# ANISHINAABEG TODAY

# A Monthly Chronicle of White Earth Reservation

Vol. 26 No. 10

White Earth, Minn.

today@whiteearth-nsn.gov

Wednesday, October 6, 2021

# **Rice Camp shares cultural teachings**

The 2021 Rice Camp was held Sept. 11-12 at the Little Elbow Lake Tribal Park/Campground. This event was hosted by White Earth Tribal and Community College, Community Extension Service Department; U of MN Extension, Youth Development; WE Elderly Wellness Program; WE SNAP-Ed.; WE Behavioral Health, Anjibimaadizi Program; and 1855 Supply, LLC, which does cultural consultations with public schools and culture camps.

This year, the North American Traditional Indigenous Food Systems (NATIFS) from Minneapolis, joined the group and taught camp attendees how to incorporate traditional/local food ingredients into the making of delicious dishes.

The seasonal event was attended by more than 80 participants. Cultural teachings and Ojibwemowin were shared along with other activities offered, such as: parching, jigging and winnowing wild rice, making rice knockers, filleting fish, butchering and smoking venison and turkey, harvesting wild edibles, threshing indigenous beans, corn husk doll making, felting, and an exciting canoe race.

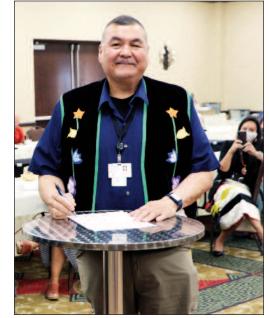
Miigwech to the White Earth Natural Resources Department for use of the campground site and permits for hunting and fishing, to all the wonderful instructors, as well as to USDA, NIFA and collaborative partners for making this event possible.



Photos by Tammy Bellanger

Left: Processing venison for use in the traditional foods demonstration. Right: Parching wild rice over campfire.





### WERBC signs MOU with Minn. Department of Corrections

The White Earth Reservation Business Committee and the Minnesota Department of Corrections recently gathered together to sign a Memorandum of Understanding (MOU) at the Shooting Star Casino in Mahnomen.

The MOU establishes a Tribal Assistant Corrections Agent who will provide effective monitoring services with persons affiliated with the White Earth Nation and supervised by the Minnesota DOC.

**Top:** From left are Raymond Auginaush - District I Rep., Paul Schnell - Minnesota Department of Corrections Commissioner, Michael Fairbanks - Chairman, Peggy Flanagan (White Earth) - Minnesota Lt. Governor and Cheryl "Annie" Jackson - District III Rep. Left: Chairman Fairbanks signs the MOU.

Photos by Gary W. Padrta

PRESORTED STANDARD JS POSTAGE PAID troit Lakes MN Permit NO 14

ECRWSS

Postal Customer

# **Remembering former Chairman Doyle Turner**

The Reverend Irvin Doyle Turner, "Netaamishkaang," The One Who Goes Before His People, was a loving husband, father, grandfather, brother, treasured friend, and Episcopal priest. He died at his home suddenly on Sept. 14, due to complications of Covid-19 at the age of 77.

Doyle was born Oct. 20, 1943, to Robert Irvin "Tony" Turner and Blanche (Antell) Turner at the White Earth Hospital. Doyle grew up in Naytahwaush, graduating from Mahnomen High School in 1961.

He worked as a heavy equipment operator paving roads until 1975, at which point he studied Biology at Bemidji State University. Doyle served the White Earth Reservation as a tribal judge from 1978-1981. He graduated from Moorhead State University with a Bachelor of Science degree in Personnel Psychology in 1982.

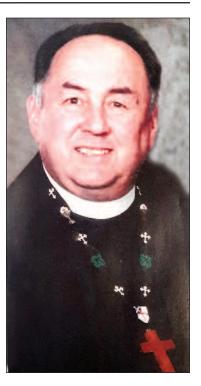
Father Doyle was called to the Episcopal priest-

hood and attended Seabury-Western Theological Seminary from 1982-1985, earning a Master of Divinity degree. He went on to serve the Episcopal churches on the White Earth Reservation formally from 1985-1994 but ministered to all who needed him up until his death, performing countless baptisms, marriage ceremonies, and funerals. Father Doyle always sought out those who grieved, required solace, needed friendship, or desired to learn more about the Ojibwe culture.

He served the Episcopal Diocese of Minnesota as a Canon Missioner for Indian work, was a "Founding Father" and Co-Chair of the Minnesota Committee on Indian Work, and served as Executive Director of the Indigenous Theological Training Institute from 1997-2000.

In 2000, Doyle was elected Chairman of the

See Doyle Page 24



#### Anishinaabeg Today

The Anishinaabeg Today (AT) is the offical publication of White Earth Reservation and is published once a month. Editorials and articles appearing in the AT are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the AT staff or the White Earth Reservation Business Committee.

The *AT* reserves the right to reject any advertising or materials submitted for publication. The submission of articles and photos is encouraged, however, they are subject to editing for grammar, length, and malicious/ libelous content. The Editor makes the sole decision of what is published in the *AT* and will not assume any responsibility for unsolicited material nor will the *AT* guarantee publication upon submission. *Deadlines are strictly enforced!* Deadline dates are printed on Page 2 in each issue.

The AT is distributed at no charge to all postal patrons living on White Earth Reservation and by mail to White Earth Reservation members (who request the newspaper) living within the United States. One per household. The cost of a newspaper subscription is \$12 per year for non-members (including descendants) living off the reservation. The AT can be read online for no cost at www.whiteearth.com.

**For more information** call 218-983-3285 Ext. 5903, email: today@whiteearth-nsn.gov, fax: 218-983-3641, or write to:

Anishinaabeg Today PO Box 418 White Earth, MN 56591

Member of the Native American Journalist Association Minnesota Newspaper Association

#### **WER Business Committee**

Michael Fairbanks Chairman

Leonard Alan Roy Secretary-Treasurer

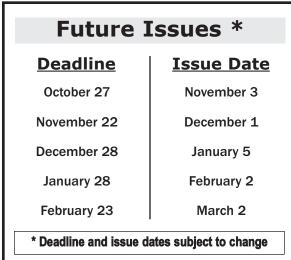
Raymond Auginaush Sr. District I Representative

Kathy Goodwin District II Representative

Cheryl "Annie" Jackson District III Representative

#### Editor

Gary W. Padrta



# Living with it - masks and vaccine save lives

#### By Dr. Carson Gardner, M.D

White Earth Health Division Medical Director

I read a very thought-challenging article recently in an online magazine. It faced the harsh subject of what Americans are willing to live with, as far as COVID disease and deaths, in the years ahead. The author pointed out that America's problem was and is that there has never been an agreement on a practical goal for COVID control. Are we willing to live with 30,000 to 40,000 COVID deaths a year-just under the number of yearly motor vehicle crash deaths or gun deaths in America? Are we willing to live with 60,000 COVID deaths a year-about the number of flu deaths in a bad flu season? Are we willing to live with 90,000 COVID deaths a year-about the number of drug overdose deaths last year? Remember that, so far since late 2019, America has had 40.5 million diagnosed COVID cases and about 660,000 COVID deaths. And many scientists think these recorded statistics are way under the actual reality.

Our perspective here, as an Anishinaabe Sovereign Nation, is a bit different from that of the general Turtle Island non-native population. Native Nation people have come back from near annihilation over the past 500 years; and are now a growing, thriving—if still survival-challenged—Turtle Island population again. Native Nation people also suffer the scourge of motor vehicle crash deaths, gun deaths, flu deaths, and overdose deaths—to mention a few of the fatal threats Sovereign Native Nations still face every day. And Native Nation people, though independent individualists, often agree that every Native Nation life is a precious treasure—especially the lives of wise elders and enthusiastic children. They are the enlightenments of our past and the hopes for our future.

So, how many COVID deaths are Native Nation people as a race, and Gaa-waabaabiganikaag Anishinaabeg as a community, willing to accept as "unavoidable"? While many Zhaaganaashi Public Health epidemiologists could use statistics to suggest the mathematical inevitability of a yearly COVID death rate, Anishinaabeg are likely to persist in believing the goal should still be zero COVID deaths on Gaa-waabaabiganikaag. How can we possibly approach the "zero-COVID-death" goal here on White Earth lands? Just as Anishinaabeg have done in past centuries, White Earth Anishinaabeg now face the harsh reality that "the new normal" will be different from the normal of summer and early fall 2019. And that we will have to make the best of the weapons/tools we have to fight COVID's every sneakup.

• Vaccine saves lives, and comes with a very, very small chance of dangerous side effects. Some Anishinaabeg who are very vulnerable to COVID—the elderly, the chronically ill, and the infection prone—may need yearly COVID vaccine booster shots for a number of years to come. Maybe even lifelong. The western scientists haven't even decided yet on who should receive the first round of COVID booster vaccine shots, and when.

• Anishinaabeg may have to learn to accept public mask wearing in group settings, at least during "COVID season," for years to come—maybe with twice-a-year surges at first, instead of flu's once a year surge. Americans for a long time have made fun of Asians for wearing masks during flu season every year. Americans may now be teased for having to admit that mask wearing works—both for COVID and for the flu. But Anishinaabeg have stood strong in the face of all kinds of teasing for a long, long time. No need to pay attention to any Zhaaganaashi teasers. Either they will wear their own masks and have no right to tease, or go without masks and learn about what higher COVID risk really means every year, in sickness and in death.

• The past year and a half of pandemic has established solidly that Native Nation people are 4X more likely to get COVID and 2X more likely to die from COVID once they get it. And those scary statistics were from before the Delta variant showed up. COVID safety is going to be serious business for Native Nation people in general, and White Earth Anishinaabeg specifically, for years to come. Feel frustrated? Join the club. But it's better to be alive, safe, and frustrated than to be attending the COVID funeral of a

See Living Page 25

#### **Rice Lake community hosts Cornhole Tournament**



Photo by Henry Fox

Rice Lake held a Cornhole Tournament Sept. 18 at the community center. The top three teams from left are Rob Thibert and Geoff Lapp (1st place), Arron Donovan and Jacob Holtzlider (2nd place) and Son Accobee and Kaleb Accobee (3rd place.



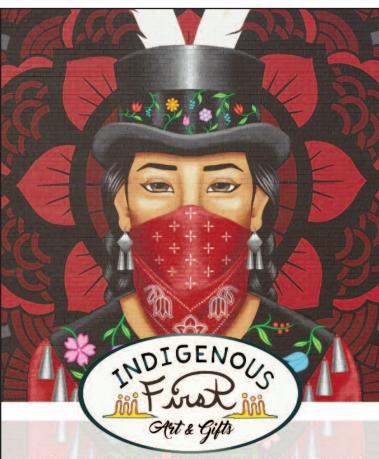
White Earth Indian Child Welfare is in dire need of foster homes to ensure our children stay within their community and with their relatives.

If you've been thinking about applying, now is the perfect time to apply!

There are many different ways to help within our foster care system. If you're only interested in being a nent option for possible relatives or a certain age group, please consider sending in an application and let us know - we need you too!

lease contact us at your earliest convenience to ask us any que Amber Stech ext. 5542 Katie Olson ext. 5501 Rachel Harveland ext. 5525 Misty Clark ext. 5541 cochel.harveland@v





SELLING QUALITY GIFTS & GOODS WITH A MISSION OF ADVANCING, PROMOTING, & INVESTING IN INDIGENOUS ARTISTS & ENTREPRENEURS

SHOP ONLINE - INDIGENOUSFIRST.ORG - 218-590-3305

White Earth Homeless Program Mahnomen Family Shelter & Emergency Hotel Voucher Program

### (218) 936-3212-Homeless Program (Mon-Friday 8-4:30) (218) 936-2224-Mahnomen Shelter (after hours and weekends)

Mahnomen Family Shelter is for families in need of emergency shelter. Based on availability.

Emergency Hotel Voucher Program is for enrolled members who need emergency shelter. Must have a ride to Bagley, MN and an I.D to check in. Rooms are based on availability. Emergency shelter is for those who are homeless with no other place to stay. Must be willing to engage in on-going services.

You can reach the Anishinaabeg Today at today@whiteearth-nsn.gov or 218-983-3285 Ext. 5903

# **News From Chairman Michael Fairbanks**

#### Nindawemaaganidoog

Aaniin Boozhoo Gaa-waabaabiganikaag Niminwendam Waabaminaan! Binaakwe-Giizis!

Aaniish inaa akawe ninga-gaagiizomaag aadizookaanag.

Greetings White Earth Nation, I am Happy to See You! It's October!

I would like to share a story about Gichi-Manidoo: the recent actions of the White Earth Tribal Council's unethical behavior recently reminded me of the lessons that the Great Spirit gave with the Seven Grandfathers. The Seven Grandfathers-Love, Respect, Courage, Truth, Honesty, Humility and Wisdom-have the duty to look after the Anishinaabe people. These spirits are very powerful spirits who watch over us. During the time of this story, the Seven Grandfathers recognized that life was not very good for the Anishinaabe on Mother Earth, so they sent down a manidoo, a spirit, to look for an innocent soul to pass on their teachings. The Seven Grandfathers directed the manidoo to travel around the earth for seven years teaching the chosen person. The spirit went down and found an Anishinaabe baby boy and took him around Mama Akiing, Mother Earth, for seven years to teach him Minobimaadiziwin, Good Healthy Life Ways.

After seven years of traveling and learning, the manidoo brought the boy to the Seven Grandfathers. They gifted him the knowledge of the seven sacred teachings to share with the Anishinaabe people for healthy living: Gwayakwaadiziwin (Honesty), Debwewin (Truth), Inendizowin (Humility), Zaagi'idiwin (Love), Nibwaakaawin (Wisdom), Zoongide'iwin (Courage), Manaaji'idiwin (Respect).

The White Earth RBC's secretive and rushed approval of a \$4,884,000 contract for renewable ener-



gy consulting to a non-Native consulting group with hand-selected Tribal member businesses troubled me deeply. An agreement arranged under a veil of secrecy, with potential self-dealing is in direct opposition to the Seven Grandfathers.' I suspect that had they acted in accordance with our values, this story would have unfolded differently.

Imagine if they had the courage to support honesty and truth with an open and impartial dialogue with our White Earth community about our collective aspirations for a future with renewable energy. Imagine if they had the humility and bravery to pursue a competitive and fair process to get the best possible outcome for our people at the lowest cost. Imagine if they had the wisdom to do what is best for the whole Nation versus their own self interests. Imagine if they had acted with love and respect for all our people by making this entire process transparent and fair.

See Chairman Page 6

# Chairman writes letter to tribal membership

#### Friday, September 24, 2021

To the White Earth Membership:

On Thursday, September 23, 2021, the White Earth RBC approved a contract for Total Spectrum in the amount of \$4,884,000 for research and technical advice about the renewable energy industry. To me, it's unacceptable for a contract this size to be awarded to a non-native consulting firm and hand-selected tribal member-owned businesses with no open bidding and selection process. I want to support our tribal member-owned businesses, but in a way that is fair and open to all. The RBC failed to conduct a fair selection process so all tribal member owned businesses could be considered for this project.

For a \$4.9 million contract, I would expect at a minimum, a public presentation to our membership that outlines the purpose and need for this contract, as well as the qualifications and experience of the business parties. I would also expect a contract of this size to include a public comment period so all Band members could have the chance to weigh in and inform the RBC of their thoughts.

I am also concerned with utilizing general funds when there are millions earmarked for renewable energy projects coming from the federal government. It appears to me that this project was rushed through to avoid oversight by the Tribe's public utility commission, which is currently under consideration and out for public comment. Ultimately, this Total Spectrum contract was rushed through with no chance for our Band membership to understand what we are spending these funds on and why we are spending them.

I am strongly opposed to the way this contract was pushed through with so little input and so little time for feedback. While it is true the RBC has been looking at various renewable energy projects, this proposal itself wasn't presented to me until the day before the RBC meeting, and then only certain information was shared with me. I was shocked when the RBC approved the \$4.9 million contract as-is the next day.

I do not have a vote on the RBC, so I urge Band members to contact your RBC members and ask that this contract be placed back on the agenda for reconsideration at a public meeting, so we can move forward in a fair and transparent manner.

Mijawech. Michael Fairbanks, Chairman

# White Earth Scholarship Program offers Graduation Incentives

The White Earth Scholarship Program announced that they will be offering a Graduation Incentive to White Earth enrollees completing their High School Diploma, GED, or college degree program. The White Earth Reservation Business Committee (RBC) voted unanimously to approve the White Earth Scholarship Program recommendations to offer this incentive to our enrolled students in an effort to increase graduation rates and student success among our youth.

The White Earth Scholarship Program, along with the White Earth RBC, recognizes the everchanging needs of our students and aims to support our constituents with a responsive and robust system of financial support. According to the Minnesota Department of Education, only 58% of our Native American students graduated high school within four years in 2020. Many others struggle to balance work, school, and family obligations as they complete their college degrees. The new WESP Graduation Incentive will not only award students for completing their diplomas and degrees but will also relieve some of the financial burdens on our students and their families.

White Earth enrolled graduates will be eligible for the incentive one time at each degree level. Students who complete multiple degrees in the same degree level will not receive more than one Graduation Incentive award per degree level. Due to funding limitations, students that graduated prior to Sept. 1, 2021 will not be eligible for the incentive.

Graduation Incentives will be offered as follows:

- \$200 High School Diploma or GED
- \$300 2-year Degree (AA, AS, AAS, other)
- \$400 4-year Degree (BA, BS, other)
- \$500 Masters Degree
- \$600 Doctorate Degree

The White Earth Scholarship Program Graduation Incentive will continue to be limited to White Earth Enrollees. Incentives are not guaranteed and are contingent on availability of funds.

Other information, policies, qualifications, and downloadable applications can be found at www.whiteearth.com.

# WE Pesticide program has new coordinator

#### By Renee Keezer

WE Natural Resources Pesitcide Coordinator

Boozhoo! My name is Renee Keezer. I am the Pesticide Coordinator for the White Earth Department of Natural Resources. I am a recent graduate from Bemidji State University with a B.S. in Environmental Science: Environmental Health and Toxicology emphasis, a B.A. in Indigenous Studies, and an Ojibwe minor.

The White Earth Reservation Department of Natural Resources Pesticide Program was established in 1991 to develop an enforcement program and acquire information on the storage, distribution, disposal and manufacturing of pesticides. The Pesticide Program was developed to perform outreach activities to applicators, homeowners and residents of the White Earth Reservation. The program operates under a cooperative agreement with the United States Environmental Protection Agency.

Part of my responsibilities is to ensure compliance with the Federal Insecticide Fungicide Rodenticide Act and the Tribal Farm Chemical Code. The Tribal Farm Chemical Code can be found in Section 300.00 in the White Earth Environmental Code. The White Earth Reservation Environmental Code can be found on the White Earth Reservation website under Natural Resources and then under the Resources tab.

I was appointed to the Executive Council of the Tribal Pesticide Program Council (TPPC) on Aug. 12. There are 10 Executive Council members of the TPPC. One for each EPA Region. I will be representing Region 5 which is comprised of Minnesota, Wisconsin, Michigan, Illinois, Indiana and Ohio.

The TPPC serves as a Tribal technical resource and program and policy development dialogue group, focused on pesticide issues and concerns. The TPPC assists tribes in building Tribal pesticide programs, providing pesticide education, training, researching, and developing and presenting a broad range of Tribal pesticide-related issues and concerns. The TPPC helps communication between tribes, tribal and intertribal organizations, tribal communities, the Environmental Protection Agency (EPA), and other federal and state agencies on pesticides and pesticide-related issues.

If you have any questions or concerns or about pesticide use or pest management such as weeds, ants, bedbugs, lice, rodents, or similar; feel free to call or send an email.

**Office**: 218-935-2488 Ext: 2106 **Cell**: 218-401-3460

Email: Renee.Keezer@whiteearth-nsn.gov

# White Earth RBC providing financial assistance to tribal members

The White Earth Reservation Business Committee passed a Resolution on July 16 authorizing the Coronavirus Recovery Program to provide emergency financial assistance to White Earth members suffering financial hardships due to the COVID-19 pandemic. Through the American Rescue Plan Act, the RBC is able to offer a **one-time** emergency assistance payment of \$3,200 to White Earth enrolled members who meet the eligibility guidelines.

Members must complete an application that can

be found on the White Earth Nation website at <u>www.whiteearth.com</u> or pick up an application at the White Earth headquarters building front desk.

The completed application, along with a copy of the individual's valid state or tribally-issued ID must be retuned by Sept. 24, **2024** to:

White Earth Enrollments PO Box 506 White Earth, MN 56591

or emailed to: ARPA@whiteearth-nsn.gov

#### White Earth Tribal IDs & Enrollment Event

October 8-9 / 8:30 a.m. to 6 p.m. 1730 Clifton Place, Suite 100, Minneapolis

Cost for a tribal ID is \$12 and \$0 for Elders age 55 and up

Wild rice will be sold at \$6.50 per pound for White Earth Elders and \$8 a pound for White Earth members with a 60-pound limit per person (pending)

American Indian Trust Fund program (pending)

#### White Earth Financial Services Wiidookodaadiwin – "We Assist Each Other" Open to the public

Staff available: Monday – Friday 8 a.m. – 4:30 p.m.
Phone: 218-935-2359 or Toll Free: 1-844-282-6580
Please leave your name/DOB and working phone # with a brief message of your questions. Your concerns are very important to us. We strive for same day/next day return call.

Family Cases contact: Tina Swenson Ext. 3265, Annie Erickson Ext. 3309, Jeana Ketter Ext. 3291, Lori Savoie Ext. 3274, Jennifer Scott Ext. 3313

Adult Cases contact: Shellie Racer Ext. 3307, Christy Wadena Ext. 3709, Lori Drift Ext 3312

Aged, Blind, Disabled contact: Crystal Fineday Ext. 3306

Manager: Amy Littlewolf Ext. 3290

Mailing Address: PO Box 100, Naytahwaush, MN 56566 \*\*\*We have five **fax** locations to receive documents\*\*\*

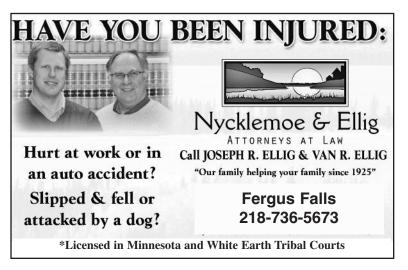
> Naytahwaush / 218-936-3104 Mahnomen / 218-936-2508 Detroit Lakes / 218-844-5811 Bagley / 218-694-6507 White Earth / 218-983-4294

Drop box locations WE Financial Office - Main entrance for public use on outside Mahnomen - White Earth Backgrounds Office, available 8 a.m.-4:30 p.m. Monday-Friday Naytahwaush - Inside Complex by Post Office outgoing mailbox, available 11 a.m.-3 p.m. Monday-Friday and 10:30 a.m.-12:30 p.m. Saturday Detroit Lakes - Inside by the elevator, available 8 a.m.-4:30 p.m. Monday-Friday

**Bagley** - Outside main entrance

IMPORTANT: SNAP/Cash/Emergency Applicants. Call our office and we will guide you through the application process. Online applications: Applymn.dhs.mn.gov

Miigwech



# News From Secretary-Treasurer Alan Roy

The White Earth Nation passed a \$4.8 million Green Energy proposal to help the Tribe move forward on building a better future.

We protected the water and wild rice. Now we're protecting all of Mother Earth with Green Energy. Climate change is real. White Earth Nation cannot take a back seat on this issue. We must lead from the front.

Leading this effort has already received resistance from Tribal leadership. Tribal small businesses brought forward this proposal as a collective. Despite challenges towards this cause, I am committed to a clean energy future because our Earth cannot wait any longer.

I voted for the proposal brought forward because of these facts:

1. White Earth Nation can lead Minnesota in Green Energy.

2. White Earth small businesses and White Earth Members will lead this effort and position the Tribe as the premier Green Energy Nation.

3. Due diligence is required to determine what the best steps forward are regarding any substantial investment.

4. White Earth Nation has researched and developed Green Energy for the better part of a decade.

5. If a course of action is determined, a Referendum vote will be called. Discussions for a community engagement fund will be requested.



6. Other local businesses and organizations were requested to bring forward similar Green Energy proposals, and I look forward to possibly supporting them.

7. The White Earth Enrollees self-organized and deserve an opportunity to support the Tribe.

If you believe that the Tribe should lead on Green Energy, please let us know and your friends too.

Thank you and miigwech,

Alan Roy

# **WERBC** members respond to Chairman's letter

September 27, 2021

#### MEMORANDUM

TO: Chairman, White Earth Reservation Business Committee

FROM: White Earth Reservation Business Committee Members

SUBJECT: Letter of Acknowledgement

The Reservation Business Committee (RBC) hereby acknowledges your dissenting opinion as related to the renewable energy due diligence contract recently provided to the Venture Parties comprised of six White Earth Enrollee owned small businesses and one non-enrollee consulting firm.

To be clear, the contract was executed during legal session with discussion and debate with a vote taken that resulted in a unanimous 3 for and 0 against vote. The Chief Financial Officer and the General Counsel (Tribal Attorney) determined that the matter was in full compliance with established policies and procedures.

The disinterest of the Chairman over several months for renewable energy has been readily apparent as several meetings, discussions, tours, and a workshop were held to prepare the White Earth Nation for this moment.

While we may disagree on this matter, we fully anticipate the Chairman's compliance with the law. We will continue to work together for the betterment of White Earth Nation and her people.

### **Public Notice and Affidavit of Publication**

White Earth Public Transit will intend to replace its Section 5310 bus in 2024. White Earth Public Transit will intend to utilize MNDOT section 5310 funding for its replacement and will submit the application process this year 2021. The Section 5310 bus will meet or surpass the useful life and miles by 2024. The new bus will help keep our Seniors, persons with disabilities and general public get to shopping centers, medical appointments, job access, etc. During the Covid-19 pandemic we have even more need for our clients to get the supplies they need and keep those much-need-ed doctor appointments or simply get to a testing or vaccination clinic and work.

Please if anyone has any questions regarding this feel free to contact the White Earth Public Transit office at 218-983-3283.

#### **Rez Briefs**

#### In-house Diabetes Bingo postponed for October

Diabetes Bingo scheduled for October has been postponed until further notice due to the pandemic. White Earth Public Health continues to run their Diabetes Bingo program on Niijii Radio (89.9 FM) and on White Earth Nation Facebook daily at 3:15 p.m. This program is for Elders 55 or over living on the reservation. If you need a bingo card please contact your local elder nutrition program.

#### White Earth Community Council meetings

The White Earth Community Council regular meetings are held the second Wednesday of each month at 5 p.m. at the White Earth Community Center. If you have a request or an agenda item, please email Richard Hanks at richard.hanks@whiteearth-nsn.gov or call 218-401-6730.

#### Ogema VFW Auxiliary meeting

The Ogema VFW Auxiliary will meet on Monday, Oct. 11 at 4 p.m. in the VFW Hall. All members encouraged to attend. If you are interested in joining or have questions on eligibility please contact Carol Fabre, President at 218-983-3443 or 218-401-1219. Please note time change for fall and winter.

#### Sobriety Talking Circle

A weekly Sobriety Talking Circle will be held every Friday from 7:30-8:30 p.m. at the WESA building at 35708 County Hwy. 21 in White Earth. All are welcome. For questions call 218-983-3286 Ext. 1297 or Anthony Malmo at 218-401-1441.

#### VA seeks to house Native Veterans

The Fargo VA and the White Earth Housing Authority are collaborating to provide rental assistance to Native American Veterans on the White Earth Reservation and Detroit Lakes. Veterans who are homeless or living with family or friends and have no home of their own may be eligible. Eligibility requirements are changing and previously ineligible Veterans may now be eligible. Please contact Tribal HUD VASH Worker Joe Robillard to check eligibility at 701-200-7688 or email at joseph.robillard@va.gov.

#### Pine Point Talking Circle

A Pine Point Talking Circle will be held Tuesdays at 6 p.m. at the Pine Point Community Center. Everyone is welcome. Transportation is available if you call before 6 p.m. No children please! Contact Gina Standing Cloud at 920-461-0250, Melynda Fineday at 218-401-2320 or Karen Jones at 218-401-3998.

#### AA group meetings

The Shooting Star AA group meets every Thursday at 8 p.m. at the event center. Use the hotel entrance. The Waubun AA group meets every Friday at 8 p.m. at the Circles of Faith Church on Hwy 59.

#### Naytahwaush Talking Circle

A Naytahwaush Talking Circle will be held Wednesdays at 6 p.m. at WELSA entrance in the new Behavioral Health building. All are welcome. For questions call Andrea Bellanger at 218-983-3286 Ext. 3233, Heidi Goodwin at 218-401-3683, Amanda Warren at 218-401-1138 or Tracy Armstrong at 218-902-1640.

#### **Regional Native Public Defense**

If you are enrolled in a Federally Recognized Tribe and would like Regional Native Public Defense to represent you in a criminal matter, contact us to apply for service. We serve the following counties: Becker, Beltrami, Cass, Clearwater, Itasca and Mahnomen. The main office is located at 232 2nd Street NW in Cass Lake, Minn. Call 218-339-5680 or fax 218-339-5686. Free call from local county jails.

#### Lake Agassiz Regional Library closed on Oct. 11

All Lake Agassiz Regional Library (LARL) branches and LINK sites will be closed on Monday, Oct. 11 for staff development.

# Itasca County man sentence to 160 months in prison for vehicular assault on White Earth Reservation

An Itasca County man was recently sentenced to 160 months in prison, followed by three years of supervised release, for assaulting an individual with his vehicle, resulting in serious bodily injury.

"Mr. Doerr is a danger to the community, his actions caused pain and suffering for both the victims and for the White Earth community," said Acting U.S. Attorney W. Anders Folk.

According to court documents and evidence presented at trial, on April 7, 2020, Kevin Doerr, 35, was driving erratically through Elbow Lake Village on the White Earth Indian Reservation. Neighbors called 911 to report that a silver Chevrolet Monte Carlo, driven by Doerr, was trying to run people over and chasing people through the neighborhood. When law enforcement arrived, they found a chaotic scene with neighbors outside and badly injured victims. Law enforcement took Doerr into custody and the victims were airlifted to the hospital.

Doerr was convicted by a federal jury on May 20, 2021, on one count of assault with a dangerous weapon and one count of assault resulting in serious bodily injury. He sentenced Doerr to serve 80 months in prison for each count, to be served consecutively, followed by three years of supervised release.

This case is the result of an investigation conducted by the White Earth Police Department, Becker County Sheriff's Office, FBI Headwaters Safe Trails Task Force and the Mahnomen County Sheriff's Office.

ning out will adhere to more problems. Summer

prices are at a low this time of year, call your compa-

ny to set up payment plans or make arrangements if

an application for this program. This program is for

fax/email/mail any information, please refer to the

Address: PO Box 418, White Earth, MN 56591

Phone: 218-473-2711 or toll free 1-866-885-7656

Online: www.whiteearth.com (White Earth Energy

eligible clients paying for their water bills.

Water Assistance Program: Check with us for

Any questions on the programs or need to

# White Earth Energy Assistance Program notice

suitable.

information below

Fax: 218-473-2719

Assistance Program)

members.

The 2022 Energy Assistance Program is accepting applications. Please call for an application or you can pick one up, have it emailed, or mailed to you. Our office is located across from the Housing Authority in Waubun. For those of you that have applied for the 2021 program you should have received an application in the mail in September.

Please keep in mind to fill out your application clearly and completely, with all necessary documentation, this will make for a faster process.

Homeowners, please call if you are having furnace problems - we may be able to help you. Please remember to change your filters once a month for adequate maintenance.

Always keep in mind to check your tank, run-

Chairman from Page 3

Imagine if we were able to secure federal funding to pay for this effort outside of our general fund, which should be reserved for projects that are difficult to finance using outside funding sources.

Our Tribal Council knew they were not acting in the best interests of the Nation as a whole. That is why they rushed to send a \$1,028,000 check shortly after their vote, while typical contracts and payments can take weeks to process. They wanted to cement the contract with the consulting team to make it difficult to pause and rethink the effort as a whole, especially after the severe backlash and criticism they received immediately after the vote. Sadly, they chose a colonized mentality over Anishinaabe values, and our people have been hurt in the process. I encourage you to let your Tribal Council members know how you feel about this. We must ensure this never happens again and that the lessons of our elders are embedded in our values and processes.

In stark contrast, our White Earth Tribal Health Department, nurses and support staff have acted nobly, living up to the Seven Grandfathers' teachings and values. I know that the Delta COVID variant has impacted many community members. The White Earth Tribal Health Department has responded to our September surge in the same manner it has since the pandemic first started. Our fight against COVID-19 remains the same with transmission prevention, contact investigation, testing and vaccination at the forefront. Our dedicated staff has made vaccination available to all individuals wanting to be vaccinated.

Thus far, 16,378 first and second doses have been administered to individuals within and near the White Earth Reservation. This number will increase as the Federal Drug Administration and the Centers for Disease Control investigate making boosters of Pfizer, Moderna, and Johnson & Johnson available to our community. There is no doubt that when given the goahead by the Federal agencies, the vaccination team will provide the utmost professional service to our

Testing has increased in September, with 1,288 tests being administered throughout the month. Although testing has primarily occurred at the White Earth Tribal Health Department, the team has also brought testing out to the communities. Our employees have been working tirelessly and even offered testing during the Labor Day weekend. If you have a known exposure to the virus or have symptoms, please call 218-983-4684.

Lastly, I want to thank our staff for their tireless work to promote Love, Respect, Courage, Truth, Honesty, Humility, and Wisdom. While many areas in our White Earth Nation have struggled to retain employees due to stress and fatigue, our nurses and support staff have answered the call. They have remained dedicated to our White Earth community. For that, I say, Gichi Miigwech, a Great Thank You to our excellent White Earth Tribal Health Department staff.

Baamaapii wiingezin. Miigwech bizindawiyeg. Gigawaabamininim naagaj. Take it easy. Thank you for listening to me. See you all later.

**Chairman Michael Fairbanks** 

# **Tamarac NWR Trapping Drawing**

The trapping drawing for zones in Tamarac NWR will be held on Wednesday, Oct. 13, at 6 p.m. at the Mahnomen Natural Resources Office (old Tribal College building) on Hwy 59. Tribal members must bring their drivers license, Tribal ID card, and current harvest permit. The White Earth Natural Resources Department encourages all interested trappers to attend, there are numerous opportunities for trapping of all sorts especially beaver. If you have any questions please contact Doug McArthur at Doug.McArthur@whiteearth-nsn.gov. Thanks and hope to see you there!



# The Day Labor Program is recruiting for Shooting Star Casino positions

Cash pays daily
 W9 required
 Must be enrolled or descendant

If you are interested please call 218-936-2444 or 218-401-0197 or Darrel Bellanger at 218-261-1855

\* Day Labor clients - please provide an updated phone number so staff can contact you.

# Regular exercise can help control your life

#### **By Katie Hoban, RDN, LD** Registered Dietitian White Earth Public Health

Regular exercise can help put you back in control of your life. If you're not into regular exercise, putting together an exercise plan can be a bummer.

But remember, along with your diet and medications, regular physical activity is an important part of managing diabetes or dealing with prediabetes. Because when you're active, your cells become more sensitive to insulin so it works more effectively. And you just feel better. And look better.

So, however you want to do it—taking regular walks around the block, going for a run, or signing up for a marathon—getting started is the most important part.

#### Get started. But get started safely

It doesn't matter where you are physically. If you've never set foot in a gym, that's okay—as long as you start doing something now. If you haven't been very active or are worried about your health, it's important to consult your doctor and start slowly.

Light walking is a great place to start—and a great habit to incorporate into your life. Walk with a loved one or just by yourself while listening to an audio book. Set goals every day and meet them and you'll start feeling like you're back in control of your life.

#### Even little changes make a big difference

If you're still struggling with getting started or feeling overwhelmed by the idea of starting a more active life, take heart: every change, no matter how small, makes a difference in your ability to manage diabetes. Even losing 10-15 pounds can have a significant impact on your health. The power to change is firmly in your hands—so get moving today.

Need some inspiration?

Check out articles, tips, and tricks to help you along your fitness journey:

✤ Getting 150 minutes weekly

Don't worry: Tackling 150 minutes of exercise is much easier than you might think!

Putting the fun in fitness



Photo by Gary W. Padrta

Jena Burt, left, and Rachel Johnson participate in a recent run/walk event on the reservation.

Exercise is often recommended prescriptionstyle, not suggested as a fun part of life. Reframing physical activity is key.

Break a sitting streak

Breaking up sedentary time with light activity can help reduce health risks while netting you stronger muscles and burning calories.

✤ The importance of balance training

As we age, we typically lose muscle mass, and as a result, we lose strength. That's why balance training is key.

Working out with video games

Over the past decade or so, a number of developers have created video games designed to get players of all ages on their feet.

These tips and ideas and many more helpful ways to build a healthy lifestyle to help control your diabetes can be found at diabetes.org

# Minnesota names its first Native American poet laureate

#### By Sarah Mearhoff

Forum News Service

ST. PAUL — Minnesota has made history by naming its first Native American poet laureate: Gwen Nell Westerman, an English professor at Minnesota State University Mankato and citizen of the Sisseton Wahpeton Oyate tribe in South Dakota.

Westerman's appointment was announced at a Sept. 9 news conference at the Minnesota Humanities Center in St. Paul.

Westerman said that she is honored to take on the role "and as a Dakota woman, to be a presence for healing and understanding and sharing more knowledge and information about our people, all of our people, in the state of Minnesota because we all love this land."

Lt. Gov. Peggy Flanagan, a citizen of the White Earth Band of Ojibwe, joined Gov. Tim Walz in choosing Westerman for the role. Flanagan said Westerman's history-making appointment is significant because "Native people are still here, we have always been here, we were in Minnesota before Minnesota was Minnesota, and we will continue to



Sarah Mearhoff / Forum News Service

Gwen Nell Westerman, a citizen of the Sisseton Wahpeton Oyate tribe.

be here long into Minnesota's future."

"Part of the thing and the gift that makes us who we are is the arts, our words. It's poetry. It's storytelling. It is who we are to our core," Flanagan continued. "I'm so excited that Minnesotans are going to have the chance to get to know Dr. Westerman more deeply as their poet laureate: A Dakota woman who will be leading the way."

#### White Earth Council of Elders

#### By Lucille Silk, Chairperson

White Earth Reservation Council of Elders

As Elders, we share in the loss of Rev. Doyle Turner as well as Rose Anderson, one of our oldest - a 98 year Anishinabe woman. We want to offer our condolences to both families in their time of sorrow. Rev. Turner has served our Nation in his ministry for many years and was loved by all, and had served on the Tribal Council. Rose also lived a long life by her joyful attitude that she so willingly shared with others. Please keep them and all others that have begun their spiritual journey in your prayers.

Please join us as we honor the memory of Leonard Wells, the founder of the "We Walk Many Together" program for Wisdom Steps. On Wednesday, Oct. 20, we will have this tribute by walking, running, using a walker, wheelchair, or by any other means, as a gesture to his memory. The above mentioned program is an incentive measure for Native American Elders in Minnesota to do some form of exercise and continue to do so, on a daily basis. When Leonard returned home from his many years in St. Helens, Ore., he was in terrible health. He joined Wisdom Steps shortly after his return home and began a health regimen and became an advisory member of the Wisdom Steps board. He was so proud of his ability to live a full life and thus the walk program. We honor his memory as he walks his new path with his relatives that have gone on before him. There is no set time or limits to this honor walk, simply do what you can at your own pace, either in or outdoors. Thank you for your support!

As Elders, we are once again begging those individuals that are eligible for the Covid vaccine to do so right away. Even though we are vaccinated, we can get the virus and it can kill us due to our other underlying health conditions. Those of you that have not yet been vaccinated are putting your grandparents, great grandparents and your unvaccinated children at risk. We want to live too!!

There is information that Darrel Bellanger has been placed in charge of the Elder winterization program, which includes plastic in or outside windows, weather stripping for doors and windows. He can get Day Labor to assist with these requests. You may reach him at 218-936-2444 Ext. 3223 to leave your name and number. You must be an enrolled Elder or descendent and live on the White Earth Nation in a private home. All HUD housing weatherization must be done by the Housing programs. All questions should be directed to Mr. Bellanger. Thank You.

Not too much has been said about the Wisdom Step Program, but we still want to encourage Elders to walk when you can or do other exercises and keep a record. Also, make sure that you visit with your health provider and get regular check-ups. You must have a blood pressure, blood glucose, weight, and cholesterol to qualify for the annual conference. Unfortunately, the Wisdom Steps conference that is normally held the third week in June has been cancelled the last two years due to the Covid-19 virus and the now Delta virus. Do not forget to follow your health plans, keep records when you visit a provider and have them give you a record of the visit.

Since our Elder Nutrition sites throughout this Nation are closed to the public and only homebound or disabled are delivered a meal, many of our Elders and those that are isolated are missing the social aspects plus the nutrition of this program. Most of our information was sent out via this network. We hope that there are no further exposures to Covid that would again warrant a shutdown, as we need these centers open.

See Elders Page 13

# **Oil flows through Line 3, but cleanup work remains at site of ruptured aquifer**

#### **By Jennifer Bjorhus** Star Tribune

**CLEARBROOK, MINN.** – Oil started flowing through the newly built Line 3 pipeline in northern Minnesota on Oct. 1, bringing closure to one chapter of the large and bitterly disputed construction project. Now comes a new one: cleaning up the mess left

behind.

Forced by state regulators, Calgary, Albertabased Enbridge has launched a major cleanup effort in Clearwater County to repair the aquifer crews punctured during construction in January. Artesian groundwater has been welling up for more than eight months near this rural community, wasting at least 24 million gallons and threatening to dry out two rare and protected wetland areas nearby called fens.

The breach is a significant blunder on one of the largest construction projects in the state's recent history, but it's been largely out of public view given the location and the fact the company failed to tell regulators about it for several months.

The state Department of Natural Resources only revealed the problem last month when it ordered Enbridge to pay \$3.3 million for the damage and gave it 30 days to stop the uncontrolled flow of water. Enbridge now faces an Oct. 15 deadline to essentially cork the artesian well it created. Its plan is to drill a new well to pump out some of the water and then inject tons of grout into the ground to try to seal it.

Outraged environmental groups, scientists and Ojibwe bands who opposed the pipeline dismissed the state's enforcement action as too little, too late. They say the rupture is exactly the sort of problem they warned would happen in Minnesota's watery landscape.

#### 'Damage has been done'

White Earth tribal lawyer Frank Bibeau argued in court documents that the DNR would have learned about the rupture much earlier if it had held the requested public hearing before expanding Enbridge's water appropriation permit by nearly 10 times.

"DNR is either unwilling or incapable of stopping Enbridge environmental destruction ... at any price," Bibeau wrote in the motion seeking an injunction to stop the DNR from allowing Enbridge to appropriate water.

Others say state regulators should have stopped Line 3 work when Enbridge was found to be out of compliance, and they don't understand how Enbridge was allowed to start the oil flowing.

At a recent news conference, White Earth Nation Chairman Michael Fairbanks decried Line 3's overall impacts, including the aquifer breach, and said he feels like pleas to lawmakers and regulators have fallen on deaf ears.

"Please come up and see this and come look at this devastation to nimaamaa-aki, Mother Earth," Fairbanks said. "The damage has been done now."

The DNR said it has taken all actions within its authority and reiterated DNR Commissioner Sarah Strommen's pledge to hold Enbridge accountable for violating the law and public trust.

"We immediately directed Enbridge to stop pipeline installation at the Clearbrook site when we learned of the breach," DNR Deputy Commissioner Barb Naramore said. "Only when there was an approved corrective action plan were they allowed to resume installation. To facilitate the restoration activities, the pipeline installation needed to be completed prior to repairing the aquifer breach." The DNR doesn't have authority over when the pipeline starts operating, Naramore said, and the aquifer breach and trench dewatering permit amendment for Enbridge are "completely unrelated."

"No public hearing on that amendment or any other topic would have prevented the aquifer breach at Clearbrook that resulted from Enbridge's over-depth excavation," she said.

Enbridge said it has been monitoring the rupture since January and is working closely with the DNR.

The breach occurred at Enbridge's large Clearwater Terminal, a major pipeline junction, as crews dug deeper than planned for the trench for Line

The rural complex of enormous white tanks sits on a dirt road northwest of Bemidji. The 340-mile Line 3 pipeline carrying Canadian tar sands oil to Superior, Wis., is one of several pipelines running through it.

#### A home for rare species

The ruptured aquifer is about a mile from the fens on Deep and Steenerson lakes. Unlike bogs fed by rain water, the calcareous fens — high in calcium are fed by groundwater and the aquifer's loss of pressure could destroy them. They're home to threatened plants such as the hairy fimbry and the small white lady's slipper.

"They are among the rarest freshwater ecosystems, and we are only just beginning to learn all the secrets that these beautiful little places hold," said Laura Triplett, chair of the geology department at Gustavus Adolphus College.

The pierced aquifer is not the only accident along the Line 3 construction route. In August, the Minnesota Pollution Control Agency disclosed at least 28 documented spills creating at least 10,000 gallons of muck.

Bemidji resident Ron Turney, a member of the White Earth band and Indigenous Environmental Network, has documented them with his camera and drone, posting on his Facebook page. He called the aquifer breach "a violation of our mother," and said he wonders how many other unrevealed accidents may have occurred.

"This is just here," Turney said. "What else is going on?"

#### Pump and grout

The company's remediation plan, prepared by Barr Engineering, calls for drilling a new well to pump out enough groundwater to stop the flow to the surface. Then a contractor will inject a quickset clayand-cement grout to try to seal the rupture, according to the plan attached to the DNR restoration order.

The grout will be injected through 400 two-inch pipes stuck in the ground about three feet apart. If that doesn't halt the flow, the contractor may have to try eight-foot wide columns.

As for the fens, Enbridge must submit a new fen management plan to the DNR. Equipment has been installed near the fens to monitor groundwater pressure. The DNR has said it may take a few growing seasons to see how they've been affected.

Aerial footage of the area around the rupture site shows a large area with pooled water and mud, and a road and staging area built of wood planks for equipment.

Jeff Broberg, a professional geologist who directs the Minnesota Well Owners Organization, said the aquifer is losing enough water to fill four acres one foot deep, each day, based on state estimates.

"It's a lot of water," he said.

# White Earth Reservation Food Distribution

2205 271st Ave., Mahnomen, MN 56557 Hwy 200 - 13 miles east of Mahnomen Phone: 218-935-2233 **\*** Fax: 218-935-2235

#### WHO MAY BE ELIGIBLE:

All persons residing within the White Earth Reservation boundaries, as well as any person enrolled in a federally recognized Indian tribe residing near the reservation boundaries. **Enrollment must be verified**. Food Distribution is an alternative to SNAP (Supplemental Nutrition Assistance Program).

#### Eligibility requirements: Effective October 1, 2021

Monthly Income Limit
\$1,251
\$1,629
\$2,007
\$2,393
\$2,802
\$3,211
\$3,590
\$3,968

#### Each additional member add \$379

#### Documentation must be verified for all household members when applying for USDA foods:

- a. Address must verify residency
- b. Income most current taxes, check stubs, etc.
- c. Social Security Numbers
- d. Tribal ID (if applicable)

#### **Deductions:**

✤ 20% deduction from household's gross earned income

Actual child care expenses paid to non-household members

Legally required child support payments to non-household mem-

bers, documentation required

Medicare, Part B (Medical Insurance) and Part D (Prescription Drug Coverage Premiums)

Medical expense for elderly or disabled who incur out of pocket expense in excess of \$35

 $\clubsuit$  Shelter/utility expense - households that incur the cost up to \$450

**Office hours** Monday - Friday 8 a.m. to 4:30 p.m.

**Store hours** Monday - Thursday 8 a.m. to 3:30 p.m.

#### Over 100 nutritious food items to choose from

No distribution Fridays & last work day of the month (inventory)

All applications considered without regard to race, color, sex, age, disability, religion, national origin or political belief. <u>http://www.fns.usda.gov/fdpir</u>

# **Feed Our Families**

Deliveries: Monday - Thursday

218-935-5554 Ext. 3217

# Six benefits you receive from a good breakfast

By Katie Hoban, RDN, LD **Registered Dietitian** White Earth Public Health

#### Why breakfast is so important?

When you wake up from your overnight sleep, you may not have eaten for up to 10 hours. Breakfast replenishes the stores of energy and nutrients in your body.

#### Energy

The body's energy source is glucose. Glucose is broken down and absorbed from the carbohydrates you eat. The body stores most of its energy as fat. But your body also stores some glucose as glycogen, most of it in your liver, with smaller amounts in your muscles.

During times of fasting (not eating), such as overnight, the liver breaks down glycogen and releases it into your bloodstream as glucose to keep your blood sugar levels stable. This is especially important for your brain, which relies almost entirely on glucose for energy.

In the morning, after you have gone without food for as long as 12 hours, your glycogen stores are low. Once all of the energy from your glycogen stores is used up, your body starts to break down fatty acids to produce the energy it needs. But without carbohydrate, fatty acids are only partially oxidised, which can reduce your energy levels.

Eating breakfast boosts your energy levels and restores your glycogen levels ready to keep your metabolism up for the day.

Skipping breakfast may seem like a good way to reduce overall energy intake. But research shows that even with a higher intake of energy, breakfast eaters tend to be more physically active in the morning than those who don't eat until later in the day.

#### Essential vitamins, minerals and nutrients

Breakfast foods are rich in key nutrients such as folate, calcium, iron, B vitamins and fibre. Breakfast provides a lot of your day's total nutrient intake. In fact, people who eat breakfast are more likely to meet their recommended daily intakes of vitamins and minerals than people who don't.

Essential vitamins, minerals and other nutrients can only be gained from food, so even though your body can usually find enough energy to make it to the next meal, you still need to top up your vitamin and mineral levels to maintain health and vitality.

#### Breakfast helps you control your weight

People who regularly eat breakfast are less likely to be overweight or obese. Research is ongoing as to why this is the case. It is thought that eating breakfast may help you control your weight because:

• It prevents large fluctuations in your blood glucose levels, helping you to control your appetite

· Breakfast fills you up before you become really hungry, so you're less likely to just grab whatever foods are nearby when hunger really strikes (for example high energy, high fat foods with added sugars or salt).

#### **Breakfast boosts brainpower**

If you don't have breakfast, you might find you feel a bit sluggish and struggle to focus on things. This is because your brain hasn't received the energy (glucose) it needs to get going. Studies suggest that not having breakfast affects your mental performance, including your attention, ability to concentrate and memory. This can make some tasks feel harder than they normally would.

Children and adolescents who regularly eat breakfast also tend to perform better academically

#### **Blueberry and Wild Rice Breakfast Bowl**

# and cinnamon in two separate bowls.

#### -------

compared with those who skip breakfast. They also feel a greater level of connectedness with teachers and other adults at their school, which leads to further positive health and academic outcomes.

A healthy breakfast may reduce the risk of illness

Compared with people who don't have breakfast, those who regularly eat breakfast tend to have a lower risk of both obesity and type 2 diabetes. There is also some evidence that people who don't have breakfast may be at a higher risk of cardiovascular disease.

#### Breakfast helps you make better food choices

People who eat breakfast generally have more healthy diets overall, have better eating habits and are less likely to be hungry for snacks during the day than people who skip breakfast. Children who eat an inadequate breakfast are more likely to make poor food choices not only for the rest of the day, but also over the longer term.

People who skip breakfast tend to nibble on snacks during the mid-morning or afternoon. This can be a problem if those snacks are low in fibre, vitamins and minerals, but high in fat and salt. Without the extra energy that breakfast can offer, some people feel lethargic and turn to high-energy food and drinks to get them through the day.

If you do skip breakfast, try a nutritious snack such as fresh fruit, yogurt, veggie sticks and hummus, or a sandwich to help you through that midmorning hunger.

These tips along with more information on the importance of breakfast can be found at https://www.betterhealth.vic.gov.au. Check out the Wild Rice Breakfast Bowl recipe above for a great way to start your day!

#### White Earth Community **Farmers' Market**

We are in the covered pavilion across from Thrifty White on Main Street in Mahnomen

#### Hours are 3 to 6 p.m. every Thursday

Come and purchase the freshest veggies around: Broccoli, kale, cabbage, different lettuces, snap peas, scallions to name a few.

Enjoy the delicious HOME MADE baked goods, like fresh breads, rhubarb strawberry pie, cookies, and also jelly, sauerkraut!

There will be food samples with recipes to enjoy the best produce from our vendors.

See you at the Market!

### THE DOCTOR'S CORNER

#### October is Health Literacy Month

#### Compiled by the White Earth Health Center Medical staff

October is Health Literacy Month. Personal health literacy is the degree to which individuals have the ability to find, understand, and use information and services to inform health-related decisions and actions for themselves and others.

#### Why is Health Literacy Important?

Health literacy impacts patient outcomes and health disparities. Per Santana et al., "It can make the difference in understanding a diagnosis, treatment, or recommended lifestyle changes to lead active, healthy lives." Both organizations and individuals have a responsibility in improving health literacy during provider-patient interactions and through access to resources.

#### **Good Questions for Good Health**

The CDC provides a useful training entitled, "Good Questions for Good Healthcare." Asking questions not only improves patient engagement in the healthcare process but can improve patient outcomes. Here are some highlights from the training:

• Prepare for your appointment by thinking about what you want to do during your next visit and writing your questions down: o Talk about a health problem?

- o Get or change a medicine?
- o Get medical tests?
- o Talk about surgery or treatment options?

• During your appointment, make sure to ask the questions you prepared before your appointment. Start by asking the ones that are most important to you.

• To get the most from your visit, tell the nurse or person at the front desk that you have questions for your doctor. If your doctor does not ask you if you have questions, ask your doctor when the best time would be to ask them.

• The questions you may want to ask will depend on whether your doctor gives you a diagnosis; recommends a treatment, medical test, or surgery; or gives you a prescription for medicine.

- o Questions to ask if your doctor gives you a diagnosis:
- What is my diagnosis?
- What are my treatment options?
- What are the benefits of each option?
- What are risks and side effects?
- o Questions to ask if your doctor recommends a test/medicine:
- What is the test for?
- What happens during the test?
- Are there risks associated with this test?
- What will the results tell me?
- What will the medicine you are prescribing do?
- How do I take it?
- What side effects am I most likely to have?

- What do I do if the medicine causes problems or doesn't seem to work?

- o Other Questions:
- Do I need to change my daily routine?
- o Surgery:
- Why do I need surgery?
- Are there other ways to treat my condition?
- How often do you perform this surgery?
- How might I feel after the surgery?
- What will I be able to do or not do after the surgery?
- Your doctor may have you fill a prescription or make another

appointment for tests, lab work, or a follow-up visit. It is important for you to follow your doctor's instructions.

• It also is important to call your doctor if you are unclear about any instructions or have more questions. Pharmacists can answer questions about your medicines too.

• Prioritize your questions, create a list of follow-up questions to ask, and call your doctor if appropriate.

• Call your doctor:

#### See Literacy Page 13

**Ingredients** 1 cup cooked wild rice, warm 1 cup blueberries 4 teaspoons sugar 1/4 teaspoon cinnamon 1 cup milk or half-and-half or cream Instructions 1. Combine warm wild rice, blueberries, sugar 2. Pour milk or cream over top and serve! Yield: 2 servings

# Save S'more Lives with Narcan

Oshki Manidoo Center Parking Lot 1741 15th Street NW, Bemidji, Minn.

### FRIDAY, OCTOBER 8 / 4:30 - 8:30 P.M.

Please stop in and join us for a Bonfire, S'mores and Narcan

**Hosted by**: Oshki Manidoo Center White Earth Behavioral Health & The White Earth Nation



For complete information call DW Jones Management, Inc. 218-547-3307 or www.dwjonesmanagement.com CREATING BETTER LIVING! Equal Housing Opportunity TTY 711

### **WE Reservation Elder Nutrition Sites**

We will not be offering dine in until further notice. You can come to the building and pick up a meal to go but please call ahead and inform the staff of what time you will be picking up your meal. We are taking every precaution to keep our Elders safe. Please wear a mask and sanitize when you come to pick up your meals at the sites.

White Earth (Congregate) / 218-983-3744 Rice Lake / 218-694-2795 Elbow Lake / 218-734-2315 Pine Point / 218-573-2210 NTW site closed, call Elbow Lake / 218-734-2315

If phones are busy, please keep trying. Sorry for any inconvenience.

Miiqwech for your cooperation, ENP Manager

# WE Natural Resources looking for hunters to participate in CWD testing this season

The White Earth Natural Resources Department is asking hunters to submit deer heads for Chronic Wasting Disease (CWD) sampling this hunting season. Due to the recent finding of CWD in a Captive Deer Facility in Beltrami county, White Earth, Red Lake and Leech Lake Reservations will be conducting CWD surveillance sampling this hunting season. Currently, CWD has not been detected in wild deer but sampling is required to establish possible detection.

Deer heads can be dropped off at the Mahnomen Natural Resources office (old tribal college building) and the White Earth RBC Headquarters near the maintenance garage. There will be a freezer, record keeping supplies and directions for head drop off at both locations. The whole head and part of the neck is required for collection. Bucks should have the antlers removed by cutting the skull plate with antlers attached before submission. It is critical that heads be dropped off as soon as possible to ensure sample viability and that all of the information required on the forms filled out correctly.

In addition to the valuable information attained from deer samples, each person that submits a head will receive a box of lead-free rifle ammo available in most common calibers. In addition to the box of lead-free ammo all tribal members will be entered into drawing for a deer rifle (type and caliber yet to be determined) at the end of the year. Tribal members will receive one entry into the gun drawing for each head submitted. Persons can drop as many heads as they like as long as



each is taken with a proper deer license and recorded with accurate harvest location information. The sampling will be open to both tribal members and nontribal members, however only tribal members will be included in the rifle drawing.

So please help by submitting as many deer heads as possible to ensure the safety of our rich hunting traditions. If anyone has any questions please contact Doug McArthur, Wildlife Manager at 218-935-2488 or doug.mcarthur@whiteearth-nsn.gov.

# **StrongHearts Native Helpline Statement for 2021 Domestic Violence Awareness Month**

EAGAN, Minn., — During Domestic Violence Awareness Month in October, StrongHearts Native Helpline joins advocates, sister organizations and communities throughout Indian Country to raise awareness about domestic violence and to support and honor survivors and victims. This year, StrongHearts calls on everyone — advocates, tribal leaders, reservation and urban Indian community members, service providers and Native organizations — to support and strengthen the movement to prevent and end domestic violence.

According to the National Institute of Justice, domestic violence disproportionately impacts Native Americans and Alaska Natives, with more than 1.5 million Native women and 1.4 million Native men experiencing violence during their lifetime, often by non-Native perpetrators. Domestic violence has several faces: physical, sexual, emotional, cultural, financial and digital. Children, elders and LGBTQ2S+ individuals can experience domestic violence.

Domestic violence among Native Americans is not natural or traditional. The domination and subjugation of Native Americans began with colonization and continues today. Colonization was responsible for the theft, occupation, pollution and exploitation of Indigenous lands. Today, Native Americans who are living in tribal communities on or near lands that are exploited by extractive industries face the highest rates of domestic and sexual violence.

"There is a viable connection between the violence that has been inflicted on the land through colonization and violence brought on Native peoples," says Lori Jump (Sault Ste. Marie Tribe of Chippewa Indians), director, StrongHearts Native Helpline. "When the value of the land is lost, the value of Indigenous peoples of the land is lost and violence follows."

"StrongHearts Native Helpline is doing its part to

raise awareness about this critical issue in our Native communities and to promote healing," says Jump. "No matter where Native Americans live in the U.S. - on a reservation, in a small town, a rural area, or in a major U.S. city - we are here for you. Please join StrongHearts in believing survivors and victims. Let's bring our voices together, and take action. Let's collectively put an end to domestic violence."

StrongHearts Native Helpline is a 24/7 culturally-appropriate domestic, dating and sexual violence helpline for Native Americans and Alaska Natives, available by calling or texting 1-844-762-8483 or clicking on the chat icon at strongheartshelpline.org. Advocates offer peer support, crisis intervention, safety planning and referrals to Native-centered services. StrongHearts Native Helpline is a proud partner of the National Domestic Violence Hotline and the National Indigenous Women's Resource Center.



# Starting October 8, 2021, DOVE

will have an advocate available at the Pine Point Community Center (old school) on Wednesdays from 8:00am to 4:30pm.

To reach the advocate by phone, please call (218) 983-4656 ext. 6317 or 1-877-830-DOVE (3683) ext. 6317

You can reach the AT at 218-983-3285 Ext. 5903



MAHNOMEN + BAGLEY STARCASINO.COM + 800.453.STAR

# SPOOKY PROGRESSIVE DRAWINES

# WIN YOUR SHARE OF A SCARY BIG PILE OF CASH: \$50,000

Sundays in October | 4pm-8pm | Mahnomen & Bagley

Earn 25 points on your Star Rewards card to enter for hourly drawings up to \$2,500.

# AMBROSIA | OCT 8 A FLOCK OF SEAGULLS | OCT 15

Proudly owned and successfully operated by the White Earth Nation. (© 2021 White Earth Reservation

#### White Earth Food Distribution October Store Hours

#### Mon-Thurs 8:30-3:30

#### FACE MASKS MANDATORY

Office Hours M-F 8-4:30 / 218-935-2233

October 2021 Home Delivery Schedule (Subject to Change)

Oct 8: Bagley, Ponsford & Naytahwaush

Oct 11: Mahnomen & Waubun

Oct 15: White Earth

Oct 22: Detroit Lakes

Oct 29: Closed for Inventory

If you receive home delivery service, please let staff know if you are feeling ill and we will accommodate you to the best of our ability.

School Board Meeting and Public Hearing – Indian Education Programs and Budgets Notice

**Bagley Public Schools** Bagley, MN There will be a public hearing regarding the proposals for the 2021-2022 American Indian Education Programs and Budgets. The Bagley Indian Education Parent Committee will meet at 5:00 p.m. Chili and frybread will be served. The Public Hearing will take place at 6:00 p.m. The School Board meeting will follow the Public Hearing at the Rice Lake Community Center and via Zoom and via Zoom Zoom Meeting ID: 626 686 385 password: 1mkMUc on Monday, October 18, 2021 The hearing will include the following: 1. Presentation of Indian Policies and Procedures. 2. Overview of the Title I, II, & VI, Johnson O'Malley, American Indian Education Aid and Impact Aid. 3. Seek comments and recommendations regarding the programs. PARENTS/GUARDIANS AND TEACHERS OF AMERICAN INDIAN STUDENTS ATTENDING BAGLEY SCHOOL DISTRICT # 162

ARE URGED TO ATTEND.

White Earth WIC October 2021 Due to COVID-19, all ite Earth, MN 5659 appointments are being completed by phone at this time. Please call 7 to contact our 14 department. Unsure if you are eligible? This institution is an equal Please fill out the online opportunity provider. application on the Minnesota WIC Website.

Disability

MN



# Here to help you find your light.

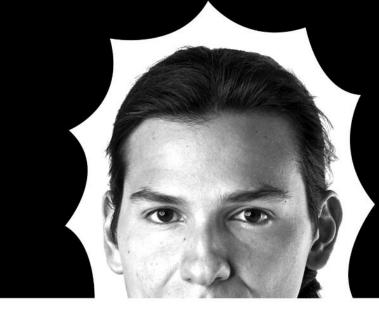
Meet Alluma, formerly Northwestern Mental Health Center. Your partner in wellbeing.

We're ready to listen. 218.281.3940



allumacares.org

 "The Hub helped me connect to the resources I need."



# Your best life, your way.

Whether facing an immediate concern or planning for the future, the experts at the Hub have years of experience helping people with disabilities, and the people who support them. A free resource for all Minnesotans. We serve all languages.



# 2021/2022 White Earth Reservation Enrolled Elderly Snow Removal Program

Dute.					
Complete this only if you are a new elder/applicant to the Program					
Name:	ame: Spouses Name				
Mailing Address:					
Physical Address:	v is required				
r er manent residency	y is required				
Telephone #	Cell #	Work #			
Birthdate:	Spouse's birthdate:				
Enrollment #	Spouse's Enrollment #				
Attach a colored copy if p	ossible				
Do you own the home: Yes No	if not, name your landl	lord?			
Do you live in a Housing home?, as they plow for their own Residents/Units					
Which district do you reside in: District I	District II	District III			
Detailed directions to your residence (on	ly for new applicants):				
Estimated length of your driveway (only	for new applicants):				
*** Snowplowing will be done only w	hen snowfall accumulatio	n exceeds four inches or more.			
***					
*** Snow shoveling of driveway or side	dewalk will not be done.				
*** No need to sign the Snow Removal Provider's log sheet this year because of COVID – 19					
White Earth Water & Sewer Department					
P.O. Box 418 White Earth, MN 56591					
Phone #: 218-983-3202					
Fax #: 218-983-4350					
E-mail address: Betsy.Smith@whiteearth-nsn.gov or Cindy.Weber@whiteearth-nsn.gov					

### **Spring 2021 WETCC Honor Students**

Dean's List (Full Time)

Jacqueline Jacobson

Amanda Kent

Victoria Ratz

Kami Viken

Jamie Pollock

Michael Blue-Sell

Anessa Oldfield

Karla Carrabou

Sally Cogger

Darrell Fox

Tyler Johannessohn

Violet Klinkhammer

Charles Buckanaga

Mariah Parisian

Kalynn Redenti

Pamela Rubischko

#### **President's List** (Full Time)

Nicole Dewey Shannon Eck Mikel Fox Kennedy Heisler Loretta Hoagland Chantel King Kizzia Kulzer Fawn Leslie Hector Montoya Jr. Emily Woods

**President's List** (Part Time) Chayann Fairbanks Claire Giard Kinley Gullikson

#### Elders from Page 7

As the Fall season is upon us, we should try to get out and enjoy the nice weather and beautiful colors. Apart from that we must remind all to begin your cold weather preparations. Check your fire alarms and change their batteries. If you can afford one, get a carbon monoxide alarm, or if you have one, make sure the battery is good in it. If programs have fire or C.M. alarms, or can get them at a reduced rate, it might be good to write them in a grant for Elders. These would make a great gift.

Cuddos to all those that have taken the time to do home canning or other food preservation and grew their own produce.

Please take care of all Elders by either a visit, phone call, or a nice card. Call a Veteran, they are Lawrence Crowell, Vice Chair – 218-252-9390

#### Literacy from Page 9

o If you experience any side effects or other problems with your medicines.

o If your symptoms get worse after seeing the doctor.

o If you receive any new prescriptions or start taking any over-the-counter medicines.

o To get results of any tests you've had. Don't assume that no news is good news.

o To ask about test results you do not understand.

• Here are some helpful tips to prepare for your next appointment.

1. Create a health history that includes your current conditions and past surgeries or illnesses. Bring it to your appointment.

2. Know your family's health history, such as your parents' health conditions.

3. Bring all your medicines [or med list] with you.

4. Call your doctor's office to find out test results. Remember, no news doesn't necessarily mean good news!

Your questions help your care team learn more about you; subsequently, your doctor's answers can help you make better decisions, receive better care, avoid medical mistakes, and feel better about your health care.

Relevant Links:

• www.health.gov/myhealthfinder

The U.S. Department of Health and Human

Natalie Tibbetts Justin Brown Jenay Pasillas Dayna Thompson Shania Espe Andrea Samuelson Dennis Hisgun

#### Dean's List (Part Time)

Cassie Warren **Courtney Stueness** Triniti Hoagland Rachel Lund Maria Alder

**Presidents List** = 4.0 GPA Academic Deans List = 3.5 or better

our true Heroes. Clean our cemeteries by removing the plastic flowers or other items. Bins are available in each Community for plastic, tins, paper and cardboard. Recycling is a must now more than ever with all the climate change issues. It is all our responsibility.

A big thank you to Fuzzy for her donation by having the church sprayed each year for those pesty Asian bugs. Be safe!

The next regular meeting for this Council is tentatively set for Tuesday, Nov. 2 in Rice Lake at 10 a.m. Wear a mask for your safety and ours.

White Earth Council of Elders:

Lucille Silk, Chair - 218-983-3768

Services Office of Disease Prevention and Health Promotion offers the MyHealthfinder tool. This tool provides important screening tests and vaccines according to age and sex.

• www.ahrq.gov/questions/question-builder

The Agency for Healthcare Research and Quality offers a QuestionBuilder App to assist patients and caregivers in preparing for medical appointments. Available in the Apple App Store and Google Play.

• www.ihs.gov/forpatients

The IHS Patients tab provides a wealth of information and resources, from frequently asked questions to frequently requested patient forms.

If you are in need of health care and find yourself away from home, utilize the Find Health Care option in the sidebar menu.

In the same sidebar menu, the Social Media option provides links to IHS Headquarters, Area Office, and Service Unit social media pages. As the COVID-19 pandemic continues and weather gets colder, our social media offers important IHS and clinical updates.

**References**: The CDC and the Journal of Public Health Management and Practice (Vol. 27, November/December 2021)





#### With A Little Help, You Can Do Big Things

Need an affordable consumer loan? Our local lenders at White Earth Investment Initiative are here to help with:

Subsistence Loans	Debt Reorganization	• Emergency Loans
• Auto Loans	• Down Payment for	• Home Furnishings
• Refinancing	Home Purchase	

White Earth Investment Initiative works with the Midwest Minnesota Community Development Corporation and Community Development Bank of Ogema to offer affordable financing for individuals, businesses, community groups and tribal governments.

Find out more at (218) 983-4020 | www.weii.website

Minnesota Minnesota Minnesota

#### Are YOU LOOKING for Child care cost help?

#### "White Earth Child Care Assistance Program"



ance program helps parents who are working or atter who do not qualify for any other child care assistance programs such as county or school funded sources, and who are having difficulties in paying for child care costs. Eligibility ba on the following guidelines:

- Household Income and family size
- Verification of Native American descent children, parents or grandparents)
- Verification of work or school (Min of 20hrs a week)
- Must reside in our service area (Becker, Mahnomen and a portion of **Clearwater counties**)

#### Contact Us today!

MARGARET MYHRE~CHILD CARE ASSISTACE SPECIALAST/ EARLY LEARNING SPECIALIST P.O. Box 418

White Earth, MN 56591

218 983-3285 EXT: 1381 Fax: 218 983-4106 or Email: margaret.myhre@whiteearth-nsn.gov

### **REDEEMED AND READY TO GO THRIFT STORE**

1220 Richwood Road / Detroit Lakes, Minn.

Open: Tuesday through Saturday / 10 a.m. to 4 p.m.

Closed Sunday and Monday

**New items daily!** 

# **Remembering and honoring our POWs/MIAs**



Volunteers kept a POW/MIA flag in motion for 24 hours straight during the 3rd Annual POW/MIA Memorial Walk on Sept. 17 at the Waubun School track.

The event started in 2019 by Air Force veterans Nate and Jodi Flugel of Detroit Lakes. The Flugels, members of the Ogema VFW Post 9880, recruit volunteers in 15-minute shifts to keep the flag in motion around the track for 24 hours on the third weekend in September during National POW/MIA Recognition Day.

The event honors those missing in action or were a prisoner of war. More than 100 students, teachers, and volunteers participated.

Top: Thunderbird cheerleaders take their turn. Right: Landen Zima goes solo at the event.

Submitted photos





# Softball family

Kris Manning taught her children a lot over the years and softball was at the top of the list.

They recently competed in the United Tribes Legends Softball Tournament in Bismarck, N.D. and the Native American World Series in Rapid City, S.D.

Standing in front of the White Earth Nation flag at the Native American World Series in Rapid City are Lauryn, CJ, Kris, Jordan and Ty Manning.

Submitted photo

### Students clean up RL Cemetery







Photos by Gary W. Padrta

The Bagley Schools Native American History and other history students learned community partnership and outreach by recently cleaning the Rice Lake Community Cemetary. The students cleaned headstones, mowed grass, used a trimmer around grave sites and picked up trash and unwanted vegetation. The students were also tasked to pick a headstone and do research on that person. They recieved permission from the Episcopal Church and the Rice Lake community provided lawnmowers and weed trimmers. **Top**: Laela LaFriniere (12th grade) uses a weed trimmer around the grave sites. **Middle**: Jarred Auginaush-Keezer (10th grade) mows the cemetery grounds. **Bottom**: The students and staff that cleaned up the cemetery.

#### Anishinaabeg Today

# Highlights of the White Earth Labor Day Powwow



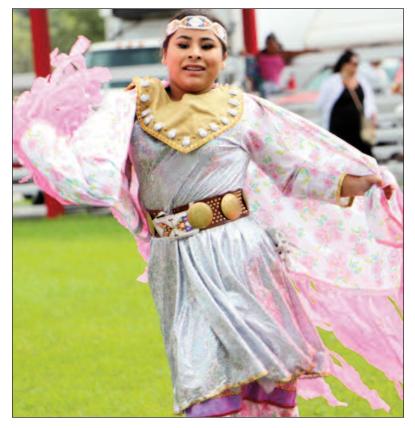






Photos by Gary W. Padrta

The White Earth Labor Day Powwow was held Sept. 4-5 at the Powwow Grounds. Todd Bellanger Jr. was selected as the Labor Day Brave and Savanna Keezer is the Labor Day Princess.

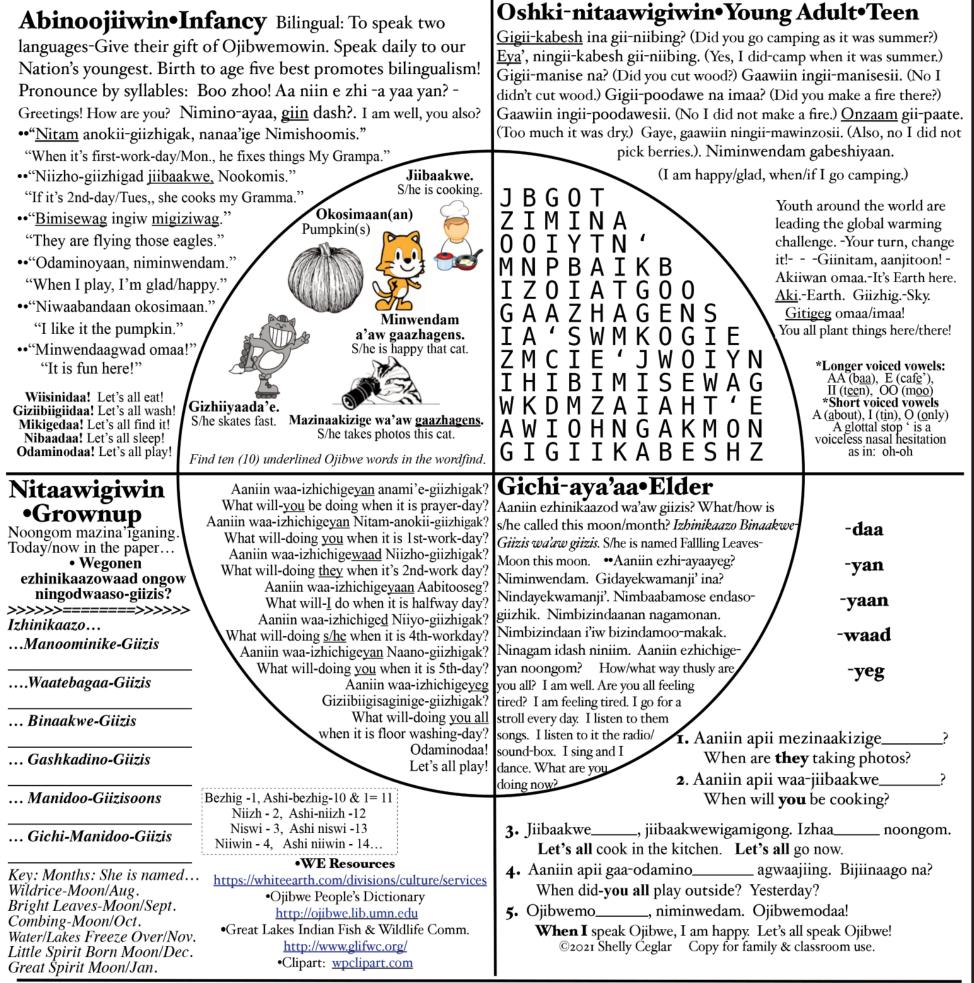






Ojibwemodaa.2! Lets all speak Ojibwe! Aaniin, Boozhoo.; Greetings.

Ojibwemowin involves 4 communication skills; speaking, listening, reading and writing. This is the Double Vowel writing system. Refer to The Concise Dictionary of MN Ojibwe, by John Nichols & Earl Nyholm. Respectfully ask an elder, family and friends to speak Ojibwe within your circle.



Ojibwemowin/Anishinaabemowin is an "indigenous language"; meaning it is native to a region, is spoken by the region's original groups and has minority language status. "Dialect" is region-specific unique speech patterns or word use within the same language. "Orthography" is a standardized way of writing the language. The Double Vowel orthography is commonly used in teaching Ojibwe in MN & WI circles. MIIGWECH! Share your Ojibwemowin successes, knowledge, resources, how you learn, and help others!

#### John Fredrick Kier

John Kier, 81, of Waubun, died Sept. 26 in Fair Oaks Lodge Nursing Home in Wadena, Minn.

John Fredrick Kier was born Feb. 9, 1940, in White Earth to Emma (Haugen) and John F. Kier Sr. His youth was spent growing up on the White Earth Indian Reservation, where he attended school. Following high school, he entered the workforce. John was united in



marriage to Shirley Roy and they were blessed with three children: Carol, Debra and Raymond. In the early 1970s, the family lived in Washington State for several years where John worked as a logger. They moved back to Naytahwaush and John continued to work as a logger and mechanic, both for himself and for others. He proudly taught those skills to his son, Raymond. John has continued to live east of Waubun until last year when he entered the nursing home.

John was an outdoorsman. He enjoyed gardening, fishing, ricing and taking in nature's beauty. He was also proud of his Native heritage and was known to often talk in his Native language and take in pow wows when he could. Above all, his family was important. He truly loved his grandchildren and was a remarkable grand-

pa to them all! He will be greatly missed by many.

John is survived by daughters, Carol Kier of Fargo, N.D., and Debra Kier of Mahnomen; four grandchildren; seven great-grandchildren; sister, Delores Peterson of Bagley, Minn., and several nieces and nephews.

He was preceded in death by his parents; wife, Shirley in 2012; son, Raymond in 2011; and several siblings.

Blessed be the Memory of John Kier.

A funeral service was held Sept. 30 at the Naytahwaush Sports Complex. Arrangements: Anderson Family Funeral Home of Mahnomen. Online website: www.andersonfamilyfh.com

#### Jonathan Joseph Gusa

Jonathan Joseph Gusa was born Feb. 23, 2004, in Robbinsdale, Minn., to Joseph and Nicole (Stoa) Gusa. Jonathan was raised in Lakeville, Minn., and would have been a senior at Lakeville North High School this fall. He lettered his freshman year in wrestling and was



a member of the JV football team. In his elementary years he played on league baseball, basketball, and football. Jonathan had recently started working for Valvoline Instant Oil Change in Lakeville as an auto technician. Jonathan enjoyed working and especially earning the money to buy things he wanted.

Jonathan loved to travel with his family or anywhere his skateboard would take him. He enjoyed music, video games, and visiting family in White Earth. He always felt he could truly be himself when he was with his family in White Earth. He was a very kind, caring, and loving kid. He loved his little sister Cherianna and was always a proud big brother who looked out for her. He loved animals, especially his cat Boogie.

Deeply loved, Jonathan's passing will be mourned by his parents, Joseph and Nicole; little sister, Cherianna; grandparents, Melinda and Ervin Gusa; aunts: Renee Gusa, Annie Gusa, Theresa Villebrun and Jessica Farrow; uncle, Richard Stoa; step grandmother, Sandy Stoa; and numerous cousins, friends, and extended family.

He is preceded in death by grandparents, Cheri (Villebrun) Stoa and Jon Stoa; cousin, Jamie Lee Bevins Jr.; great grandparents, Beryl Bloom and George Mitchell; and his favorite cat, Boogie who just passed away two weeks ago.

Arrangements: David-Donehower Funeral Home of Detroit Lakes. Online: www.daviddonehower.com

Audrey Patricia (Keogh) Pye

Audrey Patricia (Keogh) Pye, 90, passed away Sept. 20 while on vacation. She was born May 23, 1931, to Leo and Leona Keogh at Fort Yates, N.D. She was raised in her native land of White Earth.

Audrey is survived by one sister, five children, 20 grandchildren, 26 great grandchildren and five great-great grandchildren.

She was loved by all who knew her and will never be forgotten. RIP mom!

Arrangements: David-Donehower Funeral Home of Detroit Lakes.

Online: www.daviddonehower.com

#### LaVonne A. (Winje) Griffith

LaVonne "Aunt Bonnie" Griffith, 90, passed away peacefully on July 12 in Pleasant Hill, Calif. She was born in Mahnomen to Frithjof and Anne Winje. Sadly, Aunt Bonnie was the last of her generation of the Winje family.

Although having left Mahnomen in 1941 at 10 years old, she still would tell stories with her lovely smile and hearty laughter as she remembered times spent growing up on



her homeland with her sisters and brothers: Beverly (Breiter), Kitty (Green), Fritz Winje and Loran Winje. The close bond that they shared continued throughout their lives.

Aunt Bonnie's memories of her maternal grandmother, Mahkah-day-kwon ~ Black Feather, were also endearing. Although her grandmother did not speak English, the non-verbal gestures learning to make Native meals and crafts were memorable. We believe the crafts she shared with her grandmother, rooted in her a love for crocheting and needlepoint that was shared countlessly with friends and family.

After graduating from El Cerrito High School near Richmond, Calif., she moved to Southern California to work at the Long

Beach Naval Base. It was here that she met her life partner, Robert Griffith ACC-USN, and married in 1965. After retiring from the Navy, they found the quiet, little town of Portola, Calif. On several acres of land they built their home with her brother, Fritz, along with the help from family and friends. The Winje family gatherings on her land were filled with laughter and fun memories. After decades of living remotely and many harsh winters, they were ready to settle somewhere warmer, they eventually moved to Las Vegas.

Aunt Bonnie and uncle Griff never had children, but she adored her nieces and nephews: Renee' (Sidhu), Trenace (Lucas), Kyle Winje, Blane Winje, Steve Breiter, Lance Green, Lamar Green and LaVon (Fellner) who all hold a special place within their hearts for their aunt. She had a way of touching each one of us. Her wit, laughter, words of wisdom and bright smile were genuine and unforgettable.

Instead of 'goodbye,' she always said... "don't worry about me, just take care of your family." We will, Aunt Bonnie, we will.

Waanakiwide'e ~ Ojibwa Translation, Have a Peaceful Heart

#### Gloria Lynn "Glo" Roy

Gloria Lynn "Glo" Roy, 38, of Waubun, began her spiritual journey on Aug. 3 in Fargo, N.D. She was born in Minneapolis on May 1, 1983, to Cynthia Roy "Cindy" and Roger Franklin Doerr, "Old Man."



Gloria was a very determined women and welcomed anyone with open arms. She was always a mother before anything in her life and she would give the shirt off her back to people in need. She has always been an ambitious woman that very much loved being with her children and family. Gloria was a very smart woman who was humorous and loved family cookouts and watching movies. She enjoyed beading, music, being on the go and handling business. Gloria was a jokester especially with Dayton Jones, Eric W. Bankey and Kevin Doerr. She loved her dog, Buddy Cante' as she finally warmed up to him. She always did her best out of any given outcome. Gloria definitely touched everyones heart by her kind-

ness. She was loved by many friends, family and children. Gloria also made sure 'everyone' knew they were family and was very happy to be a grandma, now she'll be one in heaven.

The family that Gloria joins again are her parents, Roger and Cynthia, Ramona Buckanaga, Robert Loons, Arsinoe Steeprock, Eugene Buckanaga, Terry Buckanaga, Darwin Buckanaga "Cho Cho," great grandparents, Andrew and Isabelle Buckanaga and Darren Roy.

Those she leaves behind to cherish her memory are Angel Roy, Ramona Roy-Cadotte, BJ Cadotte, Ehan Cadotte, Roger Skippingday, Randy Skipintheday, Lisa Skipintheday, Todd Skipintheday, Kevin Doerr, Michelle Doerr, Derek Doerr, Christina Doerr, Martin Doerr, Nikki Anderson, Denise Jourdain, many nieces, nephews, family, friends and special nieces, Ta'Riah Keezer and Vanessa Eagle.

An overnight wake for Gloria begin Aug. 9 and continue until her service on Aug. 10, all being held at Gichitwaa Kateri Catholic Church in Minneapolis with Ralph Endres officiating. Active pallbearers were Derek Doerr, Martin Doerr, BJ Cadotte, Kevin Doerr, Roger Skinningday and Todd Skipintheday. Honorary pallbearers were Eric W. Bankey, Dayton Jones, Randall Skipintheday, Ethan Cadotte and Calvin Cadotte.

Interment: Hillside Cemetery in Minneapolis.

Arrangements: Northern Peace Funeral Home of Walker, Minn.

Online condolences: www.nothernpeace.com

#### Charlotte "Ann" Ortley

Charlotte "Ann" Ortley, 80, of South End, Minn., died Aug. 31 at Mahnomen Care Center Assisted Living.

Ann was born Jan. 16, 1941 in White Earth to Fernette (Ortley) Neeland. She attended

Flandreau School in South Dakota. She met and fell in love with Ernest Stevens ans they started a family in St. Paul, Minn. Together they later moved to the White Earth Reservation to make their home.

Ann loved to cook. She enjoyed spending time in her garden and loved flowers. She enjoyed sitting on her porch watching the squirrels, chipmunks and birds that she fed. Over the years she traveled, she always looked forward to going to Montana and camping at powwows. She was big fan of both the Vikings and the Twins and loved to watch their games. She loved to listen to music, but had a special place in her heart for Elvis. One of her favorite delights was a nice, cold Pepsi, especially after a day of thrift store shopping or

rummage sales.

Ann was a loving mother and an amazing grandma. She was a strong woman, but was always kind and caring. She will be tremendously missed.

She is survived by her daughters: Shelia Stevens, Josette Thunder and Liza Stevens; sons: William Stevens, Daniel Ortley and Ernest Ortley; sisters: Celesta, Lenora, Mary and Sherry Neeland; brother, Charlie Neeland; special brother, Amos Weise; many grandchildren and great grandchildren; and many other loved family and friends.

She was preceded in death by her husband, Ernest Stevens; mother, Fernette Neeland; sons, Patrick, Craig, Wayde and Mike Stevens; granddaughter, Izzabella Stevens; sister, Kim Neeland; and brothers, Frank Neeland, Llewellyn Ortley and Wesley "Jughead" Neeland.

Funeral services were held Sept. 7 at St. Philip's Episcopal Church in Rice Lake. Arrangements: Cease Family Funeral Home of Bagley, Minn.

Messages of condolence: www.ceasefuneralhome.com

#### Helena Marie (Annette) Gerhardson

Helena Marie (Annette) Gerhardson, 64, of Bemidji, Minn., died Aug. 31 at Sanford Bemidji Medical Center.

Helena was born March 27, 1957, in Cass Lake, Minn., to William and Eleanor



(Bigbear) Annette. She was raised and educated in Red Lake and attended the University of Minnesota – Duluth and Bemidji State University, earning degrees in both Sociology and Education.

She wrote of her life: "I love my family and friends dearly. I lived a blessed life, and thought the world of my daughter, Lara. The love of my life was Ray Blowers who I met in April of 2006. I enjoyed working for the Minnesota Chippewa Tribe as Education Director providing educational services for the students. I loved the Lord and tried to live a life pleasing to God. I was happy with all the joy people brought to my life."

Her daughter adds, "She is the most incredible blessing in my life. God gifted her to me. She made my life magical, full of adventures, learning, joy, and love. We travelled the world together, relished road trips, played Scrabble (she had beat me seven times in a row the days prior to her passing), worked on crafts, and a day never passed without laughter and 'I love yous.' She was a gifted photographer, a published poet, a proud former hospital board member, an educator and a lifelong learner. A play based on one of her poems was commissioned several times and was last performed at the DECC to a room of over 1,800 attendees. She kept the audience rapt at the Q&A with her thoughtful answers and humor. When people talk about her the same words repeat: kind, funny, smart, generous, humble, adventurous, amazing, faithful, a storyteller, a heart of gold, and to know her was to love her. I will miss her every day, forever, until we meet again."

She is survived by her daughter, Lara Gerhardson of Bemidji; sisters, Dr. Kathleen Annette of Cohasset, Minn., and Billie Annette (James Kloesel) of Bemidji; and beloved nieces, nephews, great nieces and great nephews.

She was preceded in death by her parents; brother, Andrew John Annette; soulmate, Ray Blowers; and her friend, Dan Peil.

A private service will be held.

Donations can be made to one of her favorite charitable organizations: Doctors Without Borders, Mercy Ships, St. Mary's Mission – Red Lake, The Carter Center, Environmental Defense Fund, Disabled American Veterans, Greenpeace, ASPCA, or St. Jude Children's Hospital

Arrangements: Cease Family Funeral Home of Bemidji. Online: www.ceasefuneralhome.com.

#### Joseph "Budda" Benjamin Thompson Jr.

Joseph "Budda" Thompson, 17, of Naytahwaush, died Aug. 30, from injuries sustained in an automobile accident.

Joseph Benjamin Thompson Jr. was born 17, 2004, in Fargo, N.D., to Joseph



Benjamin Sr. and April Joy (Brown) Thompson. He grew up in Naytahwaush with many extended family members, where he attended elementary school. Joseph later went to Mahnomen High School and was currently enrolled in the ALC in Mahnomen. He lived with and had a very special bond with his Papa Francis. They spent most of their time hanging out together and visiting with family.

Joseph enjoyed playing Xbox and spending time with friends. During the summer he loved to carry on the family tradition of trapping leeches, riding four-wheeler and fishing. He was an avid hunter and always looked forward to opening deer hunting season. You could always catch him with a smile on his face, joking

around, and enjoying life to the fullest. Joseph had a huge heart of gold and it showed in the love he had for his twin sister, Jenna; brother, Cole; younger sisters, Lilly, Frankie and Jaliyah; and all his extended family and friends. Joseph was also looking forward to meeting his newborn baby brother, Graysen Noah Thompson. Although he is gone to soon, memories of his contagious smile and huge heart will live on in the hearts of all who knew and loved him.

Joseph is survived by his parents, Joseph and April; siblings: Jenna, Cole, Lilly, Frankie, Jaliyah and Graysen; grandparents: Francis Brown, Joseph LaGarde and Karen Manypenny; as well as many aunts, uncles and cousins.

He was preceded in death by grandma, Lois Brown, grandpa, Marvin Manypenny; great-grandparents, Bill Brown and Avonelle Sargent; uncles, Frank Brown and Manny Wadena; and several cousins.

A service was held Sept. 4 at the Naytahwaush Sports Complex. An all-night wake service was held Sept. 3 at the Church of Naytahwaush.

Interment: Brown Family Cemetery. Arrangements: Anderson Family Funeral Home of Mahnomen. Online: www.andersonfamilyfh.com

#### Luella Amanda Seelye

Luella Amanda Seelye, 98, of Bena, Minn., died Sept. 14 at the Jourdain-Perpich Extended Care Center in Red Lake, Minn.

She was born Feb. 28, 1923, in Bena to Harrison and Isabelle (Brown) Matthews. She was raised in Bena. At the age of 5, she was sent to boarding school in Tomah, Wis., until she returned to Bena at 10 years old. At age 17, she was sent to the boarding school in Pipestone, S.D.



She worked in factories in the Twin Cities during World War II. She married Eugene Seelye in Federal Dam in 1946. In the 1960s and 70s she ran activities and sports for children. She began work for the Minnesota Chippewa Tribe in 1974. While working there she founded the Elderly Nutrition Program and the Wisdom Steps Program, she retired in 2001. She went blind in 2007 and still endured for 14 years. She enjoyed camping, hunting, ricing and participating in bowling leagues. She enjoyed a lot of good times with her family.

She is survived by her son, Lance Seelye of Bena; sister, Joanne (Oliver) Canty of Cass Lake, Minn.; and numerous grandchildren, great-grandchildren, great-great grandchildren, nieces and nephews.

She was preceded in death by her parents; husband, Eugene; daughters: Barb Cleveland, Margaret "Peggy" Treuer and Gloria Jean Seelye; sons, Eugene Seelye Jr. and David Seelye; and granddaughte, Vanessa Cleveland.

The family especially wishes to thank the staff at the Jourdain Perpich nursing home for the loving care they provided in Luella's final months.

Honorary casketbearers were Luella's grandchildren: Anton Treuer, David Treuer, Micah Treuer, Megan Treuer, Samuel Cleveland, Justin Seelye, Jesse Seelye, Nathan Seelye Sr., Josh Seelye and Mandi Lego; and Luella's friends, Mary Snobol and Helen Tibbetts.

Active casketbearers were Luella's great-grandsons: Jayden Seelye, Nathan Seelye Jr., Elias Treuer, Isaac Treuer, Caleb Treuer and Robert Treuer.

Funeral services were held Sept. 18 at the St. Joseph's Catholic Church in Ball Club, Minn.

Interment: Lakeview Cemetery in Bena.

Arrangements: Cease Family Funeral Home of Bemidji, Minn.

Condolences: www.ceasefuneralhome.com.

#### Patricia "Patsy" Villebrun Nielsen

Patricia "Patsy" Villebrun Nielsen, 71, of Twin Valley, Minn., died Sept. 11, in her home in Twin Valley with family and under Hospice Care of the Red River Valley. She lived with COPD for five long years but still enjoyed going out and enjoying life with family and friends.

Patricia Villebrun was born Aug. 21, 1950, in White Earth, the oldest child of Myrtle



(Villebrun) Benson but was lovingly raised by her grandparents, Mary and Joseph Villebrun. Her youth was spent growing up on the White Earth Reservation with her many cousins like siblings. As a young lady, Patsy moved to Minneapolis and met Peter Pajari and together they were blessed with a daughter, Ronda. A couple years later, Patsy met the love of her life, James Nielsen. In 1977, they built a home in Delano, Minn., and were united in marriage. James and Patsy welcomed a son, Eric, to the family. They continued to make their home in Delano until 1990 when the couple divorced. However, they remained friends and neither of them remarried. She moved around before settling down in Twin Valley for the past 10 years.

Patricia will be remembered by many as a strong, independent woman who was known to always help others. She enjoyed being on a bowling league, which is where she met her lifelong best friend, Delaine Duran. Patsy had many hobbies that kept her busy as well as playing cards with family, crafting, making dream catchers, and traveling. She visited many states and looked forward to the White Earth Pow Wow every summer. A few of her other favorite places included the Renaissance Festival, the 4th of July parade and carnival in Delano and of course the numerous casinos she visited. Patsy will be missed by many but live on in their hearts forever.

Patricia is survived by her children, Ronda (Ronald) Larson and Eric (Wendy) Nielsen both of Delano; grandchildren: Trysha, Victoria, Kayla, RJ and Treyten; great-grandchildren: Hazel, Kassondra and Amaria; brothers, Tim (Cheryl) Rindahl of Naytahwaush and Troy Benson of Pound, Va.; sisters, Darcy Staples of Mahnomen and Angelique (Nathaniel) Hilton of Twin Valley; nieces and nephews: Jay, Chad, Chantelle, Kimberly, Nell, Angela, Amanda, Timothy, Cody, Trysta, Tiara, Robert and Sebastien; and many great nieces, nephews, extended family and friends. She was preceded in death by her mom; grandparents; brothers, Maynard Rindahl Jr. and Alan Rindahl; fathers of her children, James Nielsen and Peter Pajari; and niece, Nicole Rindahl.

Funeral services were held Sept. 17 at the White Earth Community Center. Arrangements: Anderson Family Funeral Home of Twin Valley. Online tribute: www.andersonfamilyfh.com

#### Melanie Faith LaGue

Melanie LaGue, 48, of Mahnomen, died Aug. 29 at Sanford Health in Fargo, N.D. Melanie Faith LaGue was born Feb. 15, 1973, in Park Rapids, Minn., to Dale and Kathleen (Hawks) LaGue.

Her family moved to Elbow Lake Village when she was seven years old. Melanie



attended school in Waubun and graduated with the Class of 1991. Following graduation, she entered the workforce and started at the Shooting Star Casino. Melanie loved to move and wouldn't stay put in the same place for very long and as a result she worked several odd jobs here and there. She was known for moving every couple years, finding a new place to call home and making new friends along the way. She lived in Waubun, Bagley, Naytahwaush, Detroit Lakes and Elbow Lake Village to name a few! Melanie took business classes at the White Earth Tribal Community College, which allowed her to be employed as an eligibility worker for Mahnomen County Human Services. As her health declined, she was forced to take an early retirement.

Melanie was a fun-loving individual who always had a smile on her face. She liked to visit with friends, be with family and listen to music. She loved her family, her pets, traveling and meeting new people. Although she is gone from this world so soon, she will live on in the hearts of many forever.

Melanie is survived by her children: Dale LaGue of Mahnomen, Kathleen (Alex Lanoue) Beaupre of Naytahwaush and Alan (Brittany Spry) Wichern Jr. of Ogema; three grandchildren; mother, Kathy LaGue of Mahnomen; brothers, Jamie (Jerri) Hawks of Waubun and Benjamin (Sharina Zornes) LaGue; sister, Stephanie (Mike Helms Jr.) LaGue of Elbow Lake Village; "The Bitches:" Nichole (Dan Moran) Warren, Deanne (Ricky Soyring) Kroulik and Sheila Rawley; and aunts and uncles.

She was preceded in death by her dad and her grandparents.

A memorial service was held Sept. 3 at Elbow Lake Lutheran Church. Arrangements: Anderson Family Funeral Home of Mahnomen.

Online: www.andersonfamilyfh.com

#### Tammara Cherise Eischens

Tammara Cherise Eischens, 33, of Ponsford, passed away sadly and unexpectedly, and entered the Spirit World on Sept. 11.

Tammara Cherise Eischens was born Dec. 2, 1987, in Detroit Lakes to Margaret (Bloom) Barten and David Eischens Sr. As a young child she grew up in Ponsford with her parents and older siblings. She then moved to Park Rapids, Minn., where she attended



school. Tammara was a very outgoing and caring person who made friends with everyone no matter where she went. She was a people person and loved to spend time with family and friends. As a young woman, she started a family with her long-time boyfriend Ben Lague. She had three beautiful and amazing daughters who she loved and adored deeply.

Tammara is survived by her daughters: Gabriella Lague, Sabrina Eischens and Morgan Lague; stepmother, Bobbi Jo Thompson; siblings: Allen Bloom, Brian Bloom, Michelle (Brandon) Bloom, David (Shawna) Eischens Jr., Steven (Stephanie) French, Lucas (Jen) French, Eric (Candace) Eischens, Maureen Eischens, Laura Thompson, Samantha Fasthorse,

Cheyenne Fasthorse, Mitchell Thompson, William Fasthorse and Justine Fasthorse; and numerous aunts, uncles, nieces, nephews, and cousins.

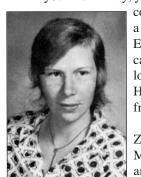
She is preceded in death by her parents, Margaret (Bloom) Barten and David Eischens Sr; maternal grandparents, Theresa and Alvin Bloom Sr.; paternal grandparents, Florence and Eugene Eischens Sr.; sisters: Davonne Eischens, Gina Thompson and Rebecca Thompson; as well as many other relatives.

Arrangements: David-Donehower Funeral Home of Detroit Lakes.

Online: www.daviddonehower.com

#### Mary Ann Ziegler

Mary Ann Ziegler, 67, died unexpectedly Aug. 24 in Minneapolis. She was born April 10, 1954, in Minneapolis to Donna (Beaulieu) and James Ziegler of Coon Rapids, Minn. If you knew Mary, you will never forget her. She went against the grain before it was



cool; a larger than life personality and a complex person. She was a prolific beader and proud of her Anishinabeg identity (White Earth). Mary's career involved manufacturing electronics, specifically computer circuit boards, and she was proud of her work. She loved Prince, her hair she dyed purple, stick shift pick-up trucks, Halloween, tie dye, living life, and her loved ones - both family and friends, plus countless other things that make life grand.

Mary is survived by siblings: Carol Denny, Jim Ziegler, Rose Ziegler and Dan Ziegler; nieces and nephews: Shamus Shoop, Megan Millhouse, Emma (Ziegler) and John Jost and Jake Ziegler; and countless friends. Preceded in death by her parents.

Services were held Sept. 8 at Church of Gichitwaa Kateri in

Minneapolis.

Interment: Brook Park Catholic Cemetery in Brook Park, Minn., at a future date. Arrangements: Crescent Tide cremation services of St. Paul, Minn. Online website: https://create.epilogg.com/epilogg/view/1917

#### Derek James "Teet" Goodman

Derek James "Teet" Goodman was born July 24, 1988, in Detroit Lakes to Ralph Sr. and Isabelle (Butcher) Goodman. He passed away Sept. 24 at Sanford Hospital in Fargo, N.D.



He grew up near Round Lake and graduated from Park Rapids Area High School. Derek played football in high school and received two letters. He enjoyed listening to music while cruising and was known as the "tease" in the family and liked clowning around with his friends and family.

He is survived by his children, Adalynn Goodman and Derek "Beba" Goodman Jr.; mother, Isabelle Goodman; siblings: Ralph Goodman Jr., Robert Butcher, DJ Goodman, Terri Lynn Fajardo, Helen Goodman (Victoria Fajardo), Rita Goodman; baby mother, Alisha Bloom; good friends: (Bros) Joe Frog, GG Taylor, Misti Nelson and Justin Butcher.

Derek was preceded in death by his father, Ralph Goodman

Sr.; sister, Natasha Goodman; grandmother, Helen Butcher; and cousin, Jr. Butcher. Arrangements: David-Donehower Funeral Home of Detroit Lakes, Minn.

Online website: www.daviddonehower.com

# READY TO QUIT SMOKING OR VAPING FOR FREE?

# Quit Partner<sup>™</sup> is ready to help 24/7. **1-800-QUIT-NOW / QuitPartnerMN.com**

Interpreters available.

# **Choose Your Free Tools**



Quit medications like patches, gum or lozenges.\*



Text messages with tips and advice.\*\*



Helpful emails to support you along the way.\*\*

# **Double Your Chances of Quitting**



\*18+

\*\*13+

Your chances of quitting go up just by talking to a coach at the same time you're trying something like patches. It's all free.

# Know the Risks With COVID-19



If you smoke or vape and get COVID-19, you could get sicker, and it could take you longer to recover. Whenever you're ready to quit, we're ready to help.



21

# WE 2021 Fall Netting Season

#### Gill netting period:

1. Gill nets may be set from October 23 to December 31, 2021.

#### Lakes open to gill netting:

Bad Medicine, Big Bass (Mahnomen County), Big Elbow, Green Water, Ice Cracking, Island (Mahnomen County), Little Bemidji, Lone, McCraney, Net, **North Twin\***, Pike, Roy, Big Rush, Snider, Strawberry, **South Twin\*** and Tulaby. Additional lakes (Many Point, Round and White Earth) see special seasons below. *\*North and South Twin Lakes will have a special regulation permit requirement due to zebra mussel infestation*.

#### Gill net dimensions:

- 1. Gill nets cannot exceed 200 feet in length.
- 2. Gill nets cannot exceed 6 feet in depth.

3. Mesh size cannot be less than four inch stretched, two inch bar.

#### General:

- 1. The sale of game fish is prohibited.
- 2. It is prohibited to posses Lake Sturgeon.
- 3. No more than 200 feet of gill net per tribal member fishing at any given time.
- 4. It is prohibited to disturb, move, obstruct or interfere with any gill net of any tribal member, unless that tribal member is present.
- 5. Tribal members must have in their possession a White Earth Tribal Identification Card.
- 6. Watercraft Regulations will be enforced (C.C. 1800.01 Boats and Watercraft).
- 7. Gill nets must be checked every 48 hours.
- 8. Note: Please reference special regulation lakes below for additional checking times.

#### Location:

1. Gill nets must be set such that one end is in water less than 10 feet deep, as measured from the lake bottom to surface of water or ice.

2. Gill nets shall not be placed in, or within 300 feet of a river channel, stream, inlet, or outlet of a lake.

3. Gill nets shall not be set within 50 feet of a previously set net.

#### Markings:

1. Gill nets must be clearly visible from the surface of the water or ice and marked with a float, buoy, pole or flag at both ends.

2. The name and enrollment number of the tribal member must appear or be attached to both ends of the gill net.

#### Limits:

- 1. No limit on the amount of tullibee, whitefish or rough fish.
- 2. Incidental game fish may be kept.
- a. Musky caught in gill nets do not need to follow length limits and may be kept.

#### Early Season Elder Use Permits

- 1. Early Season Elder Use Permit Netting is September 25 to October 22, 2021.
- 2. An elder use permit may be filed with the Natural Resources Department for elders 55 years of age or older for early season netting.
- 3. Elder's may have a helper(s) present under the age of 55 while setting and checking. However, the
- helper(s) may not set a net of their own until the regular netting season opens on October 23, 2021.
- 4. Nets need to be checked every 12 hours during the early Elder's season.
- 5. The permitted parties must submit the request to Natural Resources prior to net placement.
- 6. The permitted parties must be enrolled members of White Earth and provide enrollment information
- at the time of application.
- 7. Information regarding dates and lakes to be netted will be filled out at the time of application.
- 8. The permitted elder(s) and helper(s) must present be in the boat while setting and checking and each
- elder may not have more than 200 feet of net fishing at any given time.
- 9. The remaining netting regulations for the 2021 netting season apply.
- 10. **Early Season Elder Use Permits** will be available by contacting White Earth Natural Resources at 218-935-2488 or <u>will.bement@whiteearth-nsn.gov</u> for a copy of the permit.
- 11. Early Season Elder Permits are non-transferable.
- 12. Watercraft Regulations will be enforced (C.C. 800.01 Boat and Watercraft).

Lakes open to gill netting under Special Seasons

Many Point, Round and White Earth.

#### Special Season gill netting period

Gill nets may be set beginning November 6 to December 31, 2021 on Many Point, Round and White Earth Lakes.

#### Special Seasons netting restrictions for Many Point, Round and White Earth Lakes

1. Gill nets must be checked at least once every 24 hours on these lakes.

2. Gill nets must be set such that both ends are in water less than 10 feet deep as measured from the lake bottom to the surface of the water or ice. Gill nets shall not be placed in, or within 300 feet of a river channel, stream, inlet, or outlet of a lake. Gill nets shall not be set 50 feet of a previously set net.

3. Gill net dimensions, markings, and limits are the same as listed above.

4. General rules are the same as the regular season with the exception that nets must be checked every 24 hours.

5. Live sturgeon must be returned to the water immediately after removal from nets.

<u>Note</u>: Efforts to restore Lake Sturgeon in White Earth Lake and Round Lake have included dam alterations to allow fish passage and the stocking of fingerlings. Please contact the Natural Resources Department and report any Sturgeon Mortality.

# South Twin / North Twin Special Regulations Permit

#### Special Regulation permit gill netting period

Gill nets may be set from November 6 to December 31, 2021.

#### **Special Regulation netting restrictions**

1. A **Special Regulation Permit** must be filed with the Natural Resources Department prior to setting net in North and South Twin Lakes.

2. Nets used in North and South Twin may be reset within North and South Twin only. They may not be placed into another water body until they are cleaned and dried for a minimum of 21 days.

3. Watercraft launched and used for day use on North and South Twin may not be used on another water body until they have been removed from the water and dried for a minimum of five days.

4. Watercraft which has been kept on a dock or lift on North or South Twin may not be used outside of these two lakes until they have been cleaned and dried a minimum of 21 days.

- 5. All applicable clean, drain, and dry AIS preventions must be in place.
- 6. All other general netting regulations apply.

7. **Special Regulation Permits** will be available online via White Earth's social media sites or contact <u>will.bement@whiteearth-nsn.gov</u> for a copy of the permit.

8. Special Regulation Permits are non-transferable.

### Obituary

#### **Bobbie Jo Rogers**

Bobbie Jo Rogers, 47, of Minneapolis, died Aug. 26 at Hennepin Care Center in Minneapolis.

Bobbie Jo, the daughter of Marilyn Rogers and George Warren Jr., was born March 13, 1974, in Minneapolis. She was raised in the Minneapolis area and



attended Anderson Elementary School. She later graduated from South Minneapolis High. Bobbie began working at the Indian Center where she met Alfonso Borja Hernandez. They were married and made their home together in Bloomington, Minn. After being blessed with a daughter, Marilyn, Bobbie Jo furthered her education at Normandale Community College. She received her degree as an x-ray technician and began her career with Health Partners in Minneapolis. She later moved to Detroit Lakes where she loved her job working with children as a bus driver for Mahube. She spent many years living between the Cities and northern Minnesota. In 2019, Bobbie

headed out on a new adventure and moved to San Diego, Calif., and worked with Goodwill Industries. In the spring of 2021, she returned to Minneapolis to make her home.

Bobbie Jo had a free spirit and loved to travel or simply take a road trip. She was brave, independent and adventurous. She enjoyed going to pow wows and celebrating her Native American heritage. Bobbie cherished her family and friends, spending as much time as she could with them, especially her two grand-children. She also liked to play bingo and go to the casino. She is gone to soon from this world but will be treasured in the hearts of many forever.

Bobbie Jo is survived by her daughter, Marilyn Borja of Marshalltown, Iowa; grandchildren, Adrian and Ellouiza Zavala; sister, Pamela Greene of Moorhead, Minn.; brothers, George Rogers of Minneapolis and George "Louie" (Joyce) Warren III; as well as many nieces and nephews.

She was preceded in death by her parents; and siblings: Louise Hanks, Lorraine Warren, Debbie French, James Rogers and Georgia Rogers.

An all-night wake was held Sept. 1 at the old Pine Point School, followed with a service on Sept. 2.

- Interment: Strawberry Lake Mennonite Cemetery.
- Arrangements: Anderson Family Funeral Home of Mahnomen.

Online: www.andersonfamilyfh.com

You can reach the AT at 218-983-3285 Ext. 5903 or today@whiteearth-nsn.gov

-----

Batter to come on the owner

<u>Special Events</u> • WECOE MTG October 5th—Pine Point Community Center	Gaawaabaabanganikaag Ogikaag Miniwanjige "White Earth Elder Eating Good" White Earth Elder Nutrition Program Binaakwii-giizis (Falling Leaves Moon)- October				
	Mon	Tue	Wed	Thu	Fri
Elderly Nutrition Program Information *Daily Menu includes 1% milk, and provides 1/3 of the Recommended Daily Allowance (RDA) set by USDA guidelines, with health conscious consideration to overall well- being.					I Pork Loin w/ gravy Manoomin stuffing Croissant roll Mashed potatoes Cranberries
*Menu is subject to change depending on product availability and/or schedule changes Elders Suggested Donation \$4 Guest Meals \$6 Questions or comments please contact :	<b>4</b> BBQ Chicken Cornbread Baked beans Plums	5 Turkey and swiss sandwich Split pea soup Crackers Banana	6 Chefs Choice Main Entrée Vegetable and/or salad Fruit Bread Beverage of choice	<b>7</b> Mac hotdish Breadstick Spinach salad Melon	8 Liver and onions Mashed potatoes Green beans Wheat bread Pudding w/ bananas
White Earth ENP Site (218) 983-3744 Site Supervisor ~ Tanya Heinonen Pine Point ENP Site (218) 573-2210 Site Supervisor ~ Angela Clark Elbow Lake ENP Site (218) 734-2315	<b>11</b> Sausage w/ peppers Alfredo pasta Steamed broccoli Fruit cocktail	<b>12</b> Chicken a la king Homemade biscuit Roasted Brussel sprouts Grape salad	<b>13 Chefs Choice</b> Main Entrée Vegetable and/or salad Fruit Bread Beverage of choice	14 Salmon Loaf Manoomin/veggie pilaf Mashed red potatoes Whole grain roll Apricots	<b>15</b> Chicken dumpling soup Crackers Garden salad Fresh fruit
Site Supervisor ~ Sherry Halberg Naytahwaush ENP Site (218) 935-5554 Site Supervisor ~ Tim Rindahl ext. 3238 Rice Lake ENP Site (218) 694-2795 Site Supervisor ~ Jim Bevins	<b>18</b> Brat on a bun Sauerkraut Roasted potatoes Peaches w/ cream	<b>19</b> Baked ham Mac and cheese Steamed cauliflower Whole wheat bread Pear	20 Chefs Choice Main Entrée Vegetable and/or salad Fruit Bread Beverage of choice	<b>21</b> Tuna salad sandwich w/ lettuce and tomato Manoomin soup Wheat crackers Fruit salad	22 Pork stir fry w/ oriental veggies Brown rice Eggroll Tropical fruit
Kat Thompson, ENP Manager Danielle Sutherland, Nutrition Coordinator (218) 983-3286 ext. 1266 Katherine.thompson@whiteearth-nsn.gov Danielle.Sutherland@whiteearth-nsn.gov	<b>25</b> Baked fish Manoomin pilaf Sliced beets Dinner roll Mandarin Oranges	<b>26</b> Egg salad sandwich w/ lettuce & tomato Butternut squash soup Jell-o fruit salad	27 <b>Chefs Choice</b> Main Entrée Vegetable and/or salad Fruit Bread Beverage of choice	<b>28 Birthday Lunch</b> Cheeseburger Steamed carrots Pickles Fresh fruit Birthday treat	29 Brunch for Lunch Ham & cheese egg bake Hash brown potatoes Pastry Crunchy berry parfait



Are you currently homeless with children? Would your family benefit from Supportive Housing Case Management within our Sober Living Communities? Apply today!

To be added to waitlist, submit the following:

- WE Supportive Housing Application
- Documented Disability
- Income Verification

#### A Children? A Children? A Children? A Children A C

GIWANIKIMIN - PAULETTE ext 3270 DCH - SHERI ext 6111



# Save the Date - Honoring Leonard Wells

Please join us as we honor the memory of **Leonard Wells**, the founder of the "We Walk Many Together" program for Wisdom Steps.

On **Wednesday, Oct. 20**, pay tribute to Leonard by walking, running, using a walker, wheelchair, or by other means on your own as a gesture to his memory.

The above mentioned program is an incentive measure for Native American Elders in Minnesota to do some form of exercise and continue to do so on a daily basis.

Did you know you can read the current and past issues of the Anishinaabeg Today online at www.whiteearth.com for free! The online issues feature more color and you can read the them right away when it comes out on the first Wednesday of the month.

#### Joseph Charles Olsen Jr.

Joseph Olsen Jr., 49 of Waubun, died Aug. 29 at his home.

Joseph Charles Olsen Jr. was born July 6, 1972, to Joseph Olsen Sr. and Theresa Bunker in Detroit Lakes. He grew up in Naytahwaush with a large extended family. He attended elementary school in Naytahwaush and later went to high school in Mahnomen. After high school Joe had various jobs at the Shooting Star Casino until working in



concrete which was his profession for the last 20 plus years, most recent with Gordon Construction. During the winter months he was a logger with Bert and Sonny Wichern. Joe was a very hard worker, dedicated to his job and hardly missed a day of work. While working at the Shooting Star Casino he met the love of his life Christina Soyring, and they married on July 18, 2009, in White Earth. They were blessed with three beautiful children: Mariah, Curtis and Emily. Joe was recently blessed with two precious grandkids whom he adored. In 2008, they purchased Christina's grandmother's house in rural Waubun.

Joe spent most of his free time snowmobiling, ATV riding, camping and hanging out with family and friends. He was always

very giving and would always check in on his elders, often giving them fish and deer meat. Joe was known to get old bikes, fix them up, and gift them to neighborhood kids. He was first to tell you his opinion, but also the first to say "love ya" to his family and his "bros." Joe worked hard, played hard and always put his family first. He loved to terrorize every-one around him. Joe had many friends. His sense of humor, huge smile and giant personality touched so many and will be greatly missed.

Joe is survived by his wife, Christina Olsen of Waubun; children: Mariah (Shannon) Olsen, Curtis Olsen and Emily Olsen; precious grandchildren, Annatae and Shannon Burnette; mother, Theresa (Jim) Loud; step-mother, Jean Clark; brother, Andrew (Amy) Olsen, of Elbow Lake Village; sisters, Melissa Ojibwa of Waubun, Valerie (Myron) Yost of Ogema, Jennifer (Darren) Loud of Park Rapids, Minn., and Lisa (Ian) Lussier of Red Lake, Minn.; sister-in-law, Lynsey Soyring; brother-in-law, Henry Soyring; mother-in-law, Carla Soyring; grandparents: Phyllis Bunker and Elizabeth "Betty" Johnson; uncle, Mark Bunker; aunts: Susan Parisian, Carol (George) Behrens, Nancy Hodge and Mary (Doyle) Turner; as well as many nieces, nephews and cousins.

Joe is preceded in death by his father, Joseph Olsen Sr.; uncles, Richard "Dicky" Bunker and Kelly Bunker; aunts: Kathy Kier, Molly Bunker Hientz, Rose Alvarado and Marcy Fairbanks; father-in-law, Gary Soyring; and sister-in-law, Hayle Soyring.

Funeral services were held Sept. 3 at the Naytahwaush Sports Complex.

Interment: Vernon Anderson Memorial Cemetery in Elbow Lake Village.

Arrangements: Anderson Family Funeral Home of Mahnomen.

Online tribute: www.andersonfamilyfh.com

#### **Dale Joseph Leitch**

Dale Joseph Leitch, 46, of Fargo, N.D., was born Dec. 5, 1974. He gained eternal life on Sept. 10 after a long battle with Covid-19 at Sanford Hospital in Fargo. Dale was born to Goldie Hanks of White Earth and Larry Cree of Dunseith, N.D. He was adopted by Jack and Judie Leitch in 1980.

Dale graduated from Battle Lake (Minn.) High School in 1993. Dale enjoyed watch-

ing his favorite football team the Minnesota Viking and watching Twins games with family and friends. Dale also enjoyed spending time traveling with Amy and his daughters. He also loved his fur baby, Dave.

Dale is survived by his fiancé, Amy Nicely of Fargo; daughters, Josie Leitch, 16, and Jena Leitch, 14, of Fergus Falls, Minn.; mother, Judie Leitch of Audubon, Minn.; father, Larry Cree of Dunseith; sisters: Danita London (Steven) of Moorhead, Minn., Dana Leitch of Detroit Lakes, Minn., Tammy Bunker of Mahnomen, Jennifer Herrly of Moorhead and Danette Wolff of Mandan, N.D.

He was preceded in death by his mother, Goldie Hanks; father, Jack Leitch; brothers, Ricky and Marvin Bellanger; sister, Danelle Leitch; and nephews, Wade Stich and Derek Keezer.

A memorial service was Sept. 18 at the White Earth Community Center. Everyone was encouraged to wear a Vikings shirt or jersey as Dale loved the Vikings. A special thanks to the Blaze family.

Arrangements: Karvonen Funeral and Cremation Service of New York Mills, Minn. Online: www.karvonenfuneralhome.com

#### **Rose Marie Anderson**

Rose Anderson, 98, of White Earth, died Sept. 16 at Pelican Landing in Detroit Lakes. Rose Marie Roy, the daughter of David and Christine (Rice) Roy, was born May 28, 1923. She grew up on the White Earth Reservation and being the eldest of several siblings, Rose was always surrounded by family. After graduating from Mahnomen High School, Rose continued her education at Haskell Indian Nations University in Lawrence, Kan.,



receiving her accounting degree. Over the years, she was married and became a mother to 10

children. Rose spent most of her career years working as a cook for a variety of different area agencies. She made her home in White Earth at the Biimaadiiziiwiin Senior Living Apartments for many years before moving to Detroit Lakes. Rose loved to spend time with her family. She was often laughing with her sisters and dear friends while they danced, played bingo or simply drank a beer together. Rose was very active with the VFW Auxiliary and participated in most of their events. She also traveled a lot and went on new adventures any chance she could, seeing the world with her best friends. In earlier years, Rose liked to knit and watch hum-

mingbirds and owls out her windows. As her mind and body both slowed, she enjoyed family and sweet conversation. She will be greatly missed.

Rose is survived by her children: Mary Howard of Lengby, Mindy Woolbert of White Earth, Suzette Emerson of Oakland, Calif., James Emerson of Great Falls, Mont., and David Emerson of Oakland; sister, Ada Hobbs; brother, Rev. Robert Roy; and many grand-children, great-grandchildren and great-great-grandchildren.

She was preceded in death by her parents, David and Christine Roy; husband, Don Anderson; children: Joe D. Emerson, Melody Emerson, Jerry Emerson, John Howard and an infant daughter; siblings: Louis Roy, Della Roy, Benjamin Roy, Francis Roy, Georgianna Weimer, Priscilla DeFoe, Irene Cavender, Isabelle Raider, Herb Roy and Leo Roy.

A memorial service was held Sept. 24 at Anderson Family Funeral Home in Mahnomen.

Interment: Samuel Memorial Episcopal Cemetery in Naytahwaush.

Arrangements: Anderson Family Funeral Home of Mahnomen. Online: www.andersonfamilyfh.com

#### Sonya Kay Wade

Sonya Wade, "Miskoasinikwe" 50, of Naytahwaush, died Sept. 26 at home under the care of Hospice of the Red River Valley.

Sonya Kay Wade was born Feb. 7, 1971, in Mahnomen to Ronald Ross and Mary "Molly" Bunker. She grew up on the White Earth Reservation where she attended school.



Following high school, Sonya moved to Fargo, N.D., and entered the workforce. She was united in marriage to Phillip Wade Sr. and together they raised six children. They lived in Minneapolis for a time before moving to Naytahwaush. Sonya later moved to Bena, Minn., where she worked for the Elderly Nutrition Program. In addition, she also worked as a bartender and cleaned cabins. Most recently, Sonya was working as a PCA and had relocated back to Naytahwaush to be closer to family.

Sonya was always the life of the party. She had a great social life that was accompanied by a wonderful sense of humor. Sonya was funny and caring and could always cheer you up. Her door was forever open to anyone in need, and you never left hungry. Sonya

loved to cook large meals for her family and friends. She especially liked hanging out with her friends and going to the casino. In addition, she also enjoyed quilting, beading, canning and cooking and above all, loved her grandkids very much. Although gone from this world to soon, she will live on in the hearts of all who knew and loved her.

Sonya is survived by her sons, Cody (Brittney) Wade of Breckenridge, Minn., and Arnold Wade of Naytahwaush; daughters: Heather Wade of Naytahwaush, Haylee Wade and Sadie Wade both of Breckenridge; grandchildren, Little Cody and Kaleah; brothers, Michael Bunker of Cass Lake, Minn., and Mick Turpin of Mahnomen; grandma, Phyllis Bunker of Waubun; and several nieces, nephews and cousins.

She was preceded in death by her parents; son, Phillip Wade Jr.; sister, Nindonis Bunker; brother, Rick Turpin; and grandpa, Glen Bunker.

Blessed be the Memory of Sonya Wade.

Visitation began Sept. 30 at the Naytahwaush Sports Complex and continued until the time of the service on Oct. 1.

Interment: Samuel Memorial Episcopal Cemetery in Naytahwaush. Arrangements: Anderson Family Funeral Home of Mahnomen. Online website: www.andersonfamilyfh.com Affidavit of Publication

WHITE EARTH BAND OF OJIBWE)WHITE EARTH RESERVATION) ss.STATE OF MINNESOTA)

White Earth Tribal Court

In Re the Matter of:

Tiffany Swiers OBO: Justuz Lopez-Swiers, DOB: 08/04/2011, Athena Lopez-Swiers, DOB: 02/03/2015; Petitioner.

and

#### Ramon Lopez, DOB: 12/04/1989; Respondent.

SUMMONS File No. OP21-0518 THE WHITE EARTH BAND OF OJIBWE TO THE

ABOVE-NAMED RESPONDENT: An Order for Protection has been issued on September

15, 2021, based on the Affidavit and Petition for Order for Protection in this matter.

If you fail to respond to this petition, judgment by default will be taken against you.

NOTICE OF RESTRAINING PROVISIONS

SERVICE OF THIS SUMMONS MAKES THE FOL-LOWING REQUIREMENTS APPLY TO THIS ACTION UNLESS THEY ARE MODIFIED BY THE COURT OR THE PROCEEDING DISMISSED:

(1)RESPONDENT SHALL NOT COMMIT ACTS OF DOMESTIC ABUSE AGAINST THE PETI-TIONER.

(2)RESPONDENT MUST NOT HAVE ANY CON-TACT WITH PETITIONER WHETHER IN PER-SON, WITH OR THROUGH OTHER PERSON, BY TELEPHONE, LETTER OR ANY OTHER WAY

IF YOU VIOLATE ANY OF THESE PROVISIONS, YOU WILL BE SUBJECT TO SANCTIONS BY THE COURT.

#### WE TRIBAL COURT

In the Matter of the Welfare of the Child(ren) of:

Andrea Folstrom, Mother; Brian Jackson, Father;

Regarding the child(ren): DOB 02/13/2007

Summons of Petition and Hearing Notice

#### Court File No. CC19-1017

YOU ARE HEREBY notified that on October 1, 2021, a Petition for Suspension of Parental Rights was filed with the White Earth Tribal Court regarding your child(ren) under Court File No. CC19-1017. An admit/deny hearing on the matter is scheduled for November 4, 2021 at 9:30 a.m. before the Honorable David DeGrout. You are asked to contact White Earth Tribal Court Administration located at the RTC Building, 35500 Eagleview Road, Ogema, Minnesota at 218-983-4648 for further information. If you fail to appear for this hearing, the court may proceed on the merits of the petition through a finding of default, and enter an order that may affect your parental rights to provide care, custody and control of the child(ren) subject to this petition.

Dated: October 1, 2021

Jennifer Cross,

Attorney for WE Indian Child Welfare

#### WE TRIBAL COURT

In the Matter of the Welfare of the Child(ren) of: Tiffany Ann Hvezda, Mother;

Anthony Neeland, Alleged Father; and/or Any Man Coming Forward as the Father of the Child(ren) as Listed Below:

#### Regarding the child(ren): DOB 08/07/2020

Summons of Petition and Hearing Notice

Court File No. CC20-0521

YOU ARE HEREBY notified that on April 28. 2021, a Suspension of Parental Rights Petition was filed with the White Earth Tribal Court regarding your child(ren) under Court File No. CC20-0521. A continued pretrial conference on the matter is scheduled for November 12. 2021 at 2:00 p.m. before the Honorable Michael Roseau. You are asked to contact White Earth Tribal Court Administration located at the RTC Building, 35500 Eagleview Road, Ogema, Minnesota at 218-983-4648 for further information. If you fail to appear for this hearing, the court may proceed on the merits of the petition through a finding of default, and enter an order that may affect your parental rights to provide care, custody and control of the child(ren) subject to this petition.

Dated: September 13, 2021

Jennifer Cross, Attorney for WE Indian Child Welfare

#### WE TRIBAL COURT

In the Matter of the Welfare of the Child(ren)

Reanna Buckanaga, Mother; Darren Wadena, Sr., Father:

of:

Regarding the child(ren): DOB 01/07/2013; 09/11/2016; and 05/23/2015

Summons of Petition and Hearing Notice

Court File No. CC21-0330-0333

YOU ARE HEREBY notified that on June 17, 2021, a Petition for Child(ren) in Need of Protection and/or Services, was filed with the White Earth Tribal Court regarding your child(ren) under Court File No. CC21-0330-0333. A continued pre-trial conference on the matter is scheduled for November 18, 2021 at 11:00 a.m. before the Honorable Michael Rousu. You are asked to contact White Earth Tribal Court Administration located at the RTC Building, 35500 Eagleview Road, Ogema, Minnesota at 218-983-4648 for further information. If you fail to appear for this hearing, the court may proceed on the merits of the petition through a finding of default, and enter an order that may affect your parental rights to provide care, custody and control of the child(ren) subject to this petition.

Dated: September 2, 2021

Jennifer Cross, Attorney for WE Indian Child Welfare

# Update your mailing address for the AT

Please update your address with the *Anishinaabeg Today*. Let us know if you recently moved so we can cancel your old address. *Many papers are still being sent to old addresses!* 

#### **Doyle** from **Front** Page

White Earth Reservation Tribal Council. He served until 2004 focusing his efforts on improving life for tribal members through improved housing, job creation, and bringing peace during a tumultuous time. During his tenure as Tribal Chair, Doyle also served as Secretary for the Minnesota Chippewa Tribe.

Among his many accomplishments, he was particularly excited to have co-created the "Healing of the Nations" events which celebrated sobriety and encouraged a drug and alcohol-free lifestyle. In 2004, he and his wife, Mary, founded and operated "Peaceful Bay Enterprises," a training and consulting business focused on strategic planning and training using values and vision to guide businesses and churches. Throughout his priesthood, Father Doyle served on many boards of directors, advisorv boards, and boards of trustees throughout the country. He taught anyone who asked, whether it was on an individual basis, in a school classroom, in a gymnasium, or at a national gathering.

Father Doyle continued to serve Trinity Church in Park Rapids and Lake Grove Lutheran Church in rural Waubun in both formal and supply-priest capacities until 2019. The joy he took from sharing himself and the love of God with the people in these two congregations is immeasurable.

Doyle was a master woodsman and fisherman. He felt a connection to the water and woods of the White Earth Reservation. He loved to hunt deer and could guide you through each and every deer drive from landmark to landmark from memory. Doyle was a storyteller, taking with him some of the finest and funniest stories ever remembered from all of his relatives and friends. His storytelling talents made his sermons memorable, poignant, and left you forever changed.

Father Doyle saw himself as a person

#### WE TRIBAL COURT

In the Matter of: Erica Lynn Busse vs Armando Delacruz

Summons for Appearance: Armando Delacruz

Court File No. C19-0823

YOU ARE HEREBY notified that court is scheduled for February 24, 2021 at 11:00 a.m., for a hearing on the complaint and will be held at the White Earth Tribal Court at 35500 Eagle View Road Ogema, MN 56569. You are asked to contact Court Administration at 218-983-4648, ext. 5751, to receive a copy of the petition. FAILURE ARMANDO DELACRUZ TO OF APPEAR AT-OR MAKE ARRANGE-MENTS PRIOR TO THE NEXT SCHED-ULED HEARING COULD RESULT IN A DEFAULT JUDGEMENT ENTERED AGAINST THEM AND PERMANENT LEGAL AND PHYSICAL CUSTODY COULD BE TRANSFERRED TO THE PETITIONER

Dated: September 13, 2021

of vision, a problem solver, and a bridge builder. He sought to build bridges between people. Father Doyle also loved people and built a network of individuals who considered him family. He was a surrogate dad, uncle, grandfather, and brother to countless people. Father Doyle was a musician and songwriter, who with his wife, Mary, cocreated "Turnerfest," a yearly gathering celebrating music, musicians, family, and time together with people. He relished singing, playing, laughing, and telling stories until the sun came up.

Doyle is survived by his wife of 56 years, Mary (Olsen) Turner; daughter, Mandy (Bill) Kaegy; sons, Doyle (Molly) Turner and Stephen Turner; grandchildren: Katie (Matthew) Johnson, Leah Kaegy (Kenzie Giese), Robert Anthony "Tony" Turner (Lyra Wanzer) and Sophia Turner; great-grandchild, Ivan Johnson; brother, Orville (Doreen) Turner; sister, Colleen (Dwight) Johnson; and many nieces and nephews.

He was preceded in death by his father, Robert Irvin "Tony" Turner; mother, Blanche (Antell) Turner; brothers, Robert "Bob" (Sharon) Turner and William "Billy" Turner; and sister, Shelly Turner.

Funeral services were held Wednesday, Oct. 6 in the Waubun City Park. The greatest memorial to Father Doyle is to love one another, get vaccinated, and keep one another safe from the further transmission of the Covid-19 virus. We ask that you honor him by going out into the world to spread his message of love and working to better understand one another.

In lieu of flowers, the family prefers memorials be given and will be distributed to charities close to Doyle's heart.

Arrangements: Anderson Family Funeral Home of Mahnomen.

Online: www.andersonfamilyfh.com

#### WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of:

Desirae Michelle Argueta-Joj

Summons of Petition and Hearing Notice

Court File No. CC21-0120

YOU ARE HEREBY notified that on August 11, 2021 a Suspension of Parental Rights Petition was filed with the White Earth Tribal Court regarding your child in file CC21-0120. A pretrial hearing on the matter is scheduled for October 28, 2021 at 1:15 p.m. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

**Dated**: September 29, 2021 Veronica Newcomer Attorney for WE Indian Child Welfare

You can reach the *Anishinaabeg Today* at today@whiteearth-nsn.gov

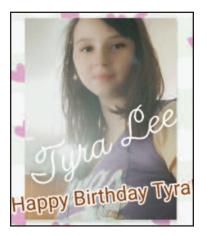
#### Howah Ads

# **R**EMINDER!

Howah Ads are \$5 with a picture or \$4 without.

All payments must be made in advance.

No exceptions





Happy 84th Birthday

Papa Brad

Happy 2nd Birthday

Son

Mom loves you!

October 14th

Love.

All the

kids

and

grand

kids

Oct.

10











#### Living from Page 2

loved one—or to be the central attraction yourself at a COVID funeral. Frustration has never beaten the Anishinaabeg in the past—don't let it win now.

• "Long COVID" appears to be real, and to affect a large minority—nearly 50%--of those who get mild to moderate COVID and recover without needing an ICU or a ventilator. At a year after no longer being contagious, many "long-haulers" struggle with fatigue, mental fog, aches and pains, shortness of breath, depression and anxiety, insomnia, and other Long COVID symptoms. Better not to get COVID at all than to get mild to moderate COVID and then drag on through Long COVID. Avoiding COVID completely will require social distancing and sanitizing of hands and surfaces—at least during "COVID season." This is not a happy new normal; but it is a realistic and helpful new normal.

• It is very likely that, over the next 10 to 20 years, children and young adults will develop enough natural COVID immunity—built on the beginning pandemic foundation of vaccine-induced COVID immunity—that, for the rest of their lives COVID will simply become "the fifth corona-cold virus." That said, it is clear that children and young adults will unavoidably need to, eventually, get yearly mild COVID infections for this transition to happen. Fortunately, we now are beginning to realize that COVID vaccination isn't a way to get to "COVID-zero" for kids. But it is the most effective way to avoid severe and fatal COVID infections now, in the first few years of the COVID sneak-up.

The recent rise in COVID hospitalizations of unvaccinated preschoolers, elementary schoolers, middle schoolers, and high schoolers shows that now, in the first few years of the COVID battle, they need at least one round of COVID vaccination to provide a foundation of protection against severe COVID. Middle schoolers and high schoolers can get vaccinated, and should. There is still no OK, on Turtle Island, for elementary schoolers and preschoolers to get COVID vaccine. But that OK should be coming soon. When it does, younger kids should be vaccinated against COVID.

• Anishinaabeg have always loved to gather—as extended families, friends socializing formally and informally, for seasonal harvesting activities, at powwow, at cultural and spiritual ceremonies, and for Sovereign Native Nation civic events. That gathering need is not likely to change. But the new normal will mean basic transmission prevention at such public and private group gatherings. You know the drill: "mask up, stand back, wash up, stay home if sick." This small inconvenience may be the most frustrating of all. But Anishinaabeg are the people of kindness and caring about the most vulnerable. So, Anishinaabeg sharing transmission- prevention practices in public gatherings will be doing what Anishinaabeg are known for, looking out for and protecting each other.

• Elders, the chronically ill, and the infectionprone will have to take extra responsibility for protecting themselves from COVID exposures, in addition to what we all do as an Anishinaabe community. So, they may have to wear masks in public even at times when the COVID case counts are so low that they aren't even being reported in the online news or by the Health Department. In spite of that, we as an Anishinaabe community can't just "dump" that responsibility entirely on the most vulnerable. We all need to do the basics of transmission prevention, and the vulnerable will hopefully choose to do the "extras" of protection. But that may make many elders, chronically ill, and infection prone Anishinaabeg more isolated for years to come. So the rest of the Anishinaabe community needs to find ways to help run errands for them, and also to do little things to remind them we remember them, care about them, and love spending time with them when it is safe.

• What about playing the machines or going to a concert at the casino? What about going to a ballgame in the twin cities? What about a snowbird winter in Florida, Texas, Arizona, or California? What about going to a family wedding, or-sadly-to a family funeral? You know what? Each of us will have to decide on our personal acceptable risk level, for such activities. Nobody can decide on that for anybody else. But, at least, if we as an Anishinaabe community make things as COVID safe as possible here on White Earth lands, then we will have a good, safe foundation of protection to build on here at home. And, of course, when we come back from an away event, whatever it was; we may need to report any symptoms or be tested due to a known or suspected COVID exposure. Then may come those other frustrations-quarantine and isolation. But testing, quarantine, isolation, and contact-tracing cooperation are better than being known for careless spreading of COVID on Native Nation lands.

• That brings up the issue of accidental COVID spreading. None of us, no matter how careful, are "immune" - pun intended - from accidentally spreading COVID when we have no symptoms and don't even know we are carrying the virus. Another fine Anishinaabe way of living is being nonjudgmental toward others. We have learned not to "shame and blame" about substance-use struggles. We need to learn not to shame and blame about COVID struggles. Because we might someday find ourselves needing the same mercy and help that we should now be offering to our fellow citizens. Mercy, zhawenjigewin, has always been a valued Anishinaabe trait. It will need to be even more valued in the new normal, post-COVID.

Perhaps that's a good place to end this imagining of the new normal coming when "COVID season" becomes a chronic yearly thing like the flu. There are many other new-normal things to think about. But there is a wonderful Anishinaabe name; I think it may also be another name for Gichi-Manidoo. It's Gaa-zhawenimind, "the one who has mercy on others." Perhaps we need to take the cue from Gichi-Manidoo and add this principle to our post-COVID, Gaa-waabaabiganikaag Anishinaabeg lives. Miigwech. Mii i`iw.

# Ganawendandaa Nibiikaangi Let's Protect Our Waters Help Stop Aquatic Hitchhikers

To avoid spreading aquatic invasive species do the following:

**BEFORE** launching and **BEFORE** leaving.

Remove aquatic plants and aquatic animals
Drain lake/river water away from the landing

◆ Dispose of unwanted live bait in the trash

It's <u>unlawful</u> to transport aquatic plants, and zebra mussels.



### St. Benedict's Catholic Church (White Earth) Fall Dinner & Bazaar

Sunday, October 17, 2021 11 a.m. to 1 p.m.

Ogema Community Center

Chicken and Meatball Dinner with all the Fixin's

Raffle, Fishpond, Country Store, Cake Walk

Adults: \$10 / Children 6-12: \$4 Five & under: Free

**EVERYONE IS INVITED** 

DINE IN OR TAKE OUT

### WHITE EARTH NATION COMMUNITY WELLNESS & RECOVERY NAVIGATORS "OSHKAABEWISAG"

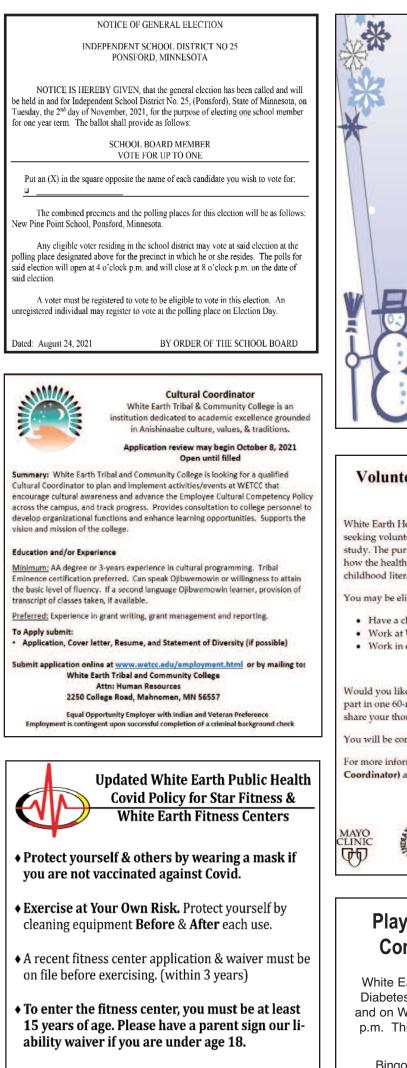
# (HELPERS)

Community Service Mana	lger	Mahnomen Navigator
Craig Bower		Jedediah Desjarlait
(218) 401-1263	Liaison for our Community	(218) 401-3829
NayTahWaush Navigator	Members for Programs	<b>Rice Lake Navigator</b>
Dustin Keezer		Henry Fox
(218) 401-0576	offered on The White	(218) 401-1989
White Earth Navigator	Parth Bassanthan	Pine Point Navigator
Sue Hanks	Earth Reservation.	Allison Jones
(218) 401-0415		(218) 401-0561
Overdose R	lecovery Suppo	rt Officer's
Cole Thompso	n – –	Ralph Goodman

(218) 401-0488



(218) 401-3198



- ♦ Food or beverages are not allowed. Only water.
- ♦ Bags & personal items need to be stored in a gym locker except water & phones. Any items left over night may be thrown away.
- Fitness center access hours are Monday-Friday
   6a.m. to 10p.m. Saturday-Sunday 6a.m. to 6p.m.



#### Volunteers Needed for Research Study

White Earth Health Center & Mayo Clinic are seeking volunteers to participate in a research study. The purpose of this study is to understand how the health center can better support early childhood literacy and wellness.

You may be eligible to participate if you:

- Have a child 9 months to 5 years of age; or,
- Work at White Earth Health Center; or,
- Work at White Earth Health Center; or, Work in early childhood education



Would you like to share your voice? During the study you will take part in one 60-minute online focus group where you will be asked to share your thoughts about child literacy and wellness.

You will be compensated for your time spent in this study.

For more information, please contact Supriya Behl (Study Coordinator) at 507-538-1440 or behl.supriya@mayo.edu.



# Play Diabetes Bingo from the Comfort of Your Own Home

White Earth Public Health continues to run their Diabetes Bingo Program on Niijii Radio 89.9 FM and on White Earth Nation Facebook daily at 3:15 p.m. This program is for Elders 55 or over living on the reservation.

Bingo cards can be picked up at your local Elderly Wellness Program site or call Katie at 218-401-3186 and she will get one for you. These cards can be re-used each week – so save your cards – new game starts each Monday and runs through Friday.

Any questions or need more information call Katie at 218-401-3186. Join the fun each week and ask your friends to play too! "If they had stopped and called someone, she would be here right now."

#### Information sought in the Hit-and-Run Murder of a Young Mother

Emily Stevens, 28, was walking along 340th Street, just west of the Bagley Shooting Star Casino at approximately 8:20 p.m. on September 12, 2019 when she was first struck by a vehicle and left on the roadway with serious injuries. A short time later she was hit by another vehicle and later died of her injuries at an area hospital. Emily leaves behind three small children and her family seeks closure in the circumstances that surround her tragic ceath. Previous tips have not resulted in the arrest of the first driver involved with this incident.



#### Emily Ann Stevens

#### November 27, 1990 - September 12, 2019

Area law enforcement is seeking someone who will come forward anonymously to Crime Stoppers of Minnesota. If your information leads to a felony arrest by law enforcement, you may be eligible to receive a reward of up to <u>\$1,000</u>.

Phone - Call 1-800-222-TIPS (8477) Your name is never asked for. Each caller is given their own unique Tip ID which allows them to provide additional information or for checking on the status for receiving a reward.

Online - Click on the Web Tip Submit Button at http://crimestoppersmn.org

#### Attention New Homeowners & Existing Homeowners

If you are in need of a Well and Sewer System for your house/ trailer home you can contact White Earth Water & Sewer for an application as we receive grants.

#### **Requirements to qualify for the grants are:**

\* Tribal Enrolled member

\* Reside on the White Earth Reservation

\* Show proof of land (Land Deed/Tribal Land agreement) and proof of homeownership

\* 18 years of age or older

\* Must have electricity, heat source, and interior plumbing to the home

\* Income verification (some existing home owners grants require)

Contact us at 218-983-3202

# Lake Grove Township Monthly Meeting Notice

Notice is hereby given to the citizens of Lake Grove Township, County of Mahnomen, State of Minnesota, that the monthly Township meeting will be held **October 19**. The meeting will commence at 7:30 p.m. at the Jerome Wolbeck residence.

Lori Tibbetts, Clerk - Town of Lake Grove

White Earth Nation has a Facebook page! Visit us for the latest COVIN-19 updates: www.facebook.com/WhiteEarthNation The Northwest Minnesota Foundation is currently accepting applications for three full-time positions, including:



 Senior Program Officer – Economic Development (emphasis: Community Drive Economic Development)
 Program Officer – Economic Development (emphasis:

CDFI Lending for Community Impact & Investment)

- Development Officer – Community Philanthropy

The full job descriptions for each position, as well as instruction on how to apply, can be found online at: www.nwmf. org/job-openings

Basic details on each are as follows:

- Senior Program Officer – Economic Development (emphasis: CDED)

This position will lead the Regional Investment and Loan Committee and associated activities with respect to the loan committee's duties. It will be the primary point of contact for the active/existing loan portfolio for the Foundation's Regional Investments and Loans and the former Business Finance Program.

- **Program Officer – Economic Development** (emphasis: CDFI lending)

This position will play a lead role in NMF's Entrepreneur Development Program (EDP) and maintenance of our certification under the Community Development Financial Institution program (CDFI). This position will support the full spectrum of activities associated with a well-managed, high-impact loan portfolio.

#### - Development Officer – Community Philanthropy

This position will contribute to the NMF's efforts to impact the region through community philanthropy. The successful applicant will collaborate with a team of philanthropy officer(s) and specialists to promote philanthropy and will coordinate and facilitate strategies and approaches for effective community-based philanthropy.

NMF is a public, charitable foundation that serves 12 counties of Northwest Minnesota by investing resources, facilitating collaboration, and promoting philanthropy.

These positions are all full-time and, while NMF is headquartered in Bemidji, each position may be successfully filled by a candidate in a flex/hybrid arrangement or from a remote home office located in the 12 counties or two tribal nations served by NMF. A successful individual in this position will spend significant time in person at our Bemidji offices to foster collaboration and effective team-building.



### **Public Hearing Notice**

The United States Department of Housing and Urban Development (HUD) has funds designated for tribal governments. Tribes who submit successful applications may secure up to \$1,725,000 through the Indian Community Development Block Grant – ARP to help fight against the spread of Covid 19 during the pandemic.

In accordance with the grant guidelines, Lisa McArthur of the White Earth Tribal Finance Division – Contracting Department of the White Earth Reservation Business Committee will be conducting a hearing for the use of these funds via comments sent to her e-mail. **The application deadline is October 18**.

If you wish to comment, please send an e-mail to Lisa by 4:30 p.m. on **Friday**, **October 8** at lisa.mcarthur@whiteearth-nsn.gov.

#### IN NEED OF SEPTIC PUMPING?

If you need your sewer system pumped call the White Earth Water & Sewer Department at 218-983-3202

Tribal Enrolled Elders (55 & older) - \$25

Tribal Enrolled Members (54 & younger) - \$80

Non-enrollees (any age) - \$115

White Earth Businesses - \$115

Other Businesses - \$120

(You must live on the White Earth Reservation)

#### WHITE EARTH TRIBAL ELDER SNOW REMOVAL PROGRAM

Position: Snow Removal Provider (ON CALL) Location: District I – II – III Closing date: Until filled

- Must be a W.E. Tribal Enrollee or W.E. Descendant
- Must have a truck and a plow
- Must have a valid Minnesota Drivers License
- Proof of Insurance (liability-coverage) for personal plow truck
- Must be able to pass a criminal background check and drug screening
  Knowledge of area highways and roads in each District
- Must be able to communicate with elders
- Must be able to communicate with enders
   Must sign a contract and liability form upon hire

Apply at: White Earth Water & Sewer Department

P.O. Box 418 White Earth, MN 56591 Phone: 218-983-3202

Fax: 218-983-4350 E-mail address: <u>Matt.Smith@whitecarth-nsn.gov</u> or Betsy.Smith@whiteearth-nsn.gov

Detay.simula.winecarar-isingov

Contact Matt Smith or Betsy by telephone or email if you have any questions



Saturday & Sunday 6 a.m. until 6:00 p.m. Masks must be worn at all times in the fitness center.

\*\*\*\*\*

### White Earth RBC Fun Walk







Photos by Jackie Haugo

The White Earth RBC employee wellness program (HOWAH) organized a fun walk that was held Aug. 27 during the employee picnic. More than 100 employees participated in the 1.5 mile walk that started at the former Shopko building and worked its way around the Shooting Star Casino parking lot and RV park.

Ten lucky winners had their names drawn for cash prizes after the event was completed. A big thank you goes out to the Mahnomen Sheriff's Department for providing traffic control and congratulations to all the employees who participated!

**Top**: Tammy Wadena, left, and Brenda Weaver. **Middle**: Tricia Jones, left, John Swan and Allison Jones. **Bottom**: HOWAH fun walk organizers from left are Heather Heisler, Katie Hoban, Nicole Hoban and Jessica Tolifson.

# Ashley Zurn named Conservation Officer of the Year for NAFWS Great Lakes Region



Ashley Zurn was named Conservation Officer of the Year for the Native American Fish and Wildlife Society (NAFWS) - Great Lakes Region. She received the honor at the Great Lakes Region Conference held Sept. 19-23 at the Little River Band of Ottawa Indians in Michigan.

Utilizing their tracking skills, Ashley and her partner, former White Earth Conservation Officer Richard Fox Jr. were instrumental in the arrest and prosecution of a man involved in the killing of a former Lake Park, Minn., police officer. In a touching moment, Zurn dedicated her award to her late partner, Richard Fox Jr. who passed away in 2019.

The Great Lakes Region is one of seven regions of the NAFWS and she will compete against the other regions for national CO of the year.

**Top**: From left are Kevin Willis - Chief CO of Little Traverse Bay Bands of Odawa Indians, Don Rieter - Great Lakes Region Co-Director, Ashley Zurn - White Earth Nation CO, Alfred Fox Jr. - White Earth Nation Chief CO, and Terry Metoxen, Great Lakes Region Co-Director. **Left:** Zurn accepting her award.

# **RBC gift WE Council of Elders with laptop computers**

The White Earth RBC recently gifted 10 laptop computers to the White Earth Council of Elders (WECOE). The computers went to Elder council members and other enrolled Elders who are active in meetings and functions.

Right: White Earth IT Manager Judy Dodd sets up a laptop for Sam Crowell who is the WECOE Vice Chairman.

> Photo by Gary W. Padrta

