

Now that your child has been diagnosed with FAS, you might be feeling a mix of emotions and be wondering...what do I do now...you might be relieved that you finally now know why your child is struggling both at home and in school.

The more you and your family learn about FAS the easier and less frustrating it will be to raise your child.

One of the best ways to prevent some of the problems that children with FAS frequently have is to learn parenting and teaching skills to help you work with and understand your child.

Please visit our website for some valuable information on how to manage the day to day life of raising a child with FAS.

You may also contact bobis@whiteearth.com to request a FASD Resource Guide that is filled with area resources pertaining to FAS, or go to www.whiteearth.com and click on FASD Resource guide for a printable version



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White Earth Fetal Alcohol Spectrum Disorder Program and Diagnostic Clinic



**Providing Screenings,
Diagnosis and Interventions for
ages 3 to 18 years.**



Our Mission:
To reclaim our culture by restoring balance.

Our Vision:
Future Generations of unborn children will
never suffer the effects of FASD.

What are Fetal Alcohol Spectrum Disorders (FASD)?

FASD is an umbrella term describing the range of effects that can occur in an individual whose mother drank alcohol during pregnancy. The effects may include physical, mental, behavioral or learning disabilities with possible lifelong implications.

Where are we located?

- **The FASD Diagnostic Clinic is located at:**
The White Earth Health Center
40520 County Highway 34,
Ogema, MN 56569
- **Our program offices are located at:**
The White Earth Tribal Health Building
26246 Crane RD
White Earth, MN 56591
- **Our Mailing Address is:**
White Earth FASD Program
P.O. Box 348
White Earth, MN 56591

Who Does the FASD Diagnostic Clinic serve?

- The clinic serves individuals ages 3 years to 18 yrs. who have been prenatally exposed to alcohol.
- Individuals must also be eligible for services at the White Earth Health Center.
- For those who are not eligible for services at the White Earth Health Center we are able to provide contact information to other diagnostic facilities.

Referral Process for the FASD Diagnostic Clinic:

- Outside referrals may contact Bobbie McGregor at 218-983-3286 ext. 1432, she will then assist you in completing the referral process.
- You may also go to www.whiteearth.com to print a referral intake form, mail the completed form back to the address listed under "Our Mailing Address."
- Once the necessary paperwork is completed you will then be contacted regarding an appointment date and time.
- We also serve children who are currently under the protection of the White Earth Tribal Court.
- This referral process involves an FASD Case Manager who will take photos of these children to determine if facial characteristics of FASD are present, this along with information obtained from birth mother/legal guardian regarding medical history during the birth mother's pregnancy will determine if a child meets criteria for a diagnostic evaluation.
- If the criteria for an referral is met and the paperwork is completed then the birthmother/legal guardian will be contacted regarding and appointment date and time.

What happens during an evaluation at the Diagnostic Clinic?

- There will be two appointments scheduled for the patient to come to the clinic. During these visits the patient will complete a combination of language and developmental tests and also complete a clinical examination to determine if features are present for a diagnosis of FAS.

- After the testing and clinical exam, the FASD Diagnostic Team will meet to discuss the results and make a diagnosis. The Diagnostic Team consists of a pediatrician, licensed psychologist, speech-language pathologist, two school psychologists, and the FASD Clinic Coordinator.
- The parent/caregiver is strongly encouraged to be present throughout the evaluation process as their participation also plays an important role in the evaluation and diagnosis of the patient.

A diagnosis is made..... what do I do now?

Case Management Services:

The White Earth FASD Program provides case management services to children who receive a diagnosis on the spectrum. Case management services include, but are not limited to the following:

- The treatment of the symptoms as determined by the FASD evaluation;
- Improve the personal well-being of the child by maintaining frequent contact with the child and family.
- Improve family functioning;
- Enhance daily living skills;
- Improve functioning in educational and recreational settings by providing advocacy for the child in school, in the community and at home.
- Improve interpersonal and family relationships;
- Enhance vocational development;
- Assist with scheduling, transportation and support for intervention services.