



ONE Campaign partners with RAP

By Candace Rastedt

White Earth, Minn.—Targeting middle aged adults with the theme of healing in their third quarter, ONE Campaign has been sponsoring the past two Relatives as Parents (RAP) meetings to educate RAP parents about drug, alcohol and tobacco related issues.

During each of the November RAP meetings, ONE has invited speakers who specialize in addiction. On November 17th, Karen Kellerhuis spoke to the group about her past addictions to alcohol and how it changed her life forever. During the November 29th session, Gina Boudreau spoke to the group about tobacco abuse and how one can fight the addiction.

With each RAP meeting in November, artist Brian Dow from Red Lake gave painting lessons as a way to relieve stress and become financially independent from others. Brian wholly believes his painting lessons can provide another source of income and relieve the stress that comes along with financial insecurity and raising a family.

If you were unable attend the November gatherings, ONE will be sponsoring the December meetings as well. The December 15th meeting will be at the White Earth Head Start/Child Care facility and the December 29th meeting will be at Shooting Star Casino Event Center, Mahanomen. Each December session will include dinner, a speaker and some type of cultural craft.

ONE was generated from the Drug Task Force and created by the White Earth Tribal Council. The main goal of ONE is to inform the people of White Earth Reservation about alcohol, tobacco and illegal drug abuse on the reservation. White Earth Reservation demands prevention for our youth, intervention and healing for those using or recovering and an end to all elder abuse, especially from drug related violence.

If you have any questions or would like to volunteer, please contact: Candace Rastedt at candace.rastedt@whiteearth-nsn.gov or (218) 983-3285 ext. 5917