# **NISHINAABEG TODAY**

# A Monthly Chronicle of the White Earth Nation

Vol. 28 No. 12

White Earth, Minn.

today@whiteearth-nsn.gov

Wednesday, December 6, 2023





Submitted photo

The Boys and Girls Club of White Earth held their American Heritage Month Powwow on Nov. 22 at the Pine Point School. New Boys and Girls Club Royalty are Brave - Anthony Niingozis Chiltion of Rochert and Princess - Cielito Ivana Diaz of Pine Point.

Postal Customer

ECRWSS

### Lake Village. Page 12: Students at Ogema Elementary School recently honored area Veterans. Page 16: The Waubun

Page 7: New homes are being constructed in Rice

WHAT'S INSIDE!

School Forest Ski Hut is gearing up for the winter season.

Page 17: See highlights of the White Earth Veterans Powwow.

Attention readers: If you move you must contact us to update your addresss in order to keep receiving your paper. Email: www.today@ whiteearth-nsn.gov

# Thunderbirds end season at US Bank Stadium

By Sue Gruman Kraft Mahnomen Pioneer

The Mahnomen-Waubun Thunderbirds Football Team ended the 2023 Fall Football Season at the US Bank Stadium in the State Class A Semi-Finals Game vs. the Springfield Tigers. The Springfield Tigers won 36-12. The Thunderbirds made us proud, with a 10-1 season record.

Coach John Clark Jr. commented: "It was a tough game for us. Springfield was every bit as good as advertised. They had tremendous speed, good size and strength. Offensively, we just couldn't sustain any momentum in the first three quarters. We would get a couple of first downs, but then put ourselves in too many third and long situations which is not our forte. We also had five turnovers which ended up being huge momentum swings."

"Defensively, we played great against the run the entire game. Unfortunately, their speed hurt us in the passing game. They connected on several nice passes to get or keep momentum. The highlight of the game for me was when Springfield had first and goal at the half yard line and our boys stopped them from scoring! Even though the outcome of the game was decided, they dug in and won the next play! That showed great character and determination."

Springfield is a very worthy contender for the state championship. They forced us into mistakes and capitalized on most of them. Our boys fought until the bitter end. We just came up short on the scoreboard. But the coaches couldn't be prouder of the effort and class we showed in defeat.'

"The team accomplished a lot this season and should be proud of themselves as well. It was a great year with a lot of lifetime memories made! Thanks to all the fans who have supported us all season. It is truly appreciated!"

The Springfield Tigers were leading 28-0 at the half of the game, and they led throughout the game,





Photos by Hallie Clark

Top: Tanner Stech attempts a extra point kick after a touchdown. Dominick Neisen was the place holder. Bottom: Blake McMullen scored on a 8-yard touchdown run.

making five touchdowns and scoring their 36 points, prior to two touchdowns for the Thunderbirds, both in the fourth quarter.

See Football Page 27



Photo by Hallie Clark

The Mahnomen-Waubun Thunderbirds football team finished the season with a 10-1 record. This team photo was taken after defeating Ada-Borup 16-14 at the Fargodome to solidify the Thunderbirds' thirdstraight Section 8A championship.

### Anishinaabeg Today

The Anishinaabeg Today (AT) is the official publication of White Earth Nation and is published once a month. Editorials and articles appearing in the AT are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the AT staff or the White Earth Reservation Business Committee.

The *AT* reserves the right to reject any advertising or materials submitted for publication. The submission of articles and photos is encouraged, however, they are subject to editing for grammar, length, and malicious/ libelous content. The Editor makes the sole decision of what is published in the *AT* and will not assume any responsibility for unsolicited material nor will the *AT* guarantee publication upon submission. *Deadlines are strictly enforced!* Deadline dates are printed below in each issue.

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**For more information** call 218-983-3285 Ext. 5903, email: today@whiteearth-nsn.gov, fax: 833-607-0776, or write to:

Anishinaabeg Today PO Box 418 White Earth, MN 56591

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| Future Issues *                              |                   |  |  |  |
|--|-------------------|--|--|--|
| <u>Deadline</u>                              | <u>Issue Date</u> |  |  |  |
| December 26                                  | January 3         |  |  |  |
| January 31                                   | February 7        |  |  |  |
| February 28                                  | March 6           |  |  |  |
| March 27                                     | April 3           |  |  |  |
| April 24                                     | May 1             |  |  |  |
| * Deadline and issue dates subject to change |                   |  |  |  |

# This is what healing, reconciliation can look like

**By Amy Myszko,** Program Manager Niibi Center

The Niibi Center has been continuing to deepen partnerships with St. Benedict's and St. John's Universities in order to work towards healing and reconciliation from generational trauma that White Earth Tribal members and descendants experienced (and continue to experience) during and after the Boarding School era.

The Dioses of these Universities have been collaborating the White Earth Tribal Historical Preservation Officer (THPO) Jaime Arsinault and members of the Niibi Center's staff, amongst others, to repatriate archival documents from the Boarding Schools that were historically run by these institutions back to the White Earth Tribe. Professor Ted Gordon and some incredible students under his direction, have spent countless hours transcribing thousands of pages of handwritten documents in order that they can be catalogued and ultimately preserved digitally.

The Niibi Center is acting as one of the cultural advisors regarding how these documents should be digitally archived and who should have access to them. Along with the THPO and representatives from the Universities and the Abbey, we will be working to create a plan for how to digitize, store, protect and mindfully share the information in a culturally respectful manner. Arsinault has also been pivotal in ensuring that appropriate documents from the archived material are made available for elders who cannot wait the years it will take to digitally archive and preserve the many thousands of pages of documents that the Universities are repatriating to the Tribe.

This collaboration builds on work that the Niibi Center, Gordon and Arsinault have been doing to collect and archive interviews with boarding school survivors and their descendants, as well as create healing circles in which White Earth Tribal members are able to share openly about boarding school and generational trauma. Students from the St. John's and St. Benedict's have been able to participate in multiple of these healing sessions and have been actively building relationships with White Earth community members.

The Niibi Center is also excited to begin collaborating with a local alternative elementary school in Bemidji called Apple Blossom Village, which serves children from preschool through 4th grade. We are thrilled to be able to sponsor scholarships through the Earl and Kathy Hoaglund Sacred Manoomin Fund for local Indigenous students and descendants who might not be able to afford the school otherwise.

Apple Blossom is a unique, Waldorf inspired outdoor immersion education model that focuses on helping children cultivate their relationship with the natural world and offers the children opportunities to learn languages including Anishinaabemowin, as well as regularly bringing in Indigenous teachers for arts, crafts, stories and games.

We will be sponsoring a Winter Traditions event to support Apple Blossom on Saturday, Dec. 9 from noon to 3 p.m. at the Apple Blossom Yurts (the outdoor space at Rail River Folk School). The event will feature Indigenous storytelling, games, crafts, food, fires and fun and it's free for all families who wish to come!

Indigenous families who attend can find out more about the scholarships and get a free ticket for the Apple Blossom Winter Wonder Village from 3-6 p.m. that same day. There are currently open spaces in the Preschool and Kindergarten classes, you register to have a child placed on the wait list for the 1st-4th grade classes.

For more information contact Dacia Dauner at naturalchildhood@gmail.com.

Next year, the Niibi Center's language immersion program will be collaborating with Apple Blossom for a youthfocused Ojibwe language immersion day, so stay tuned! Language reclamation and cultivating traditional knowledge are key components for healing and moving forward in balance. Through various community collaborations, the Niibi Center is devoted to support healing from generational trauma, and we are also devoted to investing in our future, the children, as both are crucial for our people to thrive.

### Holiday ode to the White Earth Reservation Ambulance Service

Thanks to WERAS, our rez EMS, saving lives they're the best of the best. All our ambulance heroes are true treasure, not zeroes; you can search far—North, East, South, and West.

> They know all the facts and the skills, to do rescue for trauma and ills. And they also respect our Ojibwe dialect, and our culture, on all the four hills.

They know that it's not quite enough, when the going gets scary and rough, just procedure and wit their compassion must fit; and it does, every day, that's no bluff.

So, when you must call 911 on a day that's more hurtful than fun, WERAS earns their top ranks, think of saying miigwech/thanks, as your journey to healing's begun.

Chi-miigwech, Wopila, WERAS EMS crewmembers for lifesaving kindness, wisdom, and skill,

 $Carson \ Gardner, M.D$  White Earth Tribal Health Medical Director



### 3

# White Earth tribal offices closed for the holidays

White Earth RBC offices will be closed on Monday, Dec. 25 for **Christmas Day** and will reopen on Tuesday, Dec. 26 at 8 a.m. They will also be closed on Monday, Jan. 1 for **New Years Day** and will reopen on Tuesday, Jan. 2 at 8 a.m.



I understand that the information I am providing on this form is for registration purposes. The information will be used by the White Earth Tribal Council to create statistical reports and may be used by service providers to help identify other services from which I may benefit. This information will no be released to anyone other than the above-mentioned parties in a way that will identify me as an individual unless I sign a separate consent for that purpose. I understand that I do not have to sign for release of information but will still receive services for which I am eligible.

| Signature                   | Date                              |  |  |  |  |
|-----------------------------|-----------------------------------|--|--|--|--|
| White Earth Reservation Ele | der Data Form                     |  |  |  |  |
| Name:                       |                                   |  |  |  |  |
| Address:                    |                                   |  |  |  |  |
|                             | Zip:                              |  |  |  |  |
| Phone:                      | Tribal Enrollment No              |  |  |  |  |
| Date of Birth:              |                                   |  |  |  |  |
|                             |                                   |  |  |  |  |
| This White Earth E          | Elder Data Form must be turned in |  |  |  |  |

I his White Earth Elder Data Form must be turned in **by December 8**. They can be mailed to: Tribal Health Department, PO Box 496, White Earth, MN 56591

# News From Chairman Michael Fairbanks

Aaniin Boozhoo Gaa-waabaabiganikaag Niminwendam Waabaminaan!

### Manidoo-giizisoons.

Aaniish inaa akawe ninga-gaagiizomaag aadizookaanag.

Anishinaabe Dengwechigaans Biizikan. Weweni-sago-na.

Greetings White Earth Nation I am Happy to See You!

It is already December!

Everyone be safe, stay safe, and Elders and our people with disabilities please pull out the old masks and mask up as Covid is on the rise everywhere.

Gichi Manidoo Chi-miigwech for another wonderful year at Gaawaabaabiganikaag our White Earth Nation. I am looking forward to another amazing year to come. Miigwech to our White Earth membership and employees for all you do for our communities and Nation as a whole.

As we are approaching the last days of 2023 and as we approach the holidays, we are reminded that it's a time to celebrate family, friends and the many things in our lives. For many of us it is also a time to honor our faith, whatever it may be, and remember the people important who have made their journeys and are no longer with us. It's a time to reflect back on the year and the New Year 2024 for things to come. For many of us it's a time to celebrate our family and cultural heritage in whatever form it is.

Our creation stories are very sacred and can only be told when there is snow covering the ground. So I am going to explain where Nanaboozhoo came from in case anyone ever wondered. By Basil Johnston's account Nanaboozhoo is the youngest of four brothers: Cheeby-aub, Pukawiss, and Maudjee-kawis. Their mother is Winonah, whose name means, first born daughter, and is actually a Dakota name. She is the daughter of Nookomis, Grandmother Moon. Winoah passed away a few days after giving birth to Nanaboozhoo so her mother Nookomis cared for him thereafter.

Long ago, in a time when Mother Earth was still young, lived our great Anishinaabe hero Nanaboozhoo. He is known for his cunning, wisdom, bravery and mischief. One day, a terrible darkness fell upon the land as the Giizis; father sun disap-



peared from the sky. Anishinaabe people were filled with fear and confusion, they hollered for the sun which they knew had had never gone missing before. Nanaboozhoo knew that he had to do something to bring back the sun and restore light to Aki-Mother Earth.

He called upon the spirits of the animals, known as awesiinyag, for their assistance. The spirits of the animals hold great power and wisdom, and they were willing to help Nanaboozhoo on his quest. Among the spirits that answered Nanaboozhoo's call were Zhaashaawanibiisens the martin, Nigig - otter, and Waawaabiganoojiinh - mouse. They were accompanied by other animals, each contributing their unique skills and abilities. Nanaboozhoo set out on a journey towards the place where the sun rises- Wauban, determined to find out what happened.

As he traveled, Nanaboozhoo learned that Giizis - father sun had been taken captive by Majiikiwis, a powerful and malevolent spirit. Majiikiwis had killed Jiibaybooz, a dear friend of Nanaboozhoo, and trapped his spirit in the underworld. Nanaboozhoo was filled with grief and anger, and he vowed to avenge his friend and free Giizis Father Sun. Using his incredible knowledge and skills, Nanaboozhoo crafted a being called Mishibizhiw the Water Panther out of the lost souls of the departed. The Water Panther was a fearsome creature, strong and capable

See Chairman Page 27



Photo by Becky Howard

The White Earth Behavioral Health Culture Department held a Healing Feast on Nov. 29 at the Shooting Star Casino. The December Behavioral Health Cultural calendar of events can be seen on Page 28.

## News From Secretary-Treasurer Michael J. LaRoque

#### Aanin Boozhoo

Greetings White Earth Members, I have the honor of providing you with the monthly report of the Secretary/Treasurer position for the White Earth Tribal Council. The monthly report consists of reports of the activities of each division within the White Earth Reservation Business Committee, these Division consist of Public Safety, Natural Resources, Human Services, Behavioral Health, Judicial, Indian Child Welfare, Cultural, Public Works, Health, Compliance, Economic Development, WELSA, and Enrollments.

I will be featuring the White Earth Culture Division and Conference updates.

#### **Culture Division**

The White Earth Nation Language and Cultural Division exists to help ensure culture is being integrated into the programs, events, and schools throughout Whtie Earth Nation.

We would like to welcome Rob Tibbetts as our new Cultural and Language Coordinator. This position is responsible to direct and oversee tribal cultural resources, language revitalization and activities to further promote, support and engage our people and communities in our White Earth Nation's Culture and Language goals, plans, strategies, and focus.

The Cultural and Language Division is funded by the General Fund. There are other cultural positions within the White Earth Government which are funded by Behavioral Health and Indian Child Welfare.

The General Fund budget is \$268,994 for operating and salary and fringe.

**Native American Finance Office Association** 

On Oct. 1-3, I attended the Native American Finance and Tribal Economies Fall conference at the Sheraton Grand at Wild Horse Pass in Phoenix, along with Tribal Finance CFO Tracy Lhoaka and her staff. The conference offered two full days of high-quality, educational breakout sessions, and general sessions focused on discussing critical issues facing Indian country. I met the Tribal Governor of the host tribe Gila River Indian Community Stephen Lewis.

80th Annual National Congress of American Indians

On Nov. 11-17, I attended the NCAI Conference in New Orleans, along with Chairman Michael Fairbanks and other administration staff. The event



was hosted at the Ernest N. Morial Convention Center for the 80th Annual Convention and Marketplace, where attendees can work collaboratively to protect and advance Tribal Sovereignty.

Tribal leaders, NCAI members, Native youth, and partners from across Indian Country gathered in person to discuss critical issues, develop strategy, and to embark upon a new era of Nation-to-Nation engagement. Attendees and the public were able to browse the Marketplace, which featured a variety of booths ranging from artists to federal job recruiters and much more.

I also attended the Midwest Regional Caucuses, where Leech Lake Secretary/Treasurer Lenny Fineday was voted in as Vice President for our Region.

Tribal Leader Chief Executive Melanie Benjamin from the Mille Lacs Band of Ojibwe introduced Resolution NO-23-075 Requesting the Bureau of Indian Affairs to list the six Tribes of the Minnesota Chippewa Tribe individually in the Annual BIA Federal Register List of Tribal Entities for Funding and Services from the BIA. This Resolution was introduced and passed by NCAI.

In closing I want to thank the members of the White Earth Nation for giving me this opportunity to serve as the Secretary/Treasurer for this great nation. I look forward to moving forward with great progress and optimism and I hope we can work together for a brighter future. Miigwech!

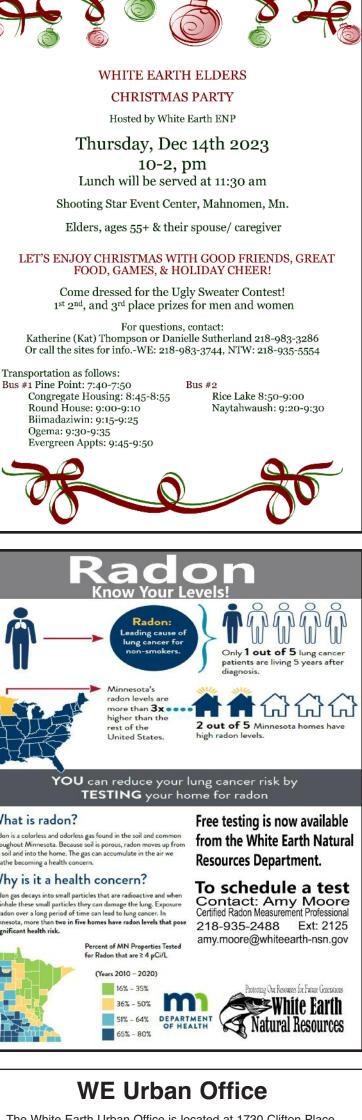
Michael J. LaRoque

Secretary-Treasurer



receive a gift from Santa.

Youth must be registered by November 24th and present at the party to receive a gift. Call Char Lee at 651-262-7602 to register.



The White Earth Urban Office is located at 1730 Clifton Place, Suite 100 in Minneapolis.

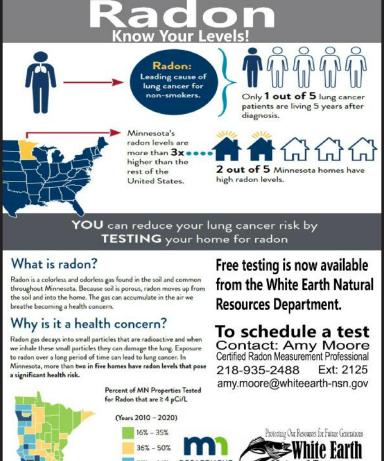
612-813-1590 / Office hours are 8 a.m. to 4:30 p.m.



Submitted photo

White Earth Secretary-Treasurer Michael LaRoque, left, with Gila River Indian Community Tribal Governor Stephen Lewis.





### News From District II Rep. Eugene Sommers

#### Boozhoo Anishinaabe,

In the past month, I had the honor of serving as a keynote speaker at the annual Nonpoint Source conference, organized by the Environmental Protection Agency in Minneapolis. During this event, I took the opportunity to share the rich history of the White Earth Nation and emphasized the connections we hold with our lands and natural resources. It's crucial for the EPA to recognize that Tribal Nations possess a distinctive relationship with their land/territories, and as the original stewards of the land, their insights are invaluable

While in Minneapolis, I had the opportunity to participate in the White Earth Urban Community Council Meeting. Additionally, I attended an event at the Guthrie Theater, hosted by the American Indian College Fund. The highlight of this gathering was a presentation on food sovereignty, skillfully led by Jacob McArthur, a dedicated White Earth Enrollee. Jacob not only shared his personal journey and experiences with the White Earth Food Sovereignty Initiative but also illuminated his role as an ambassador for The American Indian College Fund. Jacob is doing great things and representing White Earth in a good way, Chi Miigwech Jacob!

### Minnesota Social Studies Standards Hearing

On Nov. 8-9, I testified to support the ongoing revision of social study standards in the State of Minnesota, particularly for the inclusion of Tribal Histories and Government Structures. Recognizing how instrumental Tribes are in bolstering the State's rural economy and serving as leaders in administering essential service. Expressing concern, I believe the current social study standards perpetuate a distorted narrative about our people as if we no longer exist, inadvertently creating a sense of exclusion from historical accounts. It is my firm belief that these standards should be revised to accurately reflect our historical narratives and acknowledge the many contributions made by Tribal Nations. By doing so, we can rectify the current historical oversight and ensure a more inclusive and truthful representation of history.

#### Meeting with Secretary of State

On Nov. 9, the RBC engaged in a meeting with the Minnesota Secretary of State's office to discuss the imminent Federal and State elections. The focus of our discussion centered on topics crucial to the electoral process, including on-reservation polling locations, voter registration, and identification.

#### **Department of Agriculture Consultation**

The RBC met the Minnesota Department of Agriculture on Nov. 20, delving into conversations about water and environmental standards applicable to both the White Earth Nation and the State of Minnesota. The objective is to foster collaboration, ensuring the adherence to Tribal laws and establishing a framework for due process for non-Tribal members.

# Department of Employment and Economic Development Consultation

On Nov. 28, the RBC engaged in discussions with MN DEED regarding broadband connectivity, specifically exploring funding opportunities for the development of fiber infrastructure. Addressing current challenges where certain areas within the White Earth Nation lack adequate broadband service, collaborative efforts with DEED are underway to bridge these service gaps.

Originally White Earth Nation applied for a NTIA grant to build out our fiber infrastructure, unfortunately the first round of funding had many stipulations and favored Tribes who had existing infrastructure. The alternative path forward is to partner with local service providers to build out fiber connections



in our underserved areas. I would like to see White Earth Nation be its own Internet Service Provider in the future but until then I am open to collaboration to ensure our people have affordable and reliable internet services.

#### Department of Labor and Industry Consultation

The RBC met with the Minnesota Department of Labor and Industry on Nov. 30. Commencing the consultation at the White Earth Tribal and Community College, the meeting began with the college staff presenting an overview of their existing courses and outlining their future plans, particularly highlighting a proposed trades building to the Commissioner. Following a tour of the campus and community education programs, the meeting concluded at the Shooting Star Casino.

During the latter part of the session, staff from the Workforce Center were invited to elaborate on the services they provide. The gathering culminated in a discussion of legislative priorities and a collaborative exploration of how to enhance workforce programs for mutual benefit.

#### **Buffalo Herd**

After nearly 30 years of planning and envisioning, White Earth Nation has successfully welcomed bison onto our lands. A group of four yearling females, sourced from The Nature Conservancy in Indiana. Further plans include acquiring up to six additional bison from another provider later this year.

The White Earth Ag Department has adopted a prudent strategy, starting with a small number of animals (4-10 per year) for the initial three years. This approach allows for the identification of strengths and weaknesses while ensuring a successful venture. Once the bison reach a certain age, their meat will be harvested and distributed to the communities, sustaining this process for the first three years.

Looking ahead to year four, the White Earth Ag Department aims to expand pasture acreage and initiate a breeding herd. The breeding herd will commence with 12 cows and 1 bull, potentially growing to 48 animals over four years. This initiative not only offers a nutritious and cost-effective alternative to beef but also marks a significant stride towards achieving White Earth's food sovereignty and security goals.

### Veterans Powwow and White Earth Honor Guard

This year's Veteran Powwow buzzed with activity, featuring local vendors and dancers from the surrounding area. Notably present was Representative Heather Keeler, a steadfast advocate for the White Earth Nation. A heartfelt expression of gratitude extends to our powwow committees, as well as to all the dancers and Veterans who joined in the celebra-

See Sommers Page 26

### Rez Briefs

### White Earth RBC offices closed for holidays

White Earth RBC offices will be closed on Monday, Dec. 25 for **Christmas Day** and will reopen on Tuesday, Dec. 26 at 8 a.m. They will also be closed on Monday, Jan. 1 for **New Years Day** and will reopen on Tuesday, Jan. 2 at 8 a.m.

#### **Twin Lakes Township meeting**

The next Twin Lakes Township meeting is Tuesday, Dec. 12 at 7 p.m. at Pinehurst Resort in Naytahwaush.

#### **Ogema VFW Post 9880 Auxiliary news**

There is an Ogema VFW Post 9880 Auxiliary meeting scheduled for Monday, Dec. 11, at 9 a.m. at the VFW Hall. If possible please bring Christmas cards. We plan to send greetings to veterans at the VA in Fargo, N.D.

### Waubun School Forest trails are open for walking

The trails at the Waubun School Forest are always open for walking.

### WIC announcements

White Earth WIC has permanently relocated their Naytahwaush location to the Waabinokwe Health Center located at 2471 310th Avenue in Mahnomen. They have temporarily relocated the White Earth location to the Tribal Health Building at 26246 Crane Road in White Earth. This will be in effect for the next few months while the clinic is renovating. Please contact WIC with any questions at 218-204-0399 or 218-401-4247. Thank you!

#### White Earth Urban Office

White Earth Urban Office is located at 1730 Clifton Place, Suite 100, in Minneapolis. The phone number is 612-813-1590 and the office is open Monday to Friday from 8 a.m. to 4:30 p.m.

## Announcement from the White Earth Education Division

Please contact our **NEW** Student Finance Program for questions regarding:

White Earth Scholarship Program White Earth Johnson O'Malley Program White Earth Education Assistance

Staff is also available to answer questions regarding financial aid, FAFSA, scholarship opportunities, and other assistance available.

Stop in the RBC Education Office or call 218-983-3285 Ext. 5302 or 5309

# **Valleyview Commons**

Mahnomen has immediate openings for 1 bedroom units

\$500 Visa gift card move-in special!!!

**Qualification Changes!** 

Rent is income based.

All ages welcome to apply

No income restrictions

For more information contact DW Jones Management. 218-547-3307 or apply at www.dwjonesmanagement.com



CREATING BETTER LIVING Equal Housing Opportunity



# News From District III Rep. Cheryl 'Annie' Jackson

Boozhoo Everyone,

Beginning of December already! I hope everyone is ready for the white stuff.

First, I want to send my condolences to all that have lost loved ones. This is never easy, but know my prayers are with you all.

Meetings attended:

Nov. 1 – RBC and COLA School Board

Nov. 3 - RBC and IHS (Raimy Ronning/Pat Butler)

Nov. 6 - RBC Debriefing

Nov. 7 – MCT Special Finance Meeting – Cass Lake Nov. 20 – RBC Debriefing

Nov. 20 – RBC and Department of Agriculture – Commissioner Peterson and Staff

Nov. 21 – RBC and Department of Navy Nov. 27 – RBC Debriefing

Nov. 28 – Cultural Committee Meeting

Nov. 28 - RBC Consultation with Minneaota DEED

Commissioner

Nov. 28 – RBC and IHS (Raimy Ronning/Pat Butler) Nov. 29 – WE RBC Monthly Meeting

We have been getting very good updates from Raimy Ronning, the White Earth IHS CEO. She is very open and optimistic about changes that are coming up. She is working on scheduling in all departments, bills being paid on time and getting doctors on board. It has been a pleasure meeting with her monthly.

We try to hold debriefings every Monday. Sometimes there are other things planned, but we do try to have one weekly if all the council is available. In these debriefing sessions, we get updated on a lot of different issues. We also meet with different departments to get updated on what they have accomplished or what is in the works. These are very informative for all RBC reprensatives.

Special Finance was to go over the job description for the Finance Corporation Director at MCT Finance. It was approved by the Finance Committee, it then moved forward to the Legislative Committee for final approval.

The Department of Agriculture meeting went well. Commissioner Thom Peterson and staff were able to answer many questions that we had. Upcoming legislative sessions were discussed, doesn't sound like there will be much for this department.

They updated us on funding and Natural Resources employees were there to give updates on what they have been working on.

The Cultural Committee meeting was good. They are working on ways to assure our culture is at the forefront in all our communities. This is the first meeting that I attended with staff from different programs coming together to assure that all information is correct and that we are able to provide services throughout the reservation.

The RBC Regular Meeting was held Nov. 29 at the Shooting Star Casino. The meeting went well and many things were approved. Elders Commission gave a very good report, and the White Earth Council of Elders did too. It is always good to hear from our elders.

I hope everyone had a great Turkey Day!

If the holidays get to be overwhelming, please reach out. You are not alone. This is a joyous time of year, but it can also be a tough time for all of us. My love to all.

Until next month...

Respectfully,

**Cheryl "Annie" Jackson** District III Representative 218-401-0238

# News from the White Earth Police Department

From July 1 to Sept. 30, the following amounts of suspected controlled substances have been seized by the White Earth Police Department.

Cocaine – 2.1 grams

Fentanyl Pills –150 pills

Fentanyl/Heroin Powder – 98.59 grams

Methamphetamine – 12.8 grams

Other Pills – 44 pills

Unknown Substance/Marijuana – 4,617.49 grams (pending further tesing)

One tenth of a gram or one pill is considered to be approximately one "dosing unit." The White Earth Police Department has seized approximately 49,249 dosing units of suspected controlled substances from July 1 to Sept. 30.

The White Earth Police Department has seen Xylazine mixed with Fentanyl seized on the reservaion and large amounts seized coming to the reservaion. The street term for this drug is "Tranq." There is no known way to bring anyone back if they are overdosing on Xylazine. Contact White Earth Behavioral Health or the White Earth Police Department if you would like to speak to someone about getting help.

We encourage the public to utilize our dispatch center and our tip lines to report criminal activity in their communities.

The White Earth Police Department has a great relationship with our partnering agencies including the multiple attorney offices that we work with and we would like to thank our partnering agencies for their help.

The White Earth Police Department is committed to providing a safe community for everyone to enjoy and we would like to thank the community for its help in achieving that.

Anyone with information about any ongoing case or narcotics trafficking can contact us at 218-983-3281. Community members can also leave a tip by scanning the QR code below or by following the link below:

https://mobile.catapultems.com/drug.../whiteearth/Report



The White Earth Nation is creating its first Climate Action Plan to increase climate resilience and reduce greenhouse gas emissions in our community.

# We Want Your Input!

### Take Our Climate Action Survey

Please take our survey and share your concerns, thoughts, and ideas you would like us to explore to help White Earth Nation reduce its community-wide greenhouse gas emissions and increase our collective resilience to climate change impacts.

Find the survey here: https://forms.gle/bb4T8LKKq2j9FG8F8



150 Survey participants will be drawn for a recycle receptacle for home!



# Iron Range Area Community Council

The Iron Range Area Community Council holds a meeting on the second Thursday of each month at 6:30 p.m. at the Greenway Township Hall in Marble, Minn.

The Council encourages everyone to attend and get involved.

### News From District I Rep. Henry George Fox

#### Boohoo,

White Earth Nation and District 1 it is awesome to see the tiny homes project making very good progress. The ground work and cement foundation is being done by Gordon Construction, HVAC and plumbing by Lee's Plumbing, and heating and electrical being done by Kevin Clark Sr. It will be great to see this finally get up so we can house some of our homeless Elders. I would also like to say Miigwech to our prior District 1 Representative Raymond Auginaush for the work he had done with this project. I'm also working closely with the Rice Lake Community Council on a some of their projects.

I'm also working with the Elder Advocates on the needs of our Elders home repair, and just checking on them. I attended the Tribal and State relations training on our Treaties and knowing just how big of territory that the Natives have with the 1854 and the 1855 treaties.

At this time I would like everyone to know about our drug issues. We need to know where they are, what thier drug of choice is and where they are staying. Sometimes it takes tough love but we still need to care about them and hope and pray that they get better. Unfortunately, this time of the year a lot of the treatment centers are full because of the change of seasons. I am attending the Mash-ka-wisen Advisory



Board and we meet every three months.

Take care of your family and report any kind of abuse and have a wonderful month. Stay warm and safe.

My number is 218-407-2729 or 218-358-0753.

Henry G. Fox District 1 Representative White Earth Nation



The tiny homes project in Rice Lake is making good progress. The cement foundations have been poured by Gordon Construction. The houses are being built for homeless Elders.

### White Earth Council of Elders

#### By Lucille Silk, Chairperson

White Earth Nation Council of Elders

The month of November has disappeared and we will begin our Christmas season with all the festivities. We pray that all families had a wonderful Thanksgiving holiday with all the delicious foods and gatherings together. Some of our Elder Council made turkey with all the trimmings for the residents at the Congregate Housing in White Earth. We also played bingo with them and everyone received at least one prize. Thanks to Beverly Johnson and myself for the prize donations. Joan Thompson did most of the cooking with Barb Hanks and others filling in some of the food items. What a fun day!

The VFW/Auxiliary of Ogema Post 9880 members were at the Ogema School to honor the current and deceased Veterans at the Ogema Elementary School on Friday, Nov. 10 since Veterans Day was on Saturday. This event was held during the student's annual music program. Pictures of local Veterans both current and deceased were shown with pictures and their duty status. Thank you to all those families that brought pictures to share.

The Council of Elders held their monthly meeting at Rice Lake Village on Nov. 7 with bi-annual nominations for the four open Board positions. Voting was held on Tuesday, Dec. 5 in White Earth. This paper went to press before the results were made available. We always begin our meetings with a prayer and a volunteer is always recruited to assist us. Thank you Natalie McArthur for helping us out. We had a delicious meal provided by the ENP that was delivered from Naytahwaush. If anyone wants a copy of our minutes, they can contact our Secretary, Missy Fairbanks, and her telephone number is always listed with other Board members at the end of this article. We appreciate your cooperation as we try to save the trees.

On Nov. 6, several Elders from local churches met with our RBC to present a proposal to assist the cemeteries that have been in disrepair for so long on this Reservation. Also, it was advised that parish committees have requested support in having no burials during the winter months in order to maintain the upgrades that have been made. A fence will be placed at Calvary cemetery as the same for St. Columba Episcopal in White Earth. Please understand the ramifications that occur when graves are dug in winter.

The Christmas Party for Elders will be Thursday, Dec. 14 at the Shooting Star Casino Event Center in Mahnomen.

The Reservation Business Committee meeting was held Nov. 29 at Shooting Star Casino. Elders are always encouraged to attend as we have many issues to address.

Thank you to all readers for allowing me to continue this article each month.

We wish you all the Blessings of this Holy season and pray that your health and happiness will continue on a good path. Stay warm, keep safe, and take care of each other.

The wind blows wherever it pleases. You hear its sound, but you cannot tell where it comes from or where its going. So it is with everyone born of the Spirit. Merry Christmas.

Lucille Silk, Chair / 218-983-3768

Lawrence Crowell, Vice Chair / 218-252-9390 Missy Fairbanks, Secretary / 218-401-0553



# Governor Walz becomes first governor in state history to visit all 11 Tribal nations in Minnesota

[ST. PAUL, MN] - Governor Tim Walz and Lieutenant Governor Peggy Flanagan recently visited the Shakopee Mdewakanton Sioux Community, making Governor Walz the first Minnesota Governor to visit all 11 Tribal nations in Minnesota. During their visit, the Governor and Lieutenant Governor met with Chairman Keith Anderson and Secretary and Treasurer Rebecca Crooks-Stratton to learn about Tribal priorities.

"No Governor in the history of our state has visited all 11 Tribal nations. Today that changed," said Governor Walz. "I am incredibly proud to reach this milestone on the final day of Native American Heritage month. By learning from and working handin-hand with Tribal governments, we'll continue building a state government that works better for everyone and ensures Minnesota is a place where Tribal nations and their citizens can thrive."

"Since we took office, our administration has been committed to strengthening relationships with all 11 Tribal nations in Minnesota. By traveling to Tribal lands and meeting with the 11 Tribal governments, we've put those words into action," said Lieutenant Governor Flanagan. "The Tribal nations are our partners, and these visits are part of ensuring that our relationship with each individual Tribal nation respects their independent self-governance. This is a big deal, and I'm proud to celebrate this milestone, but this isn't the end of our work. We will continue to maintain our relationships with Tribal nations in a good way for the benefit of Tribal members and all Minnesotans."

The Governor has now visited all 11 Tribal nations in Minnesota:

Red Lake Nation: Oct. 29, 2020 Fond Du Lac Band: Oct. 30, 2020 Prairie Island Indian Community: June 26, 2021 Bois Forte Band: Sept. 13, 2021 Upper Sioux Community: April 12, 2022 Mille Lacs Band: June 1, 2022 Grand Portage Band: Sept. 26, 2022 White Earth Nation: May 4, 2023 Lower Sioux Indian Community: Aug. 1, 2023 Leech Lake Band: Sept. 27, 2023 Shakopee Mdewakanton Sioux: Nov. 29, 2023

In 2021, Governor Walz signed a bill codifying government-to-government relations and Tribal consultation into law. The bill recognizes the unique legal relationship of the 11 Tribal nations; affirms Tribal sovereignty; and requires state agencies to appoint Tribal liaisons and attend Tribal-state relations training for state leaders and employees.

WEUCC-White Earth Urban Community Council ELDER BUS TRIP TO THE

White Earth Elder Christmas Party 12/13-14/23

Bus trip to the Shooting Star Casino on the 13th (check in at 4 PM)

Attend the Elder Christmas party on the 14th and then head back to the cities.



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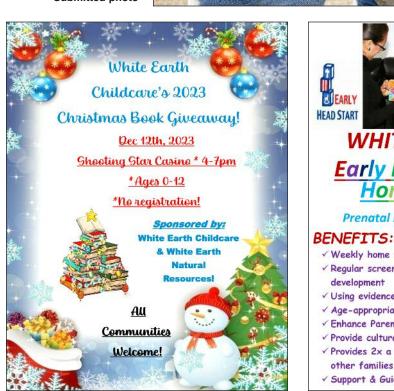
Slipped & fell or

attacked by a dog?

Governor Tim Walz and Lieutenant Governor Peggy Flanagan visited the Shakopee **Mdewakanton Sioux** Community on Nov. 29, making Walz the first Minnesota Governor to visit all 11 Tribal Nations in Minnesota.

Walz vists with Shakopee **Mdewakanton Sioux** Community Secretary-Treasurer Rebecca Crooks-Stratton.

Submitted photo





✓ Weekly home visits

✓ Using evidence- based curriculum ✓ Age-appropriate materials

Provides 2x a month socialization with

✓ Support & Guidance to Parent/ Guardian

other families in the community

Enhance Parental practices

Provide cultural experiences

development



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- Open to Enrollees and Descendants
- Living on the White Earth Reservation

Applications can be found on the White Earth Nation website under the Human Services - Forms tab - Workforce Froms. Employee Service Intake Application (SYEP). Completed applications must be submitted to the Maadaadizi Workforce Center.

> Maadaadizi Workforce Center 3081 Workforce Rd. P.O. Box 69 Naytahwaush, MN 56566

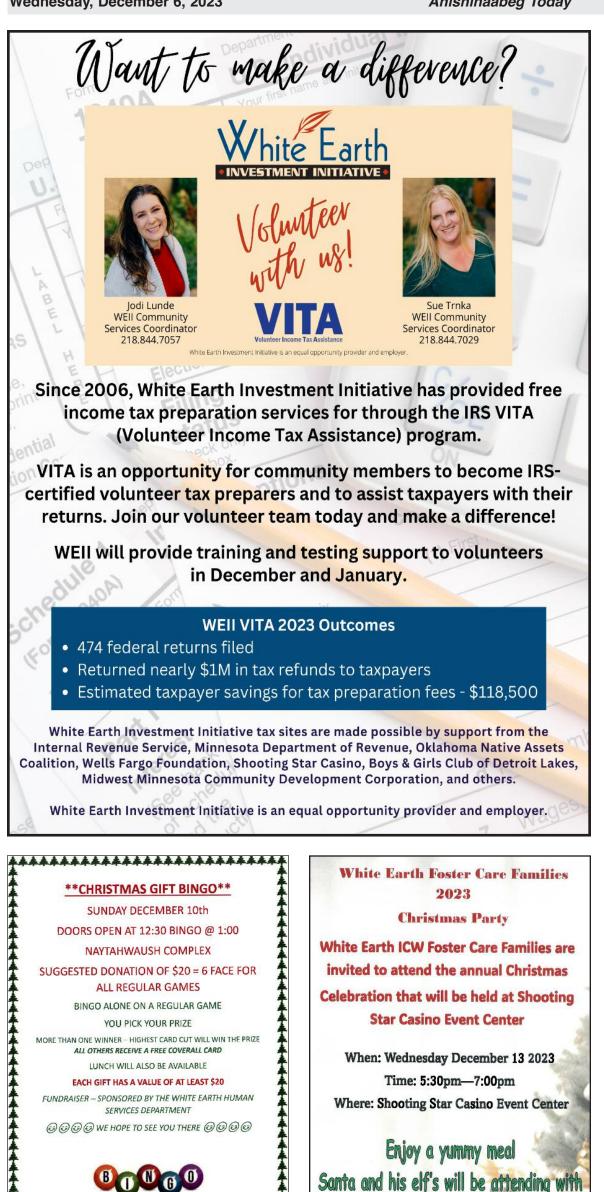
Brenda Weaver–Destiny Zornes

218-936-2444 ext. 3215-3251

Fax 218-935-0480

8

OOOO WE HOPE TO SEE YOU THERE OOOO



Enjoy a yummy meal Santa and his elf's will be attending with Candy Bags & Drawings

# THE DOCTOR'S CORNER

# Sharing Winter tips

### By DeAnne L. Udby, PharmD, BCACP, NCPS White Earth Health Center

Winter is here whether we like it or not! The White Earth IHS Pharmacy took the letters in W-I-N-T-E-R to pick some topics that we thought were important to share with you.

W - Wreaths: Last year was the 1st year the WE Pharmacy organized the 'Sponsor A Wreath' event. Pharmacy staff members bought and decorated holiday wreaths that were displayed in the lobby of the clinic during the holiday season. After Christmas, the wreaths were donated to the Elder's Holiday Party to be given away. This year, we plan to continue the tradition. Stop by the clinic during the month of December to see the beautiful wreaths and if you have any ideas on where we can donate them this year, please reach out to a member of the pharmacy staff.

I - Immunization season is here! Are you up to date on your vaccinations? Several vaccines are recommended yearly, like flu and COVID-19, to help protect you and your community from severe illnesses. Other vaccines, like pneumonia and RSV vaccines, are recommended based on your age and other underlying health conditions. Talk with your pharmacist to find out which vaccines are right for you!

N - The Naytahwaush pharmacy team is filling >95% of all prescriptions on-site for those picking up locally. If you want to pick up your medications in Naytahwaush, be sure to use the refill line (218-983-6380) when able and specify your pickup site as "Naytahwaush Health Center". Be sure to take advantage of all the services the Waabinbokwe Health Center (Naytahwaush) has to offer and make us your Medical Home!

T - Team Pharmacist: The White Earth Indian Health Service clinic strives to be your Patient-Centered Medical Home (PCMH). It provides you with a team, including pharmacists, who focus on achieving YOUR healthcare goals together. Your provider may refer you to your team pharmacist to work with you to understand your conditions and medications and select the best medication treatments to improve your health.

E - Extra Time: Using our automated medication refill line (218-983-6380) is the preferred method for all patients to request their refills. Please request medication refills at least 3-5 days ahead of time. If you are signed up for our mail out program, ensure you are requesting your medications even earlier than usual as the mail service is busy during this time of year and we want to make sure you get your medications before you run out. Thank you!

R - The White Earth IHS Pharmacy strives to be a RESOURCE for your medication and health related questions. We wish you a RESTFUL holiday season and a REMARKABLE new year!





WHITE EARTH NATION COMMUNITY WELLNESS & RECOVERY NAVIGATORS & **Community Health Outreach Workers** "OSHKAABEWISAG" (HELPERS) Mahnomen Navigator & <u>C.H.O.W</u> Community Service Manager Liaison for our CSO- Sue Hanks CSO-Jedediah Desjarlait (218) 401-0415 Community (218) 401-3829 C.H.O.W- Edith Smith C.H.O.W- Dawn Basswood Members for Programs 218-401-3682 (218) 401-1216 Rice Lake Navigator& offered on The White N.T.W. Navigator & C.H.O.W C.H.O.W CSO-Dustin Keezer Earth Reservation. CSO-Shawn Goodman (218) 401-0576 (218) 401-1989 -Access to Rule 25's C.H.O.W-Heidi Goodwin C.H.O.W-Indy LaFriniere -Access to Mental Health. (218) 401-4693 (218) 401-3828 White Earth Navigator & C.H.O.W Pine Point Navigator& C.H.O.W -Access to Narcan CSO-Isaiah Smith CSO-Contact SUE HANKS -Housing Resources (218) 401-3593 C.H.O.W-Deon Bellanger -Assist with Ceremonies C.H.O.W-Tricia Jones (218) 401-3844 (218) 401-4695 -Host Community Events

**Overdose Response Officer** 

men: Anthony Malmo (218)-401-1141

Rice Lake: Darrel Fox (218)-401-4739

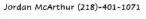
Pine Point: Allison Jones (218)-401-0561

White Earth: Justin Brown (218)-401-3091

Outreach: NTW: Michael Weaver (218)-401-2824 Cassandra Hanks (218)-401-1173 Overdose Response Coordinator

Ralph Goodman (218) 401-3198

Behavioral Health Administrator





## AT Subscribers

\*\* Please let us know if you recently moved, or have moved in the past few years so we can cancel your old address. Papers are still going to old addresses

> Call the Anishinaabeg Today at 218-983-3285 Ext. 5903 or email today@whiteearth-nsn.gov

# **Holiday safety** Make responsible choices and look out for one another

### By Amy Elfering, RN

White Earth Tribal Public Health

As we enter the holiday season, it's important to prioritize safety to ensure a fun and accident-free time for everyone involved. Here are some holiday safety tips to keep in mind:

1. Stay alert while shopping: Crowded malls and stores can be prime pick pocketing and theft spots. Be aware of your surroundings, keep your purse or wallet close to your body, and avoid carrying large amounts of cash. Try to shop during daylight hours and park in well-lit areas.

2. Use caution with decorations: Decorating for the holidays can be a fun and festive activity, but it's essential to do so safely. Use high-quality, certified decorations for safety, be cautious when using electrical outlets, and avoid overloading them. Keep flammable materials, such as wrapping paper, away from heat sources like candles and fireplaces.

3. Practice safe cooking: Cooking for holiday gatherings can be a joyous occasion, but it's important to take precautions to avoid accidents. Follow food safety guidelines, such as washing your hands and cooking food to the proper temperature. Keep a fire extinguisher nearby in an emergency; never leave cooking food unattended.

4. Stay warm and dry: Winter weather can be unpredictable, so it's important to dress appropriately for the conditions. Wear non-slip shoes or boots with good traction and be cautious of icy or wet surfaces. Dress in layers to stay warm and keep extra blankets and winter gear in your car in an emergency.

5. Drink responsibly: Alcohol is often a part of holiday celebrations, but it's important to consume it responsibly. If you choose to drink, do so in moderation, and never drink and drive. Designate a sober driver or use a ride-sharing service to get home safely. Also, remember to stay hydrated and avoid drinking on an empty stomach.

As December rolls in, we are reminded of the importance of National Impaired Driving Prevention Month. This month-long observance serves as a reminder of the potentially devastating consequences of driving under the influence of drugs or alcohol. It is a time for us to reflect on our behaviors and consciously try to keep our families and loved ones safe.

Driving while impaired is a serious issue that affects not only the driver but also passengers, pedestrians, and other innocent bystanders. It can lead to tragic accidents, injuries, and even fatalities. That's why it is crucial to take proactive steps to prevent impaired driving and to encourage others to do the same

There are many ways to stay safe on the road during the holiday season and beyond. Some tips include designating a sober driver, using a ride-sharing service, or simply staying put if you have been drinking. By making responsible choices and looking out for one another, we can all work together to prevent impaired driving and ensure everyone arrives home safely. Let's make this National Impaired Driving Prevention Month count and keep our communities safe. By keeping all these detailed tips in mind, you can help ensure a safe and joyful holiday season for yourself and your loved ones.

## White Earth welcomes Minnesota commissioner



Photo by Laura Lee Erickson

White Earth Tribal leaders recently met with Minnesota Department of Revenue Commissioner Paul Marquart and staff. Tribal leaders took the commissioner and his staff on a tour of the different programs and services offered in Mahnomen. In addition to the tour, the group discussed sales tax for recreation vehicles, pontoons, boats and ATVs; clarification for sales taxes on modular homes moved to the reservation; tax agreement; construction materials exemption; local option sales tax; Child Tax Credit, plus more. From left are Secretary-Treasurer Michael LaRoque, District III Rep. Cheryl "Annie" Jackson, District II Rep. Eugene Sommers, Commissioner Paul Marquart, and Chairman Michael Fairbanks.

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| *** Snowplowing will b   | triveway (only for new applicants):<br>be done <mark>only when snowfall accumulation exceeds 4" inches or more.</mark><br>driveway or sidewalk will not be done. |
|  | e elder will be required this year on the plowers timesheet.   |
| White Earth Water & Sewe<br>P.O. Box 418<br>White Earth, MN 56591<br>Phone #: 218-983-3202<br>Fax #: 218-983-4350<br>E-mail address: Lisa.Dono | er Department<br>wan-Larson@whiteearth-nsn.gov or Betsy.Smith@whiteearth-nsn.gov   |
| Shop Wild  | Rice Market this holiday season  |
|  |  |

Shop local this holiday season! White Earth Market, located at the RBC headquarters downstairs next to the cafeteria, would like to invite you to stop in and check out the store. We carry many items and you are sure to find something for everyone. We carry wild rice, maple syrup, maple candy, honey, beadwork, birch bark, flags, local arts and crafts as well promotional items and many other items. We accept payroll deduction on purchases of \$50 or more.

# The Light Is In YOU.

We all can lose our way when walking in the darkness of substance use and finding the light within...may seem impossible. But, that light is still burning, all it needs is a little guidance. Alluma is here to help you overcome, to move forward, to live life, through our shamefree Outpatient Treatment Programs, Substance Use Counseling, Group Counseling, and Peer Support Services.

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# December 3, 10, 17 & 25 | 4PM-8PM

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# **Ogema Elementary honors area Veterans**

### By Margaret Jirava

A Veterans Day Concert was held Nov. 10 at the Ogema Elementary School. The opening ceremony was held with the Ogema VFW Post 9880 posting the colors and Pledge to the Flag.

Music teacher Anne Champa did a fantastic job with Kickstart through 3rd grade. The students did an awesome job with thier songs. Anne also put together a slide show of area Veterans with the help of the Ogema Auxiliary.

If your picture was not on the slide show and you'd like it to be in the future, email Anne a picture or drop one off in the office. She can add it for next year.

This year there were more than 160 Veterans recognized. Veterans that were present were also recognized and presented a flag. It was a full house! We would like to thank Anne Champa for all her hard work organizing this program.





Submitted photos

Ogema Elementary School and Ogema VFW Post 9880 and Auxillary held a Veterans Day Program on Nov. 10 at the school.

# Indulge wisely: Navigating holiday sweets for optimal oral health

As the holiday season approaches, the irresistible allure of festive sweets takes center stage. From gingerbread cookies to candy canes, our taste buds are in for a treat. However, it's crucial to balance the joy of indulging in holiday sweets with the maintenance of good oral health.

Dental experts emphasize the importance of mindful consumption during this sugary season. Alyssa Rowe, a Community Health Dental Hygienist at the White Earth Health Center advises, "While it's natural to enjoy the holiday treats, it's equally important to be mindful of their impact on our teeth. Excessive sugar consumption can lead to tooth decay and other oral health issues."

Here are some tips to maintain optimal dental health without sacrificing the holiday spirit:

1. **Moderation is Key**: Rather than completely abstaining from holiday sweets, practice moderation. Enjoy your favorite treats in small portions and savor the flavors without overindulging.

2. **Stay Hydrated**: Drinking water is a simple yet effective way to cleanse the mouth and neutralize acids produced by bacteria. Make it a habit to stay hydrated, especially after indulging in sugary delights.

3. **Timing Matters**: If possible, consume sweets during mealtime rather than as standalone snacks.

The increased saliva production during meals helps neutralize acids and rinse away food particles.

4. **Opt for Sugar-Free Alternatives**: Consider incorporating sugar-free or low-sugar alternatives in your holiday recipes. This can significantly reduce the overall sugar content while still allowing you to relish the festive flavors.

5. **Maintain Oral Hygiene Practices**: Don't compromise on your regular oral hygiene routine. Brush your teeth at least twice a day, use fluoride toothpaste, and don't forget to floss. These practices are crucial in preventing plaque buildup and maintaining healthy gums.

6. **Choose Sweet Treats Wisely**: Some holiday sweets are less harmful to your teeth than others. For instance, dark chocolate contains less sugar than many other candies and has additional health bene-fits.

Rowe concludes, "Enjoying the holidays and maintaining good oral health can go hand in hand. It's all about making informed choices and being mindful of how our dietary decisions impact our teeth."

This holiday season, let's celebrate with a perfect blend of sweetness and oral health consciousness, ensuring that our smiles remain as bright as the festive decorations adorning our homes.

# White Earth Youth and Elder Fund up and running

The White Earth Youth and Elder Fund Committee has been formed and is officially up and running. If you are an Elder or Youth needing emergency assistance with activities or emergencies, please contact the Administration Department at 218-983-3285 or your district's administrative assistant. This funding should be used as a last resort after you have utilized other tribal programs. If you need assistance contacting other programs, we can help you. Community Councils, sports groups, and other groups can also apply for financial assistance. Our guidelines are available upon request and will be published on the White Earth website soon.



This can eliminate capital gains tax and maximize the impact of your contribution.

- 2 BUNDLE YOUR DONATIONS. Contributing two years' worth in 2023 could help you exceed the standard tax deduction.
- 3 CONSIDER A DONOR ADVISED FUND HERE AT WEST CENTRAL INITIATIVE. Simplify your giving, gain tax advantages, and tap into our expertise about the community.
- IF YOU'RE 70½ OR OLDER, CONSIDER DONATING FROM YOUR IRA. You can direct up to \$100,000 annually from your IRA to West Central Initiative tax-free.

West Central Initiative

Call (800) 735-2239 or visit wcif.org to learn more.



# Update your information with White Earth Enrollments

The White Earth Enrollments staff is asking members to please update your address. If you don't have an address change, you **DO NOT** need to resubmit your information.

For any further questions regarding this matter, please reach out to White Earth Enrollments at 218-983-4643 and they will be best suited to assist you.

The White Earth Tribal Enrollments Address/Update Form can be downloaded at <u>www.whiteearth.com</u> and completed forms should be emailed to:

shannon.heisler@whiteearth-nsn.gov shelley.scheler@whiteearth-nsn.gov



### **Contact Information:**

White Earth Tribal Health Phone: (218) 983-3286 Ask to speak to the "WECARE Program"

WECARE Navigator Phone: (218) 401-3185 or (218) 983-3286 Ext. 1413

WECARE Navigator Phone: (218) 401-2738 or (218) 983-3286 Ext. 1273

WECARE Navigator Phone: (218) 401-2990 or (218) 983-3286 Ext. 1341

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# Finding and hiring the right team to take your company to the next level?

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White Earth Investment Initiative offers affordable business expansion loans for Native American businesses.





White Earth Tribal & Community College is having Open Houses on December 6 and December 11 1:00- 6:00 p.m. Our staff will be available to assist with: WETCC admissions applications Accuplacer assessments Financial Aid Registration for Spring 2024 semester

Deadline for registration is December 15, 2023

# Tips for a Healthy & Safe Holiday Season

While holiday celebrations are meant to bring families and friends together in joy, often they can be stressful. For some, this stress can make reaching for a cigarette or vape tempting. However, there are healthier and more effective coping strategies to try instead:



*Stick to routines.* Changes in eating, sleeping, activity, and schedules can throw our bodies off. Maintain yours as much as possible and stabilize some structure amidst the chaos.



*Keep moving.* Getting in workouts, hikes, walks, or even stretching breaks can boost your mood and reduce stress hormones. Avoid sitting idle.



*Lean on your social web.* Turn to family members, friends, elders, mentors, or advisors you trust to talk issues out or lend perspective. Bond and share laughter too.



Give yourself permission to say no sometimes. You don't have to attend every event or see every relative. Be honest about your limits to avoid overload.



Unplug from the pressures. Quiet time to meditate, pray, practice breathing techniques, or just take in nature can do wonders. Put down your devices for intervals.



*Prioritize sleep.* Stay hydrated and well-rested to keep your body and mind ready for demands. Enforce a regular bedtime regardless of festivities.



Be present instead of perfect. Focus on meaningful moments with loved ones over achieving an imagined ideal holiday. Let go of unrealistic expectations.



Foster small acts of joy. Soak in seasonal songs, make a gingerbread house, watch a nostalgic movie. Delight in simple pleasures amidst the busyness.



The urge to smoke or vape may be painful during stressful times. But willpower, self-care, and trusted support can help you resist without sabotaging your progress. You've got this!



White Earth Nation TRIBAL PUBLIC HEALTH Prevent. Promote. Protect





Wednesday, December 6, 2023

### Johnson earns Transit award



Submitted photo

James Johnson received the 2023 Transit Professional of the Year award from the Minnesota Public Transit Association on Oct. 23 in La Crosse, Wis. His efforts have made White Earth Transit better for all clients both on and off the reservation. He has helped accomplish many grant funding efforts including securement of new equipment and innovations for future Transit needs and continues to show leadership in the field of transportation.

### **Tribal Health director retires**



Submitted photo

The Waubun School Forest Ski Hut is located at 2541 State Hwy 113. The community is invited to use.

# Waubun School Forest Ski Program is gearing up

#### By Connie Soch

Waubun School Forest Volunteer

Soon it will be time to enjoy winter with skiing, snowshoes, and sledding. The ski hut will be open weekends and school holidays once there is enough snow on the trails. It will be posted on facebook page "Waubun School Forest Information."

The Forest is located at 2541 State Hwy 113.

The equipment is there for you to use. We are set up as usual. Everyone needs to clean up after themselves and put away the equipment. We will have someone there on Sunday afternoons to help new skiers get started. It is school property and school rules apply. There are sign up sheets to get names to call for the variety of tasks we have to keep this special place going. Some of the needs are helpers to assist young school groups that come out, being in the hut a couple hours on Sunday, putting glide wax on the skis a couple of times a winter, clearing if there is a wind storm any time of the year, willing to be an officer in the organization to take part in planning. We don't meet often.

Each of these tasks need a lead person who will see the task is done. Us "Oldies" will continue but we need new younger people to take "ownership" of this program so that it continues.

To sign up now or if you want to know more you can call Allen or Loree Hanson at 218-473-2575.

### **Elected state officials tour White Earth Reservation**



Submitted photo

Senator Anne Rest and Representative Aisha Gomez recently met with White Earth Tribal leaders, staff and White Earth lobbyist.

Last legislative session, Senator Rest and Rep Gomez were key leaders in creating a program in the State budget to provide a permanent Tribal Government Aid program. This was passed in the last week of the legislative Session. This is a first of its kind funding in the country for Tribes by a State Government. \$35 million for the 11 federally recognized Minnesota Tribes was approved. This will provide White Earth with a source of funding every year from the State.

The group toured White Earth Reservation and met on important topics including: Tribal Impact Aid Funding, Tribal Probation Project Update and Funding, and Mahnomen Hospital Detox Proposal.

From left are Jennifer Breitinger, Bill Haas, Laura Lee Erickson, Mike LaRoque, Senator Anne Rest, Michael Fairbanks, Representative Aisha Gomez, Henry Fox, Eugene Sommers, Laurie York, and Curtis Rogers.



Photo by Lindsi Darco

A retirement celebration was held for White Earth Tribal Health Director Pat Butler on Dec. 1 at the Tribal Health building. She has worked in Tribal Health for 25 years! Presenting Pat a blanket are Chairman Michael Fairbanks, left and Secretary-Treasurer Michael LaRoque. Interim Tribal Health Director Lindsi Darco said Pat will be greatly missed!

# **Highlights of the White Earth Nation Veterans Pow Wow**



Photos by Gary W. Padrta

More than 253 registered dancers and 21 drums attended the annual White Earth Nation Veterans Powwow held Nov. 11-12 at the Shooting Star Casino in Mahnomen. The host drum was Rocking Bear. The Veterans were honored with the gift of a winnowing tray, wild rice and maple syrup.









Join us for an informational session where you can learn how to care for and train the dogs in your lives. Amanda Wadena, owner of Vindictive K-9 will be offering FREE basic obedience classes in five White Earth communities in 2024. Join us to learn more about this great opportunity. Teens are welcome with a parent.

For more information contact, 218-983-3286 ext. 1373





Register online at weii.website or call

218-844-7029

# Home Stretch Homebuyer **Education** Class

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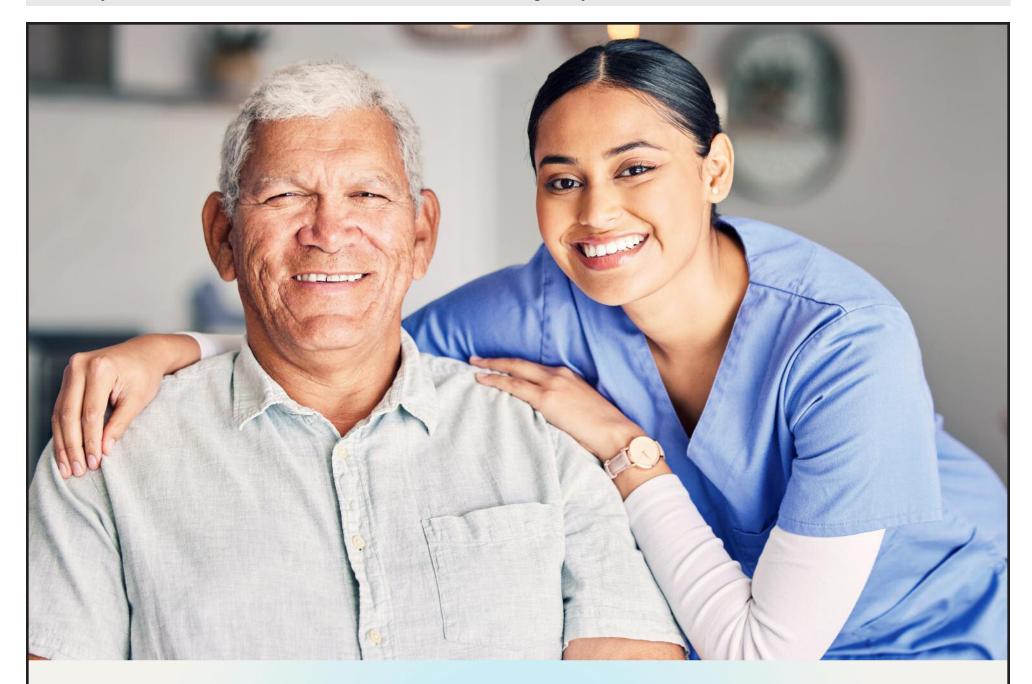
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14CO-70'PA

# **Maria Tallchief**

# New U.S. quarter honors America's first prima ballerina

#### By Sarah Kuta

**Daily Correspondent** 

Throughout the mid-20th century, Osage dancer Maria Tallchief wowed audiences with her graceful, gravity-defying performances. Now, the barrierbreaking ballerina is the latest woman featured on the United States quarter.

Recently, the U.S. Mint unveiled the newest coin in its American Women Quarters Program, which celebrates prominent women throughout history by placing their likenesses on the reverse side of special quarters. The Secretary of the Treasury selects the honorees in consultation with the Smithsonian's American Women's History Initiative, the National Women's History Museum and the bipartisan Women's Caucus. The Mint began shipping the Tallchief quarters on Oct. 23.

The dancer was born in 1925 on Osage Nation land in northern Oklahoma. Her name was Elizabeth Marie Tall Chief, but she later decided to combine her last name into one word and go by her middle name

Tallchief and her sister, Marjorie, began taking dance lessons as young girls. The family-which lived on money from oil discovered on Osage Nation land-spent many summers at a resort in Colorado.

"Every July and August, my parents drove to Colorado Springs, where Daddy played golf and Mother, Marjorie and I played in the pool of the Broadmoor Hotel," wrote Tallchief in her 1997 autobiography. "When I was three, Mother took me for my first ballet lesson in the Broadmoor's basement. What I remember most is that the ballet teacher told me to stand straight and turn each of my feet out to the side, the first position. I couldn't believe it. But I did what I was told."

Later, the family moved to Beverly Hills, California, where the girls continued their music and dance studies. At age 17, Tallchief moved to New York City, where she was selected to join the Ballet Russe de Monte Carlo, a renowned ballet company.

In 1946, she married well-known choreographer George Balanchine and followed him to Paris, where she became the first American to perform with the

Paris Opera Ballet. Later, after Balanchine co-founded what's now known as the New York City Ballet, she became America's first big prima ballerina. This was a big

accomplishment, but Tallchief "wasn't concerned about fame," her daughter, Elise Paschen, tells National

Geographic's Erin Blakemore.

'What she really cared about was the art in and of itself," adds Paschen. "She was magnificent."

Tallchief dazzled audiences throughout the 1950s and early '60s before retiring in 1966. Together with her sister Marjorie, she co-founded the Chicago City Ballet in the 1970s. She was later inducted into the National Women's Hall of Fame and received a Kennedy Center Honor. She died in 2013 at the age of 88.

One of Tallchief's most iconic roles was the title character in The Firebird in 1949. On the new U.S. quarter, sculptor Joseph Menna and designer Benjamin Sowards depict Tallchief floating through the air in the middle of a dramatic leap while in costume for this role.

The quarter features her name in English alongside her Osage name-"Wa-Xthe-Thonba" - written in Osage orthography. Her grandmother selected her Osage name, which means "Two Standards," to describe her two identities: as a ballerina and as a member of the Osage Nation, per the U.S. Mint.

Other women honored by the American Women Quarters Program include Chinese-American actress Anna May Wong, poet and activist Maya Angelou and first lady Eleanor Roosevelt. The initiative started in 2022 and will continue through 2025.

Tallchief was one of five Native American ballerinas from Oklahoma who became known collectively as the "Five Moons." The other dancers were her sister, Marjorie, as well as Myra Yvonne Chouteau, Rosella Hightower and Moscelyne Larkin.

# Cold weather tips for water & sewer service

1. The most likely spot for water lines to freeze is where it enters the house/trailer home/building. Make sure warmer air can reach pipes where water enters the house/trailer home/building. If you have heat tape wrapped around your pipes, make sure it is plugged in.

2. Check around your home for areas where water supply lines are in unheated areas and take measures to prevent the flow of cold air in these areas. Common locations include: basement, crawl space, attic, garage, and under kitchen and bathroom cabinets.

3. Determine where your water shut-off valve is in your house and learn how to use it. For most homes the shut-off valve is located near the water meter at the point where the water line comes into your home, which is usually in your basement. If a pipe freezes and breaks it will be important to know where the shut-off valve is located.

4. Keep the thermostat set to the same temperature both during the day and at night. By temporarily

suspending the use of lower nighttime temperatures, you may incur a higher heating bill, but you can prevent a much more costly repair job if pipes freeze and burst.

5. Do not plow or drive over the area where your water and sewer lines are buried. Doing so pushes the frost further into the ground, increasing the risk of freeze ups.

6. Make sure the roof vent is not covered with snow or blocked. Snow build up over the vent will cause the sewer drain to slow down. This prevents the warmer air in the sewer system from venting up the house and keeping the line above from freezing.

7. Make sure any sewer cleanouts or riser (white pipes in the yard) are capped so none of the cold air can enter the sewer system causing a freeze up.

Please contact the White Earth Water and Sewer Department in the event of your water or sewer system freezing at 218-983-3202. The community water systems will monitor water temperature to prevent community freeze ups.



### Are you that person that has a lot of heart for children and looking to start a business?

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Just **Call** and we will come for a visit to HELP answer your questions.

Contact Kim at 218-983-3285 x1215 or email Kim.Lage@whiteearth-nsn.gov

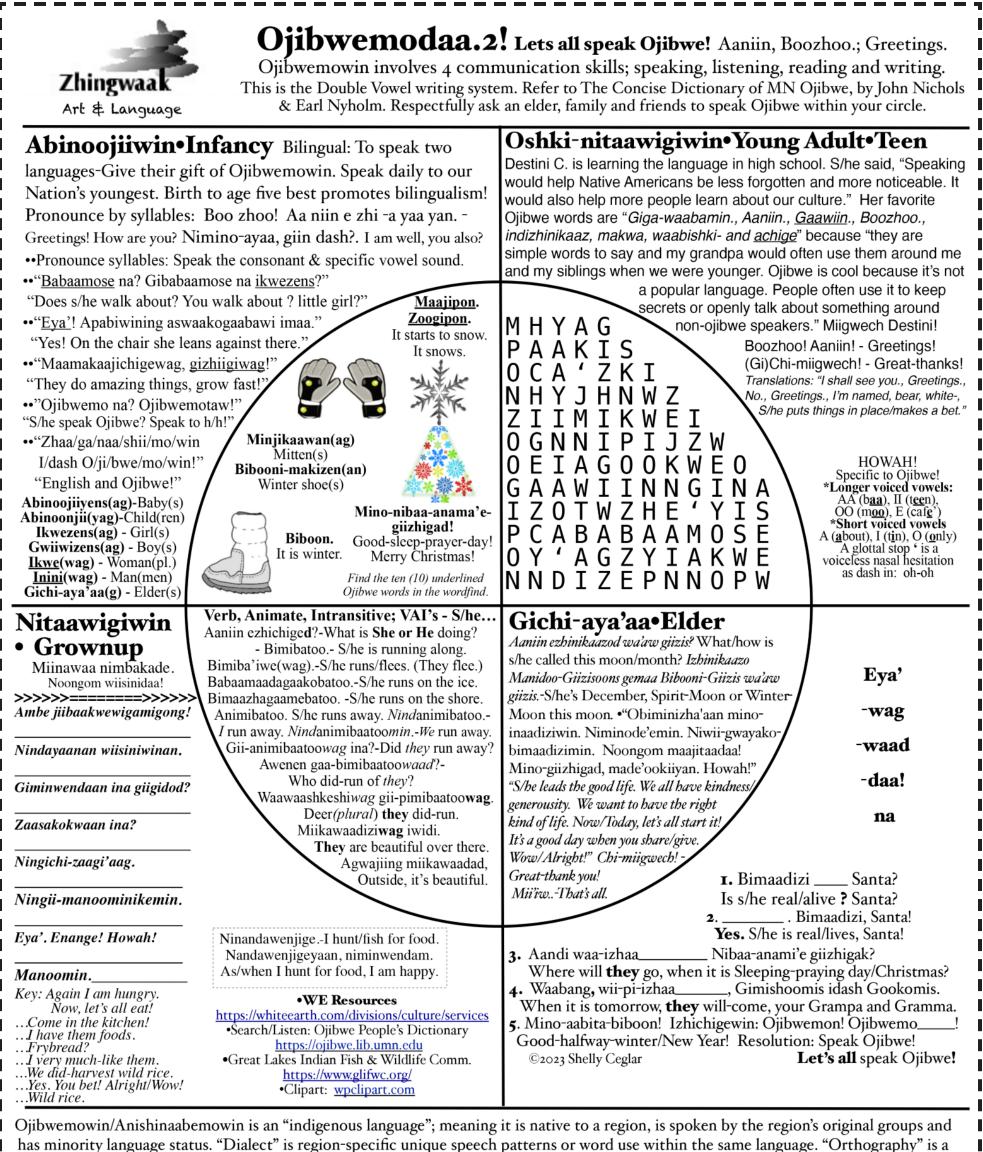
White Earth Child Care Licensing for the White Earth Reservation



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Ojibwemowin/Anishinaabemowin is an "indigenous language"; meaning it is native to a region, is spoken by the region's original groups and has minority language status. "Dialect" is region-specific unique speech patterns or word use within the same language. "Orthography" is a standardized way of writing the language. The Double Vowel orthography is commonly used in teaching Ojibwe in MN & WI circles. MIIGWECH! Share your Ojibwemowin successes, knowledge, resources, how you learn, and help others!

| <ul> <li>Special Events</li> <li>WECOE MTG <ul> <li>December 5th — White Earth</li> </ul> </li> <li>Diabetic Bingo <ul> <li>December 7th— Shooting Star</li> <li>December 13th— Pine Point</li> <li>December 21st — Elbow Lake</li> <li>December 28th —Valley View</li> </ul> </li> <li>Elder Christmas Party: 14th 10-2</li> </ul> | Gaawaa  | White Earth Elder Nutrition Program<br>Gaawaabaabanganikaag Ogikaag Miniwanjige<br>"White Earth Elder Eating Good"<br>Manidoo-Giizisoons (Little Spirit Moon)- December |   |  |  |  |  |
|---|---|---|---|--|--|--|--|
|   | Mon   | Tue   | Wed   | Thu  | Fri  |  |  |
| Elderly Nutrition Program<br>Information<br>*Daily Menu includes 1% milk, and<br>provides 1/3 of the Recommended Daily  |   |   |   |  | l Chef salad<br>w/ the fixings<br>Artisan roll<br>Banana<br>Cookie                               |  |  |
| Allowance (RDA) set by USDA guidelines,<br>with health conscious and cultural<br>consideration to overall well-being.<br>*Menu is subject to change depending on<br>product availability and/or schedule<br>changes   | <b>4</b><br>Chicken alfredo<br>Breadstick<br>Steamed broccoli<br>Tropical fruit         | <b>5</b><br>Chili<br>Cornbread<br>Spinach salad<br>Berry yogurt parfait   | <b>6 Chefs Choice</b><br>Main Entrée<br>Vegetable and/or salad<br>Fruit<br>Bread            | 7<br>Salisbury steak<br>Mashed potatoes<br>Stewed tomatoes<br>Wheat bread                                    | <b>8</b><br>Baked ham<br>Mac n cheese<br>Green beans<br>Garden salad<br>Mixed fruit              |  |  |
| Elders Suggested Donation \$4<br>Guest Meals \$6<br>Questions or comments please contact :<br>White Earth ENP Site (218) 983-3744<br>Elbow Lake ENP Site (218) 734-2315<br>Site Supervisor ~ Tanya Heinonen   | <b>II</b><br>Chicken pot pie<br>Steamed broccoli<br>Bread stick<br>Apricots             | <b>12</b><br>Pork fritter<br>Rosemary potatoes<br>Sauerkraut<br>Dinner roll<br>Peaches  | <b>13 Chefs Choice</b><br>Main Entrée<br>Vegetable and/or salad<br>Fruit<br>Bread           | Pineapple<br>14 Closed for the<br>Elders Christmas<br>Party<br>@ Shooting Star<br>Event Center<br>10 am—2 pm | Fish sandwich<br>w/ lettuce and tomat<br>Baked potato<br>Bananas and pudding<br>w/ wafer cookies |  |  |
| Pine Point ENP Site (218) 573-2210<br>Site Supervisor ~ Angela Clark<br>Naytahwaush ENP Site (218) 935-5554<br>Rice Lake ENP Site (218) 694-2795<br>Site Supervisor ~ Sherry Halberg  | <b>18</b><br>Tomato tortellini soup<br>Ham and cheese crois.<br>Wheat crackers<br>Pears | 19<br>Beef stroganoff<br>Mashed potatoes<br>Italian blend veg.<br>Wheat bread<br>White cake w/ berries  | <b>20</b><br><b>Chefs Choice</b><br>Main Entrée<br>Vegetable and/or salad<br>Fruit<br>Bread | <b>21 Birthday Lunch</b><br>Chicken parmesan<br>over spaghetti<br>Steamed cauliflower<br>Birthday Treat      | 22<br>Manoomin hotdish<br>Glazed carrots<br>Beets<br>Wheat roll<br>Fruit cocktail                |  |  |
| Kat Thompson, ENP Manager<br>Danielle Sutherland, Nutrition Coordinator<br>(218) 983-3286 ext. 1266<br>Katherine.thompson@whiteearth-nsn.gov<br>Danielle.Sutherland@whiteearth-nsn.gov  | 25<br>Closed<br>For<br>Christmas  | <b>26</b><br>Chicken stir-fry<br>Oriental veg,<br>Brown rice<br>Egg roll<br>Mangoes   | <b>27 Chefs Choice</b><br>Main Entrée<br>Vegetable and/or salad<br>Fruit<br>Bread           | <b>28</b><br>Beef stew<br>Biscuit<br>Spinach salad<br>Fruit crisp  | <b>29</b><br>Brunch for Lunch<br>Chefs choice  |  |  |

### White Earth Food Distribution

December 2023 Store Hours / Mon-Thurs 8:30-3:30

### Office Hours M-F 8-4:30 / 218-935-2233

December 2023 Home Delivery Schedule (Subject to Change)

December 8th: Bagley, Ponsford & Naytahwaush

December 11<sup>th</sup>: Mahnomen & Waubun

December 18th: White Earth

December 22<sup>nd</sup>: Detroit Lakes

December 25<sup>th</sup>: Closed for holiday.

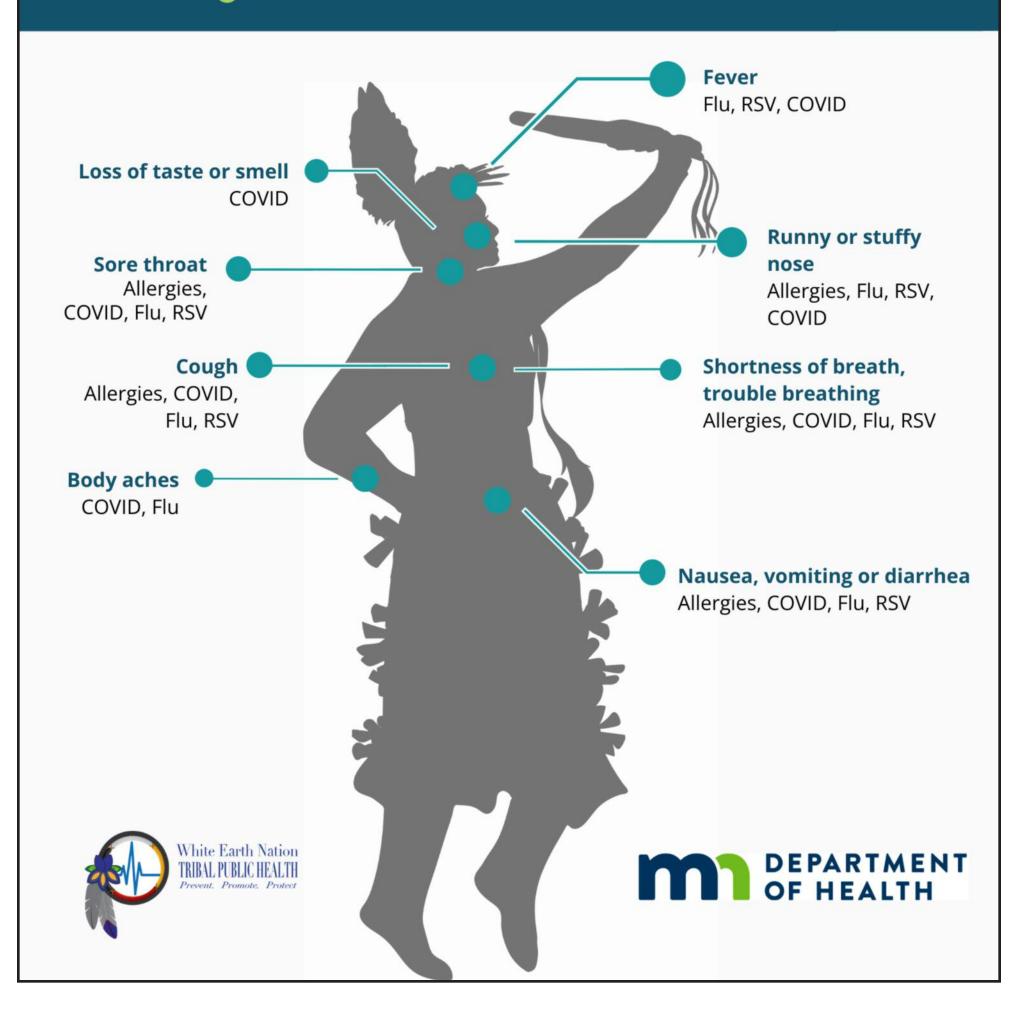
December 29<sup>th</sup>: Store closed for inventory.

No Store hours on Fridays

If you receive home delivery service and will not be home on your scheduled route, please notify us ASAP.

| Wednesday Thursday Friday Saturday   | Wednesday          | Tuesday                                      | Monday   | Sunday                                    |
|--|--------------------|--|--|---|
| White Earth Tribat<br>Health 8:15-11:30  |                    |  | *Locations and times<br>are subject to<br>change | *WIC follows RBC<br>schedule for closings |
| 6 7 8<br>White Earth Tribal<br>Health 8:15-4:00 Pline Point<br>Community Building<br>9:30-3:00 For staff training  | White Earth Tribal | 5<br>Bagley Elementary<br>School 10:00-3:00  | 4<br>White Earth Tribal<br>Health 8:15-4:00      | 3   |
| 13         14         15           White Earth Tribai         White Earth Tribai         White Earth Tribai           Health 8:15-4:00         Health 8:15-4:00         Health 8:15-4:00 | White Earth Tribal | 12<br>Mahnomen Tribal<br>College 9:30-3:00   | 11<br>Mahnomen Tribal<br>College 9:30-3:00       | 10  |
| 20         21         22           White Earth Tribal         Naytahwaush         White Earth Tribal           Health 8:15-4:00         Center 9:39:3:400                                | White Earth Tribal | 19<br>Bagley Elementary<br>School 10:00-3:00 | 18<br>Rice Lake<br>Community Center<br>9:30-3:00 | 17  |
| 27         28         29           White Earth Tribal         Naytahwaush         White Earth Tribal           Health 8:15-4:00         Center 9:30:3:00                                 | White Earth Tribal | 26<br>Mahnomen Tribal<br>College 9:30-3:00   | CLOSED 25  | 24  |

# Flu, Allergies, RSV, or COVID Symptoms? Protect Yourself and Your Family: Get Vaccinated!



### Obituaries

## Kevin "Scrap" Heinonen Sr.

Kevin "Scrap" Heinonen Sr., 60, of Ponsford, died Oct. 23 at Oak Crossing in Detroit Lakes, Minn.

Kevin Scott Heinonen was born Oct. 9, 1963, in Park Rapids, Minn., to Lester and Dorothy (Thompson) Heinonen. He grew up in South Minneapolis, Minn., where he attended Phillips High School. Following his schooling, Scrap entered the workforce



hanging sheetrock and working at IGA. In 1985, Kevin was united in marriage to Elaine Dow. The couple made their home in South Minneapolis and were blessed with six children. While living in South Minneapolis, Kevin continued to provide for his family and worked at Kaplan Brothers and Sears.

In 1994, Kevin moved his family north to Shell Lake to make their home. He was employed by the Shooting Star Casino in Mahnomen in the Maintenance Department. Over the next several years he worked different jobs including working the potato harvest and for Hartman Hide and Fur.

Scrap was an easy-going individual who enjoyed simple things like playing bingo, cribbage, a cold beverage and visiting

with family and friends. He liked to tinker and make something out of nothing! He will be greatly missed by all who knew and loved him.

Kevin is survived by sons: Kevin Sr. (Andrea), Timothy and Richard; daughters: Heather Heinonen, Crystal Heinonen and Mary Lynn Heinonen; several grandchildren; brothers: Mike, Perry, Leslie and Robin; sisters: Lori Heinonen, Sheila Harvala and Lisa Heinonen; and many nieces, nephews and friends.

He was preceded in death by his parents, Lester and Dorothy.

Visitation began Nov. 1 and continued until the time of the funeral on Nov. 2, both at the Pine Point Community Center.

Interment: Breck Memorial Episcopal Cemetery in Ponsford. Arrangements: Anderson Family Funeral Home of Mahnomen.

Online: www.andersonfamilyfh.com

### Viola (Vi) (Hanson) Charboneau

Viola (Vi) (Hanson) Charboneau transitioned in life on Nov. 12 at Sanford Medical Center in Fargo, N.D. Vi was surrounded by loving family the last several days before moving on.

Vi was born in Wolf Point, Mont., to Charles and Viola Hanson on March 8, 1936. Vi and her family moved to Twin Valley, Minn., where she went to school and met the love

-

of her life, Kenneth (Ken) Charboneau. They married on June 21, 1953.

After marrying Ken, Vi moved to the Charboneau family farm where she helped Ken care for his aging parents. Vi and Ken had five children; Frank, Theresa (Kemper), Charles, Mark and Tom. Vi went to work at Mahnomen Hospital as a nurse's aid. The passion she had for her work led her to get her LPN (Licensed Practical Nurse) certification and RN (Registered Nurse) degree. While pursuing her LPN and RN, Vi worked on Ambulance Services as an EMT (Emergency Medical Technician). Vi assisted on numerous calls that helped residents. She was offered a position as a Home Health Care Nurse for Indian Health Services in

White Earth, which she gladly accepted. Vi worked as a Home Health Care Nurse for over 25 years. She held a deep affection for those she served and they had a great appreciation for everything she did for them. After retiring she wanted to continue to serve the community. She worked at the Mahnomen Food Shelf several days of the week, enjoying the company of friends whom she worked with. Vi also was a volunteer at the Mahnomen Museum. For her dedicated volunteerism, she received the "Golden Deeds Award" from GFWC Library Club, Unity – In – Diversity in 2019. Vi worked up to the last week before transitioning.

Vi was preceded in death by her parents, Charles and Viola Hanson; siblings, Carl, Blaine and Margaret; husband, Ken; and her son, Mark.

She is survived by sister, Mary; sons: Frank (Hildy), Charles (Valerie) and Tom; and daughter, Theresa (Robert Kemper); grandchildren: Jessica, Cory, Natalie, Nicole, Kelly, Mindy, Lonnie, Aaron and Lindsa; and 22 great grandchildren and seven great great grandchildren.

A celebration of life was held at St Michaels cemetery with family and close friends. Vi's wish was to have donations made to the Mahnomen Food Shelf or the Mahnomen Museum in her name in lieu of flowers.

Arrangements: Anderson Family Funeral Home of Mahnomen. Online: www.andersonfamilyfh.com

### **Brenda Jo Hanson**

Brenda Hanson, 53, of Mahnomen, passed away unexpectedly on Nov. 3 at her home. Brenda Jo Bjorge, the daughter of Byron and Rita (LaVoy) Bjorge, was born Feb. 15, 1970, in Mahnomen. She attended grade school at St. Michael's Catholic School and graduated from Mahnomen High School with the Class of 1988. Following high school, Brenda



met the love of her life, Harley Hanson. They were united in marriage on Feb. 28, 1992, in Las Vegas. The young couple made their home in Fargo, N.D., for a short time before returning to Mahnomen to put down roots and raise their two daughters.

Over the years, Brenda worked a variety of jobs. She worked many years as a bartender at the Legion in Mahnomen. She also took on many cleaning jobs. Cleaning wasn't just a job for Brenda, it was a passion of hers. She also worked for the Center for Human Environment for several years and off and on at the Shooting Star Casino. Brenda worked as a blackjack dealer, cook, in housekeeping and most recently she was working as a prep cook with the Banquets Department. She really enjoyed the group of people she

worked with at the casino.

Brenda had a competitive side when it came to games. She loved playing bean bags, Yahtzee, 10,000, Rummy 500, shooting pool and was stellar at playing Rock Band and Guitar Hero. She also enjoyed hanging out with friends, catching up on all the gossip and putting together jigsaw puzzles. However, Brenda's most treasured times were time spent with family, especially her grandchildren. Her grandchildren were the light of her life. She loved spending time with family and friends, especially watching her nephew Jason's band, Undecided.

Brenda was the life of the party and her like it or leave it attitude couldn't be matched. She had her trials and tribulations, but she loved with her whole heart and no matter what she did, she was all in. Although gone from this life too soon, Brenda will live on in the hearts of all who were lucky enough to know and love her.

Brenda is survived by her daughters, Heather (Tyler) Anderson and Ashley Hanson, both of Mahnomen; grandchildren: Dawson, Craig Jr., Clayton, Tucker and Harley; sister, Ruth McArthur of Naytahwaush; brothers: Bob (Jackie) Bjorge of Naytahwaush, Roy Bjorge of Mahnomen and Larry Nattress, of Mahnomen; and several nieces, nephews and many friends. She was preceded in death by her grandparents; parents; brother, JR Bjorge; brother-in-law, Tom McArthur and ex-husband, Harley Hanson.

Blessed be the Memory of Brenda Jo Hanson.

A funeral service was held Nov. 7 at Anderson Family Funeral Home in Mahnomen.

Interment: First Lutheran Church Cemetery in Mahnomen.

Arrangements: Anderson Family Funeral Home of Mahnomen. Online: www.andersonfamilyfh.com

# Stanley Eugene Warren

Stanley Eugene Warren, 85, of Callaway, died Nov. 22 at home. He was surrounded by family.

Stanley was born June 29, 1938, in White Earth to the late John James and Isabelle A. (Bellecourt) Warren. He attended area schools, and went on to join the U.S. Air Force, hon-

orably serving his country for four years. Following his military service, Stanley met and married Virginia (Giefer), the love of his life. The two were wed on May 8, 1965, and soon after moved to Wahpeton, N.D., where Stanley took a job at the Wahpeton Indian School. He went on to work in maintenance for the U.S. Postal Service, from which he retired. Stanley and Virginia then moved to Callaway.

Stanley enjoyed fishing and hunting, painting for family and friends, and "wild ricing." He enjoyed time spent at the family lake cabin; however, his greatest love was for his family. He will be sadly missed.

Stanley is survived by his daughters: Mary (Jim) Cepek, Kerry

Warren and Barb Warren; siblings: Joe (the late Sharon) Warren, Ronnie Warren and Kathy Hummingbird; grandchildren: Derek Saunders, Jacob Cepek, Christian Cepek, Brooke Saunders, Jayme Cepek and Karrly Mehl; great-grandchildren, Alexia and Elaina, as well as an expected great-grandchild.

He was preceded in death by his parents; his loving wife, Virginia; brothers: Ray, John "Buzz," Warren "Dude," Lyle, Russell and Roger; and sister, Marguerite.

A Mass of Christian burial was held Nov. 29 at St. Benedict's Catholic Church.

Interment: Calvary Catholic Cemetery with full military honors.

The family wishes to thank the staff of Hospice of the Red River Valley for their kind and compassionate care of Stanley.

Arrangements: David-Donehower Funeral Home of Detroit Lakes, Minn. Online: www.daviddonehower.com

### **Obituaries**

### Kane Jacob Miller

Kane Miller, infant son of Jake Miller and Jesse "Jaddey" Wadena, passed away Oct. 30, 2023, at the University of Minnesota Masonic Children's Hospital.

Kane Jacob Miller came into this world on Sept. 1 at St. Mary's Hospital in Detroit Lakes, Minn. In that moment, Jaddey and Jake knew their little Kane would do things his own way and in his own time.



After being made aware of the baby's health challenges during the pregnancy, a delivery was planned in Rochester, Minn., with a specialized medical team, but Kane decided to arrive early, keeping his parents on their toes. He immediately received his first helicopter ride to receive care at the Children's Hospital in Minneapolis. Kane had so many caring doctors, nurses, family members, and friends supporting him during every moment of his life. His care team at the hospital was a huge part of his life, they were his family, and they made sure he was taken care of every minute of each day. All Kane ever knew was love. Jake and Jaddey had been told

they'd likely only spend less than a week with their angel, but they had faith he'd be with them longer. So, although never long enough,

the gift of 60 days together was a true blessing. Over these precious 699 hours, they saw the sparkle in Kane's eyes, how he responded to his mom and dad's voices, and how his little personality flourished. He was stubborn, feisty, and was very outspoken. In fact, Kane was so outspoken that the nurses often said he "spicy" as he let them know exactly what he liked... or what he didn't. Kane was a true warrior and brought so many people together. As his story was shared, communities near and far supported and prayed for Kane and his family. This shared love provided a shield around Kane and helped all of their faith grow stronger. Kane will forever be held in their hearts until they can hold him again in Heaven.

Kane will be missed by his parents; brothers: Lucas, Adrian and Eli Miller; grandparents: Jack and Lisa Fabre, Tracy Wadena, Athelia Miller-Harrison, Jesse Alvarado, and Ann Brown; great grandparents: Carol and Doug Fabre, Jenny and John Uruo, Wanda Folstrom, and Florene Harrison; aunts and uncles: Joshua Jerome, Levi Jerome, Cierra (Aaron Donovan) Miller, Isiah Miller, Elijiah Miller, Brandon Harrison, Tyler Harrison, Marquis Miller, Tiana Miller, Taylor (Brandon) Tellefario, Luke Wadena, Tesshelle (Lucas Hisgun) Brown, Mercedes Fabre, Jack "Buddy" Fabre, Amber (Dustin) Johnson, Zachary Neeland, Justice Alvarado, Jesse Alvarado Jr., and Jordan Alvarado; and many, many loving cousins.

He is being held in Heven by his grandpa's, Randy Miller and Mike Brown; cousin, Uriah Miller; great grandparents: Chip and Bonnie Wadena, Ramero Alvarado, and Ambrose Thompson; great grandmother, Mary Oppegard; and great uncle, Oscar Oppegard.

Visitation was held Nov. 7 and continued until the time of the funeral on Nov. 8, all at the Naytahwaush Sports Complex.

Interment: St. Agnes Cemetery in rural Lengby, Minn.

Arrangements: Anderson Family Funeral Home of Mahnomen. Online: www.andersonfamilyfh.com

### Douglas "Doug" C. Engberg

Douglas Engberg, 67, of Williston, N.D., passed away during the night on Oct. 18 at his home in Williston.

Douglas Colt Engberg was born May 10, 1956, in Williston to John (Jack) and Ada (Goodwin) Engberg. Doug grew up in Williston and graduated from Williston High School in 1974.

Doug had many jobs as a roughneck for different companies in North Dakota and Montana.

In his free time, his hobbies were hunting, fishing, and he had a love for art. In 2020, Doug returned to Williston. He was a proud member of the Williston Area Visual Artists (WAVA) group who encouraged him to start repainting as a hobby. There, he met a close friend and mentor, Linda Beard. She was instrumental in encouraging and arranging to have paintings shown in various galleries. Doug's paintings on leather are currently displayed in a traveling Art Exhibition sponsored by North Dakota Art Gallery Association until Aug. 31, 2024.

The family expresses sincere thanks to Linda, The Framing Shop, and WAVA for their support and encouragement of Doug's art.

Doug is survived by his daughters, Sarah Lauinger of Bismarck, N.D., Christina Engberg of Spokane, Wash.; brother, John Engberg of Williston; sister, Roseann (Erickson) of Williston; and his grandchildren: Nick, Zach (Sarah), Alia, Colten, Deja, and Bentley (Christina). He is preceded in death by his parents, Jack and Ada; and his special friend, Linda Beard.

Keeping with Doug's wishes, cremation has taken place under the care of Everson-Coughlin Funeral Home and Cremation Services of Williston.

Arrangements: Everson-Coughlin Funeral Home and Cremation Services. Online: www.eversoncoughlin.com

### Kevin Jerome Basswood Jr.

Kevin Basswood Jr., "Manidoo inini" which means "Spirit Man," the son of Crystal Tucker and Kevin Basswood Sr., passed away on Oct. 6. He was born Sept. 7, 1994.

Kevin spent a lot of his youth growing up in Pine Point with his three younger siblings: Brittany Tucker-Spears, Tiffany Tucker-Spears, and Blaze Tucker. He enjoyed video games and football growing up. As he got older, he loved spending his free time driving around listening to his music, visiting his family, and watching the Vikings



He loved his family and friends; he was always hyper and joking around. He has always been known to go out of his way to help you, no matter what, he would give you the clothes off his back if he needed too. He had three adorable little kids: Kiauna Basswood as his oldest daughter, Cayden Clark as his son, and another that passed away during pregnancy. He had an unbreakable bond with his nieces and nephew.

Those greeting Kevin in the Spirit World are his mother, Crystal Tucker; grandmother, Patsy Warren; and many relatives and friends.

Kevin is survived by his grandmother, Delores Bellanger; father, Kevin Basswood Sr.; son, Kayden Basswood; daughter, Kianna Basswood; brother, Blaze Tucker; sisters, Brittany Tucker-Spears and Tiffany Tucker-Spears; nieces: Envy Tucker, Azayla Tucker, Aiyanna Tucker, and A'lani Tucker; nephew, Armani Tucker; aunties: Rochelle Basswood, Kristine, Missy, Tina, Nakita, and Zeegwunikay Warren; uncles: Leroy and Kelvin Basswood, and Harley Warren, and numerous other relatives and friends.

A wake for Kevin began Oct. 13 and continued until his Traditional Service on Oct. 14, all held at the Pine Point Community Center. The Spiritual Advisor was Allen Hardy.

Those helping to lay Kevin to rest were Blaze Tucker, Randy Kettle, Dan Warren, Brett Stevens, Devon French, Randy Warren, Kristine Warren, and Zeegwunikay Warren.

Honorary pallbearers were Brittany Tucker-Spears, Tiffany Tucker-Spears, Adrian Warren, Brett Warren, and Delores Bellanger.

Interment: St. Theodore Catholic Cemetery in Ponsford. Arrangements: Northern Peace Funeral Home of Walker, Minn.

Online: www.northernpeace.com

### Mary Rose (Thompson) Benais

Mary Rose (Thompson) Benais, 30, of Moorhead, Minn., passed away unexpectedly on Nov. 3.

Mary was born on May 12, 1993, in Roseville, Minn., to Kenneth Castonguay and Marion Thompson. She attended school in Pine Point and later in Park Rapids, Minn.



Mary exhibited her feisty spirit from a young age. At just 5 years old, she fearlessly practiced boxing with her brothers, showcasing her indomitable toughness. Known for her strong work ethic, Mary often juggled multiple jobs simultaneously, embracing any task with dedication and determination. She was very involved in the restaurant industry and later took an interest in auto mechanics.

In 2015, Mary was blessed with the arrival of her beautiful son, Adrial. Undeterred by challenges, she obtained her GED in her late 20s and pursued further education, studying auto mechanics at the Minnesota State Community and Technical College and later took an interest in cosmetology. On Oct. 30, 2021, Mary married Troy Benais and the couple made their home in Moorhead.

Known as the life of the party, Mary effortlessly made friends wherever she went and enjoyed the company of friends and family. She was a wonderful aunt to her nieces and nephews, spending time with them making memories. Proud of her Native heritage, she was a Powwow Princess growing up. In her leisure time, Mary found joy in tinkering with vehicles, including the hands-on task of fixing her own car. Whether engaging in leeching, laughing with friends, or embarking on small side projects to earn a living, Mary's enthusiasm for life was evident. Her beautiful spirit is dancing in Heaven, and she will be greatly missed by those who loved her.

Mary is survived by her loving husband, Troy Benais; son, Adrial Bruguier; mother, Marion Thompson; siblings: Ethan (Jessica) Smith, Albert James Basswood III, Sharon Lynn Basswood, Tommy Lee Basswood; Travis Lee Castonguay (Bridget Klytta), Brandon Ken Castonguay, and Kallie Jo Castonguay; and many nieces and nephews.

Mary was preceded in death by her father, Kenneth; and brother, Chad Michael Castonguay.

Visitation began Nov. 15 and continued until the time of the funeral on Nov. 16, both at the Pine Point Community Center.

Interment: Breck Memorial Episcopal Cemetery in Ponsford.

Arrangements: Anderson Family Funeral Home of Mahnomen.

Online: www.andersonfamilyfh.com

25

# Obituary

## **David Alan Pergl**

David Pergl, 63, of Mahnomen, died Nov. 4 at the Mahnomen Health Center Nursing Home.

David Alan Pergl was born Sept. 21, 1960, in Detroit Lakes, Minn., to James and Delora (Wille) Pergl. He grew up east of Mahnomen on the farm and attended school in Mahnomen. Following high school, Dave entered the workforce. Together with RoxAnne Deitz, they welcomed a daughter, Shawna.



Dave worked as a meat cutter at Walt's Jack and Jill for a time before being employed by Finke's Sanitation for several years. Dave met Janice Antell and his family grew in size and they made their home together in Mahnomen. Dave and Janice were able to spend 30+ wonderful years together. He later worked at the Shooting Star Casino in Mahnomen as a slot attendant. Due to his failing health Dave was forced to take an early retirement and after a debilitating stroke, he has made his home at the nursing home since.

Dave will be remembered for his infectious laugh and the tendency to be heard before being seen. He had a great big heart and

was always putting others' wellbeing before his own. Dave also had a great sense of humor and was known to be a jokester and liked to tease family and friends alike. He enjoyed a cold beverage, working at the casino where he could shoot the breeze with staff and patrons and in more recent years, hearing about his grandkid's activities.

Dave is survived by his daughter, Shawna (Nicholas) Geray and their two children, Kylie and Ethan, all of Winger, Minn.; significant other, Janice Antell and her children and grandchildren: Shelly and her children, Divinity and Rylee, Andrea and Jordan, all whom he acknowledged like his own, in addition to nieces, nephews and extended family.

He was preceded in death by his parents; sister, Janice; and brothers: James Jr., Kenny, Steve and Jack.

Blessed be the Memory of David Pergl.

Memorial services were held Nov. 9 at the Anderson Family Funeral Home in Mahnomen.

Arrangements: Anderson Family Funeral Home of Mahnomen. Online: www.andersonfamilyfh.com

# White Earth Elders Commission

The next White Earth Elders Commission meeting is scheduled for Tuesday, Dec. 12 at 2 p.m. at Biimaadiiziiwiin in White Earth.

It is open to guests. We follow Robert's Rules of Order to take care of commission business and we offer guests a few minutes prior to the start of our meeting or more time at end of meeting to address the commission.

An Elder can contact any of us with their concerns by email at <u>eldercommis-</u> <u>sion@ eldernutrition.onmicrosoft.com</u> or

### Sommers from Page 5

tion.

Attending various events alongside the White Earth Honor Guard, I couldn't help but marvel at their unwavering commitment. It's truly awe-inspiring to witness our Ogichidaa/Veterans continually serving our people, proudly representing our Native Nation. Even in a month dedicated to honoring Veterans, these individuals persist in volunteering and serving, undeterred by challenging weather conditions, be it snow, rain, or shine. A special acknowledgment goes with a call to Ayecia Kemp, Executive Admin at 218-983-3285 Ext. 5900 or Felecia Bellanger, Elder and Vulnerable Adult Program Manager at 218-983-3285 Ext. 3288.

Elders Commission Members: Pamela Aspinwall SJ Hanks Emily Annette Francine Day Robin Ankeny Rebecca McCradie Toni Vizenor

out to our Honor Guard and all our Veterans—Chi Miigwech for your exceptional service.

Contacts

Eugene Sommers Eugene.Sommers@whiteearth-nsn.gov Office Phone: 218-983-3285, Ext. 5921 Cell Phone: 218-396-9502

Christopher Vanwert Jr Chrstopher.Vanwert@whiteearth-nsn.gov Cell Phone: 218-850-2533 Do not miss out on the new Child Tax Credit!



Even if you are not required to file a Minnesota income tax return, you can still file to claim valuable Minnesota tax benefits.

The new and refundable **Child Tax Credit** is available to Minnesotans who have children under age 18. By filing a Minnesota tax return, you may qualify for \$1,750 per child with no limit on the number of children.

Claim the Child Tax Credit using Schedule M1CWFC, Minnesota Child and Working Family Credits, available in the 2024 tax filing season.

You may also qualify for free tax return preparation! Go to www.revenue.state.mn.us and enter **free tax preparation** into the Search box.

English - Rev. 9/23



You can reach the AT at today@whiteearth-nsn.gov

### **Chairman** from Page **3**

of challenging Majiikiwis. With the help of the Nigig- otter, Zhaashaawanibiisens - martin, and little Waawaabiganoojiinh- mouse, Nanaboozhoo confronted Majiikiwis and engaged in a mighty battle. After a turbulent struggle, Nanaboozhoo managed to defeat Majijikiwis and release his buddy manido spirit- Jiibaybooz from the underworld. Giizis father sunhad been held captive, was finally free. With the help of Nigig, Zhaashaawanibiisens, and Waawaabiganoojiinh Nanaboozhoo captured Giizis's radiant light and threw it back into the sky. As the light returned, the days began to grow longer, and our world was once again filled with warmth and life.

But Nanaboozhoo's task was not yet complete. The turtle, known for its ancient wisdom, and Oshki Ikwe, new woman spirit, a celestial being, walked the night sky, creating the beautiful trail of stars we now know as the Jiibay Miikana the Milky Way. This celestial pathway serves as a guide for departed souls, leading them safely back to their eternal home. Miskwaadesi- turtle and Oshki Ikwe worked tirelessly, ensuring the spirits find their way, so the balance of life and death is maintained. Miigwech and thanks to the bravery and determination of Nanaboozhoo, Giizis was restored, the days grew longer, and the souls of the departed found their way home, guided by the timeless beauty of the Jiibay Miikana. This story teaches us Zoongide'iwin importance of courage, friendship, and the everlasting connection between the spiritual and natural worlds in Anishinaabe bimaadiziwin, our healthy Native life traditions.

Recently there has been a huge outbreak of Covid-19 in Minnesota. Several people have come down with it; so prayers for everyone's safety and good health. Our White Earth Tribal Health Department has an update.

The White Earth Tribal Health Department continues to fight against Covid-19 and Influenza. The nurses hosted several Covid-19 and Influenza vaccination clinics in November. If you were unable to make it to a vaccination clinic and would like to receive your Covid-19 or Influenza vaccination, please call the White Earth Tribal Health Department at 218-983-3286 Ext. 1277 to schedule an appointment.

I cannot stress enough the importance of protecting yourself and others from illness by helping to stop the spread of germs. Please see the tips below about actions you can take to help protect yourself and others.

1. Avoid close contact.

Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too.

2. Stay home when you are sick.

# Attention AT Readers

Please let us know if you recently moved, or have moved in the past few years so we can cancel your old address. Also let us know if your address or your name needs to be corrected.

Email: today@whiteearth-nsn.gov If possible, stay home from work, school, and errands when you are sick. This will help prevent spreading your illness to others.

### 3. Cover your mouth and nose.

Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick. Respiratory viruses spread mainly by droplets made when people cough, sneeze or talk.

#### 4. Clean your hands.

Washing your hands often will help protect you from germs. If soap and water are not available, use an alcohol-based hand rub.

**5.** Avoid touching your eyes, nose or mouth. Germs can be spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.

### 6. Practice other good health habits.

Clean and disinfect frequently touched surfaces at home, work, or school, especially when someone is ill. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

Nimiigwechwendam, I am thankful our White Earth Health Department and their update and services. You all are doing amazing work.

I want to wish everyone a beautiful holiday season and I hope everyone had a great Thanksgiving holiday.

Baamaapii wiingezin.

- Miigwech bizindawiyeg.
- Gigawaabamininim naagaj.
- Take it easy.

See you all later.

Thank you for listening to me.

Chairman, Michael Fairbanks

### Football from Front Page

Blake McMullen, #12, made an 8-yard touchdown run with 7:22 left in the game. The Thunderbirds scored again when Zachary Zima ran 4 yards for a touchdown with 1:53 left in the game.

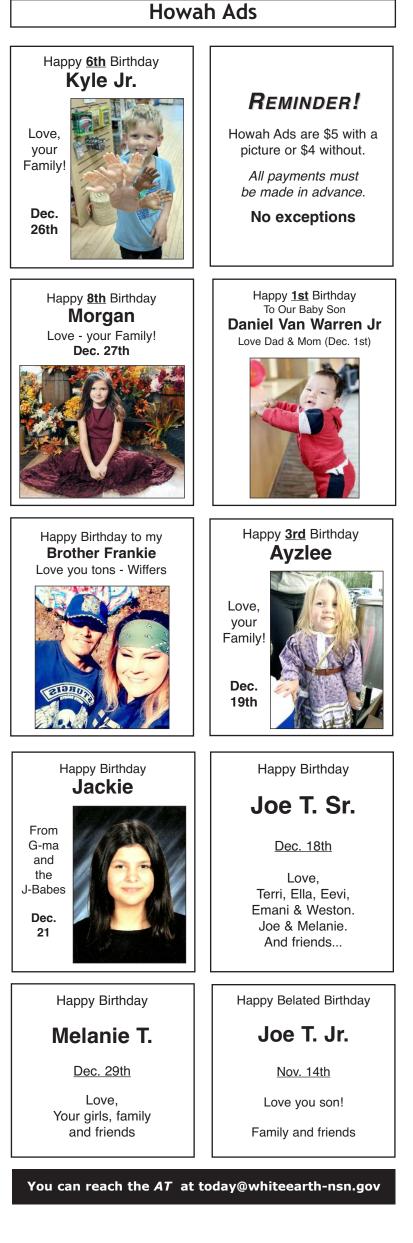
Mahnomen-Waubun limited the Tigers to just 68 yards rushing. However, the Tigers used passing to gain 209 yards and two touchdowns. The Tigers had 277 total yards of offense. The Thunderbirds ran for 200 yards, and had 241 total yards of offense.

We are very proud of our Thunderbirds and their awesome season. It isn't often that a team makes it to the State Semifinals and an opportunity to play at US Bank Stadium. Congratulations on a great 2023 Season!

## Thank you from WE R Furr

WE R Furr had a successful clinic on Nov. 26! We spayed/neutered seven dogs and nine cats! We also had more than 30 pets in for vaccines! We are a low-cost, volunteer-run organization. We would not be able to provide these clinics without donations and the affordable rental space we have from the White Earth Land Recovery Project for our clinic.

Chi miigwech on behalf of the people of the reservation and the animals they love! If you have questions or would like to set up a low-cost spay/neuter for your pet please call or text 218-401-4398.



## **LEGAL NOTICE**

In the White Earth Nation Tribal Court In the Matter of the Welfare of: R.D.C. DOB: 01/31/2014, Minor Child. White Earth Indian Child Welfare, Petitioner, v. Ashley Nicole Sommers and George Gerald Coon IV, Respondents. Court File No. CC19-0223. To: Ashley Nicole Sommers and George Gerald Coon IV

It is Ordered and Notice is Hereby Given that a Petition to Transfer Permanent Legal and Physical Custody was filed in the White Earth Tribal Court on November 14, 2023. A hearing on the above petition will be held January 30, 2024 at 9:00 a.m. Central Standard Time, or as soon thereafter as counsel may be heard via phone at the White Earth Nation Tribal Court, White Earth Reservation, 35500 Eagleview Rd., White Earth, MN 56591.

YOU ARE HEREBY NOTIFIED BY THIS SUMMONS AND NOTICE THAT YOU ARE REQUIRED TO APPEAR AT THIS HEARING AT THE DATE, TIME AND PLACE NOTED ABOVE. FAILURE TO ATTEND THIS HEARING MAY RESULT IN A DEFAULT JUDGEMENT BEING GRANTED FOR THE PETITIONER.BY THE COURT

> DAVID DEGROAT Judge Ellisa Morson, Clerk of Court

Attorney for the Petitioner, Tessa V. Jacobson 35500 Eagle View Rd., White Earth, MN 56591

### Affidavit of Publication

WHITE EARTH BAND OF OJIBWE WHITE EARTH RESERVATION ) ss. STATE OF MINNESOTA

White Earth Tribal Court

Merri Lu Crandall, Petitioner.

and Sophia Beaupre., DOB: 03/02/1995; **Respondent.** 

File No. OP2023-00047 SUMMONS

THE WHITE EARTH BAND OF OJIBWE TO THE ABOVE-NAMED RESPONDENT

A Permanent Order for Protection has been issued on September 26, 2023, based on the Affidavit and Petition for Order for Protection in this matter.

If you fail to respond to this petition, judgment by default will be taken against you.

NOTICE OF RESTRAINING PROVISIONS

SERVICE OF THIS SUMMONS MAKES THE FOLLOWING REQUIREMENTS APPLY TO THIS ACTION UNLESS THEY ARE MODIFIED BY THE COURT OR THE PROCEEDING DISMISSED:

(1)RESPONDENT SHALL NOT COMMIT ACTS OF DOMESTIC ABUSE AGAINST THE PETITIONER.

(2) RESPONDENT MUST NOT HAVE ANY CONTACT WITH PETITIONER WHETHER IN PERSON, WITH OR THROUGH OTHER PERSON, BY TELEPHONE, LETTER OR ANY OTHER WAY

IF YOU VIOLATE ANY OF THESE PROVI-SIONS, YOU WILL BE SUBJECT TO SANC-TIONS BY THE COURT.

You can read the current and past issues of the newspaper at www.whiteearth.com

### WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of: Melissa Jackson

Summons of Petition and Hearing Notice

Court File No. CP2023-00024

YOU ARE HEREBY notified that on October 13, 2023, a Child in Need of Protection and/or Services Petition was filed with the White Earth Tribal Court regarding your child in file CP2023-00024. A Pretrial hearing on the matter is scheduled for December 18, 2023, at 1:00 P.M. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: November 20, 2023 Veronica Newcomer Attorney for White Earth Indian Child Welfare

> WE R FURR MICROCHIPS INTERESTED IN GETTING YOUR PET MICROCHIPPED? MAKE AN APPOINTMENT WITH WE R FURR \$25 FOR A LIFETIME CHIP CONTACT 218-401-4398 (NOT GPS MICROCHIPS)

> > WE R FURR

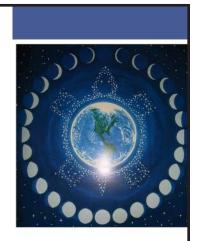
White Earth Nation has a Facebook page! Visit us for the latest updates

> www.facebook.com/ WhiteEarthNation

# DECEMBER

2023 **Cultural Calendar** 

Manidoo giizisoons White Earth Cultural Activities Monthly Schedule



| Sunday   | Monday                               | Tuesday   | Crafty  | Thursday   | Friday  | Saturday                               |
|--|--------------------------------------|---|---|--|---|--|
|  | 1                                    |   |   |  | 1   |  |
|  |                                      |   |   |  | HOLIDAY PARTY!  |  |
| 3  | 4                                    | 5   | 6   | 7  | 8   |  |
|  | OMC-All Staff<br>9-12                | COLA Talking<br>Circle 1:30pm<br>Moms NTW 10-12<br>Women SING 5-7 | <b>Rice Lake</b> -Sweat<br>6pm Dorene                           | Acute Sweat &<br>Teachings-Pug<br>Cratty-10-3  | NTW BH Drum<br>Social 5-8pm                                   |  |
| 10   | 11                                   | 12  | 13  | 14   | 15  | 1                                      |
|  | OMC-9-12<br>Deck the Halls<br>9-5pm  | WE AFT 10-2pm<br>W-SING 5-7 pm                                    |   | Pine Point Sweat<br>6pm Mike   | Winter Art NTW<br>Drum Hall 10-6<br>pm WE Sweat<br>Dorene 6pm | Winter Art NTW<br>Drum Hall 10-6<br>pm |
| 17   | 18                                   | 19  | 20  | 21   | 22  | 2                                      |
|  | OMC 9-12                             | NTW MOMS<br>10-12<br>W-SING 5-7 pm                                | Pine Point Sweat<br>6pm Dorene                                  | Acute Sweat &<br>Teachings-Pug<br>Crafty-10-3  |   |  |
| 24   | 25                                   | 26  | 27  | 28   | 29  | 3                                      |
|  | MERRY<br>CHRISTMAS!                  | WE AFT 10-2pm<br>Women SING 5-7<br>pm                             | Rice Lake<br>Healing Feast 5-<br>7pm                            | Rice Lake Sweat-<br>ópm Mike   |   |  |
| 31   |                                      |   |   |  |   |  |
| 141 A211 A213  | 10 7-05 1946                         |   |   |  |   |  |
| For the sweat lo<br>you'll need to b<br>Asemaa/Tobac<br>towel, and a ski<br>dress. | ring: listening!<br>co, a Let it go! | Cedar-<br>Sage- /   | co-Asemaa<br>Giizhiikondug<br>Mashkodewushk<br>grass-wiinggashk | Inga izhitchige ni<br>onji!<br>I'll do il for the wate<br>E'aangwaamizin!<br>Go in a good way! | Water-Nibi<br>Medicine-I                                      | Mashkiikii                             |



# **DL** is hosting Wreaths Across America

Wreaths Across America will be held Dec. 16 at 11 a.m. at Veterans Memorial Park on Washington Avenue in Detroit Lakes, Minn.

Each December on National Wreaths Across America Day, our mission to Remember, Honor and Teach is carried out by coordinating wreath-laying ceremonies at Arlington National Cemetery, as well as at more than 3,400 additional locations in all 50 U.S. States, at sea and aboard, including Detroit Lakes (the only location in west central Minnesota).

Each year, since 2015, the Detroit Lakes Community and Veterans Group gather to honor our Veterans, National Guard, Reserve and Active-Duty Members and their Families as part of the annual Wreaths Across America Day.

Each location selected has historical meaning and are to remind us of those who serve to defend our freedom. The public can attend and participate, it's free.

Schedule for Saturday, Dec. 16

11 a.m. - Veterans Memorial Park. Wreaths will be dedicated to honor all our service members and Veterans.

11:20 a.m. - Grand Army of the Republic Park on Washington Ave. This park is dedicated to the men and women who ended slavery and preserved the Union. Detroit Lakes has one of the three parks in the nation dedicated to the Grand Army of the Republic (GAR).

11:30 a.m. - WWII Memorial at Boys/Girls Club.

11:40 a.m. - Oak Grove Cemetery Noon - Holy Rosary Cemetery.

We honor all service members with a wreath laying at the GAR statue at Oak Grove cemetery and flagpole at Holy Rosarv.

The event is sponsored by "The Colonel" Tom and Pam Mortensen Fund, Logan Brigade and Detroit Lakes Women's Relief Corps.

#### Energy Assistance Resources\* 2023-2024

White Earth Energy Assistance Program - Chris Fairbanks (218) 473-2711 \*Additional Crisis Assistance will be available starting October 2023

White Earth Human Services at Navtahwaush Complex

- Constituent Services: Assist with \$200 towards enrolled elders 55+ or disabled adults every 6 months for those who qualify. (218) 935 5554 Ext. 3218.
   Elders Program: Assist with \$200 towards enrolled elders 55+ once a year. (218) 935 3218. Ext. 3288.
- · Homeless Program: Assists with utility disconnection, eviction, foreclosure for those who qualify. (218) 935 5554 Ext. 3218.
- Who quarty (14) are stored and a start a start and a start a start and a st (218) 935-2359 Ext. 3305.

White Earth Reservation Housing Authority: For White Earth Housing renters. Help: with fixing a furnace or water heater. They also help elders with weatherization. (218) 473 4663

Clearwater County: Inter-County Community Council (ICCC). Provides energy assistance, airs for furnaces, weatherization, etc. for Clearwater, East Polk, Red Lake and Pennington counties. Income guidelines. (218) 796-5144 or 888-778-4008.

Mahnomen, Hubbard, Becker County: Mahube-Otwa Partnership. Helps pay for electric & heating bills, insulating a home, fixing a furnace or water heater, finding shelter. Income guidelines. (218) 847-1385

Heatshare (Salvation Army): As a very last resort, may provide cash grants and emergency assistance with utility and heating bills, on a year-round basis. Provides emergency furnace pairs. Income guidelines. Fargo (701) 232-5565. Northern MN 218-879-5447 / 651-746-3406 \*This is a short list of resources. Please contact Programs or Agencies directly to get a more comprehensive list of what assistance and/or services they can provide and how you may comprehe qualify.

### **Elder Winterizing Program**

To Apply:

- Fill out a Application/Release form to update your address and phone at your ENP sites/delivery drivers
- call 218-936-2444 ext. 3223 Darrel Bellanger, Supervisor, Day Labor
- Must reside within the White Earth Reservation Boundaries
- Must be Enrolled Tribal Elder, disabled, own your home.
- Supplies provided:
- inside or outside plastic for windows,
- weatherstripping for doors,
- outside plastic will be installed by Day Labor, (Day Laborers can not enter homes nor accept money or gifts)
- Shoveling of roofs/walkways depending upon snow fall amounts.

### White Earth Housing Authority's Winter Maintenance

#### WINDOW PLASTIC:

WEHA contractors will be in each community to offer plastic on windows for elder and disabled tenants. Plastic will be on lower windows only. If you do not wish to get plastic this year, please call front desk 218-473-4663 no later than October 31<sup>st</sup>, 2023.

#### SNOWPLOWING:

- · White Earth Housing Authority plows for all Elder and Disabled tenants. Elder is considered 55 and old
- Following a winter storm/bilzzard, WEHA maintenance will be out to plow driveways after MNDOT and WEDOT clear the main roads.
- WEHA will plow driveways at snow accumulation of 4 inches or higher
- Our Maintenance has a list of WEHA elder's and disabled households, please be patient with us as we have 1 plow per community, if you have a medical appointment scheduled and need assistance asap, please call WEHA front desk at 218-473-4663 and we will get to you as soon as possible.

#### FURNACE CALLS:

REMINDER: always check your propane level especially when anticipating extreme cold weather and/or winter storm/blizzard.

- Furnace Filters should be replaced every month.
- Keep furniture pulled away from cold air vents. Make sure furnace exhaust pipes are clear or any clutter.

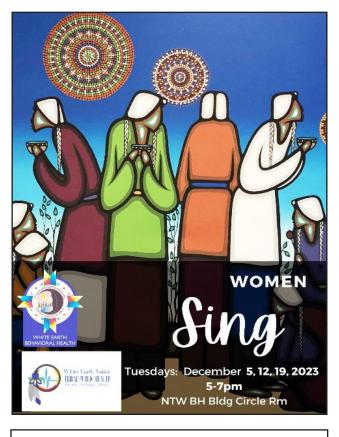
After hour emergency numbers: 218-401-1337 Ken Heisler – Maintenance Supervisor 218-204-0994 Louis Fox – Maintenance Supervisor

If you are in need of any other winter maintenance assistance, piease contact our office at 218-473-4633 after hours, weekend calls can be made to Ken Heisler or Louis Fox at the numbers listed above.



You can read the current and past issues of the Anishinaabeg Today online at www.whiteearth.com for free! The online issues feature more color and you can read them right away when the paper comes out on the first Wednesday morning of each month.

### Anishinaabeg Today



### White Earth Family Office Cass Lake (WEFO)

Attention Elder, Veteran or Disabled White Earth Members that Live within WEFO Cass Lake service area:

We are gearing up for our Snow Plowing Services for 2023/2024 Updated information needs to be provided for continuation of services i.e. Any change of addresses or needs.

New Liability and Service Agreements need to be signed and updated on a biannual basis. To assure there isn't disruption of receiving our services be sure to come in and fill out needed

paperwork before the snow starts to fly.

We are accepting applications for snowplowing for new and existing White Earth Elder, Veteran or Disabled in our Cass Lake Office located in (Old Legion) building @ 217 2<sup>nd</sup> st NE.

Cass Lake, MN

For questions/concerns please call 218-335-0035

We are also accepting applications for snowplowers on an as needed basis. Feel free to contact us for further requirement information and to apply for consideration.



Aluminum

Paper

Glass



**Soiled Containers** ABSOLUTELY **NO HOUSEHOLD** 





Announcing Monthly Well Woman Exam Clinic Waabinokwe Health Center at Naytahwansh Including breast exam, mammogram and pap smears. 1st Thursday of month starting in December 2023. Appointments are presently being scheduled for December 7th, January 4th and February 8th.



Please call 218-935-2238 to schedule your well woman exam.



When: December 27, 2023 Where: Rice Lake Community Center Time: 5:00 - 7:00 p.m. Spiritual Advisor: Robert Tibbetts Drum Group: Smokey Hill Guest Speaker: Indy LaFriniere Give Away and Prizes

WE CULTURAL DIVISION TRIBAL PERCIPTION T



VEUCC-WHITE EARTH URBAN COMMUNITY COUNCIL WOULD LIKE OU TO JOIN US TO CELEBRATE THE NEW YEAR.



SATURDAY DECEMBER 30TH NOON TO 3 PM MCT Building 1308 F Franklin Ave Minneapolis, Mn 55404

Bring your family to celebrate the New Year: Music, Karaoke, finger foods, games, door prizes (must be present to win). Who feels like winning a TV?

Register your family to attend this event—we want to make sure we have enough food, and prizes for every family that attends.

Fill out the registration form and get it to Char Lee by December 15th. You can drop off at the WEUCC office (Suite 201) Or email it to weurbancommunitycouncil@gmail.com Any other questions, please call Char Lee at 651-262-7602

### Notice of Available Position(s) GAMING COMMISSIONER White Earth Band Gaming Commission

**Description of the Position**. The White Earth Tribal Council (Band) is seeking applications for serving as a member of the White Earth Gaming Commission ("Commission"). The Commission is a five-person body that is a subdivision of the White Earth Band. The Commission is responsible for ensuring that all gaming activities within the Band's jurisdiction are conducted in conformance with the applicable policies and regulations including the Bands Gaming Ordinance.

**Eligibility**. In addition to the qualifications set forth below, candidates for the Commission shall have experience and training of sufficient scope, depth and relevancy to enable him/her to fulfill his/her duties as shown through experience in gaming or other regulatory affairs, public accounting or business finance, public or business administration, judicial or dispute resolution services, criminal justice, civil or criminal investigation, or law. Candidates must be an enrolled member of White Earth.

**Appointment Process**. Commissioners are appointed by the Tribal Council and serve a four (4) year term of office. A Commissioner must meet all applicable licensing standards under the Bands Gaming ordinance as determined through a comprehensive background investigation to be conducted prior to appointment. This appointee will fulfill the term ending December 31, 2027.

**Time Commitment**. The Commission typically meets one (1) day per month. Commissioners may spend some limited additional time in Commission business outside of meetings and available for training onsite or online.

**Stipend**. This is not a full-time position and Commissioners are not eligible for any Band employee benefits. Commissioners are compensated as independent contractors at a rate established by the current approved Gaming Commission Compensation policy by the Tribal Council.

Qualifications. No person shall serve on the Commission if that person is:

(1) Under the age of eighteen (18);

(2) Been convicted or terminated from any Gaming operation for theft, misappropriation or fraud of any kind.

(3) A Judge or employee of the Tribal Court.

(4) Employed by any Gaming Operation.

(5) Resides in the same household with a person employed as a Primary Management Official or Key Employee of any Gaming Operation.

(6) Has a direct or indirect financial interest in the Gaming Operation, including any Management Contractor, or a direct financial interest in any Gaming Supplier. For purposes of this Section, (i) direct financial interest shall not include the right to per capita distributions of Gaming revenues pursuant to the IGRA but shall include direct ownership of stock in a publicly traded company and, (ii) indirect financial interest shall not include ownership of any mutual funds that hold such stock.

(7) Employed or otherwise serves in a position with responsibilities that create a conflict of interest or the appearance of a conflict of interest with the duties and responsibilities of the Commission, as determined by the Tribal Council; or

(8) Unable to establish and maintain eligibility to serve as a Gaming Commissioner under the requirements set forth in this Section.

**Ethics Requirements.** Gaming Commissioners are subject to the Gaming Ordinance Code of Ethics located under section X (10).

How To Apply. White Earth members who meet the qualifications, and are willing to be considered for appointment, must submit a letter of intent or resume describing your qualifications, by one of the following methods **by 4:30 pm December 8, 2023**.

Mail:

Christie Haverkamp White Earth Compliance Director

PO Box 395

Mahnomen, MN 56557

Fax: 218-935-5087 Att: Christie Haverkamp, White Earth Compliance Director

Email: Christie.haverkamp@whiteearth-nsn.gov

As stated above, prior to appointment, a comprehensive background investigation will be conducted by the Compliance Division to determine whether the potential appointee meets all applicable licensing standards under the Bands Gaming Ordinance. Therefore, a potential appointee must obtain a release of information form, complete, and return to the Compliance Background and Adjudication Department, all required background investigation forms.

Two (2) Gaming Commissioner positions are available to fulfill a term ending December 2027. This posting shall remain open until December 8, 2023.

For questions concerning the application and process, please contact the White Earth Compliance Director Christie.haverkamp@whiteearthnsn.gov.

You can reach the Anishinaabeg Today at 218-983-3285 Ext. 5903 or email today@whiteearth-nsn.gov



### Attention New Homeowners & Existing Homeowners

If you are in need of a Well and Sewer System for your house/ trailer home you can contact White Earth Water & Sewer for an application as we receive grants.

**Requirements to qualify for the grants are:** 

\* Tribal Enrolled member

- \* Reside on the White Earth Reservation
- \* Show proof of land (Land Deed/Tribal Land agreement) and proof of homeownership

\* 18 years of age or older

\* Must have electricity, heat source, and interior plumbing to the home

\* Income verification (some existing home owners grants require)

Contact us at 218-983-3202



### Energy Assistance Program Notice

The 2024 Energy Assistance Program will be accepting application in September 2023, please call for an application at that time or you can pick one up at the office in Waubun or watch and they will be on the White Earth web page. For those of you that have applied last heating season, you will receive an application in the mail in September 2023.

Please keep in mind to fill out your application clearly and completely, with all necessary documentation, this will make for a faster process. Just wanted you know there will no longer be the water assistance program this year.

Homeowners, please call if you are having furnace problems we may be able to help you. Please remember to change your filters once a month for adequate maintenance.

Always keep in mind to check your tanks, running out will adhere to more problems. Summer prices are at low this time of year, call your company to set up payment plans or arrangements if suitable. Any questions on the program or need to fax any information, please call the

number or fax below. Hope everyone had a great summer! Phone#: 218/473-2711 Fax#: 218/473-2719 Toll Free#: 1-866-885-7656 Visit us at www.whiteearth.com Energy Assistance Program

### Mahnomen Country Club Winter Wonderland Rules:

- Ski, snowshoe or walk with a partner. One adult (18 or older) must be present.
- Activity must occur during the daylight hours.
- Stay away from the river water and areas marked with poles and tape.
- Plan ahead, use the restroom before arriving, dress appropriately and bring a cell phone for emergencies.
- Unauthorized motor vehicles, ATV's and snowmobiles are NOT allowed. Take litter home with you.
- The use of drugs and alcohol are prohibited.
- Adult Cross country ski and snow shoe lessons are provided by White Earth Tribal Public Health. Make an appointment by calling 218-401-2421 Monday-Friday 8 until 4:30.

Have fun enjoying the fresh air, beautiful scenery and outdoor exercise!
 Bonus: Draw prizes will be awarded if you find the 7 foot Sasquatch on the property and take a picture of yourself with it every time you visit the MCC in the winter months. Text or email the photo along with your contact information to 218-401-2421 or Jackie.haugo@whiteearth-nsn.gov



# BECOME A FOSTER PARENT IN CRITICAL NEED!!!

White Earth Foster Care is in critical need for licensable foster homes. If you or anyone you know is interested in opening your home to help out your family, friends, neighbors and community. Please reach out to our foster care team.



Patricia Racine - Licensor Ext:5526 Patricia.racine@whiteearth-nsn.gov









White Earth Nation TRIBAL PUBLIC HEALTH Prevent, Promote, Protect

# IN NEED OF SEPTIC PUMPING?

If you need your sewer system pumped call the White Earth Water & Sewer Department at 218-983-3202

Tribal Enrolled Elders (55 & older) - \$25

Tribal Enrolled Members (54 & younger) - \$80

Non-enrollees (any age) - \$115

White Earth Businesses - \$115

Other Businesses - \$120

(You must live on the White Earth Reservation)



WEUCC-White Earth Urban Community Council Youth Christmas Party 12/9/23



1308 East Franklin Ave Minneapolis, MN 55404 Noon to 3 PM

**MCT Building** 

Parents, join us and bring your children to our Christmas Party where they can decorate Cookies, play games, and receive a gift from Santa.

Youth must be registered by November 24th and present at the party to receive a gift. Call Char Lee at 651-262-7602 to register.

# FOR RENT HOMES IN CITY OF MAHNOMEN

2 or more bedrooms. 218-847-5641 or www.mmcdc.com



### **Help Wanted**

### **Community Health Liaison (75% position)**

The Community Health Liaison will be responsible for enhancing relationships and interactions among community members in White Earth and the University of Minnesota Medical School's Center of American Indian and Minority Health. This person will work to implement youth engagement activities within White Earth, with a goal of supporting youth into health careers, and will help ensure the stability and longevity of the University of Minnesota physician team working within the White Earth Indian Health Service.

Salary Range: \$45,000-\$60,000

For more information, visit: https://hr.myu.umn.edu/jobs/ext/358728

Job ID: 358728

### Thank You

More than 250 registered dancers and 21 total drums attended the White Earth Veterans Powwow on Nov. 11-12 at the Mahnomen Shooting Star Casino. The Vets were honored with the gift of a winnowing tray, wild rice, and maple syrup.

Miigwech aapiji from the White Earth Powwow Committee to the following:

- Miigwech to all attendees, singers, and dancers, especially our Veterans, Elders, and Powwow Royalty

Miigwech to our White Earth Reservation Business Committee for sponsoring this event

- Miigwech to the Shooting Star Casino for hosting this event

- Miigwech to White Earth Health for \$1,000 Spot Dance donations

-Miigwech to all vendors who donated items for the silent auction

-Miigwech to our hired guns: Spiritual Advisor, MCs, ADs, and RC Sound

- Miigwech to the Acute Care Program for their assistance

- Miigwech to you all. Please stay safe and well. Travel safely.

Weweni sa go giinawaa.



### Anishinaabeg Today

Wednesday, December 6, 2023

Community gathers in NTW





Photo by Gary W. Padrta

A Diabetic Health Fair was held Nov. 8 at the Pine Point Community Center. Dr. Kham Ung attended the event and spoke with attendees about feet issues.

# Pine Point community hosts Diabetic Health Fair

#### By Amy Elfering RN,

White Earth Nation Tribal Public Health

Pine Point hosted its first Diabetic Health Fair on Nov. 8. A Diabetic Health Fair is an event that focuses on educating people about diabetes and providing resources for those diagnosed with the condition.

The health fair included information from healthcare professionals, vendors offering diabeticfriendly products, and free immunizations. The goal of the event was to raise awareness about diabetes and empower those affected by it to take control of their health.

There was a great turnout at the health fair - 156 people attended. Congratulations to the winners and all who participated in the soup and bread contest.

- Soup category (seven entries)
- 1st Sherry Emerson
- 2nd Dayton Jones 3rd - Allison Jones
- Bread category (nine entries)
- 1st Arlys Bloom
- 2nd Pat Miller
- 3rd Pogo Roberts

Special guest Dr. Kham Ung, podiatrist (aka "Foot Doctor,") was in attendance. Dr. Ung is highly skilled and brings more than 27 years of experience as a podiatrist. He specializes in diagnosing and treating various foot and ankle conditions. He has extensive knowledge and expertise in providing comprehensive care, focusing on personalized treatment plans that address each patient's unique needs. He has offered monthly Public Health Podiatry Clinics on the White Earth Reservations since 2002.

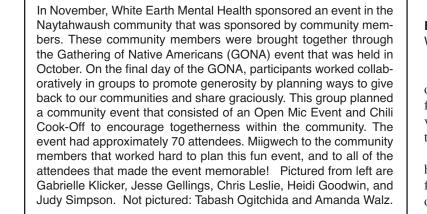
Dr. Ung's services include diagnosing and treating conditions such as plantar fasciitis, bunions, heel pain, achilles tendonitis, and more. He can accurately identify the root cause of each patient's condition and develop a customized treatment plan that may include surgery, orthotics, physical therapy, and other non-invasive interventions.

He's patients appreciate his compassionate and patient-centered approach to care. He takes the time to listen to each patient's concerns, answer their questions, and provide education and guidance throughout the treatment process. His dedication to delivering high-quality care has earned him a reputation as one of the top podiatrists in the area. His numerous patients have been heard exclaiming, "I wouldn't trust my feet to anyone else."





**Top**: Attendees were able to make their own first aid kits. **Bottom**: Jackie Haugo, Public Health, shows a little girl how to use a hula hoop for exercise.



## **Rapid Response Round Dance**



Photo by Tricia Jones

Submitted photo

More than 160 people attended the P-Town Rapid Response Round Dance held Nov. 18 at the Pine Point Community Center. The dance was organized by the Access to Recovery Rapid Response Team (ORO, CHOW and CSO). They would like to give a shout out to ICW and WESA for sponsoring the event.

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