

ANISHINAABEG TODAY



A Monthly Chronicle of White Earth Reservation

Vol. 25 No. 10

White Earth, Minn.

today@whiteearth-nsn.gov

Wednesday, October 7, 2020

Relaxing after a long harvest day



Submitted photo

Melanie Malmo relaxes after a hard day of ricing! The RBC purchased 119,216 pounds of wild rice from Aug. 3 to Sept. 25.

White Earth Powwow put a smile on everyone's face



Photo by Gary W. Padrta

The 152nd Annual White Earth Celebration and Pow Wow was held Sept. 6. Normally held in June, the event was moved to the September date due to the Covid-19 pandemic. The theme was "Honoring Our Ancestors, Healing Ourselves." More than 130 dancers and 11 drums registered.

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White Earth Transit donates van

White Earth Public Transit donated a van to the Feeding Our Families Food Bank. This van will help make meal deliveries to members of the reservation who are in need during the Covid-19 pandemic. Transit partnered with the Emergency Operations Center (EOC) and has been helping members of the reservation by providing transportation of meals and supplies to elders and families on the reservation.

From left are Feeding Our Families staff Debra Warmbecker, James Hvezda, Sandy Boman and Krystal Harstad.

Submitted photo

Anishinaabeg Today

The *Anishinaabeg Today* (AT) is the official publication of White Earth Reservation and is published once a month. Editorials and articles appearing in the AT are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the AT staff or the White Earth Reservation Business Committee.

The AT reserves the right to reject any advertising or materials submitted for publication. The submission of articles, and photos is encouraged, however, they are subject to editing for grammar, length, and malicious/libelous content. The Editor makes the sole decision of what is published in the AT and will not assume any responsibility for unsolicited material nor will the AT guarantee publication upon submission. **Deadlines are strictly enforced!** Deadline dates are printed on Page 2 in each issue.

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For more information call 218-983-3285 Ext. 5903, email: today@whiteearth-nsn.gov, fax: 218-983-3641, or write to:

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Future Issues *

Deadline	Issue Date
October 28	November 4
Nov. 25	Dec. 2
Dec. 30	Jan. 6
Jan. 27	Feb. 3
Feb. 24	March 3

* Deadline and issue dates subject to change

You can help make America beautiful again

By Winona LaDuke
Honor the Earth

Make America beautiful again. That's what I say. I remember those old advertisements of the Indian guy in the canoe, tear and all. And there was all this pollution, burning rivers and garbage. Ugly. I want it beautiful again. But it's not just environmental beauty, no more smokey skies or poisoned rivers, we want beautiful character and ethics in our society and in our government. I want leaders who are not self serving, lying, or serving foreign companies and countries, we want them to take care of the little people, those who need champions. In other words, we want to be decent people. We want to not have hatred, walls, and fear. I plan to be part of making America beautiful again.

Here's my thinking. I'm not a Democrat or a Republican. After all, I ran two times for the office of Vice President of the United States as a Green Party candidate. I am a Green. That means I don't really have a dog in this fight, neither of those parties likes a woman like me. But this year, I am weighing in. And I am weighing in on the side of decency and for a return to a democratic process. I'm voting for a world with less conflict, youth in detention camps, gutted environmental and civil rights protections, less hatred, no vote stealing, and fewer forest fires.

First, I am going to ask people to vote. We know that voting makes a difference because this last mid term, Peggy Flanagan was elected to the position of Minnesota Lieutenant governor. We know voting makes a difference, because a young Puerto Rican woman named Alexandria Ocasio Cortez unseated a seven term New York City Politician Joseph Crowley to become a US Representative. The other side had the money, but people mobilized to turn over power. And, her vision and ethics, combined with allies like Deb Haaland, from New Mexico, Minnesota Representative Ilhan Omar is changing this country. They are leading the country and challenging business as usual in Washington, D.C. Now is the time for solutions, and those

are not going to come from the folks who got us into this mess. The solutions and a "Moonshot" for a better world, of a new economy are visionary. That's what happens when people vote and organize. Minnesota had the highest turnout in the mid term elections, and we need to do it again.

About 700 young people became eligible to vote on the White Earth Reservation for this election - and November 3 is about your future. It is about what jobs there will be, if we will have our wild rice, if we will be in ongoing crises of climate, police, riots and opioids. It is about ensuring justice, and about having enough for our communities - heat, food, and health. This is a vote during a pandemic, a vote when the world is changing, and we are the country with more cases of COVID than any in the world. This vote is about the future of our country, our water and our people.

How you Vote and it is easier than you think:

If you have an absentee ballot, you can send it in, and you should. Check your mailbox every day. And do it! Because your vote counts, and you don't want to lose chance to vote for future generations.

Vote and register in person:

Early voting is open now, and you can vote at your county court house any time during business hours. If you can vote early, that will likely help protect your voting rights. You can register to vote in Minnesota the day that you vote. You will need a formal identification- a drivers license or tribal ID, that has a valid physical address. However, if your tribal ID has a PO Box, bring with you proof of residency indicating housing address / location (it can be a bill of some sort or housing papers). *Skoden*.

If you vote on the White Earth reservation you can vote in your township hall, and get ride there, or it's possible that the White Earth tribe will be able to provide polls for voting in the usual places of tribal elections. The White Earth tribe is working on a pop up voting station with the Minnesota Secretary of State. This will be 7-days starting before elec-

See America Page 34

October is Domestic Violence Awareness Month

By Andrea Carrier
Law Enforcement Victim Advocate/Liaison
Kellcie Childress
Northwest Regional Safe Harbor Tribal Navigator

October is National Domestic Violence Awareness Month. Domestic Violence, also known as Intimate Partner Violence (IPV), impacts everyone not just those directly affected by the abuse. According to the 2018 *Homicide Report Relationship Abuse in Minnesota*, at least nine women, one man, and four bystanders/interveners died from IPV. At least 11 children were left without a parent. That same report indicates that in 2018, 33.3% of these victims died by gunshot, 44.4% died by strangulation, and 22.2% died by stabbing. There are four key lethality factors listed in the report used to identify when a homicide may occur in an intimate partner relationship.

- The victim's attempts to leave the abuser;
- Previous threats to kill the victim;
- Abuser's access to firearms; and
- Abuser's history of violence.

If any of those four indicators are involved in a relationship where there is intimate partner violence, it increases the risk of lethality significantly.

Stay at home orders due to COVID-19 have caused an increase in domestic violence and put victims in a highly unsafe situation. Victims are forced to be home with their abusers all day with little access to help or no communication with others. COVID-19 has caused a lot of stress on families financially and mentally, which tends to lead to further deterioration of an already abusive relationship. It is

likely that abusive behaviors will escalate leading to more homicides or murder/suicides during the time of the pandemic. Children are also at risk during the stay at home orders. In families where there is Intimate Partner Violence, children who are not in school full-time or not at all and are witnessing more violence from one parent on the other. It is probable that the children are also suffering from physical, mental, and sexual abuse as well. It is suspected that it is being underreported since there is little contact with other adults who may report.

The Power and Control Wheel is used to help advocates and victims to identify when domestic violence is occurring. A copy of the Power and Control Wheel can be found at: <https://www.theduluthmodel.org/wheels/>

If you suspect someone is experiencing domestic violence, it is very important to believe them and simply listen to their story. It is also important to understand how dangerous it is for a victim of domestic violence to leave their abuser. When a victim is leaving or has recently left their abuser, it increases the potential for a homicide or murder/suicide. Safety planning is vital when considering leaving an abusive relationship.

If you are experiencing Domestic Violence, please call our hotline for help and services when it is safe. The White Earth DOVE Program is available to assist and can be reached at 218-983-4656 or toll free at 1-877-830-3683 24 hours a day, 7 days a week. You can also visit our website www.whiteearthdove.com with questions and/or support. Domestic Violence is everyone's business.

Violence Is Not Our Tradition.

Rental Housing Opportunities

APPLY NOW

Becker County EDA Public Housing Waiting List
Openings Anticipated Soon
Tenants must meet income restrictions and program guidelines



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White Earth Public Health

FITNESS CHALLENGE

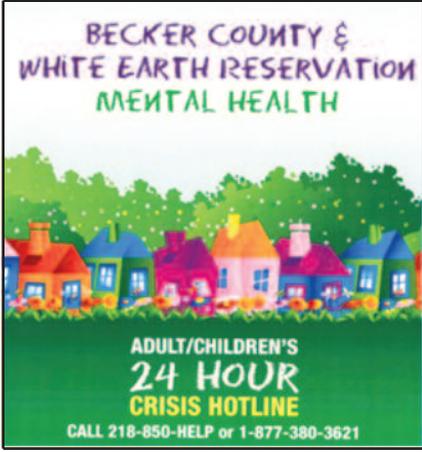
1. Find 1 of 6 obstacle courses located nearest you. (Mahnomon, Naytahwaush, Pine Point, Rice Lake, Waubun & White Earth)
2. Have a family member or household member take a 30 to 60 second videotape of you exercising at one of the obstacle courses.
3. Fill out the entry form provided at the obstacle course.
4. Submit the entry form by taking a picture of it and texting, emailing, or mailing it to the address provided at the site.
5. Repeat this process as many times as possible from September 30 until October 30. One entry per day please. One family or household using the site at a time please. Remember to social distance if you are waiting to exercise. Use hand sanitizer before and after exercising.
6. If your name is drawn for one of the fabulous prizes you will be asked to submit your video footage from the day you entered the contest.



Questions or comments can be answered at
Fitnesschallenge@whiteearth-nsn.gov or call 218-401-3159



Becker County/White Earth Reservation Mental Health Hotline
Call 218-850-HELP or 877-380-3621



During the COVID-19 pandemic, the mental health crisis hotline will continue to operate 24 hours a day. Individuals needing mental health crisis services will be able to receive them. A few changes to the hotline's operation have been made in accordance with recommendations from the CDC and Minnesota Department of Health. The hotline will answer incoming calls and connect the caller with the appropriate crisis team. A crisis team member will contact the caller and provide phone support or a telehealth option (ex. Zoom, Messenger, Skype, facetime, etc.) to discuss the presenting problem.

You can reach the Anishinaabeg Today
at 218-983-3285 Ext. 5903 or
email today@whiteearth-nsn.gov

News From Chairman Michael Fairbanks

Aaniin Boozhoo Gaa-waabaabiganikaag
Niminwendam Waabaminaan!

Binaakwe-Giizis!

Waatebagaa aditewan aniibiishan.

Greetings & hello White Earth Nation I am happy to see you!

It is Falling Leaves Moon!

There are bright leaves - the leaves are turning colors.

Miigwech to all the Gaawaabaabiganikaag Big Drum carriers - it sure has been a healing time for all of us. Our Drums and Powwows this fall were excellent and needed. Miigwech to our community and powwow committees. Everyone did excellent jobs in keeping everyone safe and well.

Here it is October already, I hope that you are all wearing masks, practicing safe distancing, washing your hands, keeping your families and selves safe. I know the sacrifices and worries you all may have. You are not alone, as your Chairman, I share those concerns for my family and for you and yours. That is why I want to start this month's article by again stressing how important your votes are for our future. Your vote matters for you, your families and community, for White Earth and for America. So please vote, it is your right, and one of the most important responsibilities we have.

Now, I wanted to provide some updates:

Medical Marijuana – This past month, the RBC and key staff heard a presentation that included costs, regulatory and ordinance examples and possible methods for going forward with developing and implementing a Medical Marijuana program that will be successful in two primary goals, Public Health and Program Sustainability:

1. **Public Health Needs** – We know that our Nation and communities suffer from a variety of complex health issues, which includes diabetes, chronic pain, and opioid addiction to name a few. Going forward, means looking at qualifying conditions and the process for individuals to be able to effectively access and utilize Medical Marijuana!

2. **Program Sustainability** – This relates to the costs to produce the various products and most importantly the costs for the patients. This also includes issues related to quality control, and the safety of the final product.

Additionally, there has been initial discussions with Minnesota's Department of Health as well as Governor Walz. These discussions include the idea of reciprocity, where the state would recognize White



Earths Medical Marijuana Registration cards on an equal basis as the ones that the state issues. Another discussion item is the possibility of White Earth being a recognized as a distribution site. The latter issue is one example of where there will be a need for the State Legislature to approve.

I have however, made it clear to Governor Walz, and MDH staff, that White Earth cannot wait for legislative action, when we have individuals and families suffering and, in some cases, dying from health issues that Medical Marijuana will address. We will be moving forward with developing and implementing a viable program, that will address those public health needs. White Earth will also partner and work with Governor Walz, the State Legislature and appropriate State Staff in addressing these and other issues.

Joint Venture - Several years ago, White Earth successfully applied for a very competitive Indian Health Services Joint Venture grant. Joint Venture is a program where White Earth would secure funding and other resources to build or replace a health care facility, and where IHS would pay for the staffing, as well as assist in planning the construction. It was decided then that the project would go forward in Naytahwaush.

The project progressed through the design process, but before ground was broken, the project was put on hold. I am happy and proud to announce that this past month, the RBC voted for the project to go forward again. The need for a such a healthcare facility, especially amidst the current Covid-19 pandemic crisis, cannot be understated, and includes:

Accessibility: Currently, the White Earth

See Chairman Page 29

White Earth DMV open for limited services

To be consistent with mitigation actions that are in place and allow for limited vital services, the White Earth Department of Motor Vehicle will be opening. During this time, we must take action to curb the spread of COVID-19 to protect the health and safety of our employees and community.

Hours for DMV

8 a.m. to 4:15 p.m.

Monday- open for appointments

Tuesday- closed for office work

Wednesday- open for appointments

Thursday- open for appointments

Friday- closed for office work

The White Earth Department of Motor Vehicle

window will be open by appointment only for title transfers and tribal Identification cards. Vehicle tab renewals must be mailed in. Staff will process these renewals daily.

The Department of Motor Vehicle can be reached at 218-983-3285 Ext. 5705. If no one answers, please leave a message and they will call you back.

Please make sure that you take all the precautions when showing up for your appointment, as you will be screened when entering the RBC building. If you have your own mask, we ask you to wear it upon entering the building. As an additional precaution we will be allowing only one individual into the facility at a time.

**WHITE EARTH NATION
 MAHNOMEN COUNTY
 ONE-CALL CENTER**

218-936-2774

covid19@whiteearth-nsn.gov



Just a reminder that the ONE-Call Center is open Monday-Friday 8 a.m. - 4:30 p.m. and is staffed with professionals to answer general questions related to COVID-19. The ONE-Call Center also provides supportive services including constituent services, mental health, and nursing.

2nd Annual POW/MIA Walk held Sept. 18 in Waubun



Photo by Carol Fabre

Ogema VFW Post 9880 & Auxiliary held the 2nd Annual POW/MIA Walk on Sept. 18 at the Waubun High School football field. Due to Covid-19, this year's event was on a much smaller scale; however, the POW/MIA flag was carried continuously for 24 hours by 51 participants. We are deeply appreciative of those who came out to join us to pay their respect and remember loved ones and also to the Waubun School District for allowing the event to take place on the football field. Participating in the Walk from left were Don Peterson, Bill Peterson and their sister, Jacki Clark.

VOTE NOV. 3

**LEONARD ALAN ROY
 Minnesota State Senate District 2**

"I proudly endorse Leonard Alan Roy for Senate District 2. I have known Alan his entire life. He is Honest, Fair, Trustworthy, Inclusive, and a Problem Solver."

Alan will work hard for:

- ❖ Quality health care ❖ First class education
- ❖ Strong economy and jobs ❖ Public safety
- ❖ Clean environment for generations to come

Erma J. Vizenor, Ed. D.
 White Earth Chairwoman, 2004-16
 White Earth Secretary/Treasurer, 1996-2002
 Educator

Paid for on behalf of Leonard Alan Roy for Senate District 2

HAVE YOU BEEN INJURED:



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"Our family helping your family since 1925"

Hurt at work or in an auto accident?

Slipped & fell or attacked by a dog?

**Fergus Falls
 218-736-5673**

**Licensed in Minnesota and White Earth Tribal Courts*

News From Secretary-Treasurer Alan Roy

Hello my fellow Anishinaabeg,

As the autumn season comes into full swing, the RBC and I have been continuing to work on a variety of projects. For this month, the primary focus has been preparing for the new fiscal year, while continuing to collaborate with state and federal offices.

Wild Rice Update

With the ricing season over, the White Earth RBC authorized the staff from the White Earth Market and White Earth Natural Resources Department to purchase wild rice from local ricers for the 2020 harvest season. In total, both departments purchased 119,216 pounds of wild rice from Aug. 31 through Sept. 25, with the wild rice priced at \$3 per pound. The total funds spent buying from our local ricers amounted to \$357,648.

COVID-19 Updates

As COVID-19 remains on the minds of our band members, the RBC and I continue to work closely with our Emergency Operations Center. The EOC has been hard at work, facing the unknowns of this illness, while keeping up to date in the spread of COVID-19 within the boundaries of the reservation. I been provided the most recent statistics on COVID-19 for the Reservation, which are listed below.

COVID-19 cases as of Sept. 29

- Total Active Cases: 4
- Total Positive Cases, to date: 79
 - o Mahnomen County: 49
 - o Becker County: 27 (within reservation bound-



aries)

- o Clearwater County: 3 (within reservation boundaries)

White Earth tests as of Sept. 29

- Total Serology (Antibody) Tests: 4886
- Total Diagnostic Tests (via Mayo Clinic): 1280
- Total Diagnostic Tests (via Abbott ID): 221

Lastly, I would like to thank our members for the continued support. The RBC and I will continue to work in the best interest of our membership. There is a TEC meeting scheduled for Oct. 22-23 in Grand Portage. The next Regular RBC meeting is scheduled for Friday, Oct. 30.

WE Transit donates van to Food Distribution



Submitted photo

James Johnson, White Earth Transit and Gloria Goodwin, White Earth Food Distribution, stand next to a van that Transit recently donated to Food Distribution. The much-needed food service delivery van will better serve elderly and disabled that are home-bound and without transportation. Home delivery services are granted to those that have documented need. Transit has provided their larger buses and drivers when most needed during the crucial pandemic when home delivery services increased and were in great demand. "We are very grateful to our partners for providing this much needed service," said Goodwin. "Ken Bakken (Transit) and his staff are the BOMB! Thanks Ken for all you do. Much appreciated..."

Rez Briefs

Mahnomen Salvation Army looking for volunteers

The Mahnomen County Salvation Army is well into their second year of service for our community and we want your help! Do you have ideas of how to better strengthen our community and want to join an organization of like-minded individuals? This is your call to action! If you have any questions or would like to become a volunteer, please call and leave a voice message at 218-935-5022.

Ogema Auxiliary meeting set for Oct. 12

Ogema VFW Post 9880 Auxiliary will meet on Monday, Oct. 12 at 4:30 p.m. at the VFW Hall. All members are encouraged to attend. Please note fall/winter time change! Social distancing/masks will be practiced. If you have questions on eligibility to become an auxiliary member please contact Carol Fabre at 218-983-3443 or 218-401-1219.

Waubun School Forest available for walks

The Waubun School Forest trails are open for walking. It is located at 2541 State Hwy 113 (9.2 miles east of Waubun). Call 218-473-2575 if you have a question.

White Earth Transit running limited routes

White Earth Public Transit is now open again and they are running limited routes. Due to new COVID-19 mask requirements, it is mandatory for riders to wear a mask. Hand sanitizer stations have been placed at the entrance of each bus for the safety of clients and seating is limited due to social distance guidelines. Please call Transit dispatch for availability.

White Earth Cultural Division

The White Earth Cultural Division is offering traditional medicine for individuals that need medicine in these changing times. You may contact: Merlin.Deegan@whiteearth-nsn.gov or call the EOC center at the Shooting Star Casino and request to get a hold of Merlin Deegan.

Campaign signs must be removed

Candidates who ran in the recent tribal elections are reminded they must take down their campaign signs. Thank you.

Library is closed / Caring for Kids Store is appointment only

The Library is currently closed due to COVID-19 and the Caring for Kids Store can be opened by making an appointment at 218-983-3285 Ext. 1385.

Circle Back Program referrals

If anyone needs to get a hold of the Circle Back Program to make a referral or to schedule a comprehensive assessment for adolescents, call 218-983-3285 Ext. 5707. Messages will be checked daily.

WHITE EARTH TRIBAL HOME VISITING



Parents as Teachers



Helping First-Time Parents Succeed

Implementing Nurse Family Partnership and Parents as Teachers

We Have Opening!!

Together on each visit, we'll

What is White Earth Tribal Home Visiting?

WETHV is two programs in one. Family Resource and LIFE work together to serve prenatal to age 5 on the White Earth Reservation. The LIFE Program uses NFP and provides services to prenatally to 2 years of age. Family Resource uses the Parents as Teachers curriculum to help parents and children from age 2-5. We provide home visits on a monthly, bi-weekly, or weekly basis. We also provide monthly group connections, where we do activities and learn new things.

- Look at your child's development and talk about the parenting challenges you face right now.
- Think about family dynamics impacting your child's development, your parenting values and decisions.
- Build strong protective factors to keep you, your child and your family healthy, strong and resilient.



Understanding Historical Trauma can be painful

By Evelyn Bellanger
Pine Point, Minn.

I want to share an article that was written by Mackenzie Whitford of Canada - Evelyn

I understand now, I forgive you.

Our elders and older generations went through such horrible abuse in residential schools by evil priests and nuns. A stolen generation that suffered a cultural genocide.

I understand why you couldn't show love and affection and I forgive you.

I understand why you were so strict and I forgive you.

I understand why the house had to be spotless and I forgive you.

I understand why you couldn't tell me you loved me and I forgive you.

I understand why you physically hit me and I forgive you.

I understand why our family is dysfunctional and I forgive you.

I understand why I don't speak my language and

I forgive you.

I understand why you never taught me the culture and I forgive you.

I understand why you didn't have healthy parenting skills and I forgive you.

I understand why you were ashamed to be Indigenous and I forgive you.

I understand why you had addiction issues and I forgive you.

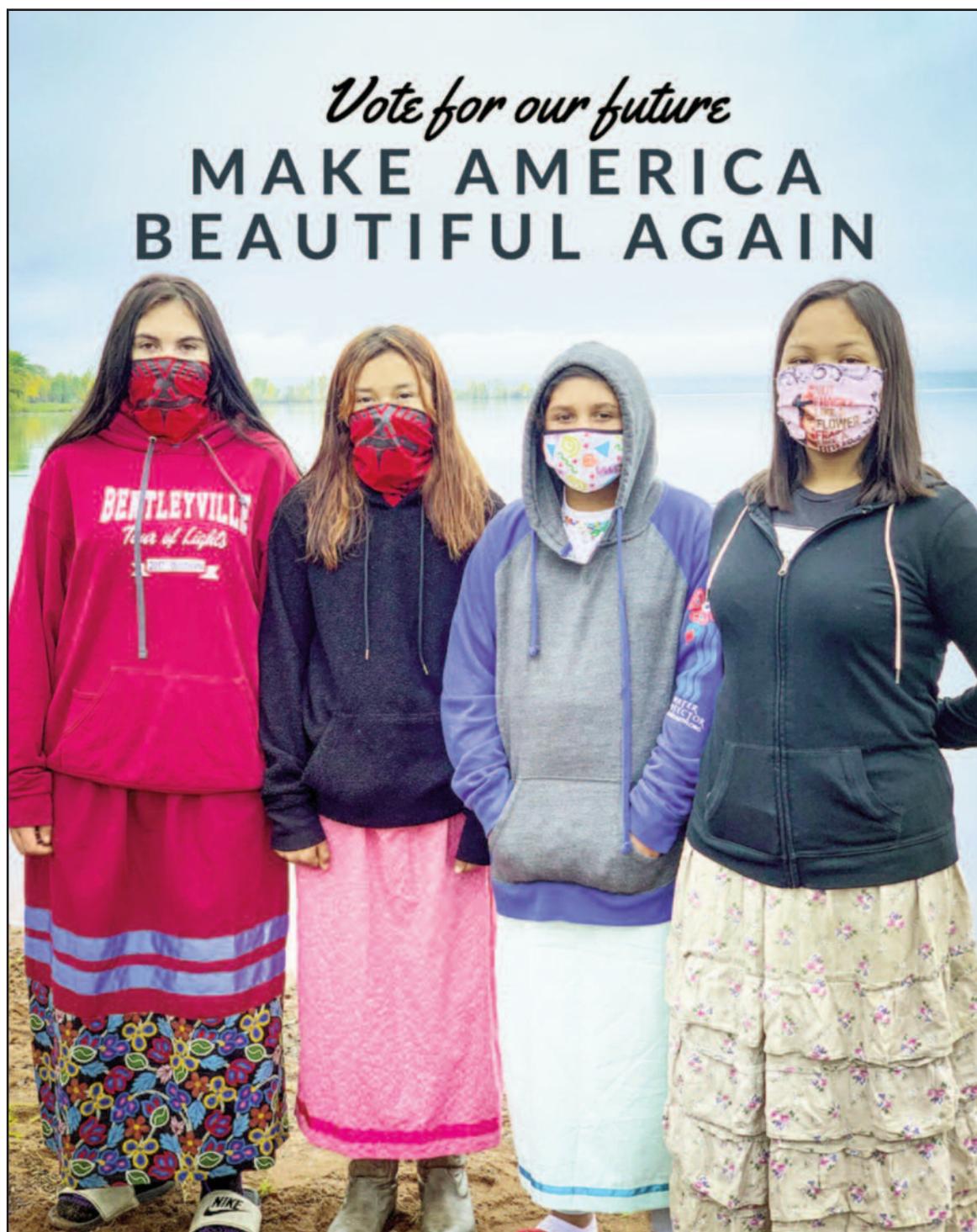
I understand why you abused me and I forgive you.

I understand why you did some of the things you did and I forgive you.

Now mosum and kokum you must forgive yourself because what they took away from you. I'm learning and taking back for future generations.

Sahkitin kakiyo Newokomakinahk.
Kinanaskomtin kihteyahyak.

I share this because it is powerful and I have looked for ways to help others understand what Historical Trauma is about. Once one understands, you will look at and view our world in a different way.



White Earth Distribution store is open for business

White Earth Food Distribution opened the store for your shopping convenience starting Oct. 1!

Monday-Thursday
8 a.m. - 3:30 p.m.

Please follow social distancing guidelines and everyone is required to wear a mask.

White Earth Reservation Food Distribution

2205 271st Ave., Mahanomen, MN 56557
Hwy 200 - 13 miles east of Mahanomen
Phone: 218-935-2233 ♦ Fax: 218-935-2235

WHO MAY BE ELIGIBLE:

All persons residing within the White Earth Reservation boundaries, as well as any person enrolled in a federally recognized Indian tribe residing near the reservation boundaries. **Enrollment must be verified.** Food Distribution is an alternative to SNAP (Supplemental Nutrition Assistance Program).

Eligibility requirements: Effective October 1, 2020

Household Size	Monthly Income Limit
1	\$1,231
2	\$1,604
3	\$1,977
4	\$2,365
5	\$2,769
6	\$3,173
7	\$3,547
8	\$3,920

Each additional member add \$374

Documentation must be verified for all household members when applying for USDA foods:

- Address** - must verify residency
- Income** - most current taxes, check stubs, etc.
- Social Security Numbers**
- Tribal ID** (if applicable)

Deductions:

- ❖ 20% deduction from household's gross earned income
- ❖ Actual child care expenses paid to non-household members
- ❖ Legally required child support payments to non-household members, documentation required
- ❖ Medicare, Part B (Medical Insurance) and Part D (Prescription Drug Coverage Premiums)
- ❖ Medical expense for elderly or disabled who incur out of pocket expense in excess of \$35
- ❖ Shelter/utility expense - households that incur the cost up to \$450

Office hours

Monday - Friday
8 a.m. to 4:30 p.m.

Distribution hours

Monday - Thursday
8 a.m. to 4 p.m.

No distribution Fridays & last work day of the month (inventory)

All applications considered without regard to race, color, sex, age, disability, religion, national origin or political belief.

<http://www.fns.usda.gov/fdpir>

News From District III Rep. Cheryl "Annie" Jackson

Boozhoo! I would like to start out by saying Chi Miigwech to you all for your support in the August election. I would also like to wish Eugene "Umsy" Tibbetts the best and chi miigwech for serving us these past four years.

COVID has really put a hamper on our ways of life. Our traditional gatherings have been changed to accommodate this pandemic, our workplaces have had to adjust, and most of all we as parents/grandparents had to make the decisions to send our children to school or keep them home. I have never thought this would be happening in our days on this earth, but here we are. I am so proud of everyone that steps up and helps to make this easier for our people and families. I know without some of their assistance, some of us would have to go without. Chi miigwech to all!!

This first month has been quite the learning experience. I really do appreciate everyone's patience with me and allowing me to learn and be your voice.

WE have much work to do and little by little we are progressing. We have an interim Executive Director, Laurie York, and she is working diligently to learn her new role. I have faith in her that she will be fair and put our members as priority. We also have Clinton Alexander as interim Behavior Health Director. He is an asset to that department. He truly gives his all for our members and communities.

I attended an Elders Council meeting, it was very interesting to listen and be able to comment on some of the issues that were brought forth. In my eyes our elders are the most precious asset we have. I will continue to attend their meetings and work with them to make sure their needs and concerns are being met. In

addition to that I will be setting up meetings with our youth. I want to hear their ideas and what they would like to see available to them.

I also attended a meeting with the Urban Community Council. They do a lot of work for our members down in the urban area. I look forward to working more with them and being able to meet our members in the Twin Cities. I am still working on getting to Leech Lake and the Iron Range to meet with our members there. I will notify all when I am able to get this scheduled. I would love to reach out to our Duluth area also, I know we have a lot of members there, so this will be another thing I will be working on.

My first work day in the Pine Point community was Monday, Oct. 5. I hope you will reach out to me. I am so excited to do this. I have many friends from this area and now I will be able to catch up with them and most of all meet their children and all the new faces. I will be available from 10 a.m. to 2 p.m., every Monday in the Pine Point Community Center. So please stop by, even if just to say Boozhoo!! I will also make visits to Callaway and Elbow Lake, in the near future

I hope everyone had a great time gathering wild rice. As usual the storms came through, but I did get to see some pictures of boats that were full of rice. This makes me proud of our people.

With this pandemic, I pray for all and as usual hugs to those that need them and my love to all.

Cheryl "Annie" Jackson
District III Representative

WETCC welcomes Lead for America fellow

Aanii Boozhoo! Stephany indizhinikaaz! Michigan indoonjibaa. I am a Lead for America fellow working with White Earth Tribal and Community College on the language revitalization project. I came from my home in Michigan and am already loving it here in Minnesota!

Anishinaabemowin is a language I am passionate about and studied it formally in Michigan for two years at the Saginaw Chippewa Tribal College (SCTC) before coming here. While I was in Michigan, I was working with SCTC on the language revitalization grant and had the honor to transcribe free flowing conversation from recordings of first language speakers. Our language is a precious heritage, and I am here to help us breathe more life into it so that way we can hear it spoken in our communities again.

Back in Michigan, I was also a teacher. I taught herbal medicine for the tribal college and am an

herbalist. I enjoy learning about plants and medicines and doing creative writing in my free time.

One of my favorite things here in White Earth has been getting to know the community, students and teachers at the college. I am eager to get to know more of my community and learn what people would like to see happen with the language and how they'd like to see it happen. I truly value everyone's input!

I can be reached at the college in Mahnomon at 215-935-0417 or email: stephany.morgan@wetcc.edu



Stephany Morgan

Clients need to book rides through WE Transit Dispatch

White Earth Public Transit reminds clients who are riding the bus to be sure to call our Dispatch office at 218-983-3283. This will let us know who will be riding due to COVID-19 and social distancing; also, we have limited seating available on each bus. By booking a ride with dispatch, the drivers and dispatchers will know who will have priority seating.

Additionally, please book your ride both ways if needed and as early as possible. Booking at least two hours in advance will help the office and riders along each route. Without a reservation, we may not be able to give you a ride so we will try to offer another time slot or bus pending the time of day and the route to

which you are riding.

For any questions regarding how to ride the bus, please remember to call our office at 218-983-3283. Please remember to always wear a mask when riding our transit buses.

Thank you and enjoy the ride.

You can reach the *Anishinaabeg Today*
at 218-983-3285 Ext. 5903
or today@whiteearth-nsn.gov

White Earth Council of Elders

By Lucille Silk, Chairperson

White Earth Reservation Council of Elders

Another month has gone by with leaves flying in the wind, and the time flies as we are heading for another season. The beauty of the fall season is a favorite of many people and that is why we took some Elders on a bus ride throughout the Refuge to observe the rice lakes and changing leaves. Some of us were able to identify rosehips and other items, then picked some for use as medicine. Many thanks to Lawrence Crowell for always willing to drive the bus with no compensation other than the fact that he enjoys helping others. Sam, as he is known to many, either drives the bus and delivers some donated food to the Congregate Elders and Biimadiziwin residents, and when he does not have a bus load, he drives his own vehicle with the food boxes.

The Elder Council Executive Board often receives calls from our Elders with requests for assistance, and we try to find the resources or programs that could meet their needs. As a result, Lawrence, myself and Alan Roy held a meeting with Maria Clark, CEO, of Indian Health Service Clinic in White Earth to acquaint her with Elder concerns. It was a productive meeting and we hope that communication can continue to better Elder health care. Problems still exist with receiving the needed services or payment of their care.

On Sept. 24, a breakfast meeting was held at the Shooting Star Casino with most Tribal Council members, some program staff, and Elders that were originally affiliated with the Indian Elder Affairs Commission to sort of re-boot its function. Much discussion went on as to the lack of services for Elders. One of the very first items for this Commission was to pursue the list of services that are available through our Tribe and the program people that lead them.

Also, we need to have a method of responsibility and accountability as follow through. A follow-up meeting is to be held within two weeks to further the process.

A big thank you to Mr. Alan Roy for joining the VFW/Aux out of Ogema, Post 9880 that held a POW/MIA walk beginning Friday, Sept. 17 at midnight through Saturday, Sept. 18 midnight. It was short notice but many Veterans and their families responded to the call and helped out to insure someone was walking throughout the 24-hour time frame. Our Veterans can never be forgotten! Alan, we wish you well in your quest for the State of Minnesota Senate seat. What an asset this would be for our Tribal Nation.

Elders are still seeking assistance with minor repair needs, such as fixing screens on windows, cleaning leaves from gutters to prevent further damage to roofs, etc. Soon our Elders will need to have plastic on windows and other preventive winter help. Again, referrals that have been made to various programs have fallen through the cracks. One Elder has been waiting for almost five years for his services and continues to be placed on the back burner. We realize that we have been in a pandemic and that the possibilities of this becoming worse in the coming months is certain, however, so have the needs for our Elders. If we can get something fixed to prevent further damage that is all we are asking for now.

The mental health of Elders becomes a concern, as it is with the rest of the family members. The rates of suicide and domestic violence has increased throughout our Tribal Nations as well as the entire United States. These issues have to be addressed.

We hear the adage all the time that our Elders are the high-

See Elders Page 29

2020/2021 White Earth Reservation Enrolled Elderly Snow Removal Program

No need to reapply
Please call and update your previous application

Date: _____

Name: _____ Spouses Name _____

Mailing Address: _____

Physical Address: _____

Permanent residency is required

Telephone # _____ Cell # _____ Work # _____

Birthdate: _____ Spouse's birthdate: _____

Enrollment # _____ Spouse's Enrollment # _____

Attach a colored copy if possible

Do you own the home: Yes ___ No ___ if not, name your landlord? _____

Do you live in a Housing home? _____, as they plow for their own Residents/Units

Which district do you reside in: District I _____ District II _____ District III _____

Detailed directions to your residence (only for new applicants): _____

Estimated length of your driveway (only for new applicants): _____

*** Snowplowing will be done only when snowfall accumulation exceeds four inches or more.

*** Snow shoveling of driveway or sidewalk will not be done.

*** Please sign the Snow Removal Provider's log sheet every time, as they need it signed in order for us to pay them. Sorry for the inconvenience.

White Earth Water & Sewer Department
P.O. Box 418
White Earth, MN 56591
Phone #: 218-983-3202
Fax #: 218-983-4350
E-mail address: Betsy.Smith@whiteearth-nsn.gov or Cindy.Weber@whiteearth-nsn.gov

NOTICE OF GENERAL ELECTION

INDEPENDENT SCHOOL DISTRICT NO 25
PONSFORD, MINNESOTA

NOTICE IS HEREBY GIVEN, that the general election has been called and will be held in and for Independent School District No. 25, (Ponsford), State of Minnesota, on Tuesday, the 3rd day of November, 2020, for the purpose of electing three school members for three year terms. The ballot shall provide as follows:

SCHOOL BOARD MEMBER
VOTE FOR UP TO THREE

Put an (X) in the square opposite the name of each candidate you wish to vote for:

- Candidate X
- _____
- _____
- _____

The combined precincts and the polling places for this election will be as follows:
New Pine Point School, Ponsford, Minnesota.

Any eligible voter residing in the school district may vote at said election at the polling place designated above for the precinct in which he or she resides. The polls for said election will open at 4 o'clock p.m. and will close at 8 o'clock p.m. on the date of said election.

A voter must be registered to vote to be eligible to vote in this election. An unregistered individual may register to vote at the polling place on Election Day.

Dated: September 30, 2020

BY ORDER OF THE SCHOOL BOARD

BECOME A FOSTER PARENT

Now accepting applications to fill a critical need! Open your home -> change a child's life forever. Contact us with any questions or if you're interested in applying!

White Earth Indian Child Welfare
Foster Care Program
P.O. Box 358
White Earth, MN 56591
Phone (218) 983-4647
Fax (218)983-3712



Katie Olson ext. 5501
katie.olson@whiteearth-nsn.gov
Rachel Harveland ext. 5525
rachel.harveland@whiteearth-nsn.gov
Amber Stech ext. 5542
amber.stech@whiteearth-nsn.gov
Misty Clark ext. 5541
misty.clark@whiteearth-nsn.gov

Do you have questions if you qualify for child care assistance or have a unique need for family child care availability for the school year? Ask away :)

www.earns-answers-white-earth.org
for your child care needs...

Are you needing child care assistance with your child care need during the unique school year?

Contact:
White Earth Child Care
Early Childhood Program
for qualification for child care assistance and temporary licensing for child care homes.

(218) 983-3285
ext 1385 Jessica J. -CC Assistance
ext 1215 Kim L. -CC Licensing



The Child Care Program can assist interested person's in operating a family child care business with a temporary child care license during the school year to provide for the needs of one family's school age child care needs.

We will work with individuals on the conditions of a temporary license in a safe and happy environment where school age children may transition between attending teacher/student direct education, high bred model and/or virtual school year.

- Temporary licensing includes:
- background study
 - home safety inspection
 - safety compliance through quality (virtual) trainings and health and safety supplies

*these are at no cost to applicant



With The Right Help, Your Hometown Business Can Really Go Places

Looking to open or expand a business or community facility? We're here to help! Our loan programs can be the difference between business as usual and successful growth for qualified borrowers.

- Business and Community Loan Fund
- Small Business Loan Fund
- Business Incubator (Ogema, MN)

White Earth Investment Initiative works with the Midwest Minnesota Community Development Corporation and Community Development Bank of Ogema to offer a variety of financing options on- and off-reservation.

Find out more at (218) 983-4020 | www.weii.website



You can reach the newspaper at today@whiteearth-nsn.gov

White Earth Tribal and Community College is awarded a \$500,000 grant for Head Start educational opportunities

White Earth Tribal and Community College (WETCC) was recently awarded a \$500,000 grant from the US Department of Health and Human Services – Administration for Children and Families.

WETCC will be partnering with White Earth Head Start and the University of Minnesota Crookston to offer educational opportunities for Head Start staff to obtain their AA degree (WETCC) or bachelor's degree (UMN Crookston). The grant will provide tuition expenses, computers, and equipment for staff to attend classes through a HyFlex model of delivery in a culturally relevant setting. We anticipate the new endeavor will get started before the year ends.

The Administration for Children and Families (ACF) awarded \$4 million to six Tribal College and University Head Start (TCU-HS) Partnership Programs.

“Educators who possess child development knowledge and relationship competencies, and who are culturally and linguistically responsive to the children and families they serve, play a critical role in supporting the infants, toddlers, and preschoolers most impacted by inequality,” said Deborah Bergeron, director of the Office of Head Start. “Further, many Head Start staff begin as Head Start parents. Increasing their skills and employability can break the cycle of poverty for their entire family.”

In fiscal year 2019, Head Start provided funding to 154 American Indian tribal governments or consortia grantees that served more than 23,000 children and their families. AIAN programs experience challenges employing staff who have both early childhood education credentials as well as representative cultural and language knowledge. Currently, 23% of teachers in AIAN preschool classrooms need to obtain degrees and 33% of Early Head Start teachers in AIAN programs need to acquire at least a Child Development Associate (CDA) credential.

An even larger number of preschool teacher assistants need to enroll in a program to earn the minimum credential requirement. Geographic barriers, lack of child care, and lack of internet access are among the challenges faced by AIAN Head Start

staff needing to meet credential requirements.

“Increasing the skills of Head Start and Early Head Start teachers will have a direct impact on preparing generations of Native American children and families to succeed in school,” said Jeannie Hovland, commissioner of the Administration for Native Americans. “These grants have been awarded to institutions with innovative and convincing proposals to meet the unique needs of individual Native communities. They will assist Head Start staff in acquiring the competencies that ensure children's academic development while also supporting cultural identity.”

The plans proposed by the successful institutions include strong, personal support for enrollees; flexibility in course delivery and design (e.g., on-site, distance learning, innovative approach); ability to provide preliminary or remedial instruction; assistance with tuition, books, and other costs; articulation agreements that permit transfer of credit to and from multiple colleges or universities; and credit for professional experience.

The awardees are:

White Earth Tribal and Community College

Navajo Technical College

Salish Kootenai College

Stone Child College Corporation

Fond Du Lac Tribal and Community College

Cankdeska Cikana Community College

Head Start programs promote school readiness of children ages birth to 5 from low-income families by supporting the development of the whole child. They also support children's growth and development in a positive learning environment through a variety of services, which include early learning, health, and family well-being. Learn more about Head Start programs at <https://acf.hhs.gov/ohs>.

The Administration for Native Americans promotes self-sufficiency for Native Americans. It provides discretionary grant funding for community-based projects as well as training and technical assistance to eligible tribes and Native organizations. Find out more at <https://www.acf.hhs.gov/ana>.

White Earth's Blood Drive brings in 18 volunteers

The White Earth community hosted a blood drive with Vitalant, formerly United Blood Services, on Sept. 9 at the White Earth Health Center. A total of 23 units of blood products were collected for patients in need.

A total of 18 individuals volunteered to donate blood and all were able to donate. A total of five donors also came forward to donate Power Red Cells (2RBC) which collects two units of red blood cells while returning platelets, plasma and a saline solution back to the donor. There was one donor who volunteered for the first time.

Vitalant expressed their gratitude to Randi Berry-Anderson, who coordinated the drive.

Vitalant strives to keep a five-day supply of every blood type on the shelf at all times to be able to meet the needs of patients across the region. Donations from O-negative donors, the universal blood type, are especially important this time of year due to increased accidents and trauma cases.

Vitalant is the only blood provider to nearly 70 hospitals across the region. The blood supply is dependent on selfless donations from volunteer donors to ensure the lifesaving needs of the region are met.

About 30 percent of Vitalant's blood supply goes to cancer patients across the region and one in seven people entering the hospital will need blood. Those relying on blood in the region receive that lifesaving blood from Vitalant.

Donors can make a convenient appointment to give blood at www.bloodhero.com or by calling 877-25-VITAL. With each donation, donors receive a free total cholesterol test and earn points in Vitalant's donor rewards program.

Blood donation takes about an hour from check-in to refreshments. Donors can save about 20 minutes by completing their Health History Questionnaire the day they donate on www.vitalant.org

THE DOCTOR'S CORNER

Time to start moving and stop hibernating

By Courtney Schantzen, PNP
White Earth Health Center

Since March, most of us and our children, have spent a lot more time at home. Being at home definitely has some pros; more family time, less hustle and bustle, but with the pros comes those unwanted cons. In the pediatric clinic, weight gain is one MAJOR con we've noted since the onset of the pandemic. Since the pandemic, we have noted a drastic increase in weight gain for many children and youth since the pandemic. The children in our community, as with most Native American communities, have historically struggled with childhood obesity with rates over the national average. We completely understand, this is due to a combination of factors, and the pandemic is not the singular cause of this trend, but it certainly has not helped.

Long before the pandemic, youngsters have spent WAY too much time “online” staring and swiping mindlessly at devices (TV, tablet, iPad, cell phone, computer, video games, etc.) or staying up all night “gaming.” Associated with excessive media use comes obesity, lack of sleep, school problems, social problems, isolation, behavioral problems, aggression, boredom, depression, anxiety, bullying, and the potential for sexual exploitation, just to name a few. Enter the coronavirus (COVID-19) pandemic, social distancing and distance learning! Children and youth may not have the opportunity to participate in the extra-curricular activities they love and spend upwards of 6-8 hours sitting in front of a screen 5 days a week...YIKES! Unfortunately, this is a ‘necessary evil’ of the times and school work should always be the priority (sorry y’all... TikTok and Instagram doesn't count).

The American Academy of Pediatrics (AAP) recommends less than two hours of screen time per day and at least 60 minutes of physical activity. As we move into the cold season, trying to maintain social distancing while distance learning at home, we need to stop hibernating, take a break from our devices, and start moving! Parents and guardians need to help children and teens develop a healthy balance and parents/guardians...a little self-reflection on our own screen time and exercise habits is also warranted (wink, wink).

The Healthy Children website by the AAP as a great media use guide on their website; search on any web browser “How to Make a Family Media Use Plan.”

Below are some fun, “COVID-safe” activities you, your children and youth can do to help get them outside (don't forget your cold weather gear)!

- Rake leaves in a pile to jump in
- Nature walks or scavenger hunts; spot wildlife, gather mushrooms or berries
- Go fishing
- Sledding
- Snowshoeing
- Build a snowman
- Paint the snow; fill spray bottle with water and place 3-4 drops of food coloring in water or use water colored paints and a brush
- Shovel snow for a loved one or elder in need
- Ice skating
- Pond hockey
- Snow ball fights (avoid the face...please!)

Oshkigin Pediatrics thanks you for trusting our team with the care of your children/youth, please help us get kids moving, out of hibernation, and off the screens, the health and well-being of our future generation depends on it!

White Earth Dental Team updates the status of scheduling routine appointments

By Toby Imler, DDS
White Earth Health Center

We hope this finds you and your family in good health. The last few months have been a flurry of changes here at the clinic, with almost daily adjustments made to ensure the safety of our patients and staff during the COVID-19 pandemic. With the changing of the seasons and the beautiful colors already peaking around us, more changes will undoubtedly come as our children return to school and we spend more time indoors.

We wanted to update you about the status of scheduling routine dental care at the White Earth Dental Clinic. We continue to ask for your patience and understanding as we are operating under our COVID-19 protocols. These changes help us ensure the safety of everyone that comes into the clinic, but it does also lead to a reduction in our capacity. Most importantly, we want you to know that if you have a dental emergency, we are here to assist you by calling the White Earth Dental Clinic at 218-983-6285.

By the end of September, we contacted or attempted to contact all patients that were cancelled due to the COVID-19 response. If you had an appointment that was cancelled you should have received a call from the Dental Clinic. If we were unable to reach you, please contact the clinic to set up an appointment. We want to ensure that we honor those appointments that were cancelled due to COVID.

This pandemic continues to be a very real part of all of our daily routines and despite our desire to return to normal life, we will be operating under this new normal for the foreseeable future. With this reality in mind, we are continuing to operate under our COVID-19 protocols. This means that we are still available for dental emergencies or urgent needs everyday by calling the Dental Clinic. It also means that our ability to provide routine, comprehensive care, is reduced. Some routine care will be provided, but we will continue to only schedule these appointments out one to two weeks in advance. This allows us to adjust quickly if we need to make further changes for the safety of our community. We will update you regarding future changes to Dental scheduling through the clinic's Facebook page and the newspaper.

As a reminder, we will be scheduling appointments in a manner that promotes social distancing and allows for adequate time for us to disinfect all areas of use in between patients. What do you need to know to prepare for a scheduled dental appointment?

- If you are over the age of 65 or have preexisting health conditions (as recommended by CDC) such as diabetes, chronic lung disease or asthma, serious heart conditions, are immunocompromised, or chronic kidney or liver disease, we recommend you do not visit the office at this time. If you fall into this high risk category, but need to accompany a child or family member for a visit, please call our office at 218-983-6285 to address this request on a case-by-case basis.

- We ask that patients come to their dental appointment unaccompanied, if possible. For those patients who need a parent or guardian to accompany them, we ask that this be limited to one parent or guardian only.

- Upon arrival to the clinic for a scheduled appointment, several COVID-19 symptom screening questions will be asked. We will postpone treatment for any patient who has experienced the following symptoms within 14 days of the scheduled appointment date: fever, cough, loss of taste and/or smell, flu-like symptoms, difficulty breathing or shortness of breath, and/or fatigue.

- You will need to wear a source control cloth face mask to help limit the spread of COVID-19 disease. Help us to conserve supplies needed by health care workers by wearing your own source control cloth mask when you come to the clinic. Note: cloth face coverings should not be placed on young children under age 2, or by anyone who has trouble breathing.

Infection control continues to be a top priority in our dental practice. From the onset, we implemented additional safety precautions for the protection of our patients and staff. We are following recommendations and guidelines made by the American Dental Association (ADA), the Centers for Disease Control and Prevention (CDC), and the Occupational Safety and Health Administration (OSHA).

As these organizations routinely update their guidance, we change our protocols to remain current and follow best practices. This allows us to make sure that our infection control procedures are up-to-date and enables us to provide you, our patients, with the safest environment possible. We are here to serve you during this difficult time.

Thank you and continue to stay safe.

2020 Tamarac NWR Trapping Drawing

The trapping drawing for zones in Tamarac NWR will be held **Wednesday, October 14, at 6 p.m.** at the Mahnommen Natural Resources Office, the old Tribal College building on Hwy 59.

Tribal members must bring their drivers license, Tribal ID card, and current harvest permit. **Masks are required.**

The White Earth Natural Resources Department encourages all interested trappers to attend, there are numerous opportunities for trapping of all sorts especially beaver.

If you have any questions please contact Doug McArthur at Doug.McArthur@whiteearth-nsn.gov.

Thanks and hope to see you there!!

AT Readers

** Please let us know if you recently moved, or have moved in the past few years so we can cancel your old address. Call the **Anishinaabeg Today** at 218-983-3285 Ext. 5903 or email today@whiteearth-nsn.gov

One-Call Center

The **One-Call Center** is currently in operation as a part of the Emergency Operation Center for the White Earth Nation. It is available to assist callers and respond to emails to provide resources and supportive services with a nurse, mental health and human services worker available Monday-Friday from 8 a.m. to 4:30 p.m.

**White Earth/Mahnomen County One-Call Center
+ Nursing + Mental Health + Human Services
218-936-2774 // covid19@whiteearth-nsn.gov**

Contact the One-Call Center if you or someone you know need resources or contact info for:

Covid19 Triage #
Nursing/Home Health Services
Mental Health Services
White Earth DMV Services
Food Assistance
Community Council contacts
Emergency Energy Assistance
Employment Services
Veteran Services
Elder Services
White Earth Homeless Resources
Enrollment Contacts
Substance Abuse/Rule 25 Assessments
General COVID-19 Questions
General Questions Relating to WE Programs

Call For Move-In Specials!

WHITE EARTH CONGREGATE HOUSING

WAUBUN, MINNESOTA

White Earth Congregate Housing has immediate openings for 1 bedroom units. Must be 62 years of age or 18 years of age with a disability.

Rent includes water, sewer, garbage and heat. Rent is based on income. Certain restrictions apply

For complete information call DW Jones Management, Inc. 218-547-3307 or

www.dwjonesmanagement.com

CREATING BETTER LIVING!

Equal Housing Opportunity TTY 711



You can reach the AT at 218-983-3285 Ext. 5903



MAHNOMEN ✦ BAGLEY
 STARCASINO.COM ✦ 800.453.STAR

AUTUMN ATV AND CASH GIVEAWAY TRAILS



**WIN YOUR SHARE OF \$65,000
 IN CASH, ATVS AND UTVS**

Sundays in October & November | 4PM-9PM
 Grand Prize Drawings Every Sunday

TELECONFERENCE BINGO



IS BACK!

Fridays | 6pm

\$5 cards,
 \$500 Regular Games
 & Ten (10) \$1,000 Coveralls

Monday | 6pm

\$2 cards,
 \$100 Regular Games
 & One (1) \$1,000 Coverall

October Food Distribution Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
Office hours: 8 to 4:30 Distro hours: 9 to 3:30 Lunch: 12 to 12:30 Phone: 218-935-2233 Fax: 218-935-2235			1	2 Home Deliveries Mahnomen, Waubun <i>No Distribution</i>
5	6	7	8	9 Home Deliveries RL, Bagley, Ponsford, NTW <i>No Distribution</i>
12 Home Deliveries Dates Subject to Change!	13	14	15	16 Home Deliveries White Earth <i>No Distribution</i>
21	22	21	22	23 Home Deliveries Detroit Lakes <i>No Distribution</i>
26	27	28	29	30 Inventory No Distribution

White Earth Financial Services & COVID19 Wiidookodaadiwin – "We Assist Each Other" Closed to the public until further notice

Staff available: Monday-Friday / 8 a.m.-4:30 p.m.
 Phone: 218-935-2359 or toll free: 1-844-282-6580
 Call volume is at a high level, please leave your name and DOB with a brief message of your questions. Your concerns are very important to us. We strive for same day/next day return call.

Family Cases contact: Tina Swenson Ext 3265, Annie Erickson Ext 3309, Jeana Ketter Ext 3291, Jennifer Scott Ext 3313, Lori Savoie Ext 3274

Adult Cases contact: Shellie Racer Ext 3307, Lori Drift Ext 3312

Aged, Blind, Disabled contact: Crystal Fineday Ext 3306

Administrative Assistant: Aimee Hisgun Ext 3715, Wendy Johnson Ext 3305, Teresa Kappedal Ext 3715

Concerns or comments:
 Financial Service Manager, Amy Littlewolf Ext 3290

Mailing Address: PO Box 100, Naytahwaush, MN 56566

We have five fax locations to receive documents
Naytahwaush Sports Complex: 218-936-3104
Mahnomen Backgrounds Office: 218-936-2508
Detroit Lakes Workforce Center: 218-844-5811
Bagley Financial Services: 218-694-6507
White Earth Financial Services: 218-983-4294

IMPORTANT: SNAP/Cash/Emergency Applicants
 Internet users/online applications: Applymn.dhs.mn.gov
No internet/no problem: Call our office and we will guide you through the application process.

If you have any questions regarding Public Assistance programs and the application process, please let us know.

Miigwech and stay safe



Proudly owned and successfully operated by the White Earth Nation.
 ©2020 White Earth Reservation



VOTE Alan Roy

**Veteran • Father
White Earth Leader
Community Advocate**

“ I am asking for your vote in the Nov. 3 election for the Minnesota State Senate. I grew up in White Earth, Minnesota. I understand your needs and will listen to your ideas and concerns for your children and families. As your state senator, I will work hard to make sure your voices are heard and promote trust relationships with Minnesota’s Tribes. ”

Miigwech,

-- Alan

It's time for a change.
It's time to elect a new leader to better represent our communities.

Alan Roy
for State Senate



Alan, his wife Henny and their three children, Christian, Sean, and Ashely.

As your state senator, Alan Roy will fight for:

- Affordable and accessible health care
- Investments in public education
- Advance for criminal justice reform
- Support environmental stewardship
- Invest in economic and workforce development
- Support rural development

Vote by mail or in person

Vote early in person: Go to [MNVotes.org](https://mnvotes.org) for your polling location

Vote by mail: Have your absentee ballot sent to you:

www.dfl.org/page/vote-by-mail.

WE Homeless Program is a provider agency for COVID-19 Housing Assistance funding

The White Earth Homeless Program is a provider agency for COVID-19 Housing Assistance Program funding. Please see eligibility requirements and apply online at 211unitedway.org or call the phone number below if you don't have internet access. After you complete the application, and select White Earth Reservation as your provider agency, a staff member will contact you. If you have any questions about this funding you can also call the Homeless Program at 218-935-5554 Ext. 3212

COVID-19 Housing Assistance Program

What is the COVID-19 Housing Assistance Program?

The COVID-19 Housing Assistance Program provides housing assistance payments to help prevent eviction, prevent homelessness, and maintain housing stability for eligible renters and homeowners. Local administrators will review applications from individuals and families requesting assistance, verify eligibility, and process payments for eligible expenses on behalf of households.

Am I eligible to apply?

To qualify for housing assistance, Minnesota households must meet all of the following criteria:

Income at or below 300% of federal poverty guidelines, with a preference for those at or below 200% of federal poverty guidelines.

Have an eligible expense that was incurred after March 1, 2020 that is past due. Housing assistance funds can only be used for eligible expenses incurred between March 1, 2020 and December 30, 2020.

Be unable to make one or more payments owed because of the public health emergency due to unemployment, illness, or another COVID-19 related issue.

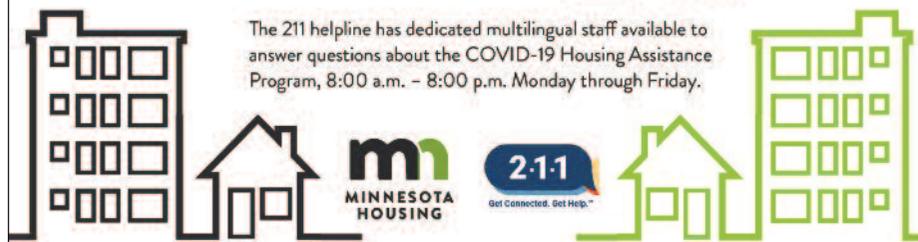
What expenses are covered?

The program covers past due housing expenses such as:

- Rent payments | Mortgage payments | Contract for deed payments | Manufactured home park lot rents and payments | Utility payments | Homeowners Association fees

How do I apply?

-  **Call 211**
Toll Free: 1.800.543.7709
Local: 651.291.0211
-  **Visit 211unitedway.org**
-  **Text "MNRENT" or "MNHOME" to 898-211**




FEED OUR FAMILIES

is now open to help those in need

(218) 936-6010

Deliveries Monday-Friday

If you are in need of a monthly supplement package, please don't hesitate to call.
We appreciate your patience while we work to deliver and provide as there is only one phone line at this time.
We will distribute to communities on the Reservation.

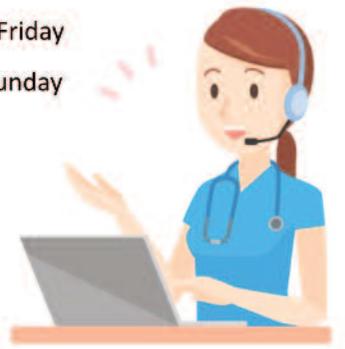
Nursing Call Center

White Earth employees who develop COVID-19 like symptoms need to be monitored by the Nursing Call Center. COVID-19 symptoms include:

- Fever
- Dry Cough
- Shortness of Breath
- Body Aches

Hours of Operation

6:30 am - 4:30 pm	Monday - Friday
8:30 am - 4:30 pm	Saturday & Sunday



If you work hours outside of this time and you develop symptoms, please notify your supervisor, stay home from work, and call during the Nursing Call Center Hours of Operation.

Employees will be monitored for 14 days. At a minimum, an employee will be required to stay home for 7 days and will need to be symptom free for 3 days. If the employee has a negative COVID-19 test or receives a diagnosis from their provider that is not COVID-19, the employee may be able to return to work sooner if able to.

Use Cloth Face Coverings in Public to Slow the Spread of COVID-19



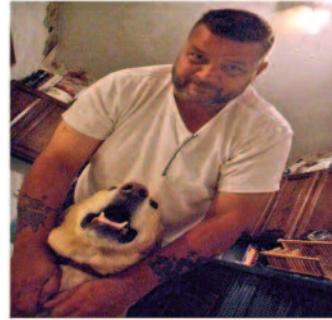
You can reach the *Anishinaabeg Today* at today@whiteearth-nsn.gov

White Earth looks into renewable energy



Submitted photo

White Earth RBC Secretary-Treasurer Alan Roy, left, touring a proposed solar site at the Workforce Center on Sept. 14 in Naytahwaush with Ben Butcher, REAL SOLAR, as part of a Renewable Energy Independence initiative implementation plan.



OCTOBER 17TH, 2020 SURRENDER CLINIC

Winter is coming!

If you are worried about dogs, cats, kittens or puppies that may not survive outdoors or if you have pets you are no longer able to care for, please consider surrender. The animals you bring in will be loved and cared for by our volunteers. If they are injured or sick, we will help them get well. After that your pet will be sent to one of our partner rescues or shelters that will find good homes for them.



Face coverings required.
Please keep 6 ft apart.



Non-medical masks, bandanas, scarves, and cloth can be used.

Hosted by Paul's
Passion WE
Animal Rescue

Sponsored by
Leech Lake
Legacy

Everyone welcome!

Large Igloo doghouse
to be given away.
Drawing at 3:30 pm

Cat and dog food
will be available for
distribution.

**Paul's Passion WE
Animal Rescue**
NTW Sports Complex
2531 310th Ave
Naytahwaush, MN
Sunday, October 17
8 a.m. to 4 p.m.

USDA funding available to help low-income individuals and families buy or repair homes

USDA Rural Development has funding available for very low- and low-income individuals and families seeking to purchase or repair a home in a rural area.

The Direct Home Loan program offers financing to qualified very-low and low-income applicants that are unable to qualify for traditional financing. No down payment is required, and the interest rate could be as low as one percent with a subsidy. Applicants must meet income and credit guidelines and demonstrate repayment ability. The program is available in rural communities of generally 35,000 people or less.

The maximum loan amount is \$20,000 at a one percent interest rate, repayable for a 20-year term and can be used to improve or modernize homes and do essential repairs. Grants of up to \$7,500 are available to homeowners 62 and older and must be used to remove health or safety hazards, such as fixing a leaking roof, installing indoor plumbing, or replacing a furnace.

Time is limited to receive funds for the current fiscal year. Contact a USDA Rural Development Housing Specialist in your area today, to see if you qualify.

USDA Rural Development loans and grants provide assistance that supports infrastructure improvements; business development; housing; community services such as schools, public safety and health

care; and high-speed internet access in rural areas.

For more information call the Detroit lakes office at 218-847-9392 Ext. 4 or visit www.rd.usda.gov/mn.

USDA is an equal opportunity provider, employer, and lender.

JOM registration for Waubun/Ogema students

Parents or guardians of Waubun or Ogema students.

If you did not complete an application for your student this school year, please do so. If your student is not enrolled, please submit a copy of their birth certificate. If a parent is a descendant of an enrolled member, please submit your birth certificate also. If you do not have a birth certificate, you may contact the White Earth Education Department.

If you need a JOM application, please call WE Education at 218-983-3285 Ext. 5312 or WE Enrollments at 218-983-4643 to have them mailed to you, or download the application online at www.whiteearth.com

VOTE FROM HOME



**Stay safe.
Stay
engaged.**

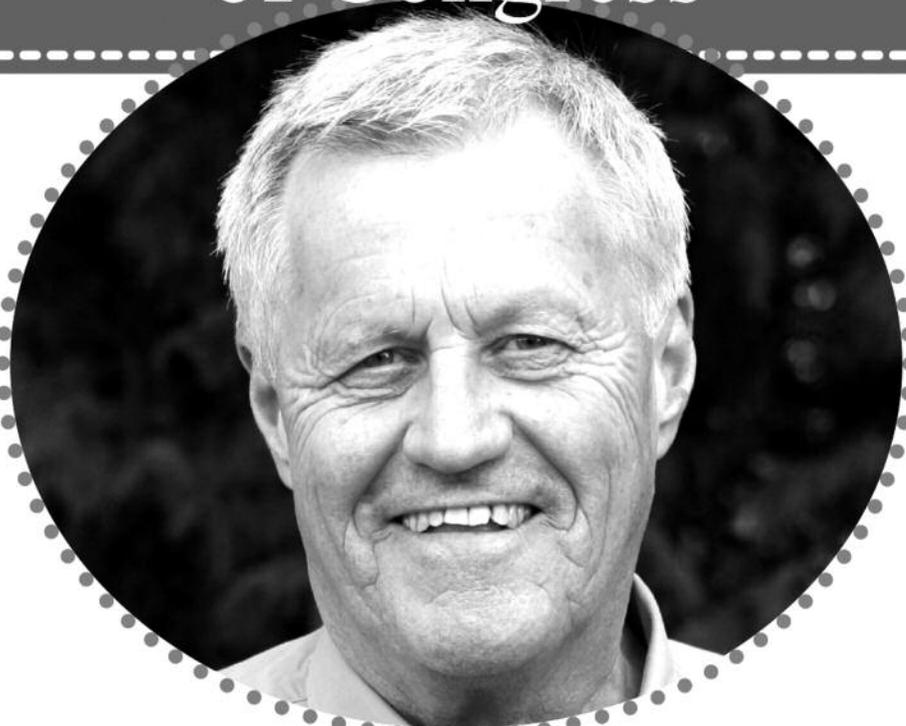
During COVID-19, many voters are not able or would prefer not to go to their polling place on Election Day. In Minnesota, you may register to vote – and vote – from the comfort of your home!

On the Secretary of State's website, you can register to vote, request an absentee ballot, check to see if you are already registered, track your absentee ballot, and find out what is on your ballot. Right now you can go straight to the courthouse and vote absentee. You may also go to your local library to ask questions about voting and use their computer to get online. (You may need an appointment). Your vote is how your voice is heard!

mnvotes.org



“The most bipartisan member
of Congress”



*Endorsed by: Minnesota Farm Bureau,
Minnesota Farmers Union,
Minnesota Police and Peace Officers*

*Winner: U.S. Chamber of Commerce
Jefferson Hamilton Award For Bipartisanship
Minnesota Milk Producers Legislator of the Year*

*Congressman Collin
Peterson*

Prepared and Paid for by Peterson for Congress, PO Box 265, Detroit Lakes, MN 56502

ATTENTION:

Property Owners Along Tulaby Lake Drive, Fisherman’s Wharf, Bald Eagle Haven Road, South Tulaby Lake Road

Eagle View Township will hold it’s October Meeting on **Tuesday, October 13, 2020 beginning at 7 p.m.** This meeting will also serve as a Hearing for the Special Dust Control Tax Assessment that has been in effect since 2001 on Tulaby Lake Drive. All interested parties are encouraged to attend.
Written comments should be received before October 12, 2020 and sent to:
Mary Turner, Clerk, Eagle View Township
37688 Tulaby Lake Drive
Waubun, MN 56589

- **What:** Dust Control Tax Assesment Hearing
- **When:** Tuesday, October 13, 2020 at 7 p.m.
- **Where:** Elbow Lake Community Center
39944 North Elbow Lake Drive
Waubun, MN 56589

Attendees are required to wear a mask and practice social distancing. Thank you.

PP School Meeting Minutes

Pine Point Regular School Board Meeting
Monday, August 10, 2020 @4:30 p.m.
Pine Point School Staff Room

- 1.0 Roll Call** – Meeting called to order by Chairman Gerald Adams at 4:35 p.m.
Members present – Gerald Adams, Sara Hunt, Teresita Diaz, Michael Swan, Anthony Clark
Members absent – Sara Clark-deceased
Ex-officio – Chris Schulz, Principal
- 2.0 Recognition of Visitors** – Bonnie Meeks
- 3.0 Approval/Amendment of Agenda** – Motion by Teresita Diaz to approve the agenda as amended: Add 7.1 Policy 808 – Face Masks, seconded by Sara Hunt. All in favor. Motion carried.
- 4.0 Approval/Amendment of Minutes** – Motion by Michael Swan to approve the June 22 & 23, 2020 minutes as presented, seconded by Anthony Clark. All in favor. Motion carried.
- 5.0 Finance**
 - 5.1 Treasurer’s Report – Motion by Teresita Diaz to approve the Treasurer’s Report for July 2020 as presented, seconded by Michael Swan. All in favor. Motion carried.
 - 5.2 Payment of Bills & Electronic Funds Transfer & Credit Card Transactions – Motion by Michael Swan to approve the payment of bills for the month of July 2020 in the amount of \$43,912.59 for check #30559 through check #30606 and the EFT for Federal/State/TRA Payroll Tax & Credit Card Transactions, seconded by Sara Hunt. All in favor. Motion carried.
- 6.0 Unfinished Business** 6.1 No unfinished business
- 7.0 New Business**
 - 7.1 Policy 808 – Motion by Michael Swan to approve the Face Mask policy, seconded by Anthony Clark. All in favor. Motion carried.
- 8.0 Principal’s Report** – Discussion on 1st day of school; Meals in classroom; Green’s Plumbing; Audit; Bus; School Board Elections. No action needed.
- 9.0 Public Participation** – None
- 10.0 Adjournment** – Motion by Teresita Diaz to adjourn the meeting at 4:55 p.m., seconded by Sara Hunt. All in favor. Motion carried.

WE Forestry has wood available for Spirit Fires

The White Earth Tribal Forestry office has firewood available for Spirit Fires when there is a passing in our communities. This firewood is cut and split, and can be delivered to families on the reservation that may be going through the grieving process.

- There are a few special considerations:**
- ❖ This firewood is available for a tribal member passing only.
 - ❖ Firewood deliveries will be limited to **one** pickup load per Spirit Fire/passing.
 - ❖ The firewood will be delivered to families within the reservation boundary.

❖ This firewood may be used only for Spirit Fire purposes. We hope to continue to offer this service as much as we can in the future. Please contact the White Earth Tribal Forestry Office in Naytahwaush for this service at 218-935-5967. After business hours and during weekends, call White Earth Police Dispatch at 218-983-3281.

White Earth Nation has a Facebook page!
Visit us for the latest COVID-19 updates:
www.facebook.com/WhiteEarthNation

WHITE EARTH URBAN COMMUNITY COUNCIL

Saturday, October 24,
2020 from 9:00 AM – 3:00 PM
Located at 1730 Clifton Place in Minneapolis, MN

WILL HAVE AVAILABLE

Tribal Id's,
Wild Rice and Ojibwe Office Supply Apparel Sales
Food Boxes

Covid -19 WE Cares Package Applications (Notary onsite)

Deadline for applications is November 1, 2020

Please bring your ID and make certain you put your enrollment number on the application. If you do not have your enrollment number, enrollment will be available on the phone from 9:00 am – 12:00 pm

WHITE EARTH TRIBAL COUNCIL WILL BE AT THIS EVENT

Please pass on information to family members in the metro area.
Thank you!!



White Earth Urban Community Council

Char Lee, Chair
Angie Vig, Co-Chair
Cheryl Jimenez, Treasurer
Dawn Laroque, Secretary

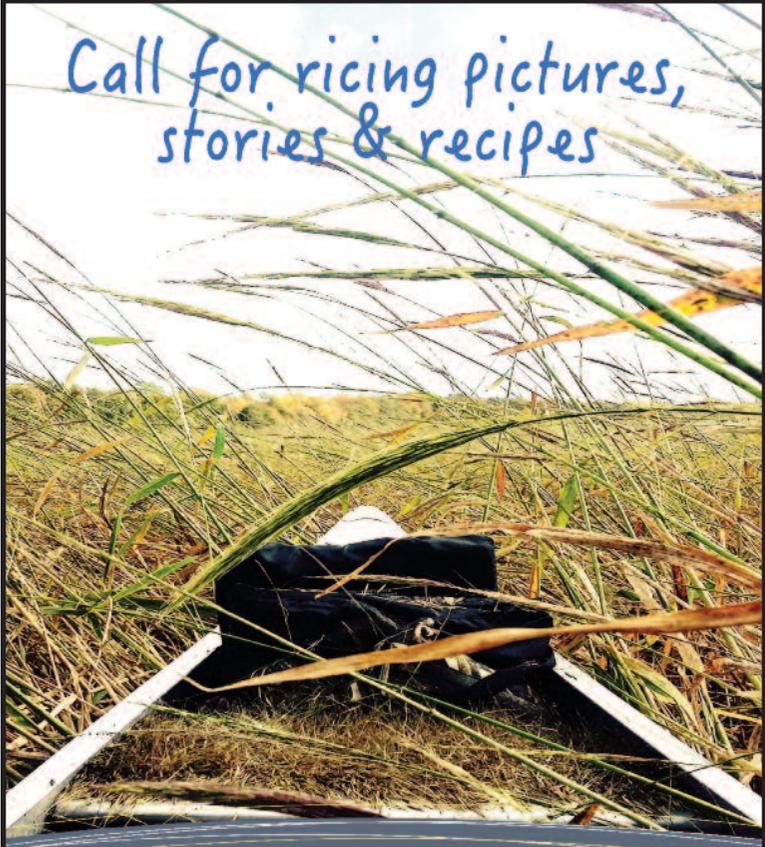
For more information, contact Char at 651.262.7602
Email: weuccmpls@gmail.com

**GREEN FRIENDLY PELLETS, LLC
ECO BIO FUELS COMPANY
NOW HIRING -- PRODUCTION**



PO BOX 68, 1004 Central Street W, Bagley, MN 56621
Email: info@ebfwoodpellets.com
Website: www.ebfwoodpellets.com
Phone: 651-210-7717

*Call for ricing pictures,
stories & recipes*



The White Earth THPO / Tribal Archives is seeking your favorite ricing photographs, stories, and recipes for inclusion in the White Earth Digital Archives.

For more information, or to submit images, please contact the THPO at:
jaim.arsenault@whiteearth-nsn.gov

HOW TO VOTE **VOTE 2020**

Your vote is your voice!
Get registered, get informed, go vote!

WHO CAN VOTE?
To vote in Minnesota, you must be a U.S. citizen, at least 18 years old on Election Day, and a resident of Minnesota for at least 20 days.

If you had a felony conviction, you can vote after you finish all parts of your sentence, including any probation, parole, or other conditions such as restitution.

You can vote while under guardianship, unless a judge has revoked your right to vote.

REGISTER TO VOTE
You must be registered to vote at your current address. To register or to update your registration, go to mnvotes.org.

You can also register at your polling place on Election Day. You must show proof of your name and current address. For more details, visit mnvotes.org or call 1-877-600-VOTE.

2020 DATES
VOTE EARLY
Vote by mail or in person June 26 through August 10.
PRIMARY ELECTION
Tuesday, August 11 (if necessary)
VOTE EARLY
Vote by mail or in person September 18 through November 2.
ELECTION DAY
Tuesday, November 3

continued on back...

Office of the Minnesota Secretary of State
mnvotes.org • 1-877-600-VOTE

HOW TO VOTE **VOTE 2020**

...continued from front

SEE YOUR SAMPLE BALLOT
To see the candidates and questions that will be on your ballot, go to mnvotes.org.

VOTING LOCATIONS AND HOURS
To find out where you vote, visit mnvotes.org. Most polling places are open from 7 a.m. to 8 p.m.

WHAT TO BRING ON ELECTION DAY
If you are registered to vote at your current address, you do not need to bring identification. If you need to register or to update your registration, you will need to show proof of residence before you vote. To learn more, visit mnvotes.org or call 1-877-600-VOTE.

VOTE EARLY WITH AN ABSENTEE BALLOT
You can vote early at your local elections office. You can also apply to have an absentee ballot sent to you in the mail. To find your local elections office or to request an absentee ballot, visit mnvotes.org.

TIME OFF WORK TO VOTE
You have a right to take time off work to vote, without losing your pay, personal leave, or vacation time.

Office of the Minnesota Secretary of State
mnvotes.org • 1-877-600-VOTE

Please update your address!

You **MUST** update your address with White Earth Enrollments even if you updated your address with White Earth Licensing (IDs), White Earth Election Board, or the *Anishinaabeg Today*.

**Call White Earth Enrollments
at 218-983-4643**

** Please let the newspaper know if you recently moved so we can cancel your old address.
Many papers are still being sent to old addresses!

Call the *Anishinaabeg Today* at 218-983-3285 Ext. 5903 or email today@whiteearth-nsn.gov

I am David Suby...



and here is what I think:

Candidate of MN House of Representatives in District 2B

To the people of the White Earth Nation:

During my campaign I have heard you express tremendous concern and loyalty to family and friends. While facing loss of jobs and healthcare problems, you open your doors to people in need and those who find themselves homeless. We are living in strange times, times of uncertainty and worry.

On my mailings and ads I include the line "*before it's too late*". These words are a **call to action** for everyone. There is work to be done. It's not too late!

But not voting is not a protest, it is surrender.

Let's decide what needs to be done and work on solutions to the changes we all want and need. I will listen and work hard for you.

I would like your vote.

REMEMBER, ONE VOTE CAN CHANGE EVERYTHING!

suby for 2b

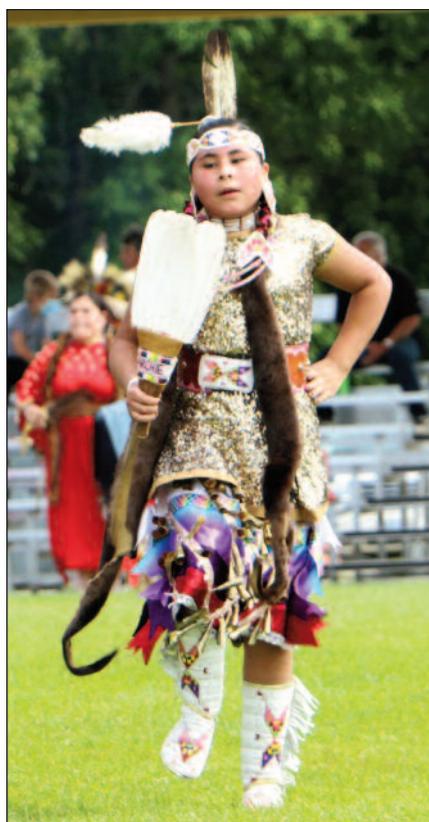
before it's too late...

Highlights of the 152nd Annual WE Celebration & Pow Wow



Photos by Gary W. Padra

The 152nd Annual White Earth Celebration and Pow Wow was held Sept. 6. More than 130 dancers and 11 drums were registered. The new 2020/21 Royalty are Tyson Norcross - Senior Brave, Hailey Bower - Senior Princess, Keagon Goodman - Junior Brave, and Angalique St. Clair - Junior Princess.



Anishinabe Legal Services

helping underserved while pushing forward with new building

By Hannah Olson
Bemidji Pioneer

CASS LAKE, Minn. — Civil cases — divorce, wills and estate planning, property damage, custody proceedings, tenants rights — all are serious legal matters for which many people cannot afford representation or advice.

Anishinabe Legal Services (ALS) in north-central Minnesota aims to close this gap for low-income residents of Leech Lake, Red Lake and White Earth Nations with its goal to ensure equal access to high quality legal assistance for historically under-served people and to protect legal rights and tribal sovereignty.

The organization has been working toward justice in the area since 1967, and earlier this month, demolished its crumbling home for the last 45-plus years.

Previously, ALS in Cass Lake was in a building more than 100 years old. It had been the home of the organization for 45 years, but after some staff injuries, was deemed unsafe.

“It was one of those situations where there were huge cracks in the wall, the floors were not level, our financial administrator sprained her ankle on the first day on the job because of the uneven floors,” said Cody Nelson, Anishinabe Legal Services director. “It was a constant worry about client and staff safety. There were all kinds of problems. The upstairs was 30 degrees warmer than the downstairs.”

A project for a new building has been ongoing since nearly 2012. The board of directors decided in 2018 to undergo official strategic planning and a fundraising plan was formed. The total project cost is right around \$500,000, Nelson said.

The building was demolished on Aug. 3, and the future building is being constructed in a factory off-site. It will be installed in the location of the former building. ALS will also update the sewer and water lines, obtaining energy efficient products (such as

triple pane windows, a dual source heat pump, and LED lighting throughout), and ensuring accessibility for everyone. Accessibility is a big concern, as many of the clients served are elderly or vulnerable populations.

The fundraising campaign is still ongoing and has raised nearly \$220,000 in funding, said Chari LaDuke-Clark, administrative director. ALS continues to accept regular donations through mail (PO Box 157, Cass Lake, MN 56633) or through online options such as the GoFundMe or through the program’s website link: www.alslegal.org.

The program staff hope the building will be open by mid-October.

About Anishinabe Legal Service

ALS is funded a variety of ways: the Legal Services Corporation, Minnesota state legislative funding, IOLTA (interest on lawyer trust accounts), special grant projects, contract funding through Leech Lake and White Earth, area foundations and private donations.

Nelson said that, while their funding sources are diverse, it is never enough. Since the program is often underfunded, Nelson said ALS has to prioritize certain types of cases.

“We are dramatically underfunded relative to the need,” Nelson said. “Between one-half and two-thirds of applicants are turned away only because of lack of resources by the programs.

“We still have a large gap between what the community would like us to be able to do and what we are able to do, so we really have to prioritize services.”

Clients are not necessarily limited to enrolled band members, and is more based on where the client lives, where the legal problem is and level of need.

Nelson said the following legal needs are ALS’s core priorities:

See ALS Page 29



Photo by Hannah Olson / Bemidji Pioneer

The future home of Anishinabe Legal Services is being constructed offsite and will be installed on First Street in Cass Lake this month.

Camp features cultural teachings

The 2020 Rice Camp was held Sept. 12-13 at the White Earth Nation Little Elbow Lake Campground. This collaborative event was hosted by White Earth Tribal and Community College, Community Extension Service Department; University of Minnesota Extension, Youth Development; White Earth Elderly Wellness Program; and White Earth SNAP-Ed.

The seasonal fall camp was attended by 43 participants (28 adults and 15 children). Cultural teachings and Ojibwemowin learning opportunities were shared, along with many other activities offered, such as: parching wild rice; making wild rice or corn flour with a bootaagan (mortar) and bootaaganaak (pestle); fishing, netting, filleting, and smoking fish; butchering and smoking venison; corn husk doll making; and a wild edibles plant walk.

Miigwech to the White Earth Natural Resources Department for use of the campground site and permits for hunting and fishing, as well as to USDA, NIFA and collaborative partners for making this event possible.



Photo by Tammy Bellanger

Layla Britt uses a bootaaganaak (pestle) to make corn flour in a bootaagan (mortar) during the 2020 Rice Camp held Sept. 12-13 at the White Earth Nation Little Elbow Lake Campground.

Attention all WE Tribal Members

The White Earth \$500 Coronavirus Relief Program Application deadline has been extended until Oct. 31.

To download an application go to www.whiteearth.com

Concealed Carry Class

Retired Sheriff Brad Athmann-Instructor

Law Enforcement Instruction For Clear
Version of Minnesota Use of Force Laws

Protection For Family and Home

Saturday, OCTOBER 10th, 10 a.m.

Twin Lakes Fire and Ambulance Station
Co. Rd. 4 Naytahwaush. Mn

4 Hour Classroom and Firearms Qualification

Bring firearm and 20 rounds ammo

Firearms available for qualifications if needed

Register at class location. Cost \$85

Class open to ages 20 and up.

FACE MASKS REQUIRED & SOCIAL SPACING

FOR QUESTIONS? CALL- 218-261-0266

Rez youth certified in firearm safety



Photo by Ashley Zurn

White Earth Conservation officer Ron Warren supervises youth shooting at targets to earn their Firearm Safety Certificate on Sept. 27 at the Naytahwaush Range. In addition to shooting, candidates had to pass an online test. Eighteen youth received certificates. Conservation would like to thank Dusty Roy for all his help with planning and organizing the event and also the Mahnommen Rod and Gun Club for the use of their range.



MAHNOMEN + BAGLEY
STARCASINO.COM + 800.453.STAR



JOIN US FOR

TRIBAL ELDERS MONTH

Visit any day in October to get **\$20 Star Cash,**
\$20 cash and **\$10 off dining** at Mino Wiisini or
Little Dipper. It's our way of saying "Miigwech."

*Offer valid one time Oct. 1 to Oct. 31. Tribal ID required.



Proudly owned and successfully operated by the White Earth Nation.
©2020 White Earth Reservation



WE 2020 Fall Netting Season

Gill netting period:

1. Gill nets may be set from October 24 to December 31, 2020.

Lakes open to gill netting:

Bad Medicine, Big Bass (Mahnomen County), Big Elbow, Green Water, Ice Cracking, Island (Mahnomen County), Little Bemidji, Lone, McCraney, Net, **North Twin***, Pike, Roy, Big Rush, Snider, Strawberry, **South Twin*** and Tulaby. Additional lakes (Many Point, Round and White Earth) can be found under special seasons. *North and South Twin Lakes will have special regulations due to zebra mussel infestation.

Gill net dimensions:

1. Gill nets cannot exceed 200 feet in length.
2. Gill nets cannot exceed 6 feet in depth.
3. Mesh size cannot be less than four inch stretched, two inch bar.

General:

1. The sale of game fish is prohibited.
2. It is prohibited to possess Lake Sturgeon.
3. No more than 200 feet of gill net per tribal member fishing at any given time.
4. It is prohibited to disturb, move, obstruct or interfere with any gill net of any tribal member, unless that tribal member is present.
5. Tribal members must have in their possession a White Earth Tribal Identification Card.
6. Watercraft Regulations will be enforced (C.C. 1800.01 Boats and Watercraft).
7. **Gill nets must be checked every 48 hours.**
8. **Note: Please reference special regulation lakes below for additional checking times.**

Location:

1. Gill nets must be set such that one end is in water less than 10 feet deep, as measured from the lake bottom to surface of water or ice.
2. Gill nets shall not be placed in, or within 300 feet of a river channel, stream, inlet, or outlet of a lake.
3. Gill nets shall not be set within 50 feet of a previously set net.

Markings:

1. Gill nets must be clearly visible from the surface of the water or ice and marked with a float, buoy, pole or flag at both ends.
2. The name and enrollment number of the tribal member must appear or be attached to both ends of the gill net.

Limits:

1. No limit on the amount of tullibee, whitefish or rough fish.
2. Incidental game fish may be kept.
 - a. **Musky caught in gill nets do not need to follow length limits and may be kept.**

Early Season Elder Use Permits

1. Early season netting is October 10 to October 23, 2020.
2. An elder use permit may be filed with the Natural Resources Department for elders 55 years of age or older for early season netting.
3. Elder's may have a helper(s) present under the age of 55 while setting and checking. However, the helper(s) may not set a net of their own until the regular netting season opens on October 24, 2020.
4. Nets need to be checked every 12 hours due to high water temperatures.
5. The permitted parties must submit the request to Natural Resources prior to net placement.
6. The permitted parties must be enrolled members of White Earth and provide enrollment information at the time of application.
7. Information regarding dates and lakes to be netted will be filled out at the time of application.
8. The permitted elder(s) and helper(s) must present be in the boat while setting and checking and each elder may not have more than 200 feet of net fishing at any given time.
9. The remaining netting regulations for the 2020 netting season apply.
10. Early Season Elder Use Permits will be available online via White Earth's social media sites. Please follow the instructions for completing and submitting the forms or contact will.bement@whiteearth-nsn.gov for a copy of the permit.
11. Early Season Elder Permits are non-transferable.
12. Watercraft Regulations will be enforced (C.C. 800.01 Boat and Watercraft).

Lakes open to gill netting under Special Seasons

Many Point, Round and White Earth.

Special Season gill netting period

Gill nets may be set beginning November 7 to December 31, 2020 on Many Point, Round and White Earth Lakes.

Special Seasons netting restrictions for Many Point, Round and White Earth Lakes

1. Gill nets must be checked at least once every 24 hours.
2. Gill nets must be set such that both ends are in water less than 10 feet deep as measured from the lake bottom to the surface of the water or ice. Gill nets shall not be placed in, or within 300 feet of a river channel, stream, inlet, or outlet of a lake. Gill nets shall not be set 50 feet of a previously set net.
3. Gill net dimensions, markings, and limits are the same as posted above.
4. General rules are the same as the regular season with the exception that nets must be checked every 24 hours.
5. Live sturgeon must be returned to the water immediately after removal from nets.

Note: Efforts to restore Lake Sturgeon in White Earth Lake and Round Lake have included dam alterations to allow fish passage and the stocking of fingerlings. Please contact the Natural Resources Department and report any Sturgeon Mortality.

South Twin / North Twin Special Regulations Permit

Special Regulation Permit gill netting period

Gill nets may be set from November 7 to December 6, 2020.

Special Regulation netting restrictions

1. A Special Regulation Permit must be filed with the Natural Resources Department prior to setting net in North and South Twin Lakes.
2. Nets used in North and South Twin may be reset within North and South Twin only. They may not be placed into another water body until they are cleaned and dried for a minimum of 21 days.
3. Watercraft launched and used for day use on North and South Twin may not be used on another water body until they have been removed from the water and dried for a minimum of five days.
4. Watercraft which has been kept on a dock or lift on North or South Twin may not be used outside of these two lakes until they have been cleaned and dried a minimum of 21 days.
5. All applicable clean, drain, and dry AIS preventions must be in place.
6. All other general netting regulations apply.
7. Special Regulation Permits will be available online via White Earth's social media sites or contact will.bement@whiteearth-nsn.gov for a copy of the permit.
8. Special Regulation Permits are non-transferable.

YOUR MENTAL HEALTH IS IMPORTANT.

OCTOBER, 28TH @ 6 - 7 PM

MENTAL HEALTH CONNECTIONS

MONTHLY HEALTH AND WELLNESS ACTIVITIES

OCTOBER ACTIVITY IS MAKING A MEDICINE BAG

We are offering a free online (Zoom) or in person Health and Wellness group activities @ White Earth Tribal Community College

We will be meeting to discuss how cultural activities help guide you through mental stress.

NOVEMBER WE WILL BE MAKING MOCCASINS

PLEASE CONTACT PAGE LHOTKA

FOR MORE INFO AT PAGE.LHOTKA@WETCC.EDU
218-935-0417 EXT 353

SPACE IS LIMITED FOR IN PERSON UP TO 10 PARTICIPANTS

WHITE EARTH MENTAL HEALTH CRISIS TEAM, SAMHSA, HSPI AND THE WETCC IS PROUD TO OFFER EXTRA SUPPORT FOR PEOPLE DURING THESE TRYING TIMES.

877-410-8550

anonymous crime and elder abuse tip line

The incredible edible pumpkin

By Katie Hoban, RDN, LD
Registered Dietitian
White Earth Public Health

You may have spent part of your gardening time this summer tending to your pumpkin plants to make sure it gets enough water to become the perfect Jack-O-Lantern this fall! Perhaps you are a gardener like me and have a few not so perfect pumpkins...they are no longer perhaps the perfect Jack-O-Lantern pumpkin but now they can become the perfect eating pumpkin and you won't have to run out and buy your canned pumpkin coming fall cooking time!

Besides being the perfect fall decoration pumpkins are indeed a superfruit! Below are five health benefits pumpkins provide (from webmd.com).

1. **Can Help with Weight Loss** - Pumpkin is rich in fiber, which slows digestion – they keep you feeling fuller longer. There's seven grams of fiber in a cup of canned pumpkin. That's more than what you'd get in two slices of whole-grain bread.

2. **Keep Your Vision Sharp** - Pumpkin's brilliant orange coloring comes from its ample supply of beta-carotene, which is converted to vitamin A in the body. Vitamin A is essential for eye health and helps the retina absorb and process light. A single cup of pumpkin contains over 200 percent of most people's recommended daily intake of vitamin A, making it an outstanding option for optical health.

3. **Improve Your Immunity** - The large shot of vitamin A the fruit provides helps your body fight infections, viruses and infectious diseases. Pumpkin is packed with nearly 20 percent of the recommended amount of daily vitamin C, which may help you recover from colds faster.

4. **Lower Your Risk for Cancer** – Beta-carotene is great for your eyes and skin, but you know what else it's for? Fighting Cancer. Research shows people who eat a beta-carotene-rich diet may have a lower risk of some types of cancer, including prostate and lung cancer. Also being rich in Vitamins A and C are a kind of cell defense squad, they are both antioxidants, and they act as shields for your cells against cancer-causing free radicals.

5. **May Help to Manage Diabetes** - In scientific tests, pumpkin has been shown to reduce blood glucose levels, improve glucose tolerance and increase the amount of insulin the body produces. More testing needs to be done before we can say for sure what pumpkin's benefits for diabetics will be, but if you have diabetes, munching on pumpkin certainly won't hurt.

6. **Give You Younger Looking Skin** (Bonus) – Eating pumpkin can help you look younger (beta-carotene in pumpkin helps protect us from the sun's wrinkle-causing UV rays), but the pulp also makes a great, all-natural face mask that exfoliates and soothes. All you need is 1/4 cup pureed pumpkin (not pumpkin pie), an egg, a tablespoon of honey and a tablespoon of milk. Mix, then apply it, wait for 20 minutes or so and wash it off with warm water.

How to Prep your Pumpkin:

• **Bake** - To bake pumpkin, rinse the pumpkin under running water, then cut it in half, discarding the stem and stringy pulp. Save the seeds for roasting if desired. Spray a shallow baking sheet with cooking spray, and place both halves face down on the sheet and cover with foil. Bake at 375 F for about 1 1/2 hours or until tender. Smaller pieces will cook faster. After the pumpkin has cooled, you can scoop out the flesh

and mash, chop or puree it for use in recipes. You also can freeze the pulp in recipe-sized amounts for later use.

• **Freeze/Store** - Freezing is the easiest way to preserve pumpkins. Wash, cut into chunks and remove seeds. Cook until soft in boiling water or

See Pumpkin Page 34

Sweet and Spicy Pumpkin Seeds

Ingredients

1/2 cup pumpkin seeds, clean and towel-dried
1 teaspoon olive oil or avocado oil
1 tablespoon brown sugar
1/2 teaspoon sea salt
1/8 teaspoon cayenne pepper
1/8 teaspoon Black Pepper

Instructions

- Preheat oven to 300°F. Line a baking sheet with parchment paper, and set aside.
- Clean the pumpkin seeds by removing them from the pumpkin, and then picking any large chunks out.
- Fill a medium-size mixing bowl with warm water. Add in the pumpkin seeds, and then swirl around with your hand or a spoon to dislodge any of the pumpkin "gunk." Let rest for five minutes. The pumpkin seeds will float to the top, and the pumpkin guts will sink to the bottom.
- Use a slotted spoon to remove the clean pumpkin seeds to a kitchen towel and pat dry.
- In a small bowl, mix together your seasonings. (May use any combination to make you favorite flavor – google to find more recipes!)
- Toss the clean and towel-dried pumpkin seeds with the olive oil. Then, add in the seasoning mixture, if using, or just salt to taste, tossing to make sure each pumpkin seed is well-coated.
- Spread pumpkin seeds onto the prepared baking sheet, making sure they are in one even layer. If you need to move to a second baking sheet, do so.
- Roast in preheated oven for 20-30 minutes, stirring every 10 minutes, or until the pumpkin seeds are golden brown.
- Remove from heat and let cool completely (pumpkin seeds will crisp up as they cool).

Yield: 4 servings – 2 tablespoons each.

Quick / Easy Creamy Pumpkin Soup

Ingredients

2 c. onions, finely chopped
2 green onions, sliced thinly, tops included
1/2 c. finely chopped celery
1 green chili pepper, chopped
1/2 c. canola oil
3 (14.5-ounce) cans chicken broth, reduced sodium or 6 cups homemade chicken stock
1 (16-ounce) can solid pack pumpkin or 2 cups homemade pumpkin puree
1 bay leaf
1-1/2 tsp. ground cumin
1 c. undiluted, evaporated skim milk
Salt and pepper to taste
Parmesan cheese and fresh chopped parsley

Ingredients

- In a 6-quart saucepan, sauté onions, green onions, celery and chili pepper in oil. Cook until onions begin to look translucent.
- Add broth, pumpkin, bay leaf, and cumin. Bring to a boil. Reduce heat and simmer, uncovered for 20 minutes, stirring occasionally.
- Remove bay leaf. Add evaporated milk and cook over low heat 5 minutes. Do not boil. Taste and adjust seasoning, if necessary. Add 1/2 teaspoon salt and 1/2 teaspoon black pepper, if desired.
- Transfer hot soup to pumpkin tureen. Garnish with grated Parmesan cheese and chopped parsley. Serve hot.

Note: Canned chicken broth and canned pumpkin may contain added salt. Taste the finished soup before adding salt, as additional salt may not be needed.)

Yield: 8 servings – each serving is 210 calories and 15 grams carbohydrates.

Due to ongoing issues with the Covid-19 pandemic, White Earth RBC program hours, days available and services offered may change at any time.

Please call ahead or check out the latest information on our website at:

www.whiteearth.com

or

www.facebook.com/WhiteEarthNation

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Now accepting applications to fill a critical need! Help our foster parents by temporarily opening your home as a respite provider which provides our foster families the opportunity to take a needed break from the challenges that come with daily care giving. Contact us with any questions or if you're interested in applying!

White Earth Indian Child Welfare
Foster Care Program
P.O. Box 358
White Earth, MN 56591
Phone (218) 983-4647
Fax (218)983-3712



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Misty Clark ext. 5541
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WETCC

honor students for 2020 Spring Semester

Congratulations to the students who have been named to the President's List and Dean's List at White Earth Tribal and Community College for Spring Semester 2020!

To qualify for the President's List students must earn a Grade Point Average (GPA) of 4.0 and to qualify for the Dean's List students must earn a Grade Point Average (GPA) of 3.5 to 3.99.

Spring 2020 President's List (Full Time)

Timothy Belland
Tiffany Blue
Karla Carrabou
Hallie Clark
Fallon Davidson
Nicole Dewey
Tracey Mason
Adrianna Nessman
Jamison Nessman
Faith Roy
Jenay Pasillas
Mariah Tibbetts
Justin Brown
Marcus Deegan
Chayann Fairbanks
Thomas Fairbanks

Betty Gunderson
Joel Jacobs
Violet Klinkhammer
Gene Lang
Jacob McArthur
Jill Mondt
Tessa Smith

Part Time

Shania Basswood
Stephanie Longfield
Patricia Vizenor
Courtney Stueness
Lori Guenther
Germaine Riegert

Spring 2020 Dean's List (Full Time)

Ashlie Siefert
Melyssa Belland
Kathi Russette-Larson
Jack Warren
Dax Anderson
Brianna Brothersofall
Michael Buckanaga
Desiree Stevens
Darrell Fox
Pamie Pollock

Part Time

Richard Fusaro
Devan Keezer

You can reach the AT at today@whiteearth-nsn.gov

OUR WAY TO -QUIT- COMMERCIAL TOBACCO

Our ways of using sacred tobacco span generations. More than ever, commercial tobacco—such as cigarettes—threatens our way of life with sickness, disease and death. That’s why we have our way to quit commercial tobacco: the American Indian Quitline.

When you’re ready to talk, your call will be answered by a member of the American Indian coaching team who offers guidance on how to quit.

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AMERICAN INDIAN
QUITLINE

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quit
partner.

Obituaries

Cheryl Furniss

Cheryl Furniss, 60, died Sept. 23 at her home in Thompson Falls, Mont., after a courageous and brave fight in her 21 months-long battle with ALS. Her strong will to live, unwavering faith in God, and the love and prayers of family, friends, and supporters carried her through life. Yet, even throughout her struggle with ALS, she reached out to others affected by the horrendous disease in her parish and the ALS society by baking treats and giving hope during their prayer and gatherings.



Cheryl was born Aug. 27, 1960, in Renton, Wash., to John and Marcella Fleisher. John was born on the White Earth Reservation in 1937 and was called 'Big Chief.' Cheryl was the oldest of two children—her brother—Randy Fleisher of Southern California. Cheryl was a member of the White Earth Nation and the Minnesota Chippewa Tribe, where she spent many summers on the farm harvesting wild rice.

Known for her infectious smile, but extremely shy, she would light up any room when she entered. Yet, even as a child, she possessed that smile and tireless work ethic, retiring from the Roman Catholic Diocese of San Bernardino in the southern California mountain community of Big Bear Lake. Throughout her life, she maintained a sweet and simple demeanor that won the trust and hearts of many, who even now are being changed by her witness with her constant nurturing of love and faith. Friends and family will never forget Cheryl's contagious smile and laughter.

After graduating from high school in Placentia, Calif., Cheryl went to work in downtown Los Angeles with ATT, where she met her sweetheart, detective Noel Furniss of the Los Angeles County Sheriff's Department. Being very patriotic, Cheryl and Noel were married on July 4, 1991.

Married for almost 30 years, Cheryl and Noel raised their two dear children, Lindsey and Dirk. Possessing a faithful servant's heart, Cheryl faithfully cared for her family and friends through delicious cooking and baking from scratch – including cake decorating, sewing, crafting, and gardening. A woman of deep religious faith who was the heart of the Furniss family. Cheryl shaped their spirituality by her tireless Christian example and through her various Catholic activities. With a profound love for the military and police, she held the family together during Noel's absence with numerous trips to the Iraq war. With a real zest for life, Cheryl loved to camp, boat, and RV, especially with her children, who were the light of her life!

Cheryl's love for her children was always present. From designing and sewing their Halloween costumes and Boy Scout patches to being the ever-present cheerleader at softball or baseball games, snowboarding, and dance recitals. Cheryl drove out of state numerous times to find just the right trinket for the gift shop she ran at the Historical Museum in Big Bear Lake, Calif. Everyone that knew Cheryl knew she was always on the go with her children, with the Church or the Historical Society. Cheryl's children always knew if they were at a function, mom would be there and would have baked a scrumptious desert if there was a potluck!

After the couple's retirement in 2014, they found their dream home in the frontier of Montana in March 2019. With the house perched on the banks of the Clark Fork River, Cheryl loved to watch the river and the wild animals walk by. Cheryl adored nature and always had her five dogs following her every move.

Cheryl's surviving family members include her father, John Fleisher and wife, Magie; brother, Randy (Suzanne) Fleisher; nephew, Shawn Fleisher; husband, Noel Furniss; children, Lindsey and Dirk Furniss; brother in law, Michael Furniss; and he beloved aunts, uncles, and cousins.

Funeral Mass for Cheryl will be held Oct. 10 at St. Williams Catholic Church in Thompson Falls Mont., presided by Father Jeffrey Benusa. This will be followed with a graveside service and interment after the mass, at the Plains Cemetery, in Plains, Mont. Memorial donations can be made to the ALS Association at <https://donate.als.org>, which Cheryl and Noel have financially supported. Yet, beyond financial contributions, Cheryl always lived by the Golden Rule; treat others the way you would like to be treated by doing a loving act of kindness, make someone laugh, send a card, give a hug, or say "I love you" to your special friend in her memory.

The family is deeply grateful for the outpouring of love, prayers, and support in many heart-felt forms with too many people to name, but including her family, her military and police family, neighbors old and new, her nurses, and doctors. Cheryl will be interred along with her mother's ashes for all eternity and will be remembered as our Angel that lived, laughed, and loved.

Her husband, Noel Furniss, wrote this obituary in honor of his dearest love and wife. It is a tribute to her memory of being a loving daughter, sister, wife, mother, and friend. Her memory will be carried on in the legacy of her soul, which is now in each of us, and in the hearts, she touched with her love.

Marcellus "Marce" Eugene Story

Marcellus "Marce" Eugene Story, 87, of Kellogg, Idaho, passed away Aug. 8 at the Shoshone Medical Center of Kellogg. Marce was born Nov. 12, 1932, in Waubun to Arthur and Pauline Story.

In 1952, he was honorably discharged from the U.S. Army and he moved to the Hibbing, Minn., area where he met and married Velda Bell on June 10, 1954. They then had a son, Glenn and in 1957 the three made their way to Kellogg.



Marce was an underground diamond driller for the Sunshine Mining Company in Kellogg for more than 35 years. He survived the Sunshine Mine fire disaster of April 1972 where 91 men lost their lives.

He enjoyed wood working, fishing, camping, and riding his four wheeler in the mountains, but he especially liked the times spent up at "hunting camp" with Veld, his brother LeRoy, Glenn and other family and friends.

Marce leaves behind his son, Glenn; grandsons, Jesse and Story Lee Wood; granddaughters, Destiny and Jazmine Story; siblings: Betty (Erdman) Templin, Mildred (Craig) Emerson-Dugan, Gloria (John) Kotyk, LeRoy (Wanda) and Cletus (Susan).

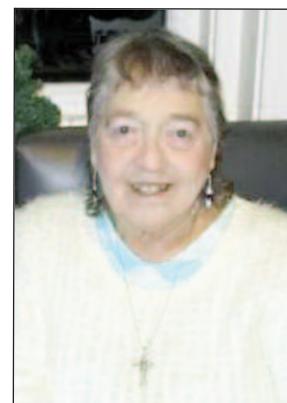
Preceding him in death were his wife, Velda; infant daughters, Karen and Kathy; sister, Agnes; and parents.

A memorial service was held Sept. 5 in Kellogg.

Violet Van Wagner

Violet Van Wagner, 83, of White Earth Reservation passed away on Aug. 28 surrounded by family at Hennepin County Medical Center after complications of COVID.

She was preceded in death by her life partner, Donald Flynn Sr.; parents, Raymond and Dorothy Brunette; siblings: Virgil, Lester, Marvin, Donald, Bruce and Harold Brunette, and Carol Soyryng; and grandchildren: Michael and BriAnna Van Wagner and Sarah Neurer.

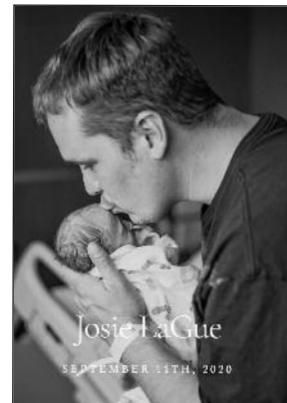


Violet is the beloved mother of Randall (Dana) Van Wagner, Rhonda (Michael) Sprenger and Mary (Joseph Neurer) Ings. She is also survived by grandchildren: Joshua (Kaitlyn) Van Wagner, Sarah Van Wagner, Stephanie (Alexis) Prieto, Jennifer (Brian) Kirk and Jonathan Neurer; great-grandchildren: Sabrina and Robert Million, Alexandere and Mia (due November) Prieto, Brianna Kirk, and Sarah Neurer; siblings: Sharon (Edward) Soyryng, Gene (Kathy) Brunette, Janet (James) Johnson, Leanne (Tracy) Peterson, and Denise (Don VanderVeer) Skorzewski; and many nieces, nephews and friends.

Josie RayLee LaGue

Josie RayLee LaGue, infant daughter of Donny LaGue and Emerald Spencer, was born Sept. 11 at Essentia Health St. Mary's Hospital in Detroit Lakes.

She weighed 3 pounds, 6.5 ounces, was 17.5 inches long and had a fair amount of dark hair. Even though Josie was only here a short time, she touched the lives of many whose love they will always carry. She was a good baby who was always smiley and very alert for a newborn. Josie was a strong little fighter from the beginning but it proved to be too much for her to endure and she died in the loving arms of her parents on Sept. 13 at their home in Mahanomen, under the care of Hospice of the Red River Valley.



Josie is deeply loved and will be missed greatly by her parents, Emerald and Donny; siblings: Alisea, Connor, Precious, Gage and Molly all of Mahanomen; grandparents: Karen Spencer of Waubun, Marcy Mehr of White Earth, Anthony LaGue of Elbow Lake Village and Peter Mehr of Mahanomen; great-grandma, Marlys Pope of Mahanomen; and several aunts, uncles and cousins.

She was welcomed into heaven by her grandpa, Edwin Spencer and great-grandparents, Joe and Inez Mehr and Alvin and Frieda LaGue.

A graveside service was held Sept. 18 at the Waubun City Cemetery.

Arrangements: Anderson Family Funeral Home of Mahanomen.

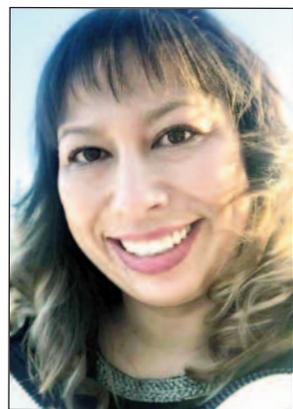
Online guestbook: www.andersonfamilyfh.com

Obituaries

Jessica Ardette Hanks

Jessica Hanks, 36, of White Earth, died Sept. 26 as a result of injuries sustained in an automobile accident.

Jessica Ardette Hanks was born Sept. 12, 1984, in Detroit Lakes to Susan (Borah) and Richard "Wayne" Hanks Sr. She attended school in Ogema and Waubun and graduated from Mahanomen High School with the class of 2003.



Following high school, Jess joined the Army National Guard and proudly served for 10 years. During this time, she attended college at NDSCS in Wahpeton, N.D., and then began working at Circle of Nations. Jessica also took classes through the Cosmetology program at M State Wadena. She returned to White Earth Reservation and worked in security for the White Earth RTC and the Shooting Star Casino. While working at the casino, Jessica truly enjoyed her employment as a canine handler with her dog, Hooch. Most recently, she had returned to Circle of Nations and was working as a lead in the boy's dormitory.

After returning to Circle of Nations, Jessica crossed paths with a previous co-worker, Steve Meyer, and the two began dating in January 2019. Together, with Steve's boys, they made many wonderful memories they will all treasure. She loved spending time with Steve and pulling pranks and jokes on both Ian and Braxtyn. Jessica had a great sense of humor and her personality lent itself to one of fun loving, generous, energetic and a bit quirky.

She was athletic and played volleyball, softball, and bowled during the winter months. Jess was an avid Minnesota Vikings and NDSU Bison fan. Some of her favorite pastimes included beading, collecting and watching movies, traveling, hunting and leeching, and being a dog-mom to her fur babies Quincy, Hooch and Caine. However, what she loved the most was spending time just hanging out with friends and family and creating special bonds with her nieces and nephews. She will live on in the hearts of all who knew and loved her.

Jessica is survived by her parents, Wayne and Susan of White Earth; sister, Missy Hanks of Fargo, N.D.; brothers, Richard Jr. and Kevin both of White Earth; significant other, Steve Meyer and his children, Ian and Braxtyn of Fergus Falls, Minn.; grandmas, Ardette Bisson of Detroit Lakes and Margaret Borah of Tucson, Ariz.; nine nieces and nephews; and several aunts, uncles and cousins. She was preceded in death by her grandparents, Margaret and Charles Hanks Sr. and grandpa, Jennings Borah.

Blessed be the memory of Jessica Hanks.

Public visitation was held Oct. 2 at the White Earth Community Center with the Ojibwe Hymn Singers providing special music. Private family services were held Oct. 3 also at the White Earth Community Center.

Interment: St. Columba Episcopal Cemetery in White Earth.

Arrangements: Anderson Family Funeral Home of Mahanomen.

Online website: www.andersonfamilyfh.com

Yvonne Sue "Suzie" Pinson

Yvonne Sue Pinson, 64, died unexpectedly on June 22 near Shell Lake in rural Ponsford.

She was born on Feb. 17, 1956, in Los Angeles and lived in Ponsford and Rochester, N.Y., before returning to Ponsford to live with her aging parents.



Known to those whom loved her fondly as Suzie, she was a mother, daughter and sister.

She loved social media, going to the casino, dancing and loved animals and brought home many strays throughout her life

Suzie is survived by her mother, Tiny and step-father, Don Ryan of Ponsford; sons, Daniel Leach (Theresa) of Williston, N.D., and Gordon Leach (Erin) of Hamlin, N.Y.; several grandchildren; sisters, Pamela and Deborah; brothers, Michael and George; numerous aunts, uncles, nieces and nephews; best friend, Roberta Basswood; and many other friends.

She is preceded in death by her grandparents, Hank and Marie Smith of Ponsford; father, Leonard E. Brooks; sister, Lavonne Marie Brooks; son, Jasen Leach of Ponsford; and numerous other relatives.

Suzie was cremated and her organs were donated.

Services will be held at a later date to be determined by her sons.

Nancy Theresa Fairbanks

Nancy Theresa Fairbanks was born March 6, 1937, to Thomas Leith and Gladys LaRoque in White Earth. Nancy peacefully died in her sleep on Sept. 11 at Bagley (Minn.) Medical Center.

She grew up in Roy Lake/Naytahwaush and Cass Lake, Minn., before moving to Minneapolis as a teenager. She was united in marriage to Herman S. Fairbanks Jr., and they had four children. During the Indian 'Relocation' period they relocated to California, Wisconsin, Ohio, and Iowa before moving to Minneapolis. In 1979, she moved back to the Cass Lake/Bemidji area, where she worked for tribal and federal governments for many years. Nancy spent the last two years of her life under the great care of the staff at the Jourdain-Perpich Extended Care Center in Red Lake, Minn.



She liked dogs, bingo, crosswords, painting, dancing, thrift shops, watching golf, and was an avid Minnesota Twins and Vikings fan. She was also a big fan of country singer Conway Twitty and once got to meet him after a concert. She was also a breast cancer survivor, donated a kidney to a younger sister and helped raise her oldest grandson and oldest great granddaughter. Nancy especially enjoyed playing card games, 'home bingo' and joking and laughing with her sisters, nieces, daughters, friends, and other family members.

Nancy is survived by son, Devery; grandchildren: Melvin, Joseph, Derek, Kyle, Sandra, Thomas, Caitlin and Evan; 12 great-grandchildren; and many nieces and nephews, including beloved nieces, Debbie, Vala, Wally and Laurie.

She was preceded in death by her husband; parents; children: Tamara, Thomas and Guy; sisters: Sandra, Delores, Maxine and Margaret; and three nieces. Peace and blessings to her soul in heaven.

A wake was held Sept. 15 at the White Earth office in Cass Lake, Minn., and continued until the service on Sept. 16 at St. Charles Catholic Church in Cass Lake with Father Kuriakose Nediakala officiating.

Casketbearers were Richard Sundahl, Calvin Sargent, Melvin Clark, Joseph Clark, Kyle Fairbanks and Thomas Fairbanks Jr. Alternate casketbearers were Alden Fairbanks Sr. and Evan Henry.

Interment: Pine Grove Cemetery in Cass Lake.

Arrangements: Whispering Pines Funeral and Cremation Service of Walker, Minn.

Online: www.whisperingpinesnorth.com

**TRIBAL
ELDERS MONTH
DURING THE MONTH OF OCTOBER**

Tribal Elders will receive
\$20 Star Cash, \$20 Cash and \$10 off Dining
at Mino Wiisini or Little Dipper.

Offer is valid ONE TIME between Oct 1 - Oct 31.

**Tribal ID required.*

Obituaries

Charlotte Elizabeth Jane Robbins

Charlotte Elizabeth Jane Robbins, 26, of Detroit Lakes, formerly of Pine Point, died Aug. 8 at her childhood home in Pine Point.

Charlotte was born May 11, 1994, in Park Rapids to Rex Robbins and Roberta Bellanger. She was raised in Pine Point and went to school in Park Rapids. Charlotte received her diploma and entered into the nursing program at Minnesota State in Detroit Lakes as she loved caring for her father as his Personal Care Attendant.



She had two children, Zayden Leigland Robbins and Zachary Leigland Robbins whom she adored and they meant the world to her. Her children were her world and she gave each of them their own special time with her.

Charlotte loved family cookouts, playing kitten ball, riding around, tubing, kayaking, playing cribbage and riding her bike. She had the biggest heart and loved everyone dearly. She always had a smile on her face and had the most contagious laugh that brought joy to everyone around her. She enjoyed going to the casino, going out to eat (especially at Sunlight for a double bison cheeseburger meal), getting scratches, and watching her children grow. Charlotte loved spending time

with her family and friends.

Deeply loved and missed, Charlotte's passing will be mourned by her children, Zayden Leigland Robbins and Zachary Leigland Robbins; mother, Roberta Bellanger; siblings: Shane (Angela) Bellanger, Rex Robbins II, Lisa Tucker, Amy Thompson, Samantha Robbins, Johnathan Robbins, Cassondra Robbins, Keisha Peterson and Ciara Robbins.

She is preceded into death by her father, Rex Robbins; step mother, Cynthia Robbins; grandma, Darlene "Mindy Robbins" and Ekiza Jane Bellanger; grandpa, John Robbins and John Bellanger; and special person in her heart, Wanda Blaine.

Funeral services were held Aug. 13 with Reverend Jackie Bernacchi and Mike Swan officiating. Music was provided by Smokey Hill Drum Group.

Casket bearers were Scot "Honey" Blaine, Mike Buckanaga, Willis Jackson, John Bruguier, John Pete Robbins and Adam "Jessie" Sullivan.

Honorary casket bearers were Lonny Bellanger, Ashley Stevens, Kim Leigland, Matthew Leigland, Mercedes Bellanger, Maddisen Bellanger, Lisa Buckanaga, Nakkita Buckanaga, Anna Nessman, Zayden and Zachary Leigland Robbins.

Interment: Breck Memorial Episcopal Cemetery in Ponsford.

Arrangements: David-Donhower Funeral Home of Detroit Lakes.

Online: www.daviddonehower.com

Jeanette Marie Nicholson

Jeanette Nicholson, 74, of White Earth, died Sept. 27 at her home under the care of Hospice of the Red River Valley.

Jeanette Marie VanWert, the daughter of Arthur and Ethelbert (VanNett) VanWert, was born Sept. 20, 1946, in White Earth. Growing up she received her education at the White Earth Mission School. Jeanette was blessed with six children: Raymond, Gordon, Marty, Matthew, Stacie and Art, who were the center of her life. As a young woman, she loved to travel and lived in various places such as Georgia, Milwaukee, Nevada and St. Paul, but White Earth was always Home.



On Aug. 6, 1994, Jeanette married the love of her life, David Nicholson and the couple enjoyed many wonderful years together before his death in 2007. She continued to make her home in White Earth, near her family. She was kindhearted, hardworking, and always saw the best in everyone. Jeanette will forever be cherished in the hearts of those who knew and loved her.

In her spare time, Jeanette enjoyed gardening, doing yard work and decorating. She also liked working on art and craft projects. She was often found in the kitchen cooking, especially making meals for her family. Jeanette always cherished family time together and made the most of every opportunity to hang around with her children and grandchildren. Jeanette had a fun-loving personality and looked forward to party's and socializing with friends and family. She loved animals and her cat, Jenny and dog, Star, became great companions over the years.

Jeannette is survived by her children: Raymond (Ashley) Bellcourt II, Gordon (Wa-Bi Gwah-Neence) Kiehl, Marty Kiehl, Stacie (Paul) Folstrom and Art VanWert; brothers: Harold "Chaz" VanWert, Glenn "Neeg" Beverly VanWert and David Sheehan; sisters: Kate Jenson, Joan (Gordon) Peterson, Linda Bellcourt and Carol "Mouse" Jelnick; 18 grandchildren; four great-grandchildren; and many nieces and nephews.

She was preceded in death by her parents, Arthur and Ethelbert; husband, David; son, Matthew; grandson, Michael; and several aunts and uncles.

Traditional wake services began Sept. 29 at the Crystal Kiehl Residence in White Earth and continue until the time of the funeral service on Oct. 2, also at the Kiehl residence.

Arrangements: Anderson Family Funeral Home of Mahnomen.

Online website: www.andersonfamilyfh.com

Louis Mathew Terway

Louis Terway, 85, of Mahnomen, died Sept. 21 at his home under the care of Hospice of the Red River Valley.

Louis Mathew Terway was born Oct. 15, 1934, in White Earth, the oldest child of Evelyn Terway. With the death of his mom at a young age, Lou was lovingly raised by his grandparents, Matt and Delilah. He attended school in Mahnomen and graduated from Northwest School of Agriculture in Crookston, Minn. Following high school, Lou entered the workforce and soon after joined the U.S. Army in January 1955. He was honorably discharged in January 1958 and served in the reserves until December 1962. After faithfully serving his country, Lou returned to the White Earth Reservation to make his home.



This new chapter of his life brought a son, Chad, and the start of a career as a heavy equipment operator. Lou first worked with Thorson Construction for several years before starting with Gordon Construction in the early 1980s. In 1982, Lou met Barb Blattenbauer and welcomed her children with open arms. The family made their home in Mahnomen and

Lou continued working with Gordon Construction until his retirement in 2006. On June 24, 2011, Lou and Barb decided to make it official and tied the knot!

Lou was an avid outdoorsman. He enjoyed hunting, fishing, 4-wheeling and snowmobiling. Above all, he was generous, kindhearted, and loved spending time with family and friends. Lots of good times were held just hanging out with friends in his garage or shooting the breeze over a rum and coke, while playing pull tabs at Pinehurst Resort. Lou was a member of the Mahnomen Rod and Gun Club, Mahnomen American Legion Isaacson-Bjorge Post #31, Bejou VFW Wild Rice Post #1226, and the International Union of Operating Engineers, Local 49.

Lou is survived by his wife, Barb of Mahnomen; son, Sam (Carla) Blattenbauer of Lake Park, Minn.; daughters, Julie (Danny) Plante of Walcott, N.D. and Nikki (Dan) McCollum of Bejou; 10 grandchildren: Joseph, Crystal, Justin, Christina and Alex Terway, Johnathan Blattenbauer, Brent and Justin Plante, Tyler and Sydney McCollum; four great-grandchildren; sister, Myrna Massey of Blaine, Minn.; and nephews, Doug (Phyllis) Massey and J.D. (Jeanie) Massey.

He was preceded in death by his mom, Evelyn; son, Chad in 2006; grandparents Mathew and Delilah Terway; nephew, Bob Massey; aunts and uncles Roydon (Vivian) Terway and Vere (Erma) Terway.

An outdoor Funeral Mass was held Sept. 25 at St. Joseph's Catholic Church yard in Beaulieu.

Burial and Military Honors were held at St. Joseph's Cemetery in Beaulieu.

Arrangements: Anderson Family Funeral Home of Mahnomen.

Online website: www.andersonfamilyfh.com

Deborah Decker

Deborah Decker, 57, of Ogema, died Oct. 2 at Sanford Medical Center in Fargo, N.D. Private family services were held.

Arrangements: Anderson Family Funeral Home of Mahnomen.

Online website: www.andersonfamilyfh.com

ATTENTION WE MEMBERS!

You **MUST** update your address with White Earth Enrollments even if you updated your address with White Earth Licensing (IDs), White Earth Election Board, or the *Anishinaabeg Today*

Call White Earth Enrollments at 218-983-4643

October Is National Breast Cancer Awareness Month

By CDR Deanna Pepper, WHNP-C
White Earth Health Center

Each October, as the leaves are turning colors and fall is in the air, we celebrate National Breast Cancer Awareness by wearing pink. The National Breast Cancer Foundation reports that on average, every two minutes a woman is diagnosed with breast cancer in the United States.

In 2020, an estimated 276,480 new cases of invasive breast cancer will be diagnosed in women in the U.S. as well as 48,530 new cases of non-invasive (in situ) breast cancer. Although rare, men get breast cancer too. In 2020, an estimated 2,620 men will be diagnosed with breast cancer this year in the U.S. and approximately 520 will die.

Signs and symptoms of breast cancer may include:

- A breast lump or thickening that feels different from the surrounding tissue
- Change in the size, shape or appearance of a breast
- Changes to the skin over the breast, such as dimpling
 - A newly inverted nipple
 - Peeling, scaling, crusting or flaking of the pigmented area of skin surrounding the nipple (areola) or breast skin
 - Redness or pitting of the skin over your breast, like the skin of an orange

Breast cancer risk factor is anything that makes it more likely you'll get breast cancer. But having one or even several breast cancer risk factors doesn't necessarily mean you'll develop breast cancer. Many women who develop breast cancer have no known risk factors other than simply being women.

Factors that are associated with an increased risk of breast cancer include:

- **Being female.** Women are much more likely than men are to develop breast cancer.
- **Increasing age.** Your risk of breast cancer increases as you age.
- **A personal history of breast conditions.** If you've had a breast biopsy that found lobular carcinoma in situ (LCIS) or atypical hyperplasia of the breast, you have an increased risk of breast cancer.
- **A personal history of breast cancer.** If you've had breast cancer in one breast, you have an increased risk of developing cancer in the other breast.
- **A family history of breast cancer.** If your mother, sister or daughter was diagnosed with breast cancer, particularly at a young age, your risk of breast cancer is increased. Still, the majority of people diagnosed with breast cancer have no family history of the disease.
- **Inherited genes that increase cancer risk.** Certain gene mutations that increase the risk of breast cancer can be passed from parents to children. The most well-known gene mutations are referred to as BRCA1 and BRCA2. These genes can greatly increase your risk of breast cancer and other cancers, but they don't make cancer inevitable.
- **Radiation exposure.** If you received radiation treatments to your chest as a child or young adult, your risk of breast cancer is increased.
- **Obesity.** Being obese increases your risk of breast cancer.
- **Beginning your period at a younger age.** Beginning your period before age 12 increases your risk of breast cancer.
- **Beginning menopause at an older age.** If you began menopause at an older age, you're more likely to develop breast cancer.
- **Having your first child at an older age.**

Women who give birth to their first child after age 30 may have an increased risk of breast cancer.

- **Having never been pregnant.** Women who have never been pregnant have a greater risk of breast cancer than do women who have had one or more pregnancies.
- **Postmenopausal hormone therapy.** Women who take hormone therapy medications that combine estrogen and progesterone to treat the signs and symptoms of menopause have an increased risk of breast cancer. The risk of breast cancer decreases when women stop taking these medications.
- **Drinking alcohol.** Drinking alcohol increases the risk of breast cancer.

Breast cancer risk reduction for women with an average risk

Breast self-exam

Making changes in your daily life may help reduce your risk of breast cancer. Try to:

- **Ask your doctor about breast cancer screening.** Discuss with your doctor when to begin breast cancer screening exams and tests, such as clinical breast exams and mammograms.
- **Become familiar with your breasts through breast self-exam for breast awareness.** Women may choose to become familiar with their breasts by occasionally inspecting their breasts during a breast self-exam for breast awareness. If there is a new change, lumps or other unusual signs in your breasts, talk to your doctor promptly.

Talk to your doctor about the benefits and risks of screening. Together, you can decide what breast cancer screening strategies are right for you.

Breast awareness can't prevent breast cancer, but it may help you to better understand the normal changes that your breasts undergo and identify any unusual signs and symptoms.

- **Drink alcohol in moderation, if at all.** Limit the amount of alcohol you drink to no more than one drink a day, if you choose to drink.
- **Exercise most days of the week.** Aim for at least 30 minutes of exercise on most days of the week. If you haven't been active lately, ask your doctor whether it's OK and start slowly.
- **Limit postmenopausal hormone therapy.** Combination hormone therapy may increase the risk of breast cancer. Talk with your doctor about the benefits and risks of hormone therapy.

Some women experience bothersome signs and symptoms during menopause and, for these women, the increased risk of breast cancer may be acceptable in order to relieve menopause signs and symptoms.

To reduce the risk of breast cancer, use the lowest dose of hormone therapy possible for the shortest amount of time.

Maintain a healthy weight. If your weight is healthy, work to maintain that weight. If you need to lose weight, ask your doctor about healthy strategies to accomplish this. Reduce the number of calories you eat each day and slowly increase the amount of exercise.

Choose a healthy diet. Women who eat a Mediterranean diet supplemented with extra-virgin olive oil and mixed nuts may have a reduced risk of breast cancer. The Mediterranean diet focuses mostly on plant-based foods, such as fruits and vegetables, whole grains, legumes, and nuts. People who follow the Mediterranean diet choose healthy fats, such as olive oil, over butter and fish instead of red meat.

What are screening tests?

The goal of screening tests for breast cancer is to find it before it causes symptoms (like a lump that can

See Awareness Page 29

Howah Ads

REMINDER!

Howah Ads are \$5 with a picture or \$4 without.

All payments must be made in advance.

No exceptions

Happy **1st** Birthday
Paige Lee Dakota

We all love you my beautiful baby girl!



October 28th

"Happy Birthday to our matriarch, we love you momma!"



Wish **Joshua Basswood** Best to Treasuring Schools

Love You - Mom



School Board Meeting and Public Hearing --- Indian Education Programs and Budgets, Technology Policy, and World's Best Work Force Plan

NOTICE

Waubun-Ogema-White Earth Schools
There will be a public hearing regarding the proposals for the 2020-2021 American Indian Education Program and Budgets, Technology Policy, and World's Best Work Force Plan

The Public Hearing will take place at
5:00 p.m. at the Waubun Commons
via GOOGLE MEET
Public meeting link

<https://www.youtube.com/c/WaubunLivestream/live>

The School Board Meeting will follow the Public Hearing.
Wednesday, October 21, 2020

The hearing will include the following:

1. Presentation of Annual Needs Assessment and Indian Policies and Procedures.
2. Overview of the Title I, II, & VI, Johnson O'Malley, American Indian Education Aid and Impact Aid.
3. Seek comments and recommendations regarding the programs.
4. Technology Policy/ Internet Acceptable Use and Safety review, feedback, and approval
5. World's Best Workforce Plan review, feedback, and approval

PARENTS/GUARDIANS AND TEACHERS OF AMERICAN INDIAN STUDENTS ATTENDING WAUBUN-OGEMA-WHITE EARTH SCHOOL DISTRICT #435 ARE URGED TO ATTEND PARENT/GUARDIAN AND TEACHER FEEDBACK ARE WELCOME ON ALL AGENDA ITEMS. PLEASE SHARE FEEDBACK PRIOR TO THE MEETING IF YOU ARE UNABLE TO ATTEND

Lisa Weber: Superintendent - lisaw@waubun.k12.mn.us, 218-473-6171
Patti Degroat: Indian Ed. Coordinator - pattid@waubun.k12.mn.us, 218-473-6173

DEA Hotline

Report illegal sales of prescription drugs to the Drug Enforcement Agency Hotline at 1-877-RxAbuse

(1-877-792-2873)

WHITE EARTH CAR SEAT PREVENTION PROGRAM

KNOW THE FACTS

**IS YOUR CHILD IN NEED OF A CAR SEAT?
ARE YOU WONDERING IF YOUR CHILD NEEDS THE
NEXT STAGE CAR SEAT?**

Let us help you secure your child's future in the correct car seat! We are available for car seat education Monday through Friday. Bryanna Chilton at (218) 402-2799 to help answer any questions you may have or to schedule an appointment.



1
birth to age 2



2
age 2 to age 4



3
age 4 to 4ft. 9in.



4
at least 4ft. 9in. to age 18



Chairman from Page 3

Health Center serves the health care needs of all tribal members, who choose to utilize them, on the White Earth Reservation. The Naytahwaush facility will provide more accessible and equally quality health care to those tribal members living on the northern side of the White Earth Reservation.

Employment: Any project like this will create jobs for tribal members both during and after construction. These jobs will range from construction workers, to janitors, administrative staff, as well as

medical staff such as doctors and nurses. Whenever possible, qualified White Earth tribal members will be hired for these positions.

In summary, there are a lot of positive things happening here at White Earth amidst the tragedy of a pandemic. We as a Nation are working together to not only survive but to come out stronger. Again, I urge you all to vote, make your voices heard. Any questions or concerns you have, please feel free to contact me.

Awareness from Page 27

be felt). **Screening** refers to tests and exams used to find a disease in people who don't have any symptoms. **Early detection** means finding and diagnosing a disease earlier than if you'd waited for symptoms to start.

Breast cancers found during screening exams are more likely to be smaller and still confined to the breast. The size of a breast cancer and how far it has spread are some of the most important factors in predicting the prognosis (outlook) of a woman with this disease.

These guidelines are for women at average risk for breast cancer. For screening purposes, a woman is considered to be at average risk if she doesn't have a personal history of breast cancer, a strong family history of breast cancer, or a genetic mutation known to increase risk of breast cancer (such as in a BRCA gene), and has not had chest radiation therapy before the age of 30.

Clinical breast exams are done with a provider before the mammogram to determine if there are any abnormal areas and discuss any breast symptoms that may be occurring.

Mammograms - are recommended to start at

the age of 40 and to be encouraged yearly.

Mammograms are low-dose x-rays of the breast. Regular mammograms can help find breast cancer at an early stage, when treatment is most successful. A mammogram can often find breast changes that could be cancer years before physical symptoms develop. Results from many decades of research clearly show that women who have regular mammograms are more likely to have breast cancer found early, are less likely to need aggressive treatment like surgery to remove the breast (mastectomy) and chemotherapy, and are more likely to be cured.

In recent years, a newer type of mammogram called digital breast tomosynthesis (commonly known as three-dimensional [3D] mammography) has become much more common. Many studies have found that 3D mammography appears to lower the chance of being called back for follow-up testing. Additional testing could include additional view mammogram or breast ultrasound.

As always, if you have questions, please discuss them with your provider.

Remember to wear your pink this month and honor breast cancer survivors.

ALS from Page 19

❖ Victims of domestic violence — assisting victims with custody and divorce proceedings and other related legal matters

❖ Tenant rights

❖ Native American sovereignty issues

❖ Services geared toward elders — will and estate planning, elder abuse cases

"Sometimes people will come in and they'll have a legal need that's very important, but resources won't allow us to fully represent (them)," Nelson explained. "So we'll give legal advice, we might help with legal forms or if they've gotten documents, we can have a lawyer review them."

Tribal law can be complicated, and with fewer attorneys specializing in it ALS draws employees from all over to work one of only around six stand-alone Native American legal aid programs in the country, Nelson explained.

"Our attorneys seem to come from all over," Nelson said, noting their most recent hire is from Florida. ALS has a staff of 11 — six attorneys, two paralegals, a legal secretary and a financial administrator.

Like many others during the COVID-19 pandemic, ALS closed its doors to the public and became remote in early spring, something they were not used to, nor did they initially have the technological

resources for. This quickly became an issue.

"We couldn't just stay shut," Nelson explained. Courts began moving online, oftentimes to Zoom sessions. "A lot of times folks in our communities do not have reliable internet, do not have the technology to do that."

ALS is now open to clients on an appointment-only basis to do virtual hearings, phone appointments and other necessary services.

Ordinarily, ALS is out in the public giving legal advice and education, and is now struggling to make people aware of those resources.

In the future, besides moving into the new digs, Nelson hopes to continue to pursue impact litigation, help expand educational resources and expand tribal court jurisdiction.

"We feel tribal courts are more appropriate forums for tribal members in tribal communities," he said.

Nelson also wants to explore new ways to embrace technology to better fill the unmet civil legal needs of the community.

"There's a lot of people out there that have a need we could help with," he said. "Outreach, education, advancing technology, advancing tribal court jurisdiction are some really key things going forward."

Teams represent Rez at tourney



Submitted photos

Two White Earth Reservation teams competed in the annual Paul Yankton Jr. Memorial Softball Tournament on Sept. 5-6 in Devils Lake, N.D.

Top: Top row from left are Eunie Pemberton, Jerika Kingbird, Faleisha Jourdain, Amber fox, Tracy Kingbird, Keshawn Goodwin and Nicole Desjarlait. Bottom row from left are TJ Kingbird, Shelly Weaver, Alexis Desjarlait and Annabelle Kingbird.

Bottom: Top row from left are Jason Hanks, Michael 'Peanut' Bower, Kevin Hanks, David Bower, Jonny Belland, Anthony Thompson, Michael Bower, James Thompson and Luc Boisvert. Bottom row from left are Joseph Bower, Sam Mason, Monte Bower, Dion Bower, Sam Wadena Jr. and Eli Pinske. The "Hoka Hey" team finished second in the tournament. They lost to the Red Lake Bombers in the championship game.

Elders from Page 7

est priority, but does it really apply? Our Country is not only in a pandemic with the virus, but with the leadership to carry us forward. We encourage all people to vote!

I truly believe that we are here for each other on a sacred journey to help one another! Be safe and pray in your own way, to heal our Nations. Mii Gwetch.

Lucille Silk
Chairperson, 218-983-3768

Lawrence 'Sam' Crowell
Vice Chairperson, 218-252-9390

Stephanie Williams
Secretary, 218-983-3121

WE TRIBAL COURT TRAFFIC COURT

In the Matter of: **Wendy Sue Littlewolf;**
DOB: 08/17/1965

Summons for Appear in Court

Court File No. T20-0559

ARE HEREBY notified that on October 21, 2020 at 10:00 a.m. an Initial Hearing on the traffic citation will be held at the White Earth Tribal Court at 35500 Eagle View Road Ogema, MN 56569. You are asked to contact Court Administration at 218-983-4648, ext. 5757 to receive a copy of the citation. If you fail to appear for this hearing, the Court may find you in default and/or held in contempt of court.

Dated: September 14, 2020

Please contact Court Administration to make arrangements to appear by phone due to Covid-19.

WE TRIBAL COURT TRAFFIC COURT

In the Matter of: **Sheldon Patrick Burnette;** **DOB: 08/17/1993**

Summons for Appear in Court

Court File No. T20-0560

ARE HEREBY notified that on October 21, 2020 at 10:00 a.m. an Initial Hearing on the traffic citation will be held at the White Earth Tribal Court at 35500 Eagle View Road Ogema, MN 56569. You are asked to contact Court Administration at 218-983-4648, ext. 5757 to receive a copy of the citation. If you fail to appear for this hearing, the Court may find you in default and/or held in contempt of court.

Dated: September 15, 2020

Please contact Court Administration to make arrangements to appear by phone due to Covid-19.

WE TRIBAL COURT TRAFFIC COURT

In the Matter of: **Robert Duane Goodman;**
DOB: 06/30/1970

Summons for Appear in Court

Court File No. T20-0505

ARE HEREBY notified that on October 21, 2020 at 10:00 a.m. an Initial Hearing on the traffic citation will be held at the White Earth Tribal Court at 35500 Eagle View Road Ogema, MN 56569. You are asked to contact Court Administration at 218-983-4648, ext. 5757 to receive a copy of the citation. If you fail to appear for this hearing, the Court may find you in default and/or held in contempt of court.

Dated: September 24, 2020

Please contact Court Administration to make arrangements to appear by phone due to Covid-19.

WE TRIBAL COURT

In the Matter of; **Andrew Thomas Sargent Sr. DOB: 05/24/1999 vs Iona Lucille Poler DOB: 08/24/1997**

Summons for Appearance of; **Iona Lucille Poler DOB: 08/24/1997**

Court File No: C119-0912

YOU ARE HEREBY notified that court is scheduled for November 4, 2020 at 2:00 p.m., for a review hearing on the complaint and will be held at the White Earth Tribal Court at 35500 Eagle View Road Ogema, MN 56569. You are asked to contact Court Administration at 218-983-4648, ext. 5757, to receive a copy of the petition. FAILURE OF IONA LUCILLE POLER TO APPEAR AT-OR MAKE ARRANGEMENTS PRIOR TO THE NEXT SCHEDULED HEARING COULD RESULT IN A DEFAULT JUDGEMENT ENTERED AGAINST HER AND PERMANENT LEGAL AND PHYSICAL CUSTODY COULD BE TRANSFERRED TO THE PETITIONER.

Dated: September 28, 2020

WE TRIBAL COURT TRAFFIC COURT

In the Matter of: **Melinda Jean Jones;**
DOB: 02/06/1987

Summons for Appear in Court

Court File No. T20-1535

ARE HEREBY notified that on October 21, 2020 at 10:00 a.m. an Initial Hearing on the traffic citation will be held at the White Earth Tribal Court at 35500 Eagle View Road Ogema, MN 56569. You are asked to contact Court Administration at 218-983-4648, ext. 5757 to receive a copy of the citation. If you fail to appear for this hearing, the Court may find you in default and/or held in contempt of court.

Dated: September 15, 2020

Please contact Court Administration to make arrangements to appear by phone due to Covid-19.

WE TRIBAL COURT TRAFFIC COURT

In the Matter of: **Rose Ann Bellanger;**
DOB: 10/30/80

Summons for Appear in Court

Court File No. T20-0588

ARE HEREBY notified that on October 21, 2020 at 10:00 a.m. an Initial Hearing on the traffic citation will be held at the White Earth Tribal Court at 35500 Eagle View Road Ogema, MN 56569. You are asked to contact Court Administration at 218-983-4648, ext. 5757 to receive a copy of the citation. If you fail to appear for this hearing, the Court may find you in default and/or held in contempt of court.

Dated: September 15, 2020

Please contact Court Administration to make arrangements to appear by phone due to Covid-19.

September 1, 2020

WHITE EARTH SCHOLARSHIP PROGRAM

Fall 2020 Newsletter

In this issue:

- Welcome to the 2020-21 School Year!
- Important Dates
- Maximum Terms Policy Review
- Contact Information

Welcome to the 2020-21 School Year!

Boozhoo everyone! We hope that you are well and safe during this unprecedented time. The White Earth Scholarship Program is working diligently to complete student files and process applications quickly. However, please be aware that financial aid offices are extremely busy during this time and there may be a slight delay in receiving your required information. To expedite your application, please include ALL required documents listed on the application checklist. Please feel free to reach out to us at any time if you have questions or concerns about your application. We are always happy to help.

Important Dates

- ~August 2020 – Fall Classes Begin
- ~Dec 2020-January 2021 – Submit your Spring Registration and your Fall Grades
- *Note: Your Spring Award will not be processed until these are rec'd.*
- ~January 2021 – Complete your FAFSA and MISP Application for 2021-22, if available
- ~May 31st, 2021 – Priority application deadline for WESP
- ~May-June 2021 – Submit your Spring grades and Fall Schedule, if available

Maximum Terms Policy Review

****Undergraduate applicants** who attend full-time are expected to complete an associate degree (or other 2-Year or less Program) within 5 semesters; undergraduate applicants who are obtaining a bachelor's degree are expected to complete a program in 10 semesters, or 5 semesters if transfer from a 2-Year Program. *Maximum of 10 undergraduate terms.

****Graduate applicants** must complete their degree objective within a specified amount of time. The time frame will depend on enrollment status and educational objective.

EDUCATION
Is The Most
Powerful Weapon
Which You Can Use To
CHANGE THE WORLD

-Nelson Mandela-

Contact Information

Virginia Smith, Admin Assistant
virginia.smith@whiteearth-nsn.gov
218-983-3285 ext. 5302

Trista Ayers, Manager
trista.ayers@whiteearth-nsn.gov
218-983-3285 ext. 5304

PO Box 418
White Earth, MN 56591
www.whiteearth.com

School Board Meeting and Public Hearing – Indian Education Programs and Budgets

Notice

**Bagley Public Schools
Bagley, MN**

There will be a public hearing regarding the proposals for the 2020-2021 American Indian Education Programs and Budgets.

The Bagley Indian Education Parent Committee will meet at 5:00 p.m.

The Public Hearing will take place at 6:00 p.m.

The School Board meeting will follow the Public Hearing

at Bagley High School Room 100 and via Zoom

Zoom Meeting ID: 626 686 385 password: 1mkMUc

on

Monday, October 19, 2020

The hearing will include the following:

1. Presentation of Annual Needs Assessment and Indian Policies and Procedures.
2. Overview of the Title I, II, & VI, Johnson O'Malley, American Indian Education Aid and Impact Aid.
3. Seek comments and recommendations regarding the programs.

PARENTS/GUARDIANS AND TEACHERS OF AMERICAN INDIAN STUDENTS

ATTENDING BAGLEY SCHOOL DISTRICT # 162

ARE URGED TO ATTEND.

Thank You

A Very Special Thank you to Sherry Vizenor Sawicky and Dean Sawicky for 25 years of serving our elders with such a great job mowing and snowplowing. We received many compliments on the exceptional job you did together. It was also a pleasure to have worked with you both through the years!

Sincerely,

Betsy ~ Water & Sewer Office Coordinator

**WE RISE ABOVE "GIMOOKIIMIN"
CDC Rx AWARENESS CAMPAIGN**



"We come from strong ancestors... fall back into yourself and not other people."



"This is going to ruin your life; I wish they had told me that."



"I am scared for my grandkids because who knows what's out there; it could be worse than what these kids have to deal with now."

When we rise above prescription opioid abuse, we create a movement of change. Join us today and rise above prescription opioids. Learn more about the CDC Rx Awareness Campaign by visiting www.whiteearth.com.

WE RISE ABOVE

WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of:

Kristi Sargent

Summons of Petition and Hearing Notice

Court File No. CC18-0582

YOU ARE HEREBY notified that on November 4, 2019 a Suspension of parental Rights Petition was filed with the White Earth Tribal Court regarding your child in file CC18-0582. A Pretrial hearing on the matter is scheduled for August 20, 2020 at 1:15 PM. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: September 30, 2020

Chad Chaney

Attorney for WE Indian Child Welfare

WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of:

Larry Clark

Summons of Petition and Hearing Notice

Court File No. CC16-0228

YOU ARE HEREBY notified that on February 4, 2019 a Suspension of parental Rights Petition was filed with the White Earth Tribal Court regarding your child in file CC16-0228. A Pretrial hearing on the matter is scheduled for November 12, 2020 at 10:00 AM. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: September 30, 2020

Chad Chaney

Attorney for WE Indian Child Welfare

WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of:

Ryder Burrow and Arianna Burrow

Summons of Petition and Hearing Notice

Court File No. CC16-0229, CC18-0364

YOU ARE HEREBY notified that on December 20, 2019, a Petition to Suspend Parental Rights was filed with the White Earth Tribal Court regarding your child in file CC16-0299, CC18-0364. A Pretrial hearing on the matter is scheduled for October 22, 2020 at 10:00 A.M. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: September 30, 2020

Chad Chaney

Attorney for WE Indian Child Welfare

WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of:

Penny Fuhrman

Summons of Petition and Hearing Notice

Court File No. CC18-0215, 0216, 0217

YOU ARE HEREBY notified that on Jun 4, 2019, a Petition for Suspension of Parental Rights was filed with the White Earth Tribal Court regarding your child in file CC18-0215 through 0217. A Pretrial hearing on the matter is scheduled for October 29, 2020 at 2:00 P.M. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: September 30, 2020

Chad Chaney

Attorney for WE Indian Child Welfare

WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of:

Victoria Wichern

Summons of Petition and Hearing Notice

Court File No. CC16-0228

YOU ARE HEREBY notified that on February 4, 2019 a Suspension of parental Rights Petition was filed with the White Earth Tribal Court regarding your child in file CC16-0228. A Pretrial hearing on the matter is scheduled for November 12, 2020 at 10:00 AM. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: September 30, 2020

Chad Chaney

Attorney for WE Indian Child Welfare

WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of:

Virginia Bunker

Summons of Petition and Hearing Notice

Court File No. CC19-0454, 0455

YOU ARE HEREBY notified that on February 21, 2020, a Petition to Transfer Parental Rights was filed with the White Earth Tribal Court regarding your child in file CC17-0093 through 0095. A Pretrial hearing on the matter is scheduled for October 30, 2020 at 10:00 A.M. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: September 30, 2020

Chad Chaney

Attorney for WE Indian Child Welfare

WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of:

Beth Hill

Summons of Petition and Hearing Notice

Court File No. [19-0781...0783

YOU ARE HEREBY notified that on January 30, 2020, a Permanency Petition was filed with the White Earth Tribal Court regarding your child in file CC19-0781, 0782, and 0783. A Pretrial Hearing on the matter is scheduled for November 5, 2020 at 11:30 A.M. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: September 30, 2020

Chad Chaney

Attorney for WE Indian Child Welfare

WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of:

George Burnette

Summons of Petition and Hearing Notice

Court File No. [19-0781...0783

YOU ARE HEREBY notified that on January 30, 2020, a Permanency Petition was filed with the White Earth Tribal Court regarding your child in file CC19-0781, 0782, and 0783. A Pretrial Hearing on the matter is scheduled for November 5, 2020 at 11:30 A.M. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: September 30, 2020

Chad Chaney

Attorney for WE Indian Child Welfare

WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of:

Any Man Coming Forward as the Father of the child of LaSondra Allen

Summons of Petition and Hearing Notice

Court File No. CC20-0413

YOU ARE HEREBY notified that on August 19, 2020, a Suspension of Parental Rights Petition was filed with the White Earth Tribal Court regarding your child in file CC20-0413. A pretrial hearing on the matter is scheduled for December 3, 2020 at 10:30 a.m. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: September 30, 2020

Veronica Newcomer

Attorney for WE Indian Child Welfare

WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of:

LaSondra Allen

Summons of Petition and Hearing Notice

Court File No. CC20-0413

YOU ARE HEREBY notified that on August 19, 2020, a Suspension of Parental Rights Petition was filed with the White Earth Tribal Court regarding your child in file CC20-0413. A pretrial hearing on the matter is scheduled for December 3, 2020 at 10:30 a.m. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: September 30, 2020

Veronica Newcomer

Attorney for WE Indian Child Welfare

WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of:

Anthony Neeland

Summons of Petition and Hearing Notice

Court File No. CC20-0521

YOU ARE HEREBY notified that on August 12, 2020, a Child Protection Petition was filed with the White Earth Tribal Court regarding your child in file CC20-0521. A pretrial hearing on the matter is scheduled for November 12, 2020 at 2:00 p.m. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: September 30, 2020

Veronica Newcomer

Attorney for WE Indian Child Welfare

WE TRIBAL COURT CHILDREN'S COURT

In the Matter of the Welfare of the Child(ren) of:

Tiffany Hvezda

Summons of Petition and Hearing Notice

Court File No. CC20-0521

YOU ARE HEREBY notified that on August 12, 2020, a Child Protection Petition was filed with the White Earth Tribal Court regarding your child in file CC20-0521. A pretrial hearing on the matter is scheduled for November 12, 2020 at 2:00 p.m. You are asked to contact White Earth Tribal Court Administration located at the RTC in White Earth, Minnesota at 218-983-4648. If you fail to appear for this hearing the Court may find you in default and enter an order.

Dated: September 30, 2020

Veronica Newcomer

Attorney for WE Indian Child Welfare

Affidavit of Publication

WHITE EARTH BAND OF OJIBWE)
 WHITE EARTH RESERVATION) ss.
 STATE OF MINNESOTA)

White Earth Tribal Court

In Re the Matter of:

Colleen Weaver, DOB: 07/22/1985; OBO: of Children
Petitioner,
and
Frank Bellanger, DOB: 12/09/1977;
Respondent.

SUMMONS File No. **OP20-0577**

THE WHITE EARTH BAND OF OJIBWE TO THE ABOVE-NAMED RESPONDENT:

An Emergency Order for Protection has been issued based on the Affidavit and Petition for Order for Protection in this matter. A hearing has been set for October 20, 2020 at 10:15 a.m.

If you fail to respond to this petition, judgment by default will be taken against you.

NOTICE OF RESTRAINING PROVISIONS

SERVICE OF THIS SUMMONS MAKES THE FOLLOWING REQUIREMENTS APPLY TO THIS ACTION UNLESS THEY ARE MODIFIED BY THE COURT OR THE PROCEEDING DISMISSED:

- (1)RESPONDENT SHALL NOT COMMIT ACTS OF DOMESTIC ABUSE AGAINST THE PETITIONER.
- (2)RESPONDENT MUST NOT HAVE ANY CONTACT WITH PETITIONER WHETHER IN PERSON, WITH OR THROUGH OTHER PERSON, BY TELEPHONE, LETTER OR ANY OTHER WAY

IF YOU VIOLATE ANY OF THESE PROVISIONS, YOU WILL BE SUBJECT TO SANCTIONS BY THE COURT.

Affidavit of Publication

WHITE EARTH BAND OF OJIBWE)
 WHITE EARTH RESERVATION) ss.
 STATE OF MINNESOTA)

White Earth Tribal Court

In Re the Matter of:

Melissa Jackson, DOB: 03/26/1984;
Petitioner,
and
Lonnie Burrow Jr., DOB: 08/27/1986;
Respondent.

SUMMONS File No. **OP20-0439**

THE WHITE EARTH BAND OF OJIBWE TO THE ABOVE-NAMED RESPONDENT:

An Emergency Order for Protection has been issued based on the Affidavit and Petition for Order for Protection in this matter. A hearing has been set for October 20, 2020 at 11:30 a.m.

If you fail to respond to this petition, judgment by default will be taken against you.

NOTICE OF RESTRAINING PROVISIONS

SERVICE OF THIS SUMMONS MAKES THE FOLLOWING REQUIREMENTS APPLY TO THIS ACTION UNLESS THEY ARE MODIFIED BY THE COURT OR THE PROCEEDING DISMISSED:

- (1)RESPONDENT SHALL NOT COMMIT ACTS OF DOMESTIC ABUSE AGAINST THE PETITIONER.
- (2)RESPONDENT MUST NOT HAVE ANY CONTACT WITH PETITIONER WHETHER IN PERSON, WITH OR THROUGH OTHER PERSON, BY TELEPHONE, LETTER OR ANY OTHER WAY

IF YOU VIOLATE ANY OF THESE PROVISIONS, YOU WILL BE SUBJECT TO SANCTIONS BY THE COURT.

WHITE EARTH TRIBAL ELDER SNOW REMOVAL PROGRAM

Position: Snow Removal Provider (ON CALL)
Location: District I – II – III
Closing date: Until filled

- Must be a W.E. Tribal Enrollee or W.E. Descendant
- Must have a truck and a plow
- Must have a valid Minnesota Drivers License
- Proof of Insurance (liability-coverage) for personal plow truck
- Must be able to pass a criminal background check and drug screening
- Knowledge of area highways and roads in each District
- Must be able to communicate with elders
- Must sign a contract and liability form upon hire

Apply at: White Earth Water & Sewer Department
 P.O. Box 418
 White Earth, MN 56591
 Phone: 218-983-3202
 Fax: 218-983-4350

E-mail address: Matt.Smith@whiteearth-nsn.gov or Betsy.Smith@whiteearth-nsn.gov

Contact Matt Smith or Betsy by telephone or email if you have any questions

HEMPCRETE, HEMP BLOCK & HEMP COB VIRTUAL & HANDS-ON WORKSHOP

BEGINNING STEPS TO BUILD WITH HEMP

with hempcrete builder Roman Vyskocil

Questions? bridget@anishinaabeagriculture.com
LIMITED IN-PERSON ATTENDANCE BRING YOUR MASKS

October 10-11, 2020
9am to 6pm LUNCH PROVIDED
Anishinaabe Agriculture Institute
46042 State Highway 34 Osage, MN 56570
RSVP HERE: www.anishinaabeagriculture.org/events/hempcreteworkshop

Hemp or cannabis sativa is a plant with 10,000 uses. One of those is hemp construction. Hemp is not considered a structural material in most circumstances, but new techniques and technologies are making hemp a more versatile building option. This workshop will explore several building techniques- with the intention of providing community members with a new/old way to make shelter. With the support from the West Central Minnesota Initiative Fund, Anishinaabe Agriculture Institute (AAI) will be building a partially underground deep winter greenhouse, with attached guest room, using all three techniques. We'll compare over the winter and spring an assessment of the various techniques in this setting.

In Need of Septic Pumping?

If you need your septic system pumped call the White Earth Public Works Department at 218-983-3202.

Enrolled elder (55 years & older) - \$25

Enrolled member (54 years & younger) - \$80

Non-enrollee (any age) - \$115

Non-White Earth Businesses - \$120

(Must live on White Earth Reservation)

You can reach the AT at today@whiteearth-nsn.gov

Job Opportunity

Waubun-Ogema-White Earth District #435 is seeking a Long-term Substitute Elementary Ojibwe Language/Culture Teacher for the next 2-3 months.

The WOVE staff is truly "one team with one goal." The candidate should possess great collaboration skills to work with our various community partners, a dedication to youth and curriculum and a strong belief that every student can succeed.

Interested applicants may submit their Letter of Application, Completed Application, Resume, Three Letters of Recommendation, copy of Minnesota State Teaching License and a copy of college/university transcripts. Salary DOQ.

Applications can be found at www.waubun.k12.mn.us. Application and materials can be sent to: Waubun School District #435, Human Resources, 1013 3rd Street, P.O. Box 98, Waubun MN 56589 or emailed to debl@waubun.k12.mn.us to join our team! Contact Laurie Johnson at lauriej@waubun.k12.mn.us if you have questions. **OPEN UNTIL FILLED.** EOE

School honors students/staff



Submitted photos

Mahnomen School officials recently named the September Students and Staff of the Month.

Top: Front row from left are elementary students Clayton Bower (1st), Mauriana Thompson (2nd) and Trey Beauchamp (4th). Not pictured: Kinslee Jensen (Kg), Sabrina Hernandez (3rd), Sayde Kier (5th) and Molly Lague (6th). Back row from left are high school students Gavin Hlubek, Kayla Slette and Jesse Kuznia. Not pictured: Alivia Haider.

Bottom: Honored staff are Amanda Okeson, left, and McKenzie Ingram.

Picky eating and kids – what can you do?

By Kelsey Buelow, OT
White Earth Health Center

Hello and Happy Fall.

As we begin to enjoy all these amazing gardening accomplishments (pumpkins, gourds, squash... oh my!), these foods can create some difficulty when introducing them to children, especially those that have “picky eating” tendencies. What can we do?

Eating is a learned behavior – children develop their interests and skills over time. It can take 10+ attempts to know if they like it. So keep trying using a variety of flavors, textures (chunks vs smooth) and presentation. Make sure the size of the food is appropriate and try to refrain from presenting more than three items at a time.

Take a look at their set-up. They should be seated in a stable chair with the preferred 90 degree angle at hips, knees and ankle with good support to

the back. Feel free to adapt any chairs at home with phone books, boxes, towels, etc.

Eat together! Though those dirty dishes are looming...children eat better with others. They are learning social behaviors, proper use of utensils and sharing.

Overall, make food fun! We all remember that meal that made us feel ill or upset – its hard to want to try it again. Kids will get messy but age appropriate exploration is a wonderful way to learn about their foods and develop those skills. And positive reinforcement of trying new things will provide that encouragement they need to keep exploring food.

Have questions? Feel free to contact your provider at the White Earth Health Center. There are also available resources at <https://sosapproachtofeeding.com/>

Happy eating!

America from Page 2

tion day on Nov. 3. That’s pretty important, because of a new COVID season, and because people have a right to vote.

Visit IWillVote.com to learn more about registration, register online, absentee ballot requests, early voting and protection laws. It is important you know your rights, and this is a good source Peggy Flanagan promotes. So let’s get out there and vote! Bring your relatives, and friends.

Why vote? Vote because there are Native people running for senate, house, city councils and county commissioner positions in Minnesota. And those people can bring a Native voice to the state. And, yet some of those Native people, despite being tribal members do not always represent Native interests. That’s complicated, and maybe let’s vote on records and merits. And, then let’s remember that change can happen. It’s inevitable. It’s a question of who controls the change. A surge in Native voting will change the political landscape of the north.

Vote because it matters what kinds of leaders we have. This past week, Donald Trump’s tax returns became public, and we found out that he paid \$750 in federal income taxes. And, he spent \$70,000 on hair styling and deducted it from his taxes. In the meantime, millions of people are facing evictions, loss of jobs, and incredible despair, struggling to pay bills. There are over 205,000 people dead from COVID as a result of bad leadership, the economy is in ongoing crisis, there are riots in the streets, people getting shot and the west coast is on fire. And, then Trump has threatened that a transition may not happen.

That’s a crisis. In northern Minnesota, crisis grows as well. We have an opioid crisis, we have a rise in hateful behavior, we have polarized communities, and winter is coming. We are faced with the end of Wiindigo economics, the mines have run out of ore, except for a few pebbles, and the tar sands are collapsing. Enbridge is hiring security forces and promising to bring in more militarization for a pipeline project which has been opposed by the Native people and 68,000 Minnesotans, as well as the Department of Commerce and the Attorney General of the State. This is a pipeline to nowhere. Sadly, many Democratic and tribal politicians lack courage, and are not against the pipeline, only David Suby running for House 2B, against Steve Green opposes Line 3.

In comparison, Steve Green, a tribal member is

pro pipeline, and has opposed return of land to the White Earth tribe. Green tells us he “ is addressing the nation’s energy issues by supporting the drilling of domestic oil, clean burning of coal and nuclear energy.” Senator Paul Utke has been in office since 2017, and has introduced 14 bills for the Native community, of which one passed. He is also pro Line 3, while our tribe has opposed the pipeline. That’s at a time when the oil industry is dying and renewable energy is surging.

My personal opinion: To have a Canadian corporation dictate and influence politics in the US is a problem. The guns they bring will also be a problem. Hatred is ugly. While tribal governments wield significant economic power, politicians do not always pass bills for the benefit of tribes. Our tribe has spoken and demands clean water and wild rice for the future.

Some of us want peace, security and prosperity. That’s the vision of the Green New Deal. That’s the vision of renewable energy, healthcare for all, small farmers, funded education, organic agriculture, and justice. That’s the vision that needs to be here in northern Minnesota - solutions, not more problems. That’s a wave which is moving nationally, and can really change the course of our history.

The forces at work in the north country are deep and every vote counts. President Trump did not come to Bemidji, Minn., to campaign just to see people with “good genes.” He came because what is happening here matters. It matters to our future generations that we care for them being healthy and protecting the world for them. This is vision which is part of the Green New Deal, Just Transition, and needs to come to what we call the Deep North. After all, Trump came to the Deep north because of the long history of Indian hating, and the desperation of the end of the road for late stage capitalism- that’s to say, that even the United Nations says that the kind of economics practiced by Enbridge, and RDO Offutt are not sustainable.

This is a time of incredible change and transformation. Statues of confederates and conquistadors are falling and we are in the midst of a global pandemic. There is no return to normal, so let’s make this world beautiful. We can be part of the change by voting for courageous and decent people. And this is a chance to vote for the Good life, to vote to be beautiful. That’s what we can do on Nov. 3.




With A Little Help, You Can Do Big Things

Need an affordable consumer loan? Our local lenders at White Earth Investment Initiative are here to help with:

- Subsistence Loans
- Debt Reorganization
- Emergency Loans
- Auto Loans
- Down Payment for Home Purchase
- Home Furnishings
- Refinancing

White Earth Investment Initiative works with the Midwest Minnesota Community Development Corporation and Community Development Bank of Ogema to offer affordable financing for individuals, businesses, community groups and tribal governments.

Find out more at (218) 983-4020 | www.weii.website




Minnesota Chippewa Tribe Finance Corporation

Home Loan Program: Regular, Moderate, Construction & Renovation Loans

Home loan applicants must be American Indian enrolled in the Minnesota Chippewa Tribe and must be owner occupied. Applicants must also meet other requirements such as; reasonable credit risk, have a stable employment history, and meet State and FHA credit underwriting guidelines.

Business Loan Program: Micro Loans \$500-\$5000, Business Loans \$5000-\$150,000 and Commercial Real Estate Loans \$5,000 - \$150,000

All loans will require security/collateral and personal guarantees for principals and/or third parties. The owner/borrower must have a minimum 10% equity in total business capitalization. Interest is based on risk rating of applications, rates will be between 4% - 7%. Borrowers are required to have a reasonable credit history and a written plan for repayment. All applicants with any type of loan must have a business plan detailing how the business will operate and perform. Technical assistance is available.

Applications:

Applications are taken at our home office located at 15542 State Hwy 371 NW, Cass Lake, Minnesota. Or call for an appointment at 218.335.8582. You may visit our website at www.mctfc.org to download application and requirements. We also provide home-buyer training, assist clients with home inspections and construction counseling.

Pumpkin from Page 22

bake in an oven, as described earlier. Remove the pulp and mash. Package cooked pumpkin in recipe-sized amounts in freezer containers or bags labeled with the contents and date. Leave ½-inch head space. Seal and freeze.

Don’t Forget the Seeds! They as well are a wealth of nutrition as well - they are a good source of healthful oils, magnesium, and other nutrients that enhance the health of the heart and liver, bones, and other functions.

I hope you find these tips helpful and consider using your pumpkins for more than just a decoration!

Attention New Homeowners & Existing Homeowners

If you are in need of a Well and Sewer System for your house/ trailer home you can contact White Earth Water & Sewer for an application as we receive grants.

Requirements to qualify for the grants are:

- * Tribal Enrolled member
- * Reside on the White Earth Reservation
- * Show proof of land (Land Deed/Tribal Land agreement) and proof of homeownership
- * 18 years of age or older
- * Must have electricity, heat source, and interior plumbing to the home
- * Income verification (some existing home owners grants require)

Contact us at 218-983-3202

Lake Grove Township Monthly Meeting Notice

Notice is hereby given to the citizens of Lake Grove Township, County of Mahnomen, State of Minnesota, that the monthly Township meeting will be held **October 20**. The meeting will commence at 7:30 p.m. at the Jerome Wolbeck residence.

Lori Tibbetts
Clerk, Town of Lake Grove

Ganawendandaa Nibiikaangi LET'S PROTECT OUR WATERS Help Stop Aquatic Hitchhikers

To avoid spreading aquatic invasive species do the following:

BEFORE launching and **BEFORE** leaving.

- ◆ Remove aquatic plants and aquatic animals
- ◆ Drain lake/river water away from the landing
- ◆ Dispose of unwanted live bait in the trash

It's **unlawful** to transport aquatic plants, and zebra mussels.

Classified Ads

Tire King Motors: Cheapest tires around \$20-\$35. Located in Ponsford. Contact Ivan Diaz at 612-600-9415.

Stump grinding: Call Gary Borgrud at 218-473-2563.

Storage units for rent: 8'-12' storage units for rent; cost is \$100 for 3 months, or \$40 per month. Location: 2 miles west of Mahnomen on Hwy 200, Fire #1235. For more information call Dan at 218-261-0674.

Obituaries

Thomas "Tom" Gene Oppegard

Tom Oppegard, 59, of Mahnomen, died Sept. 29 at his home.

Thomas Gene Oppegard was born Dec. 30, 1960, to Oscar and Gertrude (Antell) Oppegard. He was born in Fosston, Minn., and grew up in the Island Lake area, attending school at Mahnomen Public School.



Following graduation, Tom remained on the White Earth Reservation and entered the workforce. He later attended Detroit Lakes Vo-Tech for carpentry and worked as a carpenter for a few years before his health began to decline.

Over the years, Tom had many challenges which he did overcome as his beautiful spirit grew strong and shined upon the world. He has made his home at MaKonce since purchasing his home in 1992. He loved to reminisce about family and the good ol' days. Tom will be missed by all who knew and loved him.

Tom was a natural storyteller with a great sense of humor. He was ready to visit anytime and would always tell it like it is. Tom was a friend to many, generous to a fault and found great satisfaction in helping others. He

enjoyed spending time with friends and family, especially time spent with his nieces and nephews.

In his spare time, Tom enjoyed riding the bus to town to shop and to go to group, where he had many good friends. He also enjoyed listening to the radio with 80s music being his favorite. He liked watching television, colorful sunglasses and caring for stray animals in the area and he loved TALKING ON THE PHONE! Many cats and dogs became great companions over the years. In his younger years, he could be found in the great outdoors, hunting, fishing, maple syruping and picking medicines with his brothers, Sunfish and Al.

Tom is survived by his brother, Alan Oppegard of Mahnomen; sisters: Nona Townsend of Mahnomen, Susan Zornes of Bemidji, Minn., Gwen Sargent, Ruth Stech and Roberta Oppegard all of Naytahwaush and Lyda (Pete) Cannon of Waubun; and many nieces and nephews.

He is preceded in death by his parents; brothers: Mike, Oscar "Sunfish" and Simon; sisters, Ann Townsend and Mary Oppegard; and many aunts and uncles.

Outdoor funeral services were held Monday, Oct. 5 at the Alan Oppegard residence.

Interment: Island Lake Cemetery in Lengby, Minn.

Arrangements: Anderson Family Funeral Home of Mahnomen.

Online website: www.andersonfamilyfh.com

Chelsey Martine

Chelsey Martine, 31, of Grand Forks, N.D., died Sept. 28 after a long battle with breast cancer at her home in Grand Forks.

Chelsey was born Oct. 16, 1988, in Bemidji, Minn., to Jesse Martine and Kris LaFriniere. She was baptized and confirmed at Faith Lutheran Church in Bagley, Minn.



Chelsey graduated from Bagley High School in 2007. After graduation, she got her CNA license and worked at the Cornerstone Nursing Home and the Mahnomen Health Center. Chelsey furthered her education by attending the Park Avenue School of Cosmetology. After receiving her license, she worked at the Cutting Edge.

During her experience working at the nursing homes, she realized she loved working with the elderly, she wanted to be an advocate for them, so she decided to become a nurse. She attended Northland Technical School and became an LPN and was currently a RN student.

On July 3, 2019, Chelsey was diagnosed with breast cancer and has fought that battle ever since. She appreciated the outdoors. She enjoyed the Buckboards, gardening, canning, ricing, hunting especially family deer season, where the family would harvest the deer together, and her favorite season was fall.

Chelsey was adventurous in her life and appreciated traveling. She traveled to several places including Alaska, Colorado and loved the beaches of Florida. Chelsey thought of her family as a blessing. Her two boys, Chance and Jesse, were the love of her life and she was a tender and devoted mom. She learned that from her mom, whom she adored very much. Chelsey had a special relationship with her two nieces, her aunts and uncles, as well as her grandma and grandpa. There was a lot of playful teasing between her

and her grandpa Jim. Chelsey and her grandpa Jim have had a special bond since she was born.

Chelsey had great compassion and never thought of herself, she was always there for everyone else. She had a sense of humor and fun; and had charisma in her personality that charmed many. Her laugh smile and giggle will never be forgotten. Chelsey lightened every situation she entered, she was inspirational and impacted many people. Chelsey had a zest and passion for life.

She is survived by her sons, Chance Earl James Martine and Jesse Ryan James Martine of Grand Forks; mom, Kris LaFriniere of Bagley; grandparents, Gloria and Jim LaFriniere of Bagley; aunts and uncles: Sheila LaFriniere, Shannon (Jordy) Patterson, Nathan (Denise) LaFriniere, Jim (Toni) LaFriniere, David Martine and Danny "PeeWee" Martine all of Bagley; special nieces, Hailey and Alexa; special nursing friends; and numerous cousins.

She was preceded in death by her dad, Jesse; brother, Ryan James; grandpa Earl and grandma Mary Lou; uncle and aunt, Bud and Linda Alexander.

Funeral services were on Monday, Oct. 5 at the residence of Kris LaFriniere in Bagley.

Interment: Bagley City Cemetery.

Arrangements: Cease Funeral Home of Bagley.

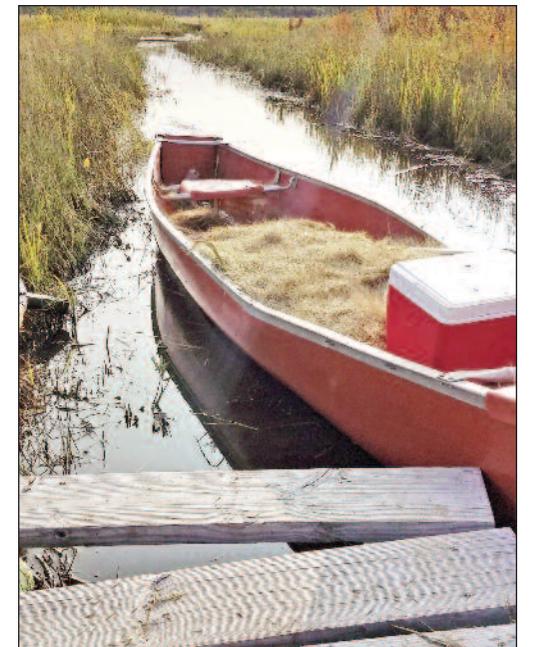
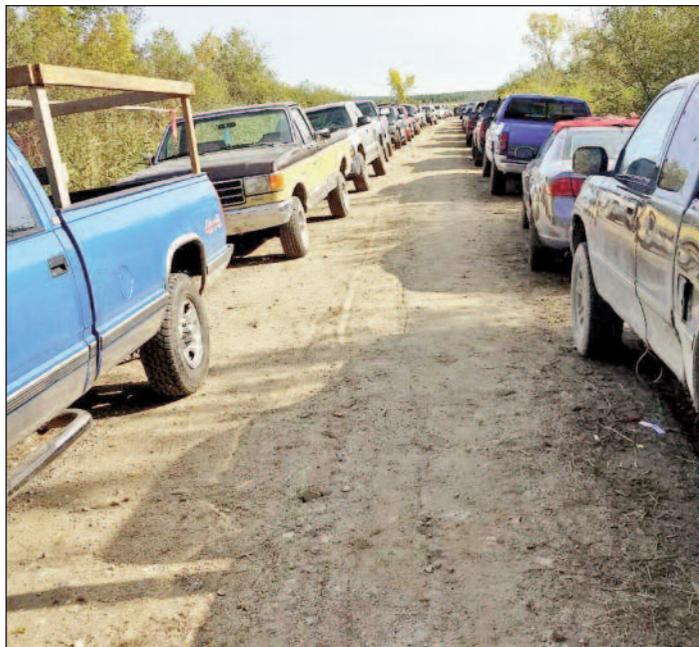
Messages of condolence: www.ceasefuneralhome.com

White Earth Nation has a Facebook page!

Visit us for the latest COVIN-19 updates:

www.facebook.com/WhiteEarthNation

Tribal members share their photos of wild rice harvest



Submitted photos

Ricers shared their photos of the 2020 wild rice season. White Earth Reservation Business Committee programs purchased 119,216 pounds of wild rice from Aug. 31 to Sept. 25 at \$3 per pound.