



It was a good year for wild rice!



Photo courtesy of Tracy Goodwin

Coming off a disappointing 2021 ricing season, the White Earth RBC bought 172,609 pounds of green rice for up to \$6 a pound. The finished rice is expected to be around 77,000 pounds.

Indigenous Parent Leadership Initiative graduation

Submitted by Indigenous Visioning

The Indigenous Parent Leadership Initiative held its first inaugural graduation ceremony on Sept. 25 at the Shooting Star Casino Event Center in Mahnomen. Eleven Parent Leaders from the White Earth Nation were celebrated and honored in a ceremony for completing a 21-week program that integrates child development, leadership, advocacy, democracy skills and Ojibwe culture into a parent curriculum to empower the parent voice.

We congratulate our 2022 graduates: Melanie Anderson, Lacy Lee Armstrong, LeAnne Auginaush, Susie Ballot, Lera Hephner, Karen Jones, Page Lhotka, Stephanie Longfield, Pamela Morley and

Autumn Opegard.

We would like to say 'chii miigwech' to the people and organizations that made this possible: State of Minnesota – Department of Health/PDG/Community Solutions Grant fund, White Earth Project Launch, White Earth Tribal Council, Northwest Minnesota Foundation, Mii-Gii-Way-Win Advisory Board, Dr. Anton Treuer, Mewinza Ondaadiziike Wiigaming and the National Parent Leadership Institute. Chi Miigwech to the Smokey Hill Singers and to District 1 Representative Henry Fox for helping us honor our graduates during our graduation ceremony!

The Indigenous Parent Leadership Initiative is a

[See Graduation Page 10](#)



Submitted photos

Eleven Parent Leaders from the White Earth Nation were honored at a ceremony on Sept. 25 at the Shooting Star Casino Event Center in Mahnomen.

Attending JOM Conference

White Earth was well represented at the recent National Johnson O'Malley Association Conference in Las Vegas.

From left are Trista Ayers - White Earth Education, Shannon Heisler - WOVE JOM Parent Committee, Autumn Highelk - WOVE JOM Parent Committee, Kimberly Neisen - White Earth Education, Tara Mason - Mahnomen/Naytahwaush Parent Committee, Gina Bower - Mahnomen/Naytahwaush Parent Committee, and Melinda Fairbanks - Mahnomen/Naytahwaush Parent Committee.

Submitted photo



PRESORTED
STANDARD
US POSTAGE
PAID
Detroit Lakes MN
Permit NO 14

ECRWSS

Postal Customer

Anishinaabeg Today

The *Anishinaabeg Today* (AT) is the official publication of White Earth Nation and is published once a month. Editorials and articles appearing in the AT are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the AT staff or the White Earth Reservation Business Committee.

The AT reserves the right to reject any advertising or materials submitted for publication. The submission of articles and photos is encouraged, however, they are subject to editing for grammar, length, and malicious/libelous content. The Editor makes the sole decision of what is published in the AT and will not assume any responsibility for unsolicited material nor will the AT guarantee publication upon submission. **Deadlines are strictly enforced!** Deadline dates are printed below in each issue.

The AT is distributed at no charge to all postal patrons living on White Earth Reservation and by mail to White Earth Nation members (who request the newspaper) living within the United States. One per household. The cost of a newspaper subscription is \$12 per year for non-members (including descendants) living off the reservation. **Current and past issues of the AT can be read online for free at www.whiteearth.com.**

For more information call 218-983-3285 Ext. 5903, email: today@whiteearth-nsn.gov, fax: 218-983-3641, or write to:

Anishinaabeg Today
PO Box 418
White Earth, MN 56591

Memberships

- ◆ Native American Journalist Association
- ◆ Minnesota Newspaper Association

WER Business Committee

Michael Fairbanks
Chairman

Michael LaRoque
Secretary-Treasurer

Henry George Fox
District I Representative

Eugene Sommers
District II Representative

Cheryl "Annie" Jackson
District III Representative

Editor

Gary W. Padrta

Future Issues *

Deadline	Issue Date
October 26	November 2
November 30	December 7
December 28	January 4
January 25	February 1
February 22	March 1

* Deadline and issue dates subject to change

Rare Ojibwe horse

"This is a breed that's indigenous to Minnesota and Wisconsin"

By Dan Kraker
Minnesota Public Radio

Em Loerzel grew up hearing stories about the Ojibwe horse from her uncle, about small ponies that would roam free near Ojibwe communities tucked among the forests and lakes along the Minnesota-Canada border, and help with tasks such as hauling wood and trap lines.

"I think when people think about Native people and their horses, they think of Lakota people or southwest people, but he would tell me, don't forget that we are horse people too," said Loerzel, a descendant of the White Earth Nation.

Loerzel has taken that teaching to heart. Earlier this year, the 28-year-old graduate student in social welfare at the University of Washington raised money to rescue six of the horses from a Canada rancher who could no longer afford to keep them.

She brought them to a farm owned by a friend outside River Falls, where Loerzel moved last year with her husband. And she started a nonprofit called The Humble Horse, to raise awareness about the breed—which is also known as the Lac La Croix pony, and to help revive it. Only about 180 Ojibwe horses remain, mostly in Canada.

The horses are small, sturdy and friendly. Last month, Loerzel nuzzled a 2-year-old stud colt named Mino. "Short for Mino Bimaadiziwin. That's our word for 'a good life.' All of our Ojibwe horses have their Ojibwe names," Loerzel explained.

"He's just one of the sweetest guys. We Anishinaabe people bred them to be really smart, sweet, docile."

They also adapted over the generations to survive in the border lakes country. Their small stature made it easier to navigate the forest.

Loerzel pointed out a unique inside flap in Mino's nostrils that helps protect him from cold air. The horses also have small, fuzzy ears, to both protect from the cold and from black flies.

Late last month, one of the mares Loerzel rescued gave birth to a foal.

Loerzel says her main goal is to keep the horses safe and healthy. But she also wants to help Ojibwe people to

reconnect with the horses.

"Because I've seen it where our own communities don't know that we had these horses. It's to make sure that Indigenous communities have connections to ... our horse relatives."

'Heist across the Ice'

Thousands of Ojibwe horses once lived near Ojibwe communities on both sides of the border. They would roam free part of the year, but at other times were gathered to help with labor.

But their population dwindled in the first part of the 20th century. Many were killed and used to make dog food, even glue.

By 1977 there were only four left, on the Lac La Croix First Nation in Ontario, just north of the U.S.-Canada border.

Word spread that the Canadian government planned to exterminate them. So four men from the Bois Forte Reservation in Minnesota planned a rescue mission.

"They piled in a pickup truck, hooked up a horse trailer, drove across like beaver dams and portages and frozen ice in the middle of February, said Heather O'Connor, a Canadian author and journalist who spent five years researching Ojibwe horses.

It was dubbed the "Heist across the Ice."

"I was thinking, well, I'm wondering if this is the last time I'm going to ever see those horses," recalled Norman Jordan, a Lac La Croix council member who as a young boy remembers watching the men lead the horses away.

"Everybody was so attached to them, in a deep way, a spiritual way. And it was sad just seeing them being taken away."

But those four rescued mares allowed the breed to survive. In Minnesota, they were bred with a Spanish mustang, and slowly, their numbers increased, largely among small herds in Canada.

Eight years ago, Darcy Whitecrow and Kim Campbell started Grey Raven Ranch on the Seine River First Nation, about 20 miles north of Voyageurs National Park in far northern Minnesota.

See Horse Page 21



Video image from MPR

Em Loerzel, a White Earth descendant, takes care of an Ojibwe horse which are indigenous to Minnesota and Wisconsin.

White Earth Mental Health Support

White Earth Mental Health Supports are available to the community who may be struggling with the recent community loss. No appointment is needed.

The Becker County & White Earth Reservation Mental Health Crisis 24/7 Hotline offers community outreach and support. Phone support and face-to-face support are both available. Please reach out during any time of crisis. Crisis is defined by the individual and tended to according to their individual level of care need.

BECKER COUNTY & WHITE EARTH RESERVATION MENTAL HEALTH

ADULT/CHILDREN'S 24 HOUR CRISIS HOTLINE
CALL 218-850-HELP or 1-877-380-3821

Walk In Availability:

Pine Point: 48036 Pow Wow Highway Ponsford, MN 56575; P: 218-227-3888
Monday: 12pm-4:30pm
Thursday: 12pm-4:30pm

White Earth Behavioral Health Building: 26426 Crane Road, White Earth, MN; 56591; P: 218-983-4703
Monday: 8am-4:30pm
Tuesday: 8am-4:30pm
Wednesday: 8am-4:30pm
Thursday: 8am-4:30pm
Friday: 8am-4:30pm

Naytahwaush Behavioral Health Building: 2531 210th Avenue, Naytahwaush, MN 56566; P: 218-983-4703
Tuesday: 8am-12pm
Wednesday: 1pm-4:30pm

Rice Lake Community Center: 13830 Community Loop, Bagley, MN 56621; P: 218-983-3286 ext 1438
Monday: 12pm-4:30pm
Wednesday: 1-4:30pm

Mahnomen Behavioral Health Building: 216 Main Street N, Mahnomen, MN 56557; P: 218-983-1286
Monday: 12pm-4:30pm
Thursday: 1pm-4:30pm

NOTICE OF GENERAL ELECTION

INDEPENDENT SCHOOL DISTRICT NO 25
PONSFORD, MINNESOTA

NOTICE IS HEREBY GIVEN, that the general election has been called and will be held in and for Independent School District No. 25, (Ponsford), State of Minnesota, on Tuesday, the 8th day of November, 2022, for the purpose of electing three school board members for three year terms. The ballot shall provide as follows:

SCHOOL BOARD MEMBER
VOTE FOR UP TO THREE

Put an (X) in the square opposite the name of each candidate you wish to vote for:

The combined precincts and the polling places for this election will be as follows:
New Pine Point School, Ponsford, Minnesota.

Any eligible voter residing in the school district may vote at said election at the polling place designated above for the precinct in which he or she resides. The polls for said election will open at 4 o'clock p.m. and will close at 8 o'clock p.m. on the date of said election.

A voter must be registered to vote to be eligible to vote in this election. An unregistered individual may register to vote at the polling place on Election Day.

Dated: September 22, 2022 BY ORDER OF THE SCHOOL BOARD

School Board Meeting and Public Hearing – Indian Education Programs and Budgets Notice

**Bagley Public Schools
Bagley, MN**

There will be a public hearing regarding the proposals for the 2022-2023 American Indian Education Programs and Budgets.

**The Bagley Indian Education Parent Committee will meet at 5:00 p.m.
Chicken Wild Rice Soup and Frybread will be served.
The Public Hearing will take place at 6:00 p.m.
The School Board meeting will follow the Public Hearing
at the Rice Lake Community Center
on
Monday, October 17, 2022**

The hearing will include the following:

1. Presentation of Indian Policies and Procedures.
2. Overview of the Title I, II, & VI, Johnson O'Malley, American Indian Education Aid and Impact Aid.
3. Seek comments and recommendations regarding the programs.

**PARENTS/GUARDIANS AND TEACHERS OF AMERICAN INDIAN STUDENTS
ATTENDING BAGLEY SCHOOL DISTRICT # 162
ARE URGED TO ATTEND.**

News From Chairman Michael Fairbanks

Aaniin Boozhoo Gaa-waabaabiganikaag Niminwendam Waabaminaan!
Binaakwe-Giizis!
Aaniish inaa akawe ninga-gaagiizomaag aadi-zookaanag.
Greetings White Earth Nation, I am Happy to See You! It's October!
Baagedandemowin – Forgiveness

The Rock
Anishinaabe People across Turtle Island have a spiritual relationship with the Mother Earth, or Mama Aki. All things on Mama Aki are family and that the Creator gifted us with a sacred duty. We are Keepers of the Mama Aki.

Anishinaabe people and geologists may see the land through different glasses, but we share a common interest in observing the relationships among the rocks, the sands, the water, the plants, and the animals – all aspects of the land. There is deep respect for the traditional insights of Anishinaabe Peoples here on Turtle Island. This is a story from our relative from the north he described our understanding of the Mama Aki, which causes me to pause and reflect because it is so parallel to many perspectives of geological understanding of the earth.

Grandfather Rock or Asin is a based on the understanding that the rocks are Grandfathers — animate beings with memories and stories to share with those who can hear ancestral voices.

Geologists consider this early life to be the ancestors of every living thing on Earth...our great-great-great-great-great-great-great-great grandmothers and grandfathers. I have always been struck by the similarity with the Anishinaabe Grandfather Rock teaching. It presents a view of our evolution, understanding and use of Asiniig/Rocks in our culture.

The rock is called Grandfather Rock because it is the oldest of all beings on Mother Earth. Rocks must be respected because of this. The Asiniig/ Rocks represent forgiveness. The Grandfather teaching is unique as it is originating from north of our Nation. The Elders of that place recognized that Anishinaabe culture comes in even numbers, from the creation of life to the seasons, to the songs of the pow -wow. A ceremony revealed the teaching of forgiveness is represented by the Asin. The Asin carries history and ancestry because it has witnessed change in weather, people, places and animals since time beginning. Asiniig have the power to heal, and forgiveness has the power to heal. Asiniig in our culture are living beings which can help cleanse and take away illness, physically, emotionally, and mentally.

This Grandfather Teaching of the Rock or Asin reminds us that it is better to forgive and move forward than to fill our pockets with heavy weights of resentments and anger which can lead to illness and troubles. Let us as Anishinaabe move forward and release negativity for healing and minobimaadiziwin.

We have some amazing events happening at the White Earth Tribal Community College.

Fall semester has started at the college. We have 102 students enrolled this semester. This academic year they are celebrating the college turning 25 years old and this is a huge milestone. The college kicked off their birthday week with a Manoomin Feed during the week of Sept. 5. In addition, they held their first college parade in the city of Mahnomen.

In July 2022, the Board of Trustees selected Anna Sheppard as the college president. She will continue to work at our college as the president, without the interim title and we are so excited to have such an



incredible Anishinaabekwe in the position. Anna looks forward her “official” title now as President and continuing working with the students, staff, faculty, and our Gaawaabaabiganikaag surrounding communities. It is imperative that we as Anishinaabe have Tribal Colleges and Universities, TCU’s, on the White Earth Nation because they intertwine our Anishinaabe culture, values and traditions embedding them into the college curriculum.

Collaboration between the Extension Department and Academic Department has led to the hiring of an Ojibwe Language faculty member - Naabek Liberty. The college received funding to cover the majority of his salary for the next five years. The Extension Department contracted Naabek to develop and implement the curriculum and the immersion experience for the Ojibwe Language Certificate Program.

In September 2022, the college hosted Minnesota House of Representative, Heather Keeler. This was her first time visiting the campus. Staff provided her a campus tour and had a roundtable discussion with the campus community. Last legislative year, Heather coauthored a bill to include TCU’s on the annual education budget for campus operational expenses. It is close to passing, it was approved in the Minnesota House Higher Education Omnibus bill, but the Minnesota Senate didn’t move the Higher Education Omnibus bill off the table to vote on it. Last year was a non-budgetary year. We hope to have success with this bill being reintroduced into the Minnesota House and Senate.

White Earth RBC provided funding to hiring an architect for phase one of the Trades Building Project. We have a rendering with schematic plans of the building we would like to see constructed on the campus; the design and hard cost estimate have been provided. We hope to secure funding for this project to offer accredited Associate of Applied Science degree in Construction Technology that would embed the following course offerings: plumbing, carpentry, electrical, and heating, ventilation, and air conditioning (HVAC) and solar energy.

In addition to the trades building housing our skilled trades and technical programs, it will expand our teaching space to offer more cultural programming and customized education courses to our White Earth Nation and surrounding communities.

Baamaapii wiingezin.
Miigwech bizindawiyeg.
Gigawaabaminim naagaj.
Take it easy.
Thank you for listening to me.
See you all later.

Chairman Michael Fairbanks

News From Secretary-Treasurer Michael LaRoque

White Earth Tribal Council Quarterly Report

Aanin Boozhoo

Greetings White Earth Members, thank you for the honor of being your newly elected Secretary/Treasurer for the White Earth Reservation Business Committee. As part of my duties, I submit to you my quarterly report for the start of Fiscal year 2023. Our Fiscal year runs from Oct. 1, 2022 to Sept. 30, 2023.

Fiscal Year 2023 Budget

Due to the fiscal year dates, the RBC must have a general fund budget in place by Sept. 30, 2022. This budget was approved by Tribal Council and adopted by resolution at the Regular Meeting on Sept. 30, 2022. The budget adopted accounts for revenues in the amount of \$15.96 million which consists mainly of State of Minnesota Tax revenue and expenditures in the amount of \$22.30 million. These expenditures are incurred for departments that operate more for the good of the band members than to make a profit. These include education, public safety, general government, human services, public works, economic development, and culture amongst others. This allows for a budget deficit of \$6.34 million which will be funded by distributions from the Shooting Star Casino. This deficit includes all capital expenses.

Fiscal Year 2022 Actuals

General Fund

For fiscal year 2022, the general fund was approved for a budget deficit of \$4.8 million. Throughout the year, there were budget modifications passed through Tribal resolutions authorizing an increased number of expenditures over the original budget allowance. The final budget deficit is reported at \$14.07 million before Shooting Star Casino transfers of \$16 million and transfers out of \$3.6 million. This leaves us a net change in our reserve amount of (\$0.42 million) resulting in an ending reserve amount of \$4.39 million dollars and a cash and equivalents balance of \$4.44 million.

Of the \$17 million transferred from the Shooting Star, \$5 million was used to fund an investment in Pathfinder Solutions PBC, which provides technological-based solutions for substance abuse, drug treatment and related recovery services. This investment provides us with an 8% ownership in Pathfinders, a 10% referral fee for Tribal Nations, and free use for our programs and constituents.

Earlier this summer, the current RBC voted to cancel the contract for Total Spectrum. The RBC initially allocated \$4.9 million for the Total Spectrum contract. White Earth received substandard work in return and the RBC decided that the contract was no longer in the Band's best interest.

CARES

CARES act dollars in the amount of \$32.25 million have been expended and will be reported final as of Sept. 30, 2022. \$3.90 million was spent on salaries for WERBC and SSC employees who worked on COVID related functions during the pandemic. This includes Public Safety, Health, and Emergency Operations Staff. \$5.15 million was transferred to the Shooting Star Casino to help cover Covid related expenses, \$18.39 million was spent on member assistance and stimulus payments, \$1.57 million was spent on capital projects and equipment, and the remaining \$3.24 million was spent on other operating costs for the emergency Operation Center and the Food Shelf program.

ARPA

In 2021, the WERBC was awarded \$110.9 million in funding through the American Rescue Plan



Act's Coronavirus State and Local Fiscal Recovery Funds to support the Nation's response to and recovery from the COVID-19 public health emergency. The preliminary budget has been approved by Tribal Council and we have started expending these funds in the following categories: \$3 million in small business assistance, \$35 million in individual assistance payments, \$1.7 million for the operation of the Boys and Girls Clubs, \$2.4 million in hazard pay, \$1 million for elder home repairs and equipment, \$2 million for fire departments, \$25 million for public works to repair roads and water & sewer projects, \$1.6 million for government programs, \$2.2 million for White Earth Enterprise revenue loss, \$31.5 for Shooting Star Casino revenue loss, and \$5.5 for the Rice Lake Elder Village. We will continue working with our tribal departments to ensure they are receiving the funding allowances in a timely manner.

Other Grant Funds

In fiscal year 2022, we have recorded \$119.09 million in other grant funding while recording \$59.67 million in expenditures. The other grant funds consist of grants from Federal, State, and local funding agencies. The funds are meant for a specific program, service, or activity and must be budgeted as such.

Behavioral Health

In fiscal year 2022, we have accounted for \$33.64 million in revenue while recording \$30.04 in expenditures. This leaves us with \$3.60 million to add to our reserve balance of \$53.90 million resulting in an ending balance \$57.50 million. The ending cash balance in Behavioral Health funds is \$43.27 million and we also have an investment account of \$15 million.

Youth and Elder Funds

The casino purchased 12 AGS machines and designated 1/6 of the gaming revenue from those machines for the Youth and Elder Fund. Six of those machines are in the casino on a back wall that abuts Smoke. The remaining six machines are in the middle of the northern portion of the floor. All AGS machines on the casino gaming floor earn the guest rewards points when playing with their player card. (This is not the case with AGS machines at the offsites.) The funding in this program is designed to help assist with costs associated with group activities supporting enrolled youth and elder members of White Earth. These donations are authorized by Tribal Council. Currently, WERBC is in the process of re-writing the policies and procedures in relation to the distribution of these dollars. Please be on the lookout for the updated Youth and Elder Fund guidelines.

Since its inception, the casino has transferred \$815,538 in revenue to the Youth and Elder funds.

See Report Page 30

WHITE EARTH AREA

VETERANS



We invite all veterans and active military in our community for a gathering to connect, eat and support one another.

Hosted by: White Earth Veterans Association and White Earth Mental Health

Food will be provided by: BigFoot L.L.C

NOV
1
2022

2219 COLLEGE RD
MAHNOMEN MN,
56557

TUE
4-5:00
P.M.

FOOD AND DRINKS WILL BE SERVED!



Elbow Lake PICNIC

October 8th,
2-4PM

PICNIC AREA, BY THE LAKE

MIIWECH TO
PUBLIC SAFETY, BEHAVIORAL HEALTH, PUBLIC HEALTH, ELCC,
AND ALL OTHER PROGRAMS.

Valleyview Commons

in Mahnomen has immediate openings for 1 bedroom units.
\$500 Visa gift card move-in special!!!
Rent is income based.
Must be 62 or older or 18 with Handicap/disability.
Certain income restrictions apply
For more information contact DW Jones Management.
218-547-3307 or apply at www.dwjonesmanagement.com

CREATING BETTER LIVING
Equal Housing Opportunity

TTY711

White Earth Nation has a Facebook page!
www.facebook.com/WhiteEarthNation

News From District I Rep. Henry George Fox

Since taking my Oath of Office and getting sworn in on July 7, we hit the ground running and started having meetings with a lot of our programs, some needing more assistance than others. Our people are getting the best help that our programs can offer.

I've been answering all calls that I get, but I like meeting face to face with people as much as possible. My number is 218-407-2729 or 218-859-0753 and my office number is 218-983-3285 Ext. 5712.

Early July was a time for harvesting a lot of blueberries, chokecherries, different kinds of apples, strawberries, plums, blackberries, and high-bush cranberries,

Around the second week in September our Big Rice Lake opened. We did a blessing of the lake with elders and Behavioral Health Cultural Clinical Director Dorene Day with her helpers Karen Jones and Becky Howard. We started out at Ponsford Landing with a prayer along with me smoking my opagan and leaving a food bundle then moving to Bush Landing and Big Bear Landing doing the same. We then finished with prayers and feeding Big Rice Lake at Bungos Landing. From there we went to the



Rice Lake Community Center and had a big feast.

The next day Natural Resources started buying wild rice and we bought over 172,000 pounds through Sept. 24. Glad the Big Lake was plentiful this year.

Mii-gwech.

District 1 Representative,
Henry George Fox

White Earth Energy Assistance Program Notice

The White Earth Energy Assistance Program has sent out new 2023 applications to the clients that applied last heating season. For those of you that did not apply, check our website at www.whiteearth.com and go into Divisions or call our phone number.

Please keep in mind to fill out your application clearly and completely, with all necessary documentation. This makes for a faster process.

Homeowners, please call if you are having furnace problems, we may be able to help you. Please remember to change your filters once a month for adequate maintenance.

Always keep in mind to check your tanks. Running out will adhere to more problems. Summer

prices are at there low. This time of year call, your company to set up payment plans or arrangements if suitable.

Any questions on the program or need to send in information see the information below.

Phone: 218-473-2711

Fax: 218-473-2719

Toll Free: 1-866-885-7656

Email: Chris.Fairbanks@whiteearth-nsn.gov

Location: Across from the Housing Authority office in Waubun

Mail: PO Box 418, White Earth, MN 56591

Website: www.whiteearth.com

Happy 25th White Earth Tribal and Community College!



Photo by Gary W. Padrta

The White Earth Tribal and Community College recently celebrated their 25th anniversary with a parade down main street in Mahanomen. In addition to the parade, the college held week-long activities.

Rez Briefs

Please clean up Calvary Cemetery gravesites

Families are asked to please cleanup their gravesites at Calvary Cemetery in White Earth. A fall or spring (depending on the weather) cleanup will be held and any items left behind will be removed. For more information contact Sue Baker at 218-841-7994.

COLA School Board meets second Tuesday of each month

The Circle of Life Academy School Board meetings are held the second Tuesday of each month at 4:30 p.m. at the school. For more information call 218-983-4180.

White Earth Building Supplies change to winter hours

White Earth Building Supplies have changed thier hours starting Oct. 1.

Monday-Thursday: 8 a.m. to 5 p.m.

Friday: 8 a.m. to 4:30 p.m.

Saturday: 8 a.m. to noon

Ogema VFW 9880 Auxiliary news

Ogema VFW Post 9880 Auxiliary will meet on Monday, Oct. 10 at 4 p.m. in the Ogema VFW Hall. Please note the fall/meeting time change. All members encouraged to attend. If you are interested in becoming a member please contact Carol Fabre, President at 218-401-1219 or 218-983-3443.

Wisdom Steps selling 2022 cookbook

Wisdom Steps is selling their 2022 *Mom's & Grandma's Hands Cookbook* as a fundraiser for \$15. If interested call Lucille Silk at 218-983-3768.

VFW sponsoring scholarship contests

Scholarships are available for community youth in grades 6-8 (Patriotic Written Essay), and for grades 9-12 (Oral Essay). Entry deadline to the VFW Post/Auxiliary is Oct. 31. To receive more details contact Ogema VFW Auxiliary Post 9880 member Diana Karl at 218-473-2920 or email nayadetah@gmail.com. Scholarships for Voice of Democracy (audio essay for grades 9-12 and the Patriot's Pen (written essay) for grades 6-8) have deadlines of Oct. 31. Each entry must be received and judged by a sponsoring local VFW Post and/or Auxiliary.

Anishinaabeg Today readers

You can reach the AT at today@whiteearth-nsn.gov.

Iron Range Area Community Council

The Iron Range Area Community Council holds a meeting on the second Thursday of each month at 6:30 p.m. at the Greenway Township Hall in Marble, Minn. The Council encourages everyone to attend.

Update your newspaper address

Please let us know if you recently moved, or have moved in the past few years so we can cancel your old address. **Many papers are still being sent to old addresses!** Call the *Anishinaabeg Today* at 218-983-3285 Ext. 5903 or email today@whiteearth-nsn.gov.

White Earth Community Council meetings

The White Earth Community Council regular meetings are held the second Wednesday of each month at 5 p.m. at the White Earth Community Center.

White Earth Urban Office

White Earth Urban Office is located at 1730 Clifton Place, Suite 100, in Minneapolis. The phone number is 612-813-1590 and the office is open Monday to Friday from 8 a.m. to 4:30 p.m.

Child Support staff begins Pine Point office hours

The Child Support Office will have a staff member in the Pine Point Community Center (old school) every other Monday beginning Nov. 1 from 8 a.m.-4:30 p.m.



Photo courtesy of WETCC Customized Education

The White Earth Tribal and Community College Customized Education Solar Photovoltaic (PV) course and internship participants had the opportunity to practice assembling and installing a solar PV panel. From left are George Lemelin (instructor) and students Nathaniel Sargent, Tyler Leu, Christopher Dodd, Joseph Rousu.

WETCC solar course and internship opportunity

White Earth Tribal and Community College (WETCC) Customized Education Solar Photovoltaic (PV) course and internship participants had the opportunity to practice assembling and installing a solar PV panel at our teaching station at the college. The first fall 2022 cohort has successfully completed the course and have embarked on their journey into the renewable energy field.

In partnership with Rural Renewable Energy Alliance (RREAL) White Earth Tribal and Community College (WETCC) Customized Education Department (CED) offers the Pathways to Prosperity Solar PV Pre-Apprenticeship, consisting of a 45-hour Basic Electronic and Alternative Energy-Solar Focus training designed to help guide participants into rewarding career paths in renewable alternative energy technology. The course is segmented into classroom lectures, video, practical hands-on lab activities and field install of a 1.6kw PV array, 4.6kw battery backup system w/240AC load.

The curriculum provides participants with a fundamental understanding of basic electronics and component level solar equipment and design. After completion of this pre-apprenticeship, participants can work on-the-job training at solar installations in Minnesota Statewide projects, in collaboration with Minnesota Power and Hunt Electric Company in the Baxter, Selva area of Minnesota.

WETCC Customized Education is offering the next course Oct. 10-21, and further offerings in Spring 2023. Other October trainings include Child Development Associates (CDA) and Commercial Driver's License (CDL) in partnership with the Maadaadizi Workforce Center and Alexandria Technical and Community College.

For more information on our upcoming October trainings please contact WETCC Customized Education at 218-935-8326 or email Philip.DeVries @wetcc.edu.

Hwy 200 bridge completion delayed until end of October

Due to material delays, the Twin Lakes Creek bridge on Highway 200 will remain closed until the end of October. Work on the bridge replacement continues and is ongoing as materials arrive.

As a reminder, Highway 200 is closed between Mahnomen and Roy Lake for road construction. Thru-traffic is being detoured to Highway 59, Highway 113 and County Road 39. For residents and other local traffic who have a destination on Highway 200 within the work zone, the roadway is impassable at the Twin Lakes Creek bridge. Take the detour or find an alternate route around the bridge.

The Minnesota Department of Transportation knows that schedule changes during construction can be frustrating, and apologizes for any inconveniences caused by the extended bridge closure.

Residents/local traffic should also be aware of additional lane closures and delays near Beatty Creek and Roy Lake, starting the week of Sept. 6. Crews will be replacing the culvert at Beatty Creek and completing additional pavement work near Roy Lake. MnDOT reminds motorists to slow down, drive with caution through the work zone and obey flaggers.

The overall project includes shoulder widening, pavement repairs, bridge and culvert replacements, turn lanes, and other safety and pedestrian accessibility improvements. Throughout the duration of construction, driveway access is being maintained.

For more information about the project and to sign up for project email updates, visit mndot.gov/d4/projects/hwy200.

TAMARAC NWR TRAPPING DRAWING

The trapping drawing for zones in Tamarac NWR will be held on **Wednesday, Oct. 12, at 5:30 p.m.** at the Mahnomen Natural Resources Office (old tribal college building) on Hwy 59.

Tribal members must bring their drivers license, tribal ID card, and current harvest permit. The White Earth Natural Resources Department encourages all interested trappers to attend, there are numerous opportunities for trapping of all sorts - especially beaver.

If you have any questions please contact Doug McArthur at Doug.McArthur@whiteearth-nsn.gov. Thanks and hope to see you there!

Domestic Violence Awareness Month Event



• DATE •
October 22nd, 2022

• TIME •
12pm-4pm

• PLACE •
Shooting Star Event Center

Prizes · Popcorn · Activities

October is National Domestic Violence Awareness month. Please help us raise awareness. There will be a children's coloring contest along with activities / education for all ages. Costumes are encouraged!! Lunch will be provided along with a Popcorn Bar and Candy!

HAVE YOU BEEN INJURED:



Nycklemoe & Ellig
ATTORNEYS AT LAW

Hurt at work or in an auto accident?

Call **JOSEPH R. ELLIG & VAN R. ELLIG**

"Our family helping your family since 1925"

Slipped & fell or attacked by a dog?

Fergus Falls
218-736-5673

*Licensed in Minnesota and White Earth Tribal Courts

You can reach the AT at 218-983-3285 Ext. 5903 or today@whiteearth-nsn.gov

WE Natural Resources looking for hunters to participate in CWD testing this season

Fall hunting and gathering season is upon us and it is time to get ready for winter. The White Earth Natural Resources Department will be asking everyone to drop off deer heads for CWD sampling. Last year there were 174 heads submitted for sampling and thankfully all came back negative for CWD. We would like to thank everyone who submitted heads last year again it was a great effort.

Box of Copper Ammo

We know that there is some confusion over last year's "copper bullet" ammo incentive. White Earth is collecting heads under one large US Department of Agriculture grant allocated to the Grand Portage Reservation. Grand Portage staff has been kind enough to administer this grant for tribes in Minnesota, Wisconsin and Michigan. As part of the incentive under that grant, a box of lead-free copper ammo was supposed to be given to each person registering a deer head. However, the ammo company cancelled the contract last spring. So in lieu of copper ammo, Cabela's gift cards will be given for those who registered deer last year and this year. As soon as the gift cards are received by the White Earth Natural Resources Department we will begin distributing them.

Head Drop-off

Just like last year, there will be freezers located at the Maintenance/IT building at the White Earth RBC headquarters and at the White Earth Natural Resources office in Mahanomen. Deer heads must be antler free and cut just a few inches behind the skull. More specific directions will be posted at each site and on social media for better viewing. There will be bags and numbered ear tags to be attached to the head. This ear tag and number will be used for online registration portion.



New recording requirements There are some new recording requirements for this year that will hopefully help streamline and make it easier for drop offs. Instead of filling out a paper tag in those cold and windy days of fall, there will be an online registration available through your cellphone or

computer devices.

There is a hyperlink at <https://survey123.arcgis.com/share/9dc7d26d9c26414797f6cfac6505816d> that will be used to register deer heads. Drop off stations will also have a bar code that can be scanned by your smart phone and opened up directly for data input. Deer must be harvested within the reservation boundaries and please record the most accurate location as possible.

Deer Head Incentives

This year there will be a \$500 gift card for Reed's Sporting Goods in Walker, Minn., donated by the White Earth RBC for the winner of the tribal member drawing. There will be Cabela's gift cards to everyone (tribal members and non-tribal members that register's a deer head). When you receive the test results for your deer you will need to provide a tribal ID number or a Minnesota DNR number. You can register as many deer as you like provided they are legally harvested, tagged and have the accurate harvest location for each deer.

If anyone has any questions please contact Doug McArthur at 218-935-2488 or doug.mcarthur@whiteearth-nsn.gov. So good luck, happy hunting and be safe!

White Earth Council of Elders

By Lucille Silk, Chairperson

White Earth Nation Council of Elders

A new season is upon us with a hint that winter is just around the corner and that we should be preparing for the cold months ahead. With all the little nudges like lots of acorns that have been falling, leaves gently going to bed and frost warnings, we need to pay attention and be prepared. It is not too early to begin the process of plastic on windows, putting away the hoses, preparing your mowers, and getting the lawns cleared of your ornaments. Darrel Bellanger can be reached at 218-936-2444 Ext. 3223 to secure an application or other weatherization services that can be provided by him.

On Sept. 1, several volunteers made the trip to the Fond du Lac Reservation to prepare for the annual Wisdom Steps Golf Tournament fund raiser held the following day on Sept. 2. I always enjoy this event and get to see many of the same golfers and their teams come back to support the Wisdom Steps Program. It is a lot of work, but we also get a chance to visit with one another from the various Tribal Nations that we represent. The golfers are so very generous and have donated back winnings! All the raffle prizes and silent auction items come from our Wisdom Steps members or their affiliates. This reminds me of the way it was back in the day when everyone shared and looked out for one another.

Ogema Days was held Sept. 3 and 4. There is always a nice parade with lots of candy given out to the children, sports events, rummage sales and food and bingo.

The WENCOE meeting was held Sept. 6 at the Shooting Star Casino per the request of those residents in the Mahanomen area, as we try to accommodate most communities. Our guest speaker was Wendy Spry, Tribal Relations Director for the State of Minnesota, Department of Corrections. We are so excited and happy to know that our own enrolled member of White Earth is in this position. We look forward to working with Wendy and want to wish her all our blessings.

Several Elders attended the Blessing of the landing sites on Big Rice Lake with offerings of our sacred sage and songs for a bountiful harvest. Then we all gathered at the Rice Lake Community Center for a feast. We Elders were sent home with foods to use at our discretion. We all want to thank Millie Roy for making all that fry bread, it was so delicious. We also thank all those that put on this event as our traditions mandate.

The follow-up meeting with Indian Health Service and Reservation Business Committee members, Elders, and other community members was cancelled due to the new clinic expansion move-in and is rescheduled to Tuesday, Oct. 11 at 1 p.m. in lower conference room of RTC. Please come and attend this most important meeting regarding your health care.

The Ogema Post 9880 VFW/Aux. held the 3rd Annual MIA/POW 24 hour walk-a-thon from Sept. 15 to Sept. 16. It was so good to see the students from Waubun School come and walk for our soldiers and learn the meaning of these events. Thank you to all others that came and simply sat and watched the booth or walked in honor of many of our family relatives. The signs that honored many of our Native Veterans that were or are POW/MIA were much appreciated. God Bless Jodi for all the work she does to put on this event!

A Historical Trauma conference was held Sept. 23 at the Shooting Star Casino Event Center. We cannot move forward until we heal the past! Until you understand just what that means to you, please attend these sessions. Thank you to Joe La Garde for putting this event together for us. Each time that we discuss the trauma that our parents, grandparents, or even our-

See Elders Page 24

Minnesota Attorney General meets with WE Council



Photo by Gary W. Padrta

The White Earth Tribal Council recently welcomed Minnesota Attorney General Keith Ellison at the RBC headquarters. From left are Secretary-Treasurer Mike LaRoque, District III Rep. Cheryl "Annie" Jackson, Keith Ellison and Chairman Mike Fairbanks.

Vig Guitars

voted Best Music Instrument Store in Minnesota

Boozhoo, Angie Vig nindizhinkaaz, Gaawaabaabiganikaag nindoonjibaa. Nindibenam Vig Guitars, madweyaabiigibijigan adaawewigamig ate Ashkibagi-ziibiing.

I am Angie Vig, I am from White Earth, and I am the daughter of Judy Krejce (Aspinwall) my grandparents were Henry and Margaret Aspinwall, and my father was Clifford Sargent.

I have been very active in the local music scene for more than 20 years, and eight years ago I opened Vig Guitars a Guitar store in St. Paul with my husband, Ted.

I love to collaborate with fellow Native musicians, and enjoy being of service to the music community in the Twin Cities. To my knowledge, I am the only, and maybe first ever Indigenous female music store owner in the U.S. I have also served on the White Earth Urban Community Council for four years and continue to advocate the importance of "Off-Rez" representation and how valuable our urban members are for our communities, and for our at large representation.

So, how did I become a store owner? This didn't all happen overnight, and it's important to note that. It took years of developing skills and experience and a lot of hard work. I worked for 18 years at a huge grocery chain and started as a cashier and worked my way up to bookkeeping/accounting, HR specialist, shipping and receiving, accounts payables, to grocery ordering, stocking, merchandising, and resetting with teams at all of the stores in the cities.

I will touch just a bit about overcoming challenges these past two years including surviving covid ourselves, and then the governor's shutdown (we were not considered essential) then switch gears and operate curbside, protecting our workers, customers, and ourselves with safety protocols.

Another challenge was during the civil unrest of 2020 resulting from the horrific death of Mr. George Floyd, our shop was hit by looters and vandals,



Submitted photo

Angie Vig in her guitar store located in St. Paul.

resulting in huge inventory loss and damage to our shop, and we had to close for an additional 38 days before being able to resume business. I know they say that hard times can build good character...but geez!

Hard work does pay off though, in 2021, we won Silver for Star Tribune's Minnesota's Best Music Instrument Store, but this year we won GOLD! I'm so grateful and happy to share this with everyone!

We are at 595 Snelling Avenue North in St. Paul. Stop in some time! Miigwech!!

UPDATE YOUR ADDRESS

Please update your address with the *Anishinaabeg Today*. Let us know if you recently moved so we can cancel your old address.

Many papers are still being sent to old addresses!

Call the *Anishinaabeg Today* at 218-983-3285 Ext. 5903 or email today@whiteearth-nsn.gov



DISCOUNT PROGRAMS



Join us at the **White Earth Tribal Headquarters** in Ogema on **October 27, 2022, at 11am to 1pm** to talk about **discounted internet and phone services.**

Stop by and visit us!

888.99.ARVI
arvig.net/AssistancePrograms

arvig
It's All Here

Based on Arvig service area; some restrictions apply. ©Arvig 2022

Feed Our Families

Deliveries: Monday - Thursday

218-935-5554 Ext. 3217

WHITE EARTH CHILD CARE/ EARLY CHILDHOOD PROGRAM INVITES YOU,

CHILDCARE PROVIDERS, STAFF & FAMILIES OF THE COMMUNITIES TO OUR PUBLIC HEARING FOR COMMUNITY INPUT ON OUR 2023-2025 CHILD CARE AND DEVELOPMENT FUND (CCDF) FUNDING.

When: Thursday OCT 6th at 6:30 PM

Where: White Earth Child Care/ Head Start Building

There will be surveys, and public discussion on our upcoming Tribal Development Funding.

- Light Meal and beverages will be provided & Door Prizes!!



877-410-8550

anonymous crime and elder abuse tip line

Native Get And Vote Campaign

Becker County Court House:

- General Election: Nov. 8
- Absentee Voting Period: Sept. 23 - Nov. 7
- Regular Hours: Monday-Friday, 8 a.m. - 4:30 p.m.
- Extended Hours: Nov. 5 (10 a.m. - 3 p.m.)
- Monday, Nov. 7 (8 a.m. - 5 p.m.)

Mahnomen County Court House:

Voter Registration Deadline

- In-person: Nov. 8
- By mail: Received by Oct. 18
- Online: Oct. 18

What is the absentee/mail-in ballot request deadline?

- In-person: Nov. 7
- By mail: Received by Nov. 7
- Online: Nov. 7

What is the absentee/mail-in ballot return deadline?

- In-person: Nov. 8
- By mail: Received by Nov. 8

Is early voting available to all voters?

- Yes

What are the early voting start and end dates?

- Sept. 23 to Nov. 7

Clearwater County Court House:

What is the voter registration deadline?

- In-person: Nov. 8
- By mail: Received by Oct. 18
- Online: Oct. 18

What is the absentee/mail-in ballot request deadline?

- In-person: Nov. 7
- By mail: Received by Nov. 7
- Online: Nov. 7

What is the absentee/mail-in ballot return deadline?

- In-person: Nov. 8
- By mail: Received by Nov. 8

Is early voting available to all voters?

- Yes

What are the early voting start and end dates?

- Sept. 23 to Nov. 7

Hubbard County Court House:

What is the voter registration deadline?

- In-person: Nov. 8
- By mail: Received by Oct. 18
- Online: Oct. 18

What is the absentee/mail-in ballot request deadline?

- In-person: Nov. 7
- By mail: Received by Nov. 7
- Online: Nov. 7

What is the absentee/mail-in ballot return deadline?

- In-person: Nov. 8
- By mail: Received by Nov. 8

Is early voting available to all voters?

- Yes

What are the early voting start and end dates?

- Sept. 23 to Nov. 7

When are polls open on Election Day?

- 7 a.m. to 8 p.m.

If you need additional information about election and voting, please go to the Secretary of State website: <https://www.sos.state.mn.us/elections-voting/>

Where is my polling place? Go to the Polling Place Finder website: <https://pollfinder.sos.state.mn.us/>

FIBER - The carbohydrate that helps manage diabetes

By Lisa Braun, RN

White Earth Public Health

What is fiber?

Fiber is a type of carbohydrate that your body can't digest. Most carbohydrates are broken down into sugar, glucose. Fiber can't be broken down to sugar, so it passes through the body undigested.

Where do you find it?

It is found mostly in fruits, vegetables, grains and legumes.

What are the benefits?

- Controlling blood sugar, since your body can't absorb or break it down, it doesn't cause a spike in blood sugar. This helps to keep your blood sugar in the target range.

- It prevents your body from taking in some fats and cholesterol, lowering those levels can help prevent heart disease.

- It is like a scrub brush to clean your digestive tract. Cleans out build up and improves gut health and reduces the risk of colon cancer.

- Helps to keep you full longer. It moves through the stomach slowly making you feel fuller for a longer time.

- Many high fiber foods are low in calories and aids in weight loss.

Where do I find it?

1. Soluble fiber dissolves in water and forms a gel-like substance in your stomach, slowing down digestion. This is found in fruits like apples or bananas; legumes like lentils or peas; and vegetables like broccoli or avocados.

2. Insoluble fiber doesn't dissolve in water and passes through our digestive system mostly intact. It is found in whole wheat flour, bran, nuts and the skins of most fruits and vegetables.

How can I add more fiber to my diet?

On average, we only eat about half the fiber we should. Women should have 25 grams and men should get 38 grams per day.

- Try spreading fiber intake throughout the day
- Have a fiber friendly breakfast like, avocado toast or oatmeal with nuts and fruit

- Pick whole grains, look for whole grain flour as the first ingredient in breads, give whole wheat pasta a try

- Focus on non-starchy veggies, like a leafy salad or add spinach or a bag of frozen vegetables to your meals

- Add beans or other legumes to salads, soups or hotdishes

If you have diabetes adding fiber to your diet can help manage it and lower your risk of complications. Speak with a dietician or diabetic educator to help create a meal plan that is right for you.

THE DOCTOR'S CORNER

October is Breast Cancer Awareness Month

By CDR Deanna Pepper, RNC, WHNP-C
White Earth Health Center

October is Breast Cancer Awareness Month. Breast cancer is the second leading cause of cancer death in American women. While research continues to seek ways to prevent, detect and treat this disease, it is essential for you to stay informed so that you can make smart decisions about your health.

Just a few statistics to share:

- In 2022, an estimated 287,500 new cases of invasive breast cancer will be diagnosed in women in the U.S. as well as 51,400 new cases of non-invasive (in situ) breast cancer.

- Sixty-five percent of breast cancer cases are diagnosed at a localized stage (there is no sign that the cancer has spread outside of the breast), for which the five-year relative survival rate is 99%.

- This year, an estimated 43,550 women will die from breast cancer in the U.S.

- Although rare, men get breast cancer too. In 2022, an estimated 2,710 men will be diagnosed with breast cancer in the U.S. and approximately 530 men will die from breast cancer.

- One in 8 women in the United States will be diagnosed with breast cancer in her lifetime

- Breast cancer is the most common cancer in American women, except for skin cancers. It is estimated that in 2022, approximately 30% of all new women cancer diagnoses will be breast cancer.

- There are over 3.8 million breast cancer survivors in the United States.

The Healthy Breast:

Healthy breasts come in various shapes, sizes, and textures including lumpy. It is important for women to know what is normal for themselves so that if there are any changes, they can be noted quickly. By understanding the structure of their breasts, women can be prepared to discuss any changes with their health care provider.

Breast changes that need attention: Consult your healthcare provider if you find any of the following changes during your breast self exam or at any other time:

- Distinct single lumps that are either soft or hard
- Changes in skin texture or color, including redness, "orange peel," pebbly skin, thickening, roughness or puckering
- Changes in nipple location or shape
- Changes in breast shape such as dimpling (depression), bulges or flattening

- Bloody or cloudy nipple discharge

- Breast sores that don't heal

Not all breast lumps are cancerous

Most breast lumps are benign or harmless. However, all should be checked. Here are some of the more common breast conditions that may cause lumps.

- Fibrocystic tissue: the most common cause of breast lumps in women are under age 50. The condition is not fully understood, but is thought to be a reaction to overactive hormones. This causes the breast's fibrous tissue to increase, and several cysts and /or clumps of fibrous tissue to form within the breast

- Cysts: single or multiple fluid-filled sacs that are not accompanied by an increase in fibrous tissue. This is a type of fibrocystic tissue.

- Fibroadenomas: single, solid tumors made of fibrous and glandular tissue. They usually move when felt. They are found most often in women between the ages of 18 and 35.

- Papillomas: small wart like lumps in the mammary ducts near the nipple. They can cause the nipple to discharge a clear or bloody fluid.

Mammography can be life saving: for most women, mammography finds the best way to find breast cancer at an early stage,

See Awareness Page 12

You can reach the AT at today@whiteearth-nsn.gov

Graduation from Front Page

nationally accredited and evidence-based parenting leadership curriculum that is culturally infused and customized to empower tribal communities.

Through the Community Solutions Preschool Development Grant and the Minnesota Department of Health, Indigenous Visioning, LLC has partnered with the National Parent Leadership Institute (NPLI), White Earth Nation (WEN), Dr. Anton Treuer and the Northwest Minnesota Foundation to bring the Indigenous Parent Leadership Initiative (IPLI) to Indian Country.

This is a FREE 21-week program integrates child development, leadership, democracy skills, advocacy and Ojibwe culture into a parent curriculum to empower the parent voice.

The National Parent Leadership Institute (NPLI) is a civics curriculum designed in two phases. A 10-week course on parent leadership and self-perception with a focus on voice, difference, advocacy, values and family and community strength; and a 10-week study of how change occurs within educational, tribal, state, federal and local governments and systems and how to implement that change.

Knowing the importance of culture as both a protective factor as well as a healing factor, Dr. Anton Treuer with guidance from elders from both White Earth Nation and Red Lake Nation, created an Indigenous Foundations (IF) curriculum to accompany the NPLI curriculum based on the cultural teachings of the Anishinaabe. The IPLI is being offered through a cultural lens to acknowledge our Anishinaabe identity and the effects of Historical Trauma due to the boarding school era. IPLI supports the revitalization of Ojibwe values, teachings, language and a healthy traditional lifestyle for participants. This initiative is a journey of healing and transformation. It is as much about healing the past as it is about building the future.

The IF curriculum and the NPLI curriculum are built on interactive adult learning practices. A main component of the initiative is the "Passion with Purpose" Community Project. Each project is self-selected and engages our participants in practicing their civic and cultural teachings. The graduates will be implementing their Community Project ideas in the coming months; these Community Projects range from developing a yoga, mindfulness and meditation program for White Earth youth to creating a traditional healing home for youth who have aged out of the foster care system.

If you see our graduates out and about in our community, ask them about their project! You'll be amazed at the positive change they're implementing in the White Earth Nation. As a part of our ongoing support, we are offering an Alumni Program, after graduation, to help strengthen our graduate's leadership skills and learning. IPLI Alumni will offer mentorship to each future White Earth cohort.

The Indigenous Parent Leadership relies on community support and guidance from the Civic Design Team (volunteers/community members), Project Coordinator Beth Ann Dodds and Facilitator Kris Manning. Both Beth Ann and Kris have been certified by the National Parent Leadership Institute to facilitate the leadership classes and both are from the White Earth Nation.

This initiative is the first of its kind in Minnesota and White Earth Nation is the second tribe in the nation to participate. The Indigenous Parent Leadership Initiative has inspired parents to be empowered to use their voice as change agents and be role models for their children, to bring about positive change within their own lives, their children's lives and the health of their tribal community.



Submitted photo

District 1 Rep. Henry Fox recently spoke at the Indigenous Parent Leadership Initiative graduation.

How can you get involved?

Become a class participant. This FREE 21-week program provides a meal, child care and a weekly stipend to participants who attend all levels of the initiative. Participants must apply and go through an interview process and commit to all 21 classes. Our second cohort will begin in November 2022. Class size is limited to 15 participants. **APPLY NOW!!**

Become a Civic Design Team member. The Civic Design Team (CDT) is the driving force behind the initiative. Its members are a reflection of the community. It has the special function of informing the tribal community about the initiative, introducing the leadership training opportunities to parents, selecting and interviewing parents to attend the program, mentoring program participants and ensuring that the courses run smoothly for the community.

Civic Design Team members meet monthly (depending on need) and should be willing and committed to give their time, resources and expertise to the initiative for the duration of the program. Although this is a voluntary position, CDT members will receive a small stipend. We do have a wonderful Civic Design Team in place in the WEN IPLI, however, would love to have additional members and voices. **APPLY NOW!**

Attend an Open House. Join us at an open house to learn more about becoming a class participant or Civic Design Team member. During the open house, you'll receive a meal, meet our facilitators, and experience a mini IPLI session. Watch for flyers and social media announcements for dates and times.

To apply as a class participant or Civic Design Team member visit www.IndigenousVisioning.com. You can also print out the application and mail it to: Beth Ann Dodds, Indigenous Visioning, PO Box 148, Bagley, MN 56569. For more information, email beth@IndigenousVisioning.com or call 952-250-3912.

Call For Move-In Specials!

WHITE EARTH CONGREGATE HOUSING

WAUBUN, MINNESOTA

White Earth Congregate Housing has immediate openings for 1 bedroom units. Must be 62 years of age or 18 years of age with a disability.

Rent includes water, sewer, garbage and heat. Rent is based on income. Certain restrictions apply

For complete information call DW Jones Management, Inc. 218-547-3307 or

www.dwjonesmanagement.com

CREATING BETTER LIVING!

Equal Housing Opportunity TTY 711



REDEEMED AND READY TO GO THRIFT STORE

1220 Richwood Road / Detroit Lakes, Minn.

Open:

Tuesday through Saturday / 10 a.m. to 4 p.m.

Closed Sunday and Monday

New items daily!



SHOOTING STAR

NOW HIRING

We're looking for talented and energetic people to join the Shooting Star team! Find the perfect position for you in gaming, hospitality, facilities and more!

FIVE STAR REASONS TO APPLY

Paid time off
Retirement plan
New living wage salary plan
Free parking and meal discounts
Medical, dental, vision, life and disability insurance

Apply now at StarCasino.com/Employment

Responsible gaming and responsible alcohol service are the way to a safe and fun casino experience.



You can reach the AT at today@whiteearth-nsn.gov

What's needed to decrease stroke deaths?

RISK FACTORS FOR STROKE


Knowing and managing your risks for stroke are key.




HIGH BLOOD PRESSURE
a leading cause of STROKE



TOBACCO USE



DIABETES



HIGH CHOLESTEROL



OBESITY & PHYSICAL INACTIVITY

Recognize the signs of stroke **F.A.S.T.**

 FACE	 ARMS	 SPEECH	 TIME
Ask the person to smile . Does one side droop?	Ask the person to raise both arms . Does one arm drift downwards?	Ask the person to repeat a simple sentence . Are the words slurred?	If the person shows any of these symptoms, call 911 immediately.

Learning the signs of a stroke can **HELP SAVE LIVES**

SOURCE: Adapted from the Cincinnati Pre-hospital Stroke Scale, University of Cincinnati, 1997

Stroke Systems of Care

 Community	 Pre-Hospital	 Hospital	 Post-Hospital
Detection	Delivery	Decision	Discharge Coordination
Everyone knows the signs of stroke and the need to call 911 immediately.	Fast emergency medical services (EMS) transport to the hospital with pre-hospital notification that they are on the way.	Identify stroke, quickly decide on and provide appropriate treatment.	Patient rehabilitates, recovers, and returns home.

SOURCES: Paul Coverdell National Acute Stroke Program, CDC; Guidelines for the Early Management of Adults with Ischemic Stroke, Circulation, May 22, 2002



The **STROKE SYSTEMS OF CARE** depends on coordinated partnerships among health systems and professionals, smooth transitions from one care setting to the next, data-driven quality improvement programs that provide the best care to every patient every time, consistent hospital discharge processes with all of the patient's healthcare professionals, and continued actions that improve patient care and save lives.

WINTER HOURS


Monday	8 AM - 5 PM
Tuesday	8 AM - 5 PM
Wednesday	8 AM - 5 PM
Thursday	8 AM - 5 PM
Friday	8 AM - 4:30 PM
Saturday	8 AM - 12 PM
Sunday	CLOSED

3282 US HWY 59
Waubun, MN 56589



WHITE EARTH ENTERPRISES

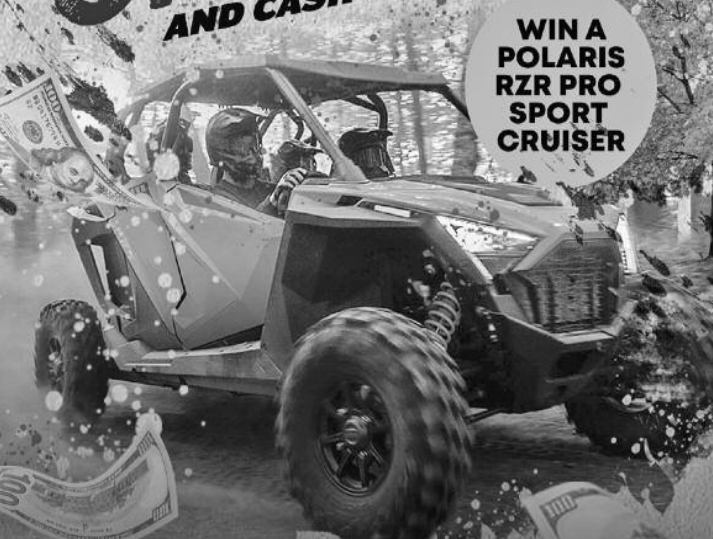
218.935.3232



SHOOTING STAR CASINOS

MAHNOMEN ✦ BAGLEY
STARCASINO.COM ✦ 800.453.STAR

OCTOBER OFF-ROAD AND CASH GIVEAWAY



WIN A POLARIS RZR PRO SPORT CRUISER

CRUISE OVER AND WIN YOUR SHARE OF \$70,000 IN CASH AND PRIZES

Sundays in October | 4PM-9PM

Join us for cash drawings up to \$1,500. And don't miss your chance at the grand prize on Oct 30: a Polaris RZR Pro Sport Cruiser. Bonus entries on Saturdays.

Concerts | Mahnomen | 8 PM


RUNAWAY JUNE | Fri, Oct 7

MUSTANG LOUNGE | TRISTAN TRITT | Fri, Oct 14 & Sat, Oct 15





THREE DOG NIGHT | Fri, Oct 21

DAUGHTRY | Fri, Nov 4

JOSH GATES | Fri, Nov 18



Proudly owned and successfully operated by the White Earth Nation.
©2022 White Earth Reservation

HOW TO VOTE **VOTE** 2022

Your vote is your voice!
Get registered, get informed, go vote!

WHO CAN VOTE?

To vote in Minnesota, you must be a U.S. citizen, at least 18 years old on Election Day, and a resident of Minnesota for at least 20 days.

If you had a felony conviction, you can vote after you finish all parts of your sentence, including any probation, parole, or other conditions such as restitution.

You can vote while under guardianship, unless a judge has revoked your right to vote.

REGISTER TO VOTE

You must be registered to vote at your current address. To register or to update your registration, go to mnvotes.org.

You can also register at your polling place on Election Day. You must show proof of your name and current address. For more details, visit mnvotes.org or call 1-877-600-VOTE.

2022 DATES

VOTE EARLY
Vote by mail or in person June 24 through August 8.

PRIMARY ELECTION
Tuesday, August 9 (if necessary)

VOTE EARLY
Vote by mail or in person September 23 through November 7.

ELECTION DAY
Tuesday, November 8

continued on back...

Office of the Minnesota Secretary of State
mnvotes.org • 1-877-600-VOTE

HOW TO VOTE **VOTE** 2022

...continued from front

SEE YOUR SAMPLE BALLOT

To see the candidates and questions that will be on your ballot, go to mnvotes.org.

VOTING LOCATIONS AND HOURS

To find out where you vote, visit mnvotes.org. Most polling places are open from 7 a.m. to 8 p.m.

WHAT TO BRING ON ELECTION DAY

If you are registered to vote at your current address, you do not need to bring identification. If you need to register or to update your registration, you will need to show proof of residence before you vote. To learn more, visit mnvotes.org or call 1-877-600-VOTE.

VOTE EARLY WITH AN ABSENTEE BALLOT

You can vote early at your local elections office. You can also apply to have an absentee ballot sent to you in the mail. To find your local elections office or to request an absentee ballot, visit mnvotes.org.

TIME OFF WORK TO VOTE

You have a right to take time off work to vote, without losing your pay, personal leave, or vacation time.



Scan this code to visit mnvotes.org and register to vote!

White Earth Reservation Food Distribution

2205 271st Ave., Mahanomen, MN 56557
Hwy 200 - 13 miles east of Mahanomen
Phone: 218-935-2233 ♦ Fax: 218-935-2235

WHO MAY BE ELIGIBLE:

All persons residing within the White Earth Reservation boundaries, as well as any person enrolled in a federally recognized Indian tribe residing near the reservation boundaries. Enrollment must be verified. Food Distribution is an alternative to SNAP (Supplemental Nutrition Assistance Program).

Eligibility requirements: Effective October 1, 2022

Household Size	Monthly Income Limit
1	\$1,326
2	\$1,719
3	\$2,113
4	\$2,506
5	\$2,931
6	\$3,358
7	\$3,751
8	\$4,144

Each additional member add \$394

Documentation must be verified for all household members when applying for USDA foods:

- Address** - must verify residency
- Income** - most current taxes, check stubs, etc.
- Social Security Numbers**
- Tribal ID** (if applicable)

Deductions:

- ❖ 20% deduction from household's gross earned income
- ❖ Actual child care expenses paid to non-household members
- ❖ Legally required child support payments to non-household members, documentation required
- ❖ Medicare, Part B (Medical Insurance) and Part D (Prescription Drug Coverage Premiums)
- ❖ Medical expense for elderly or disabled who incur out of pocket expense in excess of \$35
- ❖ Shelter/utility expense - households that incur the cost up to \$500

Office hours
Monday - Friday
8 a.m. to 4:30 p.m.

Distribution hours
Monday - Thursday
8 a.m. to 4 p.m.

Over 100 nutritious food items to choose from.
No distribution Fridays & last work day of the month (inventory)

All applications considered without regard to race, color, sex, age, disability, religion, national origin or political belief.

<http://www.fns.usda.gov/fdpir>

White Earth member featured at Century College

"We can learn from the successes and failures of the past, looking at policies-- what worked, and what didn't--throughout history," says Jackson DeMarre, Century College (White Bear Lake, Minn.) history major. Jackson is passionate about American, Native, and Music history, and he particularly enjoys learning about Cold War history.

Jackson knows that education is crucial. "A good education makes you think critically and it's what we need most in modern American society," he says. "We need critical thinking skills to understand and fight misinformation."

From Maplewood, Minn., and a member of the White Earth tribe, Jackson was a non-traditional student when he arrived at Century College, after having worked for a number of years. A friend suggested that he try Century College, and he began in the fall of 2020.

"Century College was close to home, and I had heard good things about it," Jackson remembers. "Plus, it's a very affordable school—you're receiving a high-quality education. Additionally, I had a Pell grant, and got scholarships and that helped, too."

Giving Back Through Tutoring

"The College has a welcoming vibe, it's a welcoming school. Faculty have been very nice – they care about student success. I hold that in high value," he notes.

Jackson was taking Composition 2 when English faculty member Celia Swanson recommended that he join the Century College Writing Center as a tutor. She recognized his strong writing skills and great people skills. He enjoys the interaction with fellow students, and helping them become better writers

Outstanding Student Award in History

Jackson takes pride in the effort that he puts into his class assignments and discussions, and he recently received the Century College Outstanding Student Award in History. "It's a tremendous honor, and a recognition of my hard work."

Future Plans

Jackson is halfway through his AA degree, will transfer to a University of Minnesota school for his four-year degree. After that, he plans to attend gradu-

ate school. Eventually, he would like to teach Minnesota, Native or Music history, and perhaps write an anthology of the evolution of American Blues.

A talented musician, Jackson plays guitar, bass, banjo, mandolin, ukulele, harmonica, autoharp, and dulcimer. He loves all kinds of music, from folk to bluegrass, blues, jazz, and Cajun. In his free time, he studies the work of various musicians. This summer, he'll take a break from his studies and plans to work as a musician.

Advice for New Students

For other non-traditional students who may want to try Century College, Jackson offers the following advice, "I was there, initially unsure about college, but there's nothing to be timid about. Being a college student is fun and satisfying."

Awareness from Page 9

when treatment is usually the most successful. A mammogram is a low-dose x-ray of your breasts that can detect many changes that are too small or too deep to feel. Mammograms are considered safe, quick, and relatively painless. They are available through a provider's order.

Annual mammograms are recommended for all women over the age of 40. Presently, 3D mammograms are available, which combines multiple breast x-rays to create a three-dimensional picture of the breast. Studies show that combining 3D mammograms with standard mammograms reduces the need for additional imaging and slightly increases the number of cancers detected during screening.

If you haven't had a mammogram recently, call the clinic to schedule your well woman exam! Each month well woman exam clinics are offered.



Jackson DeMarre

Iron Range Area Community Council

The Iron Range Area Community Council holds a meeting on the second Thursday of each month at 6:30 p.m. at the Greenway Township Hall in Marble, Minn.

The Council encourages everyone to attend and get involved.

Vote Steve Green

for Minnesota State Senate District 2

- Pro Life

- Smaller Government

- Protecting Parenting Rights



"There is still much to do and I ask for your vote on November 8th to continue to serve District 2 as your State Senator."

Paid for by Steve Green for Minnesota State Senate District 2

WHITE EARTH RESERVATION ENROLLED ELDERLY SNOW REMOVAL PROGRAM

No need to complete this application if we have been plowing for you in the past.
Call us and update your information.

DATE APPLYING: _____

Name: _____ Spouses Name: _____

Mailing Address: _____

Physical Address: _____
Permanent residency is required

Telephone # _____ Cell # _____ Work # _____

Birthdate: _____ Spouse's Birthdate: _____

Enrollment # _____ Spouse's Enrollment # _____
Attach a colored copy

Do you own the home: Yes _____ No _____ if not, name your landlord? _____

Do you live in a Housing home? _____, as they plow for their own Residents/Units.

Which district do you reside in: District I _____ District II _____ District III _____

Detailed directions to your residence (only for new applicants): _____

Estimated length of your driveway (only for new applicants): _____

*** Snowplowing will be done **only when snowfall accumulation exceeds 4" inches or more.**
*** Snow shoveling of driveway or sidewalk will not be done.
*** Due to COVID no signatures are required at this time. If we missed you, let us know ASAP.

White Earth Water & Sewer Department
PO Box 418, White Earth, MN 56591
Phone #: 218-983-3202 / Fax #: 218-983-4350
E-mail address: Betsy.Smith@whiteearth-nsn.gov or Matt.Smith@whiteearth-nsn.gov



877-410-8550

anonymous crime and elder abuse tip line

The Light Is In YOU.

We all can lose our way when walking in the darkness of substance use and finding the light within...may seem impossible. But, that light is still burning, all it needs is a little guidance. Alluma is here to help you overcome, to move forward, to live life, through our shame-free Outpatient Treatment Programs, Substance Use Counseling, Group Counseling, and Peer Support Services.

The light is in you.

alluma
allumacares.org



WE enrolled youth deer hunting season begins Oct. 15

White Earth enrolled youth will be able to participate in this year's tribal firearms youth deer season set for Oct. 15-21.

A harvest permit and a youth deer tag are required for all youth hunters. Hunters under 14 years of age need to be within arms reach of an adult.

Firearms safety certificates will be required for all hunters 12 years of age and older. Please follow tribal conservation code while hunting.

Please call White Earth Natural Resources for any questions related to the tribal youth hunting season at 218-935-2488.

	10 Yr	11 Yr	12 Yr	13 Yr	14 Yr	15 Yr	16 Yr	17 Yr
Must have: current Harvest Permit and Youth Deer Tag	X	X	X	X	X	X	X	X
Must be within arms reach of an adult while hunting.	X	X	X	X				
May hunt without the presence of an adult					X	X	X	X
Hunters Safety Certificate and Tribal ID required to purchase Harvest Permit and Youth deer tag.			X	X	X	X	X	X
No hunters safety certificate needed	X	X						



Community Development Bank

For All Your Financial Needs
See Robin, your Commercial/Ag and Consumer Lender (NMLS 1987665)

- Commercial/Business Loans
- Home Loans
- Construction Loans
- ATV Loans
- Ag Loans
- Home Improvement Loans
- Auto Loans
- Boat/Snowmobile Loans

visit us at: www.comdevbank.com
Community Development Bank, Ogema, MN

Member FDIC 218-983-3241 • Fax 218-983-3243 • comdevbank.com

ELECT DRIFT

MAHNOMEN COUNTY SHERIFF

PLATFORM

- Experience Matters
- Proven Leadership
- Reduced Crime
- Family Oriented

VOTE NOVEMBER 8TH, 2022

Let's get our Deputies all certified in Drug Interdiction, I do not want to see another family suffer with the loss of a loved one due to a drug related death

PAID FOR BY PETER DRIFT SR ON HIS OWN BEHALF



WECARE

White Earth Coordination Assessment Resources & Education

Do you have needs in Housing, Food Support, Employment, Mental Health, Early Childhood, Etc.?

Contact a WECARE Navigator to complete an assessment to get you connected to services!

Contact Information:
White Earth Tribal Health
Phone: (218) 983-3286
Ask to speak to WECARE

Kali Lhotka – WECARE Navigator
Phone: 218-401-3185 or (218) 983-3286 ext. 1413

Page Lhotka – WECARE Navigator
Phone: (218) 401-1976 or (218) 983-3286 ext. 1359

Taylor Vonderharr – WECARE Navigator
Phone: (218) 401-3210 or (218) 983-3286 ext. 1341

Lori Fairbanks – WECARE Navigator
Phone: (218) 401-0550 or (218) 983-3286 ext. 1370

Taylor Soyring – WECARE Navigator
Phone: (218) 401-3208 or (218) 983-3286 ext. 1350



Your job search ends here
www.whiteearth.com

WE Water and Sewer offers cold weather tips

• The most likely spot for water lines to freeze is where it enters the house/building. Make sure warmer air can reach pipes where water enters the house/building

If you have heat tape wrapped around your pipes make sure it is plugged in.

• Check around your home for areas where water supply lines are in unheated areas and take measures to prevent the flow of cold air in these areas. Common locations include: basement, crawl space, attic, garage, and under kitchen and bathroom cabinets.

• Determine where your water shut-off valve is in your house and learn how to use it. For most homes the shut-off valve is located near the water meter at the point where the water line comes into your home, which usually in your basement. If a pipe freezes and breaks it will be important to know where the shut-off valve is located.

• Keep the thermostat set to the same temperature both during the day and at night. By temporarily

suspending the use of lower nighttime temperatures, you may incur a higher heating bill, but you can prevent a much more costly repair job if pipes freeze and burst.

• Do not plow or drive over the area where your water and sewer lines are buried. Doing so pushes the frost further into the ground, increasing the risk of freeze up

• Make sure the roof vent is not covered with snow or blocked. Snow build up over the vent will cause the sewer drain to slow down. This prevents the warmer air in the sewer system from venting up the house and keeping the line above from freezing.

• Make sure any sewer cleanouts or risers (white pipes in the yard) are capped so none of the cold air can enter the sewer system causing a freeze up.

Please contact the White Earth Water and Sewer department in the event of your water or sewer freezing at 218-983-3202. The community water systems will monitor water temperature to prevent community freeze ups.

NOTICE

WHITE EARTH RESERVATION ELDERS

In order to provide information and possible services to White Earth Reservation enrolled elders (age 55 & up) living on or near the reservation your assistance is needed. Please complete the following data form and return. If information is different from previously submitted form, please resubmit with updated information. The information you provide will be kept confidential and will be used to identify services and events from which you may benefit. (Example: Elder Christmas Cards).

I understand that the information I am providing on this form is for registration purposes. The information will be used by the White Earth Tribal Council to create statistical reports and may be used by service providers to help identify other services from which I may benefit. This information will not be released to anyone other than the above-mentioned parties in a way that will identify me as an individual unless I sign a separate consent for that purpose. I understand that I do not have to sign for release of information but will still receive services for which I am eligible.

Signature _____ Date _____

White Earth Reservation Elder Data Form

Name: _____

Address: _____

City: _____ Zip: _____

Phone: _____ Tribal Enrollment No. _____

Date of Birth: _____

Mail to:

WE Health Department

Po Box 496

White Earth MN, 56591

**The deadline to turn
in applications is
Wednesday, December 7**

White Earth Financial Services Wiidookodaadiwin – “We Assist Each Other”

Staff Available: Monday-Friday / 8 a.m.-4:30 p.m.

Phone: 218-935-2359 or Toll Free: 1-844-282-6580

Mailing Address: PO Box 100, Naytahwaush, MN 56566

Family Cases contact: Tina Swenson Ext. 3265, Jeana Ketter Ext. 3291, Lori Savoie Ext. 3274, Jennifer Scott (Coordinator) Ext. 3313

Adult Cases contact: Shellie Racer Ext. 3307, Lori Drift (Coordinator) Ext. 3312, Christy Wadena Ext. 3709, Aimee Hisgun Ext. 3275

Aged, Blind, Disabled contact: Crystal Fineday Ext. 3306

Administrative Assistants: Wendy Johnson Ext. 3305, Teresa Kappedal Ext. 3715, Amanda Midbo-Niesen Ext. 3258

Concerns or Comments:

Financial Service Manager, Amy Littlewolf Ext. 3290

We have four fax locations to receive documents

Naytahwaush Sports Complex / Fax: 218-936-3104

Detroit Lakes Workforce Center / Fax: 218-844-5811

Bagley Financial Services / Fax: 218-694-6507

Mahnomen Riverland Apts / Fax: 218-935-2508

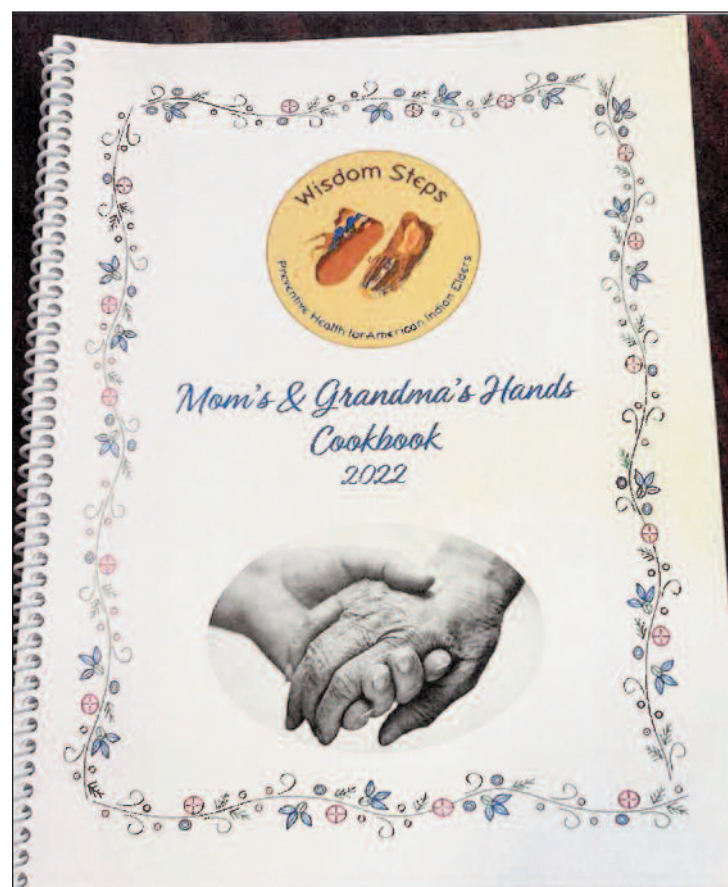
****Pine Point Satellite Office**** Open Thursday and Fridays
Location: 48036 Pow Wow Highway in Ponsford.
Fax: 218-983-4687

IMPORTANT: SNAP/Cash/Emergency Applicants

Apply online — <https://mnbenefits.mn.gov>

Or call our office and we will guide you through the application process.

2022 Wisdom Steps Cookbook



Submitted photo

Wisdom Steps is selling their 2022 *Mom's & Grandma's Hands Cookbook* as a fund raiser for \$15. If interested call Lucille Silk at 218-983-3768.

WE Reservation enjoys a successful ricing season



Photos courtesy of Tracy Goodwin

The 2021 wild rice season on the reservation was a big disappointment but the rice rebounded with a very successful crop this year. The White Earth RBC bought 172,609 pounds of green rice for up to \$6 a pound. The finished rice is expected to be around 77,000 pounds.

2022/23 Naytahwaush Royalty



Submitted photo

The new 2022-2023 Naytahwaush Royalty are Waabinoo Littlewolf-Dahl (Brave) and Carmen Mason (Princess).

White Earth DNR thanks Lita Doran



Photo by Jessica Tolifson

Dustin Roy and Monica Hedstrom present Lita Doran, center, a blanket at her going away party on Sept. 29. She worked at White Earth Natural Resources for 14 years.

RBC hosts meeting with Gov. Walz



Photo by Jeff Burnette

The WE Tribal Council recently held a meeting with Minnesota Governor Tim Walz. Looking on is Chairman Mike Fairbanks.

Highlights of the annual Naytahwaush Harvest Fest



Photos by Gary W. Padrta

The annual Naytahwaush Harvest Fest was held Sept. 10-11. They had 175 registered dancers and 8 drums. The parade highlighted 24 entries and the Naytahwaush Child Care float (upper right) came in first place. The new Naytahwaush Princess and Brave are Carmen Mason and Waabinoo Littlewolf-Dahl.



VOTE

ALAN ROY

FOR STATE SENATE
DISTRICT 2

VOTE FOR ALAN ROY IN THE
STATE GENERAL ELECTION
- NOVEMBER 8TH -

SCAN ME!



★ DFL ENDORSED ★

- Treaty Rights & Tribal Sovereignty
- Education
- Economic Development
- Farming and Agriculture

CONTACT US: www.alanroyforsenate.com,
218.850.4605, info@alan-roy.com

Prepared and paid for by the Committee to Elect
Leonard Alan Roy, 36986 313th Ave, Ogema, MN
56569

White Earth 2022 Fall Netting Season

Gill netting period:

1. Gill nets may be set from October 15 to December 31, 2022.

Lakes open to gill netting:

Bad Medicine, Big Bass (Mahnomen County), Big Elbow, Green Water, Ice Cracking, Island (Mahnomen County), Little Bemidji, Lone, McCraney, Net, **North Twin***, Pike, Roy, Big Rush, Snider, Strawberry, **South Twin*** and Tulaby. Additional lakes (Many Point, Round and White Earth) can be found under special seasons. *North and South Twin Lakes will have special regulation permit requirement due to zebra mussel infestation.

Gill net dimensions:

1. Gill nets cannot exceed 200 feet in length.
2. Gill nets cannot exceed 6 feet in depth.
3. Mesh size cannot be less than four inch stretched, two inch bar.

General:

1. The sale of game fish is prohibited.
2. It is prohibited to possess Lake Sturgeon.
3. No more than 200 feet of gill net per tribal member fishing at any given time.
4. It is prohibited to disturb, move, obstruct or interfere with any gill net of any tribal member, unless that tribal member is present.
5. Tribal members must have in their possession a White Earth Tribal Identification Card.
6. Watercraft Regulations will be enforced (C.C. 1800.01 Boats and Watercraft).
7. **Gill nets must be checked every 48 hours.**
8. **Note: Please reference special regulation lakes below for additional checking times.**

Location:

1. Gill nets must be set such that one end is in water less than 10 feet deep, as measured from the lake bottom to surface of water or ice.
2. Gill nets shall not be placed in, or within 300 feet of a river channel, stream, inlet, or outlet of a lake.
3. Gill nets shall not be set within 50 feet of a previously set net.

Markings:

1. Gill nets must be clearly visible from the surface of the water or ice and marked with a float, buoy, pole or flag at both ends.
2. The name and enrollment number of the tribal member must appear or be attached to both ends of the gill net.

Limits:

1. No limit on the amount of tullibee, whitefish or rough fish.
2. Incidental game fish may be kept.
 - a. **Musky caught in gill nets do not need to follow length limits and may be kept.**

Early Season Elder Use Permits

1. Early season netting is October 1 to October 14, 2022.
2. An elder use permit may be filed with the Natural Resources Department for elders 55 years of age or older for early season netting.
3. Elder's may have a helper(s) present under the age of 55 while setting and checking. However, the helper(s) may not set a net of their own until the regular netting season opens on October 15, 2022.
4. Nets need to be checked every 12 hours during the early Elder's season.
5. The permitted parties must submit the request to Natural Resources prior to net placement.
6. The permitted parties must be enrolled members of White Earth and provide enrollment information at the time of application.
7. Information regarding dates and lakes to be netted will be filled out at the time of application.
8. The permitted elder(s) and helper(s) must present be in the boat while setting and checking and each elder may not have more than 200 feet of net fishing at any given time.
9. The remaining netting regulations for the 2022 netting season apply.
10. Early Season Elder Use Permits will be available online via White Earth's social media sites. Please follow the instructions for completing and submitting the forms or contact will.bement@whiteearth-nsn.gov for a copy of the permit.
11. Early Season Elder Permits are non-transferable.
12. Watercraft Regulations will be enforced (C.C. 800.01 Boat and Watercraft).

Lakes open to gill netting under Special Seasons

Many Point, Round and White Earth.

Special Season gill netting period

Gill nets may be set beginning November 5 to December 31, 2022 on Many Point, Round and White Earth Lakes.

Special Seasons netting restrictions for Many Point, Round and White Earth Lakes

1. Gill nets must be checked at least once every 24 hours.
2. Gill nets must be set such that both ends are in water less than 10 feet deep as measured from the lake bottom to the surface of the water or ice. Gill nets shall not be placed in, or within 300 feet of a river channel, stream, inlet, or outlet of a lake. Gill nets shall not be set within 50 feet of a previously set net.
3. Gill net dimensions, markings, and limits are the same as posted above.
4. General rules are the same as the regular season with the exception that nets must be checked every 24 hours.
5. Live sturgeon must be returned to the water immediately after removal from nets.

Note: Efforts to restore Lake Sturgeon in White Earth Lake and Round Lake have included dam alterations to allow fish passage and the stocking of fingerlings. Please contact the Natural Resources Department and report any Sturgeon Mortality.

South Twin and North Twin Special Regulations Permit

Special Regulation Permit gill netting period

Gill nets may be set from November 5 to December 31, 2022 on North and South Twin Lakes.

Special Regulation netting restrictions

1. A Special Regulation Permit must be filed with the Natural Resources Department prior to setting net in North and South Twin Lakes.
2. Nets used in North and South Twin may be reset within North and South Twin only. They may not be placed into another water body until they are cleaned and dried for a minimum of 21 days.
3. Watercraft launched and used for day use on North and South Twin may not be used on another water body until they have been removed from the water and dried for a minimum of five days.
4. Watercraft which has been kept on a dock or lift on North or South Twin may not be used outside of these two lakes until they have been cleaned and dried a minimum of 21 days.
5. All applicable clean, drain, and dry AIS preventions must be in place.
6. All other general netting regulations apply.
7. Special Regulation Permits will be available online via White Earth's social media sites or contact will.bement@whiteearth-nsn.gov for a copy of the permit.
8. Special Regulation Permits are non-transferable.

Annual POW/MIA Memorial Walk



Submitted photo

Volunteers kept a POW/MIA Flag in motion for 24 straight hours during the 4th Annual POW/MIA Memorial Walk on Sept. 16 at the Waubun School track.

The event started in 2019 by former Air Force Veterans Nate and Jodi Flugel of Detroit Lakes. It was something they had seen done at Air Force bases they had been stationed.

Jodi and Nate, members of the Ogema VFW Post 9880 and Auxiliary, recruit volunteers in 15 minute shifts to keep the flag in motion around the track for 24 hours each year on the third weekend in September during National POW/MIA Recognition Day.

The Flag is kept moving for 24 hours in remembrance of those missing in action or prisoner of war and must not be forgotten.

In spite of rain, Dorothy Heisler and Doug Fabre (above) were two of 73 people including students, teachers, volunteers along with Post 9880 and Auxiliary members participated in the event.

Obituaries

Mary Antionette Perry

Mary Perry, 71, of White Earth, died Aug. 31 at Sanford Health in Fargo, N.D.

Mary Antionette, the daughter of Murray and Lorraine (Roy) Perry, was born July 25, 1951, in Minneapolis. She was raised in the Twin Cities and graduated from North High School with the class of '69. Mary worked at Burman Buckskin making leather goods, as well as other positions around the area.



She was blessed with three daughters. As a single mother, Mary moved her little family up to White Earth in the mid 1980s. She then attended Detroit Lakes Vocational College where she studied Culinary Arts. Mary worked at many different positions cooking within the White Earth Reservation. About 10 years ago, she retired from the Women's Wellbriety Center after preparing many meals there. In her more recent years, Mary spent her time surrounded by her grandchildren and going to the casino.

Mary truly loved being a mother and grandma. She treasured each of her grandkids but had an extra special soft spot in her heart for Mathew. Mary was a determined, fiery, and feisty woman. She was candid and often quite blunt but supported those she loved fiercely and without hesitation. Mary was known to have colorful language and could tell a tale to anyone listening. She was very proud to have met Conway Twitty and served as his assistant when he performed in Mahnommen. As a regular at the casino and bingo halls, everyone knew Mary, her machine, and routine.

She became especially close to Shanda Jacobson ("Shawn-da" as Mary pronounced it) who was Mary's diligent home health caregiver and dear friend. In addition, Mary also had a unique loving relationship with David Rock, the son she never had. David was very loyal to Mary and was always there for her when she needed anything, even the smallest of tasks, he was the man. Mary will be very much missed by all who knew and loved her.

Mary is survived by her daughters: Roxanne (Dale) Reynolds, Rachele "Rooney" (David) Morris, and Teresa Rojas; sisters, Anna "Honey" Starkweathe, and Ginny Perry; brother, Mark Denardo; very close cousin, Gary; grandchildren: Miya, Meya, Sophie, Ciara, Andi "Bunny," Pat, and Mathew; as well as several nieces, nephews, and cousins.

She was preceded in death by her parents; brother, Daniel; sister, Betty White; grandsons, James Rousu and Anthony Reynolds; nephew, Jeff "Bubba" Roundsville; and a dear cousin, Terry Johnson.

A wake service was held Sept. 8 at the White Earth Community Center and continued all night until the Traditional Funeral Service on Sept. 9.

Interment: Calvary Cemetery in White Earth.

Arrangements: Anderson Family Funeral Home of Mahnommen.

Online: www.andersonfamilyfh.com

Daniel Allen Warren

Daniel Warren, 57, of Frazee, Minn., formerly Ogema, died Sept. 19 at the Frazee Care Center.

Daniel Allen Warren was born Nov. 12, 1964, in Park Rapids, Minn., to John Jr. and Ivy (Norcross) Warren. Daniel "Danny" grew up in the Walker, Minn., Ponsford and Pine Ridge, S.D., areas. He later made his home in Minneapolis with his father. While there, he met Dawn Quarters and together they were blessed with a son, Matthew, and two daughters, Melissa, and Melanie. Over the years, Daniel worked at a Mexican restaurant and as a forklift driver for a trucking company, before moving to Strawberry Lake near White Earth, where he enjoyed many wonderful years.



Daniel was an excellent cook and enjoyed preparing many delicious meals for family and friends. He was very smart and picked up on new skills quickly. Daniel loved fast cars and riding motorcycle. He also appreciated music and attended concerts whenever he was able. He will be greatly missed by all who

knew and loved him.

Daniel is survived by his children: Matthew, Melanie and Melissa Quaderer; six grandchildren; brother, Dale (Becky) Warren of Ogema; sister, Norma Jacobson (Francis White) of Mahnommen; and many nieces, nephews, and cousins.

He was preceded in death by his parents; brother, Marcus Warren; sisters: Pam Warren and Kristi Morley; and nephew, Steven.

A prayer service was held Sept. 29 at the Anderson Family Funeral Home in Mahnommen.

Arrangements: Anderson Family Funeral Home of Mahnommen.

Online: www.andersonfamilyfh.com

Henrietta Marie Bedeau

Henrietta Marie Bedeau, 72, of Bagley, Minn., died Aug. 28 at her home in Bagley.

Henrietta was born Oct. 18, 1949 in Ponsford to Florence Bedeau and Elsworth Barstow. Henri, as she was affectionately called, was a proud Native American woman and a member of the White Earth Band of Ojibwe.

Henri moved to Minneapolis as a child. After school, she became a mother and a homemaker. Later in adulthood, she went on to further her education studying at Bemidji State University, where she earned her Bachelor's Degree in Fine Arts. She then went on to the University of Minnesota Duluth where she received her Masters Degree in Native American Liberal Arts. She worked for many years for White Earth before retiring in 2009.

While enjoying retirement, she loved to travel, go to the casino to play bingo, sewing, beading, and making Native American arts and crafts. A lady who loved her culture and traditions, Henri thrived in learning and practicing her Native heritage. She loved her family most of all! Always there to take a hand in raising her grandchildren. She also loved her furry four legged friends, especially her dogs, Bella, Smokey, JoJo, and Josie. If ever anyone treated their pet as their own children, it was Henri, right down to the "time out" her dogs might incur.

Henrietta is survived by her loving children: Lisa (Paul), Patrick II (Stacy), Brady (Nancy), and Troy (Crystell) Donovan, Dena and Laurel Iron Cloud, and Shalene (Reginald Sr.) Brown; sisters, Sandra and Jolene; 24 grandchildren and 15 great grandchildren; and her forever friend, Patrick Donovan Sr.

She was preceded in death by her father, Elsworth Barstow; mother, Florence Bedeau; husband, Robert "Tote" Iron Cloud; siblings: Alfred, Kenny, Evelyn, Theresa and Leona; and her grandchildren: Lynette, Shaylene, Angel and Avishai.

Services were held Sept. 3 at the old Pine Point School.

Interment: St. Theodore's Cemetery in Ponsford.

Arrangements: Cease Family Funeral Home of Bagley.

Online: www.ceasefuneralhome.com



Judith Ann Snowball

Judith Ann Snowball, 71, of Mahnommen, formerly White Earth, passed away Sept. 23.

Judy was born March 24, 1951, to Irvin Jackson and Martha Sanders in White Earth. In 1969, she had two children, Ronald Riley and Lloyd Edward Rhodes. Judy spent her time doing her favorite things, which included coloring, listening to music (doing polka

when she was younger), playing slots at the casino as well as on her phone, and doing word searches. Judy was also a big fan of the Minnesota Vikings.

Everyone who knew Judy well, felt her big heart and giving nature. She loved to help her loved ones as much as she could, even if that meant she would go without. She will be greatly missed especially by her sisters. She moved into the Mahnommen Nursing Home a couple years ago and although she could be a handful at times, she still adored the nursing staff.

Judy is survived by her sisters: Beverly Craig of White Earth, Patricia (Dan Englund) Clark of Detroit Lakes, and Dorothy (Larry) Zima and Loretta (Pat) Solmon of Ogema; along with many adored nieces, nephews, extended family and friends.

She was preceded in death by her parents, Irvin and Martha; brothers, James and John Clark; niece, Theresa Richter; and nephew, Jimmy Clark

A celebration of her life was held Monday, Oct. 3 at the Mahnommen Nursing Home Chapel.

Arrangements: Anderson Family Funeral Home of Mahnommen.

Online: www.andersonfamilyfh.com



Kevin Brown

Kevin Brown, 58, of Naytahwaush, died unexpectedly on Sept. 3 at his home.

Funeral services were held Sept. 9 at the Naytahwaush Sports Complex.

Interment: Samuel Memorial Episcopal Cemetery in Naytahwaush.

Arrangements: Anderson Family Funeral Home of Mahnommen.

Online: www.andersonfamilyfh.com



Horse from Page 2

They use the horses as an educational tool. They run programs with aboriginal youth in Canada, and recently brought horses to the Grand Portage reservation pow wow in northeastern Minnesota.

“Everybody was fascinated,” Whitecrow said. “It brought a sense of pride to the Ojibwe knowing that this was actually our ancestors’ horse.”

A dedicated network of people has developed to help preserve the breed, Campbell said. But often, a breeder will retire, or run out of money. She said more are needed for the breed to survive.

“The biggest thing is having people say, ‘Gee, I have a farm, I could have a breeding pair and do one baby a year.’ That’s our biggest need right now. And for the breed to survive, basically, people have to want it to survive.”

Dr. Gus Cothran, an emeritus professor at the veterinary college at Texas A&M University who has studied the genetics of the Ojibwe horse, said rare and endangered breeds like it often encounter the same challenge — they need more people willing to take care of them and breed them.

“And so one of the things that people involved with rare breeds need to do is create a market for them, and create a demand. And for a horse, that can be very difficult. They’re very expensive and demanding.”

Filling a void

In 2017, almost 40 years to the day after those four remaining horses were taken away from the Lac la Croix First Nation, the horses returned.

Norman Jordan, the boy who watched them leave, became Chief. And he helped bring a herd back to the community.

“It’s almost like when they left there was a piece of my history that was leaving, a piece of me, like a void that I’ve had for all these years. And then that night they came back, it’s like that piece that was missing was back now.”

Em Loerzel hopes to create a similar experience for Ojibwe people in Wisconsin and Minnesota to reconnect with their ancestral horse.

She also is doing her small part to ensure the breed’s survival. This summer she partnered with the University of Wisconsin River Falls to collect semen from their colt Mino, which can be used to breed Ojibwe Horse mares years into the future.

“We can maintain this biological material, literally, for decades in liquid nitrogen,” said Casie Bass, an Animal Science professor at UW-River Falls.

“This is a breed that’s indigenous to Minnesota and Wisconsin,” Bass said, “so we don’t want to lose this. Within the equine population, we want to maintain breeds.”

That’s why advocates for the breed are thrilled that Em Loerzel has started her small herd in Wisconsin.

But for Em Loerzel, it’s about more than maintaining a critically endangered breed. She said it’s important to her for Ojibwe people to have their horses back.

Because the Ojibwe Horse’s story, she said, parallels the story of Anishinaabe people.

“They were forcefully removed from their families. They were almost exterminated by the government. The population dwindled. And now we’re coming back. And now we’re thriving.”

Garden from Page 32

lot. A smoker is open for use.

“We’re getting cover crop seed in,” said extension coordinator Tammy Bellanger. “Field peas, white clover.”

Before the town donated the land in 2010, the field was conventionally farmed land. The extension team hopes to plant a row of coniferous trees to filter spray from chemicals applied nearby. The soil teems with microbes and earthworms. Bumblebees inspect the tops of potato plants.

“There was nothing,” said Bellanger, “And then little by little, we’ve seen pockets of different seeds and things that the birds would bring. We’ve seen fox. We’ve seen Hungarian partridge. We’ve seen migrating birds.”

They’ve also seen tons of produce, distributed across the reservation’s 800,000-plus acres. Staff say the effort is not simply about promoting healthier eating, but also about restoring dignity and exercising sovereignty.

Inside the extension wing of the college, there’s a growing energy around tapping into local food pathways. In late July, Jimmy Uran — an extension cultural coordinator — fiddled with tackle before heading off to the river to film himself fishing for a video he’d later post to social media.

“I would hope people would be able to learn from what I’m teaching them,” Uran said, noting he’d learned to catch crappies, walleye and sometimes catfish with his dad, uncles and grandpa. “A lot of people around here don’t have a dad or a mom or [were raised] through foster care and never taught anything like that.”

Uran said he’s done other workshops, including

on tanning deer hides and trapping. He sometimes surprises friends with cooking a local delicacy: beaver.

Indigenous food prepared for and by Indigenous (and non-Indigenous) people is garnering attention. In June, Minneapolis restaurateur Sean Sherman, an Oglala Lakota chef who uses ingredients predating colonization, won the best new restaurant award from the James Beard Foundation in June.

The Red Lake Nation, north of White Earth, is re-establishing a bison herd. And a community garden, organized by the Grand Portage Band of Chippewa, was named the Cook County Farm Family by the University of Minnesota Extension.

On White Earth, Brunner bends down and picks up berries from a bush. She learned from her father, who used to distribute vegetables to relatives from the backseat of his green Ford LTD. It’s a transference of knowledge — both cultural and practical — that is still happening with help from the small farm.

“He was taking care of community,” she said. “Which is what we’re doing here.”

Please update your mailing address!

Please update your address with the *Anishinaabeg Today*. Let us know if you recently moved so we can cancel your old address.

Many papers are still being sent to old addresses!

The Battle in the Bog 2022



Submitted photos

The Battle in the Bog Demolition Derby was held Sept. 19 in Rice Lake Village. Below are the winners of each contest.

Teen Bone Stock: 1st-Cody Bush, 2nd-Corissa Wadena, 3rd-Jarred Auginaush, 4th-Peyton Auginaush, 5th-Breven Welsh, 6th-Tristen Bevins

Compact Stock: 1st-Christy Chilton, 2nd-Henry Auginaush, 3rd-Jamie Auginaush

Full Stock: 1st-Jamie Auginaush, 2nd-Ross Beaulieu, 3rd-Trulo Adams

Powder Puff: 1st-Mikel Fox, 2nd-Jess Wadena, 3rd-Larae Stevens

Compact Limited Weld: 1st-Darrel Fox, 2nd-Pugz Deschampe, 3rd-Jamie Auginaush

Full Size: 1st-Jamie Auginaush, 2nd-Breven Welsh, 3rd-Trulo Adams

Kids Power Wheels: (Ages 3-5) 1st-Chucky Auginaush, 2nd-Alaya Stone, 3rd-Shawn Goodman Jr., 4th-River Armstrong. (Ages 6-8) 1st-Travis Fox, 2nd-Piper Auginaush, 3rd-Delilah Niesen, 4th-Hunter Chilton, 5th-Frank Auginaush

Bike Winners: Carter Fairbanks, Tyrell Auginaush, DaniAnn Goodwin, Tristen Bevins, Doris Stevens and Hillary Neeland. The bikes were donated by the White Earth Police Department.



Ojibwemodaa.2! Lets all speak Ojibwe! Aaniin, Boozhoo.; Greetings.

Ojibwemowin involves 4 communication skills; speaking, listening, reading and writing. This is the Double Vowel writing system. Refer to The Concise Dictionary of MN Ojibwe, by John Nichols & Earl Nyholm. Respectfully ask an elder, family and friends to speak Ojibwe within your circle.

Abinoojiwin•Infancy Bilingual: To speak two languages-Give their gift of Ojibwemowin. Speak daily to our Nation's youngest. Birth to age five best promotes bilingualism!

Pronounce by syllables: Boo zhoo! Aa niin e zhi -a yaa yan. - Greetings! How are you? Nimino-ayaa, giin dash?. I am well, you also?

- “Gaawiin gegoo, Bezhigh, Niizh, Niswi, Niiwin, Naanan”
“Not something/Zero, One, Two, Three, Four, Five”
- “Izhaadaa agwajiing! Miskwaa idash ozaawaa.”
“Let’s all go outside! It’s red & yellow/brown.”
- “Howah! Ningodwaak okoosimaan.”
“Wow! One hundred pumpkins.”
- “Noodin. Nimbiichiwakwaane.”
“It is windy. I put on a hat.”
- “Niminwedam. Gaye na giin?”
“I am happy. Also ? you?”
- “Zoomiingwenin!”
“Smile!

Gichi-noodin.-It’s big wind.
Dakibiisaa. -It’s a cold rain.
Ningiikaaj. -I am cold.
Biindigen! Come in!
Waabooyaan(an)-Blanket(s)
Miskobag.-A red leaf.

Mitig(oog) Tree(s)

Zhiishiiib(ag) Duck(s)

Niiyo-mitigoog - 4 Trees

Gisinaa. It's cold weather.

Ookoosimaan(an) Pumpkin(s), Squash(s)

Find ten (10) underlined Ojibwe words in the wordfind.

Oshki-nitaawigiwin•Young Adult•Teen

Howah! Biindigedaa! - Let’s all come in! S/he... patterns
VAI’s- **Verbs, Animate, Intransitive (no object)**. Bimose.-S/he walks.
Namadabi.-S/he is sitting. Minwendam.-S/he is glad. Wiisini.-S/he eats. (no object in sentence, just a simple statement.). **For verbs-VAI types:** Learn inflections to change meanings and persons.
Root: **Jaachaamo**.-S/he sneezes. **Ninjaachaam**.- I sneeze. **Gijaachaam**.- You sneeze. **Ninjaachaamomin**. - We sneeze.

Jaachaamowag. -**They** sneeze. - A sentence in one word! Command pattern: **Niimin!**
Command to two or more: **Niimig!** (Dance!)

O E M A J
J N N D O O
B I I A M C M
O N I T A ' W I
I J M O S N B J T
Z A I O E A A E I I
J A G B D G O N I D G
A C Q A W M I S K W A A
D H M I Z E N I S N I O
M A N A B W M T N H G A
N A C A G N O O D I N H
S M N Z H I I S H I I B

Ojibwemo.-S/he speaks Ojibwe.
Gidojibwem ina?
Do you speak Ojibwe?
Ojibwemodaa! -
Let’s all speak Ojibwe!
Howah! Wow, alright!

***Longer voiced vowels:**
AA (baa), E (cafe’),
II (teen), OO (moo)
***Short voiced vowels**
A (about), I (tin), O (only)
A glottal stop ‘ is a
voiceless nasal hesitation
as in: oh-oh

Nitaawigiwin •Grownup

Noongom mazina’iganing.
Today/now in the paper...
You feed it to -**Gidashamaa**...
>>>>>>=====>>>>>>
bebezhiigooganzhii(g).

gaazhagens(ag).

bizhiki(wag).

animosh(ag).

giigoon(yag).

Ginebig(oog).

Maanishtaaniish(ag)

Key: Outside...Domestics...
...horse(s).
...cat(s).
...cow(s).
...dog(s).
...fish(plural).
...snake(s).
...sheep(plural).

VAI’s-S/he... Variations of inflection: **A-form:**
Prefix: Ni, Nin- (Verbs begin with j, d, g, z, zh),
Nind- (verbs begin w/vowels) *Nindayaa*.-I am.
Nim- (verbs begin with B) *Nimbimose*.-I walk.
Gi- , Gid- (verbs begin w/vowels,) *Gidanokii*.-
You work. A-form verb simple sentence.
Nibaa. - S/he sleeps or S/he is sleeping.
Nibaayaan, nimiwendam. -When, if or while
I sleep, I’m happy.=More complex sentences.
B-form verb suffix endings: If, When or
While, & Who, What, Why type questions
I: -yaan, -aan. **You:** -yan, -an.
S/he: -d, -g. **We:** -yaang, -aang.
We all: -yang, -ang.
You all: -yeg, -eg.
They: -waad, -owaad.
Nibaayaan...

VAI’s, A-form: Bimise.- S/he flies.
VAI’s, B-form: Bimised, minwendam.-
When/if S/he flies, s/he is happy.

- WE Resources**
<https://whiteearth.com/divisions/culture/services>
•Use the Ojibwe People’s Dictionary
<http://ojibwe.lib.umn.edu>
•Great Lakes Indian Fish & Wildlife Comm.
<http://www.glifwc.org/>
•Clipart: wpclipart.com

Gichi-aya’aa•Elder

Aaniin ezbinikaazod wa’aw giizis? What/how is s/he called this moon/month? *Izbinikaazo Binaakwe-giizis gemaa Waatebagaa-giizis gemaa Wateba’gaa-giizis wa’aw giizis.* His/her name Raking/Combing or Bright Leaves-moon (Oct) this moon. • “Mazina’iganan! Aangodinong nindagindanaan iniw mazina’iganan. Gete nitam: “Ojibwewi-ikidowinan, idash A Concise Dictionary of Minnesota Ojibwe. Gaye noongom Akawe Niwii-tibaajim. And Anishinaabe Ojibwe Culture & Lang”. -Books! Sometimes I read them those books. Older: Ojibwe word-books. First I will talk about him mazi-na’igan.

-wag
Ni
-d
-yan
-waad

1. Aandi waa-nibaa____?
Where will **you** sleep?
2. Aaniin apii gaa-nibaa____ biiijinaago?
“When did **they** sleep yesterday?”
3. _____wii-nibaa noongom. Ningii-gichi-anokii gichi-gigizheb.
I will-sleep now. I did-big-work early-in the morning.
4. Aaniin apii waa-izhaa_____ adaawewigamigong noongom?
When will-**She/He** go to the buying building/store today?
5. Giga-waabamin. Maajaa_____ noongom Gaye niin. Miigwech.
I shall see you later. **They** are leaving now. Also me. Thanks.

©2022 Shelly Ceglar

Ojibwemowin/Anishinaabemowin is an “indigenous language”; meaning it is native to a region, is spoken by the region’s original groups and has minority language status. “Dialect” is region-specific unique speech patterns or word use within the same language. “Orthography” is a standardized way of writing the language. The Double Vowel orthography is commonly used in teaching Ojibwe in MN & WI circles. MIIGWECH! Share your Ojibwemowin successes, knowledge, resources, how you learn, and help others!

WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of: **Any Man Coming Forward as the Father of the Child of Alesha Torvinen**

Summons of Petition and Hearing Notice

Court File No. CC20-0531 to CC20-0534

YOU ARE HEREBY notified that on September 1, 2022, a Suspension of Parental Rights Petition was filed with the White Earth Tribal Court regarding your child. A Pretrial on the matter is scheduled for November 7, 2022, at 11:00 A.M. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: September 28, 2022
Veronica Newcomer
Attorney for WE Indian Child Welfare

WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of: **Any Man Coming Forward as the Father of the Child of Tina Warren**

Summons of Petition and Hearing Notice

Court File No. CC20-0747 to CC20-0750

YOU ARE HEREBY notified that on September 15, 2021, a Suspension of Parental Rights Petition was filed with the White Earth Tribal Court regarding your child in file CC20-0747 through CC20-0750. A Pre-trial hearing on the matter is scheduled for October 31, 2022 at 8:30 A.M. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: September 28, 2022
Veronica Newcomer
Attorney for WE Indian Child Welfare

WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of: **Ethan Dean Smith**

Summons of Petition and Hearing Notice

Court File No. CC20-0747 to CC20-0750

YOU ARE HEREBY notified that on September 15, 2021, a Suspension of Parental Rights Petition was filed with the White Earth Tribal Court regarding your child in file CC20-0747 through CC20-0750. A Pre-trial hearing on the matter is scheduled for October 31, 2022 at 8:30 A.M. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: September 28, 2022
Veronica Newcomer
Attorney for WE Indian Child Welfare

WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of: **Any Man Coming Forward as the Father of the Child of Shannon Mae St. Clair**

Summons of Petition and Hearing Notice

Court File No. CC21-0023, -0025 to 0027

YOU ARE HEREBY notified that on September 23, 2022, an Amended Suspension of Parental Rights and/or Transfer of Legal and Physical Custody Petition was filed with the White Earth Tribal Court regarding your child. A Pretrial on the matter is scheduled for October 27, 2022, at 11:00 A.M. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: September 28, 2022
Veronica Newcomer
Attorney for WE Indian Child Welfare

WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of: **Edward Moran Sr.**

Summons of Petition and Hearing Notice

Court File No. CC21-0379

YOU ARE HEREBY notified that on May 3, 2022, a Suspension of Parental Rights Petition was filed with the White Earth Tribal Court regarding your child. A Pretrial on the matter is scheduled for November 2, 2022, at 10:30 A.M. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: September 28, 2022
Veronica Newcomer
Attorney for WE Indian Child Welfare

WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of: **Tanya Eischens**

Summons of Petition and Hearing Notice

Court File No. CC21-0379

YOU ARE HEREBY notified that on May 3, 2022, a Suspension of Parental Rights Petition was filed with the White Earth Tribal Court regarding your child. A Pretrial on the matter is scheduled for November 2, 2022, at 10:30 A.M. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: September 28, 2022
Veronica Newcomer
Attorney for WE Indian Child Welfare

WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of: **Any Man Coming Forward as the Father of the Child of Tiffany Hvezda**

Summons of Petition and Hearing Notice

Court File No. CC21-0666

YOU ARE HEREBY notified that on July 5, 2022, a Suspension of Parental Rights Petition was filed with the White Earth Tribal Court regarding your child. A Pretrial on the matter is scheduled for November 2, 2022, at 9:30 A.M. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: September 28, 2022
Veronica Newcomer
Attorney for WE Indian Child Welfare

WE BAND OF OJIBWE TRIBAL COURT

In Re the Custody of: **Shazai Morris, DOB: 04/01/2018**

SUMMONS

Sarah Morris,
Petitioner,

File No. C22-0485

Shamarezz Morris and Danaj Brown,
Respondents.

YOU ARE HEREBY notified that on August 26, 2022, a Petition for Custody was filed with the White Earth Tribal Court regarding the above-named parties. A hearing will commence on December 2, 2022, at 10:00 a.m. at the White Earth Tribal Courts located at the White Earth Tribal Office in White Earth, Minnesota. The telephone number is (218)-983-4648. You are served with this notice because you are a party to this proceeding, or you are a person whose presence is important to a determination concerning the above-named parties. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: September 27, 2022

WE TRAFFIC COURT

In the Matter of **Rose Ann Bellanger; DOB: 10/30/1980**

Summons for Appear in Court

Court File No. T22-0360

YOU ARE HEREBY notified that on October 26, 2022, at 10:00 a.m. an Order to Show Cause Hearing on the traffic citation will be held at the White Earth Tribal Court at 35500 Eagle View Road Ogema, MN 56569. You are asked to contact Court Administration at 218-983-4648, ext. 5757 to receive a copy of the citation. If you fail to appear for this hearing, the Court may find you in default and/or held in contempt of court.

Dated: September 22, 2022

Ojibwe youth team wins Gold Bracket at basketball tournament



Submitted photo

The Ninijjaanis MMIW team, made up of Ojibwe youth from Turtle Mountain, Leech Lake and White Earth, won the Gold Bracket championship at the TRIBE Athletics basketball tournament Sept. 23-25 in Masa, Ariz. From left are Harvy Peltier, Dakota Lafloe, Michael Weaver Jr., Kingsley Whitebird, Grayson GreyBear, Darian Chilton, Anton Bailey, Sawyer Lafloe, Dedric Jackson and Eugene Sommers.

All articles and photos submitted to the Anishinaabeg Today are run on a space available basis

Elders from Page 7

selves have gone through and how it affected our lives, we begin the healing process.

Do not forget our Veterans, they are our lifeblood. We encourage anyone that is eligible to become a member of the VFW or Auxillary to join and help our aging Veterans. You can contact Carol Fabre for information.

Take care of our Elders as one day you will be in our position. Please pray for all the troubled souls afflicted with drugs and their families, all the chronically ill people, and our children.

WE Nation Council of Elders:

Lucille Silk,
Chairperson / 218-983-3768

Lawrence (Sam) Crowell,
Vice Chairperson / 218-252-9390



OPEN HOUSE

October 5, 2022
3:00PM

White Earth RTC:
Lower Conference Room
35500 Eagle View Road
Ogema, MN 56569

We believe in building relationships in our community. It is our pleasure to invite you to our open house to hear how we strive to make an impact for our friends and neighbors, to mingle with other influencers, and to discuss your needs. The event will begin with some opening remarks from company leaders, followed by time for Q / A and discussion.

Refreshments will be served.

Please RSVP at info@mmcdc.com and contact us at 218-847-3191 for more information.

Anishinaabeg Today
Subscribers

Please let us know if you recently moved, or have moved in the past few years so we can cancel your old address.

Many papers are still being sent to old addresses!

Call the **Anishinaabeg Today**
at 218-983-3285 Ext. 5903
or email today@whiteearth-nsn.gov

ELECT
DRIFT

MAHNOMEN COUNTY SHERIFF

PLATFORM

- Experience Matters
- Proven Leadership
- Reduced Crime
- Family Oriented

VOTE NOVEMBER 8TH, 2022

"I worked a year as a semi-truck driver hauling local farmers produce and I know how hard you work to produce this product; I will increase patrol in our rural areas to ensure your product/machinery and residences are protected. Extra patrol will include but not limited to Snowmobile and 4-Wheeler Patrol"

PAID FOR BY PETER DRIFT SR ON HIS OWN BEHALF



Pole Raising Ceremony in Naytahwaush



Submitted photo

The White Earth Behavioral Health staff recently held a Changing of Season's and Pole Raising Ceremony in Naytahwaush. The next Ceremony will be held Thursday, Oct. 6 at 11 a.m. at the Rice Lake Community Center.

Special Events

- **WECOE MTG**
October 4th~Pine Point
- **Diabetic Bingo**
October 5th~Pine Point
October 6th~Shooting Star
October 12th~Elbow Lake
October 13th~Valley View

Gaawaabaabanganikaag Ogikaag Miniwanjige
“White Earth Elder Eating Good”
White Earth Elder Wellness Program
Binaakwii-giizis (Falling Leaves Moon)- October

Elderly Nutrition Program Information

*Daily Menu includes 1% milk, and provides 1/3 of the Recommended Daily Allowance (RDA) set by USDA guidelines, with health conscious consideration to overall well-being.

*Menu is subject to change depending on product availability and/or schedule changes

Elders Suggested Donation \$4

Guest Meals \$6

Questions or comments please contact :

White Earth ENP Site (218) 983-3744
Site Supervisor ~ Tanya Heinonen

Pine Point ENP Site (218) 573-2210
Site Supervisor ~ Angela Clark

Elbow Lake ENP Site (218) 734-2315

Naytahwaush ENP Site (218) 935-5554
Site Supervisor ~ Tim Rindahl ext. 3238

Rice Lake ENP Site (218) 694-2795
Site Supervisor ~ Sherry Halberg

Kat Thompson, ENP Manager
Danielle Sutherland, Nutrition Coordinator
(218) 983-3286 ext. 1266
Katherine.thompson@whiteearth-nsn.gov
Danielle.Sutherland@whiteearth-nsn.gov

Mon	Tue	Wed	Thu	Fri
3 BBQ Chicken Cornbread muffin Baked beans Pears	4 Split pea and ham soup Artisan roll Berry parfait w/ granola	5 Chefs Choice Main Entrée Vegetable and/or salad Fruit Bread Beverage of choice	6 Mac hotdish Breadstick Garden salad Melon	7 Liver and onions Baked potato Green beans Wheat bread Pudding w/ bananas
10 Sausage w/ peppers Alfredo pasta Steamed broccoli Fruit cocktail	11 Beef stroganoff Egg noodles Brussel sprouts Wheat bread Cranberries	12 Chefs Choice Main Entrée Vegetable and/or salad Fruit Bread Beverage of choice	13 Salmon Garlic mashed potatoes Mixed veggies Whole grain roll Apricots	14 Chicken dumpling soup Crackers Garden salad Fresh fruit Cookie
17 California Burger w/ fixings Oven fries Applesauce	18 Baked ham Mac and cheese Steamed cauliflower Whole wheat bread Pear	19 Chefs Choice Main Entrée Vegetable and/or salad Fruit Bread Beverage of choice	20 Tuna salad sandwich w/ lettuce and tomato Manoomin soup Wheat crackers Fruit salad	21 Stir fry w/ oriental veggies Brown rice Eggroll Tropical fruit
24 Baked fish Manoomin pilaf Sliced beets Dinner roll Mandarin Oranges	25 Tomato tortellini soup Ham and cheese sandwich Veggies w/ dip Banana	26 Chefs Choice Main Entrée Vegetable and/or salad Fruit Bread Beverage of choice	27 Lasagna Garlic toast Cali. Blend veggies Peaches	28 Brunch for Lunch Ham & cheese egg bake Hash brown potatoes Pastry Yogurt parfait
31 Chicken a la king Biscuit Spinach salad Grapes Halloween treat				

White Earth Food Distribution October Store Hours

Mon-Thurs 8:30-3:30

FACE MASKS OPTIONAL

Office Hours M-F 8-4:30 / 218-935-2233

October 2022 Home Delivery Schedule (Subject to Change)

October 7th: Bagley, Ponsford & Naytahwaush

October 10th: Mahnomen & Waubun

October 14th: White Earth

October 21st: Detroit Lakes

October 31st: Closed for inventory

Highway 200 is closed at Twin Lakes Creek one mile west of the Ranch. Please use detour through Mahkonce Corner.

If you receive home delivery service and will not be home on your scheduled route, please notify us ASAP.

White Earth WIC October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*White Earth WIC- 26246 Crane Rd White Earth, MN 56591	*Times and dates are subject to change					
2	3					6
9	10				13	14 15
16	17	18	19	20	21	22
23			26	27	28	29
30	31					

Due to COVID-19, all appointments are being completed by phone at this time. Please call **218-204-0399** or **218-401-4247** to contact our department.

Unsure if you are eligible? Please fill out the online application on the Minnesota WIC Website.

This institution is an equal opportunity provider.





Photo by Kevin Oak

From left are Leonard Roy, Henny Roy, Minnesota Governor Tim Walz and Minnesota Senate District 2 candidate Alan Roy.

DFL holds fundraiser in Callaway Event Center

A reception fundraiser was held Sept. 23 at the Callaway Event Center. The event was hosted by Ted and Marysia Fiskevold of rural Detroit Lakes and co-hosted by Alan and Henny Roy of rural Ogema.

Fiskevold is the Becker County DFL Chair and Roy is a former Secretary-Treasurer of the White Earth Nation who is running for the open Minnesota State Senate seat in Senate District 2. That seat was held by Senator Paul Utke of Park Rapids who now lives in Senate District 5.

Fiskevold was the organizer and the MC of the event. Roy was introduced and

shared some of his time with Erika Bailey-Johnson who is running for the House District 2B half of Senate District 2 which includes all of the White Earth Reservation, including the six Becker County precincts.

Bailey-Johnson made some remarks. Roy also shared some time with some of the organizers helping with his campaign, before making his remarks.

Fiskevold introduced Paul Peltier, a music teacher from Fosston, who introduced the main guest and keynote speaker Minnesota Governor Tim Walz.

NTW staff participate in Orange Shirt Day



Submitted photo

The Naytahwaush Behavioral Health staff took part in recognition of Orange Shirt Day on Sept. 30 to honor the lives of the children lost to boarding schools as well as the lives changed by boarding schools.

WHITE EARTH NATION COMMUNITY WELLNESS & RECOVERY NAVIGATORS & Community Health Outreach Workers "OSHKABEWISAG" (HELPERS)

Mahnomen Navigator & C.H.O.W

CSO-Jedediah Desjarlait
(218) 401-3829
C.H.O.W- Dawn Basswood
(218) 401-1216

N.T.W. Navigator & C.H.O.W

CSO-Dustin Keezer
(218) 401-0576
C.H.O.W-Heidi Goodwin
(218) 401-4693

White Earth Navigator & C.H.O.W

CSO-Sue Hanks
(218) 401-0415
C.H.O.W-Anthony Malmo
(218) 401-1141

Outreach

Cassandra Hanks
(218) 401-1173

**Liaison for our
Community**

Members for Programs

**offered on The White
Earth Reservation.**

-Access to Rule 25's

-Access to Mental Health.

-Access to Narcan

-Housing Resources

-Assist with Ceremonies

-Host Community Events

Community Service Manager & C.H.O.W Manager

CSO- Craig Bower
(218) 401-1263

C.H.O.W- Edith Smith
218-401-3682

Rice Lake Navigator & C.H.O.W

CSO-Shawn Goodwin
(218) 401-1989

C.H.O.W-Frank Stech
(218) 401-4668

Pine Point Navigator & C.H.O.W

CSO-Allison Jones
(218) 401-0561

C.H.O.W-Karen Jones
(218) 401-4702

Overdose Response Coordinator

Ralph Goodman

(218) 401-3198

Overdose Response Officer

Michael Weaver

(218) 401-2824

Civil Commitment: (218) 850-4226



WE police officer recognized by the State



Photo by Gary W. Padrta

White Earth Police Officer Anthony (AJ) St. Clair was recently recognized by the Minnesota Department of Public Safety, Officer of Traffic Safety for his DWI efforts on the White Earth Reservation.

St. Clair was honored for being a "DWI All Star." This recognizes St. Clair as being one of the most proactive and successful officers in the State of Minnesota in the DWI arrests. He was also recognized by getting a "hat trick" - three DWI arrests in one shift, which is very hard to accomplish.

From left are White Earth Police Administrative Lieutenant Jeremy Cossette, White Earth Officer Anthony (AJ) St. Clair, and Becky Putzke, Northwest Law Enforcement Liaison, Minnesota Department of Public Safety: Office of Traffic Safety.

****Vote****

Theodore James Busse

Mahnomen County Commissioner District 2



Mahnomen County General Election Tuesday, Nov. 8 *

* All of District 2 except LaGarde Township are mail in ballots.

For LaGarde township, the polling place is at St. Michaels Church in Mahnomen from 7 a.m. to 8 p.m.

Paid for by Teddy Busse for District 2 Mahnomen County Commissioner

I would like to thank all of you for this opportunity and to those of you who have supported me.

As I continue to grow in life and experience, the challenges facing our county have become more and more significant to me.

As I raise a family and watch my parents get older, I realize the importance these services and needs truly play a part in our everyday lives.

Addressing the maintenance of our roads, the condition of our Emergency Room/Hospital, and the need for a Jail are among the many needs I will strive to achieve and improve upon.

I feel that it is my time to give back to a community that has given to me for over 40 years. Join me as we fight for the future of our families and community.

"Let me be your voice and vote Theodore Busse for District 2 Mahnomen County Commissioner."

White Earth Nation holds consultation with MN DHS



Photo by Gary W. Padrta

The White Earth Tribal Council recently welcomed Minnesota Department of Health Services Commissioner Jodi Harpstead and her staff to the tribal headquarters building. They discussed several topics to include tribal priorities, behavioral and public health, Indian Child Welfare and education. From left are Vern LaPlante, Secretary-Treasurer Mike LaRoque, District III Rep. Cheryl "Annie" Jackson, Commissioner Harpstead and Chairman Mike Fairbanks. The Commissioner gifted the tribe with her needle point art project that received a blue ribbon at the Minnesota State Fair.

Howah Ads

Happy Heavenly Birthday
Fred Porter Jr.
October 13th
- Love, Porter Family



REMINDER!

Howah Ads are \$5 with a picture or \$4 without.

All payments must be made in advance.

No exceptions

Happy **21st** Birthday
on the Oct. 13th
Chris McDougall
Love you!!



We Love You Always, Your Family



Happy
Sweet 16th
Birthday
Jayla!!

"We ll love you very much!"

Love,
Gram Boog,
Pappa Darrel
and all your family

Happy **9th** Birthday
Alby & Mikey

Love you
- Mom



Oct. 28

Happy Birthday to

Clifford J 10/7
Duane 10/9
Stacie 10/11
Marsha 10/11

Love Mom!

Happy **3rd** Birthday
Ashton

I Love You!
- Mom



Oct. 14th

Happy **3rd** Birthday
Paige Lee Dakota

We all love you
Babygirl



Oct. 28th

Let us know if you recently moved or have moved in the past so we can cancel your old address.


Many papers are still being sent to old addresses!

Call the **Anishinaabeg Today** at 218-983-3285 Ext. 5903 or email today@whiteearth-nsn.gov

You can read the current and past issues of the newspaper at www.whiteearth.com

ANISHINAABE KWE CAMP

White Earth Nation



October 14 & 15, 2022

RECLAIM OUR CONNECTION

Time to tend to our growth and wellness. Includes: personal time for self-awareness, connecting to giimaamaa aki and women's healing ceremonies, Personal learning of Traditions and Art:

Women's Teachings Personal Bundle Beading Singing
Natural Products Communication Protocols



To Register email: Becky.Howard@whiteearth-nsn.gov
White Earth Rediscovery Center - 29401 400 St. Waubun, MN 56589

Anishinaabe Inini Camp

October 8 & 9, 2022

zaka'an ishkode-Lighting the Fire



ACTIVITIES:
BREAKFAST AND LUNCH
POKER WALK: INCLUDED BUT NOT LIMITED TO
ARCHERY SHOOT
CORN HOLE
FISHING
LACROSSE THROW
FIRE TEACHINGS
DODAME-CLAN TEACHINGS
MMIW PROTECTING OUR KWEWAG
PRIZES
RAFFLES

In person Men's Retreat 2022

Spark the Fire

A men's retreat will bring together men from different backgrounds which allows you to make new friends; allows for Cultural learning pertaining to men and cultural identity.


REGISTER BY EMAIL:
Becky.Howard@whiteearth-nsn.gov

CHILD SUPPORT IS NOW AT PINE POINT COMMUNITY CENTER EVERY THURSDAY!!

Every Thursday
9 a.m. to 3 p.m.

Child Support staff can assist with the application process, modifications, Provide Specific Forms, Genetic Testing, Public Notary, ETC.

WEN Child Support: PO Box 387, White Earth, MN 56591 218-983-4641



Women at White Earth, circa 1895.

Save the Date!

Afternoon of Monday November 7th

Shooting Star Casino & Hotel

Preserving and Digitizing Photography Workshop

Come learn how to protect and digitize your personal photographs!

The Minnesota Historical Society will be hosting a free workshop event with resources on how to preserve and digitize photographs, upcoming projects and materials related to Ojibwe history. MNHS staff will be available to answer questions.

More information coming in the next few weeks. For questions please contact Rita Walaszek Arndt at rita.walaszekamdt@mnhs.org.

Take Better Care of Yourself and Better Care of Your Loved One

POWERFUL TOOLS for Caregivers

When you take care of yourself, everyone benefits!

Classes consist of three, 3 hour sessions to be hosted at Bemidji Public Library

October 5, 9:00-Noon
October 12, 9:00-Noon
October 19, 9:00-Noon

Phone Contact Karen at 218-333-8098 OR Jenn at 218-333-8097 For more details

Cost: \$25.00 (includes all classes & the Caregiver Helpbook) Scholarships are available

Hosted by NORTHWOODS CAREGIVERS

Dancing Sky Area Agency on Aging m MINNESOTA BOARD ON AGING

SERVING CARSONVILLE FIRE SINCE 1977



Please join us for the

Carsonville Fall Fundraiser

October 15, 2022
Events Begin at 4pm

DINNER, GUN RAFFLES, GAMES, AND SILENT AUCTION!!
All proceeds benefit the Carsonville Fire & Rescue Relief Association

NEW LOCATION

Jack Pines Resort

53014 MN Hwy 34
Osage, MN 56570

Minnesota Gambling Control Board
REG-03660-22-005

Carsonville services the Ponsford, Pine Point, Bad Medicine, Round Lake, Ice Cracking, Elbow Lake (medical only) and Osage areas.

Are YOU in need of some love and loyalty?

German pups for sale. Come and meet the parents

\$295 / OBO

Call Dick at 218-935-2537

TRUNK OR TREAT

Little goblins and witches Or ghosts in a sheet? Come and Join us For Trunk or Treat!

Where: Parking Lot @ 1730 Clifton Pl, MPLS

When: 10/28/22, 4p-7p

We will have our parking lot surrounded with "trunks" decorated to trick or treat from! Candy, games and fun!

Event Sponsored, Hosted and made possible through Combined efforts of White Earth Urban Programs

Ganawendandaa Nibiikaangi LET'S PROTECT OUR WATERS

Help Stop Aquatic Hitchhikers

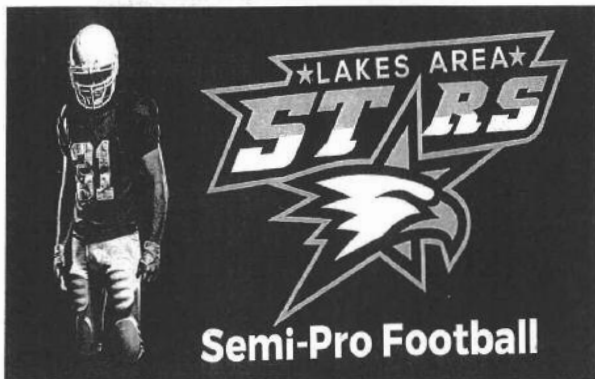
To avoid spreading aquatic invasive species do the following:

BEFORE launching and **BEFORE** leaving.

- ◆ Remove aquatic plants and aquatic animals
- ◆ Drain lake/river water away from the landing
- ◆ Dispose of unwanted live bait in the trash

It's unlawful to transport aquatic plants, and zebra mussels.

Come Sign with us today for the 2023 Season



We are now looking for players and coaches for the 2023 season. We have uniforms, pads, and some helmets. All you need are cleats and a players fee. Get a hold of us today at 218-850-4554 or www.LakesAreaStarsFootball.com

We are a Nonprofit Organization

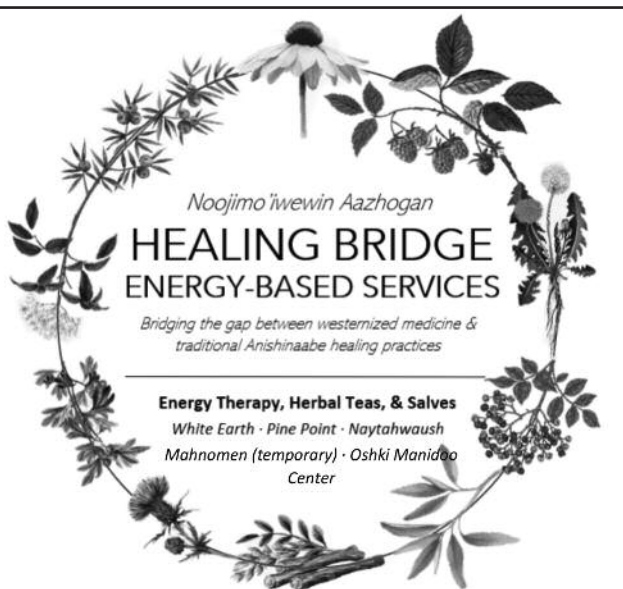
Attention New Homeowners & Existing Homeowners

If you are in need of a Well and Sewer System for your house/ trailer home you can contact White Earth Water & Sewer for an application as we receive grants.

Requirements to qualify for the grants are:

- * Tribal Enrolled member
- * Reside on the White Earth Reservation
- * Show proof of land (Land Deed/Tribal Land agreement) and proof of homeownership
- * 18 years of age or older
- * Must have electricity, heat source, and interior plumbing to the home
- * Income verification (some existing home owners grants require)

Contact us at 218-983-3202



To schedule a session, please call White Earth Mental Health at 218-983-6325

Services are free to White Earth Reservation community members and employees



Monday through Friday *Must be 18 or older
Star Fitness & White Earth Fitness Centers
Saturday & Sunday 6 a.m. until 6 p.m.

- A recent fitness center application & waiver must be on file before exercising. (within 3 years) On July 1, 2022, active keycards/fobs will be automatically given 24 hour access if member is 18 or older.
- To enter the fitness center, you must be at least 15 years of age. Please have a parent sign our liability waiver if you are under age 18. Contact Jackie.haugo@whiteearth-nsn.gov or Gail.borgrud@whiteearth-nsn.gov
- Age 15 to 17 can still workout Monday-Friday 6a.m. to 10p.m. Saturday-Sunday 6a.m. to 6p.m. or after hours with a parent present.
- This is a trial period and keycards and/or badges will be de-activated if rules are not followed.



White Earth Nation
TRIBAL PUBLIC HEALTH
Prevent. Promote. Protect

JOIN THE WHITE EARTH FITNESS CENTER TODAY!

BECAUSE EXERCISE IS MEDICINE

Located in the dialysis wing of the White Earth Tribal Health building
Email Gail.Borgurd@whiteearth-nsn.gov or call 218-983-3286 ext. 1342 or 218-401-3079

HOURS STAFFED:
Monday-Friday 8am-4:30pm (Except RBC Holidays)

Key Fob access: (application required)
Monday-Friday 6a.m. until 10p.m. for age 15-17
Monday -Friday 24 hour access age 18+
Saturday-Sunday 6am-6pm everyone

JOIN STAR FITNESS CENTER TODAY

FREE ACCESS WITH EXTENDED HOUR KEYCARD ENTRY

Located in the Manito Mall, Mahnomen
Email Jackie.Haugo@whiteearth-nsn.gov or call 935-0808 or 218-401-2421 to fill out application

NEW KEY CARD HOURS:
Monday-Friday 6 a.m. until 10:00p.m. (age 15-17)
Monday-Friday 24 hour access (age 18+)
Saturday & Sunday 6 a.m. until 6:00 p.m.

ST. BENEDICT CATHOLIC CHURCH,
WHITE EARTH, MN

FALL DINNER & BAZAAR

SUNDAY, OCTOBER 9, 2022

11:00 AM – 1:00 PM

OGEMA COMMUNITY CENTER

OGEMA, MN

CHICKEN & MEATBALL DINNER

WITH ALL THE FIXIN'S

DINE IN OR TAKE OUT

RAFFLE, FISHPOND, COUNTRY STORE & CAKE WALK

ADULTS: \$12.00
CHILDREN 6 – 12: \$5.00
5 & UNDER: \$1.00

*THERE WILL BE A DRAWING FOR 4 QUILTS FROM THE MEAL TICKET SALES

EVERYONE IS INVITED!!

Thank You

Thank you to all who supported our recent raffle. The 1st prize of a beautiful wooden US flag purchased from Cedar Sense in Waubun was won by Stephanie Lefebvre. Second and third prizes of handmade quilts donated by Waubun Quilters were awarded to Linda Jirava and Soren West. Receipts from this raffle will go to support veterans at the Fargo VA and other facilities, homeless Veterans, Brady Oberg Foundation, and Freedom Honor Flight just to name a few.

Ogema VFW Post 9880 & Auxiliary

The Naytahwaush Community Council would like to thank the Naytahwaush Harvest Fest Powwow Committee, White Earth Behavioral Health, White Earth Public Health, Twin Lakes Volunteer Fire Department, White Earth Police Department, event volunteers: Vince Olson, Stormy Littlewolf, Jeremy Londo, Naytahwaush youth, and everyone who bought raffle tickets! Miigwech for another wonderful Harvest Fest!

Thank you for all the recent support and comments about my free podcast (The Ken Andersen Story) on Spotify which is addressing serious issues that pertain to my case. I'm sure as you've been listening you have noticed all the short comings in the judicial system in Minnesota. My case is one of many like it. It is my hope to correct these wrongs so that not only I, but others in the present and future won't have to deal with the same problems I have. I truly appreciate the time you have taken out of your day to listen to my story, and I am beyond words to my thanks for your support. If you could please continue to pass along my information to others it would be greatly beneficial not only to me but to others who are in this fight with me. Thank you once again for being an active part in my long journey to freedom.

Ken Andersen

Did You Know...

You can read the current and past issues of the Anishinaabeg Today online at www.whiteearth.com for free! The online issues feature more color and you can read the them right away when the paper comes out on the first Wednesday of each month.

PP School Meeting Minutes

**Pine Point Regular School Board Meeting
Monday, August 1, 2022 @ 4:30 p.m.
Pine Point School Staff Room**

- 1.0 Roll Call** – Meeting called to order by Chairman Gerald Adams at 4:34 p.m.
Members present – Gerald Adams, Sara Hunt, Michael Swan, Allison Jones, Marva Aitken, John Swan
Ex-officio – Chris Schulz, Principal
- 2.0 Recognition of Visitors** – Bonnie Meeks
- 3.0 Approval/Amendment of Agenda** – Motion by Michael Swan to approve the agenda as amended: Add 7.1 Drug Testing Policy, 7.2 COVID Testing, seconded by John Swan. All in favor. Motion carried.
- 4.0 Approval/Amendment of Minutes** – Motion by Sara Hunt to approve the July 11, 2022 minutes as presented, seconded by Allison Jones. All in favor. Motion carried.
- 5.0 Finance**
 - 5.1 Treasurer's Report – Motion by Michael Swan to approve the Treasurer's Report for July 2022 as presented, seconded by Marva Aitken. All in favor. Motion carried.
 - 5.2 Payment of Bills & Electronic Funds Transfer & Debit Card Transactions – Motion by Sara Hunt to approve the payment of bills for the month of July 2022 in the amount of \$61,084.86 for check #31999 through check #32052 and the EFT for Federal/State/TRA Payroll Tax & Debit Card Transactions, seconded by John Swan. All in favor. Motion carried.
- 6.0 Unfinished Business**
 - 6.1 Boys & Girls Club – Motion by Michael Swan to approve pending Memorandum of Understanding Agreement between B&G and Pine Point School, seconded by Allison Jones. All in favor. Motion carried.
 - 6.2 COVID Testing – Discussion. No action needed.
- 7.0 New Business**
 - 7.1 Drug Testing Policy – Motion by Michael Swan to follow White Earth RBC Policy and Guidelines, seconded by Allison Jones. All in favor. Motion carried.
 - 7.2 COVID Testing – Discussion. No action needed.
- 8.0 Principal's Report** – Discussion on Staff Inservice; First Day of School Smudging/Circle time; Open House; Classroom schedule changes; Dental; Headchecks; Vision/Hearing; Attendance; After School Programming; School Pow Wow; Science Fair; Snowsnakes; Drama Camp; Elections. No action needed.
- 9.0 Public Participation** – None
- 10.0 Adjournment** – Motion by Allison Jones to adjourn the meeting at 5:12 p.m., seconded by Michael Swan. All in favor. Motion carried.

WHITE EARTH TRIBAL & COMMUNITY COLLEGE

CHILD DEVELOPMENT ASSOCIATE (CDA) TRAINING

OCTOBER 10 - NOVEMBER 18

Registration Deadline: October 7
Free to Eligible Participants!

ELIGIBILITY
Must have one or more of the following to qualify for eligibility:

- 18 years old and older
- Not enrolled in K-12
- Self-identify as a minority
- Lacking stable housing
- At or below the 200% of Federal Poverty Guidelines
- Unemployed for 15 or more weeks

Course Description

- The Child Development Associate (CDA) Credential is the most widely recognized credential in early childhood education (ECE).
- It is based on a core set of competency statements, which guide early care professionals as they work toward becoming qualified teachers of young children.
- Course work: 120 hours online
- 480 hours of work/field experience with birth through 3/5 years old at a licensed facility (this can be fulfilled retroactively!)

Customized Education
Questions about eligibility?
Contact Us:
bridget.guiza@wetcc.edu
218-935-0417 ext. 8327
philip.devries@wetcc.edu
218-935-0417 ext. 8326
wetcc.edu

Commercial Driver's License (CDL) Training

Registration Deadline: October 14
Free to Eligible Participants!

Class Dates:
October 2022-February 2023 (exact dates TBD)

ELIGIBILITY
The PL-102-477 Program is designed to assist low income, unemployed, and underemployed members and descendants of federally recognized tribes residing 30 days or more on or near the White Earth Reservation who are 14 years old or over to seek and retain employment.

REQUIRED:
Valid Drivers license, Social Security card, a clean driving record for past 5 years, at least 18 years of age, White Earth Tribal Member (Tribal I. D. required)

IMPORTANT DETAILS
The class provides training in the areas of:

- Permit test preparation
- Classroom support services
- Behind the wheel training
- CDL Road Test
- It will also allow testing for passenger endorsement or school bus endorsement.

Questions about eligibility and registration, Contact:
Coreen Roy, MaaDaaDizi Workforce Center
coreen.roy@whiteearth-nsn.gov
218-936-2444 ext. 3252
Customized Education
bridget.guiza@wetcc.edu
218-935-0417 ext. 8327
philip.devries@wetcc.edu
218-935-0417 ext. 8326

ALEXANDRIA COLLEGE

MENTAL HEALTH CONNECTIONS

RIBBON SKIRT WORKSHOP

WITH MARY TURNER

OCTOBER 19, 2PM-5PM

RICE LAKE COMMUNITY CENTER

CONTACT JACKIE JACOBSON TO REGISTER
JACQUELINE.JACOBSON@WHITEEARTH-NSN.GOV

SPACE IS LIMITED. ALL MATERIALS ARE PROVIDED.

SPONSORED BY WHITE EARTH MENTAL HEALTH, MDH, SPIP, & SAMSHA

Join Us if You Dare for a Wickedly Fun Time

Come dressed in your favorite costume for a spooktacular evening at The First Thunder Being House (Christian Retreat) filled with Games, Music, Food, Prizes

(This is a Sober Event)

October 14th
8pm-Midnight

First Thunder Being House (Christian Retreat)
33991 Victory Way Dr
Ogema, MN 56569

Family Event

Report from Page 4

The combined expenditure in those funds amounts to \$470,028 (\$175,551 of this amount is in fiscal year 2022) which leaves a balance of \$345,510 in reserves.

Wild Rice Purchased

The White Earth Tribal Council has purchased over 170,000 pounds of green rice this year at a starting price of \$4.25 a pound and ending with an ending price of \$6 a pound. All this year's purchases went out to all the hard-working enrolled members that took the time to go out at harvest wild rice on all White Earth's local lakes and rivers. Most of the rice was harvested off Lower Rice located in

District I in the Rice Lake area. The RBC would like to thank all our traditional wild rice harvesters.

In closing I want to thank the members of the White Earth Nation for giving me this opportunity to serve as the Secretary/Treasurer for this great nation. I look forward to moving forward with great progress and optimism and I hope we can work together for a brighter future. Miigwech!

Michael J. LaRoque
Secretary-Treasurer

WHITE EARTH TALKING CIRCLE

Mondays 6-7pm

Location:
35708 Cty Hwy 21
Ogema, MN 56569

Light snacks and beverages provided
Everyone is welcome to join
Cultural Activities provided

For more information:
Anthony Malmoe: 218-401-1141
Juanita Lopez: 218-401-4701

Diabetic Bingo

All are welcome and it cost nothing to play



October

Oct. 5th, 2022 Pine Point
Oct. 6th, 2022 Shooting Star Casino Event Center & Mini Health Fair
Oct. 12th, 2022 Elbow Lake
Oct. 13th, 2022 Valley View, Mahnomen

Bingo in Pine Point is on the west side of the School in E.N.P. Dining Hall after the 11:30 E.N.P. meal.
 Bingo at the Shooting Star Casino Event Center will be at 1:00pm
 Bingo in Elbow Lake Village is at the E.N.P. building, after the 11:30am meal
 Bingo at Valley View will be in the Community Room beginning at 1:00pm

November

Nov. 1st, 2022 Naytahwaush
Nov. 3rd, 2022 Shooting Star Casino Event Center & Mini Health Fair
Nov. 9th, 2022 Rice Lake
Nov. 10th, 2022 White Earth

Bingo in Naytahwaush is at the Sports Complex, conference room behind the front desk at 12 Noon.
 Bingo at the Shooting Star Casino Event Center will be at 1:00pm
 Bingo in Rice Lake is at the Rice Lake Community Center Gym after the 11:30 E.N.P. meal.
 Bingo in White Earth in at the Congregate Center, dining hall after the 11:30am meal

December

Dec. 1st, 2022 Shooting Star Casino Event Center & Mini Health Fair
Dec. 6th, 2022 Elbow Lake
Dec. 7th, 2022 Pine Point
Dec. 8th, 2022 Valley View, Mahnomen


Bingo at the Shooting Star Casino Event Center will be at 1:00pm
 Bingo in Elbow Lake Village is at the E.N.P. building, after the 11:30am meal
 Bingo in Pine Point is on the west side of the School in E.N.P. Dining Hall after the 11:30 E.N.P. meal.
 Bingo at Valley View will be in the Community Room beginning at 1:00pm

If the R.B.C or the E.N.P. site is closed, Bingo will be rebooked to another date, if possible. Schedule is subject to change without notice.



September 19, 2022

Naytahwaush Talking Circle



Wednesday's @ 5 PM

For More Information Contact:

Lacy: (218) 401-4677
 Amanda: (218) 401-1138

Naytahwaush Behavioral Health Building
 Light Meal Served

True Value Mahnomen

The owners of the local hardware store have decided to retire and are selling their store. This store is affiliated with a major hardware supplier. This supplier can supply most any hardware needs. The store handles all the basic hardware needs of the community and can do special orders for its customers. This store has been serving the community for many years and the owners want it to continue once they retire. For additional information contact Mike Brixey of Stillwell Financial Group.

Email: Mike.brixey@gmail.com
 or call 847-308-6020

You may also contact Jim or Sharon Lee at 218-935-5148

JayBoy Tree & Lawn Care Service LLC.

Let's Make Your Place Beautiful!!!

Small Storm Clean-Ups
 Tree & Shrub Trimming
 Lawn Mowing

218.849.5812



WE Reservation Council of Elders 2022 Monthly Meeting Dates

Every First Tuesday

Rice Lake - November 2
White Earth - December 6

All meetings are held at the village nutrition site after lunch

All Elders 55+ are welcome to join.
 NO membership fee.

Requirements to attend bi-annual National Indian Conference on Aging (NICOA) are:

- a. Non-Indians can be non-voting members
- b. Attend scheduled meetings on a regular basis. (At least four per year)
- c. Participation in fund raisers
- d. Attend scheduled trips when registered
- e. Executive board meetings as needed only

*No meetings are held during the months of January, February or March because of the weather. We pride ourselves on safety for our elders.

Practice and maintain good health, exercise, beware of scams, and have a safety plan. Secure a Lifeline as needed. Take care of each other and honor our veterans and all spiritual choices.

SOBRIETY TALKING CIRCLE

Weekly Talking Circle

Every Monday 6:00 PM-7:00 PM
 WESA Building
 35708 County Hwy. 21
 White Earth MN

All are welcome

contact for questions (218) 983-3286 ext.1297

Anthony Malmo - (218) 401-1141

Lake Grove Township Monthly Meeting Notice

Notice is hereby given to the citizens of Lake Grove Township, County of Mahnomen, State of Minnesota, that the monthly Township meeting will be held **October 18**. The meeting will commence at 7:30 p.m. at the Jerome Wolbeck residence.

Lori Tibbetts, Clerk - Town of Lake Grove

IN NEED OF SEPTIC PUMPING?

If you need your sewer system pumped call the White Earth Water & Sewer Department at 218-983-3202

Tribal Enrolled Elders (55 & older) - \$25
Tribal Enrolled Members (54 & younger) - \$80
Non-enrollees (any age) - \$115
White Earth Businesses - \$115
Other Businesses - \$120

(You must live on the White Earth Reservation)

Ganawendandaa Nibiikaangi LET'S PROTECT OUR WATERS

Help Stop Aquatic Hitchhikers

To avoid spreading aquatic invasive species do the following:

BEFORE launching and **BEFORE** leaving.

- ◆ Remove aquatic plants and aquatic animals
- ◆ Drain lake/river water away from the landing
- ◆ Dispose of unwanted live bait in the trash

It's **unlawful** to transport aquatic plants, and zebra mussels.


REGIONAL NATIVE PUBLIC DEFENSE

IF YOU ARE ENROLLED IN A FEDERALLY RECOGNIZED TRIBE, AND WOULD LIKE US TO REPRESENT YOU IN A CRIMINAL MATTER, CONTACT US TO APPLY FOR SERVICE.

WE SERVE THE FOLLOWING COUNTIES: BECKER, BELTRAMI, CASS, CLEARWATER, ITASCA, & MAHNOMEN.

MAIN OFFICE
 232 2ND STREET NW
 PO BOX 487
 CASS LAKE MN 56633
 (218) 339-5680
 (218) 339-5686 FAX

FREE CALL FROM LOCAL COUNTY JAILS



Blessing Lower Rice Lake



Photos by Becky Howard

Blessings were held at all the landings on Lower Rice Lake at the start of the wild rice season. After the blessings, the community was invited to a feast at the Rice Lake Community Center.

White Earth tribal college plants a farm and hopes for food independence

By Christopher Vondracek
Star Tribune

MAHNOMEN, MINN. - Hours after a parade ends marking the White Earth Tribal and Community College's 25th anniversary, Robert Shimek is standing near some squash in a field, marveling at a bumblebee crawling into a blossom.

"Oh, that's a great big one," said Shimek, an extension employee with the college. "That tells you the soil is healthy."

Behind Shimek rises heirloom corn, stretching up to 9 feet in the September sky. On a platform, another staffer has plucked four juicy watermelons for wild rice camp this late summer weekend. And green vetch and field peas — a cover crop — sprout over black dirt.

It may not look like a lot, but on this 1-acre field behind the tribal college, just above the Wild Rice River and abutting a deer fence, the seeds of a food revolution are germinating on the White Earth Indian Reservation.

Already this fall, students and staff have harvested tomatoes and beans off the field. Last year, the school's farm, now in its third growing season, produced 2,000 pounds of produce, from edible beans to squash. And it'll all go to feed the community — filling the drum hall, local convenience stores and the homes of elders. It's an effort to provide relief to gnawing hunger on the reservation.

"The average age of our students here is 32, which means the majority of them have children," said Lisa Brunner, director of extension at White Earth Tribal and Community College, with a main campus in Mahnomen. "If mom and dad are food insecure, so are the children."

The surrounding Mahnomen County is a geologic oddity. One third of the reservation sits on the western edge of the eastern white pine forest that runs to Maine. A hardwood forest juts through the middle. And the tribal college rests on prairie pothole land.

The area is also a federally recognized food desert, with few grocery stores dotting the sprawling reservation.

According to a survey published in February 2020 by the Hope Center for College, Community and Justice at Temple University in Philadelphia, 67% of White Earth tribal college students had experienced food insecurity in the prior 30 days.

On a Monday morning in mid-July, student Asia Bevins tended to a crop of corn, squash and green beans, grown in the traditional, Indigenous "three-sisters" model, where interplanting helps each individual crop thrive.

Students enrolled in ecology classes and Brunner's extension staff planted and harvest the crops.

"Last year, when they would have an abundance of whatever [vegetable], they would bring it over into the drum hall," Bevins said. "As students, we could go and take what was offered there."

While Brunner walks along the field, pointing out nearby garden plots, pickup trucks haul away bales of hay for nearby ranchers to use as forage. It was the food insecurity survey's results that prompted her to plant the 1-acre plot, she said.

The Temple University survey found many students reported not only skipping meals but having lost weight in the previous month. In the pandemic,

food at the local SuperValu — along with essentials like toilet paper — flew off shelves.

A farmers market shows up weekly in downtown Mahnomen, but fresh foods, especially for elders, is hard to come by. A mobile marketplace will visit outlying communities, such as Pine Point. But those who can will drive to the Walmart in Detroit Lakes.

"I was asked once, 'How come you're not charging for the food?' Because 5,000 pounds of fresh produce, that's organic, that's estimated to be worth around \$15,000," said Brunner. "Our community members are hungry, which is our students. How about we take care of them first?"

Community garden plots sit closer to the parking

See Garden Page 21



Photos by Christopher Vondracek / StarTribune

Top: Robert Shimek, an extension staffer with the White Earth Tribal and Community College, toured a 1-acre field planted in the college's backyard. **Middle:** A row of squash on the White Earth Tribal and Community College's farm, just before harvest, on Sept. 9. **Bottom:** Lisa Brunner, director of White Earth Tribal and Community College Extension, watched as a tractor passed by.