

Boys and Girls Club held Indigenous games at Circle of Life School. There was a great turn out and the youth enjoyed the games that included wooden stick ball, longball hit, wooden stickball throw for distance. Miigwech to Dan Ninham and Chamisa Goodwin for teaching our youth!

I attended the White Earth Housing Authority Board meeting which is held each month. Staff are working through tax credit home conveyances. Some tenants came to meet with the Housing Board with concerns. Project update was provided on the Elbow Lake homes, some are being re-sided, new roofs.

White Earth RBC held the annual employee picnic. It was beautiful day filled with laughter and



smiles. Activities included 5k walk/run, volleyball tourney, beanbag tourney, axe throwing, live music, a meal and drawings. We hope the employees enjoyed this day dedicated to recognize all their hard work. Miigwech to all of our employees for working hard each day to serve our communities and tribal members.

Tribal leaders and staff met with USFWS Regional Director and their staff to discuss next steps after the recent MOU signing. Some co-stewardship has been happening and will continue to increase. We discussed how to collaborate/involve youth. Tamarac Refuge has approximately 150 volunteers to assist with the upkeep of trails, the gift shop, etc. WEDNR and USFWS will continue to meet quarterly to continue planning.

White Earth Community picnic was held at the new playground, basketball court and was well attended. The Community Service Officers (CSOs) provided a meal, drawings and other programs set up tables with drawings for prizes. Miigwech to the CSOs and other programs for making these picnics a success. I want to acknowledge Sue Heisler for assisting with the funding for the playgrounds throughout our reservation. Our families deserve a safe place to gather.

White Earth DNR held a community meeting regarding leeching issues at the White Earth Community Center. Issues of lake jumping, stolen canoes and traps were discussed which has been a big issue. White Earth DNR are out and about checking trappers and lakes. Please report the issue to dispatch ASAP you know about it. You can reach Dispatch at 218-983-3281.

District 2 Representative Eugene Sommers and I joined White Earth DNR, Cultural staff, and Tamarac Refuge staff at the Refuge to feast and have ceremony at Mitchell Damn and Flat Lakes prior to our ricing season

The RBC monthly meeting was held at the Shooting Star Casino Event Center. Tribal leaders each gave updates followed by updates from the Community Councils, White Earth Council of Elders, White Earth Elders Commission, White Earth Tribal and Community College and White Earth Indian Health Service. Consent Agenda/Signatory Requests were approved. White Earth Pesticide Coordinator presented a proposed Pesticide Code changes that will be posted for public comment on the website.

Tribal leaders and staff met with Minnesota Housing Finance Commissioner Jennifer Ho and housing, homelessness and grant opportunities. There is a lack of housing and supportive housing, working together to identify a strategic plan is necessary.

### See Erickson Page 19



Submitted photos

White Earth Natural Resources recently hosted a HAZWOPER Certification Course. This group photo was taken in front of the Mahnomen Fire Station.

### White Earth hosts HAZWOPER certification course

During the week of June 24, Alabama Fire College instructors Ruby Dawn Manning and Roy Stover provided a 40 hour HAZWOPER certification course to Tribal and local partners who work with hazardous waste or may be called to respond to emergencies where hazardous materials are present.

According to OSHA.gov, the HAZWOPER standard provides employers, emergency response workers, and other workers potentially exposed to hazardous substances information and training criteria to improve workplace safety and health and reduce workplace injuries and illnesses that could

occur from exposures to hazardous substances.

The training was provided free from the Alabama Fire College which operates on grants to provide safety training in Native communities.

Tribal employees from Bois Forte, Yankton Sioux, Grand Portage, Sisseton Wahpeton Oyate and Bad River traveled to Mahnomen to attend the training as well. The 40-hour course included classroom work and hands on training in full SCBA. All participants would like to send their appreciation to the Alabama Fire College for making this training possible on White Earth Reservation.





Tribal employees from Bois Forte, Yankton Sioux, Grand Portage, Sisseton Wahpeton Oyate and Bad River traveled to Mahnomen to attend the training.

### Do you need Behavior Health services for your child?

**The First Thunderbeing House** has services available in the following programs:

<u>Circle Back Center</u> can provide Comprehensive Substance Use Assessments, Adolescent outpatient (High and Low Intensities).

<u>Juvenile Healing to Wellness Court:</u> This program can offer restorative justice work that can improve a child's court outcome and use a team approach to restoring a clean legal record.

<u>Dually Involved Youth services</u>: In DIY we offer supportive case management services to area youth in regards to school, mental health or substance use services.

If you have any questions or would like to get more information please call us at 218-983-4693 or 218-401-3973.

Our offices are open Monday through Friday from 8 a.m. to 4:30 p.m.

### White Earth Council of Elders

By Tim Rindahl, Chairman

White Earth Nation Council of Elders

Boozhoo.

July went by way to fast soon old man winter will be knocking on the door so get out and do all the visiting you can do before it gets too cold.

The 4th of July was a blast and the fireworks were awesome, but kind of glad it's over because my dogs did not like it.

The Elders picnic that was held June 27 at the Rediscovery Center was really good and I want to thank the ENP staff for all their hard work - those on the front line are awesome.

We would like to thank all the departments that helped put on this event. All the information and great prizes was much appreciated and we got to visit with our friends that we don't see often enough. While talking with old friends everybody was saying how they are already looking forward to the Christmas party where we can mingle again.

We had a trip to Bois Forte for the TEC meeting on July 8. Everyone had fun so I encourage anyone who would like to experience this to give it a try. Our next TEC trip will be Oct. 29-30 at Leech Lake so stay tuned to when the bus will leave and return, as soon as we know we will get the word out. Please remember to bring extra cash and we will need names, phone numbers and address when you sign up and also a \$20 deposit to ensure your spot on the bus. You will get your deposit back when we get to Leech Lake. We have to do it that way to make sure we have enough spots on the bus - in the past people would sign up and not show up after we told everyone that the bus was full so that caused confusion and we hate to leave anyone behind.

We also have a trip planned for the Urban Elders Council Picnic on Sept. 16 in the Twin Cities so we will leave the reservation on Sept. 15. The bus will leave right after the picnic and we will be full and ready for a nap on the way home.

We talked with Curtis Rogers about updating the bus policy so that we don't have anyone walking around while the bus is in motion for the safety of all. He said that he would, and we are going to make a pamphlet so when you get on the bus it will explain what we can and cannot do to distract the driver. We also installed a first aid kit along with a defibrillator.

The White Earth Food Shelf in Naytahwaush has been getting fresh vegetables from Wade Jackson who is in charge of White Earth Agriculture. He buys from the Amish so they are not only fresh, but they are organic. Call the Food Shelf at 218-935-6314 and ask when they will be getting more in, they go fast.

We would like to extend invites to all departments to please join us at our monthly meetings where we can get more information on their programs.

I attended the tribal quarterly meeting on July 26 and requested help with connections to programs and people that will get us help in forming a elder handyman service where we will have elders helping elders with small fix up repairs. If anyone wants to donate time to help with the repairs or if you want to share knowledge with others to help with the repairs or if you just want to hang out and visit that's ok too - the more the better so just let us know.

Our next meeting is Sept. 3 at the Naytahwaush ENP site after lunch. As always feel free to reach out to any of us with comments and concerns.

Please remember to check in on your neighbors, friends and family just to make sure they are alright in this hot weather.

Next meetings

Oct. 1: White Earth ENP site after lunch

Nov 5: Rice Lake ENP site after lunch

Dec. 3: Naytahwaush ENP site after lunch

Tim Rindahl (Chairman) / 218-261-0182 Sam Crowell (Vice Chair) / 218-252-9390 Colleen Blattenbauer Monica Perrault

### **Public Safety Advisory:**

### RBC warning against unsanctioned fights on WE Reservation

The White Earth Nation Reservation Business Council is issuing this advisory to warn the public about the significant safety and legal dangers associated with hosting, participating in, or attending unsanctioned fights. Legally sanctioned and regulated combat sports events can promote discipline, sportsmanship, skill, and community; unregulated, unsanctioned events pose serious risks to all involved and harm our community's well-being.

### Safety Hazards

- · Official regulatory bodies do not oversee unsanctioned fights, resulting in uncontrolled environments where safety protocols are not enforced.
- · Participants in unsanctioned fights often do not receive necessary medical checks, increasing the risk of severe injuries or exacerbating existing health conditions. Immediate medical attention is usually unavailable, which can lead to life-threatening situa-
- · If present, referees and judges may lack proper training and experience, leading to poor decisionmaking and an increased risk of injury for fighters.
- Without standardized rules, unsanctioned fights can quickly become dangerous, with participants facing unpredictable and hazardous situations.
- The lack of standardized rules and the absence of licensed security personnel at these events pose significant personal safety risks to attendees.

- Unsanctioned fights are often illegal. Hosting, participating in, or attending these events can result in legal consequences, including fines, arrest, and imprisonment.
- · Hosting an unsanctioned fight on tribally owned property may constitute a lease violation and warrant a lease termination, leading to a notice to vacate immediately.
- Individuals involved in these events may face civil liability for any injuries or damages incurred. Property owners who allow such events on their premises can also be held legally responsible.
- Fighters in these events are still subject to face criminal assault charges from their opponent.

### **Ethical Concerns**

- · These events can contribute to increased violence and other negative behaviors within our community, undermining public safety and cohesion.
- Fighters may be coerced into participating in unsafe conditions, often without adequate protection or compensation.

We urge all community members to avoid hosting, participating in, or attending unsanctioned fights. Instead, support regulated and safe sporting events that contribute positively to our community. Together, we can ensure a safer and more vibrant environment for everyone.

### Ankle Brachial Index are tests available

By Lisa Braun, RN

White Earth Public Health

### What is an ABI test?

An Ankle Brachial Index (ABI) is a measurement of your blood pressure in your arms compared to the blood pressure at your ankles. This comparison will determine if you have Peripheral Arterial Disease (PAD) or not.

### What if I have PAD?

If you have PAD, this means that you have blockages in your arteries to your arms and legs. This will slow blood flow and your arms and legs won't get all the oxygen that they need. You are also at a greater risk for strokes and heart attacks.

### Who needs an ABI test?

- · People diagnosed with Peripheral Arterial Disease
  - If you have pain when climbing stairs
- · Heavy, numb or weak legs when you exert
  - One leg feels colder than the other
  - Your skin looks pale or bluish
  - Less hair on your legs than usual

- Sores on your feet or legs that don't heal like they should
  - Toenails that grow more slowly than they used
  - Trouble getting an erection

### Who is at risk for PAD?

- Being over the age of 50
- Smoking
- Diabetes
- High blood pressure
- High cholesterol

### How are the tests done?

The test lasts for about 10-20 minutes. First you will lie down. The nurse will apply cuffs to both your arms and ankles. You will feel pressure when cuffs inflate. The cuffs inflate one at a time to measure the blood pressure. Results are available soon after the test has finished. You will be given the results and a referral if needed.

To schedule an appointment nearest to you for an ABI test, please call Lisa at 218-255-2204 or Eva at 218-280-6283. Both can be reached at 218-983-3286 just ask to be transferred to either.

### Winners named in annual Tribal Canoe Drawing

The annual Tribal Canoe Drawing was held Wednesday, July 24 at the Shooting Star Casino in Mahnomen.

The contest was open to White Earth members ages 18 and older. Five 17-foot aluminum canoes with paddles were given away. Winners from the past three years were not eligible.

There were 660 entries and White Earth Natural

Resources Director Dustin Roy randomly picked the following winners: Angela J. Vig, Ken Heisler, Anthony J. Malmo, Julian Hellan, and Charlene M. Jackson.

The drawing was recorded and posted to the White Earth YouTube channel and White Earth Facebook

Earth Natural Resources sponsored the contest.

Shooting Star Casino bought the canoes and White



# **Valleyview Commons**

Valleyview Commons in Mahnomen has immediate openings for 1 bedroom units

Rent is based on 30% of your adjusted monthly income calculated per HUD guidelines up to a contract rent of \$615 and includes water, sewer and garbage.

Tenant is responsible for electric and heat.

Currently all ages and incomes welcome to apply!

For more information contact DW Jones Management. 218-547-3307 or apply at www.dwjonesmanagement.com



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### 150

### minutes of moderate exercise is key to be more healthy

You may have heard that getting 150 minutes of moderate intensity exercise can help you be healthier. It will improve your:

- Blood sugar
- Blood pressure
- Sleep
- Decrease your chance of heart disease
- Decrease your chance of premature death
- Confidence
- · Overall health

But dedicating that much time to exercise can seem overwhelming if you're busy, don't enjoy working out or have diabetes-related complications that make physical activity difficult. But don't worry: Tackling 150 minutes of exercise is much easier than you might think!

Be sure to check with your provider before starting or changing your exercise plan.

**TIPS** for getting in your 150 minutes per week benefits.

### **Shorten your sessions**

It's easy to brush exercise aside if you don't have a 30 to 60-minute chunk of time, but you don't need a wide-open schedule to meet your fitness goals. Think about three spots in your day where you could fit in 10 minutes of exercise. It could be a 10-minute jump rope session before work, a 10-minute walk at lunchtime and 10 minutes on an exercise bike after dinner. The health benefits remain: 10 minutes of exercise three times a day gives you the same cardio-vascular benefit as 30 minutes at one time. Just don't go too fun-sized with your sessions. When you're working at a moderate intensity, sweat sessions that clock in at 10 minutes or more are the most beneficial for heart health.

### **Setting smart goals**

If a goal is specific, measurable, attainable, realistic and time-bound, there is a higher chance of sustaining the new behavior, seeing results and avoiding any lapses or relapses.

### Fine-tuning your fitness level

If you're new to fitness, create goals that help you gradually build toward 150 minutes of exercise. If you sit at a desk all day and don't have an exercise routine, your first goal might be to get up from your desk twice every hour and do a walking tour of the office. From there, add 10 minutes of exercise a week until you reach the 150-minute mark. It's not about how long it takes you to get to that goal, more impor-



tant is taking the steps to get there.

### Make time for fitness

To find a time that works for you, think about when you have availability and when you're at your most energized.

Your medication regimen may also affect your workout timing. Certain diabetes drugs, such as insulin and sulfonylureas, can increase your risk for low blood glucose (hypoglycemia). Add in the blood glucose—lowering effect of exercise, and your evening workout may up your risk of overnight lows. In that case, you might be more likely to stick with a morning or afternoon workout regimen instead of working out in the evening.

Sometimes, increasing your amount of exercise will affect your medications. If you aim to exercise two to three hours after eating, for instance, you may need to reduce your premeal bolus of rapid-acting insulin to prevent lows.

### How to stay motivated

Choosing an activity you enjoy, creating a log to monitor your progress and preparing for snags—all of these can help keep you motivated.

### Have fun

Making it fun will help you stick with it—nobody wants to do 150 minutes of something they don't enjoy!

### Track your progress

Log your workouts, make sure your exercise goals are right where you can see them to act as a reminder. Use a calendar on your wall, a day planner or an app on your phone.

### **Excuse-proof your plan**

Come up with an alternative workout option for days the weather isn't great or things don't go as planned. Enlisting a friend to exercise with you is another way to ensure you won't bail on plans.

- Submitted by White Earth Public Health

### Pesticide & Chemical Code Opening for 15 day Comment Period

### By Renee Keezer

Pesticide Coordinator
White Earth Natural Resources

The White Earth Pesticide and Chemical Code is being revised to include updated record keeping requirements. These changes are being made to come into compliance with Federal Regulations.

The Pesticide program will host an outreach event before the comment period opens. Please watch the White Earth Facebook page for more information

The Pesticide program will also be distributing information on the meeting with the revised code

prior to the comment period.

The Pesticide and Chemical Code will open for comment on Aug. 19. The comment period will be open for 15 days. Comments can be submitted to:

White Earth Legal Department 35500 Eagle View Road Ogema, MN 56569

If you have any questions, please contact: Renee Keezer Pesticide Coordinator White Earth Natural Resources 218-935-3651

Renee.Keezer@whiteearth-nsn.gov

### THE DOCTOR'S CORNER

### **Vitamin D Deficiency in Adults**

By Lisa New, BC, FNP-C White Earth Health Center

Vitamin D Deficiency is when you do not have enough of the vitamin in your body. It is also known as the "sunshine vitamin." This vitamin assists in absorbing calcium and phosphorus. Vitamin D Deficiency can cause weak and soft bones, which can break easily and weak muscles, which can cause a higher risk of falls.

### Causes of Vitimin D Deficiency can be related to:

- Dietary intake and absorption: Malabsorption, Gastric Bypass (bariatric surgery, gastrectomy), Small Bowel Disease, Pancreatic Insufficiency.
- Inadequate sunlight exposure, sunscreen use, darkly pigmented skin, night shift workers and those whose cultural or religious dress code limit skin exposure.
  - Cirrhosis, obesity (possibly).
  - Some medications like anti-seizure medicines.
  - Kidney disease, hypoparathyroidism, kidney failure, rickets

### Groups at higher risk for low Vitamin D:

It is common in several populations such as those with increased skin pigmentation (darker skin types), obesity, osteoporosis, hyperparathyroidism, limited sun exposure due to protective clothing or consistent use of sun screens. Those taking medications that accelerate the metabolism of or lower blood levels of Vitamin D, those institutionalized and hospitalized.

The elderly that are confined to indoors, production of Vitamin D through the skin declines with age and its intake is usually lower in the older individuals.

### Symptoms related to low Vitamin D:

Potential symptoms of prolonged or severe Vitamin D deficiency may include bone pain and tenderness, muscle weakness, fractures, difficulty walking, low energy, lower immune system, depression, cardiovascular disease among other conditions.

Sources for Vitamin D are as follows:

See Vitamin Page 24

Battery recycling is now available at all White Earth Sanitation Transfer Stations.

Please see the guidelines below for what is acceptable. Battery recycling is free of charge to our customers. Bring us your old batteries and we will do the work of recycling them properly

We thank you now and the planet will thank you later!



Nickel Metal Hydride performs well in high drain devices and can be recharged up to 1,000 times. It's cadmium-free, but can be pricey.

Ni-MH batteries can typically be found in cordless power tools, digital cameras, two-way radios and cordless phone



Nickel Cadmium is the least expensive of secondary/rechargeable batteries, and can be recharged up to 1,000 times. Cadmium can be toxic to the environment and should be recycled.

Ni-Cd can typically be found in cordless power tools, digital cameras, two-way radios and cordless phones.

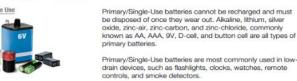


Small Sealed Lead Acid (SSLA/Pb) batteries are simple to manufacture and have one of the lowest discharge rates of any rechargeable battery.

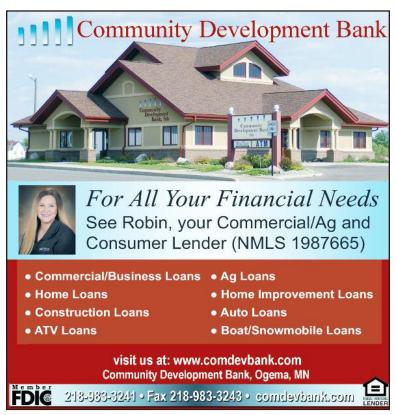
SSLA/Pb can typically be found in emergency devices, emergency exit signs, security systems, mobility scooters an UPS back-ups.

Lithium Ion has excellent performance in high drain device though it can be considered expensive.





The Naytahwaush Harvest Fest Powwow is Sept. 7-8







### It's important to take care of your mental health

By Deondra Jackson, MSW, LGSW White Earth Mental Health

Boozhoo from White Earth Mental Health! July celebrated Minority Mental Health Awareness Month and International Self Care Day on July 24. Let's discuss why these two things are important!

Minority Mental Health Awareness Month: Mental health is a part of overall health! Mental health conditions cause changes in thoughts, feelings, and mood. Mental health conditions can affect many areas of our lives including home, work, school, relationships with others, sleep, appetite, decision making, and may worsen other medical problems. We are all affected by mental health, but one may wonder how this affects our community. Studies show indigenous people have higher rates of mental health problems. Suicide, PTSD, Violence, Substance Use Disorders.

Indigenous communities reporting serious psychological distress, 2.5x more likely than the general population. Some obstacles to mental health care for racial and ethnic minority groups include less access to quality care and treatment, higher levels of mental health stigma, and lower rates of health insurance. With that being said, we may now be wondering, is there hope? Yes, there is hope.

When we start treatment early, be self-aware of our symptoms, and play a strong role in our recovery, we can manage and decrease our mental health symptoms. Culturally component care can improve access and quality of treatment and services. We can also be an advocate for others struggling! Individuals can: learn about mental health, educate yourself and others, learn healthy ways to cope with stress, mental health symptoms, and loss, talk about and normalize mental health, and be conscious of language. Reminder: Our words matter! Mental health is just as important as physical health. Show compassion and support for those struggling with their mental

**International Self Care Day** was on July 24. Why is self-care important? Self-care is an important part of living a healthy and balanced life. It can improve your physical, mental, and emotional health,

and can help you feel more confident and resilient. Some examples of self-care activities include:

**Physical self-care**: Physical activity can release endorphins, reduce inflammation in the brain, and promote feelings of well-being.

- Eat a healthy meal.
- Engage in exercise.
- Go for a walk.
- Drink water.
- Sit in the sun.
- Take a shower/bath.
- Use your medicines!

**Emotional self-care**: This can help you identify and honor your needs and develop coping strategies for managing your emotions.

- Practice mindfulness: Try breathing exercises, meditation, or yoga.
- Connect with others: Call a friend, write a letter, or reach out to family members who can support you.
- Spend time in nature: Go for a walk, bike ride, or watch a sunrise or sunset.
- Do something you enjoy: Try baking, cooking, or dancing.
- Practice gratitude: Write down or think about things you're thankful for.
- Challenge negative thoughts: Identify unhelpful thoughts and try to replace them with positive ones

Set boundaries: Say "no" to new tasks if you feel overwhelmed.

- Practice self-compassion: Note your accomplishments at the end of the day.
- Getting enough sleep: Not getting enough sleep can make it difficult to make decisions, solve problems, and control your emotions.
- Taking breaks: Taking even a few minutes to recharge your mind can help reduce stress. You can try activities like reading, taking a walk, or doing a hobby.

**Save the Date**: Sept. 11! White Earth Mental Health will be hosting our annual Suicide Prevention and Awareness Event. More details to come!

Miigwech!

### White Earth well represented at TEC meeting



Photo by Becky Howard

A delegation of White Earth members attended the TEC meeting July 8-9 at Bois Forte Reservation. Chairman Michael Fairbanks was sworn in to the TEC, and Secretary-Treasurer Michael LaRoque was voted in as the new MCT President!

### White Earth Reservation

2024/25 Hunting/Trapping Seasons & Limits

### **Big Game**

### **Yearly Limit**

**Bear Baiting** Aug. 3 - Aug. 16, 2024 Aug. 17 - Oct. 31, 2024 Bear Season Deer (primitive weapons) Sept. 1 - Dec. 31, 2024 Deer (modern firearms) Oct. 26 - Dec. 31, 2024 Youth Deer Firearms Oct. 12 - Dec. 31, 2024

A total of 1 deer in combination w/primitive or modern firearms.

Moose, Gray Wolf, Lynx, Elk

Closed, No Season

or fall season.

### **Small Game**

<b>\</b>		Daily Limit
Mourning Dove	Sept. 1 - Nov. 30, 2024	25
Rail	Sept. 1 - Nov. 30, 2024	25
Snipe	Sept. 1 - Nov. 30, 2024	10
Coots	Sept. 1 - Nov. 30, 2024	20
Woodcock	Sept. 1 - Nov. 30, 2024	10
Cottontail Rabbit	Sept. 1 - March 31, 2025	20
Snowshoe Hare	Sept. 1 - March 31, 2025	20
Jack Rabbit	Sept. 1 - March 31, 2025	20
Gray/Fox Squirrel	Sept. 1 - March 31, 2025	20 (combined)
Ruffed Grouse	Sept. 1 - Jan. 12, 2025	6
Hungarian Partridge	Sept. 1 - Jan. 12, 2025	6
Ring-Necked Pheasant	Sept. 1 - Jan. 12, 2025	4 (males only)
Raccoon	Sept. 1 - March 31, 2025	No limit
Red/Gray Fox	Sept. 1 - March 31, 2025	No limit
Coyote	Continuous	No limit
Prairie Chicken	Closed, No Season	0
<b>Sharp-Tailed Grouse</b>	Closed, No Season	0
Sandhill Crane	Close - No Season	0
		Yearly Limit
Wild Turkey	Fall Sept. 7 - Oct. 31, 2024	2 Tom/male only in
·	<b>Spring</b> April 1 - May 31, 2025	combination with spring

### **Waterfowl**

		Daily Limit
Geese	Sept. 1 - Dec. 15, 2024	8 (All species combined)
Ducks	Sept. 7 - Dec. 15, 2024	10 (No more than 2 hen mallards. No more than 2 canvasback and 2 pintail)
Mergansers	Sept. 7 - Dec. 15, 2024	5 (No more than 2 hooded)

### Trapping\*

		<b>Annual Limit</b>
Raccoon	Sept. 1 - March 31, 2025	No Limit
Badger	Sept. 1 - March 31, 2025	No Limit
Fox (Red or Gray)	Sept. 1 - March 31, 2025	No Limit
Coyote	Sept. 1 - March 31, 2025	No Limit
Beaver	Oct. 1 - April 30, 2025	No Limit
Muskrat	Oct. 1 - April 30, 2025	No Limit
Otter	Oct. 1 - March 31, 2025	5
Mink	Oct. 1 - March 31, 2025	No Limit
Bobcat	Nov. 1 - Jan. 31, 2025	6
Fisher/Pine Marten	Nov. 1 - Jan. 31, 2025	4
Lynx,	Closed, No Season	0
<b>Gray Wolf</b>	Closed, No Season	0

\* White Earth tribal members who trap Otter, Fisher, or Bobcat must register these animals at the White Earth Land office or the White Earth Natural Resources office in Mahnomen. Trappers are reminded they must bring the animal with them along with their tribal ID and harvest permit. For more information call 218-573-3007.



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White Earth Band of Ojibwe

# **SMALL BUSINESS** CREDIT INITIATIVE

AND COLLATERAL SUPPORT





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This institution is an equal opportunity provider and employer

The Small Business Credit Initiative program is operated under the funding requirements of the US Dept of the Treasury. White Earth Investment Initiative is the SSBCI Contracted Entity for the White Earth Band of Oilbwe.





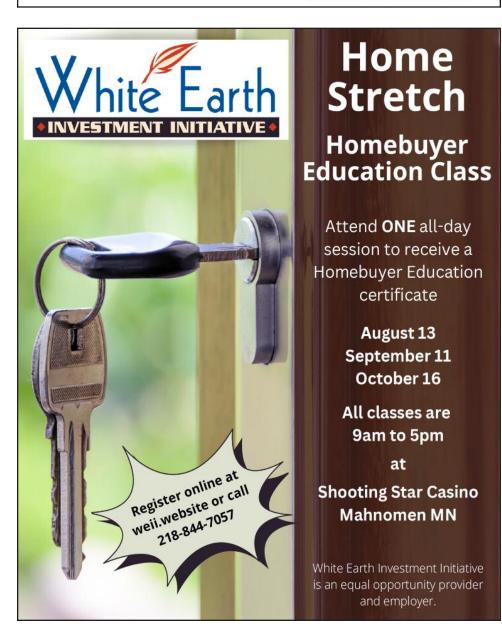
### DO YOU WANT TO:

- CREATE A HOUSEHOLD BUDGET?
- SET UP A PERSONAL SAVINGS PLAN?
- BUY YOUR OWN HOME?
- ESTABLISH OR REPAIR CREDIT?
- SET FINANCIAL GOALS?

**We can help!** Financial wellness counseling is a service provided by White Earth Investment Initiative and made possible by support from Minnesota Housing, Minnesota Homeownership Center and the Oweesta Corporation. White Earth Investment Initiative is an equal opportunity provider and employer.

Call 218.844.7057 to schedule your appointment today!







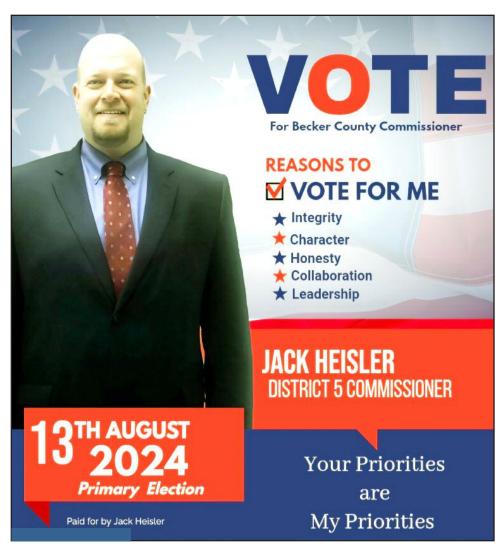


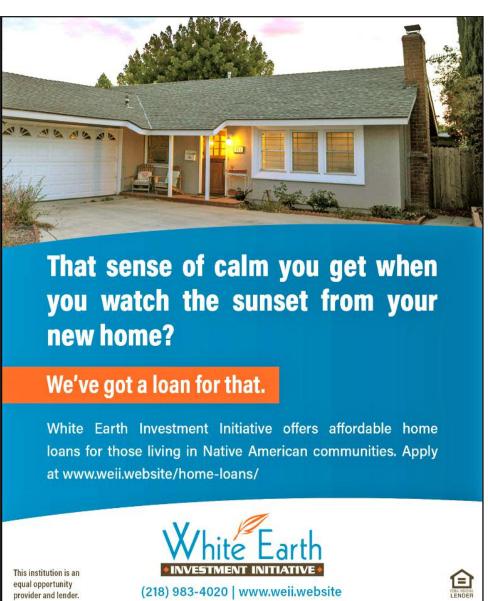
### White Earth Reservation Enrolled Elderly Lawn Mowing Program

DATE APPLYING:
Name: Spouses Name:
Mailing Address:
Physical Address: Permanent residency is required.
Telephone # Cell # Work #
Birthdate: Spouse's Birthdate:
Enrollment # Spouse's Enrollment # Attach a colored copy.
Do you own the home: Yes No if not, name your landlord?
Do you live in a Housing home?, as they plow for their own Residents/Units.
Which district do you reside in: District I District II District III
Detailed directions to your residence (only for new applicants):
Would you consider your lawn to be small, medium, or large?
***Lawn mowing will be done every two weeks; area needs to be cleared of debris.
***Dogs must be tied up, fenced in, or housed during service.
***Weed trimming, bagging of grass & mowing ditches will not be provided.  ***Mowing service will end after Labor Day weekend.
Moning service minerial arter Dabor Day neckella.
White Earth Water & Sewer Department P.O. Box 418 White Earth, MN 56591

Phone #: 218-983-3202 Fax #: 218-983-4350

 $E-mail\ address:\ Lisa.Donovan-Larson@whiteearth-nsn.gov\ or\ \underline{Burnhamtibbettsiii@whiteearth-nsn.gov}$ 





You can reach the *Anishinaabeg Today* at 218-935-3569 or today@whiteearth-nsn.gov

### **RESOLUTION NO. XX-24**

WHEREAS, the Minnesota Chippewa Tribe ("MCT") Tribal Executive Committee

is the duly elected governing body of the Minnesota Chippewa Tribe, which is comprised of six federally recognized tribes of the following reservations: Bois Forte Band, Fond du Lac Band, Grand Portage Band, Leech Lake Band, Mille Lacs Band, and White Earth

Band; and

WHEREAS, the Tribal Executive Committee is comprised of the Chairpersons

and Secretary/Treasurers of the six Bands; and

WHEREAS, Article XII of the Revised Constitution and Bylaws of the Minnesota

Chippewa Tribe governs constitutional amendments; and

WHEREAS, Article XII provides that the Revised Constitution and Bylaws may be amended "by a majority vote of the qualified voters of the Tribe voting at an election called for that purpose by the Secretary of the

Interior"; and

WHEREAS, Secretarial elections are federal elections and are governed by 25

C.F.R. Part 81; and

WHEREAS, the Secretarial election requirement of the Revised Constitution and Bylaws is based on paternalistic policies that were common in tribal constitutions adopted pursuant to the Indian Reorganization Act of

1934: and

WHEREAS, recent disagreements with the Bureau of Indian Affairs have

hindered constitutional amendment efforts and the Tribal Executive Committee finds that it is time for the Minnesota Chippewa Tribe to take primary responsibility over the constitutional amendment

process: and

WHEREAS, the Tribal Executive Committee of the Minnesota Chippewa Tribe

finds that it is necessary and appropriate to amend the Revised Constitution and Bylaws through a Secretarial Election to remove

the federal government's involvement in the constitutional amendment process; and

NOW THEREFORE BE IT RESOLVED, that the Tribal Executive Committee of the Minnesota Chippewa Tribe requests the Assistant Secretary – Indian Affairs

Resolution XX-24

October 30, 2024

Page 2 of 2

to call a Secretarial Election to present the proposed amendment to Article XII of the Revised Constitution and Bylaws; and

BE IT FURTHER AND FINALLY RESOLVED, the proposed amendment to Article XII of the Revised Constitution and Bylaws reads as follows:

This constitution may be revoked by Act of Congress or amended or revoked by a majority of the qualified voters of the Tribe voting at an election called for that purpose by the Secretary of Interior Tribal Executive Committee if at least 30 percent of those entitled to vote shall vote. The constitutional amendment process shall be governed by the uniform election ordinance. No amendment shall be effective until approved by the Secretary of the Interior. It shall be the duty of the Secretary Tribal Executive Committee to call an election when requested by two-thirds of the Tribal Executive Committee.

We do hereby certify that the foregoing Resolution was duly presented and acted upon by a vote of \_ \_\_For, \_\_\_Against, \_ \_Silent, at a Regular Meeting of the Tribal Executive Committee, a quorum being present, held on October 30, 2024 at Walker, Minnesota.

Mike LaRoque, President The Minnesota Chippewa Tribe April M. McCormick, Secretary The Minnesota Chippewa Tribe

### BRODEEN & PAULSON, P.L.L.P.

### MEMORANDUM

To: Minnesota Chippewa Tribe, Tribal Executive Committee

Philip Brodeen, Legal Counsel FROM:

July 22, 2024 DATE:

SUBJECT: Plan for Addressing Outstanding Issues Related to Removing

the Secretarial Elections from the MCT Constitution

On April 23, 2024, the Tribal Executive Committee of the Minnesota Chippewa Tribe instructed legal to prepare a resolution that would remove the Secretary of Interior from the constitutional amendment process. I presented a resolution to that effect at the Quarterly TEC Meeting on July 8, 2024. (See attached). Before moving forward with the resolution, there are four important topics that we must address:

1.) Who or what will be replacing the Secretarial Election Process?

2.) Is the 30% requirement still relevant to the MCT?

3.) What constitutes 30% and will the BIA have a different interpretation?

4.) When should this Secretarial Election occur and will any waivers be necessary?

The TEC discussed receiving input from the RBC's, Constitutional Committee, and individual communities. After receiving input, the TEC will utilize an Ad Hoc Drafting Group to draft tribal law that would replace the Secretarial Election process with a uniquely tribal process. Below is a proposed schedule that would allow this item to be voted on at the Quarterly TEC meeting on October 30, 2024.

### <u>August</u>

- RBC discussions
- Community discussion
- MCT Legal meets with Constitutional Convention to discuss item 1 (above)
- RBC's designate 2 representatives for Ad Hoc Drafting Group

### <u>September</u>

- Ad Hoc Drafting Group meets to discuss item 1
- Drafting Group creates a process that will be codified in MCT law to replace the Secretarial Election Process
- Draft is circulated to TEC members

### October |

- Draft circulated to RBC's, Constitutional Committee, and communities
- TEC adopts Resolution requesting a Secretarial Election and review/approve the draft process

### White Earth hosts Harm Reduction Summit



**Photo by Eugene Sommers** 

White Earth Secretary-Treasurer Michael LaRoque welcomes attendees at the Harm Reduction Summit on July 16-18 at the Shooting Star Casino in Mahnomen. The threeday event featured several breakout sessions that included: Perinatal Harm Reduction, Naloxone: Expanding Access and Research Updates, Alcohol Harm Reduction: Managed Alcohol Programs, Learning from Our Ancestors in Creating a Resistant Harm Reduction Workforce, and more. White Earth Behavioral Health sponsored a the event.

White Earth Nation has a Facebook page! www.facebook.com/WhiteEarthNation



SEPTEMBER 7TH & 8TH, 2024



Ences

FRANKIE GRAVES & FRANK STECH

Host Down

Arena Directors

THOMAS MASON & LUCAS HISGUN

Spiritual Houser
ROBERT TIBBETTS

Drum payouts to the first 8 drums registered. Drum roll call before each grand entry. All dancers welcome. Dancers must register before each grand entry.

NaytahwaushHarvest Fest Powwow

# Thursday

Blessing the Grounds, 5pm

# **Friday**

Warm-ups

# Saturday

Flag Raising, 10am Grand Entry, 1pm Community Feast, 5pm Grand Entry, 7pm

# Sunday

Grand Entry, 1pm

## **Committee Specials**

Women's Jingle Men's Grass Committee Giveaway

### **Princess/Brave Contest**

Open to youth ages 6-18, enrolled or descendent. Local to Naytahwaush, or have immediate family from Naytahwaush. Must be registered to compete.

Outgoing Princess & Brave Specials TBD

### **Community youth enjoy Indigenous Games Day**







Photos by Sage Thompson

The White Earth Boys & Girls Club recently held an Indigenous Games Day with Coach Dan Ninham and Chamisa Goodwin at the Mahnomen, Rice Lake, White Earth and Waubun club sites. Thirty-six youth participated in Mahnomen, 35 youth participated in Rice Lake, 49 youth participated in White Earth, and 38 youth participated in Waubun. The youth stayed engaged and busy throughout each day and were also each given one pound of rice for their participation. The Boys & Girls Club staff would like to thank White Earth Public Health, White Earth Behavioral Health, White Earth Police Department, CSOs, and State Patrol Trooper McArthur. Pine Point and Naytahwaush Indigenous Games Day will be held in the fall and more information will come soon.

### **Message from the Pesticide Coordinator**

There are many plants that help us but there are some that can hurt us, too. Wild Parsnip (Pastinaca sativa) is one of those plants. It can cause burns to skin of people and pets that come into contact with the sap of this plant.

This sap reacts with sunlight and can cause a chemical burn that can look like a rash with blistering and discoloration of the skin (phytophotodermatitis). Wild Parsnip is found in open places such as roadsides, pastures, and disturbed areas.

If you come into contact with the plant, cover the

area immediately to protect it from sunlight. Wash area with mild soap and water. It can take up to 24 hours before a rash begins to show. Moderate blistering may be soothed with cool washcloths. Skin discoloration will fade over time. Sometimes it can take several weeks. If severe burns develop, please seek medical attention. If you have questions, please contact:

### Renee Keezer

White Earth Natural Resources Pesticide Coordinator 218-935-3651





Wild Parsnip leaves are made up of variously lobed and



### **WE Community Farmer's Market**



Photo by Jackie Haugo

The White Earth Community Farmer's Market is held Thursdays from 3 to 6 p.m. through Oct. 3 (weather permitting). The Market is located on South Main Street in Mahnomen. They offer fresh, locally grown produce, backed goods, and arts and crafts. The Market is a collaboration between the White Earth Nation Tribal Public Health, the City of Mahnomen, and the White Earth Tribal and Community College Extension Service. They are looking for vendors.

# **Highlights of the Sturgeon Moon Pow Wow**



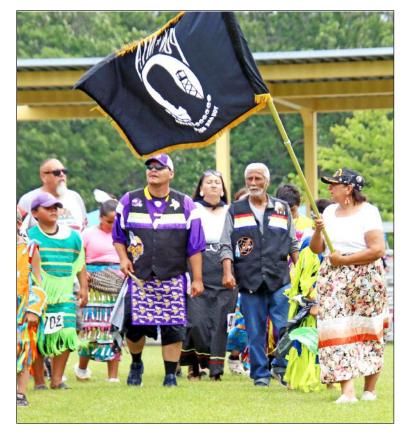






Photos by Gary W. Padrta

The 2nd Annual Naame Giizis Sturgeon Moon Pow Wow was held July 26-28. The host drum was Smokey Hill.











# Tamarac National Wildlife Refuge Summer Events

### Wild Wednesdays!

10 a.m. Now- Aug. 28

Explore the world of nature with your child during this hour-long adventure for 3–7 year-olds. Listen to a story go for a hike, make a craft. See back page for topics. Space is limited. Registration required for these free programs. Save a spot for your child at eventbrite.com

### Sunday, Aug. 11, 2 p.m.

### Movie: Born in the Rockies, Part 2

Growing Up Young animals face new challenges as winter envelopes the Rocky Mountains and spring means the end of childhood. A grizzly mom prepares her cubs for hibernation, a mountain lion raises her kittens, and a bison calf must learn to survive the

### Sunday, Aug. 11, 2 p.m. History Talk and Driving Tour

Join refuge volunteers and history buffs John Hovdenes and Del Bergseth for this fun and informative tour. Take a journey into Tamarac's past. Before the refuge was established, this landscape was extensively settled. Who were these folks? Where did they live and how did they survive in this wilderness? What role did the CCC play in refuge development? Meet at the Discovery Center for a presentation and then caravan to several historical sites. Wear sturdy shoes and bring your stories to tell!

## Sunday, Aug. 18, 2 p.m. Movie: Arctic Dance

A pioneer in the study and protection of Alaska's rugged wilderness, Mardie Murie's work fueled the designation of the Arctic National Wildlife Refuge. Become inspired by this legendary conservationist and Grandmother of the Conservation Movement. 75 min

Tamarac National Wildlife Refuge is located 9 miles north of the junction of County Hwy 34 and County Hwy 29. For Refuge information and more on events, contact 218-847-2641 or visit www.fws.gov/refuge/tamarac



The White Earth Community Farmers' Market offers fresh, locally grown produce, baked goods, and arts/crafts.

### Thursdays, 3-6 PM

Begins June 6th through October 3rd (weather permitting)
South Main Street, Mahnomen, MN

Our market accepts

WIC; Farmers' Market; and Senior Farmers' Market Nutrition Program Checks and we have Hunger Solution monies for EBT/SNAP cards.

Come join the fun!

To access current happenings/news, check out the market's FACEBOOK pages at:

https://www.facebook.com/WhiteEarthNation/

### LOOKING FOR VENDORS!

If you would like to be a vendor or have questions regarding the market, please contact:

MARKET MANAGER Eva Brakefield 218-983-3286 Ext. 1249 eva.brakefield@whiteearth-nsn.gov CO-MARKET MANAGER Maria Fatz 218-935-6417 maria.fatx@wetcc.edu

The Market is a collaboration between White Earth Nation Tribal Public Health, the City of Mahnomen, and the White Earth Tribal and Community College Extention Service.

# August 2024

## Manoominike-giizis Ricing Moon

### **Cultural Calendar**

White Earth Behavioral Health
Cultural Activities
Monthly Schedule



Fire Lighting @ 7 PM for all Sweats, Men are encouraged and welcomed to come and learn. More Information, please call: (218) 401-4<u>35</u>7



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	9 AM Tobacco OMC MAT Staff AFT 1 Mahnomen Drum Group 5:30 – 7:30 PM	6 12 PM DOVE Sweat 10-12 PM Mahnomen Behavioral Health AFT Group RL & NTW @ NTW Women's Sweat @ 9 PM	7 Cultural Staff to Duluth @ Big Drum Teachings 5:30 – 8:30 PM	Acute Care 1-3 PM  Pine Point Picnic 4 – 6:30 PM RL & NTW @ NTW Men's Sweat @ 9 PM	9 Crafty Friday NTW Behavioral Health Building 10-3 PM	10
11	9AM Tobacco OMC Youth Sweat 12 PM Mahnomen Drum Group 5:30 – 7:30 PM	NTW MOMS Cedar Healing 10 AM – 2 PM White Earth Men's Sweat @ 9 PM	Pine Point AFT 8 10-12 PM 10-12 PM OMC Singing	White Earth Drum Group 5-8 PM  Pine Point Men's Sweat @ 9 PM	16 Crafty Friday NTW Behavioral Health Building 10 – 3 PM	17
18	9 AM Tobacco OMC, Women's Sweat 12 PM Mahnomen Drum Group 5:30 – 7:30 PM	20 NTW MOMS MAT AFT 7 10-12 PM Youth Event @ SSC 8 - 5 PM	Gwayako & Mahnomen Homeless AFT 1 10-12 PM EMT Cedar Healing SSC 2 PM Pine Point Women's Sweat @ 9 PM	22 NTW MOMS STAFF 12 PM SWEAT  Acute Care 1-3 PM Sweat  White Earth Drum Group 5-8 PM	Baby Welcome! 10 – 1 PM NTW Behavioral Health Building	24
25	26 9 AM Staff Parenting OMC, Staff Sweat 12 PM Mahnomen Drum Group 5:30 – 7:30 PM	27 10-12 PM Mahnomen Behavioral Health AFI Group White Earth Women's Sweat @ 9 PM	28 Pine Point Healing Feast 5 – 7 PM 10-12 PM OMC Singing	29 Ogema Picnic 4 – 6:30 PM White Earth Drum Group 5-8 PM Mental Health Staff Sweat 8:30 PM NTW	30 MPLS Urban Cedar Healing 12 – 4 PM	MPLS Urban Sweat

# Ganawendandaa Nibiikaangi

LET'S PROTECT OUR WATERS

### Help Stop Aquatic Hitchhikers

To avoid spreading aquatic invasive species do the following:

**BEFORE** launching and **BEFORE** leaving.

- ◆ Remove aquatic plants and aquatic animals
- ◆ Drain lake/river water away from the landing
- ◆ Dispose of unwanted live bait in the trash

It's unlawful to transport aquatic plants, and zebra mussels

### Erickson from Page 6

The Wild Rice Department will be having a meeting on Thursday, Aug. 8 at 7 p.m. at the White Earth Community Center. Ricers will be able to come and meet Tamarac Wildlife Refuge staff and White Earth Natural Resources staff. Pictures of this year's rice crop will be available for viewing. Topics pertaining to Wild Rice, location of lakes, AIS, and talk about how last season went will be discussed.

### White Earth

White Earth Child Care Building

Programs should be moved in and functioning by the end of October. There will be three classrooms plus administrative staff in the building. The old Child Care building will be used for a library.

Tiny homes

Four tiny homes have been ordered and bids have been awarded for the groundwork and utilities. The homesites are near Circle of Life School on the west side of the road. We will be collecting names for these homes. I will be meeting with District 1 Representative Henry Fox to see how he decided on choosing people for the homes in District 2 versus reinventing the wheel.

White Earth Housing Authority ordered new ARPA houses. White Earth will receive four of these houses. The Land office is working to find sites for the houses.

The 2nd Annual Sturgeon Moon Powwow and 3x3 Basketball Tournament was a success. The weather was hot and humid but the community and others showed up to make it a success! Miigwech to our White Earth Community Council and CSOs for their hard work, planning and hosting.

### **Pine Point**

Tiny homes

Two tiny homes have been ordered for Pine Point, the foundation work has began on the homesites in the old projects.

White Earth Water and Sewer employees were out in the village working on water treatment improvement projects including an inside tank cleanout and painting.

The second project will be ongoing for a number of months. A pilot study to aid in the efforts in planning and designing a new water treatment plant for the community. They do not intend to have disruption in service during the projects and hope not to inconvenience the community.

Playground installation has started in front of the

old Community Center.

The Pine Point Community Picnic is scheduled for Thursday, Aug. 8 at the Powwow Grounds. The Powwow Grounds will be blessed for the Pine Point Traditional Powwow on Aug. 10-11.

### Elbow Lake

I am working with White Earth Builders and Finance to move the remodel of the existing Boys and Girls Club building project forward to get Scope of Work and bids out. Currently, there is no club in the community. Boys and Girls Club job positions are posted for this site. Although it's not open yet, we encourage people to apply because employees can be trained at other sites and be ready when it does open.

Playground Installation will begin on Thursday, Aug. 8. There will be four locations that the playground equipment is being installed in the community: 1) Boys and Girls Club, 2) Head Start, 3) Top of the hill site, and 4) Lake site.

### Callaway

Playground installation is completed and the basketball courts look great. Currently, there is no Boys and Girls Club but we are meeting to discuss the plan for a club.

### Ogema

The Community Picnic is scheduled for Aug. 29 at the Park.

Many families are dealing with losing loved ones. Please keep the families and friends in your prayers.

Please check on your elders, family and friends. We have been having hot, humid temperatures. If you haven't seen someone for a while or concerned, let me, Tiffany Swiers or someone know so we can have someone go check in. We have elder advocates, Community Services Officers, that can check.

If you have ideas to share, send them to us or we can meet. If you need assistance, please reach out. We are here to help and support one another.

### **Contact information:**

Laura Lee Erickson Laura.erickson@whiteearth-nsn.gov Office: 218-935-6238 / Cell: 218-401-1153 Facebook: VOTE LAURA LEE (working on updating page name)

### **Assistant for District 3**

Tiffany Swiers

Office: 218-935-6235 / Cell: 218-997-9124 Tiffany.Swiers@whiteearth-nsn.gov

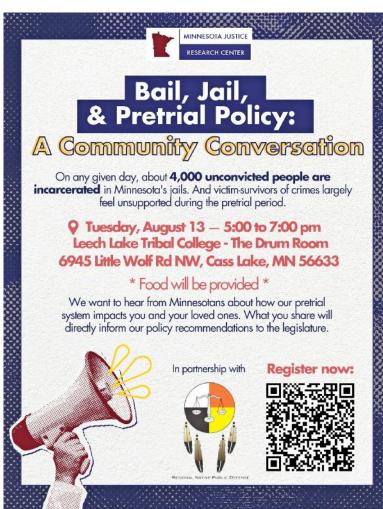
### White Earth Nation meets with U.S. Fish & Wildlife



Photo by Sage Thompson

White Earth Nation recently held a meeting with U.S. Fish and Wildlife Service at the Shooting Star Casino. Representing the U.S. Fish and Wildlife Service was Will Meeks - Midwest Regional Director, Kent Sundseth - Project Leader Tamarac National Wildlife Refuge, and Allison Smart - Regional Native American Liaison. In the meeting, White Earth Nation and U.S. Fish and Wildlife Service talked about the updates on the MOA Implementation, Co-Stewardship Agreement, the Annual Funding Agreement, plus more. From left are White Earth Chairman Michael Fairbanks, Kent Sundseth, and Will Meeks.







# WHITE EARTH HOUSING AUTHORITY INVITES YOU TO JOIN US AT OUR CRIME AND SAFETY COMMUNITY EVENT RESERVATION HOUSING MEAL WILL BE PROVIDED DOOR PRIZES FOR ALL AGES (MUST BE PRESENT TO WIN) WE CHILDCARE WILL BE COLLABORATING WITH WEHA TO DISTRIBUTE BACKPACKS FOR AGES PRE-K THROUGH 12TH GRADE THURSDAY AUGUST 22,2024 3:30PM-6:30PM WAUBUN CITY PARK THIS IS A DRUG & ALCOHOL FREE EVENT



OPEN TO THE PUBLIC

### Free Motivation Therapy Sessions

Shooting Star Event Center Mahnomen MN

2 days to choose from:

Wednesday, September 4th and Thursday, September 5th 2024

### Three sessions both days as follows:

Note: Anyone can attend. Space is limited.

Cessation: 10:30 a.m to 11:30 a.m

Anxiety: 12 noon-1:00 p.m

Weight loss (nutrition) 1:30-2:30

Bring a blanket or a yoga mat to lie on if you would like to lie on the floor for better relaxation/ otherwise you can sit at the table.

You can attend one or all sessions if you wish.

REMINDER: Doors will close at 10:30 am sharp/12 noon Sharp/1:30 sharp

Please be on time. You will not be let in after doors close.

Questions call: 218-401-3174 or 218-401-3120

### One size doesn't fit all

### Changes made in Minnesota's Child Passenger Safety Law

New child restraint guidelines took effect on Aug. 1 in Minnesota.

### Birth to at least 2 years old:

 Rear-facing in an infant or convertible child safety seat.

At least 2 years old AND has outgrown the rear-facing seat with internal harness by height or weight:

- Forward-facing with an internal harness.
- 4 years old AND has outgrown the forwardfacing seat with internal harness by height or weight:
- Ride restrained in a belt-positioning booster seat using the lap belt and shoulder belt.
- 9 years old or has outgrown the booster seat AND the child can pass the five-step test that

demonstrates how the seat belt fits correctly:

• Ride restrained with a lap belt and shoulder belt secured correctly on the vehicle seat.

# Additionally, children under 13 years old must sit in the back seat if possible.

If a child falls into more than one category, then the child must be placed in the safer restraint for them. For example, a child who is 2.5 years old and weighs 35 pounds but has a car seat with a rear-facing limit of 40 pounds must stay rear-facing even though they are over 2 years old. It's very important for parents and caregivers to always read their car seat and vehicle owners' manuals for proper installation

Contact the White Earth Car Seat Program at 218-983-3286 with any questions.



### White Earth Child Support Child Support Services

Did you know state and tribal Child Support offices can:

- Locate parents
- Establish parentage
- Establish orders and collect payments
- Modification of Court Order

### Sign Up for Tribal Child Support Services

Did you know that you can apply for child support services online: (scroll to child support) Tribal Child Support Services: https://whiteearth.com/divisions/human\_services/forms (Scroll to online services)

### **Review an Order for Modification**

Did you know? You can ask to have your Child Support order reviewed for modification if you have a significant change in income or living situation. To request a review got to our website at https://whiteearth.com/divisions/human\_services/for ms (scroll to child support) click on the link "Review and Modification Request" and "Financial Affidavit" for printable forms.

### **Parentage**

Establishing paternity can establish a legal relationship with your child, parenting time, creates emotional and social ties, legal rights, inheritance rights, and tribal enrollment (if applicable).

You will need to fill out an application for child support services (paternity only) along with a paternity affidavit. You can submit the application and paternity affidavit online or print them off at https://whiteearth.com/divisions/human\_services/forms

You can mail application/supporting documents to:

White Earth Child Support

PO Box 387

White Earth, MN 56591

For any questions regarding child support services, please contact our office at 218-983-4641.

White Earth Child Support staff attended the National Tribal Child Support Conference this past June in North Carolina.

White Earth Nation Child Support received the "Outstanding Tribe Award," and Raegan Hendrickson, Manager of White Earth Nation Child Support received "Presidents Award" in appreciation of outstanding service and contributions to the National Tribal Child Support Association Board of Directors, for their recognition for exhibiting an inspiring dedication to the success of all tribal children.

White Earth Child Support staff: Raegan Hendrickson, Jamie Wirth, Shari Korte, Stacy Zima, Margaret Eischens, Liz Francis, Anna Nessman and Merri Lu Crandall.

White Earth Child support would also like to thank and recognize the White Earth Nation Tribal Council, for their continuing contribution and donation to the Nation Tribal Child Support Conference, with out your support none of this would be possible.

The Pine Point Traditional Pow-Wow is Aug. 10-11



# Ojibwemodaa.2! Lets all speak Ojibwe! Aaniin, Boozhoo.; Greetings.

Ojibwemowin involves 4 communication skills; speaking, listening, reading and writing.

This is the Double Vowel writing system. Refer to The Concise Dictionary of MN Ojibwe, by John Nichols & Earl Nyholm. Respectfully ask an elder, family and friends to speak Ojibwe within your circle.

# **Abinoojiiwin•Infancy** Bilingual: To speak two languages-Give their gift of Ojibwemowin. Speak daily to our

Nation's youngest. Birth to age five best promotes bilingualism! Pronounce by syllables: Boo zhoo! Aa niin e zhi -a yaa yan. - Greetings! How are you? Nimino-ayaa, giin dash?. I am well, you also?

- ••USE Ojibwe Vowel sounds in "syllables": consonant(s) & vowels >
- •• "Indodaminwaagan! Gidodaminwaagan! <u>Daga</u> na?" "My toy! Your toy! Please?" (In do da mih waa gan!)
- ••"Animosh. <u>Inday</u>. <u>Giday</u>. (A ni mo shag.)"
- "Dog. My dog. Your dog. (Dogs.)"
  ••"Gaa-zha-gens. Gaazhagensag."
- "Cat. Cats. (Gaa zha gen sag)"
  ••"Miskwaadesi. (Mi skwaa de si)"
  "Painted Turtle. Sun.-Giizis."
- ••"Zhiizhiib. Zhiizhiibag. Zhii zhii bens (ag)"

"Duck. Ducks. Duckling (s)."

<u>Aaniin</u> ezhi-ayaayan?

How are you?

<u>Ginibaa</u> na? Are you sleepy?

Gibakade na? You hungry?

Eya'! Gaawiin! Yes! No!

Gizaaga'in. - I love you.

Miskwaadesi (Painted turtle)

Wegonen ezhichiged gaazhigens? Namadabi.

(What's s/he doing, Cat? S/he sits.) **Giizis** (Sun)



S/he makes nets.)
Omaa wewebanaabii gwiiwizens.

Asabikeshii(yag)

<u>Asabike.</u>

(Spider(s)

(Here he fishes with a line, the boy.)

Find the ten(10)underlined Ojibwe words in the wordfind.

### Oshki-nitaawigiwin•Young Adult•Teen

Using the online Ojibwe dictionary? Do you like learning new things, maybe more about your OWN gift of gab?? Your Ojibwe voice can describe our activities, natural world, living beings and nonliving things. How about our communities? And our beautiful Native traditions in the northern forests and around the world? Families working together! You are needed to help support our language! Host a language table.

A G W B W
G I I Z I S
I N O G E Z Y
W I O A W N A B
D B E ' S I D A I
G A A Z H A G E N S
I A B H W S B A A I E
D Z H I I Z H I I B I I
A B O D Y W W B K S O N
Y N A O I N S O H E A D
J S H K A B D I D A G A
M I S K W A A D E S I Y

Again, It is so important! As Autumn said: "SPEAK- OJIBWEMON! Because OUR language is losing us."

~Milgwech to Autumn (2014) for her wisdom~

Noongom! - Now/Today!

Ojibwemon!-Speak Ojibwe!

Listen/Speak w/dictionary online. Goal: Learn one word a day. Use a weekly list: Ojibwemon!

HOWAH!
Specific to Ojibwe!
\*Longer voiced vowels:
AA (baa), II (teen),
OO (moo), E (cafe')
\*Short voiced vowels
A (about), I (tin), O (only)
A glottal stop ' is a
voiceless nasal hesitation
as dash in: oh-oh

ina

Daga

-Nin

Miigwech

Giin

# Nitaawigiwin • Grownup

Aawan.-IT IS a certain thing Inanimate - non-living thing.

How do you know? All VTIs' pluralization ends in an "N". VTI-Verb, Transitive,

Inanimate. —Verb group used with non-living things. And they have OWN grammar patterns!

Waabishkaa i'iw apaabiwin.\_\_

Miskwaa i'iw mazina'igan.

Ozhaawashwaa emikwaan.

Ozaawaa babagiwayaan.

Makwadewaa mashkimod.

Wiiwakwaan i'iw! - Hat that is!

Key: It is white that chair. It is red the paper.. It is blue/green, the ladle. It is yellow/brown the shirt. It is black, the bag/sack.

Review: V for Verbs. They are action and feeling words used for what we do and feel. Niizho/2 types: Inanimate (used with non-living objects) and Animate (living persons). Sentences are spoken using grammar rules in each verbs classification. *Transitive* verbs "transfer" action/feeling meaning for living things. There are *Intransitive* verbs (transfer action/feeling meaning to non-living things.

VAI -Verb, Animate, Intransitive ("S/he" verbs.)
Root verb is 3rd person. (Anokii.-S/he works.)
VII's-Verb, Inanimate, Intransitive. (It is..verb.)
VTI's. -Verb, Transitive, Inanimate
-for non-living things. Ninzaagitoon apabiwin.
VTA's-Verb, Transitive, Animate
To living/him/her: Ninzaagi'aa animosh.
VTI: I like it a chair. VTA: I like a dog.

VTI: I like it a chair. VTA: I like a dog.

All Ojibwe nouns for things pluralize with the "n" ending (-n, -an, -oon)

Ojibwe words for living things pluralize with endings like

-g, -wag, -ag. -yag,

Aabitaa-Niibino Giizis- July Halfway-Summer Moon Manooominike Giizis- August Wild Ricing Moon Waatebagaa-Giizis- September

•WE Resources

https://whiteearth.com/divisions/culture/services
 Search/Listen: Ojibwe People's Dictionary
 https://ojibwe.lib.umn.edu

•Great Lakes Indian Fish & Wildlife Comm.

https://www.glifwc.org/
•Clipart: wpclipart.com

Gichi-aya'aa•Elder

Aaniin ezhinikaazod wa'aw giizis? What/how is s/he called this moon/month? Manoominike-Giizis wa'aw giizis. S/he is called Wild Rice-Moon this moon. (August/September)- "Aandi waa-izhaayan? Aandi waa-izhaayaan? Niwii-oozhiitaamin. Niwii-manoominikemin. Niwii-ma'ishkaamimin gaye. Gaawiin niwii-biinitoon waakaa'iganing. Manoominikedaa! Eya', endaso-dagwaagi. Waabanda'!"

"Where will **you** go? Where will **I** go? We will-get ready. **We** want to go ricing. We

want to go shopping also. No, I do not want to clean it, the house. Let's all

go ricing! Yes, every-fall. Show it to him /her!" Miigwech!

Thank you W.E. monthly chronicle!

2. \_\_\_\_\_zaagitoonan Ojibwe ikidowinan.

I love them Ojibwe words.

**3.** Niibing, nindojaanimizimin. \_\_\_\_\_ geyaabi Anishinaabemon! When it is summer, we are busy. **You** can still speak Ojibwe! **4.** Giwii-naanda-gikendaan \_\_\_\_\_ Ojibwemowin? Ozisidoon ina!?

You want-seek-to learn it ? Ojibwemowin? Set it/Language table!? 5. \_\_\_\_\_ Ojibwemotaw! Bezhigo ikidowin gabe giizhig noongom. Please speak Ojibwe to him/her! One word every day now/today.

Ojibwemodaa! - Let's all speak Ojibwe!

August ©2024 Shelly Ceglar

Ojibwemowin/Anishinaabemowin is an "indigenous language"; meaning it is native to a region, is spoken by the region's original groups and has minority language status. "Dialect" is region-specific unique speech patterns or word use within the same language. "Orthography" is a standardized way of writing the language. The Double Vowel orthography is commonly used in teaching Ojibwe in MN & WI circles.

MIIGWECH! Share your Ojibwemowin successes, knowledge, resources, how you learn, and help others!



Saturday 08.24.24

10am-3pm

**Art & Food Vendors** 

10 am-3 pm

**Moccasin Games** 

10 am- 2 pm

Wild Rice Demonstration

10 am- 2 pm

Parade

Noon

Classic Car Show

1 pm-3 pm

Wild Rice Cookoff 3 pm-5 pm

Bean Bag Tournament 4 pm-6 pm

**Street Dance:** 

8 pm-midnight

featuring



**Undecided** 

Bring your lawnchair

### Special Events

WECOE MTG

August 5th— NTW

Diabetes Bingo

1st~~Shooting Star 7th~~Pine Point 21st~Elbow Lake 29th~Valley View

### Elderly Nutrition Program Information

\*Daily Menu includes 1% milk, and provides 1/3 of the Recommended Daily Allowance (RDA) set by USDA guidelines, with health conscious and cultural consideration to overall wellbeing.

\*Menu is subject to change depending on product availability and/or schedule changes

### Elders Suggested Donation \$4 Guest Meals \$6

Questions or comments please contact:
White Earth ENP Site (218) 983-3744
Elbow Lake ENP Site (218) 734-2315
Pine Point ENP Site (218) 573-2210
Site Supervisors ~Angela Clark and
James Bevins

Naytahwaush ENP Site (218) 935-5554 Rice Lake ENP Site (218) 694-2795 Site Supervisor ~ Sherry Halberg

Kat Thompson, ENP Manager Danielle Sutherland Uran, Nutrition Coord. (218) 983-3286 ext. 1266 Katherine.thompson@whiteearth-nsn.gov Danielle.Sutherland@whiteearth-nsn.gov

# Gaawaabaabanganikaag Ogikaag Miniwanjige "White Earth Elder Eating Good" White Earth Elderly Wellness Program Manoominike-giizis (Ricing Moon)- August

	Mon	Tue	Wed	Thu	Fri
				Chicken pot pie Wheat bread Mixed veggies Beets Fruit cocktail	2 Stuffed pepper Artisan roll Spinach salad Blueberry crisp
	Salmon patty Creamed peas & potatoes Wheat roll Mixed fruit	Closed for Inauguration  Bag Lunch	7 Chefs Choice Main Entrée Vegetable and/or salad Fruit Bread Milk	8 Sausage zucchini bake Manoomin stuffing Roasted carrots Chocolate pudding dessert	9 Brunch for Lunch Egg bake Roasted veggies English muffin Oatmeal Fresh fruit
1 H	Spaghetti w/ meat sauwce Bread stick Cali. blend veggies Grapes	Pork roast Mashed red potatoes Green beans Wheat roll Pineapple	I 4 Chefs Choice Main Entrée Vegetable and/or salad Fruit Bread Milk	Swedish meatballs over egg noodles Dinner roll Garden salad	BBQ chicken Cornbread Baked sweet potato Coleslaw Melon
	Baked fish Manoomin pilaf Steamed veggies Wheat roll Pears	Turkey gravy over Egg noodles French roll Steamed veggies Peaches	21 Chefs Choice Main Entrée Vegetable and/or salad Fruit Bread Milk	22 Birthday Lunch Salisbury steak Stewed tomatoes Mashed potatoes Wheat bread Birthday treat	BLT sandwich Broccoli cheese soup Angel food cake w/ berries
	26 Chicken stir fry Brown rice Oriental veggies Fortune cookie Apricots	Bison chili Corn muffin Spinach salad Mangoes	28 Chefs Choice Main Entrée Vegetable and/or salad Fruit Bread Milk	Baked chicken Pesto pasta Asparagus Garlic bread Fruit salad	30 California burger Sweet potato fries Cucumber salad Fresh fruit

### White Earth Food Distribution August 2024 Store Hours

### Mon-Thurs 8:30-3:30

Office Hours M-F 8-4:30 / 218-935-2233

August 2024 Home Delivery Schedule (Subject to Change)

Nutrition Education w/Shirley: August 5th, 13th, 14th and 29th.

August 9th: Bagley, Ponsford & Naytahwaush

August 12th: Mahnomen & Waubun

August 16th: White Earth

August 23rd: Detroit Lakes

August 30th: Store closed for inventory.

No Store hours on Fridays

If you receive home delivery service and will not be home on your scheduled route, please notify us ASAP.



# WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of: **Tommy Wallace** 

Hearing Notice

Court File No. CP2022-00519

YOU ARE HEREBY notified that on February 20, 2024, a Petition for Suspension of Parental Rights was filed with the White Earth Tribal Court regarding your child(ren) in file CP2022-00519. A Pretrial hearing on the matter is scheduled for September 3, 2024, at 9:00 A.M. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: July 25, 2024 Tammy Swanson

Attorney for White Earth Indian Child Welfare

### **Affidavit of Publication**

WHITE EARTH BAND OF OJIBWE )
WHITE EARTH RESERVATION ) ss.
STATE OF MINNESOTA )

White Earth Tribal Court

In Re the Matter of:

Amanda Wadena, obo: children, Petitioner,

and

Winston Wadena Jr., DOB 04/13/1987 Respondent.

SUMMONS File No. OP2024-00009

THE WHITE EARTH BAND OF OJIBWE TO THE ABOVE-NAMED RESPONDENT:

A Permanent Order for Protection has been issued on June 20, 2024, based on the Affidavit and Petition for Order for Protection in this matter.

NOTICE OF RESTRAINING PROVISIONS

SERVICE OF THIS SUMMONS MAKES THE FOLLOWING REQUIREMENTS APPLY TO THIS ACTION UNLESS THEY ARE MODIFIED BY THE COURT OR THE PROCEEDING DISMISSED:

(1)RESPONDENT SHALL NOT COMMIT ACTS OF DOMESTIC ABUSE AGAINST THE PETITIONER.

(2)RESPONDENT MUST NOT HAVE ANY CONTACT WITH PETITIONER WHETHER IN PERSON, WITH OR THROUGH OTHER PERSON, BY TELEPHONE, LETTER OR ANY OTHER WAY

IF YOU VIOLATE ANY OF THESE PROVISIONS, YOU WILL BE SUBJECT TO SANCTIONS BY THE COURT.

# All newspaper deadlines are enforced!

### Did You Know...

You can read the current and past issues of the *Anishinaabeg Today* online at <a href="https://www.whiteearth.com">www.whiteearth.com</a> for free!

The online issues feature more color and you can read them right away when the paper comes out on the first Wednesday of each month.

# WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of: Any Man Coming Forward as the Father of the child of Sara Percy

Hearing Notice

Court File No. CP2022-00519

YOU ARE HEREBY notified that on February 20, 2024, a Petition for Suspension of Parental Rights was filed with the White Earth Tribal Court regarding your child(ren) in file CP2022-00519. A Pretrial hearing on the matter is scheduled for September 3, 2024, at 9:00 A.M. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: July 25, 2024

Tammy Swanson

Attorney for White Earth Indian Child Welfare

### **Affidavit of Publication**

WHITE EARTH BAND OF OJIBWE )
WHITE EARTH RESERVATION ) ss.
STATE OF MINNESOTA )

White Earth Tribal Court

In Re the Matter of:

Nevaeh Gray, DOB: 12/15/2004 Petitioner.

and

Marus Washington, DOB 07/26/2003 Respondent.

SUMMONS File No. OP2024-00027

THE WHITE EARTH BAND OF OJIBWE TO THE ABOVE-NAMED RESPONDENT:

An Emergency Order for Protection has been issued based on the Affidavit and Petition for Order for Protection in this matter. A hearing has been set for August 28, 2024, at 11:00 a.m. at the White Earth Tribal Court.

If you fail to respond to this petition, judgment by default will be taken against you.

NOTICE OF RESTRAINING PROVISIONS

SERVICE OF THIS SUMMONS MAKES THE FOLLOWING REQUIREMENTS APPLY TO THIS ACTION UNLESS THEY ARE MODIFIED BY THE COURT OR THE PROCEEDING DISMISSED:

(1)RESPONDENT SHALL NOT COMMIT ACTS OF DOMESTIC ABUSE AGAINST THE PETITIONER.

(2)RESPONDENT MUST NOT HAVE ANY CONTACT WITH PETITIONER WHETHER IN PERSON, WITH OR THROUGH OTHER PERSON, BY TELEPHONE, LETTER OR ANY OTHER WAY

IF YOU VIOLATE ANY OF THESE PROVISIONS, YOU WILL BE SUBJECT TO SANCTIONS BY THE COURT.

### ARE YOU MOVING?

Please update your address with the *Anishinaabeg Today*. Let us know if you moved so we can cancel your old address.

Call 218-935-3569 or email: today@whiteearth-nsn.gov

# White Earth Food Shelf August 2024 Delivery Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			NTW	CLOSED
			Walk in's	
			Stocking Shelfs	
			9am-3pm	CLOSED
5	6	7	8	9
NTW	Callaway	Rice Lake	NTW	Cleaning, Inventor
Walk in's	9am-10am	10am-noon	Walk in's	CLOSED
Stocking Shelfs	Niijii Radio	ENP-Site	Stocking Shelfs	A STATE OF THE REAL PROPERTY.
9am-3pm	NTW CLOSED	NTW CLOSED	9am-3pm	
12	13	14	15	16
NTW	Elbow Lake	Pine Point	NTW	RTC Picnic
Walk in's	10am-noon	10am-noon	Walk in's	
Stocking Shelfs	ENP Site	ENP Site	Stocking Shelfs	
9am-3pm	NTW CLOSED	NTW CLOSED	9am-3pm	CLOSED
19	20	21	22	23
NTW	White Earth	Ogema	NTW	Cleaning, Inventor
Walk in's	10am-noon	10am-noon	Walk in's	CLOSED
Stocking Shelfs	ENP Site	Dream Catcher Homes	Stocking Shelfs	
9am-3pm	NTW CLOSED	NTW CLOSED	9am-3pm	
26	27	28	29	30
NTW	Waubun	Mahnomen	NTW	Cleaning, Inventor
Walk in's	10am-noon	10am-noon	Walk in's	CLOSED
Stocking Shelfs	Community Center	Vet's Building	Stocking Shelfs	
9am-3pm	NTW CLOSED	NTW CLOSED	9am-3pm	

Please complete an application. Applications are available at your Community and ENP Center.

Hours are subject to change depending on closures and weather thank you

On community day's Naytahwaush warehouse will be closed with no pick ups in NTW please feel free to contact the White Earth Food Shelf at 218-935-6313 or 218-935-6314

In Re: Estate of	Notice to Creditors
Leroy Paul Fairbanks, Jr., Decedent.	Court File No.: PR2023-00008
-	reditors having claims against the Estate of Leroy Paul
the Court Clerk within 90 days fi	irom the date of the first publication of this notice or the claim
•	irom the date of the first publication of this notice or the claim
will be barred.	from the date of the first publication of this notice or the claim to of the listate is: Rodney Keezer, 412 Kolb Street, Ogema,
will be barred.	
will be batted.  The personal representati	

WHITE EARTH BAND TRIBAL COURT WHITE EARTH BAND OF OJIBWE			
In Re: Estate of Notice to Creditors			
Marcie Fairbanks (Bunker), Decedent.	Court File No.: PR2023-00009		
	ns having claims against the Estate of Marcie Fairbanks		
	laims to the personal representative of the Estate or to the		
Court Clerk within 90 days from the d	date of the first publication of this notice or the claims wil		
be barred.			
The personal representative of	f the Fistate is: Rodney Keezer, 412 Kolb Street, Ogema,		
MN 56569.			
	CLERK OF COURT:		
Dated: July 29, 2024			

### Vitamin from Page 9

### Food

There are very few foods that naturally contain Vitamin D. They include salmon, mackerel, tuna fish, sardines, cod liver oil, liver, egg yolks, Swiss cheese, mushrooms, cereals (vitamin D fortified), milk and orange juice (vitamin D fortified), and yogurt and margarine (vitamin D fortified).

### Other

Supplements like pills, capsules, or liquids that have nutrients in them. Experts recommend that adults take supplements of 600 to 800 IU each day. People who do not get enough vitamin D through food sources or from the sun might need to take more.

It is **important** not to take too much Vitamin D. It can make you sick. Research

and evidence is still evolving on the ideal level. Research is ongoing regarding what all of the diseases that can be affected by the level such as coronary artery disease, depression and obesity, autoimmune disorders, chronic pain control, cancer prevention, prediabetes and its progression.

People can also get Vitamin D from the sun. The body uses sunlight that shines on the skin to make Vitamin D. However, it is not a good idea to spend excessive time in the sun or tanning beds. This can lead to sunburn and increases the risk of skin cancer.

### **Testing for Vitamin D**:

It is measured through a blood sample.

### Chairman from Page 3

charged from their primary care visit. Managers/supervisors present a monthly operations report, which is meant for department managers to focus on accreditation and revenue generation measures specific to their departments. A medical/dental home is the ideal avenue for quality improvement activities in the medical and dental field. Non-clinical departments address methods to lessen or eliminate the eight wastes in healthcare. We ensure that HHS, Surgeon General, and IHS strategic goals are identified in projects as objectives cascade from the Agency projects, reporting them monthly to leadership.

The WESU Executive Leadership Team continues to utilize a quality management approach that emphasizes sustainability as the key to achieving healthcare excellence. One of WESU's primary improvement projects has been improved access to medical and dental appointments. The innovation of ELT and the Area office implemented several contracts to ensure improved access to primary care, internal medicine, weight management, pediatrics weight management, and dental care. Extending provider schedules for three months has positively impacted overall access and same-day availability. Dental has implemented a plan of care for their visits as well as a return appointment date.

PRC continues to be a difficult department to handle. We have an area consultant present at White Earth to help improve processes and implement necessary changes to make overall improvements within the PRC department for our patients and vendors. PRC is receiving national attention and dedication from leadership to ensure adequate staffing and support to ensure overall success and improvement in this particular department for a long-term solution. If patients continue to receive bills or collections letters, please bring them to the PRC staff.

We now have a window in the new clinic where you can have a face-to-face visit with PRC staff. We know there are several issues within this department, and it will take significant time to see the results turn in the right direction.

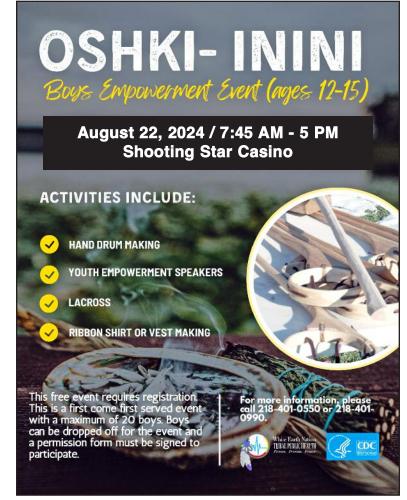
I want to wish everyone a safe ricing season as we prepare for our beautiful harvest on Rice Lake and everywhere else.

Baamaapii wiingezin. Miigwech bizindawiyeg. Gigawaabamininim naagaj. Take it easy.

Thank you for listening to me.

See you all later.

### **Chairman Michael Fairbanks**



### **Sommers** from Page 5

ing Treaty Rights. (Report from Renee Keezer, White Earth Pesticide Coordinator)

### **Tamarac Ceremony**

On July 25, the Cultural Division held a ceremony at the Tamarac Wildlife Refuge, attended by Tribal Members and USFWS staff. The ceremony was conducted at three different sites, where we feasted the lakes and smoked our pipes. These ceremonies are a way for us to care for our lakes, and in return, they take care of us.

### **Employee Picnic**

I had a wonderful time at the RBC Employee

Picnic this year! The 5k was very well attended this year and the prizes were top notch. Miigwech to all the staff who helped coordinate this event!

### **Contacts:**

### **Eugene Sommers**

Email: Eugene.Sommers@whiteearth-nsn.gov Office Phone: 218-983-3285, Ext. 5921 Teams Phone: 218-935-6250

### Christopher Vanwert Jr

Chrstopher. Vanwert@whiteearth-nsn.gov

Cell Phone: 218-850-2533

### **IN NEED OF SEPTIC PUMPING**

If you need your sewer system pumped call the White Earth Water and Sewer Department at 218-983-3202.

**Tribal Enrolled Elder** (55 years of age or older) - \$25 **Tribal Enrolled Member** (54 years or younger) - \$80

White Earth Business - \$115 Non-enrollee (any age) - \$185

Businesses - \$225

(You must reside on the White Earth Reservation)

### Council meets with IHS to discuss 638 Process



Photo by Gary W. Padrta

The Reservation Business Committee met with Indian Health Service on July 16 to discuss the 638 Process and review budgets. The 638 Process, also known as the Indian Self-Determination and Education Assistance Act (ISDEAA) or Public Law 93-638, is a legal mechanism that enables Tribes to contract with the Federal Government to manage and operate specific Federal programs.



### **Obituaries**

### Rebecca Ann Bellanger

Rebecca Bellanger, 55, of St. Paul, Minn., passed away on June 28.

Rebecca Ann Bellanger was born May 7, 1969, in Milwaukee to Kenneth and Josephine (LaFriniere) Bellanger. A few years later, the Bellanger family relocated to the Roy Lake area, where Rebecca grew up and graduated from Mahnomen High School.

She then attended Rasmussen Business College, earning an associate's degree in med-



ical transcription. Rebecca moved to Duluth, Minn., where she lived for several years and welcomed her two "miracles," Dante and Salem. Later, she moved to Burnsville, Minn., and enjoyed a career with Minnesota Oncology until her health began to decline.

Rebecca was known for her great sense of humor, always ready with a clever one-liner. She cherished her family, especially her children. Rebecca was thrifty, loved finding deals at thrift stores, and had a skill for extreme couponing. She had a talent for creating something out of nothing and spent her recent years crafting and seeking inspiration for new projects. She will be greatly missed by her loved ones.

Rebecca is survived by her children, Dante and Salem Fornizy of St. Paul; special nephew, Dakari Anderson of Fort Worth, Texas; siblings: Michelle Bellanger (Mike Podany) of Burnsville, Courtney (Duane) Werk of Donnelly, Minn., Liza (Brian) Ruud of West Fargo, N.D., and Andrea Schlepp of Moorhead; nieces and nephews: Melissa Bellanger, Tara Gilbert, Brittany Azure, Hailey Werk, Akayla Werk, Riley Ruud, Jennifer Anderton, Kara Cardenas, TJ Schlepp, and Grady Schlepp; as well as several great nieces, nephews, aunts, uncles, cousins and friends.

Rebecca was preceded in death by her parents, Kenneth and Josephine; brother, Wayne Bellanger; and many beloved family members.

Wake services began July 8 and continued until the time of Traditional services on July 9 at the Naytahwaush Sports Complex.

Interment: St. Anne's Catholic Cemetery in Naytahwaush.

Arrangements: Anderson Family Funeral Home of Mahnomen.

Online: www.andersonfamilyfh.com

### **Shawn Paul Warren**

Shawn Warren, 26, of Naytahwaush, died July 4 at his home.

Shawn Paul Warren was born Aug. 26, 1997, in Detroit Lakes, Minn., the son of Andrea Bellanger and Wayne Warren. He was raised in the Naytahwaush area and attended school in Waubun. Following his schooling, Shawn entered the workforce as a concrete worker. He later moved into putting up dry wall and was most recently employed by

Merton's Construction where they put up pole barns. In addition, Shawn also worked day labor for the Shooting Star Casino.



During his spare time, Shawn enjoyed tinkering on cars and was a good self-taught mechanic. He had a great sense of humor and was always willing to lend a helping hand to anyone in need. Shawn loved spending time with family, especially his siblings, and was very protective of all of them. He also enjoyed time spent outdoors hunting and fishing in addition to playing his Xbox for hours on end. Although he's gone from this life so soon, he will live on in the hearts of all who knew and loved him.

Shawn is survived by his mom, Andrea (Ramsey Gibbs) Bellanger; grandpas, Dean Bellanger and Ronald "Ham Bone"

Warren; sister, Alyssa Bellanger; brothers: Joshua Bellanger, Damian Gibbs, Marcus Gibbs and Richard Warren; bonus siblings: Kaylea "KK" Smith, Candace "Poops" Smith, Mariah (Mong) Yang, Chandler Smith, Tyson Keezer and Jake Folstrom; special aunt, Rose (David Magee) Bellanger; aunts, Holly (Dennis) Watters and Claudette ("Stink") Bevins; uncles: Dean (Desiree Gourneau) Bellanger, Paul Warren and Ronald (Elizabeth) Warren; great aunts: Paula (Mark) Smith, Pauline (Scott Roy) Keezer, Rose (Doug) Fairbanks and Wanda Bevins; great uncle, Melvin "Bo" Keezer; niece and nephew, Kaydence and Konner Bellanger; and several cousins, including a special cousin, TJ Jackson.

He was preceded in death by his father, Wayne; grandmas, Bernice "Bun" Bellanger and Patricia Warren; cousins, Kayla Magee and Brandon "Bundy" Kier; in addition to many other extended family

Visitation with a service began the evening of July 10 and continued until the time of the funeral on July 11, both at the White Earth Community Center.

 $\label{lem:arrangements: Anderson Family Funeral Home of Mahnomen. \\$ 

Online: www.andersonfamilyfh.com

# You can reach the *Anishinaabeg Today* at today@whiteearth-nsn.gov

### **Peter Wayne Hanks**

Peter Wayne Hanks, 69, of Mahnomen, passed away peacefully at home on July 12 surrounded by his sisters and under the care of Hospice of the Red River Valley.

Peter was born July 6, 1955, to George and Audrey (Bellanger) Hanks. He was lovingly cared for by his parents until their deaths and in 1984 and he moved in with his sister Joyce HighElk, her husband Rod and their family.



Peter attended the Mahnomen DAC, where he held a variety of jobs including dusting at the Mahnomen Liquor Store, and cleaning at the Mahnomen Bingo Hall and Mahnomen Laundromat. After Joyce and Rod's death in 2021, Peter moved into Lakes Homes-Mahnomen. He enjoyed bowling back in the day. He loved the Minnesota Vikings and receiving Vikings gear. He liked flirting with the ladies, hugs, dancing and his stuffed animals. He especially enjoyed social events such as pow wows, parades and family dinners. He also enjoyed the occasional trip to the casino. Peter was baptized on July 12, 2024.

Peter is survived by his sisters: Barbara Hanks of White Earth, Donna Mae (Bobby) Hanks of Minneapolis, Patricia Hanks of

Minneapolis, and Darlene Hanks of White Earth; and all of his nieces and nephews.

He is preceded in death by his parents: George and Audrey Hanks; and siblings: Marvin Hanks, Dennis Hanks, Sherald Hanks, Clifford Hanks, Joyce HighElk, Dale Hanks and Gloria Grandbois.

A special thank you to Lauri and staff at Lakes Homes-Mahnomen, where he received exceptional loving care in his final years.

A memorial service for Peter was held July 18 at St. Columba Episcopal Church in White Earth.

Arranagements: David-Donehower Funeral Home of Detroit Lakes.

Online:www.daviddonehower.com

### Michael "Budd" David Annette Jr.

Michael "Budd" David Annette Jr. – 'Inni Sug' (Little Big Man) of Pine Point, started his journey home at 38 years young.

Budd was born on a beautiful sunny day on June 22, 1986, to Monica (Gillespie) and Michael D. Annette Sr. in Bemidji, Minn. He graduated from HHH Job Corps in 2004 and continued his education at MCTC in American Indian Studies. He loved the Minneapolis



area, which is where he met the love of his life, Elton "Jeno" John Blackfeather. Budd and Jeno shared a loving home and worked together catering many events in the Twin Cities area.

Budd loved attending community events, pow wows, concerts, and sharing new experiences with those around him. Some of Budd's many interests and talents included grass dancing, beading, listening to music, interacting on social media, baking, laughing with friends and family, and cooking the best frybread and popcorn.

Budd had a unique energy that made everyone around him feel welcomed and loved. With a great sense of humor, his infectious laughter was a constant source of joy, always brightening our days. His positivity was contagious, and he consistently put others first,

creating an atmosphere of warmth and kindness wherever he went. Budd was truly one of a kind with a big heart and will be forever missed.

Budd was greeted with open arms by his life partner Jeno; fur babies: Flo, Kitty, and Muppy; grandparents: Mary and Robert Gillespie, and Harold Annette Sr.; uncle, Timothy Annette; aunts: Susan Annette Wright, Sara Annette, Kathy Smith, Linda and Jean Gillespie, Joe Montownie, and Mari "Joker" French (Carl); niece, Amiyah; and other beloved family members.

Left to honor Budd's memory are his parents, Monica and Michael Annette Sr.; grand-mothers, Joyce Roy, and Joanne Annette; aunts: Teresa Nelson, Carmen Buckanaga, Coke (Rick) Smith, Emily Annette, and Laurie (Tom) Gamache; uncles: Harold "Whitey," Anthony "Humpsy," John Boy (Robin), and Will Annette; Charlie, Bob (Ada), Mick, and Thomas (Patricia) Gillespie; brothers: Gabriel Montownie, Jayson (Sharon) and Jeffery (Melissa) Annette; sisters: Jodi and Jamie (Jage) Chesley, Jennifer French (Donny), Sonja (John), Sylvia (Matthew "Korpi"), and Shannon (Rob) Budde; nieces and nephews: Santiago, Jaiden, Caleb, Jeremiah, Jaci, Jayson, Scarlett, Lutessa, Jasmine, Deucalion "Duke," Lilith, Phoebe, Rogan, and Sierra; cousin Tawni Annette; and many other friends and family.

A memorial service was held July 28 at the Pine Point School Community Center to celebrate Budd's life. May his soul find eternal peace, and may his family and friends find strength and comfort in their memories of him.

Arrangements: Anderson Family Funeral Home of Mahnomen.

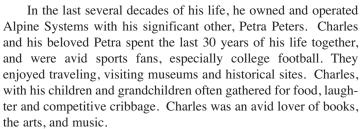
Online: www.andersonfamilyfh.com

### **Obituaries**

### **Charles Lawrence La Roque**

Charles Lawrence La Roque of Miami, Fla., passed away peacefully on Aug. 13, 2023. Charles was born Nov. 21, 1938, in White Earth to the late Charles Henry La Roque and Ruby Marie Erion. When Charles left high school, he served in the U.S. Army from 1956-1959, living part of those three years in Germany. He was honorably discharged as a private first class. Towards the end of his service, he married Norma Sands (deceased)

and they had six children together. He attended the University of Minnesota and spent most of his life in the material handling business.



Charles is preceded in death by his parents, Charles and Ruby; sister, Elaine Stately; brother, Butch Hubbard; first wife, Norma Sands; daughter, Julie La Roque; and granddaughter, Kyra La Roque.

He is survived by Petra Peters; sister, Almira Bellecourt; brothers: Harris Hubbard, Dave Masters and Greg Masters; children: Barry, Christina, Peter, Kerry, William and Karen; grandchildren: Tao, Lance, Karry, Angelo, Virginia, Jessica, Jamie, Matthew, Claireann, Marissa, Alex, Jake, Michael, Nicole, Timothy, Jacob, David, Joshua, Stephanie and Hank; great grandchildren: Edwin, Anthony, Mia, Ava, baby Broda, Ciarra, Dru, Zooey, Archie, Sarah, Banks, Brianna, KC, David, and George.

A memorial service will be held Tuesday, Aug. 13 at 2 p.m. at St. Anne Catholic Church in Naytahwaush. Interment will follow in St. Anne's Cemetery.

### Karen Lynn MacArthur-Rohr

Karen Lynn MacArthur-Rohr, 63, of Winter Garden, Fla., formerly Maple Grove, Minn., sadly left our world on July 22.

Karen was born in Minneapolis to Bruce and Joyce MacArthur on Nov. 5, 1960. Karen was a 1978 graduate from Patrick Henry High School and graduated from Mankato State University in 1995. She married her husband David Rohr on Feb. 14, 1987. Her only

child, Megan was born in June 1994.

She worked the majority of her career in logistics and administration at Target Corporate, Pillsbury Company, and ISD 279. In 2020, Karen was fortunate to retire at the age of 59 and relocated with David to Winter Garden to enjoy the theme parks and sunshine. Karen was diagnosed with pancreatic cancer in February 2021 and was one of the few to win that battle being cancer free in November 2021.

Karen enjoyed making people laugh and was rich with sarcasm and wit. She loved traveling all over the country and world with her husband and daughter. Some of her favorite places were Maui, Florida, Chicago, and Europe. Karen and her family loved

visiting theme parks all over the U.S. and have ridden some of the tallest coasters in the world together.

One of Karen's biggest passions was the British Royal Family. This meant at any event or wedding that happened she was up at 3 a.m. in her tiara watching it live with glee. In her retirement, she found a new joy in crafting and creating projects for family and friends. She really enjoyed all Florida has to offer including the beach, her pool, and all of the theme park attractions.

Karen is survived by her husband, David; daughter, Megan; daughter-in-law, Anna; grand dogs, Jack and Stella; mother, Joyce; and her brother, Kyle.

She is preceded in death by her father, Bruce; brother, Kent; and her in laws, Mary and Herman Rohr.

Karen was laid to rest at Westwood Lutheran Church in St Louis Park, Minn., on Thursday, Aug. 1.

### **Attention Day Labor Clients**

Please provide updated phone number(s) so staff can contact you.

### **Alexis Beryl Phillips**

Alexis Phillips, 37, of Moorhead, Minn, died unexpectedly on July 16.

Alexis Beryl, the daughter of Darcy Sue Villebrun and David Phillips Sr., was born on Sept. 24, 1986, at St. Mary's Hospital in Minneapolis. She grew up in northern Minnesota,

spending most of her years in the White Earth and Detroit Lakes communities.



In the early 2000s. Alexis moved to the Fargo-Moorhead area where she has made her home since. At the young age of 14, she began working and held various jobs over the years. Above all, Alexis was most proud of her role as a mother to her four beautiful children. In addition to being with her family, Alexis liked beadwork, taking selfies and hiking outdoors. She loved listening to music, the louder the better, while she danced along. Alexis was a traditional fancy shawl dancer and participated in pow-wows whenever she was able. She had a heart

of gold and went out of her way to help others. Alexis wore her heart on her sleeve and always said what was on her mind. Her beautiful smile and her ability to make people laugh was a true gift that will be missed by many.

She is survived by her father, David Phillips Sr.; children: Ameliah Heinonen, Joseph Butcher Jr., Levi Butcher, and Michael Goodman; significant other, Eric Goodman; brothers, David Phillips Jr. and Spencer Phillips; uncles: James Phillips, Gregory Villebrun and Raymond Villebrun; aunts: Cheri Wright, Lisa Phillips, Karre Ashley, and Stefi Villebrun; and many nieces, nephews, and cousins.

She was preceded in death by her mother, Darcy Sue Villebrun; stepmother, Toni Phillips; sister, Samantha Phillips; grandparents; uncles: Mike Phillips, Kenny Phillips, Pat Phillips, Anthony Villebrun, and Charlie Beaupre; aunts, Cheri Ann Stoa and Rebecca "Jumbo" Villebrun; and several extended family members, including: Jamie "Honker" Bevins Jr., Jonathan Gusa, Theresa Villebrun, and Tamay Phillips.

All night wake services July 22 and continued until the time of the funeral service on July 23, both held at the White Earth Community Center.

Arrangements: Anderson Family Funeral Home of Mahnomen.

Online: www.andersonfamilyfh.com

### **Madonna Jane Bennett (Glass)**

Madonna Bennett, 77, of Oakdale, Minn., and member of the White Earth Nation, passed away in her home on June 28, surrounded by family after a hard fought battle with pulmonary fibrosis.

Madonna Jane Bennett (Glass) was affectionately known as "Donzie" to many. She was the beloved wife of Ray Bennett Jr. and was mother to Renee, Laurie (Rich), Michelle

(Brad), Angela (Clint), Mike (Courtney), Melissa, and Raymond.

She lived a wonderful life filled with love from her seven children, 14 grandchildren, 10 great-grandchildren, four brothers and four sisters.

Madonna is preceded in death by her parents, Michael and Jane Glass; brother, Paul; and son, Raymond James.

She was full of love and support for all and was passionate about everyone she met. Many neighbors and friends were welcomed in the Bennett home and became like family to them. No one was ever turned away. Madonna's memory will forever be a source of warmth, affection, and tenderness, and will be held close in the hearts of all who loved her.

She attended Presentation grade school and was a graduate of Johnson High School ('65) in St. Paul. Donna became a LPN and soon after married Raymond Clifford Bennett Jr. on Sept. 21, 1968. They enjoyed 56 years of marriage in which they raised seven children in their Oakdale home.

Donna was very proud of her Irish and Native American heritage. She had a strong faith in God and was heavily involved in her church. She enjoyed her weekly bowling league, selling pull tabs, crocheting blankets, working in her flower garden, and winning at the casino. Madonna was a massive Twins fan and loved watching her grandchildren play sports and would often spoil them with popsicles and ice cream cones.

A wake was held July 9 at Wulff Funeral Home in St. Paul. A funeral mass was held July 10 at Transfiguration Catholic Church in Oakdale.

The family would like to give a special acknowledgement to Beyond Hospice for the care and support given to Donna and family.

Arrangements: Wulff Funeral Home of St. Paul.

Check for the latest updates on the White Earth Nation Facebook page www.facebook.com/WhiteEarthNation

### 2010 Dodge Charger



### 2010 Dodge Charger

5.7 Hemi engine. 153,108 miles on the vehicle. Has rust, newer tires. Needs work and could use a tune up, but starts, runs, and drives. Stickers will be removed.

### Minimum Bid: \$800 (Sold as is.)

Please use this bid sheet to place your bid. (return or e-mail to) Cassandra Hoban, White Earth Finance, P.O Box 270 White Earth, MN 56591 (218) 935-3411 Cassandra.Hoban@whiteearth-nsn.gov

Bidding will close on August 30th , 2024 @ 4:30pm

Phone Number:

### 2016 Ford SUV



### 2016 Ford SUV

3.7 L, 118,745 mi. Needs battery and will need new brakes eventually. Has minimal I rust, could also use a tune up, but runs and drives fine. Stickers will be removed.

### Minimum Bid: \$1200 (sold as is)

Please use this bid sheet to place your bid. (return or e-mail to) Cassandra Hoban, White Earth Finance, P.O Box 270 White Earth, MN 56591 Cassandra.Hoban@whiteearth-nsn.gov

Bidding will close on August 30th , 2024 @ 4:30pm

Phone Number:

### 2011 Chevrolet Suburban



### 2011 Chevrolet Suburban

5.3 L 165.814 mi. Needs battery, has rust and needs work, but run and drives. Could use a tune up also. Stickers will be removed. (SOLD AS IS.)

### Minimum Bid: \$1500

Please use this bid sheet to place your bid. (return or e-mail to) Cassandra Hoban, White Earth Finance, P.O Box 270 White Earth, MN 56591 (218) 935-3411 Cassandra.Hoban@whiteearth-nsn.gov

Bidding will close on August 30th, 2024 @ 4:30pm

Name

Phone Number:

Bid Amount: \$

### SCS-2 Single Corn Sheller



### SCS-2 Single Corn Sheller

Used once for ½ acre of white corn. Has upgraded rubber roller wheels that eliminate cracked hulls, so corn kernels may also be used for seed. SOLD AS IS.

### Minimum Bid: \$8000

Please use this bid sheet to place your bid. (return or e-mail to)

Cassandra Hoban, White Earth Finance, P.O Box 270 White Earth, MN 56591 Cassandra.Hoban@whiteearth-nsn.gov

Bidding will close on August 30th , 2024 @ 4:30pm

Phone Number:

# **PP School Meeting Minutes**

### **Pine Point Regular School Board Meeting** Monday, June 10, 2024 @ 4:30 p.m.

Pine Point School Staff Room

**1.0 Roll Call** – Meeting called to order by Chairman John Swan at 4:35 p.m.

Members present - Michael Swan, Marva Aitken, Allison Jones, John Swan

Members absent - Sara Hunt, Gerald Roberts

Ex-officio – Christopher Schulz, Principal

- 2.0 Recognition of Visitors Bonnie Meeks
- 3.0 Approval/Amendment of Agenda Motion by Michael Swan to approve the agenda as presented, seconded by Marva Aitken. All in favor. Motion carried.
- 4.0 Approval/Amendment of Minutes Motion by Allison Jones to approve the May 6, 2024 minutes as presented, seconded by Michael Swan. All in favor. Motion carried.

### 5.0 Finance

- 5.1 Treasurer's Report Motion by Marva Aitken to approve the Treasurer's Report for May 2024 as submitted, seconded by Michael Swan. All in favor. Motion carried.
- 5.2 Payment of Bills & Electronic Funds Transfer & Debit Card Transactions - Motion by Michael Swan to approve the payment of bills for the month of May 2024 in the amount of \$93,400.89 for check #33437 through check #33505 and the EFT for Federal/State/TRA Payroll Tax & Debit Card Transactions, seconded by Allison Jones. All in favor. Motion carried.

### 6.0 Unfinished Business

6.1 No unfinished business

### 7.0 New Business

- 7.1 2023-2024 Revised Budget Motion by Michael Swan to approve the 2023-2024 Revised Budget as submitted, seconded by Marva Aitken. All in favor. Motion car-
- 7.2 2024-2025 Preliminary Budget Motion by Marva Aitken to approve the 2024-2025 Preliminary Budget as submitted, seconded by Allison Jones. All in favor. Motion
- **8.0 Principal's Report** Discussion on Family Fun Day; Drama Camp; B&G Interview event; Summer School field trip; Solar Project - Zeiglar; Hope Camp. No action needed.
- **9.0 Public Participation** July 4th fireworks & picnic; August Pow Wow; Culture Camps in December, January, February
- **10.0** Adjournment Motion by Allison Jones to adjourn the meeting at 4:50 p.m., seconded by Marva Aitken. All in favor. Motion carried.

### **Obituary**

### **Gary Imel**

Gary Imel, 67, passed away July 17 at home in Fort Wayne, Ind.

Born in Fort Wayne, Gary was a son to the late Donald and Ruth (Bellanger) Imel. He married Sandra Conover, and



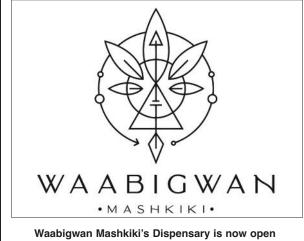
she survives. Gary was self-employed in the metal industry for most of his career. He was a member of the White Earth Nation. He enjoyed attending Komet Hockey games, NASCAR and spoiling his grandchildren.

Surviving are his wife, Sandra Imel; sons, Chris (Taylor) Imel and Colin (Elizabeth) Imel; stepsons, Paul (Aubree) Velarde and Garrett Troyer; siblings: Rocky (Shari) Imel, Kim (Rich) Schneider, Gina (Cesar) Imel and Jason (Emily) Imel; eight grandchildren; nephews, Shane Imel and John Imel; a host of nieces and nephews; and his beloved cat, Simba.

Gary was also preceded in death by his siblings: Edward Bellanger, Bob Imel, Lee Imel, Jack Imel, and Donald Imel.

Celebration of Life service was held Sunday, Aug. 4 at New Haven Conservation Club in New Haven, Ind.

Arrangements: Covington Memorial Funeral Home. Interment: Covington Memorial Gardens.



at our new location at in Mahnomen

Monday-Thursday: 10 a.m. to 7 p.m. Friday-Saturday: 10 a.m. to 8 p.m. Sunday: 10 a.m. to 4 p.m.

Phone: 218-936-1801

### **Mahnomen School Board Elections**

Ambe Anishinaabeg! You can help create the vision and goals of our district and serve our students!

Are you interested in serving our community and improving the conditions for our Indigenous students at Mahnomen Public Schools? Daga - please consider serving as a School Board Member.

File before 5:00 pm August 13th at the Mahnomen Schools District Office.

The General Election will be held on Tuesday, November 5, 2024. At that time, <a href="three-gains-months-right-numbers">three-gains-months-right-numbers</a> will be elected to the school board for terms of (4) four years each.

Our students need you! We <u>need three</u> candidates to run for these positions to help ensure our community's voices are heard on behalf of our children.

At election time in November, we need everyone to vote! We need people to vote for our three Anishinaabe candidates.

### To file for Candidacy

- Obtain an Affidavit of Candidacy form from the school District Clerk, Delane Schaumburg.
- File your Affidavit of Candidacy and a \$2 filing fee with Delane Shaumburg, District Clerk, in the District Office at 310 W Madison Avenue, Mahnomen, MN 56557
- When you drop off your filing paperwork, make sure you get a copy of it and have them sign off they
  have received it, with the date.
- If you need someone to accompany you to the District Office, please contact Dana Goodwin Williams at dana.goodwin@whiteearth-nsn.goy, or 218-935-3513.

Candidate Filing Period: Tuesday, July 30 - Tuesday, August 13, 2024 at 5:00pm

Questions about filing? Contact the District Office at 218-935-2211 or Delane at dschaumburg@mahnomen.k12.mn.us





### **B&G Club Summer Food Service Program**

The Boys & Girls Club of the White Earth Reservation is participating in the Summer Food Service Program (SFSP).
Meals will be provided to all children without charge. Meals will be provided, on a first come, first serve basis, at the following sites, times, and dates/days during the summer as follows:

Site Name	Site Address	Dates and Days of Operation	Meals with Service Times
Mahnomen Boys & Girls Club	416 S Hwy 59 Mahnomen, MN	June 3rd-August 30th, 2024 Mon – Friday	Breakfast 8:30-9:30 Lunch 12:30-1:30
Naytahwaush Boys & Girls Club	2531 310 <sup>th</sup> Ave Naytahwaush, MN	June 3rd-August 30th, 2024 Mon – Friday	Breakfast 8:30-9:30 Lunch 12:30-1:30
Pine Point Boys & Girls Club	48580 Pow Wow Hwy Ponsford, MN	June 10th- July 31st, 2024 Mon – Friday	Breakfast 8:30-9:30 Lunch 12:30-1:30
Rice Lake Boys & Girls Club	13830 Community Loop Rd Rice Lake, MN	June 3rd-August 30th, 2024 Mon – Friday	Breakfast 8:30-9:30 Lunch 12:30-1:30
Waubun Boys & Girls Club	1041 Dutch St Waubun, MN	June 3rd-August 30th, 2024 Mon – Friday	Breakfast 8:30-9:30 Lunch 12:30-1:30
White Earth Boys & Girls Club	26310 Crane Road White Earth, MN	June 3rd-August 30th, 2024 Mon –Friday	Breakfast 8:30-9:30 Lunch 12:30-1:30

\*Hours are subject to change due to staffing.

For more information, contact Aimee Drift at 218-935-3519

To file a program complaint of discrimination, complete the <u>USDA Program Discrimination Complaint Form (AD-3027), found online</u> at http://www.ascr.usda.gov/complaint\_filing\_cust.html and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992.

Submit your completed complaint form or letter to USDA by

- mail: U.S. Department of Agriculture
   Office of the Assistant Secretary for Civil Rights
   1400 Independence Avenue, SW
   Washington, D.C. 20250-9410
- Washington, D.C. 20250-9410
  2. fax: (202) 690-7442; or
  3. email: program intake@ueda.e

This institution is an equal opportunity provider

# Your job search ends here www.whiteearth.com

### **Howah Ads**

### **Happy Birthday Mom**

Love dad, Karissa, Mike and the boys

August 28th



Happy <u>10th</u> Birthday Bee!

### **Liam Murray**

Love Mom

August 26th

Happy 6th Birthday

### Ella Fern

Love Mom, Hanna, Emani, Eevi, Papa & Gramma, Uncle Joe & Aunty Sanrina, Carter and Weston

August 19th

Happy <u>79th</u> birthday to my dear Papa Bear aka Sugar Bear

I love you with all my heart Dad!



# Happy Birthday **Dani**

Have the best day ever from Kat, Karissa, Terri, Tanya

Aug 6th

A big birthday wish to our grand daughter

### Aspen Rain

Love you - from Papa and Grandma, uncle Dez, Karissa, Mike and the boys

August 29th

### REMINDER!

Howah Ads are \$5 with a picture or \$4 without.

All payments must be made in advance.

No exceptions

### **WE Nation welcomes MN Housing Commissioner**



**Photo by Sage Thompson** 

The White Earth Tribal Council and staff recently welcomed Minnesota Housing Commissioner Jennifer Leimaile Ho, center, and her staff for a consultation meeting at the RBC building. They discussed supporting housing, homeless issues, funding opportunities, and received an update from Minnesota Housing.

### **AT** Readers

Please let us know if you recently moved, or have moved in the past few years so we can cancel your old address.

Many papers are still being sent to old addresses!

Call the *AT* at 218-935-3569 or email today@whiteearth-nsn.gov



### White Earth Constitution Reform Delegates **Delegate Vacancies Information**

The White Earth delegate group has two (2) delegate slots we need to fill by election:

1 delegate slot - representing District 1 1 delegate slot - representing District 3

Delegates must reside in the voting district (1 and 3), and must be a Minnesota Chippewa Tribe member. Please contact any of the listed delegates for more information or to submit your name for the election. The election will be held in September 2024 (date-TBD), date and time will be posted in the White Earth tribal newspaper, & social media.

### Current Delegate Contact & District Vacancies:

Angel Stevens	District 1	(218) 204-1564
VACANT	District 1	
Patty Straub	District 2	(218) 473-2135
Mykee Brown	District 2	(218) 902-0287
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		(, ,,
Emily Annette	District 3	(218) 849-0717
VACANT	District 3	
Raymond Bellcourt	At-Large	(218) 204-1646
Jolyn Donnell	Cass Lake	(218) 368-4329
Jolyn Donneil	Cass Lake	(210) 300-4329
Louie Johannsen	Iron Range	(218) 929-0725
		. ,,,,,,,,
Sybil Gund	Metro/Urban	(651) 398-1324

Our local delegate meetings are held 2 or 3 times per month. 1 meeting each month is held at one of the other MCT reservations ( $3^{rd}$  Friday of month).

se join our delegate group, we represent White Earth as a part of the Minnesota Chippewa Tribe. No er requirements are needed – just your interest and knowledge you can share with others.

### White Earth Reservation - District 1

WHITE EARTH CONSTITUTION REFORM DELEGATE

### **DISTRICT 1 NOMINATION & ELECTION NOTICE**

The White Earth Constitution Reform Delegate group has

1 opening/slot for District 1.

How to apply: Let any of the White Earth Delegates know of your interest to serve, you will be placed on the ballot. Requirements: 1. A member of the Minnesota Chippewa Tribe,

2. Reside in White Earth District 1.

Nominations will stop on Friday, August 30th.

- Election to be held on FIRST DAY OF RICING ON LOWER RICE LAKE (TBA-MEDIA)
- District 1 Polling/Election at the RICE LAKE **COMMUNITY CENTER**
- Voting Time: from 10:00 to 2:00

### White Earth Reservation - District 3

WHITE EARTH CONSTITUTION REFORM DELEGATE

### **DISTRICT 3 NOMINATION & ELECTION NOTICE**

The White Earth Constitution Reform Delegate group has

1 opening/slot for District 3.

How to apply: Let any of the White Earth Delegates know of your interest to serve, you will be placed on the ballot.

Requirements: 1. A member of the Minnesota Chippewa Tribe,

2. Reside in White Earth District 3.

Nominations will stop on Monday, August 5th.

- Election to be held on Saturday, August 10th, 2024
- District 3 Polling/Election at the Pine Point Powwow
- Voting Time: from 12:00 to 3:00

You can reach the Anishinaabeg Today at email today@whiteearth-nsn.gov



### Community Extension Garden Educator

Position Summary: Under the supervision of the Extension Supervisor, the Extension Garden Educator assists with the program's Food & Sustainability Initiatives in coordination wit work plans. The position's focus is on strengthening community food security through the coordination and facilitation of food-based knowledge and skill building learning opportunities gh gardening and the harvesting of traditional for

Work Schedule: Monday - Friday, 8:00am-4:30pm

### Advertised Salary: \$21.32/hour

- Minimum Qualifications:
- Experience with health and nutrition, small scale-restorative agriculture, and/or natural
- At least 2 seasons of experience in organic gardening or farming

 A combination of education and experience may be considered.

Visit www.wetcc.edu for the full job posting as well as the application and background check form.

### Naytahwaush Community Charter School **Current Job Openings**

FT Elementary Teachers Needed! Naytahwaush Community Charter School Open until filled - Starting at \$46,680 Amazing Students & Amazing Staff **Bachelor's Degree Required** Email, cover letter, resume & reference letters to:

FT Special Education Teacher Naytahwaush Community Charter School Open until filled - Starting at \$46,680 Amazing Students & Amazing Staff Bachelor's Degree Required Email cover letter, resume & reference letters to: Nicolei@nwtschool.org

FT Therapist/School Counselor/Social Worker Needed Naytahwaush Community Charter School Open until filled - Starting at \$46,680 Supervision for clinical hours provided Amazing Students & Amazing staff Bachelor's Degree & Mental Health Training Required Email, cover letter, resume and reference letters to: Nicolej@nwtschool.org

1/2 Time DAPE and General Ed Rhythm Teacher Naytahwaush Community Charter School Open until filled - Starting at \$46,680 Amazing students & Amazing staff
Bachelor's Degree & Mental Health Training Required Email, cover letter, resume and reference letters to: Nicolej@nwtschool.org

**PCA Certified Paraprofessionals** Naytahwaush Community Charter School Open until filled - Starting at \$18.00 with PCA certification \$19.50 with PCA and 2-year or passed paraeducator or pro Amazing students & Amazing staff Email, cover letter, resume, & reference letters to: Nicolei@nwtschool.org



Naytahwaush Community Charter School Independent School District 4155 P.O. Box 242 Church Street Naytahwaush, MN 56566 Phone: 218-935-5025 Fax: 218-935-5263 www.ntwschool.org

### Thank You

For the family of Shawn Warren we would like to give a special thanks to Paula, Kaylea and Candace Smith, Laura Lee Erickson and all our family and friends for all you did and your support. Thank you.

### The Bellanger Family

There really aren't any words to express our heartfelt thanks for the support and sympathy you have extended toward our family before, during and after our time of loss. We want to express our sincere gratitude and appreciation to: Nick and Ben Podlak, Debwe MC, Smokey Hills Drum, Fr. Jon, Essentia Health and Anderson Funeral Home. For all that sent cards, food and kept us in your prayers, we appreciate everything you did for us.

**Dar Shaugabay Family** 

### **Diabetic Bingo**



TRIBAL PUBLIC HEALTH

ne and it costs noth

All July & August scheduled Diabetic Bingo dates have been cancelled, due to the fire in Ogema.

We are hoping to be back up and running for September Bingo Dates. Please check your site for updated information.

September 5th, Thursday September 4th, Wednesday

September 25th, Wednesday

**Shooting Star Casino** 

September 11th, Wednesday

Navtahwaush White Earth - Congregate

Rice Lake

Bingo at the Shooting Star Casino Event Center will, be at 1:00pm

Bingo in Naytahwaush is at the Sports Complex, E.N.P dining hall after the 11:30 meal.

Bingo in White Earth is at the Congregate Center, Dining Hall after the 11:30am meal

Bingo in Rice Lake is at the Rice Lake Community Center after the 11:30 E.N.P meal.

October 3<sup>rd</sup>, Thursday October 2<sup>nd</sup>, Wednesday October 11th, Wednesday

**Shooting Star Casino** 

Pine Point **Elbow Lake** 

October 23<sup>rd</sup>, Wednesday Mahnomen - Valley View

Bingo at the Shooting Star Casino Event Center will be at 1:00pm Bingo in Pine Point is on the west side of the School in E.N.P Dinning Hall after the 11:30 E.N.P meal. Bingo in Elbow Lake Village is at the E.N.P building, after the 11:30am meal. Bingo at Valley View will be in the Community Room beginning at 1:00pm

Schedule is subject to change without notice. If the RBC or the ENP site is closed. Bingo will be rebooked to another date, if possible

### Attention New Homeowners & Existing Homeowners

If you are in need of a Well and Sewer System for your house/ trailer home you can contact White Earth Water & Sewer for an application as we receive grants.

### Requirements to qualify for the grants are:

- \* Tribal Enrolled member
- \* Reside on the White Earth Reservation
- \* Show proof of land (Land Deed/Tribal Land agreement) and proof of homeownership
  - \* 18 years of age or older
- \* Must have electricity, heat source, and interior plumbing to the home
- \* Income verification (some existing home owners grants require)

Contact us at 218-983-3202



# NURSE **ON SITE**



August 6th, 20th and 27th & September 3<sup>rd</sup>, 10<sup>th</sup> and 24<sup>th</sup>

Rice Lake Community Center from 9:30 to 11:30 am

Pine Point Community Center from 1:00 to 3:00 pm

Nurse will be available for: blood sugar testing, blood pressure, temperature, lung sounds, oxygen saturations, weight, cholesterol screenings and ABI testing and scheduling

Questions? Call 218-255-2204 or 218-280-6283

### **NEED MORE ENERGY?**

# JOIN STAR FITNESS CENTER TODAY!

Located in the Manitok Mall, Mahnomen

Email Jackie. Haugo@whiteearth-nsn.gov or call 935-0808 or 218-401-2421 to fill out an application

### **NEW KEY CARD HOURS:**

Monday-Friday 6 a.m.-10:00p.m. (age 15-17) Saturday &-Sunday 6 a.m.- 6:00 p.m. (age 15-17)

Adults (18 & older) get 24 hour access 7 days a week.





### Ganawendandaa Nibiikaangi Let's Protect Our Waters

### Help Stop Aquatic Hitchhikers

To avoid spreading aquatic invasive species do the following:

**BEFORE** launching and **BEFORE** leaving.

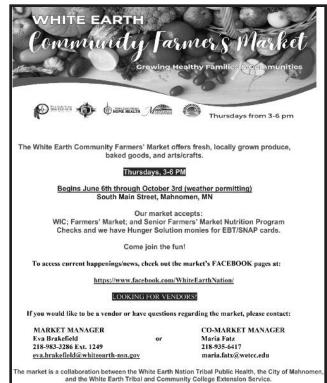
- ◆ Remove aquatic plants and aquatic animals
- Drain lake/river water away from the landing
   Dispose of unwanted live bait in the trash

It's <u>unlawful</u> to transport aquatic plants, and zebra mussels.











### September 9 - October 4, 2024

### Maadaadizi Workforce

4 weeks | Monday - Friday 8:00am - 4:00pm

Training takes place at Maadaadizi Workforce Center in Naytahwaush, Minnesota

Opportunities for Growth Training

access transportation funds
start a new job
attend trainings.
Must be 18 to 24 years old
White Earth Reservation Boundaries,

Justice impacted,

· Need GED or ABE,

·Parent currently or previously incarcerated

• IEP

Substance Abuse

Any of these can qualify you, applications online or can be picked up at the Maadaadizi Workforce Center 218-936-2444

# HOST AN EXCHANGE STUDENT AND BRING THE WORLD TO YOUR HOME

Your opportunity to learn new customs and perspectives, share American culture, and build connections that cross borders and last a lifetime.



FOR MORE INFORMATION, PLEASE CONTACT:

Roberta Lotvola: r.lotvolaciee@gmail.com

I can work with families that live in the Mahnomen, Waubun and Detroit Lakes schools districts.



### White Earth hosts 3x3 Basketball Tournament

Officers (CSO) and the White Earth Youth Basketball Association (WEYBA) hosted a 3x3 Basketball Tournament on July 27 at the White Earth Community Center.

There were 10 youth teams in three divisions with kids representing Red Lake, Ada, Lake Park, Detroit Lakes, and local tribal communities. Pressure Boys (Mahnomen) took first in 3-4th grade division; Young Native Elite (Detroit Lakes) took first in the 7-8th grade division, and TTG (Waubun) placed first in the 18U division.

Three women's teams comprised of players from Bemidji, Cass Lake, and local tribal communities competed in the early afternoon with Cass Lake coming out on top as champions.

The men's division had 10 teams representing communities as far away as Hillsboro, Cass Lake, and New York Mills. More than half of the entrants were local players who battled through the best competition level we have had to date for the championship. Sota (Cass Lake) secured their back-to-back championship with a 21-15 win to bring the tournament to an end.

All participants recieved a t-shirt with

The White Earth Community Service their paid entry that were sponsored by the CSO program and the White Earth Youth Basketball Association (WEYBA). We thank all players, coaches, and spectators for supporting this event and we look forward to hosting many more!







**Submitted photos** 

### Runners tow the line in HOWAH 5K Walk/Run



Photo by Jackie Haugo

Almost 100 participants completed the HOWAH 5K Walk/Run during the RBC Employee Appreciation Picnic held July 19 at the Shooting Star Casino in Mahnomen.

### **Boys & Girls Football Camp**





**Photos by Sage Thompson** 

A Boys and Girls football camp was recently held at Circle of Life Academy. The event was led by Levi Horn, a former NFL player and an Indigenous Drug and Alcohol Educator who has a passion for working with Native youth. The two-day camp included warm-ups, football fundamentals, and skill and technique building. Levi also incorporated mental health topics, and healthy coping skills, and discussed motivation and attitude, goals, commitment, positive self-talk, and managing anxiety/emotions.

### **Making Winnow Dishes**



Submitted photo

Becky Howard and her husband Michael Fairbanks recently held a class on how to make birch bark Winnow Dishes for fanning wild rice at the Rice Lake Community Center. The class was sponsored by the White Earth Culture Program and Behavioral Health. Proudly showing her project is Angel Stevens.